

the Outrigger



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Bronze Medals for Three 'Riggers at Rio Olympics

By Kawika Shoji



It was time for Team USA to celebrate after the Bronze medal match against Russia.



Olympic opening ceremony: Erik, Micah and Kawika.



Erik and Kawika show off their medals.

Three members of the Outrigger Canoe Club were members of Team USA Volleyball which won a Bronze Medal at the 2016 Olympic Games in Rio de Janeiro. The trio are libero Eric Shoji and setters Micah Christenson and Kawika Shoji. Kawika graciously agreed to share his memories of the Games with members.

I have now had a little more than a week to reflect back on our 2016 Olympic experience, and I am still on an absolute high. I'd be lying, however, if I told you our entire time in Rio was all fine and dandy. I think the best and only way to describe the experience is that it was truly an emotional roller coast ride. I can't even count how many ups and downs we experienced in the 21 day trip, but I will highlight a few here.

Our time in Rio began in the Olympic Village, a definite highlight. We spent four days in the compound, a very scenic, massive, and special place. The village included 31 apartment buildings, a park, McDonalds, bank, general store, and the largest cafeteria you can imagine. Rio's luscious green mountains scaled the backside just beyond its fence.

Perhaps the most impressive thing inside the village, however, was its energy. Most of the world's greatest athletes were congregated in the same place, and all were excited before the Games began.

We moved to our hotel closer to the volleyball arena a few days before our competition started and the same day we walked in the Opening Ceremony, another emotional high. It was a long transportation and waiting process, but it was all worth it the moment we walked through the tunnel into the

100,000 capacity filled stadium shoulder to shoulder with the other Team USA athletes.

We marched in with Michael Phelps, Serena Williams, Kevin Durant, and so many more incredible athletes behind the same flag with a common goal of representing the USA the best way possible. It didn't matter, however, how famous the athlete was at that moment. We were all a part of Team USA. We were all Olympians.

Our tournament began two days later against the Canadians. For whatever reason, we came out emotionally flat and executed poorly. The Canucks, on the other hand, played aggressively and superbly and beat us down. Two days later, the Italians did the same, and we were in a deep hole.

All of a sudden, we needed to win our last three pool play matches in order to advance to the quarterfinals, including against the hometown favorite, the Brazilians. Not many realize exactly how large this obstacle standing in front of us was.

Not only did we have to take down the world's number one team, we had to do it in front of their home fans, and then we had to beat France as well, an elite team, a few days later. We were also coming off of two losses, and doubts about even winning a single match at the Olympics crept into all of our



The Medal Ceremony for Team USA.



The Shoji ohana gathered in Rio: front, Judie Vandervoort (Mary's sister), Marcie Nowack, Megan Shoji (Kawika's wife). Middle: Anna Vandervoort (cousin), Erik Shoji, Sydney Yogi (Erik's girlfriend), Kawika Shoji, Miki Bridgman (Kawika's mother in law), Dave Shoji. Back: Logan Nowack, Mary Shoji, Sara and Daniel Tennefos (cousins), Michael Vandervoort (cousin).



The Hawaii cheering section included, front, Marcie Nowack, Megan Shoji, Anna Vandervoort, Sydney Yogi. Middle: Logan Nowack, Cobey Shoji, Dave and Mary Shoji, Judie Vandervoort, Kyle and Michael Vandervoort. Back: Brooke Christenson (Micah's wife), Joanna Christenson (Micah's sister), Kupono Fey (Micah's cousin), Charlene Christenson (Micah's mom), Shelley Fey (Micah's aunt).

minds. No easy task.

Courageously, our team put the self-doubt aside and collectively decided that we would fight our way out of the hole we dug for ourselves. We served aggressively and scrapped on defense. We were the aggressors and took out Brazil, then France, then Mexico, then Poland.

It was an inspirational string of wins. We were playing with the kind of execution and emotional energy that was required to win important Olympic matches, a level that most of us had never reached before. We had come back from the dead and entered the medal round.

We played Italy in the semi-finals and again took the fight to them. Unfortunately, we just couldn't close at the ends of sets one and four. The fourth set was especially heartbreaking. Up 22-19 with a chance to close out the match and reach the Olympic final, Italy's best player went back and hit some of the best serves you could ever imagine to steal it away from us. We couldn't recover in the fifth set and our hopes for gold were crushed.

I think I can speak for the entire team when I say that Italy was the most painful game in all of our careers. We were so close to playing in the final, but now we weren't guaranteed a medal and had to recover, physically and emotionally, in 36

hours to play Russia for bronze.

After a slow start losing the first two sets, we fittingly dug ourselves out of a hole again. Slowly, we climbed back into the match, relying on the same things that helped us get us to that point, aggressive serving and inspirational defense.

We wouldn't let the ball drop, a characteristic I would like to hope the Hawaii boys helped instill on our team. When we finally killed the fifteenth point in the fifth set, we became Olympic medalists. Our coach said it best afterwards, "To win gold requires many things. To win bronze requires one. Courage."

During the medal ceremony, I took a deep look into our flag being raised into the rafters. I was again reminded of the many people we represent. Micah, Erik, and I represented America, Hawaii, and also the Outrigger Canoe Club at the greatest sporting event in the world, and we were proud.

At that moment on the medal stand we were filled with gratitude. Thank you to everyone for the support and love. We heard about members watching in the bar. We loved the messages on social media. We now look forward to spending a few weeks at home, maybe on the baby court, before heading back overseas to play professionally for the winter.

Distance Season Starts with the Duke and the Dad Races

By Guy Wilding, Head Coach

Duke Kahanamoku Canoe Race August 21, 2016

After the most successful regatta season since 2009 the open men were looking forward to the first race of the 2016 distance season. OCC fielded three open men's crews in this one - the *Manu Ula*, *Henry Keawe Ayau* and *Kapua* plus a 50s crew racing in the *Mamala*.

There were actually three separate starts in this race so it was never really clear for most crews where you were overall, even after you crossed the line. The *Henry Keawe Ayau* started in the first wave along with the 50s men, while the *Manu Ula* and *Kapua* crews started in the second wave. All crews raced hard from the start and it was soon obvious that the battle for top honors would be between Hui Nalu and our *Manu Ula* crew.

Hui Nalu took a slight lead into the first change but the boys from OCC were paddling well. As the race progressed towards Makapuu and down the wall toward Portlock, Hui Nalu slowly extended their lead, but the *Manu Ula* crew fought on strongly. Only Hui Nalu and one crew from the first wave start (Manu O Ke Kai) were still in front of the *Manu Ula* crew.

The boys chased down Manu and not long after passing them at Black Point caught a beautiful wave that they rode inside . . . unfortunately too far inside . . . as the next wave in the set cleaned the boys up. Only quick thinking from Karel Tresnak Jr. (in seat five) jumping out onto the 'iako prevented a huli.

However, the canoe was full of water . . . but at least the boys were still in the fight. They started to move slowly again as they tried to bail all the water out of the heavily weighed down canoe, but once out of the wave zone they were soon dry and going hard chasing down Manu O Ke Kai . . . again. They soon caught and passed Manu O Ke Kai (for the second time) and were second canoe across the finish line behind Hui Nalu.

Solid results from all crews. A good start to the distance season for OCC men.

Manu Ula

2nd Place Open, 3rd Place Overall

Time: 3:08:18

Crew: Victor Agostini-Bovino, Griffin Bolan, James Donovan, Jake Hamstra, Heneire Itchner, Sean Kaawa, Simeon Ke Paloma, Karel Tresnak, Ryan Woodward.

Kapua

7th Place Open, 9th Place Overall

Time: 3:15:04

Crew: Mike Beyer, Christian Bradley, Neale Hafner, Byron Ho, Deke Kilpatrick, Indar Lange, Charles Meyer, Max Solmsen, Robbie Solmsen.

Henry Keawe Ayau

20th Place Open, 28th Place Overall

Time: 3:40:42

Crew: Twain Newhart, Art Mallet, Jayson Whitman, Connor Grune, Wilson Lau, Riggs Silva, Sage Capone, Kyle Chang, Kea Hussey.

Mamala

2nd Place Masters 50, 32nd Place Overall

Crew: Ruben Cabaniero, John Claucherty, Al Darling, Jeff Davis, Mark Eliashof, Marc Haine, Rick Hobson, Leighton Miyachi, Gunner Schull.

Dad Center Memorial Race

Perennial powerhouses Team Bradley and Waikiki Beach Girls have filled the top two placings in this race for the last three years while OCC women have not won the race since 2003. OCC girls were a close third last year in the Dad Center and were nipping on the heels of the top two clubs heading into the 2015 Na Wahine O Ke Kai.

Unfortunately the Na Wahine was cancelled last year due to adverse weather conditions. So this was the first opportunity for OCC girls to test themselves since last year's E Lau Hoe (third place behind Bradley and Beach Boys) and the girls were chomping at the bit.

They say paddling is cyclical, meaning that you have some good years and then you have some lean years then the good years will eventually return. The lean years are for various reasons including pregnancies, retirements, paddlers changing clubs, the time taken to develop novices into good open paddlers, coaching changes etc.

Well the cycle is well into the upswing for the OCC open girls as they continue to build towards this year's Na Wahine O Ke Kai. The girls have a strong mix of outstanding novice paddlers, very experienced paddlers and a sprinkling of youngsters coming through from OCCs junior ranks.

Team Bradley (an all-star team made up of girls from several of the Hawaiian islands) are testing some new blood this year, while Waikiki Beach Girls made some big personnel changes as they are missing several of their top girls for various reasons. But as they say, you can only race those that turn up.

Testing conditions greeted the girls on race day for this year's Dad Center. Powerful winds had whipped up the ocean and this would be a real challenge for all paddlers. From the start the OCC girls in the *Manu Ula* were strong and opened up a lead from Team Bradley, Lanikai, Hui Nalu, Kawaihae (Big Island) and WBB.

OCCs team of coaches had elected to race with nine paddlers instead of the normal 10 in the *Manu Ula* crew but OCC paddled strongly and maintained their lead until Portlock. The powerful Team Bradley passed OCC heading into Maunalua Bay but the OCC girls continued to paddle with a lot of heart and held off all other challengers to finish a highly creditable second behind Team Bradley. Hui Nalu was third with last year's winners Waikiki Beach Boys (girls) finishing in sixth position.

The girls in the *Kakina* paddled extremely well to finish 11th overall and win the Koa Division, while our 50s girls finished in 21st position overall and third in their division. Another great day for the OCC paddling program.

Manu Ula

2nd Place Open, 2nd Place Overall

Time: 3:15:19

Crew: Britta Bourne, Shannon O'Neil, Angie Dolan, Jennifer Fratzke, Natasha Haine, Amy Lawson-Woodward, Tracy Phillips, Kahala Schneider, Mary Smolenski.

Kakina

1st Place Koa Division, 11th Place Overall

Time: 3:35:04



The *Manu Ula* crew in the Dad Center were front, Natasha Haine, Britta Bourne, Angie Dolan. Back: Jennifer Fratzke, Tracy Phillips, Shannon O'Neill, Kahala Schneider, Amy Lawson, Mary Smolenski.



Winners of the Koa Division in the Dad Center were, front, Colleen Hall, Jennifer Raams, Paula Crabb, Jennifer Kilpatrick, Malia Boyd, Possie Badham. Back: Marie Martel, Hilary Denison, Maggie Parks. Missing: Karin Hansen Del Rey.



The Masters 50 Women finished third: Lisa Livingston, Tana Feeley, Laurie Lawson, Debi Ing, Mary Quinn, Wendy Wichman, Kim Heyer, Judy Miller, Genie Kincaid, Katy Bourne, Linda Fernandez, Joan Bennet.

Crew: Possie Badham, Malia Boyd, Paula Crabb, Hilary Denison, Colleen Hall, Karin Hansen del Rey, Jen Kilpatrick, Marie Martel, Maggie Parks, Jen Raams.

Mamala

3rd Place Masters 50, 20th Place Overall

Time: 3:47:21

Crew: Joan Bennet, Katy Bourne, Tana Feeley, Linda Fernandez, Kim Heyer, Debi Ing, Genie Kincaid, Laurie Lawson, Lisa Livingston, Judy Miller, Mary Quinn, Wendy Wichman.

Dad Center Memorial Canoe Race

August 28, 2016

Kailua Beach Park to OCC

Results

Winners

Open Division

Hawaiian Canoe Club - Team Bradley 3:12:27

Crew: Dane Ward, Lauren Spalding, Andrea Moller, Kaulu Luuwai, Kristin Foster, Noelani Auger, Cherrisse Agorastos, Lori Nakamura, Nicole Pedersen, Coral Gonzales.

Koa Division

Outrigger Canoe Club 3:35.04 Kakina

Crew: Jennifer Kilpatrick, Paula Crabb, Colleen Hall, Shawn (Possie) Badham, Malia Boyd, Hilary Denison, Karin Del Rey, Marie Martel, Jennifer Raams, Margaret Parks.

Unlimited Division

Hui Nalu Canoe Club 3:40:10

Crew: Anuschka Faucci, Alena Yocum, Shelby Ho, Marie Allen, Tiffany Arapari, Gwenn Daley, Ciena Jadu, Maggie Pulver, Cherene Ching, Jessie Lathrop.

Masters 40

Hui Lanakila Canoe Club 3:44:44

Crew: Judy Decorte, Marj Miramontes, Kristi Lowry, Janet Yocum, Tammy Morck, Ilima Kim, Yukashi Smith, Ray Kaneshiro, Sherry Hayashi, Brea Caley.

Masters 50

Hui Nalu Canoe Club 3:38:41

Crew: Terry Malterre, Denise Darval-Chang, Carol Jaxon, Heather Cottrell, Laurie Komeiji, Polly Ai, Lorey Bode, Celest Aoyama, Lisa Ah Sing, Mindy Clark, Brigitta Osterhold, Joanne Vierra.

Masters 55

Kailua Canoe Club 3:37:19

Crew: Carleen Ornellas, Cathy Bender, Cynthia Cobb-Adams, Debbie Clark, Heidi Hansen-Smith, Jennifer Fisher, Katy Otsuji, Lois Hewlett, Sandra Kalama, Torrey Goodman, Kathy Erwin, Jane McKee.

Junior

Outrigger Canoe Club 4:05:50

Crew: Kiana Sandvold, Kealoha Scullion, Kailee Graff, Malia Gacutan, Micaela Kauhane, Cynthia Konickson, Emma Humphries, Makena Somerset, GG Thomas, Nicole Yarbrough, Makana Shipman, Kaya Lee.

For complete results of the Dad

Center Race go to: <http://www.outriggercanoeclubsports.com/ocean-sports/canoe-racing/dad-center-race/results-by-year/2016-dad-center-results/>

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Junior 'Riggers Crew Wins Dad Center

By Mark Sandvold



Showing off the new Dad Center Junior Trophy are, front, Kailee Graff and Kealoha Scullion. Back, CC Konickson, Kiana Sandvold, Kaya Lee, Makena Somerset, GG Thomas, Malia Gacutan (holding trophy), Emma Humphries, Micaela Kauhane, Yael Van Delden. Not pictured: Makana Shipman.



Celebrating their victory are, left to right, Malia Gacutan (steering), Kiana Sandvold (standing), Yael Van Delden, Kailee Graf, Micaela Kauhane, Makana Shipman.

Since being asked by OCC to coach the Girls 12 paddling crew seven years ago I have always had the dream of seeing my young daughter Kiana (who was 10 at the time) and her friends move up one day to race long distance and see a whole new side of canoe racing.

Two weeks before this year's Dad Center Race, Paula Crabb asked me to step up and get a crew together. She said we needed 12 girls to enter. I put the word out and little by little we were able to put together a great crew of mostly 16 and 17 year olds who were going to race against other crews with 18 year olds.

Paula mentioned that Jay Dowsett had donated a beautiful new koa perpetual trophy for the Junior Division and how great it would be for our girls to be first to have their names on it.

We trained with the open women for two weeks where we learned to do open ocean changes and worked on being stable in the open ocean.

On August 28, in what has to be one of the roughest races in years, our girls from OCC beat the field and won the Dad Center Junior Trophy with a finishing time of 4:05!

I am so proud of them as they faced challenge after challenge with one huli and some seasickness but they didn't give up and held on to beat last year's winner Lanikai by ten boat lengths.

The girls and their parents gathered together at the start of the race in Kailua to say a prayer for a safe day. Conditions were some of the roughest we've seen in years. Trades were blowing at 15-25 knots with 8-10-foot seas. Going around Makapuu was probably the hardest part of the entire race.

Coach Andrew Glatzel was in charge of the course and guided the girls perfectly around Makapuu and Diamond Head as they passed several crews. I had back surgery recently so I was unable to join them on the escort boat and followed the race by land. Geoff Graf was our escort boat driver and Meleana Carr Wolf assisted the girls with water and snacks on the changes.

Yes it was a crazy day and a huge accomplishment for our girls to not only finish but to win! It was the first Junior crew from OCC to have entered this race!

My daughter Kiana said she's hooked and asked, "Dad, why didn't we do this sooner". Micaela Kauhane said it was the biggest accomplishment in her life so far. All the girls really appreciated all the support from the open and masters women as they cheered them on at the finish.

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Notes from the Wine Cellar

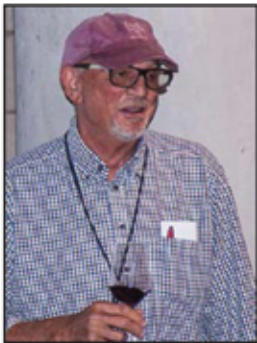
by David Brown, *Food & Beverage Director*

Aloha! For the final two wine dinners of the season we have a special treat for the OCC membership featuring a classic comparison of the old and new worlds.

First, on the 21st of October, we have representing the old world at its best—wines from the *Domaine of Albert Bichot*. Established in 1831, the four estates have access to some of Burgundy's most sought after fruit. We will be showcasing their Chardonnay and Pinot Noir from Chablis, Nuit St. George and Pomard. These clean, bright, mineral driven wines will be a joy to pair food with and reflect the old world "terroir" with elegance and grace.



On November 18th, for our last wine dinner of the year, I am honored to welcome Dick Doré, co-founder of *Foxen Vineyards*. Although the Santa Barbara, California area has been growing grapes for some time, Dick and his partner Bill Wathen set out in 1985 to make some great Chardonnay and Pinot Noir wines and did not disappoint. *Foxen* wines have been held in high regard for their depth, balance and consistency of quality. Given the great growing conditions of the region, these wines are the perfect balance of power and finesse. The completely sustainable farming practices and the state of the art solar facility demonstrate the commitment to wine making with longevity and integrity.



Both events promise to be exceptional evenings so be sure to reserve your space early. Limited seating.

OCC Wine Room

We're proud to announce that we are nearing completion of our new wine room. Offering ample storage in a temperature controlled environment, the new room showcases a variety of fine wines on beautifully crafted shelving made by the OCC maintenance department.



UPCOMING EVENTS

Club Luau

Saturday, October 1

5:30 PM. Reservations at the Front Desk
923-1585

Bichot Wine Dinner

Friday, October 21

Koa Lanai. Reservations 921-1444.

Foxen Wine Dinner

Friday, November 18

Koa Lanai. Reservations at 921-1444

Thanksgiving Dinner Buffet

Thursday, November 24

Koa Lanai and Hau Terrace
Reservations 921-1444.

Contact Information

Is your contact information current? If you have moved, changed your phone number or E-Mail address, please provide the updated information to our Business Office. Mahalo!

Club Website

Want to see what you've been spending this month? Need a phone number or E Mail address for a fellow member? Want to see what is coming up at the Club? All that information and much more is available on the OCC Members' Website at www.outriggercanoclub.com

If you have trouble logging on, contact the Executive Office at 921-1404 or 921-1406.

As the Terrace Turns

Contributions to this column are always welcome. Send photos or notes to occmag@aol.com or leave at the Front Desk for the Editor. Items received by October 25 will appear in the December magazine. Items received after October 25 will appear in January. Be sure to include your name and phone number in case additional information is needed.



Sam Clemens, Doug Ostrem, Scott Ballentyne, and Michael Durkin took a rest stop on the sandbar in the middle of Kaneohe Bay during a morning of canoe sailing instruction on the Club's *Holoholo*.

Fishing Tournament



Craig Gamble shows off his winning 9.9 pound Papio in the SUP/ Kayak/OC-1 "Human powered" division of the OCC Fishing Tournament on August 27. Craig was first, with Keoni Watson taking second. In the "Powerboat" division, Lynn Sumida took first with Tiare Finney coming in second place.

 An advertisement for Lotus Honolulu at Diamond Head. It features a couple standing on a balcony overlooking the ocean. The text includes:

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 An advertisement for Regent Seven Seas Cruises. It features a scenic view of Rio de Janeiro, Brazil, with the text:

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Photo Contest Entries Due October 31

By Mary Caywood

The Outrigger Canoe Club's popular Photo Contest, sponsored by our Member Relations Committee for Club members and their immediate families, is open October 10-31. Contest rules and the required entry form for each photo are available at the Front Desk and on the OCC members' website.

The Grand Prize winning photo to be selected from all of the categories combined will be featured on the cover of the January *Outrigger* magazine. The winning photographer will receive an OCC gift card for \$200 that may be spent anywhere in the Club.

First prize photos in each category will be published in the January magazine and those winners will receive \$50 gift cards. Second and third prize photos will be published in an early 2017 issue of the magazine. Winning photos will be featured in the Display Case near the front entrance of the Club in January.

Entries in all of the categories except OCC Clubscape may have been taken at any location, with the location identi-

fied on the entry form. If recognizable people are in any photo it must include a Club member and member(s) must be identified by name on the entry form for possible publication in the magazine. The Sports and Activities category must show Club events, or recognizable and named Club members in family events or activities.

Participants in the contest may enter up to TWO photos in each of the following categories. A completed entry form must be attached to each photo. The person submitting an entry must have taken the photo, and content of photos must be appropriate for the magazine and Club use.

- OCC CLUBSCAPE: The place and the people.
- OCEAN: In or on the ocean, anywhere.
- SPORTS & ACTIVITIES: Club members participating, may include family events.
- TRAVEL AT HOME AND ABROAD: Any location.

- NATURE: Flora and fauna, including animals in their native habitat.

Entries must be 8" x 10" prints, and you must also send a JPEG version of each photo you enter by email to the Outrigger magazine at occmag@aol.com by the October 31 deadline. Sources of the prints may be negative or positive film or digital or cell phone photos.

All entries become the property of the OCC and will be placed in the Historical Committee's archives when the contest is over. By submitting a photo, the photographer gives unrestricted use of the photograph to the Outrigger Canoe Club for use in Club publications, the OCC website or other official Club use.

Your photo(s) plus entry form for each photo must be received at the Front Desk or by mail to Outrigger Photo Contest, c/o Member Relations Committee, 2909 Kalakaua Avenue, Honolulu, Hawaii 96815, no later than 6 p.m. Monday, October 31, 2016.



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Senior 'Riggers Program Kicks Off

More than 60 Senior OCC members gathered in the Koa Lanai on September 14 to learn about the new Senior 'Riggers program that the Club is initiating.

"We heard you," said President Fred Noa Jr. "For the last few years members have asked for a place for senior members to gather and age appropriate activities for them to participate in.

"The Historical Committee does a great job with its Kamaaina Kanikapila and its Stew and Rice presentations, but you want more and we want to give it to you," he added.

On hand to support Noa were Board member Alice Lunt, Food & Beverage Director David Brown, and Marilyn Kali who has been spearheading the effort for a Senior 'Riggers program.

Noa said that in focus groups this summer there were many suggestions for activities for classes, games, wine tastings, and excursions. Others wanted to learn the proper use of new equipment in the Fitness Center, and others wanted to enjoy activities they used to enjoy like swimming, canoe rides, snorkeling or sailing. Others just wanted to socialize informally with other members.

Senior staff with the direction of the Board of Directors is looking into possible areas in the Club that can satisfy a senior lounge environment and allow seniors to relax in a more peaceful type setting.

Attendees were invited to make suggestions for the Senior Lounge and activities they could enjoy on the OCC club site, and to volunteer to lead activities that interested them.

"We know we can't please everyone, but we want as much input from you as we can get. We want you to enjoy your Club and visit often," Noa added. "Our members have lots of interests and we want to let them enjoy appropriate activities at the Club."

Noa also reminded people that the Board is very supportive and wants the program to become part of our OCC culture. "However," he said, "if you want it, you have to support it, and that means becoming involved as a participant or leader. If you want activities then you have to support them or Senior 'Riggers will fade into the sand and future Boards may not be as supportive."

A Senior 'Riggers steering committee is being formed as an adhoc committee of the Historical Committee. They will review suggestions and begin deciding on and scheduling activities. If you weren't able to attend the kick-off and would like to participate on a committee or suggest an activity, pick up a questionnaire at the Front Desk and fill it out.

If you have questions, you can email Marilyn at OCCSrRiggers@gmail.com or Alice at dsadl@hotmail.com.

Senior 'Riggers Halloween Mixer

Friday, October 28, Koa Lanai

**11:30 a.m. Costume Contest
Noon Lunch**

Update on Senior 'Riggers program

**Reservations at the Front Desk or call 923-1585
\$20 per person**

**All Senior members welcome
Come and meet your fellow Seniors**

Brain & Balance Class

If you want to have some fun and improve your balance and your brain function, please consider joining the Club's new Brain & Balance Class which begins on Thursday, October 6 at 9 a.m. in the Koa Lanai.

The class will be taught by Marcie Nowack, exercise physiologist, who is an OCC paddler, and former UH Wahine volleyball player.

You may have thought bean bags and tennis balls were just for children, but you'll be amazed at how much fun they are and how they can help you improve your balance and prevent falls. Marcie also has games to exercise your brain! You will enjoy the games and puzzles that will stimulate your little gray cells.

You can sign up for the Brain & Balance Classes at the Front Desk. Cost is \$10 per class if you sign up for a month at a time (\$40), or \$13 if you sign up for single sessions. The fee will be charged to your account. The class is 45 minutes long.

The class is open to both men and women of all ages. No equipment is necessary. You will be sitting in a chair or standing for all exercises. You will not have to get up and down off the floor.

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The Historical Committee Presents: The Hawaiian Room

By Mahi Riley

The Outrigger Canoe Club Historical Committee will present a film titled *The Hawaiian Room* at its next Stew and Rice Dinner on Monday, November 14. Attending the presentation will be director and producer Ann Marie Kirk and some of the original cast.

Between 1932 and 1966, hundreds of Hawaiian dancers, singers and musicians from the Hawaiian isles were chosen for, and became part of, the incredible legacy of the Hawaiian Room located at The Hotel Lexington in the heart of New York City.

The islands of Hawaii and Manhattan were woven together with Aloha and authentic songs, dance and music of Hawaii, mixed with current American music trends that created a one-of-a-kind entertainment experience.

Over the course of its 30 years, The Hawaiian Room became an incomparable venue through which Aloha and Hawaiian culture were shared in what was then the world's largest city, not to mention a cultural and artistic hub; the vibrant and exciting New York City.

On November 14 you will be transported to a time in history when hula, Hawaiian music and Aloha enchanted New York. Hear from the entertainers, dancers and patrons who made the Hawaiian Room such a special place.

Meet and talk story with the director and producer of this magical film, Ann Marie Kirk, as well as a few of the women



Hula dancers at the Hawaiian Room in New York City.

who danced their way from Hawaii to the lights, glitz and glamour of New York City.

Can you even imagine the thought of that trek alone, back in the day of the *Matsonia* and *Lurline* and propeller planes? Not to mention leaving families and friends to try this new money-making idea of dancing hula some 5,000 miles away from home.

Come experience their story and be thankful you got to see this enchanting film known as *The Hawaiian Room* on Monday, November 14 at 5:30 p.m. Cost is \$22.50 (all inclusive). Make your reservations now at the Front Desk or by calling 923-1585.

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Happy Halloween

Last Hawaiian Paddle 1975

The 65th Annual Molokai to Oahu canoe race will be held on Sunday, October 9 with Outrigger entering several crews. Here, Fred Hemmings Jr., reminisces about the 1975 race which was won by OCC.

By Fred Hemmings Jr.



ABOVE: OCC's winning 1975 Molokai crew: Tom Conner, Paul MacLaughlin, Fred Hemmings Jr., Brant Ackerman, Mark Buck, Marshall Rosa, Tim Guard, Kevin Olds, Don Mailer.

RIGHT: The paddle on the far right is Fred's 1975 racing blade, the second paddle from left is a koa big wave steering blade.



It was 1975. I had paddled in a number of Molokai races starting in 1966. Remind me to tell you of the 1966 race, we never made it to the finish. The official name of the race back then was not Molokai Hoe. It was the Molokai to Oahu Canoe Race. The race was as it is now the world championship of outrigger canoe racing.

I am proud of my 46-year-old son Heath who finished seventh in last year's race in a very competitive international field of about 100 teams. He has raced in 22 Molokai's. I only completed 12.

By 1975 our Outrigger teams had done well in previous year's races and we certainly qualified as one of the favorites. Three complete teams from Tahiti were rumored to be entered in the race for the first time.

Hawaiian clubs were very interested in the Tahitians. It seems that they were paddling with a smaller tear drop shaped blade with a much higher stroke count of about 60 strokes per minute (spm). We thought that was a sprint and

they would never last. Our team from Outrigger, as I am sure is true with other Hawaii teams, was eager and looking forward to the challenge.

The Hawaiian teams raced with a traditional blade and stroke as we had done throughout the history of modern canoe racing in Hawaii. The stroke was the same my father had used in the 1930s.

Hawaiian paddles were big oval shaped blades. We paddled at about 42 spm and took it up to 44-46 spm for sprints. It was quite arduous pulling large paddles. Our stroke was very long. We would bend deep with chest to almost the gunnels reaching out in front and pull the cumbersome blade to past our hips. It was a pretty and rhythmic stroke.

"Pretty and rhythmic" was soon to become obsolete. I wanted to make a "statement" and had my pal Kimo Austin make me a traditional koa paddle. Racing paddles at the time were made of lighter woods. I would steer with the koa blade for the 40+ miles.

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There may have been about 35 teams entered in the 1975 race. As usual most crews camped out at Hale O Lono Small Boat Harbor in the southwest lee of Molokai. Each team had a larger change boat and many had a smaller "chase" boat for drops and recovery.

Outrigger racing canoes have six seats. For many distance races there are nine paddlers on a team. Hence periodic changes in which relieving paddlers are dropped on course in front of the racing canoe and as the team paddles by several paddlers would jump out and the relief paddlers would haul themselves in.

The object is to change without slowing the canoe much. It is a difficult maneuver to have several paddlers jump out of a fast moving canoe in turbulent seas and have replacements get in. Changes are a big part of the race.

The race starting line was right outside the harbor and about three miles to La`au Point at the end of Molokai land fall. The approximately 40 mile race ended in front of the Moana Hotel at Waikiki Beach.

The Kaiwi Channel was famous for several reasons including usually being very rough with groundswells and brisk trades.

Being successful in the Molokai race required a lot of finesse as well as paddling ability. Besides paddling the boat fast, course, efficient changes, optimum use of swells, and a number of other factors played a part in the success of what seems like an uncomplicated sport.

I can remember lining up on the starting line curious about our Tahitian competitors. Our traditional rivals were Waikiki Surf Club, Healani and Hui Nalu.

It is no secret that getting to La`au Point as a leader was important. The reason is that all the chase boats are required to stay behind the racing crews till La`au Point when the first change could be made. All the contending teams would go all out to La`au to get in the lead in order to avoid the wake and chaos of escort boats.

Part of my job as steersman was to make sure our crew blew off the line first. A huge dynamite explosion on shore started the race. To our astonishment within the first mile the Tahitians already had a hundred-yard lead. Our Outrigger team was fighting with Surf Club for fourth.

So it was when we hit La`au and entered the channel the Tahitians had what seemed to be a quarter-mile lead. I remember thinking that it was going to be a long day. Our redemption was the channel. The swell was big and the trade winds were brisk. Hooray!

Looking ahead I could see the Tahitian boats snaking and not holding a solid course in the stubborn channel. Nevertheless they were ahead, way ahead. Due to tides that day it was smart to aim right for Diamond Head rather than Koko Head and try to ride tidal currents into Waikiki.

The Tahitians were on a zig zag straight course to Diamond Head. I figured that by staying behind them and just paddling they would be difficult to pass. Surely their steersman would be smart enough to "cover" us as we got close and tried to pass them. We took a northerly course. I figured if we could get high on them by a mile or two and stay near

them we could turn down and surf past them.

The Tahitians were paddling fast indeed but they were all over the place. About three-quarters of the way to Oahu we were what appeared to be abreast of the lead Tahitian canoe but way north. Surf Club was behind us. It was then we made our move and took a new line "downhill". We aimed for the front of the lead Tahitian boat.

Our crew was strong, steady and relentless. We finally reached the Tahitian pack and surfed into first. We never looked back and after 5 hours, 39 minutes and 7 seconds of paddling we crossed the finish line in a record time. I had a difficult time getting out of our racing canoe the venerable *Kakina*.

Our Outrigger Canoe Club crew consisted of Brant Ackerman, Mark Buck, Kevin Olds, Tom Conner, Tim Guard, Paul MacLaughlin, Don Mailer, Mike Rodrigues and me. We were proud.

As fate would have it was the last time that contending canoe teams used the traditional Hawaiian blade in canoe racing. Now 41 long years later my koa blade hangs on my wall. It is the last Hawaiian paddle.



A gorgeous home @ Diamond Head.



Kama`aina Kanikapila Brings Back Many Memories

By Mahi Riley



David and Bonnie Andrew, Peter and Luanna McKenney.



Rianna and Willie Williams, Victoria and Bob Kenneally.



Mary Ciacci, Al and Connie Serafin.



Jake Vaughan, Kula Abiva, Poki'i Vaughan and Bart Potter.



Carol Remillard, Barbara Del Piano, Deenie Fuller-Allen, Joan Rodby, Beryl Haxton.

The Outrigger Canoe Club Historical Committee had a sell-out crowd for the 18th Annual Kama`aina Kanikapila (aka Old Timers') event. The doors opened at 5:30 p.m. sharp. There were 20 tables adorned with monstera leaves, ferns and loose yellow plumeria decorated by Al and Connie Serafin.

Thanks to my "Green Team": Gerri Pedesky who trekked the hills of Mary Philpott's home for the greens and Joy Barnhart who arranged for the 500 yellow plumeria while she was in Europe. Also, at each table there were two gifts: 1940-80's vintage Japanese glass floats in a lauhala wine bag for the oldest guest and a CD gifted from Flip McDiarmid for the youngest guest.

Kualoa at Dawn with Kula Abiva, Poki'i and Jake Vaughan began the night with music that took us into the days of old. The event was blessed by Ivanelle Choy with her traditional toast of the evening. Chef Don Bower prepared the Outrigger's traditional Stew and Rice and Mahi Mahi buffet. The music began and never ended.

There were guests in the audience who jumped in with Kualoa, Bart Potter, a slack key guitarist and Rodney Cazimero of the famed Cazimero music family. Guests brought their ukulele and played along from their seats, while others came up and took the stage.

Hula dancers brought their swaying hips and hula hands as they captured the hearts of many in the audience. Songs that hadn't been heard in a long while were playing, then a dancer

would appear. It was magical. The evening's sunset brought people to their feet while enjoying an Old Timers' Mai Tai for just \$5 as they stood on the wall listening to the waves crashing.

People came from as far away as Maui, for their annual trip to the Outrigger's Old Timers' reunion. The story goes that to be an old timer, you have to have been at the Old Club, circa 1964, but it seems that we are all old timers of Hawaii Nei. Therefore, everyone is welcome. As time marches on, we are all becoming old timers and it's our responsibility to pass on what we know from our kupuna, whether it be hula, language, songs or traditional ways.

All of this was heard, seen, felt and enjoyed by the many who came to this annual event. There was a quiet moment when the musicians took a break and the three microphones stood alone, when all of a sudden, up came the oldest person at the event, Bob Anderson. He passed on his story . . . this is the responsibility that I'm speaking about. Thank you Bob for sharing a glimpse of your 96 years of life!

Don't miss this event, you will learn something from our old timers that you too can pass on to your ohana.

Fun fact from the 18th annual event: at one lone table, the cumulative age was 1,000 years old. Ah, the stories they have to tell!

Save the date for next year's gathering: August 28, 2017.



Nancy and Steve Cranston, Brownie Williams, Bob Thornburgh, Tex Hays.



Stew Brissette, Corinne Kong, Mary Fern, Mahi Riley, Gertrude Berger.



Front: Phyllis Garrett, Mary Ann Lentz. Standing: Hal and Gloria Henderson, Preston Lentz.



Seated: John Lacy and Betty Ann Barnett. Standing: Bob and Cathy Ostrem.



Luana McKenney.



Mary Ann Lentz.



Ivanelle Choy and Mahi Riley welcome Old Timers to the event.



Tom and Cheryl McIlroy and Gay and Phil Sevier.

Who Knew?

By Barbara Del Piano

Outrigger Canoe Club, the First Hundred Years

Although women had petitioned for a Moloka'i to O'ahu race since the 1950s, coaches and officials adamantly maintained that the rough waters of the channel were too dangerous for the fairer sex.

In 1975 two teams, comprised of strong paddlers from different clubs, set out on an unofficial forty-mile crossing across the Kaiwi Channel. They made it and a huge crowd awaited them at Fort DeRussy Beach, bearing lei and buckets of champagne.

However, it was four years before HCRA sanctioned the first official Na Wahine O Ke Kai (The Women of the Sea) race which was won by Outrigger Canoe Club.

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OCC Tide Calendar

October 2016





Employee of the Month

Denny "Kainoa" DeMello

By Stephen Riede

Maintenance worker Kainoa DeMello is our Employee of the Month for July. Kainoa started with the Club in November of last year and has quickly distinguished himself as a hard worker. Kainoa is always up for a challenge and at the Club, there always seems to be one with our aging infrastructure.

During Tropical Storm Darby, Kainoa volunteered to stay late into the evening to make sure the facility did not flood during the extremely heavy rains that fell just as the storm passed. He has a great attitude and can be counted on to follow through with any task assigned to him.

Though born in Hawaii, Kainoa lived in Seattle, Washington from middle school until age 21, when he returned to Hawaii. Kainoa previously worked at Iolani School. He loves the ocean and is an avid surfer and also enjoys diving and fishing. Congratulations Kainoa and thank you for your dedication to the Club.

newmembers



Tatiana Berger
Nonresident



Robert Carlson
Associate Spouse



Josephine Duchstein
Regular



Seanna Glatzel
Junior



Stephen Marvin
Junior



Kaylen Myhre
Junior



Diane Ono
Regular



Evan Porter
Junior



Beacher Schneider
Nonresident Ohana



Selena Tausinga
Junior



Michael Umaki
Regular

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Life Member
Past President (1973 & 1985)
Deceased: August 23, 2016
Club Member: 69 Years

Beth Madinger
Deceased: August 30, 2016
Club Member: 28 Years

James K. Ahloy
Deceased: September 4, 2016
Club Member: 34 Years



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BOARD BRIEFS

Board Briefs is taken from the minutes of the meeting of the Board of Directors on August 25, 2016.

Executive Committee: The Executive Committee met on August 10, 2016 to discuss the replacement process for the General Manager position. They have been working with the search firm Kopplin, Kuebler & Wallace who have provided eight candidates for the search committee to review. . . The sub-committee met with candidates for the Athletic Controller position. . . The Executive Committee is exploring ways to consolidate the Mahalo/Aloha party with the annual meeting to boost attendance and mitigate expenses.

Membership Count: The Membership Count was 4,858 as of July 31, 2016.

Budget Committee: The Board approved the Budget Committee for the 2017 budget: Arthur C. Tokin Jr., Chair; Fred Noa Jr., Anthony Hunt, Jen Bossert, Jonathan Steiner, Dustin Sellers, Robert Durkin, Jeff Dinsmore, Brad Wagenaar, General Manager, Joyce Nobriga.

Employee Christmas Bonus: The Board approved the annual Employee Christmas Bonus assessment as follows: Junior, \$20; Associate, \$25; Intermediate, Senior, Life, Honorary, \$30; Nonresident, \$40; Regular, \$50. The assessment amounts are unchanged from 2010. Members may opt out by notifying the Business Office in writing no later than November 15, 2016.

Athletics: The Board approved line item transfers of budgeted Volleyball funds for the Haili tournament (\$2,400) and Developmental Junior Beach programs (\$1,700) to cover the new Winged "O" trophy (\$2,500) and an increase in air fare (\$1,600) for the national VB competition.

Treasurer: July was a slow month for Food and Beverage due to weather and other issues. Administrative costs are up due to professional fees from recruiting a new General Manager and Athletic Controller. In general, Club finances are still strong. Art Tokin also explained the process of the investment fund management of the Club assets. The Finance Committee meets with the managers of the Building Fund quarterly and with the managers of the Pension Fund semi-annually.

General Manager's Report: Gary Oliveira reported that July was the worst month for Food & Beverage for the year. Factors contributing to the decline included a lower attendance at the July 4th event due to it being on a Monday and bad weather causing a 10% decrease in cover counts. August is stronger. F & B sales projected at budget. Cost of goods and labor are projected at or better than budgeted. Snack Shop sales are stronger. Logo Shop sales are down. ODKF event was priced to break even. New sous chef Bret Robinson has been an outstanding addition to the kitchen. New fall menus being debuted in early September. iPads for Dining Room wine lists are in beta testing. Northstar upgrade scheduled for September 19. Web app should be in place by October. The wine cellar is nearing completion. Postponed projects will start after Labor Day in preparation for the holidays. CMAA workshop dinner was held at OCC. President Fred Noa Jr. and the Board thanked Gary for his service.

Buildings & Grounds Report: Looking at improving the front entrance driveway to the Club. Master plan for landscaping is also a subject of discussion. This would be an appropriate topic for Long Range Planning.

Athletics Report: The Club Captain's report was accepted. Rick Humphreys reported that a team using some of the Special Athletic Members approved in July has not formed due to circumstances beyond our control. Beach VB may be able to use one of the SAM positions. Tom McTigue is doing preliminary planning for the 2017 paddling program.

House Report: There was discussion of inappropriate behavior by some members. Looking to see if appropriate rules are in place and improving how the rules are communicated to the membership. They will also review the membership handbook.

Member Relations Report: Dustin Sellers stated that the committee is exploring ways to administer the New Member Orientation program. The committee would like to incorporate invitations to the event into the membership process as a requirement after acceptance to membership. He also suggested having a video professionally produced that would explain the rules, show Club amenities, and give consistent information as a part of the orientation.

Entertainment Report: Luau is October 1. Also looking at a New Year's Eve party, preliminary theme is "Cuban Casino".

Senior 'Riggers: Senior 'Riggers kickoff is September 14. Fred Noa Jr. will preside if General Manager interviews are completed. Looking to designate one of the side Koa Lanai rooms as a "Senior 'Riggers Lounge".

ON THE COVER: Outrigger Canoe Club's newest Olympic medalists are Erik Shoji, Micah Christenson and Kawika Shoji. Here they proudly show off their medals after Team USA Volleyball beat Russia for the Bronze in the Rio Olympics. See story by Kawika Shoji and more photos on pages 2-3. Photo courtesy Kawika Shoji.

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Mahalo HiHR!

As we bid farewell to HiHR, myself and Hawaii Group co-founder, Scott Meichtry would like to extend a heartfelt 'Mahalo!' to each and every member of the HiGroup team. Your collective commitment to delivering world class service and support has been an inspiration. As we embark on this new chapter for The Hawaii Group, we are delighted to have HiHR joining forces with ProService Hawaii to even better serve our clients and our HiHR ohana. In addition, HiGroup remains dedicated to providing Hawaii's best recruiting, staffing, accounting, and nursing services. Mahalo!



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Dustin Sellers, *Assistant Secretary, Member Relations*
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