

ClubCaptain's Report

By George Wessberg

PCA Workshops

OCC sponsored a *Dual-Goal Coaching* workshop for members on March 29. Due to the enthusiastic response, the PCA held another workshop entitled, *Coaching the Mental Game* on April 26 that was open to our members and the public for a \$25 fee. Mike Town completed a two-day certification course in March to become a certified PCA Trainer.

Whaler Certification

Paddling coaches are now required to escort youth crews, either in a canoe or on a Whaler, during training sessions on the ocean. Don Isaacs will supervise the certification of coaches at the beginning of the paddling season. Beach Services will provide a Whaler driver for youth crews whose coaches are not certified.

Canoe Racing

The program is very organized and with qualified coaches for every crew. John Puakea and Kala Judd have returned to coach the upper divisions. Anthony Hunt and Keoni Kino have returned as the Head Regatta and Youth Coaches. Siana Hunt is the Secretary and manages Registration for the paddling program. The paddling T-shirts will be distributed to crew coaches in June. Registration for long distance season must be completed at the Front Desk by July 3.

Volleyball

Four youth teams and one adult team will be competing at national tournaments on the mainland during the summer. The Boys 16 and Boys 18 teams are especially competitive this year.

Surfing

Junior member Carissa Moore made surfing history on April 25, 2004 when she finished second in the open women's division of the Body Glove Surfout, an Association of Surfing Professionals contest held in San Clemente, CA.

Summer Activities

The summer Athletic Calendar lists a variety of activities and events in which our members may be spectators or participants.

- *Ko Kai Nalu Program* – This new water safety program is intended for members 12-18 years old who are seriously committed to enhancing their ocean skills and experiences. This is an intense program scheduled for June 7-12 for qualified individuals. Registration is limited and must be completed at the Beach Services Desk.
- *Canoe Racing* – The regatta season begins on June 6 and ends with the HCRA State Championship at Keehi Lagoon on Saturday, August 7. Members are especially encouraged to attend the annual Walter J. Macfarlane Regatta on July 4. Contact Siana Hunt at 943-1460 for information regarding late registration or the Paddler's Banquet.
- *Canoe Steering Clinics* – Aka Hemmings will be conducting the summer steering clinics on alternate Saturday mornings beginning June 12.
- *Summer Surf Camp* – A full week of surf lessons conducted by professional instructors has been scheduled for June 14-18. Participants must register at the Front Desk.
- *Summer Surf Contest* – This exciting event involving board surfing and surfing canoes will be held whenever conditions permit during the summer. Contact Terri Needels at 254-6114 for information.
- *Paddleboard* – The annual Summer Surf Race and the prestigious Cline Mann Race are highlights of the summer paddleboard season.
- *Golf* – Club tournaments and events are held monthly. Members may contact the Front Desk to register and obtain the schedule of events.
- *Beach Volleyball* – The beach volleyball season on our sand courts begins in June with several tournaments held during the summer pending adequate entries. Contact Peter Ehrman at 373-4927 for additional information.
- *Kid's Summer Program* – The organized summer program provided for children has been discontinued.