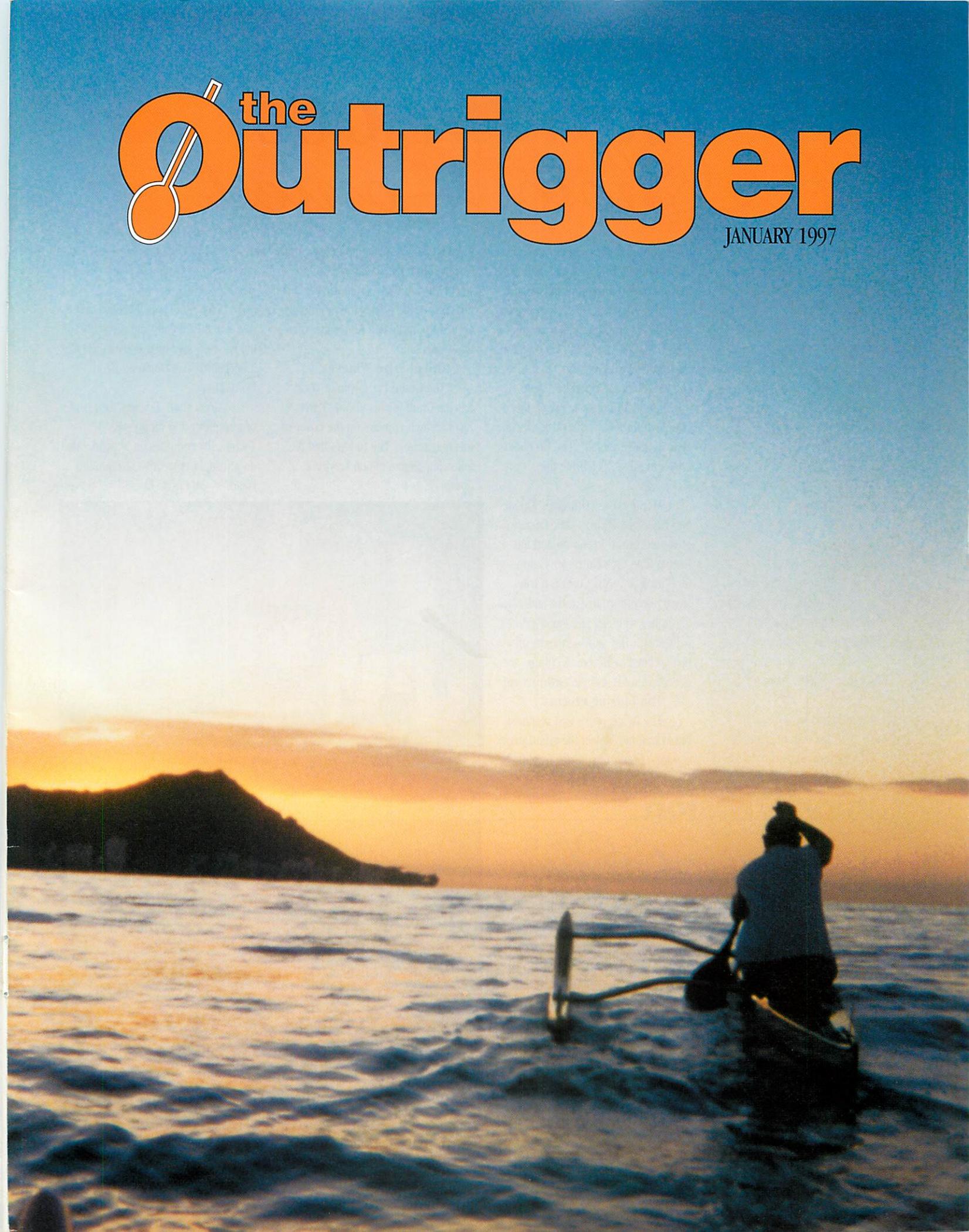


the **Outrigger**

JANUARY 1997



The 1996 OCC Photo Contest

By Robin Nonaka

Thank you to all members who entered the 1996 Outrigger Canoe Club Amateur Photo Contest. There were a total of 55 entries from members in Hawaii and on the mainland. This year's contest included the following divisions—Hawaii, Keiki, Outrigger theme, and Juniors.

The winners of each division received koa picture frames in varying sizes representing first, second and third places as well as two honorable mention awards.

The Judges

Desoto Brown (Hawaii Division)—Mr. Brown is an archivist in the Bishop Museum Archives. He is the author of four books on subjects relating to the 20th century history of Hawaii, and is also a collector of Hawaii memorabilia from this period.

Denise-Marie Luko (Keiki)—Ms. Luko is an internationally published artist photojournalist who grew

up in Hawaii and began her career as a surf photographer. While exploring her interest in photojournalism and creative portraiture, Ms. Luko began to focus on producing images with children as her subjects, which have become her true passion. In 1987, she was commissioned by a state appointed committee to create the official commemorative poster for the Year of the Hawaiian. The Ho'oloko poster is titled "Celebrate the Hawai'ian".

Monte Costa (Outrigger Theme and Junior Division)—Ms. Costa was born and raised in Hawaii and has been a long time Outrigger Canoe Club member. Ms. Costa is a freelance photojournalist and a staff photographer with Sea Life Park/Waimea Falls Park. Her works include subjects related to Hawaiian culture, the ocean, animals and the environment.

The Judging Process

The judges were first responsible to mutually select the grand prize winner. Then in order to simplify the

judging process, each judge was assigned to a particular division to select the winners. From the remaining entries, the judges then mutually agreed upon the two honorable mention awards.

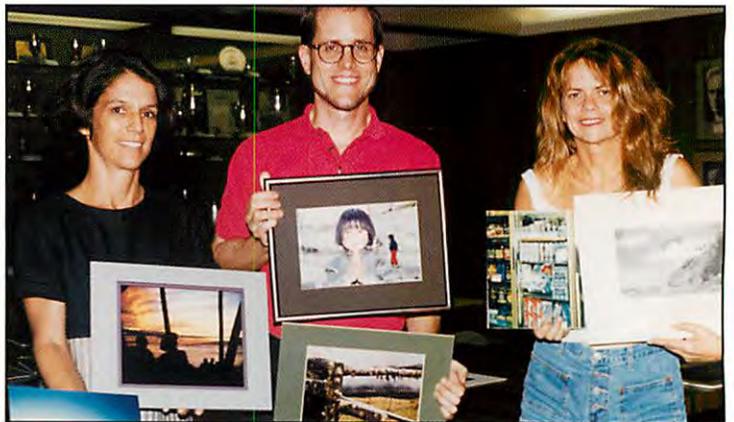
Grand Prize Winner

The Grand Prize winner was Kawika Grant for his photo "Early Riser" which appears on the cover of this magazine. The Judge's had the following comments on Kawika's photo:

"Not just a good photo—but an interesting new view of Diamond Head too."—D. Brown

"I felt like I was there too, experiencing the serenity and the sound of the waves. I also enjoyed what felt like a unique view of Diamond Head."—D. M. Luko

"Great shot! Conveys the feeling of tranquility and mood well. Technically composition is good. Also an unusual perspective of Diamond Head."—M. Costa

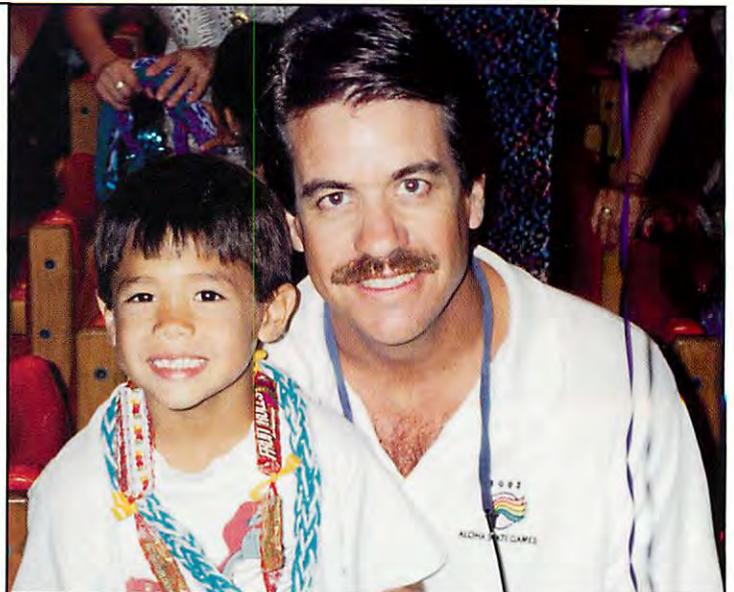


Judges were Monte Costa, Desoto Brown and Denise-Marie Luko.

Junior Division

First Place

"The Boys in My Life"
by Courtney Gaddis, 7



Hawaii Division Winners

First Place

"Old Corral Fence II"
by Marjorie Moore



Second Place

"Man Standing on Molokai Fishpond Wall"
by Barbara Fischlowitz-Leong



Third Place

"Kula—Uradomo Farms No Ka Oi"
by Debra Ho Balfour



Outrigger Theme

First Place

"OCC Sunset"
by Clare M. Rienzi

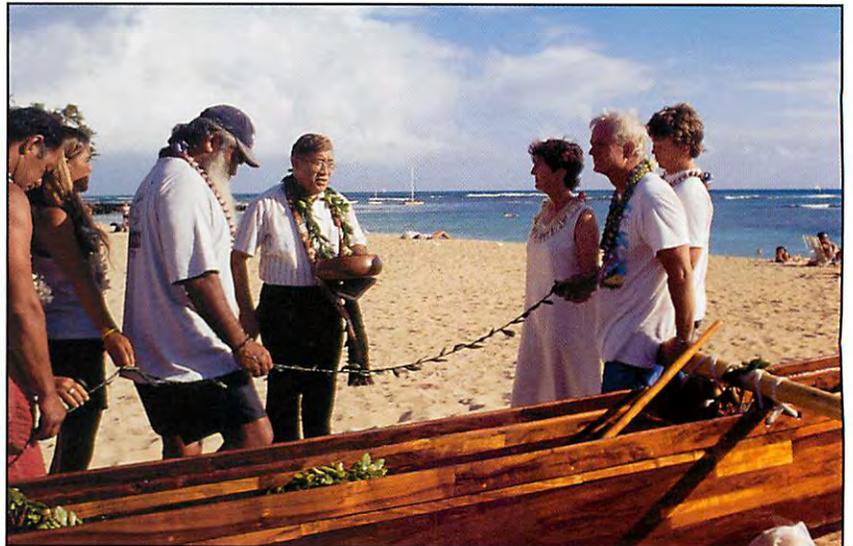


Second Place

"Canoes"
by Maxine Rochlen

Third Place

"The Blessing"
by Marjorie Moore



Keiki Division Winners

First Place

"Baby Bud"
by Kelly Fey



Second Place

"Twain's Big Toe"
by Jan Newbart

Third Place

"The Girls"
by Maxine Rochlen



Happy New Year



By *Tim Guard, President*

When I assumed the presidency of the Outrigger Canoe Club last February, I laid out a set of goals for 1996 that your Board of Directors and the Club's management team would strive to achieve.

Coming on the heels of several major developments that occurred during 1995, including the hiring of our new Club General Manager, most of our goals for 1996 took the form of "fine tuning" the Club's operations, as opposed to pursuing radical changes. Nonetheless, the accomplishments have been noteworthy.

Foremost among our objectives has been a continuing effort to enhance our member's use and enjoyment of the Club. While acknowledging there is always room for improvement, my sense is that your level of satisfaction about issues such as the appearance and cleanliness of the Club, the quality and value of food and beverage and the attendant service, and the strength of our fiscal condition has shown significant improvement in the past year.

Regarding the matter of the Club's financial situation, I believe it is fair to say that we operate as successfully as any private club in the country. One, we are profitable. Two, we have developed a comprehensive budgeting process that we rigorously adhere to. Three, we offer an exceptional quality of service for your dollar. Lastly, we have accumulated substantial financial reserves which leave us well prepared to deal with the needs of our membership well into the 21st Century.

Of special note, I would like to commend the effort put forth by the Budget Committee and management

to develop a forward looking capital improvement budget. Virtually every capital need for the next 10 years has been identified,

together with the means of funding projects such as the renovation of the Kitchen and Lobby, reroofing, a new Fitness Center and major infra-structural needs.

A 10-year matrix has been constructed that allows for flexibility in planning, implementation, and funding in accordance with the Club's future capital improvement requirements, anticipated as well as unanticipated.

During 1996, canoe racing and volleyball once again commanded center stage among a broad range of OCC athletics. The Club's volleyball program is, without a doubt, one of the best in the U.S. and produces con-

sistent winning efforts at all levels of competition.

Members can take particular pride in the fact that our junior age group teams are feeding players of outstanding quality into the top ranks of high school and college programs here in Hawaii as well as on the mainland.

This past season marked a period of rebuilding and restructuring of our canoe racing program. Although we fell just short in our bids to win each leg of paddling's Triple Crown (the HCRA Championships and the Men's and Women's Molokai races), enthusiasm is running high among our paddlers that 1997 will indeed be the year when the OCC accomplishes this mission.

I believe the twin keys to our paddling success in 1997 rest with the continuing strength of the women's program and the return to "the fold"

of a significant number of our upper division men who have paddled for the last season or two with other canoe clubs.

On a personal note, it has been a great honor and privilege for me to serve as your president. I had the good fortune to follow in the footsteps of Wendell Brooks, who exhibited extraordinary leadership at a crucial juncture. Moreover, I have been supported by a terrific board, talented and hardworking executive staff and exceptional committee volunteers. My thanks go out to all of you.

Recalling a question asked of Americans in a past presidential election, I would hope that your answer to "Do you feel the Outrigger has provided you with an improved level of service and satisfaction in the past year?" is a most definite "Yes." Yet, in the same breath, I would say to you, "There's a lot still left to do."

It's in the important little details, and we're working on them. ☺

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Historic Surfing Photos Featured at Next Stew-Rice Night, Monday February 3

By Mazeppa King Costa

Hear ye! Hear ye! Surf's up!... "Surfers ... Former surfers... Would-be surfers... And folks who just love the surfing scene or spectacular photography"—Here's a rare opportunity:

On February 3, Dr. Donald James, California retired-dentist, lifelong surfer, long-time Outrigger friend, widely-published and highly lauded surf photographer, will present a retrospective of his nearly 60 years of Hawaii and California surfing photography, at an Outrigger Historical Committee stew-rice night supper.

Often cited as the best known surfing photographer of all times, Don James was a pioneer in surf photography, an obsession that was an exuberant outgrowth of his love of the sport he wanted to share with others—in the 1930s it wasn't a well-known thing.

For six decades he has followed the swells and sought to expand the boundaries of surf photography, and along the way initiated or advanced the use of extreme telephoto and extreme wide-angle lenses; large and micro-mini formats; camera boards; water housings; gyroscopic mounts; single lens reflex systems; rotor-drive sequences; tubal, helicopter, and boat perspectives.

In addition to surfing magazines, his work has appeared in dozens of publications including *Time*, *The Saturday Evening Post*, *Sports Illustrated* and on the covers of *Life* and *Der Spiegel*, as well as on billboards and Bank of America checks.

Among his historic Hawaii images are surfing scenes the first day Waimea Bay was ridden (November 7, 1957) and the first day Pipeline was ridden (in 1961). Just a few of the familiar figures in his portfolio include: Johnny McMahon, Wally Froeseith, Tommy Holmes, Ricky Grigg, Duke, Fred Hemmings, Peter Cole, George Downing, Tom Blake, Fred Van Dyke, and many, many others representing years 1936 to 1994.

If the James photography is compelling, the photographers own life story is no less so; and highlights of that are included in narration that accompanies the image sequence. This will be either in slide format or, production pending, large screen video.

Details: Monday, February 3rd. No-host cocktails, 5:30 p.m. On arrival, please pick-up tickets at the Front Desk. You may then select the table of your choice. Supper is at six o'clock—OCC's traditional stew-rice buffet, featuring beef stew with rice; a vegetarian option; fruit, vegetable, and pasta salads; rolls; and dessert—\$10.95. The presentation begins at 7 p.m. For the viewing comfort of all, tickets will be limited.

We do hope you'll join us for this very special offering. It's a change of pace that's going to stoke you—for sure! ☺

international buffets



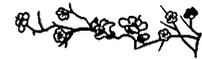
Friday, January 3
Italian Extravaganza



February 7
Chinese New Year's



March 7
Hukilau Seafood Buffet



April 4
Cherry Blossom Teppanyaki Buffet



May 2
Hawaiian May Day Luau



June 6
Pacific Rim Feast



July 4
Macfarlane Canoe Regatta



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September 5
Endless Summer Lobster BBQ



October 3
Oktoberfest



November 7
Autumn Game Buffet



December 5
Hukilau Seafood Buffet

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Sunday, January 26

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AS THE *Terrace* TURNS...

Everybody was geared up, but the President was a no-show this time around. Club staff were prepared to host the President and First Lady in mid-November during their visit to Hawaii. They even reserved the "President's Table" (that's the one he dined at when he visited in 1995).

But alas, he chose to dine elsewhere during his brief visit.

Dining Room Manager Liz Ventura reports that members even called from the Mainland to make dinner reservations "if the President was going to be there," saying they would fly in for the occasion.

However, **Desmond Brooks** sends a fax from the Mirage Resort in Port Douglas, Queensland, Australia, where the President did "live it up" after leaving Hawaii. Desmond says he designed the Mirage Resort since returning in Australia. "Pauline and I look forward to seeing you all in the new year," he adds.

Tommy Iversen, son of **Neal and Ruby Iversen**, married **Karen Kallfelz** at the historic Benson Hotel in Portland, Oregon on October 26. Tommy's best man was **Dustin Sellers**, his Punahou classmate and an OCC member.

The Iversens hosted the rehearsal dinner at our reciprocal club, The Multnomah Athletic Club, the evening before the wedding.



Betsy Duncan Hammes was honored recently on the unveiling of her "star" on the Palm Springs Walk of Fame.

Tom and Karen honeymooned on Maui and in Honolulu before returning to Lake Oswego, Oregon where they will be living.

Janice Harrer has been a busy lady. She was an alternate on the U.S. Olympic Beach Volleyball team last summer. Recently she hosted a business meeting at the Club and she and husband **Tom** are expecting a baby in March!

Ted Sheppard had the dual role of board president and race director of the Waikiki Roughwater Swim this past year. About 17 members of the committee, including past president **Jim Anderson** and **Janice and Tom Harrer**, enjoyed cocktails and pupu to reward themselves for their hard work. The 1996 race was slow and hard as many OCC swimmers can attest.

More than 80 University of Oregon alumni and friends, including several officials from the University in Eugene, Oregon, gathered in the OCC Dining Room on November 25 for a very special, even historic occasion.

The keynote speaker was UO president **Dave Frohnmayer**. Then the executive director of the UO Alumni Association presented a charter to **Ruby Iversen**, president of the new UOAA Hawaii Chapter. Supreme Court Justice **Robert Klein** was an honored guest. Emcees for the evening were **Russ Francis**, who played football at UO, and **Linda Coble**.

Other UO alumni who attended were **Granville "Granny" Abbott**, **Jack and Anne Simpson**, **Bill and Fran Ehrman** and **Jack and Barbara Pennington**.



Ruby Iversen receives a charter for the new Hawaii Chapter, University of Oregon Alumni Association, from Dan Rodriguez, executive director of the UOAA.



Bodil Anderson, founding member of the Swedish Women's Educational Association, hosted a farewell brunch at the Club after a three-day meeting of the group. She is pictured with Gunilla Possenius, president of the organization. The group promotes Swedish language and culture.



Jeannine Davi, Judy Massey, Ginny Lloyd, Janice Wright, Linda New and Susie Crowe enjoyed the recent Cache fashion show at the Club.

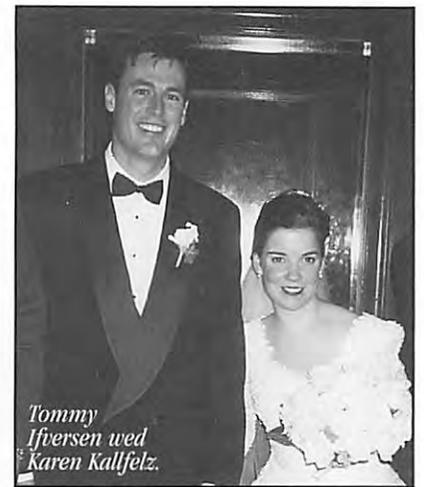
Genie Kincaid and 15 of her co-workers thoroughly enjoyed the Club's Sunday Brunch on November 19. Genie and her friends were celebrating a baby shower for a co-worker. The baby was born on November 23 and the secretaries are still raving about the sumptuous fare.

John Bridge, a reciprocal member from Washington Athletic Club, hosted an early holiday party in November for his employees in Hawaii. There were 27 gathered to start off the retail holiday season by enjoying Sunday night buffet at the Club on November 10. They gave out their annual service awards and had a good time.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk, fax to 833-1591 or email to OCCMag@aol.com. Be sure to include your name and phone number in case additional information is needed. ☐



Linda Coble and Russ Francis emceed the UOAA gala at the Club.



Tommy Ifversen wed Karen Kallfelz.

Courtney and Kainoa Gaddis danced YMCA at the OCC Halloween party.



Enjoying Halloween at the Club were Andrew and Debbie Wasa and Sandy and Jon Bryan.

Joan Rodby models a gown from The Cache during recent fashion show.



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Chris Moore Wins 1996 Castle Swim

By Arnold Lum

Contrary to what you may have thought was represented to you in the October and November issues of this magazine, the 1996 Castle Swim, our 23rd annual event, was not a piece of cake.

Easterly winds gusting to 20 knots produced a fierce chop which beat against the 28 swimmers and their escorts, reducing glide to about zero. Nonetheless, everyone finished the swim in good spirits with Chris Moore reaching the Club first in a time of 37:14.

First female (sixth overall) was Karin Hansen, at 44:57. Uli Klinke and Diane Stowell finished first among the veterans/masters (50+) swimmers, at 43:48 and 46:39, respectively. Thanks to all of our volunteers and swim committee members who escorted, timed and otherwise made this year's swim a real success.

Swimming mileage awards were presented to Sally Mist, 750 miles; Laurie Sloan, 100 miles; and Ted Sheppard, 100 miles.

Next year, your Swim Committee plans to host a really competitive 1997 OCC Invitational swim, with neighbor island competition to spark things up, stay tuned. ☺



Members gather on the OCC beach prior to the start of the Castle Swim.

Overall Name	Time	Place/Division				
1. Chris Moore	:31:14	1st, MOverall	15.	Chris Worrell	:55:27	4th, M35-39
2. Ted Sheppard	:40:42	1st, M45-49	16.	Anna Grune	:56:46	2nd, W35-39
3. Jim Beaton	:42:30	1st, M50-54	17.	Fred Hemmings Jr.	:58:12	2nd, M50-54
4. Uli Klinke	:43:48	1st, M50-54	18.	Leona Holaday	1:00:24	1st, W50-54
5. Jon Steiner	:44:39	2nd, M30-34	19.	John Balfour	1:02:37	1st, M60-64
6. Karin Hansen	:44:57	1st, WOverall	20.	Bonnie Eyre	1:02:57	2nd, W60-64
7. Diane Stowell	:46:39	1st, W60-64	21.	Victor Hemmy Jr.	1:08:55	4th, M50-54
8. David Potter	:47:20	3rd, M30-34	22.	Dave Rochlen	1:11:05	3rd, M50-54
9. Steve Torkildson	:47:58	1st, M35-39	23.	Ron Haworth	1:18:43	1st, M65-69
10. Joe Teipel	:52:17	1st, M40-44	24.	Barbie Crandlemire	1:22:22	2nd, W50-54
11. Keoni Kino	:52:18	2nd, M35-39	25.	George Crandlemire	1:22:22	2nd, M65-69
12. Crystal Thornburg	:52:32	1st, Girls	26.	Gerry DeBenedetti	1:27:11	1st, W55-59
13. Rodman Muller	:52:51	3rd, M35-39	27.	Jan Newhart	1:27:33	1st, W65-69
14. Aniko Kurczinak	:53:50	1st, W35-39	28.	Don Eovino	1:45:50	5th, M50-54

For the Record

Swimming

Turkey Swim
11/23/96 Ala Moana Park 2K
Ted Sheppard, 1st, 45-49, :27:49
Jim Anderson, 1st, 60-64, :34:08
Diane Stowell, 1st, 60-64, :32:03
Bonnie Eyre, 3rd, 60-64, :43:45
Jonathan Steiner, 2nd, 30-34, :31:00

MikiHOUSE Cup

Honolulu Masters Championships
11/17/96 Oahu Club
Diane Stowell, 1st, 60-64, 6:16.86

Triathlon

Mountainman
11/17/96 Kuuiloa Ranch
.6 mile swim, 12.4 mile bike, 3.1 mile run
Tanya Watumull, 2nd, 30-34, 1:48.02
David Stackhouse, Jennifer Koproski, Kevin Carr, 1st, Mixed Relay

Anna Marie Grune, Randy Grune, Tom Lawrence, 2nd, Mixed Relay

Kayaking

ILH Championships
Jason D'Olier, 1st, C-250 meter, 1:00.34
Sean Madinger, 1st, D-250 meter, 1:02.43
Mike Stock, 2nd, A-250 meter, :53.71
Mahealani Lum, 2nd, A250, 1:00.96
Tia Blankenfeld, 1st, 2000 meters, 12:23.19

Surfing

Hawaii Amateur Surfing Association
11/23/96 Tracks/Sandy
Marc Rocheleau, 1st, Junior Men 1A

Paddling

King Kalakaua Race
11/17/96 Magic Island to Honolulu Harbor
10K Paddleboard
Chris Moore, 1st, senior men, 1:23.23

Jackie Muller, 1st, open women, 1:19.41
5K Paddleboard
Mark Buck, 3rd, masters men, 1:27:14
10K Surfski
Mahealani Lum, 1st, Open 1:20:25
Mary Smolenski, 2nd, Open 1:21:26
10K One Person Canoe
Tom Conner, 1st, masters men, 1:17:55
Dale Hope, 2nd, masters men, 1:19:44
Jeff Metzger, 3rd, masters men, 1:20:36
Paula Crabb, 1st, Women's Open, 1:25:45
15K Six Person Canoe
Outrigger 1 (Wyatt Jones, Marc Haine, Mark Sandvold, Todd Payes, Bruce Black, Heath Hemmings), 1st, men's open, 1:23:06

Running

Sam's 5K
12/1/96
Ruth Munro, 1st, Age, :30:25


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ODKF

OUTRIGGER DUKE KAHANAMOKU FOUNDATION



ANNUAL REPORT

October 1, 1995 – September 30, 1996

President's Message

This past Olympic year was the biggest year ever for the Outrigger Duke Kahanamoku Foundation. We had more in assets, gave more athletic grants, provided more scholarship funds and, in so doing, assisted more Olympic contenders.

We began 1995-1996 with a corpus of \$711,488; and contributions amounted to \$63,828, aided by the 96-cents per month OCC Olympic contribution plan and the memorial donations given for Kala Kukea and John Cline Mann.

Kukea's untimely death occurred in February 1996, while paddling his kayak, in what was for him, a routine workout. Kala, a senior Hui Nalu member, was a renowned paddler, kayaker and expert fisherman. He was an inspiration, a motivator and a teacher to scores of young people interested in the ocean.

Mann, a highly respected surveyor/land title/genealogy expert, was an OCC member for more than 50 years. In September, he died after a long battle with cancer. Cline was a founding trustee of the

Duke Kahanamoku Foundation and played an important role in the merger of that foundation with the Outrigger Foundation in 1986 to form the ODKF. He was particularly active in water related sports.

Our sincere mahalo to all those who contributed to the Foundation in Kala's and Cline's memory. We receive donations in memory of many people, but the passing of these water sportsmen resulted in significant monetary contributions.

The largest annual expenditure in our history for scholarship and athletic grants was given in this Olympic year. During the course of the year, athletic grants of \$31,000 were made to 26 recipients and teams in amounts ranging from \$500 to \$5,000. While emphasis is on water related activities, grants also included athletes in volleyball, judo, baseball and soccer.

Current grantees John Myrdal, Traci Phillips, Clifton Sunada, and Sam Kerner either competed in the Olympic games or went through the trials process preceding the Olympics.

Former grantees Peter Newton, Chris Duplanty, Mike Harbold and Mike Lambert also competed in the Olympics.

The balance of our 1995-1996 appropriations went to 20 scholarship recipients attending colleges from the East Coast (i.e. Boston University, Dartmouth, Florida State University) to the West Coast and Hawaii (i.e. Stanford, USC, various University of California campuses and UH Hilo). These scholar-athletes were involved in such diverse sports as water polo, swimming, sailing, kayaking and volleyball.

Every year we advertise in the newspapers and receive publicity in news articles about our grant availability and requirements. High school athletic directors are encouraged to give worthy students help in completing application forms. Diane Stowell was the Board member responsible for the committee's grant making, review and recommendation to the Foundation Board. This year, 100 applications were received and acted upon. The number of applications is increasing in astonishing numbers. We appreciate the difficult job performed by Diane and her committee, and thank them for their dedication.

Our base of donors continues to expand, led by the Gold Medalists, now numbering more than 93. Gold Medalists have made donations from \$1,000 to \$100,000; but the great majority of gifts are more modest. Every little bit helps. As 1996 ends and you make your tax deductible gifts, please remember the ODKF.

Another source of income is the annual T-shirt sale at

the 4th of July Walter J. Macfarlane Regatta. In a tent on the beach, a dedicated group of OCC and ODKF volunteers spend the day selling T-shirts and other items. Vik Watumull and Gerri Pedesky assist in production and design. The success of this yearly income source is split between OCC and the Foundation. We received \$6,822 in 1996.

The stock market took a downward adjustment in mid-year decreasing our investment value but that loss should be recovered, and probably exceeded, by year's end as the market seems to be booming. Foundation Directors unanimously voted to appoint Pacific Income Advisors Inc. to manage our investment portfolio. They have outperformed the S & P 500 in six of the past seven years.

Other ODKF assets that were non-income producing, or with little expectation of growth, were disposed of. Reaching the \$1,000,000 endowment mark in 1996-1997 is possible.

We continue our action in the U.S. District Court of Hawaii against Charles O. Carr, over our right to register certain trademarks.

My second time around as President has been eventful and gratifying. It has been a pleasure to work with the Directors and supportive staff. I want to acknowledge our Coordinator, Gerry DeBenedetti for her continued deep interest and dedication to the purpose of the ODKF. A special aloha to our good friends at the Outrigger Canoe Club: Tim Guard, President; Mary Philpotts-McGrath, OCC/ODKF Board Liaison; John Rader, General Manager; and Gordon Smith, Comptroller.

Thank you again for your aloha and *kokua. Duke must be smiling down on us.

Aloha and Mahalo,
W. C. Morris



Raymond Reichie

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Foundation

2909 Kalakaua Avenue

Honolulu HI 96815

(808) 923-1585

Fax: 921-1414

Cline Mann Memorial Donations Acknowledged



Cline Mann

On September 25, 1996 many of Hawaii's athletic and Hawaiian community met at the Outrigger Canoe Club to provide a Beach Boy funeral to John Cline Mann, a man devoted to paddling, who never actually paddled in a canoe race. Mann died on September 16, at the age of 73.

Part Hawaiian, Punahou Class of '41 where he was captain of the swimming team, Cline Mann graduated from Dartmouth College in 1944.

He not only participated in swimming in high school and college, he was an avid small boat sailor in sunfish and scorpions, and taught his sailing skills to junior sailors, many of them now champions.

Long a fixture at canoe regattas, he helped 13 Molokai crews in the 1960's and 70's.

Professionally a surveyor, an authority on Hawaiian lands and land boundaries, he was retired from the engineering firm now known as Austin Tsutsumi & Associates.

He served as President of the Outrigger Canoe Club in 1964, following its move from Waikiki to Diamond Head. In addition, he served on numerous committees, and was a walking authority of OCC history as well as a recipient of the prestigious Winged "O" award for his contribution to Club athletics.

Since 1961, Cline was a promoter of paddleboard racing and instrumental in the inauguration of three annual paddleboard races. In 1985, one of these races was officially named the Cline Mann 5000 Meter Paddleboard Race.

In February 1996, Mann was elected to Life Membership in the Outrigger Canoe Club.

He was a founder and trustee of the Duke Kahanamoku Foundation, founded in 1963 to honor Duke

Kahanamoku during his lifetime. In 1980, The Outrigger Foundation was created by Outrigger Canoe Club to formalize a program of grants for participants in sports. In 1986, Cline played an important role in the merger of the two Foundations, into the present Outrigger Duke Kahanamoku Foundation.

Cline's family is to be acknowledged for their decision to request that friends and loved ones contribute to the Outrigger Duke Kahanamoku Foundation in his memory.

Donated funds can provide grants and scholarships that will benefit paddleboard, sailing and other water related sports and perpetuate the memory of both Duke Kahanamoku and the remarkable John Cline Mann.

Aloha Cline, and a hui hoo from:

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\$5000 or more
Barbara Cox Anthony

GOLD MEDALISTS

\$1000 or more
Benjamin Cassiday Jr., Dean Eyre Jr., John Cline Mann, Robert & Jean Marchant, W.C. Morris, James Pflueger, J. Ward Russell.

Other donors:

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Marilyn Haine, Annie Halliwell, Van Hare, H. E. & Jane Henderson, Margaret Adams Hogan, Sarah Judd, Bonnie Judd, Marilyn & Danny Kali, Enid Kelly, Richard Kesner, Roy & Juliet Kesner, Gerald & Merna Kibe, Maureen Kilcoyne, Ian & Eda Kinnear, John Kino, Michael & Marianna Klimenko, Michael Kometani, Frederick Linari, Long & Melone Ltd, John Loomis, Mr. & Mrs. Fred Lowrey & Family.

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Nolan Ramirez, Shirley Recca, Leslie & Shirley Robinson, Peter Ross, Robert & Harriet Rotz, Charles Schrader, Al & Connie Serafin, Dr. Harold Sexton, Randall Shibuya, James Shingle, James Shipman, Mae Sinclair, Edwin Sorenson, E. R. Spielman, Allen Stack, James & Doris Stackhouse, John & Louise Stevenson.

Ernest Thomas, Wes & Jean Thomas, Thurston & Sharon Twigg-Smith, Nancy Walker, David & June Walker, Stan & Myra Watanabe, Harriet Wedeman, Dr. Rodney West, Lawrence & Maureen Whipple, William & Cathleen Whitford, Patricia Whitemore, Gaylord Wilcox, Meade Wildrick, J. F. & Louise Woolley, Joseph Worrall Jr., Ruby Yabiku, Patrick Yim, Harold & Beverly Zane.

Those donating after the printing of this annual report will have their names listed in the 1996-67 annual report. Mahalo for your generosity.

ODKF Helps Send Six to '96 Olympics



Traci Phillips

ODKF's six Olympians all had a wonderful experience in Atlanta, Georgia, but no gold medals came home with them from the 1996 Summer Olympics.

The Foundation has long supported athletes in their developmental training for international competition, and many of them have also been assisted with scholarships to help them with their education while participating in competition.

Those in the 1996 Olympics (with their grantee years indicated):

Chris Duplanty (89-90,90-91,92-93), goalie and captain of the U.S. water polo team, competed in his third Olympics. The team finished in seventh place in the competition.

Michael Lambert (91-92,92-93,93-94), competing in his first Olympics, dropped out of Stanford for one year for this no-regrets experience. The U.S. volleyball team was eliminated by its loss to Bulgaria and Brazil's win over Cuba.

Traci Phillips (87-88,88-89,91-92,94-95,95-96), also in her third Olympics competed in the K1 500 meter kayak event but did not make the finals. She finished sixth and seventh in her previous two Olympics.

Mike Harbold (87-88,88-89,90-91,91-92), is a three-time Olympic kayaker.

Although no longer

residing in Hawaii, he was an Academy of the Pacific student and trained with the Hawaii Canoe & Kayak team. He did not make the finals.

Peter Newton (90-91,91-92), also in his third Olympics on the U.S. Canoe and Kayak team, was a student at Lutheran High School and now lives on the mainland. He was eliminated in the finals, and was also a HCKT kayaker.

Clifton Sunada (95-96), is a first time grantee who competed in judo, comes from a family that competes in judo. The one day he was able to compete ended in elimination.

Two other Olympic hopefuls,

Sam Kerner (90-91,91-92,93-94,94-95,95-96) and John Myrdal (94-95,95-96), made it through their Finn and Lazer sailing trials, respectively, but finished fourth and did not make the U.S. team.

All of our athletes spend incredible hours and effort in training, and we are proud of all of them.

We pledge our support to Hawaii's athletes who are preparing now for their chance to represent Hawaii and the U.S. in the 2000 Olympics, just as Duke Kahanamoku did in 1912, 1920 and 1924. With your continued support, we will be able to keep this promise.



Clifton Sunada

10th Birthday of a Unique Foundation

The Outrigger Canoe Club is headquarters of one of the nation's most unique and special philanthropic institutions: The Outrigger Duke Kahanamoku Foundation, which celebrated its 10th birthday in 1996.

The ODKF is the successor organization of two other foundations. The Duke Kahanamoku Foundation was founded in 1963, during the latter years of Duke's life. A group of his friends sought to honor his many contributions to the Hawaiian Islands by establishing a vehicle for awarding scholarships to deserving students who demonstrated proficiency in sports of traditional

interest to the islands.

In 1980, The Outrigger Foundation was created by the Outrigger Canoe Club to formalize a program of grants for participants in sports. Representatives of the two foundations met in 1986 to explore means by which both could do a more effective job of fulfilling their respective missions. The result was a merger and the creation of the ODKF.

There is no other organization that supports Hawaii scholar-athletes in the manner we do. Our objective is to help aspiring athletes, in the hope they may someday emulate Duke Kahanamoku's remarkable accomplishments.

New Fund Established for Kala Kukea

This year the ODKF Board established an additional designated fund in the name of Kala Kukea, water sportsman, who died in February, 1996. Friends and family contributions to the Outrigger Duke Kahanamoku Foundation will enable ODKF to give grants to athletes and scholars. Kala Kukea's son, Nalu, was an ODKF grantee between 1989 and 1992.

Other Board designated funds are:

- The Muriel Macfarlane Flanders Fund established by Muriel Flanders for support of water sports, perpetuating the Macfarlane canoe races, and honoring the activities and accomplishments of Duke Kahanamoku.
- The Terrence McCarthy Fund established by Terrence McCarthy in the memory of her husband Edmond McCarthy, who was a firm believer

in the combination of athletic participation and education. Mrs. McCarthy is interested in supporting our athlete-scholars in his memory.

- The Tom "Daddy" Haine Fund established to honor Tom Haine who died in 1994. These funds are to be spent in support, development and grants for the sport of volleyball.

All four designated funds are pooled for investment with other funds of the Foundation. The Board of Directors makes distributions to deserving athletes, athlete-scholars



Koa Ostrem . . . Haine Fund

and athletic events in the name of the Fund and both the Fund donor and the grantee of the funds are notified of the distinction.

We thank these individuals and families for their kindness and generosity, sometimes during a period of great sadness. Whenever possible, we encourage individuals and families to consider becoming major benefactors of the ODKF in this

manner. Here is a dramatic, tangible way to honor your family name, or establish a living remembrance for a loved one. These funds are kept separate from the general operating funds of the Foundation, and only the interest is used from each fund, enabling the principal to continue to provide annual gifts. For more information contact any Officer of the Board or the Coordinator.



Mabealani Lum . . . Kukea Fund

Gold Medalists

The Gold Medalist Program began in 1990 as a way to thank our major donors by giving them the opportunity to meet some of the grantees, to attend our Mahalo Luncheon for Volunteers. All Gold Medalists also receive a replica of Duke in appreciation for their support of the Foundation.

Gold Medalists make contributions of \$1,000 or more to the Foundation.

If you are a Gold Medalist and have not had an opportunity to meet with the Board or any of the grantees, or have not received your Gold Medal token, please call the Foundation's Coordinator, Ms Geraldine DeBenedetti at 734-1159. We especially encourage Neighbor Island and Mainland donors to contact us when they are in Honolulu.

Please join this group of dedicated philanthropists who provide major support for the Outrigger Duke Kahanamoku Foundation.

Financial Statement

Our total fund balance as of September 30, 1996 is \$ 725,966.

Income to the Foundation comes from the donations of the Gold Medalists (those who give \$1000 or more), as well as loyal donors who pledge a specific amount each month, and those who make an end of the year contribution.

This year we continued our fundraising through the sale of T-shirts at the annual 4th of July Walter J. Macfarlane Regatta in Waikiki, and completed the special Olympic Fundraiser in which Outrigger Canoe Club members were asked to contribute 96-cents a month for one year until the 1996 Olympics.

Scholarships for the year totaled \$18,000. Athletic Grants for the year totaled \$31,000.

Some funds are donated for a specific sport, and we encourage anyone who particularly wants to take advantage of the tax savings of supporting your favorite sport to investigate this gift giving option.

Donations are also accepted in memoriam.

If you desire additional financial information, ask any member of the Board of Directors who will be glad to assist you and bring you into the ODKF family.

INCOME

Donations & Pledges	\$42,328
Gold Medalists	21,500
Investments	77,480
Fund Raisers	4,344
TOTAL INCOME	\$145,652

EXPENSES

Scholarships & Grants	\$49,000
Operations	82,174
TOTAL EXPENSES	\$131,174

FUND BALANCE

Balance start of year	\$711,488
Net income for year	\$14,478

FUND BALANCE	\$725,966
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ODKF Annual Mahalo Luncheon



Attending the ODKF luncheon were grantees, front, Robyn Jobl, Megban Atwood, Andrea Fukumoto, Punua Souza, Kimberly Adler, Mabealani Lum, Jenny Erwin, Alobanani Jamias and Tara Beyer. Second row, Kathy-Lyn Allen, Kevin Flanagan, Koa Ostrem, Brian Helfer, Mark Cunningham, Stephen Adler and Douglass Cole.

On June 19, the Annual Outrigger Duke Kahanamoku Foundation Luncheon honoring 1995 volunteers, all Gold Medalists, and the new 1995-96 athletic and scholarship grantees was held. Awards and introductions were made by Vice Presidents Ben Cassidy Jr. and Gulab Watumull.

This year 83 people attended, attesting to the growth of the Foundation, now 10 years old.

Honored guests were Muriel and Walter Flanders and Marc, Kisi and Marilyn Haine.

Also honored was Carol Kukea, who spoke to the gathering about the donations that came to the Kukea family in memory of her late husband, Kala Kukea, who died in February 1996. These donations were given to the ODKF. The Kala Kukea Fund was formed within the Foundation, and donations continue to be received from friends and water sports enthusiasts.



Gold medalists honored at this year's Volunteer Lunch were Gulab Watumull, Ben Cassidy Jr., Carolyn Craig, Kecia Arizumi representing Patagonia and Gordon Smith.

Gold Medalist awards were made to: Ben Cassidy Jr., Carolyn Craig and the Patagonia Clothing Company which donated in memory of Kala Kukea.

Gold Medalists are donors to the Foundation who have given gifts of \$1000 or more. They are awarded a lucite cube enclosing a "gold medal" featuring Duke Kahanamoku's likeness. All previous Gold Medalists were asked to stand to be recognized.

A special acknowledgment was made to those six-year donors: the J. Watumull Fund and Louis Gowans; and five-year donors: James and Priscilla Growney, Shelagh Kresser, Muriel and Walter Flanders, John and Marilyn Goss, and Lenore O'Brien.

Gordon Smith, Outrigger Canoe Club Comptroller, who has spent countless hours in financial assistance to the Foundation was given a Gold Medalist award in appreciation.

The featured speakers were: Tim Guard, OCC President. He described the Foundation as a significant program, helping competitors in a variety of water and non-traditional sports.

Marc Haine, who spoke of the latest volleyball honors which have



Grantees helped Muriel Flanders celebrate her birthday at the luncheon.

come to his late father Tom Haine and the progress of sand-lot volleyball as a 1996 Olympic sport.

Koa Ostrem, who received the first Tom "Daddy" Haine scholarship and will attend UCLA.

Mahealani Lum, who received the first Kala Kukea grant for participation in kayaking competitions.

Rose Lum, girls' kayak coach at Kamehameha Schools, who spoke as a coach who frequently is asked to give recommendations for grant applications, and is a parent of a grant recipient, as well as a volunteer for the Foundation.

Volunteers to ODKF help in a variety of ways: serving on committees, selling T-shirts at the 4th of July Macfarlane Regatta in Waikiki, assisting with mass mailings, and many volunteers are also donors, making regular monthly pledges to the Foundation.

ODKF

P U R P O S E

The purpose of the Outrigger Duke Kahanamoku Foundation is to encourage athletes and scholars whose endeavors will contribute to the growth and development of athletics in Hawaii; to support athletic events and participation by teams and individuals in local, national and international competition; to support individuals in furthering their education and to assist in preserving, perpetuating and developing sports which have a special cultural or historical significance to Hawaii.

October 1, 1995 - September 30, 1996

Donors are listed by total gifts given, and the giving levels include gifts-in-kind. ODKF's fiscal year is from October 1, 1995 - September 30, 1996. Gifts in honor of someone or in memoriam are indicated by (#) and the name is listed below. Gifts are encouraged as a way to help future athletes in the name of

family, friends or former athletes, a living gift in their honor and that of Duke Kahanamoku.

Every effort was made to be accurate; however, errors may have inadvertently occurred. We apologize for any errors or omissions, and respectfully request that you bring them to our attention by letter. Your generosity deserves recognition. This list does not include the donations made in memory of John Cline Mann who died on September 16, 1996. Mahalo.

OLYMPIANS

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Anonymous

GOLD MEDALIST

Donors of \$1,000 or more
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Ben Cassidy
Carolyn Craig
John Dinsmore
Dean Eyre Jr.
Dr. & Mrs. George Gallagher
John & Marilyn Goss
Louis & Jean Gowans
Michael Greenwell
James & Priscilla Growney
Tim Guard
Stuart Ho
J Watamull Fund
George James
Shelagh Kresser
Paul & Violet Loo
Ralph McGookin (1)
Donald Monroe Sr
W.C. & Jane Morris (19)
Lenore O'Brien (6) (21)
Patagonia (Yvon & Malinda Chouinard) (19)
John & Louise Stevenson
Earl Pa Mai Tenn
Thurston Twigg-Smith

SILVER MEDALIST

Donors of \$500 to \$999
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Sandra Chapman
Cynthia Foster
E. Cecilia Kloninger (19)
Kathleen Kukea (19)
Lanikai Canoe Club (19)
James Petrus Jr
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Mike Wood
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Antoinette Young
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(5) Frank Walton
(4) Alex Anderson
(6) Chester O'Brien
(11) Anne Freebairn
(13) Roy Fennimore
(16) George Mott
(19) Kala Kukea
(20) Ethel Kukea
(21) Richard Craig
(22) Emerson Arends
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(38) James Kelly
(41) John Bustard
(42) Joe Miccio
(43) Anne Morris Chambers

Gift in Honor of:

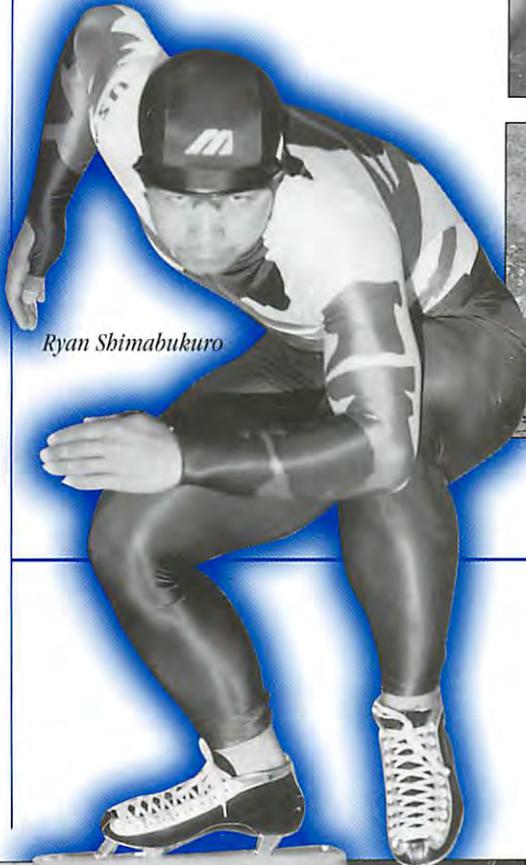
(45) Jeff & Cathy Kissel

OUTRIGGER DUKE KAHANAMOKU FOUNDATION GRANT RECIPIENTS FOR 1995-96*

ATHLETIC GRANT

Total for Individuals- \$20,250

John Myrdal (5)	Sailing
Traci Phillips (5)	Kayak
Sam Kerner (5)	Sailing
Ryan Shimabukuro	Skating
Keiko Price	Swimming
Lee LeGrand (3)	Volleyball
Clifton Sunada	Judo
Wayne Seligson (3)	Volleyball
Mahealani Lum (4)	Kayaking
Hideru Inoue	Kayaking
Jamie O'Brien	Surfing
Baba Merino	Baseball
Macy Mullen	Surfing
Raymond Reichie	Surfing
Harry Sombelon III	Soccer
Melanie Bartels	Surfing
Cherilani Melson	Volleyball
Kailey Reyes	Volleyball
David Shinbara	Surfing
Gavin Sutherland	Surfing



Ryan Shimabukuro



Bryan Helfer



Kimberly Adler

ATHLETIC GRANT

Total for Teams- \$10,750

Royal HRC	Rowing
International HCA	Paddling
4th July Regatta (2)	Paddling
Hawaiian Lifeguards	Water Sports
Lanikai Canoe Club	Paddling
Holo Kaukahi	Paddling



Summer Craig



Lee LeGrande

SCHOLARSHIP RECIPIENTS

Total \$18,000

Kimberly Adler (1)	Swimming	Whitman
Stephen Adler (1)	Swimming	N. Ariz U.
Roger Arnemann	Sailing	Stanford
Meghan Atwood	Swimming	UH Manoa
Jessica Berkline	Swimming	UH Manoa
Samuel Chillingworth	Water Polo	UC Santa Barbara
Douglass Cole	Water Polo	UC San Diego
Summer Craig	Sailing	Dartmouth
Jenny Erwin	Kayaking	UC Santa Barbara
Kevin Flanagan	Swimming	Florida State U
Andrea Fukumoto	Swimming	U. of Washington
Bryan Helfer	Water Polo	UCLA
Alohanani Jamias	Water Polo	Stanford
Kanoelani Kane	Paddling	USC
Kristen Nagata	Swimming	U. of Washington
Jan Okada	Swimming	Whitworth (WA)
Koa Ostrem (3)	Volleyball	UCLA
Raenell Sojot	Swimming	Boston U.
Punua Souza (2)	Paddling	UC Santa Cruz
Cameron Ventura	Paddling	UH Hilo

Total Grants for 1995-1996 \$49,000

- (1) Terrence McCarthy Fund
- (2) Muriel Macfarlane Flanders Fund
- (3) Tom "Daddy" Haine Fund
- (4) Kala Kukea Fund
- (5) Outrigger Canoe Club Olympic Fund

(*fiscal year October 1, 1995 - September 30, 1996)

Applications for Assistance

There are two types of grants made by the Foundation:

Athletic grants are usually for a specific purpose, or specific competition. These monies may be applied for at any time, and may be granted to an individual or to a team.

Scholarship grants are given once a year. Applications are due in February, and grantees are notified in March or April. If a grantee continues in school with satisfactory grades, he/she is given preference in succeeding years, but they must reapply for the grant annually.

Scholarship and Grant Requirements

To qualify an applicant must:

- Be a resident of Hawaii and an American citizen.
- Have participated in competitive sports.
- Demonstrate financial need.

Submit:

- A personal letter of intention.
- A list of competitive sports, awards.
- A letter from an athletic coach or

trainer.

- Federal tax return (or parent's if claimed as a dependent).
- A recent photo, preferably action.

In addition, Scholarship applicants must:

- Plan to attend an accredited college as a full time student in any major.
- Submit a transcript of grades.
- Submit two letters of reference.

In addition, Athletic Grant applicants must:

- Describe their training program.
- Rate themselves competitively.
- Describe three years of previous competition.
- Provide results of competition.
- Provide records and times.
- Provide their personal history in the event.

Submit applications to the:

ODKF
2909 Kalakaua Avenue
Honolulu, Hawaii 96815.

OUTRIGGER DUKE KAHANAMOKU FOUNDATION LEVEL OF INCOME/GIVING

Year is from Oct-Sep	Income	Endowment	Scholarships	Athletic Grants	Total Giving
1986-87	*56,930	246,334	0	1,880	1,880
1987-88	11,808	258,142	2,000	7,068	9,068
1988-89	26,928	285,070	6,000	4,300	10,300
1989-90	74,647	359,717	10,000	10,700	20,700
1990-91	80,223	439,940	10,000	9,361	19,361
1991-92	37,488	477,428	10,000	26,500	(1)36,500
1992-93	25,191	^502,619	12,000	15,550	27,550
1993-94	40,549	567,263	12,000	20,500	32,500
1994-95	144,225	711,488	12,000	23,500	35,500
1995-96	14,478	725,966	18,000	31,000	(2)49,000
1996-97					
1997-98					
1998-99					
1999-00					(3)

* on 12/31/86
^ prior to 93/94 investments were carried at cost. In 93/94 changed to carrying investments at market value: beginning endowment was increased by \$24,095 to \$526,714.

- (1) increased for 1992 Olympics
- (2) increased for 1996 Olympics-includes \$10,000 from the OCC-ODKF Olympic Fund
- (3) projected increase for 2000 Olympics

Outrigger Duke Kahanamoku Foundation

The Board of Directors of the Outrigger Duke Kahanamoku Foundation cordially invite YOU to become a donor to the OUTRIGGER DUKE KAHANAMOKU FOUNDATION. You can help ensure that this and future gen-

erations of Hawaii's best athletes have the means to fulfill their potential, and to emulate the outstanding personal qualities evidenced by Duke Paoa Kahanamoku.

OUTRIGGER DUKE KAHANAMOKU



FOUNDATION

I/We accept the invitation:

- () My/Our gift of \$_____ is enclosed.
- () I am a member of the Outrigger Canoe Club, please use this pledge to ADD \$_____ a month to my OCC statement FOR THE ODKF.

OCC # _____ Signature: _____ Printed name: _____

Please indicate if this is a memorial gift: (Name) _____

Or for an existing Board designated fund _____ (McCarthy, Macfarlane, Kukea, Haine)

Mail to: Outrigger Duke Kahanamoku Foundation
2909 Kalakaua Avenue, Honolulu HI 96815

News From the Clubhouse

By Jim Gaddis

Members of the OCC Golf Club are reminded that 1997 HSGA Membership Fees (\$11.00 per member) were due January 1. Please sign an OCC chit for your fees and leave it in the Golf Folder at the Front Desk before January 15.

Members who have not signed chits by that date must be inactivated on our USGA GHIN roster.

New members may join the OCC Golf Club by completing an application form (copies are in the Golf Folder) and leaving it with a signed chit in the Golf Folder. Each OCC member must have his/her own OCC membership number to participate

for golf awards. However, spouses of members may join the OCC Golf Club, receive USGA SHIN handicaps and golf with the Club on a space available basis without competing for golf awards.

For information or questions, call Joie Gopez at 395-5933 or Jim Hammons at 922-3481.

Awards Banquet

The major topic at the 1996 Annual Meeting and Awards Banquet will be membership growth, improved participation and significant sharing of tournament duties. We will also vote for new officers.

The meeting will be held on Wednesday, January 15 at 5:30 p.m.

Sign a chit in the Golf Folder for your choice of prime rib or mahi mahi.

Tourney Action

The final tournament of 1996 was held December 12 at Olomana. Winners will be announced in next month's article.

The 1996 Match Play championship found Joie Gopez up against Terri Lui for the ladies and Bruce Bolton battle Jack Mattice for the men's crown. Final results are not in yet. Joie defeated Pam Dillingham 5 and 3 at Kapolei to advance. Terri struggled to beat Cyrena Bryan on the 20th hole at Waialeale.

See you at the Annual Meeting and Awards Banquet on January 15. We need everyone's support and participation. ☺

Running Awards Banquet on January 24

By Don Eovino

Sign up at the Front Desk now. The annual Running Awards Party will be held on Friday, January 24, to pay tribute to more than 75 OCC members who participated in various running activities in 1996. Tall stories, humorous anecdotes, and fond memories will all be brought to the forefront that evening.

The 1996 Running Calendar prepared by Tom German will be announced. New activities for 1997: Hilo to Volcano Relay Race, 31 miles, January 18, 7 a.m.; H-3 Trans-Koolau Trek, May 11, 10 miles; Great Aloha Run, February 17.

Pay attention to the Tunnel displays and the Running Calendars in the Men's and Women's Locker Rooms. We welcome new runners, young and old, to join us. ☺

OCC's Third Crew Faced Molokai Challenge

By Chris Hochuli

The last race of the regatta sprint season ended on August 3rd and the long distance season started the following morning at 7 a.m. As I looked out at all the faces that attended this gathering, it was nice to see our men's program had grown since the sprint season. There was no doubt that the positive accomplishments experienced during our challenging year had taken momentum, and members who had paddled elsewhere came home to contribute to and be a part of one of the best programs in the world.

As the season progressed, our turnout continued to increase, and Bill Bright and Henry Ayau graciously

stepped in to take some of the coaching load off of Mike Mason's shoulders. About 14 of us were lucky enough to be under the guidance of Henry, who eventually went on to ironman steer our crew across the Molokai Channel.

Our crew was comprised of only two people who had crossed the channel. However, having the experience of Henry at the helm with this being his 30th crossing, provided us with valuable knowledge and understanding of the ocean.

We kept our goals simple but meaningful. We collectively decided foremost that paddling is a commitment not only to the self, but to the team. We also agreed that it is vitally

important to enjoy this sport that we have let control our lives for six months. It is easy to forget that we are paddling because we love the sport, and we tried to keep this thought in perspective.

1996 has come and gone, and the steps we take now will continue the winning tradition that is Outrigger.

Crew Members: Steve Corbelli, Jon Bryan, Jeff Metzger, Henry Ayau, David Stackhouse, Keith Cockett, Paki Vaughan, Scott Stevenson, Chris Hochuli. Escort Boat: Stew Kawakami, Tom McFigue, Dee-Ann Texeira. ☺

You Can Make The Difference in Outrigger Athletics

By Paula Crabb and Genie Kincaid

As the 1997 season for all sports at Outrigger approaches, take a look to see how you and your family can contribute to the many out-

standing athletic programs Outrigger has to offer.

But first, it is imperative that you obtain your own membership, as opposed to membership that is contingent upon your spouse's or parents' membership. In order to compete for any Outrigger team, you must have your own membership. What this means is:

- Your name must be posted.
- You must be personally interviewed

by the Admissions Committee.

- You must be personally approved by the Board of Directors.
- Your initiation fee must be paid.

Those of you who are children 10 years or older, spouses of members and new members should start the process now in order to be able to compete for the Club, particularly for the canoe racing season. Waiting until June to start the process could mean you will miss most of the racing

season.

Remember, in order just to practice with a team, Club rules require that you at least be posted for membership, even if the practices are held off the Club's premises.

Volleyball competition is in progress but check out the next issue of the magazine for more information on canoe racing. ☺

Reciprocal Club Review

By Valerie Davis

NOTE. Fourth in a series of Reciprocal Club Reviews, this month features The Union League Club of Chicago.

The Union League Club of Chicago is our newest reciprocal club and we are delighted to be associated with them.

The Club has its own 21 story building, complete with indoor rooftop pool, and is extremely well located in the center of the business Loop area, close to Lake Michigan, shopping, and theaters. This is yet another one of our reciprocal clubs where you can stay, and it's very reasonably priced compared to other nearby hotels.

There are 10 floors of guest rooms and six of public rooms. The

guest rooms range from standard to deluxe. The current standard rate is \$99; rooms with either two double beds or king/queen are \$119; and deluxe rooms and suites go from \$139-\$360. Special rates are available at a self-parking garage next door; or you can valet park.

Athletic facilities are numerous—the Athletic Department occupies the top five floors of the Club. Besides the five-lane 20-yard swimming pool, there is a weight room with Nautilus and Paramount equipment; handball, racquetball and squash courts; aerobic classes and personal training. There is also a masseuse, sauna, and barbershop on the property.

OCC member Gloria Keller recently stayed at the Union League

Club. She was welcomed by the manager, took a tour of the facility, and brought back information and pictures. The following are her comments about this property.

"The rooms are good sized with good appointments and well priced. The turn of the century building offers you large public rooms, with very high ceilings, leather furniture, and a feeling of tradition. These public rooms are indeed something to behold. Each one is like being in a world class museum and the art work (which the Club owns) is something you must see. Words cannot describe what I saw.

"Catalog of the Collection, a book that I brought back on the Union League Club's art collection is in Mr. Rader's office for anyone wanting to look at it. Believe me it is worth viewing.

"Coat and tie are required in all public areas during the week, and the weekends are a bit more casual. The Club's location is central for the business and leisure traveler, and you can walk to most areas of interest with ease. I urge you to use this facility on your next trip to Chicago."

There are three main restaurants, and 18 private dining rooms—all require reservations—and the dress codes are strictly enforced. Gratuities are added to all food and beverage checks, and you may pay for your dining or guest room checks with a major credit card, or if you prefer, the Club can bill you.

We highly recommend that you include a visit to this club on your next trip to Chicago. Stop by the OCC office for more information and to get your card of introduction. ☐

1997 Kayak and One-Man Canoe Racing

By Genie Kincaid

Time to buff out your kayaks and one-man canoes as the 1997 kayak and one-man canoe racing season begins.

Most of the racing events listed below are part of the Kanaka Ikaika's Poai Puni Series which tabulates cumulative points for every racer participating in its events. At the end of the season, perpetual championship trophies are awarded to the top female and top male performers. Senior women paddler, Mary Smolenski, was the Poai Puni Series Champion in 1995.

Outrigger boasts other champions among its members as well. Three-time winner Kelly Fey is the 1996 women's Molokai kayak champion. Nalu Kukea was the top local finisher in the 1996 Molokai kayak race. And Mark Rigg is the 1996 Molokai one-man canoe champion. ☐

1997 KAYAK AND ONE-MAN CANOE RACING SCHEDULE

Date	Long Course	Short Course	Course Description	Sponsor
Jan. 5	9 mi	5 mi	Makai Pier-Kailua Waimanalo-Kailua	Kailua Canoe Club
Jan. 12	6 mi	4 mi	Magic Is-DH Buoy-Magic Is Magic Is-Kapahulu-Magic Is	Waikiki Yacht Club
Jan. 18	8 mi		Hawaii Kai-Outrigger	Outrigger Canoe Club
Feb. 2	8 mi	4 mi	Makai Pier-Hawaii Kai Hi Kai-Portlock Pt-Hi Kai	Hui Nalu Canoe Club
Feb. 16	11 mi	6 mi	Kailua-Kualoa Heeia Pier-Kualoa	Kanaka Ikaika
Mar. 2	12 mi	8 mi	Hawaii Kai-Ala Wai Ala Wai-DH Buoy-Ala Wai	HC&K Team
Mar. 16	12 mi	6 mi	Heeia Pier-Kahana Bay Kualoa-Kahana Bay	Kanaka Ikaika Ching Store
Mar. 23	13 mi	6 mi	Lanikai-Rabbit Is-Lanikai Lanikai-Smith Pt-Flat Is-Lanikai	Lanikai Canoe Club
Apr. 13	18 mi	10 mi	Makai-Ala Wai Hawaii Kai-Ala Wai Oahu Championships	Waikiki Yacht Club
Apr. 20	32 mi		Mokapu Canal-Sans Souci One-Man Canoe Relays	CanoeSports
Apr. 26	24 mi 18 mi	8 mi	Kailua-Waikiki Hawaii Kai-Waikiki Makai Pier-Waikiki (one-man course) State Championships	Kanaka Ikaika
May 4	39 mi		Molokai-Outrigger Canoe Club Kaiwi Challenge (one-mans only)	CanoeSports
May 18	32 mi		Molokai-Hawaii Kai Bankoh World Championships	Kanaka Ikaika

Backward Glances

By Joan C. Pratt, Historical Committee

45 Years Ago—1952

Wilford D. Godbold, President

Hey, movie buffs, do you remember? On Friday, January 18, 1952, the Outrigger Canoe Club offered free movies for kids. The feature was "Wide-Open Faces" with Joe E. Brown. Short subjects included "Lion and Tiger Fight", "Cracked Nuts", and a Woody Woodpecker Feature. How times have changed!

30 Years Ago—1967

Thomas M. Arnott, President

Starting with the January, 1967 issue, the Forecast was under the direction of a new editor, Jerry Ober.

15 Years Ago—1982

Robert L. Moore, President

Did you know that the Outrigger Canoe Club had an archivist (part-time) in January, 1982? Debbie Knowlton was a once-a-week hourly employee, who worked on the photo file, news clippings,

and newsletter collection. The Historical Committee helped her.

On January 2, 1982, the Outrigger Canoe Club sponsored the 4th Winter Waikiki Paddleboard Race. Bret Goodfriend won the 10,000 km. (6,214 mi.) open ocean race in 1:12.37. "Colleen Kelley became the first girl ever to finish this race with a record time of 1:58.21."

10 Years Ago—1987

Roy C. Kesner, President

The Outrigger Canoe Club was awarded 6th place in Hawaii's Best Building Contest by members of the Hawaii Society/American Institute of Architects at their 60th annual meeting. The Club was designed by member Val Ossipoff. ☺

Club BBQ Saturday, January 25 6-9 p.m. Hau Terrace	Live Maine Lobster Night Thursday, January 30 6 p.m. Main Dining Room
<i>For reservations, call 923-1585</i>	

Historical Committee Seeks Computer Literate Volunteer

By Chip Higgins

It is that time of year. Time to put your name in the hat to serve on one of the committees that make the Outrigger function as your Club. The Historical Committee is planning to convert its photographs, oral histories, and other irreplaceable hard copy documents to digital form. To do this, it needs someone on the committee that can supervise such a conversion.

If you are comfortable with the photo/manuscript digitizing process and want to support your Club, contact Chip Higgins, current committee chair, at 373-4525; leave a note at the Front Desk with your telephone number; or fill out a preference card indicating first preference for Historical Committee and leave it at the Front Desk addressed to the Historical Committee. Do it now. ☺



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Kona Islander Inn Waikoloa Villas

Kauai

Pono Kai Pali Ke Kua at Princeville Pu'u Po'a

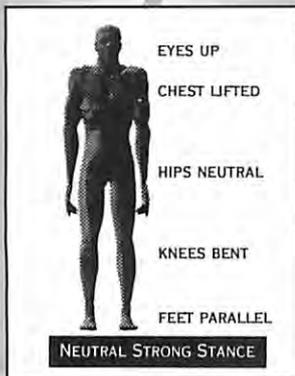
Call 922-9700 or 800 535-0085

Mike & Rosemarie Paulin, proprietors



TIPS from the Trainer

With Sherry Gannaway
President of Body By You! Inc.



Step into 1997 on Both Feet for Balance

Aloha and welcome to January 1997 Tips from the Trainer! I have an array of information for this coming year, so get your notebooks ready. To start the new year off, I'll be sharing the complete Body By You! Injury Prevention Basics, including simple tips to keep on your feet and how to begin a safe walking program for your heart and structure.

Remember before starting this or any other exercise program consult your doctor for an accurate place to begin.

The Body By You! Basic Program consist of three foundation concepts:

Neutral Spine Positions

This means the entire body from your feet to head maintains it's natural curves in alignment. Neutral Strong Stance is the name I gave to identify Neutral Spine Positions. Neutral Strong Stance is used to create a strong and safe foundation for all movements in life: lying down, sitting, standing and walking.

Power Breathing

Inhale and fill the entire body with air—this is the recovery. You feel relaxed and full of oxygen. As you begin to exhale the breath, use your abdominal wall to push the stale air out from the bottom of your lungs. By using the abdominal wall with each power breath, you train the abdomen to pull in on the exhale of the breath to support the back and stabilize your hips.

Joint Isolations

Joint Isolations are slow movements of specific joints—shoulders, ankles, neck, knees—to nourish the joints and keep them loose. They can be practiced anytime, anywhere to assist you in keeping you body flexible and relaxed. Example (Refer to the Joint Isolation page): shoulder rolls

forward and back, pelvic tilts side to side, or head moves in rotation by looking side to side.

How to start The Walk Safe Program

First review the Checklist.

- Have you checked with your doctor, physical therapist or personal trainer to set appropriate walking goals?
- Are you wearing proper walking shoes? This is a must for injury prevention.
- Did you leave enough time after your walking activity for a good cool-down?
- Begin with a complete warm-up. Total time eight to 12 minutes

The warm-up should cover all of the major muscles from head to toe and stimulate coordination to improve body balance. The warmup starts with Neutral Strong Walking Position. Chest up, Abs in. After two to four minutes walking strong with parallel feet and a bent knee on landing, begin to lift your knee up higher and touch the opposite hand.

Lift your chest and breathe as your exhale. Squeeze your Abs. This motion of touching hand to knee will increase your natural coordination and assist the body in balancing itself side to side. Continue this movement for two to four minutes. Return to Neutral.

Now step out and together to warm-up the inner outer thigh, with your arms reflecting your legs. This is a modified jumping jack. Repeat this for two minutes. Continue stepping but change the arms. Reach and pull to warm-up the back. Keep your chest up, abs in, feet square. After two minutes, finish with reaching your arms above your head and pulling down. Repeat for two minutes. Lower the arms slowly by your side.

For the final portion of the warm-up, return to Neutral and begin to hamstring curl. Bring your foot toward the butt, by flexing the leg.

Now add your arms. Do Biceps Curls for two minutes. Keep going with your legs. Change the arms by bringing your elbows toward the ceiling and extend your hands away from the body in Triceps Extensions. Return to Neutral Strong Stance.

Now go for a walk. Use the arm movements you learned in the warm-up while on your walk to increase your heart rate without increasing the impact on the back or knees. Note: Consult a professional for appropriate walking goals.

The Cool-Down

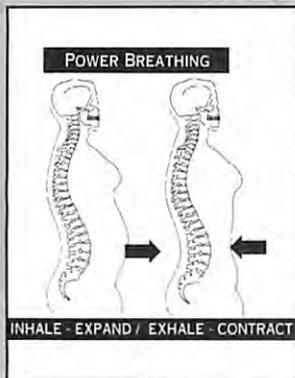
Do a complete round of Joint Isolations (See Body By You! Foundation #3 for details). The Joint Isolations are a great way to start a formal stretching program. Use them as the Cool-downs and practice them throughout your day to stay loose.

Tips to Prevent Injury

- Practice Ambidexterity. That is, using the left hand to do something you usually do with your right or vice versa. It is extremely important to balance the body from side to side.
- Icing for 2 to 5 minutes on a sore muscle or joint can greatly reduce both pain and inflammation.

Till next time.

Safe walking! ☺



Biceps Curls



Triceps Extensions

WALK SAFE

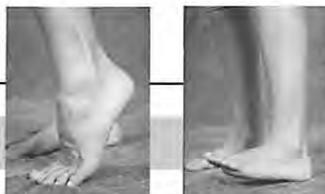
Sherry Gannaway, who writes *Tips From the Trainer*, has published a new book *Walk Safe* to help get people walking. The book includes many helpful tips for runners of all ages and abilities. The book sells for \$19.95 and is available by calling 739-0140.

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 Honolulu, HI, 96814
 808 739 0140



JOINT ISOLATIONS

BEGIN WITH THE FEET AND ANKLES.



HEEL LIFT **TOE LIFT**

- **Heel Lifts** • Lift one heel off the floor & return to Neutral Strong Stance. Repeat 8 times for each foot.
- **Toe Lifts** • Lift the toes of one foot off the floor, & return to Neutral Strong Stance. Repeat 8 times for each foot.



SOFT KNEE BEND **DEEP KNEE BEND**

NEXT, WORK THE KNEES.

- **Soft Knee Bends** • Bend your knees forward softly, & return to Neutral Strong Stance. Repeat 8 times.
- **Deep Knee Bends** • Bend you knees in a squatting position, pushing your butt back and your arms forward. Do not let your knees extend forward beyond your toes. Repeat 8 times.



PELVIC TILTS

FOWARD **BACKWARD**

NOW FOCUS ON THE PELVIS & LOWER SPINE.

- **Pelvic Tilts** • Tilt your pelvis forward and back by contracting first your lower abdominal & then your lower spinal erectors. Return to Neutral Strong Stance. Repeat 8 times.
- **Pelvic Tilts** • Tilt your pelvis side to side by contracting your inner and outer obliques. Repeat 8 times.
- **Pelvic Circles** • Circle your pelvis an equal number of times in both directions. Repeat 8 times.



PELVIC TILTS-SIDE TO SIDE



PELVIC CIRCLE

MOVE ON TO THE SPINE.



FOWARD **BACKWARD**

- **Forward contractions** • While contracting your abdominals, flex forward at the waist. Return to Neutral Strong Stance. Repeat 4 times.
- **Backward extensions** • Arch your back slightly and look toward the ceiling. Breathe & return to Neutral Strong Stance. Repeat 4 times.



LATERAL FLEXION

• **Lateral flexion** • Flex laterally, reaching towards the floor, one side at a time. Breathe & return to Neutral Strong Stance. Repeat 4 times each side.

• **Lateral extensions** • With your arms parallel to the floor and elbows slightly bent, reach side to side. Hold your hips and lower body still. Return to Neutral Strong Stance.



LATERAL EXTENSION

SHOULDER ISOLATION



FORWARD BACKWARD

NOW LET'S RELAX OUR SHOULDERS.

• **Shoulder rolls** • Roll your shoulders forward. Breathe & return to neutral position. Repeat 4 times. • Roll your shoulders back. Breathe and return to neutral position. Repeat 4 times.



SHOULDER LIFTS



FORWARD BACKWARD

• **Shoulder lifts** • Lift your shoulders up into a shrug position & slowly lower them down. Return to neutral position. Repeat 4 times.

• **Shoulders forward & back** • Abduct & adduct the scapula. Breathe and return to Neutral Strong Stance. Repeat 4 times.



DOWN UP

NECK ISOLATION THE FINAL ISOLATIONS ARE FOR OUR NECKS.

• **Head tilts up and down** • Slowly move your head down in flexion to look at the floor. Slowly lift your head up through extensions to look at the sky. Breathe and return to Neutral Strong Stance. Repeat 4 times.

• **Lateral neck tilts** • Take your ear toward your shoulder in lateral flexion of the neck. Return to center & repeat to the other shoulder. Breathe and return to Neutral Strong Stance. Repeat 4 times.



NECK TILTS



• **Head rotations** • Slowly turn your head, looking side to side in neck rotation. Breathe and return to Neutral Strong Stance. Repeat 4 times.

HEAD ROTATIONS



STRETCH & BREATHE

• The full body contractions bring all the movements together. Breathe & raise both arms above your head. Slowly roll down toward the floor with your knees slightly bent. Breathe & slowly roll up to realign your spine. Return to Neutral Strong Stance. Repeat 3 to 5 times.

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J A N U A R Y

CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>HAPPY NEW YEAR! Club Buffet for New Year's Day Main Dining Room 6 pm Start the New Year right with your friends at OCC</p> <p>Annual Meeting coming up on February 24</p>			<p>1 Hau Terrace Lunch Only</p>	<p>2 Regular Lunch and Dinner Service</p>	<p>3 Regular Lunch Italian Extravaganza Club Buffet Dining Room 6 pm</p>	<p>4 Hau Terrace Lunch Regular Dinner Service Dancing 6:30</p>
<p>5 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>6 Noon Bridge Hau Terrace Lunch and Dinner</p>	<p>7 Regular Lunch and Dinner Service</p>	<p>8 Regular Lunch and Dinner Service</p>	<p>9 Regular Lunch and Dinner Service</p>	<p>10 Regular Lunch and Dinner Service</p>	<p>11 Hau Terrace Lunch Regular Dinner Service Dancing 6:30</p>
<p>12 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>13 Noon Bridge Hau Terrace Lunch and Dinner</p>	<p>14 Regular Lunch and Dinner Service</p>	<p>15 Regular Lunch and Dinner Service</p>	<p>16 Regular Lunch and Dinner Service</p>	<p>17 Regular Lunch and Dinner Service</p>	<p>18 Hau Terrace Lunch Regular Dinner Service Dancing 6:30 pm</p>
<p>19 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>20 HOLIDAY Noon Bridge Hau Terrace Lunch and Dinner</p>	<p>21 Regular Lunch and Dinner Service</p>	<p>22 Regular Lunch and Dinner Service</p>	<p>23 Regular Lunch and Dinner Service</p>	<p>24 Regular Lunch and Dinner Service</p>	<p>25 Liberty House Fashion Show Noon Regular Dinner Service Dancing 6:30 Club BBQ 6:00 pm</p>
<p>26 SUPER BOWL BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>27 Noon Bridge Hau Terrace Lunch and Dinner</p>	<p>28 Regular Lunch and Dinner Service</p>	<p>29 Regular Lunch and Dinner Service</p>	<p>30 Regular Lunch LIVE MAINE LOBSTER Reservations Dining Room 6 pm</p>	<p>31 Regular Lunch and Dinner Service</p>	<p>Prepare for your Valentine with a special treat at OCC</p>

F E B R U A R Y

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>February 3 Historical Stew & Rice Early Surf Films by Don James-reservations at Front Desk, this will be sold out! International Buffet February 7 Don't forget your VALENTINE-February 14 Two BBQ's this month, February 17 & 22</p> <p>Winter is over, are you pumping iron? Paddling season will be here before you know it. Get your Junior Membership applications in immediately if not sooner.</p>						<p>1 Hau Terrace Lunch Regular Dinner Service Dancing 6:30</p>
<p>2 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>3 Noon Bridge Hau Terrace Lunch and Dinner Stew & Rice Historical early surf films</p>	<p>4 Regular Lunch and Dinner Service</p>	<p>5 Regular Lunch and Dinner Service</p>	<p>6 Regular Lunch and Dinner Service</p>	<p>7 Regular Lunch Club Buffet Dining Room 6 pm</p>	<p>8 Hau Terrace Lunch Regular Dinner Service Dancing 6:30</p>
<p>9 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>10 Noon Bridge Hau Terrace Lunch and Dinner</p>	<p>11 Regular Lunch and Dinner Service</p>	<p>12 Regular Lunch and Dinner Service</p>	<p>13 Regular Lunch and Dinner Service</p>	<p>14 Regular Lunch and Dinner Service</p>	<p>15 Hau Terrace Lunch Regular Dinner Service Dancing 6:30 pm</p>
<p>16 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>17 HOLIDAY Noon Bridge Hau Terrace Lunch & Dinner President's Day BBQ 6 pm</p>	<p>18 Regular Lunch and Dinner Service</p>	<p>19 Regular Lunch and Dinner Service</p>	<p>20 Regular Lunch and Dinner Service</p>	<p>21 Regular Lunch and Dinner Service</p>	<p>22 Hau Terrace Lunch Regular Dinner Service Dancing 6:30 Club BBQ 6:00 pm</p>
<p>23 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm</p>	<p>24 Noon Bridge Hau Terrace Lunch and Dinner Annual Meeting MDR 5 pm</p>	<p>25 Regular Lunch and Dinner Service</p>	<p>26 Regular Lunch and Dinner Service</p>	<p>27 Regular Lunch LIVE MAINE LOBSTER Reservations Dining Room 6 pm</p>	<p>28 Regular Lunch and Dinner Service</p>	<p>Don't forget Feb. 24 Annual Meeting. Vote early & attend your Club meeting</p>

Board Briefs



Board Briefs is taken from the minutes of the Board of Directors meeting of October 24, 1996 and the Executive Committee meeting of November 7, 1996.

Secretary's Report—Eleven members were suspended for 15 days due to failure to pay their accounts on time. One member was terminated for being four times delinquent.

Manager's Report—There has been an increase in dinner sales compared to last year... Chris Huber resigned as Hau Terrace Manager. David Magzlar was promoted to the position... The Bar renovation is underway and a temporary bar has been set up... An unexpected problem with deteriorated pipes under the bar area will cost an estimated \$13,000... The towel loss problem has been corrected in the Men's Locker Room with the new sign

out procedure... There has been increased reciprocal club usage by Australians and Californians.

Athletic Report—Approval was given for the Running Committee to purchase uniforms... Kalani Schrader has accepted the appointment as Club Captain and Paula Crabb has accepted the appointment as Canoe Racing Chairperson.

Building & Grounds Report—A meeting was held with Summit Construction to discuss the deterioration of the floor in the Main Dining Room... The Board approved spending up to \$25,000 for the retrofit of our remaining compressors and to change them over to legal refrigerants.

Admissions & Membership Report—Membership count as of September 30 was 4,315.

Nominating Committee—Gerri Pedesky was appointed chairperson of the Nominating Committee.

1997 Budget—The Executive Committee approved the 1997 Budget. ☐

Outrigger Magazine Ups Ad Rates

Outrigger Magazine Rate Card Advertising Rates for Black and White Ads:

Size		1 Time	6 Times	12 Times
Full Page	7" X 10"	\$385	\$350	\$280
1/2 Page (V)	3-3/8 X 10"	\$250	\$210	\$195
1/2 Page (H)	7" X 4-7/8"	\$250	\$210	\$195
1/4 Page (V)	3-3/8" X 4-7/8"	\$160	\$145	\$125
1/4 Page (H)	7" X 2-5/16"	\$160	\$145	\$125
1/8 Page	3-3/8" X 2-5/16"	\$100	\$83	\$70

*Rates based on supplied composite negative film or Macintosh computer file (production costs are extra). BLEED—10% charge. Allow 1/8" trim all around for live matter.

By John Mounts Advertising Manager

For the first time in almost 10 years, advertisers will be paying slightly more for their announcements in the Outrigger Magazine. The approximate 15% increase in rates will become effective beginning with the March 1, 1997 issue.

Any ads currently under contract are not effected by this price increase. However, any new ads placed in the March 1997 issue and beyond will be billed at the rates indicated below.

Members It Pays to Know: 3 Times/\$50, 12 Times/\$45. Accepted on quarterly or annual basis only. Your 3-1/2" X 1-3/4" Business Card ad may include a picture (for production purposes, photographs submitted should be black & white and no larger than 5" x 7"). Business Card must include the name of the member. Business Card ads are billed on a quarterly basis.

Mechanical Requirements: B/W Film Negative: Furnished film negatives should be supplied right reading emulsion side down with all artwork and photographs composited 150-175 line screens. If required, additional stripping services are available.

B/W Computer Files: Macintosh computer files will be accepted on Floppy Diskettes, Syquest 44/88 Mb, and 135EZ, Bernoulli 35/44/65/90/105/150/230 Mb and 100 Mb ZIP or 128/230 Mb Magneto Optical disk. Software programs accepted are Quark Express, Freehand, and Illustrator. Final film will be imaged at 2400 dpi using 150 line screens. All photos should be scanned accordingly. Files are to be furnished along with all necessary fonts (both screen and printer), linked graphics (EPS, TIFF etc.) and laser hard copies.

Four Color Process Ads: Advertisers shall furnish color-separated, screened, printing negatives with all type matter in position, 150 -175 line screens, right reading, emulsion down. Rule of thumb for costing is to add 20% to above B/W space rate for one run of press color and 25% to 30% for full four color. ☐

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message from
WINNERS' CAMP**

**KEAUHOU: A NEW
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**Cited by The
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*Tuition includes one-week's
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Life-Skills Training for Teenagers**

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**Choose not to let your parents down;
they brought you up.**

**Be humble enough to obey;
you may give orders someday.**

**Choose companions with care;
you are what they are.**

**Choose only a date
who would make a good mate.**

**Be master of your habits,
or they will master you.**

**Choose not to be a show-off when you drive;
drive with safety and arrive.**

**Choose not to let the crowd pressure you;
stand for something or you'll fall for anything.**

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presents

cruise 97 fashion
show

January 25, Noon
Main Dining Room



featuring fashions from

- gortex
- anne klein
- anne cole
- calvin klein
- and more

In addition, meet representatives

- marilyn nagach of gortex,
- jo hand of anne cole
- joan taylor of anne klein

Reservations: 923-1585



On the Cover: Kawika Grant's photo "Early Riser" was the grand prize winner in the 1996 OCC Amateur Photo Contest. Story and more winning photos on pages 2-5.

the Outrigger

Published by the
Outrigger Canoe Club

2909 Kalakaua Avenue
Honolulu, Hawaii 96815
Phone: 923-1585/921-1485
Dining Room: 921-1444
Beach Attendants: 921-1460
Logo Shop: 921-1432
Fax: 921-1414

Directors

Tim Guard, *President*
Brant Ackerman, *Vice President of Operations*
Mary Philpotts-McGrath, *Vice President of Activities*
Peter Nottage, *Treasurer/Finance*
Mark Buck, *Secretary*
Wendell Brooks Jr., *Assistant Secretary/Long Range Planning*
Robert Moore, *Assistant Treasurer/Historical*
Jimmy McMahon, *Admissions & Membership*
Liz Perry, *Athletics*
Harold Henderson, *Building & Grounds*
Karl Heyer IV, *Entertainment*
Joyce Timpson, *House*
Michele St. John, *Public Relations*

Standing Committees

Tom Merrill, *Admissions & Membership*
Ron Li, *Athletics*
Kurt Mitchell, *Building & Grounds*
Laura Williams, *Entertainment*
Gregg Robertson, *Finance*
Chip Higgins, *Historical*
Conne Sutherland, *House*
Randy Grune, *Long Range Planning*
Al Serafin, *Public Relations*

Management Staff

John R. Rader Jr., *General Manager*
Gordon Smith, *Comptroller*
Donald Figueira, *Food & Beverage*
David Kuh, *Clubhouse Manager*
Debbie Stanley, *Executive Secretary*
JoAnne Huber, *Secretary*

Outrigger Staff

Marilyn Kali, *Editor*
Fax: 833-1591
email: OCCMag@aol.com
Gerry DeBenedetti, *Assistant Editor*
John Mounts, *Advertising*
Phone: 254-2723
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