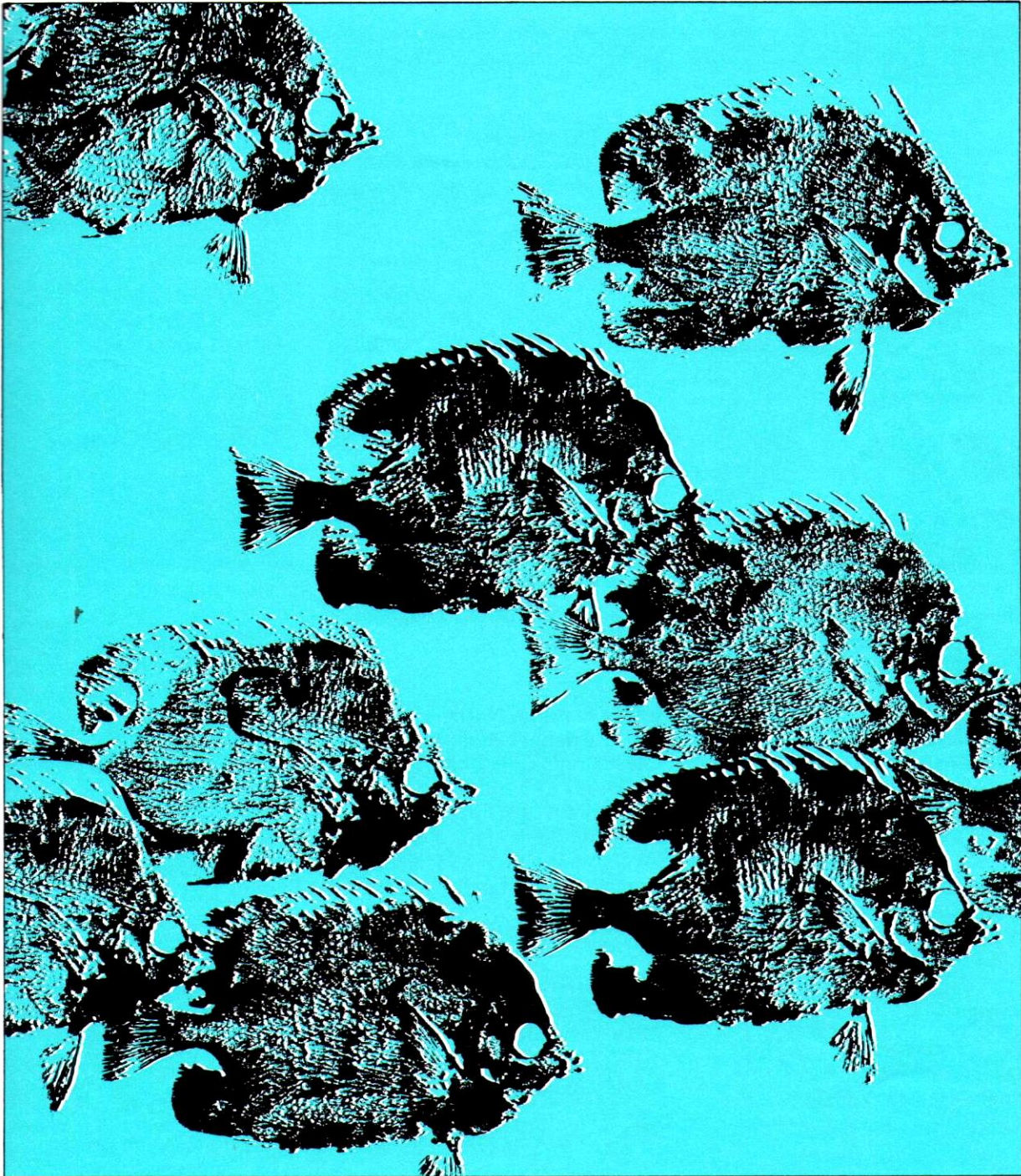


the **Outrigger**

October 1981



Published by the Outrigger Canoe Club for Members and Guests at Home and Abroad.

Outrigger Athletes Honored

Some 125 members turned out for the Annual Athletic awards banquet held this year on August 31. The Fall presentation made it possible for many of the younger recipients to be present before returning to Mainland schools.

Hosted by the Winged "O," the event acknowledges achievements of OCC athletes. Bill Capp, Winged "O" chairman, gave the opening address; Ron Sorrell was master-of-ceremonies.

Missing this year was a recipient of the prestigious Winged "O" award, since no athlete was deemed worthy of receiving this, the Club's highest honor, Sorrell said.

The John McMahon Perpetual Award for outstanding achievement in surfing went to 11-year-old Heath Hemmings, who also received a Club award for his surfing skills.

Jan Newhart was honored with a special award for her spectacular achievement in setting U.S. and world running records, and another special award went to Frank Walton for his outstanding contribution to golf.

A list of other award winners follows:

Tennis

Men's Singles: Rick Fried

Women's Singles: Jenny Staats

Men's Doubles: Rick Fried, Cal Lui

Women's Doubles: Diane Stowell, Keanuenu Rochlen

Mixed Doubles: Peter Balding, May Balding

Surfing

Boys 14 & Under: Mark Norfleet

Keikis: Heath Hemmings

Women: Melissa Whellis

Golf

Champions: Bill Capp, Bill Haxton

Volleyball

Club Champions

Kane-Wahine Sand Doubles Champions: Chris Crabb, Miki McFadden

Sand Doubles Champions: Jon Andersen, Jay Anderson

State Champions

Women's Sand Doubles: Miki McFadden, Kisi Haine

Men's Sand Doubles: Jay Anderson, Jon Andersen

Runners Up: Randy Shaw, Peter Ehrman

State AA Champions/Haile

Invitational: Charlie Jenkins, Ralph Smith, Jim Iams-p Coach, Mike Cote, Jon Andersen, Clifford Kapalolu, Randy Shaw, Ilmar Tarikas

USVBA Masters First Team:

Dennis Berg, Tony Crabb

Honorable Mention: Tom Selleck, Tom Haine

USVBA Junior Nationals, State "A" Regional Champions, West.

Coast Prep Champions, Junior

Nationals Champions: Bruce Ayau, Brian Costales, Arne Lamberg, Peter Mattice, Jon McDermott, Owen McKibben, Douglas Rigg, Matt Rigg, Scott Rigg—coach

Coast All-Tournament Selections:

Bruce Ayau, Brian Costales

Most Valuable Player: Matt Rigg

Jr. Nationals All-Tournament

Selections: Owen McKibben, Brian Costales

Most Valuable Player: Matthew Rigg

Dodge Parker Award To: Matthew Rigg

Canoe Paddling

State Champions, Junior Men—

1 1/2 Mile: Ed Pickering, Gib Bintliff, Bill Bright, Murray Hixon, Jack Feher, Alan Rosehill

Junior Women—1 Mile: Mary Franco, Donna Kahakui, Muffer Scully, Sue Oldt, Lesline Connor, Monte Costa

Men's Masters—1 Mile: Tony Crabb, Mike Clifford, Stu Brissette, Henry Ayau, Tommy Holmes, Brues Ames

Open 4 Man—1/2 Mile: Tim Guard, Marshal Rosa, Mark Buck, Mike Lemes

Senior Men—2 Mile: Keahi Farden, Bob Riley, John Finney, Tim Kelley, Don Mailer, Tom Connor

PHOTOS: Follow clockwise starting top left

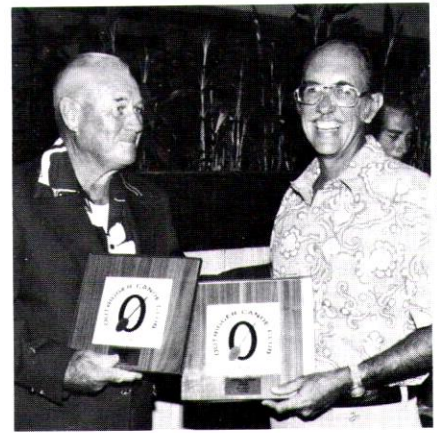
The Junior Men paddlers were state champions. Seen here with the Club achievement plaques are, from left: Gib Bintliff, Ed Pickering, Murray Nixon, Alan Rosehill, Jack Feher.

Bill Capp, left, and Bill Haxton shared Golfer of the Year honors.

The husband/wife team of Peter and Mae Balding were mixed-doubles tennis champs.

Eleven-year-old Heath Hemmings holds the John McMahon Perpetual Trophy which he was awarded as Surfer of the Year. At left is his proud pop, Fred Hemmings; Jimmy McMahon, son of the donor, is at right.

Fred Hemmings presents Jan Newhart with her award for her outstanding achievement as a world-class runner.



Fall Golf Tourney

By Art Emanuel

Thanks to Frank Walton, 56 golfers enjoyed a fine day at Kaneohe Marine Corps Air Station for the Club's Fall tournament on August 18.

Frank Carr, a guest of Herb Taylor, was Low Gross Trophy winner with an excellent 7th over the par 72 course. A.D. Smith, shooting a 93 with a 25 handicap, scored a net 66 to annex the Low Net Trophy. Those who shot net 67s have suggested a board of inquiry to check Adney's handicap.

Highlight of the day was the struggle between Bill Capp and Bill Haxton for the Club's Golfer of the Year Trophy. Having scored a total

of 171 to Capp's 174 in the two previous club tournaments this year, Haxton enjoyed a three-stroke lead at the start of the day. Playing in the same foursome, Capp managed to get one stroke back at the turn and then gained two more on the final hole to end up a tie at 256 for the three tournaments. The two share Golfer of the Year honors for 1981.

Too bad that no-shows and last-minute dropouts prevented some of those who wanted to play from being able to do so. Golfers are urged to sign up early for the next tournament, which is scheduled for Friday, November 27 at Hickam Air Force Base. Bill Capp made this possible and has our thanks.

*Swing and Sway
with Phil Ingalls
& Orchestra*

*You are cordially
invited to attend a
Dinner Dance at
the Outrigger Cance Club
on Saturday.
November 7, 1981*

*Elegant Dining and Dancing
No Host Cocktails at 6:00 p.m.
Dinner at 7:00 p.m.*

*\$18.50 Per Person
Reservations Only*

Jan Newhart, World-Class Runner

By Rudy Choy

"I'm getting stronger as I get older!" says Outrigger's world-class, 53-year-old runner, Jan Newhart. She speaks quietly, with a calm certainty and hint of blitheness. Jan also says, with a smile, "When you're a runner you don't try to hide your age."

And why should we ordinary mortals question or even doubt our petite (5'3"), trim (105 lbs.) and attractive masters age-group champion, when she has the records to prove her claim! Despite her uncommon casualness and genuine modesty, I finally prodded her into revealing some of her running accomplishments. The incomplete record shows the following U.S. or world records to date:

Marathon: 3-hours 33-minutes, U.S. record for 47-year-old women, 1975.

10,000 Meters: 46-minutes 17-seconds, world and U.S. age-group record, 1978.

5,000 Meters: 22-minutes 30-seconds, world and U.S. age-group record, 1978.

1,500 Meters: 6-minutes 13.7-seconds, world and U.S. age-group record, 1978.

880 Yards: 3-minutes, U.S. record.

More: Jan has finished the grueling 50-kilometer (32 miles) in 5-hours 33-minutes, owns the 46, 47 and 48-plus years age-group records, and can't recall her other triumphs from one-half mile to 10 kilometers (6.2 miles). We do know that she has run four marathons and two ultra-marathons.

What makes Jan run? Her answers

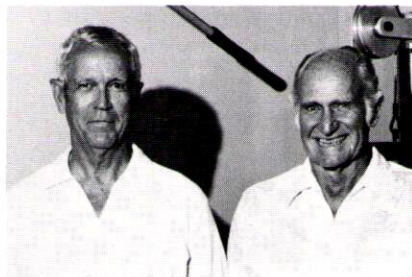
are interesting. Though always active in athletics—swimming, skating, bicycling, surfing and skiing, "and almost everything that doesn't need 20/20 eyesight (with a chuckle),"—Jan didn't start running until 1973 with Jack Scaff's Marathon Clinic. Like many of us, she remains grateful to running guru Scaff. She is also a member of Johnny Faerber's Flyers, an elite group of 65 island women who usually dominate women's competition.

Our champion has other unusual physical qualities to sustain her world-class status. How would you like to have a 45-beat-per-minute pulse rate, (normal is 72) and less than 15% body fat, (a normal young lady has 25%)? Jan thinks nothing of running an average of 55 miles per week, increasing to 75 miles before a marathon. She claims that her most creative thinking is accomplished during long training runs. And you, poor reader, think it's boring?

A typical week includes one 14 to 15 miler, five or six other days of 10-mile jogs, some 6 to 8 miles of 220-to-880 intervals on a track, or some "Chop Suey" intervals, meaning speed work without planning but according to whim, mood, desire or perceived strength.

Jan has been an Outrigger member for over eight years, and has lived here for 28 years. She is proud of her three children: Teri Lee, 30; Twain Newhart, 20 (four marathons); and Tracy Ann, 18, (one marathon). Twain and Tracy Ann are both Outrigger members.

The weight room committee: Waldo Bowman, left, and Russ Quaintance.



Emery Lucas

Calcutta

Jon Andersen and Jay Anderson, winners of the State Open Volleyball Doubles were destined to meet as opponents in the finals of the Outrigger 4-man Calcutta in late August.

Twelve teams were auctioned off, and Jon and his team as winners of the winners bracket played Jay and his team as winners of the losers bracket.

First game of the finals was won by Jon's team 11-9. Second game was a cliffhanger 10-10, to 11-11, to 12-12, 13-13 and was finally won by Jon 16-14.

Spectator participation was outstanding, with cheers and applause for many great plays throughout the tournament.

Jon's team included Fred Noa, Doug Rigg, Chris McLaughlin and Doyle Richmond.

Jay's team: Kilo Baird, Wendy Crabb, Kahea Chock.

Kick-Off Time

It's that time again! Monday-night football time, that is. The Club's Monday-night football-watching sessions began on September 14 and will continue through the football season from 6 to 8:30 in the Bar Lanai. Beverages are served, plus hot carved roast beef, ham or turkey sandwiches for those who want to stay on and start their Tuesday-morning quarterbacking early.

Spouse Cards

Some confusion has arisen over the eligibility of a member's spouse (either husband or wife) to participate in Club activities and enjoy Club privileges.

Any member wishing his or her spouse to have such guest privileges should fill out and sign a Spouse Guest Card application, which authorizes the spouse to sign on the member's number. A special guest card will then be issued to the spouse, and must be renewed after a 12-month period.

Know Your Committees

By Art Emanuel

The Exercise or Weight Room Committee shown here will be the last of the "Know Your Committee" pictures unless those camera-shy committees who have not responded to our two notices "get on the ball" and get their photographs to us wiki wiki!

Roughwater Swim

By Gerry DeBenedetti

Choppy water . . . slow times . . . sun-burn . . . and for some, blame it on old age!

That was the consensus of the 20 OCC swimmers who braved the above hardships to swim 2.375 miles in the 12th annual Waikiki Roughwater Swim from the Sans Souci start to the Hilton Hawaiian Village finish. The Swim Committee provided an ice chest of refreshing ingredients, plus carrot cake, for the 20 as they emerged from the water, realizing they had had no lunch and that a celebration was in order.

Three trophies came back to the Club with Harry Huffaker (3 in age group), Diane Stowell (1) and Bonnie Eyre (3). OCC is always pleased to welcome home some winners and we're proud of all of you.

Please, Junior swimmers, turn out for future events. And everybody, Remember The Castle Swim November 29.

Following are the unofficial times of OCC swimmers.

Category	Name	Place	Time
W-20	Linda Howe	34	1:52:30
M-20	Tom Nordyke		
W-25	Carolyn Nordyke		
	Mary Ellen Nordyke	51	1:47:49
M-25	Bob Schneider	57	1:32:23
	Joe Teipel	44	1:25:19
	Tom Henke	72	1:38:44
M-30	Ian Emberson	10	1:03:08
W-35	Elizabeth Lacy	14	2:13:46
	Jane Jones	8	1:49:35
W-40	Gerry DeBenedetti	10	2:23:10
M-40	Richard Sylva	4	1:09:29
	Harry Huffaker	3*	1:07:25
	Jon Haig	28	2:02:47
W-45	Bonnie Eyre	3*	1:39:31
	Diane Stowell	1*	1:17:03
M-45	Jim Anderson	6	1:18:03
	Kim Woolaway	9	1:28:23
M-50	Fred Rohlfing	6	1:24:00
M-65	Jake Updegrove	4	2:24:29

* Award



Emery Lucas

OCC swimmers who participated in the Waikiki Roughwater Swim.

Outrigger Whips Elks in Playoff

By Dave Pierson

The tenants (Outrigger) lost both regular season games to the landlords (Elk's Lodge) by lopsided scores, and hopes for another championship season seemed dim in late July. But upsets are part of all sports, and M & E Pacific and the Industrial Belters surprised the Elks, forcing a play-off confrontation for the first time in many seasons.

Coach Bill Kilcoyne was determined not to be the first coach losing the Surveyor's League title and mercilessly led his svelte squad through a grueling practice session prior to the "big game." So rough was Kilcoyne's practice that the entire team was forced to rest on the upper parking deck prior to their usual visit to the Hau Terrace, but they were primed and ready.

OCC got a run in the top of the first on consecutive singles by Mike Ciacci, Kilcoyne and "Most Offensive Player" Colin Chock, but the Elks countered with two in the bottom of the inning. Little did they know that those were the last runs to be scored off lefty Billy Head, ace of the OCC mound staff. Singles by Levi Stanley, Kim Roberts, and Dave Pierson tied the game in the second inning and from there on it

was all Outrigger, with Dan West's long home run icing the victory.

Nine different players were credited with RBI's as the final score read 9-2 Outrigger. MVP Bill Kilcoyne went 4-4, with Mike Ciacci and Colin Chock pairing hits. All three represented Outrigger in the All-Star game along with Bill Head, Archie Kaaua, and Levi Stanley. The post-season banquet was hosted by the Elks.

The Surveyor's League, the oldest Honolulu mountainball league, begins its third decade next year. Always welcome are new members who will try to break into a largely veteran team, as did Kim Roberts and Robbie Ostrem in 1981. The 1981 championship team includes coach Bill Kilcoyne, Colin Chock, Bill Head, Dan West, Dave Pierson, Bill Erickson, Robbie Ostrem, Mark Kallenberger, Bill Glaser, Jay Pease, Dave Shoji, Levi Stanley, Mike Rodrigues, Mike Ciacci, Archie Kaaua, Bill Breeden, Keone Downing, and Kim Roberts.

Everyone contributed to various victories and all had their moments of frustration. We look forward to an expanded softball program which will see Outrigger represented in city-wide leagues and at neighbor-island tournaments.



From the Terrace

OCC is getting known in the Middle East. First comes **Rick Golt** and spouse **Eddy** back from Saudi Arabia, where **Crown Prince Fhad** was so pleased with the book "Eternal Saudi Arabia," which he had commissioned from Rick, that he presented it as the official gift to the heads of 28 Moslem nations gathered in Saudi for a summit meeting... Then **Dave Pierson** resigned his position with the Hawaiian Islanders to return to the desert country with wife **Sandy** (she will probably get tired of that name) and son **Ryan**... And finally, **Dick Boyd**, a close friend of the Piersons, tells us that he is headed over there as well. Dick was the founder of the popular **Boyd's Saloon** in downtown Honolulu along with **Jim Growney**, who has since relocated to Kamuela... It sure seems that a lot of good guys have pulled up stakes lately...

Riggers doing well: **Matthew Rowatt**, who was appointed to the U.S. Merchant Marine Academy by both **Senator Matsunaga** and **Representative Heftel**, finished his first year, the plebe year, third in his class and one of the youngest cadets... Congratulations all the

Fall Festivities

It's none too early to mark a couple of upcoming Club functions in your November datebook. Our Fall dinner dance, always one of the most eagerly anticipated functions of the Club calendar, is scheduled for November 7.

And of course Thanksgiving dinner at the Club is a yearly tradition. Turkey Day falls on November 26 this year, so make your reservations early!

way back to Kings Point, New York...

Cris Vasey Smith must have been hanging around **Val Davis**. She stunned the luncheon crowd at a recent horse show with her spinach quiche; now she'll just have to learn to copy her mother's brownies... Look out bachelors...

Who says the PATCO strike was not disappointing to some? It was for **Monte** and **Alfred Goldman**, who were planning to play in the Pro/Celebrity tennis tournament at Hyatt Lake Tahoe, but connections between the two small airports of Aspen and Tahoe were the first to be axed by the FAA... Oh well!! One more year to practice...

Over the years our capable mixologists at the Terrace Bar have developed many special exotic drinks... Most members have suffered from an attack of **Anzai's Banzai** at the annual Christmas party. Then came the **Henry** and its non-alcoholic spouse the **Henrietta**, and now the **Raab Guild** has won notoriety. It is a wonderfully refreshing concoction of vodka, lemonade and mint leaves all whipped up in a blender with crushed ice. Its counterpart without booze is known as the **Alice G**... While on drinks, the bar serves a magnificent **Mint Julep** but don't ask a friend to join you. Some culprit absconded with one of the club's two pewter cups used for serving juleps.



OCC Tennis Team members: Left to right: Candy Taylor, Dave McCoy, Chula Harrison, Pat Muller, Marian Mouch, Gulab Watumull, Liz Keller, Marilyn Haine, Nial Scully, Mary Gallagher, Barbara Gray, John Haig, S. Rose, Margaret White, Jeff Taylor, Helen Clarkin, Jeanne Lum, John Michalski.

Tennis: Close Match With Waialae

By John Michalski

A highly enthusiastic OCC tennis team, captained for this match by Jeanne Lum, came close to defeating a powerful Waialae Country Club tennis team. The final score was 8:10. The edge Waialae had on OCC was the fact that members of both clubs, like Gulab Watumull and John Goss, played on behalf of the opposition, and John Moore and Mike Rehfeldt were no-shows on our side.

Everyone had a marvelous time

as Rick Fried gave a singular exhibition that had everyone in awe. Among the convincing winners for OCC were the doubles teams of C. McLachlin and Chris Crabbe, Chuck Swanson and Cub Jussell, L. Mattice and G. Austin, Marian Mouch and Mary Gallagher, J. and S. Marrack, Dave McCoy and Sidney Arth, B. and C. Harrison, and Jeff and Candy Taylor.



The Club's 73rd anniversary was celebrated by more than 300 members at a festive luau. Dining under the stars, guests were serenaded by the Maile Aloha Singers; Chubby Mahoe and his Keikis sang and danced, and Na Wai Eha O'Puna performed ancient Hawaiian chants.

October-November Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4 Brunch 8:30 a.m. Buffet Dinner 6-9:30 p.m. One-Man Canoe Race—Ala Wai Canoe House	5 Aerobics 9 a.m. Noon Bridge Monday Night Football 6 p.m.	6 Body Conditioning 4:15 p.m.	7 Aerobics 9 a.m. Entertainment Committee: 5 p.m. Admissions & Membership: 5 p.m.	8 Body Conditioning 4:15 p.m.	9 Aerobics 9 a.m. Seafood Buffet	10 Steak Fry 6 p.m. Dancing to Phil Ingalls 7-11 p.m.
11 Molokai to Oahu Race Brunch Buffet Dinner	12 Aerobics Noon Bridge Monday Night Football	13 Body Conditioning	14 Aerobics House Meeting 11:30 a.m.	15 Body Conditioning Executive Meeting 5 p.m.	16 Aerobics Seafood Buffet	17 Steak Fry Dancing to Phil Ingalls
18 Brunch Buffet Dinner	19 Aerobics Noon Bridge Monday Night Football	20 Body Conditioning	21 Aerobics Admissions & Membership Meeting 5 p.m.	22 Body Conditioning	23 Aerobics Seafood Buffet	24 Oktoberfest 6 p.m. Cocktails 7 p.m. Dinner Club will be Closed
25 Brunch Buffet Dinner	26 Aerobics Noon Bridge Monday Night Football	27 Body Conditioning	28 Aerobics	29 Body Conditioning Board of Directors Meeting 5 p.m.	30 Aerobics Seafood Buffet	31 Steak Fry Dancing to Phil Ingalls
NOV. 1 Brunch Buffet Dinner	2 Aerobics Noon Bridge Monday Night Football	3 Body Conditioning	4 Aerobics Entertainment Committee: 5 p.m. Admissions & Membership: 5 p.m.	5 Body Conditioning Historical Committee: 5 p.m. Buildings & Grounds Meeting 12 noon	6 Aerobics Seafood Buffet	7 Dinner Dance Cocktails 6 p.m. Dinner 7 p.m. Club will be Closed

*Outrigger
Canoe
Club's*

Oktoberfest

*Saturday
October 24th*

*No host Cocktails at 6:00pm.
Buffet dinner at 6:30pm.*

*Reservations at
Front Desk
\$350*

*Lots
of
German
Beer
and
Wine.*

*Live
German
Band
with
lots of
Polkas.*

Dinner includes:
*Smoked Pork loin, Knackwurst, Bratwurst,
 Hot German Potato Salad, Sauerbraten, Sauerkraut,
 Strudel, Kaiser Rolls, Dark German Rye Bread.*

the Outrigger

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ON THE COVER: Fish print of a
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The Outrigger Canoe Club

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