

ClubCaptain's Report

By George Wessberg

OC-1/Surfski

Members of the OCC dominated the 2004 Kanaka Ikaika Race Series this winter and the State Championships on April 18. Many of our members were on top five teams in the Starbucks Kaiwi Channel Relay on May 2. Many of our members performed well in the Kaiwi Challenge on May 16 as well. We thank Walter Guild for initiating the morning training sessions for one-man paddlers last December.

Surfing

Chair Terri Needels has

arranged for the Surfing Committee to sponsor a bi-monthly *Yoga for Beach & Water Sports* class led by Beach Services staff Rod Ussing. This pilot program will be open to all members. Announcements will be posted in the locker rooms and the Fitness Center.

Boat Lockers

Members who are not using their boat lockers on a regular basis are encouraged to release them. One-man training is essential for our canoe racing program and the waiting list for boat lockers is long.