

Chris Moore Wins Castle Swim

By Arnold Lum

Swimming to a comfortable lead and finishing first in his first Castle Swim was roughwater specialist Chris Moore. The second and third places in the November 29 race were only three seconds apart, with (old) Ian Emberson alighting on the new Club beach just steps ahead of (young) Chris Duplanty.

Hilary Lambert and Diane Stowell finished first and second, respectively, in the women's division, and sixth and eighth overall.

The 19th annual Castle Swim, which starts on the beach at the location of our old Clubhouse (where the Outrigger Hotel now is), attracted 25 enthusiastic participants, including Gerry DeBenedetti, who has finished every swim.

Jake Updegrove once again proved that "oldah stay mo' bettah", swimming to a new course record in the new 80-84 age group.

No other course records were set this year. In fact, the distance of 1.25 miles is only approximately, and the course either felt a little long or we're all getting older. Conditions were good, with fairly fast water, and everyone had a good workout, the main reward, along with the opportunity to talk story and enjoy a guiltless brunch just after Thanksgiving.

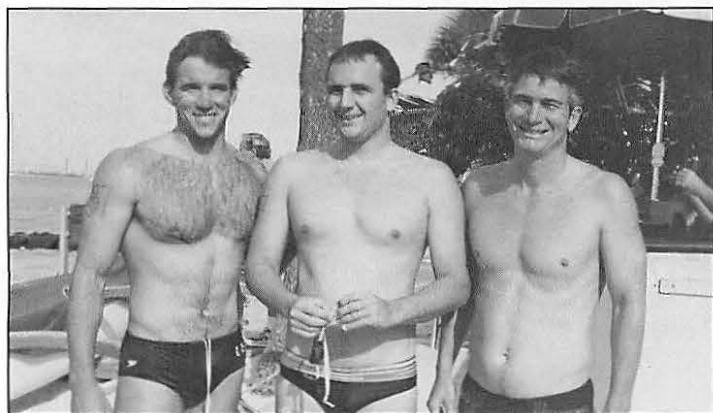
For those who may have drifted from the course, please rejoin us, no shame. We could also use a challenge from some fast Jr. 'Riggers. ☺

19th Annual Castle Swim Results

Overall	Name	Time	Place/Division
1.	Chris Moore	:31:35	1st, M25-29
2.	Ian Emberson	:34:06	1st, M40-44
3.	Chris Duplanty	:34:09	2nd, M25-29
4.	Wyatt Jones	:36:43	1st, M18-24
5.	James Beaton	:37:05	3rd, M25-29
6.	Hilary Lambert	:37:49	1st, W25-29
7.	Bruce Sloan	:38:35	2nd, M40-44
8.	Diane Stowell	:39:07	1st, W55-59
9.	Katie McCrary	:39:57	1st, W18-24
10.	Dave Potter	:41:00	4th, M25-29
11.	Kimo Austin	:41:27	1st, M55-59
12.	Dawn Davenport	:42:04	1st, W30-34
13.	Todd Payes	:42:51	5th, M25-29
14.	Twain Newhart	:43:00	1st, M30-34
15.	Jack Stevenson	:48:51	1st, M50-54
16.	Greg Moss	:49:09	2nd, M30-34
17.	Lisa Siggers-Conway	:49:44	2nd, W30-34
18.	Billy Bengston	:52:30	2nd, M55-59
19.	Arnold Lum	:52:44	1st, M45-49
20.	Shawna Brizzolara	:54:16	1st, W40-44
21.	Tay Perry	:54:52	3rd, M55-59
22.	Kent Davenport	1:01:18	2nd, M45-49
23.	George Crandlemire	1:06:17	1st, M60-64
24.	Gerry DeBenedetti	1:08:50	1st, W50-54
25.	Jake Updegrove	1:21:20	1st, M80-84



Swimmers line up on the beach before the Castle Swim.



First to finish were Chris Duplanty, Chris Moore and Ian Emberson.



Top women finishers were Hilary Lambert, Diane Stowell and Katie McCrary.



Receiving mileage awards at the Castle Swim from Gerry DeBenedetti were Hilary Lambert, 100 miles; Ruth Updegrove, 300 miles; and Jake Updegrove, 3000 miles, and not pictured, Jan Newhart, 750 miles.