### Outrigger's Na Wahine O Ke Kai

Row 1: Jenn Raams. Row 2: Tracy Bradley, Marcie Nowack, Tanya Watumull, Brigitta Osterholt, Anella Borges, Paula Crabb. Row 3: Lisa Stringer, Colleen Hall, Mary Quinn, Jane McKee, Lisa Livingston, Melissa Totherow, Kim Darling, Wendy Wichman, Mary Smolenski. Row 4: Seraphina Eames, Dianne Vicheinrut, Bonnie Brayton, Debbie Deshais, AnnMarie Mizuno, Pam Davis, Krista Galaida, Tana Feeley, Sarah Van DeVanter. Row 5: Jaquie Laird, Donna Kahakui, Katy Bourne, Laurie Lawson, Kisi Haine, Linda Fernandez, Linda Nelson, Maggie Parks, Karin Hansen Del Ray, Jessie Kaawa. Row 6: Marie Martel, Nicole Queyrel. Not pictured: Julie Aio, Shannon Piper, Jenna Sheeley, Blair Grant, Hilary Denison. For results of distance races, see page 10.



# **Paddlers Do Well During Distance Season**

Outrigger's women paddlers wrapped up the 2013 long distance season by finishing fifth overall in the grueling Na Wahine O Ke Kai race on September 22 from Molokai to Oahu.

OCC entered four crews in the race. Here's how they did.

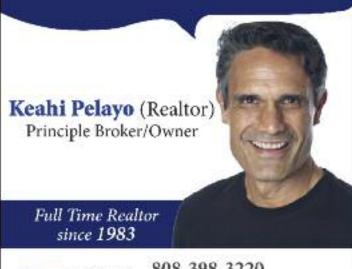
#### OCC Red

5th Place Overall, 4th Place Open Time: 6:42:02 Canoe: *Manu Ula* Coach: Jimmy Kincaid Crew: Julie Aio, Anella Borges, Paula Crabb, Seraphina Eames, Krista Galaida, Jessie Eames Kaawa, Donna Kahakui, Nicole Queyrel, Mary Smolenski, Sarah Van De Vanter.

#### OCC White

47th Place Overall, 33rd Place Open Time: 7:44:06 Canoe: *Henry Ayau* Coach: Liz Perry Crew: Bonnie Brayton, Pam Davis, Hilary Denison, Blair Grant, Jaquie Laird, Marie Martel, Shannon Piper, Mary Quinn, Jenna Sheeley, Dianne Vicheinrut.

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Park Center Building 3538 Waialae Avenue, #201 Honelulu, HI 96816

#### OCC 40s

46th Place Overall, 6th 40 Division Time: 7:42:18 Canoe: *Kai Li`oli`o* Coach: Tom McTigue Crew: Tracy Bradley, Karin Hansen Del Ray, Tana Feeley, Colleen Hall, Brigitta Osterholt, Maggie Parks, Lisa Stringer, Melissa Totherow, Jennifer Van Delden Raams, Tanya Watumull.

#### OCC 50s

21st Place Overall, 2nd 50s Division Time: 7:05:34 Canoe: *Loli`i* Coach: Kala Judd and Al Darling Crew: Katy Bourne, Kim Darling, Debbie Deshais, Linda Fernandez, Kisi Haine, Laurie Lawson, Lisa Livingston, Jane McKee, Ann Marie Mizuno, Linda Nelson, Marcie Nowack, Wendy Wichman.

Results of other distance races this season:

#### Duke Race

8/18/2013 Kailua Beach Park to Duke's Beach OCC 1 (Scott Gamble, Bill Pratt, Al Van Gieson, Vic Agostini, Justin Watts, Billy Balding Heinere Itchner, Simeon Ke Paloma and Makena Fernandez), 1st, 2:54:12.90. OCC 2, 9th, 3:07:14.97 OCC 3, 29th, 3:32:02.20 Boys 18, 17th overall, 1st in division (Ke`ea Lum, Riggs Silva, Kaimana Rosso, Hopena Pokipala and Noah Deer) Girls 18, 1st in division, :55:08.44

#### Kailua Bay Ironman

8/24/2013 Kailua Bay 13.5 miles Outrigger 1, 1st Overall, 1:42:03 OCC 2, 8th, 1:52:55 OCC 3, 18th, 2:14.50 OCC 4, (short course) 1:35:11

#### Queen Liliuokalani Long Distance Race

9/1/2013 Kona to Honaunau (women) OCC 1, 2nd, Iron Non-Koa Division, 2:06:19 OCC 2, 10th overall and 3rd in the Iron unlimited division, 2:10:34 OCC 40s, 6th in the 40 Iron Non Koa division, 2:28:19 OCC 50s, 1st in the 50s Iron Non Koa division, 2:14:17

#### E Lau Hoe Women's Long Distance Race

9/8/2013 Maunalua Bay to Nanakuli OCC 1, 4th Open, 4:56:31.38 OCC 2, 21st Open, 5:55:46.32 OCC 40s, 3rd, 40s Division, 5:43:56.89 OCC 50s, 1st, 50s Division, 5:13.37.27

#### Henry Ayau Long Distance Men's Race

9/15/2013 Maunalua Bay to Nanakuli OCC 1, 2nd Open Division, 3:32:52.69 OCC 3, 13th in the Open Division, 4:11:45.51 OCC Koa, 1st Koa Division (*Leilani*), 3:44:58.55. Crew: Cory Nakamura, Erik Deryke, Kea Hussey, Kevin Allen, Indar Lange, Tom Allen, Byron Ho, Steve Haugse, Al Van Gieson. OCC Junior men, 1st, Division, 4:09:31.55. Crew: Ke`ea Lum, Pono Fujitani, Kyle Chang, Walker Bolan, Oliver Lewis, Alexander Philpotts, Kaiko Manson, Easton Manson, Mason Awong, Noah Deer.

The results of the Molokai Hoe on October 13 will be found in next month's magazine.