

Summer Open-Ocean Swim

By Ian Emberson

The 7th Annual Outrigger Canoe Club/Waikiki Swim Club ocean swim race will be held on Saturday, June 15 at the Club, starting at 9:00 a.m. Register at 8:15 a.m.

There will be a short course and a long course. The long course is approximately two miles; the short course, for anyone 50 and over, is approximately one mile (swim course is posted on bulletin board in tunnel).

Historically this has not been an easy swim due to currents and surf, so proper conditioning is recommended for anyone planning to compete. The entry fee of \$10 includes a brunch, race T-shirt and awards. There is a late entry fee, so register early. An sign-up sheet is available for Club members at the front deck.

Swimmers are encouraged to provide a friend or relative as a personal escort, either on a paddleboard or in an outrigger canoe. Anyone who is interested in escorting is welcome and will receive a brunch, compliments of the Club, and a T-shirt (depending on supply).

Approximately a month later, on Sunday, July 28, Waikiki Swim Club and the Hui O He'e Nalu Surfing Association will be sponsoring the 3rd Annual North Shore Challenge Swim from Pupukea to Waimea Bay. This was a highlight of most swimmers' calendars last year as conditions were beautiful. The ocean was crystal clear,

offering fabulous views of the coral and marine life below. The distance is approximately 2½ miles, from Ehukai Park (pipeline) to Waimea Bay. Details and entry forms are available at the front desk.

Start training now and we look forward to seeing you in these two exciting open-ocean events. These are excellent training swims for the Waikiki Roughwater Swim on Sept. 2nd.

Swim Calendar: Ocean Events

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| June 15 | OCC-WSC Roughwater |
| June 29 | Bluewater Classic |
| | 2 Mile Swim, Queen's Beach to Makapuu |

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| July 7 | Hapuna, Big Island |
| July 14 | Tin Man Triathlon |
| July 18 | North Shore Challenge |
| Aug 3 | Windward Aquathon |
| Aug 11 | 2 Mile Ocean Race |
| Aug 18 | Windward Triathlon |
| Aug 31 | Maui Channel Relays |
| Sept 2 | Waikiki Roughwater Swim |
| Sept 15 | Rabbit Island Swim |
| Oct 27 | Geothermalion |
| Nov 11 | Turkey Swim |
| Dec 1 | Castle Swim |
| Dec 15 | Double Roughwater |

Information or results on above events will be posted on swimming board in tunnel at the Outrigger. Entry forms are available at the Front Desk.

Water Polo: OCC's Newest Sport

By John Nielsen

What is the oldest team sport in the Olympic Games? If you said water polo, you're right. It was contested first in the Olympics of 1900. Most recently, in the 1984 Games in Los Angeles, the U.S. team received a silver medal, with the gold medal going to the team from Yugoslavia.

The game of water polo is often likened to soccer played in the water. It tests one's quickness and strength as a

themselves in Mainland college competition.

The Board of Directors recently allocated funds for registration of an Outrigger team with United States Water Polo, the national governing body. An organizational meeting will be held in the near future to form a team for competition and in tournaments locally. A sign-up sheet is at the Front Desk. Those signing up