Castle Swim Time

By Gerry DeBenedetti

Because of press deadlines, this is terrific advance notice for you swimmers to get into shape for the Castle Swim to be held Sunday, Nov. 29. It is open to members *only*—please, no "friends." Registration begins at 8 a.m. at the Hau Terrace

The Club provides transportation to the start line. Entrants are advised to come to the club and go with the OCC vehicles because the time of entry into the water is determined when registration is complete. If you are not registered you are not an official entrant, and race officials cannot assume responsibility for "late starts" or unescorted swimmers.

Named for Alfred Castle, whose old homesite is now the site of the Elks Club, the swim is now held "wrong way," swimming in the reverse direction of the Waikiki Roughwater in order to end at our Club for a brunch after a job well done.

All participants and escorts are invited for the brunch—a good time to compare notes on previous swims. A chart showing all times for the past eight years is (was) hanging on the swim bulletin board near the locker rooms.

Participation is usually about 25 to 30 swimmers and a large number of escorts. You are encouraged to supply your own paddle escort or to have your loved one escort in an OCC canoe. It is as much fun for the escorts as the swimmers. Please sign up at the front desk to swim, paddle, canoe escort or other effort.

Course distance: 1½ mile-give or take a la Cline Mann/Wayne Faulkner.

Time: 8 a.m.

Date: November 29, Sunday after Thanksgiving Registration: Hau Terrace

Swim Mileage

Swimmers are encouraged to log their miles at the locker rooms. The ladies' locker has a wall chart; the men's locker has a binder with individual mileage sheets. At the end of the year miles are tallied and awards given for mileage by 100, 250, 500, 750, 1,000, 2,000 etc. Start any time, honor system, Get in the swim!