

the Outrigger



DECEMBER 2004

Published by the Outrigger Canoe Club for Members and Guests at Home and Abroad

IRONMAN®

TRIATHLON WORLD CHAMPIONSHIP

CANDES GENTRY COMPLETES IRONMAN TRIATHALON

By Candes Meijide Gentry



The swim was 2.4 miles.

*"The body can achieve
what the mind believes."*

-Unknown

That's what I kept telling myself as I faced the relentless headwinds on the King Kamehameha Highway for more than seven hours riding my bike. I competed in one of the most grueling and coveted events in endurance sports, the Kona Ironman World Championship.

I had never dreamed of participating in an Ironman (2.4 mile swim, 112 mile bike, 26.2 mile run), and always thought of extreme endurance sports as unrealistic feats that were reserved for a fortunate few.

Raul of Boca Hawaii helped me to realize that we are all capable of much more than we often allow ourselves to believe. Without the

support, encouragement, patience, and reassurance of my family, friends, and one tireless training partner, Ironman would still be just a dream.

The race started in Kailua-Kona Harbor where 1,800 international elite athletes, and me, were treading water awaiting the start. The energy was intoxicating but the moment the gun sounded I was calmed by the peacefulness of the ocean and the monotonous pace of my swim stroke.

Well aware that I had never competed in an event over five and a half hours, I took the swim at an easy pace so as not to burn myself out in the first hour of a day-long event. To my surprise, I had a personal record swim and exited the pier at 1 hour and 14 minutes.

Elated with my swim, and the fact that I had eluded the infamous Tony the Tiger (Shark) that frequents the harbor, I ran through transition with a smile on my face.

The 112-mile bike ride starts in Kona, travels out to Keauhou, and loops back around before heading out to Hawi. Once on the King Kamehameha Highway, the headwinds began and didn't subside until we returned to Kona.

Not only were there relentless headwinds, but side gusts of up to 30 mph that would almost knock you from your bike, or at least force you to swerve into the adjacent lane before you had time to react. Needless to say, the bike portion of the race taught me a well needed lesson on patience. Seven hours and 23 minutes of patience to be exact.

By the time I made it to the run, after an obscenely long transition, during which I had to spend four minutes in the penalty box for a drafting or perhaps blocking



Candes is greeted by a reporter and her sister, Corin Gentry Balding, niece, and mom, Nora Meijide, at the finish line.

penalty (I am not really sure which), I began my run around 4 p.m.

Luckily, since my bike ride had taken me an hour longer than expected, the weather was cooling a bit and the clouds were rolling in. The run course goes down to Keauhou on Ali'i Drive and then circles back through town before heading up Palani Drive to face the King Kamehameha Highway again.

Luckily, I had been warned by my coach and others of the most daunting sections of the race and thus was mentally prepared, albeit with a false sense of confidence, for what lay ahead. The feared and revered Natural Energy Lab ended up not posing the biggest challenge; rather it was the endless run on the King Kam to get there.

Hundreds of people were already on their way back into town as I headed out for the last 16 miles of the marathon. Once the sun set, the weather cooled a bit, but unfortunately only a sliver of the moon was visible and thus didn't provide much glow on the unlit highway.

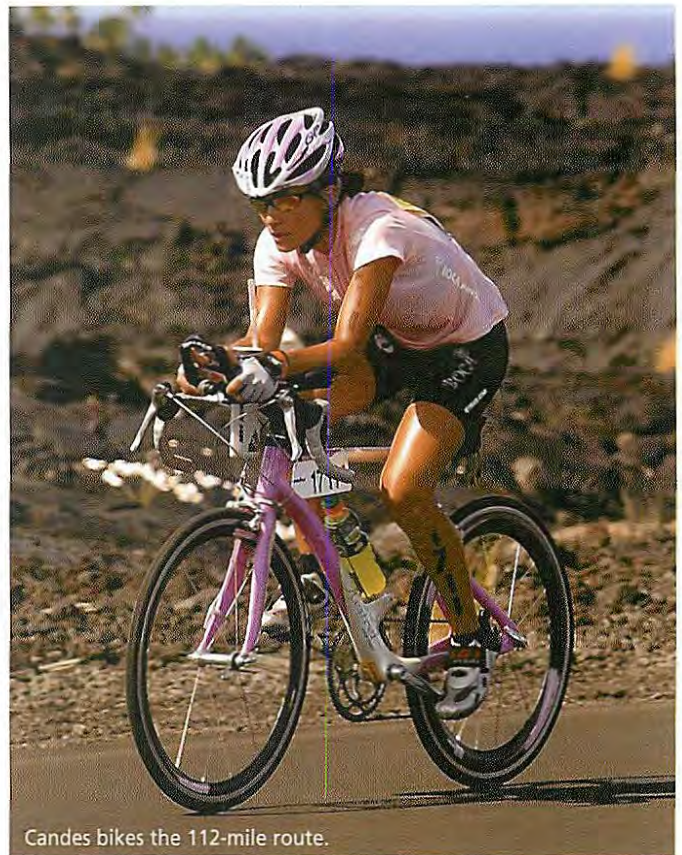
Needless to say my miles got progressively slower as the race continued and I confronted countless near misses with runners heading out to the Energy Lab in the pitch black lava fields.

At last, five Espresso Hammer Gels, one banana, one cup of chicken soup, one Power Bar, one bag of Power bites, eight Gatorades, months of training, and 160.2 miles later, I crossed the finish line in just over 13 hours. Thirteen hours 2 minutes and 41 seconds, to be exact.

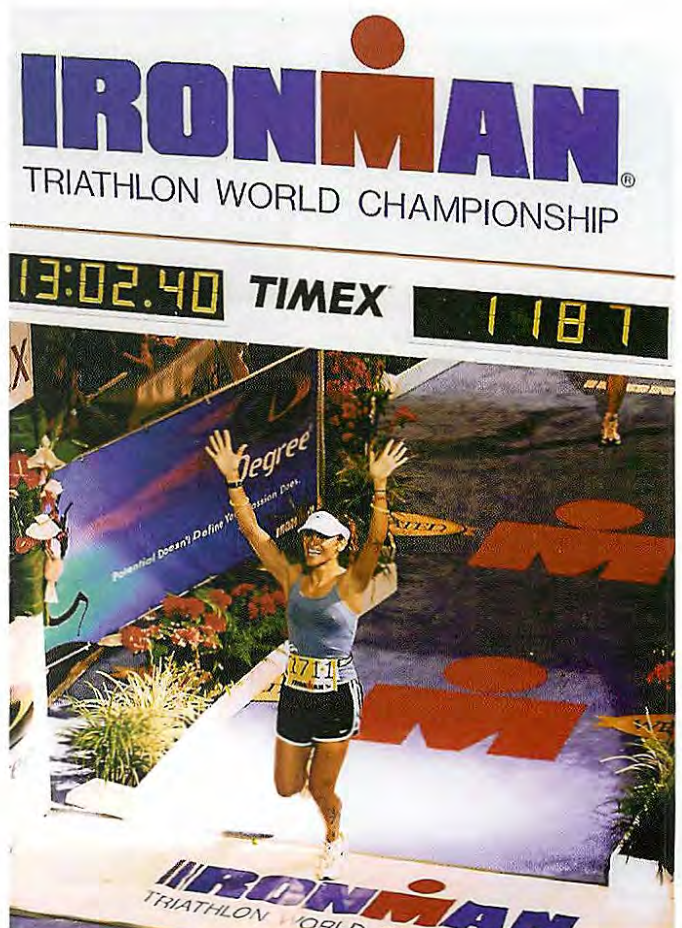
Apparently I got so overwhelmed with excitement and energy from the thousands of cheering spectators lining the flood lit finisher chute that I ran right past my mom, sister, and niece. They had been anxiously awaiting my arrival so that we could cross the finish line as one.

I only realized what I had done when I turned back and saw them running after me just as the announcer called out, "Candes Meijide Gentry you are an Ironman." And, at that moment, surrounded by my training partner, coach and family, all the months of training and complaining were worth while.

So, as I sit at my computer, I feel as though what I have just accounted is almost a dream. Fortunately, I am reminded of my accomplishment, by the dull ache in my legs and the startling reality that the Xterra World Championships on Maui are less than a week away.



Candes bikes the 112-mile route.

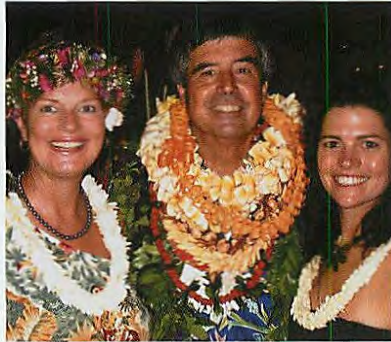


Candes Meijide Gentry you are an Ironman!

As the Terrace Turns



Tom and Robin Rohr celebrated their 10th wedding anniversary at St. Andrews, Scotland. Included in the festivities was Tom's golfing friend Sir Sean Connery.



Laura Williams celebrated husband Stephen's 60th birthday with his daughter, Lia Peters.



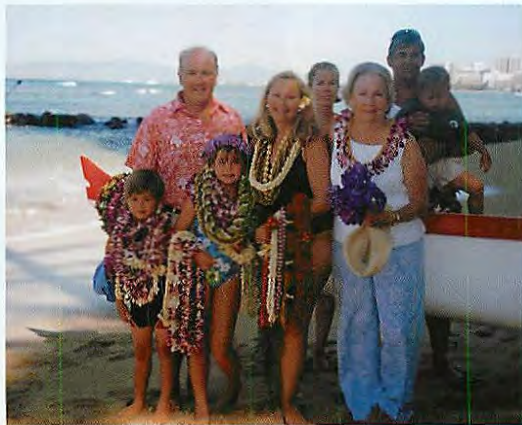
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The Wildrick family got dunked while scattering dad Meade's ashes.



Susan Taylor and Dan Gilligan

OCC was well represented in the annual Hawaii Publishers Ka Palapala Pookela awards this year. This association's purpose is to promote book publishing in Hawaii, and annually they sponsor a fall event of nominations, voting, and awards for books, photographers, and authors from Hawaii.

For the fourth year, **Gerry DeBenedetti** was a Hawaii Book Academy judge, reviewing the over 100 entries and voting for first and second in about 18 categories.

Carol Wilcox, one of the compilers of *He Mele Aloha*, a Hawaiian Songbook, received 2nd for Excellence in Literature, second in General Hawaiian Culture, and second for Text or Reference Books, and first for Special Interest Books. It is a guitar and ukulele players' bible, and has received international attention.

Nora Meijide was one of the photographers in *Hawaiian Quilt Inspirations* by Patricia Lei Murray (too bad Nora's name was misspelled throughout, her photos were superb).

Receiving second in General Illustrative or Photographic Books, first for excellence in non fiction books, and second for the best Hawaii book of the year, *Pohaku, The Art and Architecture of Stone Work in Hawaii* edited by **David and Scott Cheever**, and contributors of various sections were **Mazeppa Costa, Lisa Reinke, Tom Papandrew, and Nancy Bannick**. Mazeppa was also the picture editor of *Yesterday in Hawaii*.

Receiving second in a non Hawaii published book, in a category called Aloha from beyond Hawaii: *Chicken Soup from the Soul of Hawaii*, **Robin Stephens Rohr**, co author, which featured several OCC members in various chapters. And-we may have left some out, let us know. **Fred Hemmings, Dale Hope, Tiare Richert Finney, Kelly Preston, Sid Fernandez**, all contributors.

OCC member **Susan Taylor** married Dan Gilligan in Boston, MA on April 17, 2004. OCC members in the wedding party were - maid of honor, **Joan Taylor** and bridesmaid **Becky (Sharp) Kirsch**. Other OCC members in attendance were **Ruth (Taylor) Kidd, Ann (Taylor) Wilson, Tildie MacNaughton, Robin MacNaughton, Duncan MacNaughton, Susan Rose, and Dawn Davenport**. Susan and Dan live and work in Manhattan.

Happy Birthday department: **Raquel Guss** is sweet 16, and celebrated with a group of family and friends at the OCC Brunch in September. And for October, we have **Gerri Pedesky, Gerry**

DeBenedetti, Di Guild, and Nora Meijide.

Happy Birthday to all of the above.

And to remind us that life is short, we bid aloha to **Ruth Munro**, who was a runner of considerable speed up into her later years. Born in 1923, she died at the age of 81 in July. Her sister **JoAnne Dixon** reports that Ruth's running heart just kept going and going, long after the rest of her gave up, which forced her to resign from the OCC due to her health. She was Punahou Class of '41.

Longtime OCC members **Jim and Mollie Hustace** recently returned from the National Association of College Admission Counselors convention in Milwaukee, Wisconsin. They highly recommend the OCC reciprocal Milwaukee Athletic Club. Excellent room accommodations, sports facilities, food service, location, and friendliness await all who have a chance to use this great club. Great golf is close by at Kohler and Nagawaukie. The MAC has shuttle service to NBA, NFL, MLB, minor league ice hockey, and cultural events.

Family and friends bid aloha to Meade Wildrick on September 7. The **Rev. Rici Guild Conger** officiated. **Lindsay Wildrick Dodge** danced, and members **Frank Damon, Bob Ostrem and Meade Wildrick Jr.** spoke.

Following the service, Meade's ashes were scattered. While sitting peacefully in the canoe in silence, the canoe ama suddenly rose and dumped everyone in the ocean. Always the prankster, Meade's family believes that he was determined to have the last laugh by dousing his family.

There will be a marathon expo preceding the Honolulu Marathon again this year. HOWEVER, this will be a bigger-hopefully better-event held at the Convention Center. There will be 300 booths on the ground floor. Dates are Dec 8-11 from 9 a.m.-6 p.m. (no charge). The 32nd annual marathon will take place at 5 a.m. on December 12, be prepared for traffic delays, and be patient-there are 23,000 people on the streets.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk, fax to (808) 833-1591, or email to occmag@aol.com. Be sure to include your name and phone number in case additional information is needed. Items received by December 25 will be included in the February issue of the magazine. Items received after December 25 will be included in March.



Madison Guss celebrated her Batmitzvah and her sister Raquel was named Miss Junior Teen Hawaii and celebrated her 16th birthday recently.



Allan and Claudia Maddalena celebrated their son Andrew's graduation from Tulane University in New Orleans. Kristen and Eric Finney also attended their brother's graduation. The family enjoyed the visit to New Orleans as well as getting together for the festivities.



Celebrating Julie Romanowski's birthday were Tanya Watumull, Amie Klemmer, Barbara Romanowski, Jenn McTigue, Julie, Stephanie Johnson, Sandee Bryan, and Colleen Heyer.



Andrew and Donna Glatzel married on October 17 on Laniakea Beach.

Outrigger Canoe Club HOLIDAY SCHEDULE 2004

DATE	FUNCTION	EVENT	PLACE AND TIMES
SAT DEC 4	KEIKI PARTY Children under 12 and 2 adults per family are free. Additional people are \$5. Permanent Members only. No guest or reciprocal members. Reservations required: Give name and how many children and adults. We encourage the children to bring a gift to Santa for the less fortunate.	Lunch - Koa Lanai, Hau Terrace Lunch - Lounge Keiki Buffet Santa Claus arrives on the beach in a canoe with gifts for the keiki	KL/HT- Closed for Lunch Lounge- 11:30 - 2:00 PM Koa Lanai / HT - 11:00 AM 12:30 PM
FRI DEC 24	CHRISTMAS EVE	Lunch - Koa Lanai Lunch - Hau Terrace Dinner - Koa Lanai Holiday Buffet \$31 Dinner - Hau Terrace- limited menu	KL - Closed for Lunch HT - 11:30 AM - 2:00 PM KL- 5:30, 6:00, 7:30, 8:00, 9:00, and 9:30 PM Reservations at the Koa Lanai. HT - 5:30 - 9:30 PM
SAT DEC 25	CHRISTMAS DAY OPEN HOUSE For Permanent Members and their spouse or significant other only !! Guests, children or other family who are not members, reciprocal members and guest members are not invited.	FREE...Open House Cocktail Party Dinner - Koa Lanai Holiday Buffet \$31.00 Dinner - Hau Terrace- limited menu	HT - 2:00 - 5:00 PM KL - 5:30, 6:00, 7:30, 8:00, 9:00, and 9:30 PM Reservations at the Koa Lanai. HT - 5:30 - 9:30 PM
FRI DEC 31	NEW YEAR'S EVE	Lunch - Koa Lanai Lunch - Hau Terrace Dinner - Koa Lanai Dinner - Hau Terrace- limited menu	KL - Closed for Lunch HT - 11:30 AM - 2:00 PM KL - 8:00 PM - 1:00 AM Reservations at the Koa Lanai. HT - 5:30 PM - 9:30 PM
SAT JAN 1	NEW YEAR'S DAY	Lunch - Koa Lanai Lunch - Hau Terrace Lite Lunch - Hau Terrace Dinner - Koa Lanai Holiday Buffet \$31.00 Dinner - Hau Terrace- limited menu	KL - Closed for Lunch HT - 11:30 AM - 2:00 PM HT - 2:00 PM - 5:00 PM KL - 6:00, 6:30, 8:00, 8:30 and 9:00 PM Reservations at the Koa Lanai. HT - 5:30 - 9:30 PM



Courtney and Kainoa Gaddis consider their Top 10 favorite Christmas Carols.

My 13-year-old son, Kainoa, has a taste for burnt bacon with catsup. Fifteen year-old Courtney prefers her OCC grilled-cheese sandwiches stuffed with pickles. I fill my trout tacos with carrots and cabbage. Dysfunctional taste buds are commonplace in today's world. It's no different with the clothes we choose to wear, the cars we drive and, especially, the music we listen to. We all have different tastes.

I pulled Courtney and Kainoa aside recently to discuss their taste in music. I clari-

What's Your Favorite Christmas Carol?

By Jim Gaddis

fied myself. "Christmas music if you please." I considered it a simple request. "I need your top three, all-time favorite Christmas carols on paper."

After an exhausting and frustrating discussion, both kids claimed my demands were impossible. "How can you expect us to choose just three?" begged Courtney. "We should get at least 10! . . . Or 20!" Kai demanded. That's just the reaction I hoped for.

Christmas carols begin to dominate the Gaddis household and auto speaker systems as soon as Thanksgiving Day leftovers are neatly tucked away in the ice box. This has been going on for decades.

Courtney, Kainoa and I decided a karaoke-style meeting would best serve our needs to thoroughly examine any and all carols. The criteria to judge our all-time Christmas-hits list was seriously considered. Our choices would include, first and foremost, the chicken-skin (goose-

bump) effect of every song. That goes without saying.

We also agreed to focus on 2) the joy a song offered, 3) the memories it ignited, 4) the laughter it elicits, 5) the tears it evokes, and 6) the fun it brings. Then we decided it was necessary to consider all the songs we love when we try to imitate a favorite artist. Who's not guilty of that?

Lastly, we chose to consider all the obnoxious Christmas songs that gnaw at our brain and pour out of our vocal chords whether we like it or not. We've all had a song in our head that we can't expel.

Needles to say, our singing sessions lasted for days. We explored countless familiar carols and tested our own patience with constant repetition. No stone was left unturned. We discussed the realization that no one would remotely agree with our final poll, and if laughed at, ridiculed or harassed, we would turn the other cheek.

The rules changed by the hour. Courtney concluded that most of the songs we sang on a non-stop basis weren't necessarily a top-10 item.

Kainoa insisted there had to be 10 honorable-mention Christmas carols that we deemed fun but not necessarily amazing. These songs include Jingle Bell Rock, Frosty the Snowman, Mele Kalikimaka, Sleigh Ride, Jingle Bells, O Christmas Tree, Walking in a Winter Wonderland, It's the Most Wonderful Time of the Year, Let it Snow! Let it Snow! Let it Snow! And, finally, Santa Claus is Coming to Town.

Keep in mind that these 'facts', according to Courtney, Kainoa and Jim Gaddis, are nothing more than a Christmas-crazed 'opinion' from a centuries-old Christmas crazed family. We offer you the song, the criteria and the issue at hand.

Gaddis Family Top 10 Carols

- 1) Hark! The Herald Angels Sing (From our all-time favorite Jimmy Stewart movie 'It's A Wonderful Life'; sung with jubilation and written by an unsubstantiated distant relative, Charles Wesley, in the 1700's).
- 2) The Christmas Song ('Chestnuts roasting on an open fire. . .') Nat King Cole's voice soothes our soul and makes us melt. This is your favorite, isn't it?
- 3) White Christmas (I love to imitate this Bing Crosby classic).
- 4) Silent Night (An incredible story from Austria in 1818 and a sure-fire, lump in the throat, tear jerker; always elicits priceless memories on late-night Christmas Eve).
- 5) Joy to the World (Kainoa loves to let it all out with this traditional hymn).
- 6) Oh Holy Night (Sung with deep voices, deep emotion and deep conviction).
- 7) It's Beginning To Look A Lot Like Christmas (Recognition that Christmas is upon us. Rather than say "Look at those decorations" we simply sing "It's beginning to look a lot like Christmas, everywhere we go" We make it sound like a silly message)
- 8) I'll Be Home for Christmas (Whether it's Bing Crosby, Nat King Cole, Johnny Mathis, Andy Williams or your own favorite artist, this is a classic song to imitate and even more fun when you sing with no shame).
- 9) Oh Come All Ye Faithful (Offers as much joy roaring in the car as it is bellowing the hymn to mark the start of your Christmas Eve service.)
- 10) Twelve Days of Christmas (Hawaiian Style) (Always a fun 'show-off' song blasted loud and clear to let everyone in earshot know that you truly know the facts. . . 'And one mynah bird in one papaya tree').

Now that you know our favorite Christmas carols, sit down with your family and make your own list. Or when you have friends over, pose the question. It's sure to be an interesting evening. And when you get through singing the songs, I'm sure you'll all feel the Spirit of the Season just as we do. Mele Kalikimaka!!



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Outrigger Christmas Buffets

CHRISTMAS EVE DINNER BUFFET

Friday, December 24

APPETIZER AND SALAD BAR

Sashimi, Sushi, Smoked Salmon, Smoked Marlin, Smoked Mackerel, Marinated Grilled Calamari, Tako with Miso, Mussel Poke, Ginger Chicken, Assorted Pates, Assorted Fine Cheeses, Red Potatoes with Sour Cream & Caviar, Eggs a la Russe, Steamed Shu Mai, Tortellini Salad, Cauliflower Salad, Crisp Garden Greens with Selected Condiments and Dressings, Marinated Grilled Vegetables, Apple & Celery Root Salad, Seafood Salad, Wax Bean with Pimento Salad, Tomato-Cucumber Salad, Marinated Mushrooms, Pineapple Cole Slaw

SOUP

Lobster Bisque with Crab & Cognac

CARVING STATION

Roast Prime Rib of Beef, Au Jus and Horseradish
Roast Turkey Breasts with Condiments

ENTREES

Roast Young Christmas Goose with Cornbread Dressing
Braised Boneless Short Ribs Jardiniere
Sautéed Veal Scallopini with Mushrooms in Marsala
Grilled Chicken in Creamy Boursin with Sun Dried Tomatoes
Seafood Newburg
Linguine Prima Vera
Mashed Potatoes
Rice Pilaf
Braised Red Cabbage
Sautéed Haricots Vert

DESSERTS

Create Your own Ice Cream Sundae with Assorted Toppings,
Yule Log, Christmas Stollen, Walnut Torte, Mince Meat Pie, Pumpkin Pie, Cherry Pie, Caramel Custard, Christmas Cookies, Brownies, Tira Misu, Tropical Fruit Tray

Adults \$31.00, Children 6-12 years old \$20.50
Children 5 years old and younger are free of charge.

CHRISTMAS DAY DINNER BUFFET

Saturday, December 25

APPETIZER AND SALAD BAR

Sashimi, Sushi, Smoked Salmon, Smoked Marlin, Smoked Mackerel, Marinated Grilled Calamari, Tako with Miso, Mussel Poke, Assorted Pates, Assorted Fine Cheeses, Red Potatoes with Sour Cream & Caviar, Sliced Black Forest Ham, Golden Fried Popcorn Shrimp, Seafood Salad, Crisp Garden Greens with Selected Condiments and Dressings, Marinated Grilled Vegetables, Farfalle Pasta Salad, Potato Salad, Purple Slaw with Fuji Apples, Tomato-Asparagus Salad, Lentil Salad, Couscous Salad, Marinated Hearts of Artichoke

SOUP

Corn Chowder with Smoked Chicken

CARVING STATION

New York Strip Loin
Baked Ham

ENTREES

Roast Young Tom Turkey, Giblet Gravy
Savory Dressing with Dried Apricots & Walnuts
Roast Leg of Lamb with Mint Soubise
Grilled Mini Filet
Chicken Piccata with Capers
Poached Salmon in Dill Sauce
Penne Rigatta with Creamy Pesto & Sun Dried Tomatoes
Mashed Potatoes
Rice Pilaf
Sautéed Brussel Sprouts with Butternut Squash
Candied Yams

DESSERTS

Create Your own Ice Cream Sundae with Assorted Toppings,
Yule Log, Christmas Stollen, Mince Meat Pie, Pumpkin Pie, Caramel Custard, Pavlova, Cheese Cake, Custard Pie, Tropical Fruit Tray

Adults \$31.00, Children 6-12 years old \$20.50
Children 5 years old and younger are free of charge.



A Holiday Message

By Bill Comstock

I want to take this opportunity to wish all the Outrigger Canoe Club Ohana a special Holiday Season. I hope the Season brings great joy to your lives and, on behalf of all the staff, I wish to thank you for the opportunity of serving you over the past year.

On December 24, 1914 an odd event occurred in a war-torn Europe. The First World War was underway; armies were engaged in brutal conflict. Enemy trenches were only a few hundred yards apart. Snipers from both sides took aim at the soldiers huddling in these wet and cold trenches; unburied bodies lay on the frozen ground in "No man's land" between the armies.

That evening, the German troops lit candles on their tiny Christmas trees, which were set in the floor of their trenches. At first the Allies thought that this was some sort of a ruse but soon their concerns were allayed by the sounds of Christmas carols. The Allies too rose in song and the "Truce of Christmas" began.

All along the front an unofficial truce broke out between the armies. Soldiers, who only days ago were shooting at each other, declared peace that Holiday Season. Groups went out to claim and bury their dead, it is reported that joint burial services were held in some areas. Gifts of tobacco, beer, wine and food were exchanged between the combatants; there is even a report of a soccer game between the two armies.

I tell this story to illustrate an opportunity. Perhaps there is someone in your life that once meant a lot to you, but time or circumstance has driven you apart. Take this season as an opportunity to rekindle that relationship. It will be the best present you can give and perhaps the best gift you will receive.

Once again, I wish you a happy Holiday Season.

**E HO'OMALUHIA E HO'OLA E HO'OMALAMA MAI
MAKOU IA 'OUKOU 'OKO'A.**

**PEACE, HEALTH AND SAFETY - FROM ALL OF US TO
ALL OF YOU.**

MELE KALIKIMAKA ME KA HAUOLI MAKAHIKI HOU.

Holiday Reminder


The Members' Open House Cocktail Party will be held on Christmas Day from 2-5 p.m. on the Hau Terrace. **This function is restricted to Permanent Members and their spouses or significant others only. Friends and other relatives are not invited. Guest and reciprocal members are not invited. Children who do not have their own Club membership are not invited.**

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Athletic Calendar

December

- 5 Canoe Rides*
- 5 5K Kapiolani Park
- 8-11 Honolulu Marathon Expo, 9 a.m.-6 p.m.,
Hawaii Convention Center
- 12 Canoe Rides*
- 12 Honolulu Marathon
- 18 Christmas Biathlon
- 18 Kanaka Ikaika, Kailua Beach
- 19 Canoe Rides*
- 26 Canoe Rides*

January

- 2 Canoe Rides*
- 9 Canoe Rides*
- 15 Kanaka Ikaika, Makai Pier to Kailua
- 16 Canoe Rides*
- 23 Canoe Rides*
- 29 Kanaka Ikaika, Makai Pier to Hawaii Kai
- 30 Canoe Rides*

February

- 5 Kanaka Ikaika, Hawaii Kai to Kaimana Beach
- 6 Canoe Rides*
- 13 Canoe Rides*
- 19 Kanaka Ikaika, Kualoa to Kailua
- 20 Canoe Rides*
- 27 Canoe Rides*

*Canoe Rides weather permitting

Club Captain's Report

By George Wessberg

Congratulations

Our elite women and men athletes perpetuated the proud tradition of Outrigger Canoe Club during the 2004 season. We especially acknowledge Canoe Racing Chair, Courtney Seto and Volleyball Chair, Peter Ehrman for their dedication, organization and fiscal responsibility.

Canoe Racing

The highlight of the regatta season was winning the Macfarlane Regatta. Our open women, under the direction of Head Coach John Puakea, had an outstanding regatta and distance season. They were also the first USA crew to finish and were second overall in the Na Wahine O Ke Kai.

Our open men, under the leadership of Kala Judd, were first or second in every long distance race and they were the second USA crew to finish and were seventh overall in the Molokai Hoe

Volleyball

Our Men 50s volleyball team represented our Club with distinction in the USA Volleyball Championship Tournament in Atlanta, GA during early June. Our elite senior men finished first in the Silver Bracket 50+ Division.

Surfing

Three of our young surfers won professional events in national competitions in Hawaii and on the mainland.

Paddleboard

One of our members was the first American to finish in the Molokai to Oahu Paddleboard Race in May. Several of our members were on winning relay teams in their respective age divisions.

One-Man

Several of our members were top finishers in the Molokai to Oahu relay and individual races.

PCA Workshop

The Positive Coaching Alliance conducted a Coaching and Leadership Workshop on November 1, 2004 for members of the Athletic Committee and the Board of Directors. The PCA trainers were Ken Smith and Mike Town.

Annual Meeting

The annual meeting of the Athletic Committee will be held on Tuesday evening, January 25, 2005 in the Duke Room.



Connie Carr



Cathy & Robby Ostrem

"Mahalo a nui loa.."

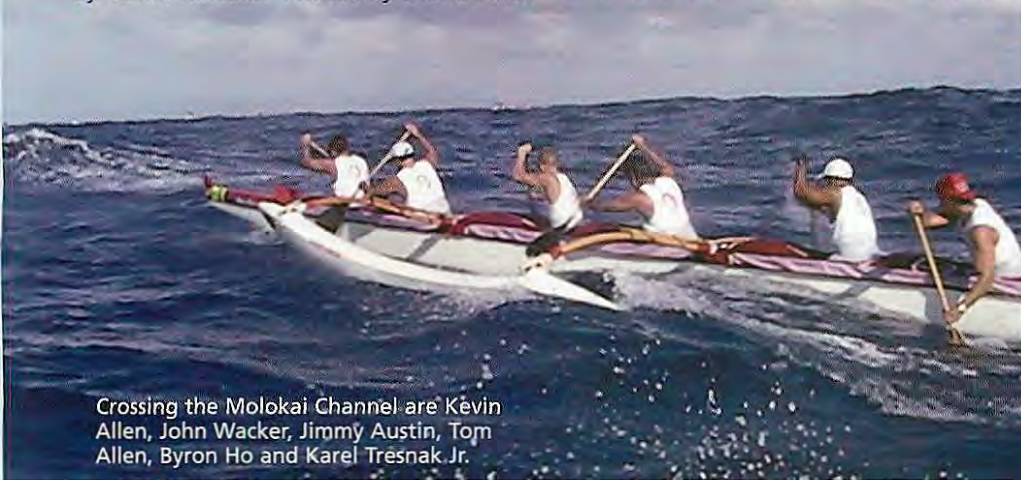
Thank you very much for your many expressions of sympathy in the loss of our dad, Bob Ostrem. Your kindness & compassion to our ohana will always be remembered.



East Oahu Realty 6600 Kalaniana'ole Hwy, #114, Honolulu, Hawaii 96825-1280

MOLOKAI *eludes* Outrigger Men

By Genie Kincaid. Photos by Diana Allen



Crossing the Molokai Channel are Kevin Allen, John Wacker, Jimmy Austin, Tom Allen, Byron Ho and Karel Tresnak Jr.



Nearing Waikiki and the finish line are OCC paddlers are Scott Hendricks, Byron Ho, Bret Chuckovich, Tim Twigg-Smith, Tom Allen and Karel Tresnak Jr.

Outrigger's men found themselves in fourth place after the end of the 2003 Molokai Ho'e, the international championships of six-man Hawaiian outrigger canoe racing. A very respectable result, but not the one the men were seeking.

So fast forward to 2004. The men were going to do things a little differently, and keep their hopes cautiously optimistic. Practices were changed to early morning work outs, which had a positive effect on the men's productivity. Of the five races Outrigger entered prior to the Molokai championship, the men finished second twice, and won the other three, including the Catalina and Henry long distance races.

Another ponderous change was the addition of Karel Tresnak Jr. to the ranks. At only 23 years old, Tresnak is a five-time Kanaka Ikaika solo Molokai one-man canoe champion (1999-2001, 2003-2004), and a three-time Molokai Ho'e champion, having previously won with Lanikai Canoe Club (2000) and Team Hawaii/New Zealand (2001 and 2003). His talent as a paddler and open ocean steersman is widely acclaimed, and for the Outrigger men's program an auspicious addition.

One thing that never changes, however, is the unpredictability of the Kaiwi Channel. It is considered one of the deepest, most challenging navigable channels in the world. For this reason, it is also the most compelling of ocean sports challenges.

On October 10, the channel was especially difficult with some five-foot swells, but mainly choppy conditions which made catching runners and surfing the swells perplexing for the steersmen.

Lanikai Canoe Club won the 53rd annual Molokai Ho'e in 4:54:05, the third fastest time in the history of the race (Lanikai owns all three of the fastest times). Two Tahitian crews, including Rai Tahiti, the 2002 champion, finished second and third.

Outrigger's first crew finished seventh overall in a time of 5:07:34., and made no excuses. As exhausted coach, Kala Judd had said, "No one made a mistake, no

one lost his composure. Today just wasn't our day."

They had been cautiously optimistic about their chances as the distance season progressed, but each man always maintained that the Molokai race was incomparable. Members of the first crew included: Kevin Allen, Tom Allen, Jimmy Austin, Bret Chuckovich, Scott Hendricks, Byron Ho, Karel Tresnak Jr., Tim Twigg-Smith and John Wacker.

Outrigger's second crew finished in a time of 5:30:32, 15th out of the 90 crews entered. No other second crew had beaten them to the finish, and they out-raced many solid first crews from other canoe clubs.

The crew paddled especially well in the fourth hour, when the physical and mental stresses of the race are particularly acute. They were virtually even with other local nemeses from Lanikai, Beach Boys, and Hui Nalu, but the crew of Jim Beaton, Kapono Brown, John Eveleth, Mike Kane, Ben Komer, Mike Nakano, Zak Payne, Evan Rhodes, Robi Solmssen pulled away and never looked back.

Although disappointed with their Molokai finish, the men could reflect on the many successes they had built upon all summer, and upon the many Club members, family and friends who helped them every step of the way.

The men of the canoe racing program recognize that all the moral, financial, and physical support of the Outrigger Canoe Club membership are the difference in their success. The men's program is especially grateful to Club President, Jaren Hancock, the entire Board of Directors, to Club Captain George Wessberg, and to Chair, Courtney Seto, and the Canoe Racing Committee for their unqualified support.

The men also recognize and appreciate the staff and employees of the Club who lent their support through the care and maintenance of the escort boats, the racing canoes, and racing equipment.

And last but not least, a sincere mahalo to the women's program and their coach, John Puakea, for all their help with race preparation and logistics.

The Definition of Service

By Bill Comstock

com·mit·tee [k -mīt'ē] n.

1. A group of people officially delegated to perform a function, such as investigating, considering, reporting, or acting on a matter.

2. *Archaic* A person to whom a trust or charge is committed.

[From Middle English *committe*, *trustee*, from Anglo-Norman *comité*, past participle of *cometre*, to *commit*, from Latin *committere* ; see *commit*.]

Next month you will receive a committee sign up card with your December statement. One of the Board of Directors' goals this year is to increase the number of fresh faces serving on our committees.

I attend nearly every committee meeting held at this Club and can attest that all the OCC members should be extremely grateful to those dedicated committee members who give their time and talents to our Club.

On behalf of the Board of Directors, I urge you to fill out a Committee Preference Card. I have included a thumbnail sketch on each of the standing committees for your consideration.

Admissions & Membership Committee

MISSION: The Admissions & Membership Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to investigate and accept or reject all applications for membership, and deal with other matters pertaining to membership. (Bylaws, Section 18)

The Admissions & Membership Committee is a hard working group; they are charged with maintaining the Club's membership at the desired level. These folks meet at least once a month to discuss and interview applicants. The Club's Bylaws require that participants be voting members. Don't be under any false assumptions; this is a tough assignment. There is one big perk. The Club buys you dinner after the meeting!

Athletic Committee

MISSION: The Athletic Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to have charge of all Athletic sports and events. (Bylaws, Section 19)

Next time you enter the Club refamiliarize yourself with the plaque on the right side of the entrance:

"Let this be a place where man may commune with sun and sand and sea, where good fellowship and aloha prevail, and where the sports of old Hawai'i shall always have a home."

The Athletic Committee is charged with keeping our sporting tradition alive.

The Athletic Committee is made up of 11 subcommittees. Paddling, surfing, and volleyball have been tied closely to our Club; paddleboarding was saved and fostered by Club members and the list goes on.... The Club's Fitness Center is under the watch of the Athletic Committee as well.

The full list of subcommittees include: Canoe Racing, Fitness Center, Golf, Kayak, Paddleboard, Running, Softball, Surfing, Swimming, Tennis, and

Volleyball.

Did you know that in the early years, the Outrigger Canoe Club fielded football teams which challenged Mainland college teams?

Building & Grounds Committee

MISSION: The Building & Grounds Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to assist the General Manager and the Board of Directors in the maintenance and improvement of the Club's buildings and grounds. (Bylaws, Section 20)

This Committee's goal is to maintain the Club in first class condition. They identify and assess facility issues and prioritize the need for repair, replacement or improvement. The members of this committee are generally building, design or architectural professionals. This committee meets at noon and the Club provides lunch. Don't worry; you won't have to wear a tool belt or a hard hat while eating.

Entertainment Committee

MISSION: The Entertainment Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to have charge of the social affairs of the Club for the enjoyment of its members. (Bylaws, Section 21)

Are you a party animal? Do you find yourself organizing Saturday nights out? Do you know how to mix a Singapore Sling? Ever been stuck as Den Mother, Cub Dad, Homeroom Parent? Do you realize that it is best not to make a peanut and jelly sandwich using sweet breads? If you answered "yes" to any of these questions, I have the committee for you! Keiki Karnival and the Club Luau are just two of the creations concocted yearly by this fun group. Lamp shades and togas are optional attire for all meetings.

Finance Committee

MISSION: The Finance Committee is a Standing Committee authorized by the Board of Directors. The committee makes recommendations to the Board of Directors and oversees and assists with the implementation of Board approved recommendations. (Bylaws, Section 23)

This may not be as glamorous as the Entertainment Committee but we do know how important sound financial footing is to our Club. This Committee oversees the Building Fund, Capital Improvement Fund, Pension Plan, Insurance and Annual Audit. I know this

Committee has been looking for CPA's to join their "merry band". Major bonus – all Finance Committee members receive matching OCC pocket protectors.

Historical Committee

MISSION: The Historical Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to record the history of the Club and the activities of its members, preserve and restore the Club's trophies and memorabilia, preserve and perpetuate the philosophy and traditions of the Club. (Bylaws, Section 24)

I suppose admitting that I prefer one OCC Committee over another would be as damning as stating that I liked one of my children better than the other two.

However, I will wholeheartedly admit I am very fond of the Historical Committee. This Committee's chief goal is to document and preserve the history of the Outrigger Canoe Club. They collect oral histories, newspaper stories, pictures, videotapes and more.

The year 2008 will be the Club's centennial year and the Historical Committee is hard at work documenting 100 years of Outrigger history. I will use the term, "live-ly" to describe the meetings of the Historical Committee.

This group also knows how to have fun. After they break from their meeting, the whole gang heads down to the Hau Terrace for cocktails and dinner. Best yet, they all sign their own chits! Now that's my kind of committee!

House Committee

MISSION: The House Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to assist the General Manager and the Board of Directors in the operation of the Club. (Bylaws, Section 25)

The House Committee strives to help management set and maintain the Club standards. They also seek to increase food and beverage revenues sustaining a value/quality relationship. This committee meets at noon and therefore receives lunch.

The only drawback is that fellow committee members make fun of you if you use the wrong fork for the wrong course.

Long Range Planning Committee

MISSION: The Long Range Planning Committee is a Standing Committee provided for under the Club's Bylaws. Its function is to assist the Board of Directors and General Manager in planning for and achieving long range goals and objectives to facilitate the continuing future use, enjoyment and financial stability of the Club, and perform other duties that may be required by the Board of Directors. (Bylaws, Section 27)

The Long Range Planning Committee seeks the "forest" beyond the trees. Year long terms are a drawback of the Club's committee structure but this group seeks to give us continuity in our planning efforts. Here is a little

known fact for you trivia buffs – Did you know that Alan Greenspan began his career as a member of this Committee?

Public Relations Committee

MISSION: The Public Relations Committee is a standing committee provided for under the Club's Bylaws. Its function is to publicize the achievements of the Club and its activities, assist the General Manager and the Board of Directors, supervise publication of the Club's house organ, and perform such other duties as may be required by resolution of the Board of Directors. (Bylaws, Section 29)

Communication is the key to this committee. The OCC Magazine, the Club website, and the Display Case are the major responsibilities of this committee. The PR Committee is always looking for superior writers. Their goal is to fill the magazine with quality stories and information leaving less space for the General Manager to fill with drivel.

So when your December statement arrives, please consider giving your time and talent and fill out a Committee Preference Card. In addition to serving your Club, you learn how things work and make great new friends.

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OCC Social Calendar

December

- 2 Lobster Night, 6 p.m.
- 3 Princess Kaiulani Fashion Show, 11:30 a.m.
- 4 Keiki Christmas Party, 11 a.m.
- 6 Bridge, Noon
- 13 Bridge, Noon
- 14 International Buffet, 6 p.m.
- 20 Bridge, Noon
- 24 Christmas Eve Buffet, 6 p.m.
- 25 Open House for Members, 2 p.m.
- 25 Christmas Buffet, 6 p.m.
- 27 Bridge, Noon
- 31 New Year's Eve Dinner, 8 p.m.

January

- 1 New Year's Buffet, 6 p.m.
- 3 Bridge, Noon
- 6 Lobster Night, 6 p.m.
- 10 Bridge, Noon
- 11 International Buffet, 6 p.m.
- 17 Bridge, Noon
- 24 Bridge, Noon
- 29 Club BBQ, 6 p.m.
- 31 Bridge, Noon

February

- 3 Lobster Night, 6 p.m.
- 7 Bridge, Noon
- 8 International Buffet, 6 p.m.
- 14 Bridge, Noon
- 14 Valentine's Day Dinner, 6 p.m.
- 21 Bridge, Noon
- 21 Family Buffet, 6 p.m.
- 26 Club BBQ, 6 p.m.
- 28 OCC Annual Meeting, 5:30 p.m.



Ingrid Rolles, Candes Meijide Gentry and Jen McTigue have been busy on the race circuit this summer and fall.

2004 Was a Great Year for OCC Girls in Triathlon

Ingrid Rolles, Candes Meijide Gentry and Jen McTigue raced in the National Age Group Championships in Shreveport, Louisiana in September. Ingrid was third in her age group and Jen placed fifth. Both qualified for the World Championships of Age Group Olympic Distance Triathlon to be held in Honolulu in 2005.

Candes and Ingrid also traveled to Big Bear, California in August to compete in the Xterra off-road Western Regional Championships. Ingrid placed first overall amateur female and Candes was 10th.

Candes and Ingrid also participated in the Xterra World Championships of off-road triathlon on October 24 in Wailea, Maui. Ingrid won her age group, taking first in amateur woman, and Candes placed third in her age group.

Candes completed the Hawaiian Double, the Ironman World Championship in Kona and a week later the Xterra World Championship in Wailea.

The girls look forward to spending the off-season snowboarding and cross-training.

ITALIAN DINNER BUFFET

Tuesday, December 14

SALAD BAR

Marinated Hearts of Artichoke, Pasta Salad, Seafood Salad, Tomato-Cucumber Salad, Green Bean Salad, Cauliflower Vinaigrette, Marinated Grilled Vegetables, Crisp Garden Greens with Selected Condiments & Dressings

ENTREES

Pan Sauteed Calamari with Lemon Butter & Capers
Chicken Picatta with Tomato Basil Sauce
Roast Pork with Rosemary, Porcini Red Wine Sauce
Penne Rigatte "Putanesca"
Rice Pilaf
Sauteed Zucchini with Garlic & Tomatoes
Pizza Station

DESSERTS

Create Your Own Ice Cream Sundae Station, Fine Selection of Fruit & Cream Pies, Brownies, Cookies, Mini Pastries

Adults \$16.95, Children 5-12 years old \$11.20
Children 5 years old and younger are free of charge

Nominating Committee Welcomes Recommendations

Each year a Nominating Committee is appointed to nominate members for election to the Board of Directors. This year Joyce Timpson will chair the Nominating Committee. Other members of the committee include Jeff Dinsmore, Ann Martin, Lisa Livingston, Gloria Keller, and Kawika Grant.

The committee is currently working on a slate of candidates to present to the membership. Names of Board of Director candidates will be posted as soon as they are nominated or no later than seven weeks prior to the Annual Meeting, which will be February 28, 2005.

Club members are invited to make recommendations to the Nominating Committee. If you know of a voting member you believe has the qualifications and dedication to take on the responsibility of serving on the Board of Directors, Joyce Timpson urges you to email her at jtimpson@lava.net or leave a note addressed to her at the Front Desk, or any member of the Nominating Committee immediately. Be sure to include your name, membership and phone number.

You may leave messages for the Nominating Committee at the Front Desk.



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Randi L. Allmon (RA)
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Margaret A. Apao (RA)
Stevan M. Bailey (RA)
Dianne M. Barrett (R)
Roy Benavidez (RA)
Anita Bruhl (R)
Barbara Bryan (R)
Lisa Chandler
Marysia M. Coleman (R)
Jacqueline Collins (RA)
Elizabeth Worrall Daily (R)
Linda Deaton (RA)
Todd T. Dickie (RA)
Lori L. Ferrell (RA)
Gary L. Garrett (R)

Susan George
Stephanie Hadrick
Jeffrey A. Hughes (RA)
Judith F.K. Jackola (R)
Virge P. Janus (RA)
Jeannine Johnson
Gary Klever (R)
Pamela A. Kluvo (RA)
Geri I. Lambert (R)
Hai Cha Lambert (R)
Kainoa Lee (RA)
B-Jay Luke (R)
Ryan MacLaughlin (RA)
Sherrill MacNaughton (RA)
Akimi Mallin (R)
Lois Miller (RA)
Ian Hideo Murphy

Robin Nunn
Lei DeGracia Oakes (RA)
Rick Ornellas (RA)
Michael H. Perez (RA)
Andrea J. Pfeil (R)
Sachi Petersen (RA)
John S. Peterson (R)
Cappy Sheeley (RA)
John Steinmiller (R)
Jonathan R. Sutherland (R)
Mariko M. Tahara (R)
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Hau Terrace Holiday Dining

HAU TERRACE CHRISTMAS EVE & CHRISTMAS DAY DINNER MENU

STARTERS

CHILLED JUMBO SHRIMP COCKTAIL 11.95
BOWL OF CHEF'S HOLIDAY SOUP 3.95
AHI SASHIMI Market Price
OAK LEAF LETTUCE WITH BUTTERNUT SQUASH 8.25
CAESAR SALAD 6.95

ENTREES

ROAST TURKEY WITH DRESSING AND GRAVY 11.95
Cranberry Relish, Mashed Potatoes, Candied Yams and Brussels Sprouts
With Pumpkin Pie 13.25

ROAST PRIME RIB OF BEEF, AU JUS 18.95
Baked Potato, Sauteed Vegetables

BROILED NEW YORK STEAK 19.75
Sauteed Shiitake, Mashed Potatoes and Sauteed Vegetables

SAUTEED MAHIMAHI OCC 13.50
Steamed White Rice and Sauteed Vegetables

SEARED DUCK BREAST, MADEIRA SAUCE & CRANBERRIES 22.95
Baked Squash and Sauteed Vegetables

SAUTEED FRESH MAHIMAHI GRENOBLOISE 23.75
Rice Pilaf and Sauteed Vegetables

ROAST HALF CHICKEN BONNE FEMME 14.95
Mashed Potatoes and Sauteed Vegetables

DESSERT

MUD PIE 6.95
GRASSHOPPER PIE 5.25
PUMPKIN PIE 3.15
CHEESE CAKE 3.95
ICE CREAM 2.95
PAVLOVA 6.25

HAU TERRACE NEW YEAR'S EVE & NEW YEAR'S DAY DINNER MENU

STARTERS

CHILLED JUMBO SHRIMP COCKTAIL 11.95
FRENCH ONION SOUP GRATIN 4.50
AHI SASHIMI Market Price
SIZZLING ESCARGOT WITH GARLIC BREAD 9.95
NALO GREENS WITH CRAB CAKES, AIOLI 9.95
CAESAR SALAD 6.95

ENTREES

LOBSTER AND CRAB THERMIDOR 23.50
Rice Pilaf, Asparagus

BROILED NEW YORK STEAK 19.75
Crispy Onion Rings, Mashed Potatoes and Asparagus

SAUTEED MAHIMAHI OCC 13.50
Steamed White Rice, Asparagus

SAUTEED OPAKAPAKA, LEMON BUTTER & CAPERS 26.75
Rice Pilaf, Asparagus

GARLIC MARINATED LAMB MEDALLIONS 19.95
Calmata Olives, Feta Cheese, Couscous and Asparagus

BROILED CHICKEN BREAST, MUSHROOM MADEIRA SAUCE 15.95
Rice Pilaf, Asparagus

DESSERT

MUD PIE 6.95
GRASSHOPPER PIE 5.25
BAKED ALASKA 6.95
CHOCOLATE FUDGE CAKE 3.95
ICE CREAM 2.95

MYSTERY PHOTO

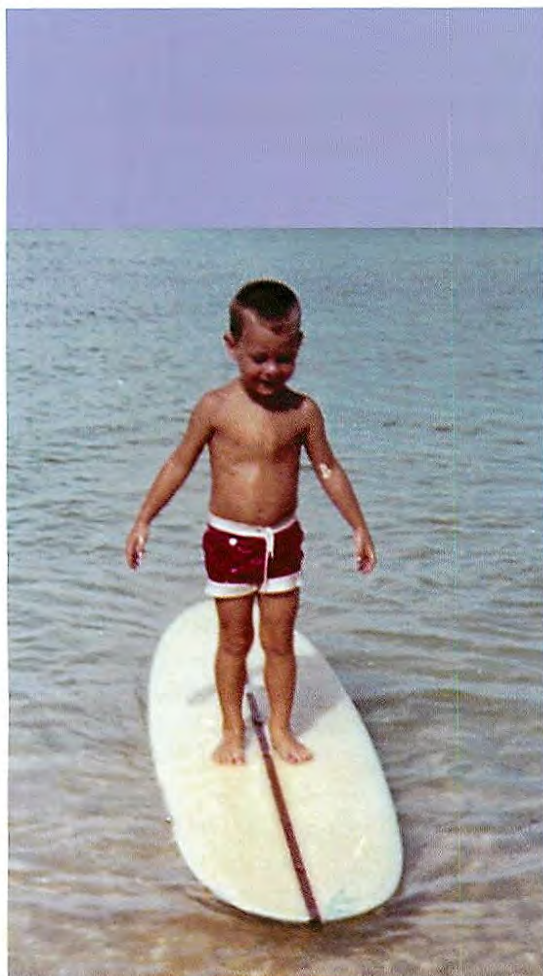
Who's the Guy?

There were no correct responses to this Mystery Photo which appeared in the September issue of The Outrigger magazine.

The Mystery Man is popular waterman Todd Bradley. Todd is a steersman extraordinaire, competes in canoe racing and canoe surfing, one-man races, and paddleboard events. He was about five years old when this photo was taken at the OCC.

Since no one came up with the winning name, the \$20 Club credit goes to the person submitting the photo, June Bradley. Congratulations June, you stumped us all.

If you have a photo that you think will stump members, please leave it for the Editor at the Front Desk.



Canoe Surfing Rides at OCC

By Jon Bryan

Next time you enjoy the Sunday breakfast buffet on the Hau Terrace or Koa Lanai, chances are good that you will notice a red and white canoe surfing out in front of the Club at Old Man's or Sand Bar surf spots.

Roughly a year and a half ago OCC Beach Attendant Sam Clemens started taking members out canoe surfing. "It all started when OCC Beach Captain Don Isaacs encouraged the beach staff to take out the four-man canoe to get better acquainted with it," says Sam.

Once Sam got more comfortable with maneuvering the Cline and Dad four-man canoes, he started taking OCC kids out to "cruise around and catch surf." Before you knew it, more and more members would ask Sam if he could take them out, and the rest is history.

Sam, an OCC Beach Attendant for more than six years, has grown up in the water and grew up surfing, not canoe surfing. Twain Newhart took Sam out for the first time in big surf and from that day forward, Sam has fallen in love with canoe surfing.

"It was pretty big that day and we had some great rides and some spectacular wipe outs too!" tells Sam. Sam says that he admires and has learned how to improve his canoe surfing skills from experienced watermen like Doug Bechert, Marc Haine, Jimmy Austin and Fred Hemmings.

"The cool thing about canoe surfing is the excitement and thrill that it provides to people I take out. I've taken out several guest members from the mainland and I have received letters and comments that it was the highlight of their vacation...that makes me feel pretty good!" Sam explains.

Canoe surfing rides are free and you can sign up for rides at the Beach Desk. Reservations can be made in advance for parties of two to three people.

If you are not completely ready to challenge the surf, you can also go out for a leisure paddle to see Diamond Head or to just enjoy Hawaii's beautiful clear blue ocean.

Canoe surfing rides are only available on Sundays from 11 a.m. to 1 p.m. So look for Sam and catch a canoe ride....coincidentally, Sunday is Sam's favorite day of the week.

Canoe Surfing Facts

What: Free Canoe Surfing Rides.

Where: Surf spots fronting the Club.

When: Sundays only from 11 a.m. to 1 p.m. (8 slots).

How: Sign up at the Beach Desk. Advance reservations are okay.

Who: Available to OCC members and their guests in parties of two to three people.



For the Record

Surfing

September HASA Event
"Courts" @ Ala Moana
Johann Hedemann, 2nd Place,
Boys Shortboard Division

Macy's E-Series
September 25, Kewalo Basin
Ned Snow, 2nd Place,
Longboard

Macy's E-Series
October 15, Turtle Bay
Keegan Edwards, 1st Place,
Longboard
Ned Snow, 2nd Place,
Longboard

Billabong Junior Pro
September 2, Kewalo Basin
Carissa Moore, 2nd Place,
Women's Shortboard

Please join us in congratulating Carissa Moore who won the "Breakthrough Performer of the Year" award at the 2004 Surfer Poll Awards Banquet in Anaheim, California on September 14, 2004.

Running

Niketown 5K
Jan Newhart, 1st, 75-79, :38:58
Kari Vasey, 3rd, Relay

Triathlon

Ko Olina Triathlon 10/10/04
Wil Yamamoto, 1st, 30-34,
1:35:30
Kari Vasey, 2nd, 50-54, 2:18:59
Anne Perry, 2nd, 45-49,
2:15:41
Lori McCarney, 1st, 50-54,
2:12:39
Pierce Watumull, 2nd, 7-8,
2:15:37.3

Ironman Triathlon

Kailua Kona
Candes Gentry 13:02:41

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And they were taught the laws of life...that their treatment of others would return at last upon themselves. Those who cheat will be cheated...Those who slander will be slandered. For ever lie you tell...you will be lied to. Brutality will meet with brutality. We get what we give and to the same degree. And not always from the same people with whom we've dealt. But somewhere...sometime...someone will treat you in like manner. The good that we do to others will return also. For your kindness to strangers you will receive hospitality in far places yourself. Understand the troubles of others who come to you with their souls bared...and when you cry yourself, you will be sympathetically understood. We get what we give. Like always attracts like. This is the law and it is inevitable. We cannot escape the results of our actions. We get what we give.

Ano Ano, The Seed
By Kristen Zambucka

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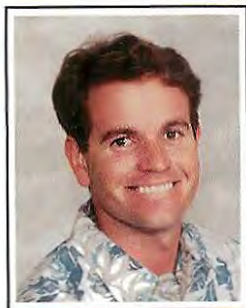


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1954 50 Years Ago

Samuel M. Fuller, President

Filmed here by Warner Brothers, our movie thespians - Charles Amalu, Duke Kahanamoku, George Brangier, T.D. Tilton, Luba Desha, and Dr. Clarence Fronk - will be seen and heard in the movie "Mr. Roberts".

During the filming, many extras included well knowns "Panama", "Chick", and "Steamboat" swarming over the ship. James Cagney, acting the ship captain's role, gave an order: "Clear these cannibals off this ship."

1965 39 Years Ago

Thomas T. S. Muirhead, President

Beginning October 1st, memberships in the following classifications were closed until further notice - regular, intermediate and associate. "Ergo, the cut-off point has been reached" stated the magazine.

All Hail The Champs: Molokai-Oahu Race. Paddlers were Paul MacLaughlin, Fred Lowrey, Mark Buck, Tim Guard, Tom Rietow, Terry Ledford, Butch Hemmings and ironman Mike Holmes, who steered the entire race without relief. The coach-paddler was Albert Lemes.

1994 10 Years Ago

Walter Guild, President

Many festivities were held for the reopening of the Main Dining Room. The Club Manager put out a call for classic and old paddles to be displayed in the new facility.

OCC runners were busy this fall competing in the Hana Relay, Kolekole Pass Relay, and the Honolulu Marathon. Carrying the flag on three teams in the Hana Relays were 18 Club members. Our Masters brought home the gold.

Holiday COOKING IDEAS from Chef Arnaud

Looking for something new to cook for the holidays? OCC Sous Chef Arnaud Jager offers the following recipes for Chocolate Biscotti, a perfect gift idea, and Roasted Butternut Squash Salad with Pecorino Dressing and Arugula, a dish you can serve at home or to holiday guests.

Chocolate Biscotti

1 1/4 cups plain flour	3/4 cup sugar
2 Tbsp cocoa powder	1/3 cup sliced almonds
1 Tbsp corn meal	Pinch of salt
3/4 tsp baking powder	4 oz soft butter
1 egg, beaten	1 tsp vanilla

Combine flour, sugar, cocoa, almonds, corn meal, salt and baking powder. Add the butter, egg and vanilla. Shape into a log. Bake at 325 degrees for 30 minutes or until golden brown.

Cool and slice 1/4 inch and bake again (cut side down) at 325 degrees for 15 minutes or till brown and crispy.

Make 24 pieces.



Roasted Butternut Squash Salad

Roasted Butternut Squash Salad With Pecorino Dressing & Arugula

Pecorino Dressing

2 eggs, lightly poached	1/2 Tbsp Dijon mustard
1 tsp chopped garlic	1 anchovy
1 cup vegetable oil	1 tsp Worcestershire sauce
1 1/2 Tbsp white wine vinegar	
1 oz Pecorino cheese, grated	
1/4 cup cold water	

In a blender, mix the eggs, mustard, anchovies & garlic. Add the oil slowly (like making a mayonnaise). Add all the other ingredients. Check seasoning.

For The Salad

2 butternut squash	Olive oil, salt & pepper
A few leaves arugula	8 croutons
1 cup kalamata olives	

Preheat the oven to 400 degrees. Roast the butternut squash with some olive oil, salt & pepper until tender.

To Serve

Place a few pieces of butternut squash in the center of a plate. Drizzle with some dressing and garnish with arugula, black olives, & some crumbled crouton.



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Employees of the Month



Lance Skewis

First time Employee of the Month Lance Skewis is a hard-working, available "jack of all trades" in the Koa Lanai. As one of the Koa Lanai's managers, he says he "greet, buses, serves, everything."

Calling Liz his Hawaiian Mom, he thinks the Outrigger is a great place, having taken care of him while he has been working his way through college. He received his graduate degree in advertising in June, and all during school OCC gave him flexible hours and treated him well.

In fact, having worked in the restaurant business since the age of 12 (dishwashing), he has lots of praise for the Club, all the way from health benefits,

Christmas bonus, our beautiful environment, and best of all, that our employees are respected.

He lives in Waikiki, where he likes to play tennis, jog, lift weights, and Kung Fu. He insisted that he would be spending his EOM award on new work shoes, nothing frivolous, he just needs a new pair of shoes for the Koa Lanai.

And in a surprise move, not only is Lance our EOM, but the entire Snack Shop Team is also our Employee of the Month.

In a surprise move, that actually should not surprise anyone who ate at the Snack Shop this summer, the entire Snack Shop Team was named Employee(s) of the Month. They were surprised, but not the members, who are used to fast service (with a smile) and good food, and friendly smiles.

But all six at once is recognition for working hard all summer long. Summer hours are seven to six, but then cleanup frequently finds them still there at 7:30 p.m., and they have all learned to cover for each other, and double up and help out. Impressive team!

They are:



Yufi Andon, who has been at OCC only three months, in a sort of a baptism by fire on the grill. Despite her

youthful and girlish appearance, she has five children ranging in age from 5-14, and they are all in school. She came from Chuk in Micronesia, had formerly worked in Guam, and now loves it at OCC. She has joined a weekend

volleyball team. Her husband works at Round Table Pizza.



Junie Palacpac, who joined the team in March, has been here 2-1/2 years from the Philippines.

His mother lives here and he makes his home with her. He plays basketball with his friends for sport. He says OCC is a nice, fun place to work, with friendly members. At age 18, he is the baby boy of this team, and you can tell the Snack Shop ladies are good to him. Or at least, he puts up with the mothering.



Enden Gransback, Employee of the Month for the fourth time, was Employee of the Year in

1992. The senior most person on the team, she says the honor to the group is because "we work hard all the time, but Summer is the Worst!" She got married in April to a fellow who is duty manager at the Hale Koa and a member of the National Guard. She has two grown children which she will brag on, you only have to ask about them.



Remy Mendoza has also been Employee of the Month before. She

is a gorgeous mixture of Chinese, Filipino and Spanish, and has relatives all over the place. She has three children and eight grandchildren, and regards the OCC as her home, when she is not running around visiting in the Philippines, and bragging about her progeny.



Kristal Ishikawa is 21, and has been at OCC for three years. In between everything else she goes

to Leeward CC, and lives with her family in Pearl City. All of her money is being saved for school, so she welcomes the WOM reward and is happy to be a member of the happy Snack Shop family.



Shomyong Daengpiea, two times Employee of the Month, has been at OCC 10 years, and came 25

years ago to Hawaii from Thailand. She has three children, all grown up and/or in college. She likes to sew and does alterations (are you reading this?), and she enjoys being with her kids. She was off on vacation when the team was named, and came back to find a nice award awaiting her.

What can we say? Eat at the Snack Shop and compliment these hardworking employees.

newmembers

Junior

Daniella Moran
James M. K. Stone III
Dominique Reeuwijk
Tobias Reeuwijk
Bradley K. Margol
William I. Orihuela
Michael Dowsett
Patrick L. Bird

Associate

Florence Chong

Intermediate

Erin L. Offenhauser

Service

Mark E. Thomas

Regular

James A. Wiencke
Clint Arnoldus
Kenwei Chong
Suzanna Neufeldt



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Board Briefs

Board Briefs is taken from the minutes of the Board of Directors meeting on October 28, 2004.

General Manager's Report: Year to date there was a net operating fund income of \$69,935. . . The buffets have been well attended; however, the food costs are high. . . An architect will be completing a structural architectural review of the roof, which will be submitted to three roofing companies for re-roofing bids. Because there are so many penetrations in the Club's roof, the roofing companies will not work on the roof without an architect's review of the entire roof. . . The Seawall Wave Deflector installation is being held up by government permitting and regulations. If approved, the deflector will not be installed until second quarter of 2005 at the earliest.

A&M Report: The membership count was 4,747 as of September 30, 2004. . . It will, in all likelihood, be possible to process the applicants currently on the waiting list for Regular membership by the end of 2005.

B&G Report: ODKF requested permission and the Board approved: 1) including the 2003-04 ODKF Annual Report in the January 2005 issue of the Outrigger Canoe Club's magazine, and 2) releasing the Outrigger members' database (on a disk) including all members except the Junior member category to be used for the ODKF's annual appeal for donations.

House Report: The House Committee is looking for acceptable ways to include both members and guests at the regularly scheduled Club events.

Finance Report: The Finance Committee recommended and the Board approved that OCC contribute a payment to the pension plan in the latter part of 2005 sufficient to avoid the PBGC variable rate premium. This payment is estimated to be in \$350,000 to \$450,000 range. Yearly thereafter, contribute such amount that will liquidate the liability in full within five years. It is estimated that after the 2005 contribution proposed above, approximately \$200,000 to \$250,000 will need to be contributed each year for an additional four years. The payments outlined above are to be funded from initiation fees collected in 2005 and subsequent years. Annual initiation fees collected are estimated to be \$500,000 or greater per year in future years. At the present time, initiation fees are being placed in the Capital Improvement Fund. The Club owes approximately \$1,200,000 and if not paid could be penalized approximately \$25,000 per year. . . A draft Waiver of Claims and Acknowledgement of Risk was drafted by a non-member attorney for the Board's review.

Long Range Planning Report: The budget will be recommended for approval at the November 18, 2004 Board Meeting.

Athletic Report: The Surfing Committee's 2005 budget proposal to fund professional and corporate sponsored athletes was amended to limit funding to amateur athletes only. . . Plans for the Summer Surf Camp were discussed. The camp would be conducted by a professional independent contrac-

tor, using their equipment. Students would pay the surf school directly. The Committee feels that the camp should be run by a professional company and not by the Surfing Committee. Bids would be submitted by professional surfing companies and the Surfing Committee would select the best bid.

Entertainment Report: The Entertainment Committee agreed to put together a "How to Do an Annual Luau" guide for future committees. . . The Entertainment Committee is planning Spring events.

Public Relations Report: The Public Relations Committee is developing a concept in regard to the Hemmings' proposal to focus on the Club's identity. Fred Hemmings' proposal emphasizes the Outrigger Canoe Club's unique history of having many Olympians and World-Class Athletes as members. Some newer members and guests may not be aware of the valuable history of our Club.


Nominating Committee: The Board approved Joyce Timpson as the Chairperson for the Nominating Committee.

Judges of Election: The Board approved Gerri Pedesky as the Chairperson for the Judges of Election Committee.

Aloha Party: The Board approved March 7, 2005 for the date of the Aloha Party.

Kanaka Ikaika 2004-2005 Racing Schedule

Dec. 18	Kailua Beach Park-Flat-Molulea-Kailua Beach Park (6 miles); Kailua Beach Park-Flat-Buoy-Kailua Beach Park (4 miles)
Jan. 15	Makai Pier to Kailua Beach Park (8 miles); Waimanalo to Kailua Beach Park (5 miles)
Jan. 29	Makai Pier to Hawaii Kai (8 miles); Hawaii Kai-Buoy-Hawaii Kai (6 miles)
Feb. 5	Hawaii Kai to Kaimana Beach (8 miles)
Feb. 19	Kualoa Beach Park to Kailua Beach Park (12 miles); Kailua Beach Park, around Bird and back (6 miles)
Mar. 5	Hawaii Kai to Magic Island (10 miles)
Mar. 19	Keala Ching Memorial Race (10 miles)
Mar. 26	Rhino Coastal Relay (Kailua to Magic Island), 34 miles
April 2	Pinky's Annual Surfski & OC race, Makai Pier to Pinky's (12 miles); Waimanalo to Pinky's (9 miles)
April 9	Ocean Club Oahu Championships, Makai Pier to Magic Island (18 miles); Hawaii Kai to Magic Island (11 miles)
April 23	Hurricane State Championships, Makai Pier to Sand Island (23 miles); Hawaii Kai to Sand Island (15 miles)
May 1	Starbucks Kaiwi Channel Relay, Molokai to Magic Island (40.2 miles)
May 7	Kauai World Challenge (34 miles)
May 15	Kona Brewing Co. Molokai World Championship Race, Molokai to Hawaii Kai (32 miles)



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In Memoriam

Robert S. Ostrem Sr.
Deceased: October 17, 2004
Member: 27 Years

Helen K. Matthews
Deceased: September 9, 2004
Member: 12 Years

december 2004

special events	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
3 Princess Kaiulani Fashion Show reservations required				1 Lunch & Dinner Service Watch for Santa's Elves decorating the Club in holiday style	2 Lunch & Dinner Service LIVE MAINE LOBSTER Koa Lanai 6pm	3 Princess Kaiulani Fashion Show & Lunch Lunch & Dinner Service	4 KEIKI CHRISTMAS PARTY Lunch Ka Mo'i only HT & KOA LANAI Dinner Service
4 Keiki Christmas Party - Hau Terrace & Koa Lanai - reservations required	5 BRUNCH 8:30 am Evening Buffet 6 pm	6 Noon Bridge Hau Terrace Lunch & Dinner Service Monday Night Football	7 Lunch & Dinner Service	8 Lunch & Dinner Service	9 Lunch & Dinner Service	10 Lunch & Dinner Service	11 Hau Terrace Lunch & Dinner KOA LANAI Dinner Service
12 Honolulu Marathon, anticipate traffic delays - modified Sunday Brunch	12 Honolulu Marathon BRUNCH 8:30 am Evening Buffet 6 pm	13 Noon Bridge Hau Terrace Lunch & Dinner Service Monday Night Football	14 Lunch & Dinner Service Koa Lanai International Buffet Italian	15 Lunch & Dinner Service	16 Lunch & Dinner Service	17 Lunch & Dinner Service	18 Hau Terrace Lunch KOA LANAI Dinner Service
14 International Buffet - Italian	19 BRUNCH 8:30 am Evening Buffet 6 pm	20 Noon Bridge Hau Terrace Lunch & Dinner Service Monday Night Football	21 Lunch & Dinner Service	22 Lunch & Dinner Service	23 Lunch & Dinner Service	24 Hau Terrace Lunch KOA LANAI CHRISTMAS EVE BUFFET	25 CLUB CHRISTMAS PARTY Hau Terrace Limited Dinner KOA LANAI CHRISTMAS DINNER BUFFET
26 Full Moon	26 BRUNCH 8:30 am Evening Buffet 6 pm	27 Noon Bridge Hau Terrace Lunch & Dinner Service	28 Lunch & Dinner Service	29 Lunch & Dinner Service	30 Lunch & Dinner Service	31 Hau Terrace Lunch Club New Year's Eve Dinner 8pm Hau Terrace Limited Menu	New Year's Day Buffet on Jan 1st, 2005 HAPPY NEW YEAR
Monday Night Football							
No family buffet or Club BBQ this month							
HAPPY HOLIDAYS							
4-5-6 JELLYFISH WINDOW							

january 2005

special events	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11 INTERNATIONAL BUFFET-local style	30 BRUNCH 8:30am Evening Buffet 6pm	31 Noon Bridge Hau Terrace Lunch & Dinner Service					1 HOLIDAY Hau Terrace Lunch Dinner Service KOA LANAI New Year's Dinner Buffet
17 Martin Luther King Day Holiday	2 BRUNCH 8:30am Evening Buffet 6pm	3 Noon Bridge Hau Terrace Lunch & Dinner Service	4 Lunch & Dinner Service	5 Lunch & Dinner Service	6 Lunch & Dinner Service LIVE MAINE LOBSTER Koa Lanai 6pm	7 Lunch & Dinner Service	8 Hau Terrace Lunch Dinner Service KOA LANAI Dinner Service
25 Full Moon	9 BRUNCH 8:30am Evening Buffet 6pm	10 Noon Bridge Hau Terrace Lunch & Dinner Service	11 Lunch & Dinner Service INT'L BUFFET local style	12 Lunch & Dinner Service	13 Lunch & Dinner Service	14 Lunch & Dinner Service	15 Hau Terrace Lunch Dinner Service KOA LANAI Dinner Service
	16 BRUNCH 8:30am Evening Buffet 6pm	17 HOLIDAY Noon Bridge Hau Terrace Lunch	18 Lunch & Dinner Service	19 Lunch & Dinner Service	20 Lunch & Dinner Service	21 Lunch & Dinner Service	22 Hau Terrace Lunch Dinner Service KOA LANAI Dinner Service
	23 BRUNCH 8:30am Evening Buffet 6pm	24 Noon Bridge Hau Terrace Lunch & Dinner Service	25 Lunch & Dinner Service	26 Lunch & Dinner Service	27 Lunch & Dinner Service	28 Lunch & Dinner Service	29 Hau Terrace Lunch KOA LANAI Dinner Service HAU TERRACE Club BBQ 6pm
3-4-5 JELLYFISH WINDOW							

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Quail Egg and Fine Herbs**

**Lime Sorbet
Eau de Vie**

**Filet Mignon Rossini with Foie Gras
Truffle Sauce
Roasted Garlic Mashed Potato, Vegetable Bouquet**

**White Chocolate and Lilikoi Mousse
Hazelnut Meringue, Fresh Berries**

Collage of Petit Four

\$ 78.00

Reservations at the Koa Lanai

On the Cover: The Outrigger Canoe Club is decked out for the holidays, and great food and fun events are planned for members. Enjoy the holidays without the fuss. Make your reservations now in the Koa Lanai for entertaining. See holiday schedule on page 6. Photo by Marilyn Kali.



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