

the Outrigger

SEPTEMBER 1996



Outrigger Second in HCRA Championships

It was close, but not quite close enough, as the Outrigger Canoe Club finished second to Lanikai Canoe Club in the 46th annual Hawaiian Canoe Racing Association championships at Keahi Lagoon on August 3.

The loss broke the Club's domination over paddling in the state. OCC had won the HCRA Championship for 12 straight years, dating back to 1984. The win was Lanikai's second state title. The first came in 1966.

Lanikai led most of the day but Outrigger came on strong at the end and nearly caught up. Going into the final event of the day, the Masters Men, Lanikai held a four point lead over OCC paddlers, 143-139. In recent years, the Masters have brought home the win, but this year it wasn't meant to be.

The Masters gave it their all but finished fourth behind Lanikai's third place, making the final score

150-145 in the AAA Division. Nui Nalu was third with 103, followed by Hawaiian, 95; Kailua, 87; Kai Opua, 80 and Lokahi 77.

Seven Club crews came home with gold medals—the Boys 16, Sophomore Women and Men, Senior Women, Men's Golden Masters, Women's Open 4, and the Mixed Masters. Five earned bronze medals and three silver medals.

The Sophomore and Senior Women crews had the same six paddlers—double gold for Nicole Wilcox, Donna Kahakui, Lisa Livingston, Sara Ackerman, Pamela Clifford and Kisi Haine.

With points given to the first eight finishers in each event, the state title is truly a team effort.

After the race, Head Coach Kalani Schrader thanked all the paddlers for a very successful year. "It's disappointing to come in second. We've seen the handwriting on the wall and we'll have to come

back much stronger next year to regain the title. We're going to have to kick it in at the beginning of the year instead of waiting until the end of the season.

"There's no question," he said, "Lanikai had a great year. We've always done well because of the number of paddlers we have. Now, the sport of paddling has become very popular and other clubs have as many paddlers as we do, so we'll have to work that much harder to win.

"I really want to thank everybody, from paddlers to the Canoe Racing Committee, coaches and Club members for support of our program.

"The Molokai races are coming up in a few weeks and I hope everyone will give their support to our upper division paddlers as they go for titles in Na Wahine O Ke Kai and the Molokai Hoe," Schrader added. ☺ *Photos by Marilyn Kali*



The Boys 16 brought home the first gold at states—Coach Paul Friese, Peter Slams, Bryan Turner-Gerlach, Patrick Mason, Alexander Turner-Gerlach, Aaron Ackerman and Zachary Payne.



The Sophomore/Senior Women won double Gold—Nicole Wilcox, Donna Kahakui, Sara Ackerman, Lisa Livingston, Pamela Clifford, Kisi Haine.



The winning Sophomore Men were Todd Bradley, Chris Kincaid, Walter Guild, Marc Haine, Mark Rigg and Courtney Seto.



Bruce Ames, Mike Clifford, Mike Town, Tom Merrill, Tay Perry and Scott May won the gold for the Golden Masters.

HCRA Championships

OCC Results

First Place Crews

Boys 16 (1/2 mile)—Peter Stams, Bryan Turner-Gerlach, Patrick Mason, Alexander Turner-Gerlach, Aaron Ackerman, Zachary Payne, 3:46.45.

Sophomore Women (1 mile)—Nicole Wilcox, Donna Kahakui, Lisa Livingston, Sara Ackerman, Pamela Clifford, Kisi Haine, 8:39.68.

Sophomore Men (1 1/2 miles)—Courtney Seto, Mark Rigg, Marc Haine, Walter Guild, Chris Kincaid, Todd Bradley, 11:19.53.

Senior Women (1 1/2 miles)—Nicole Wilcox, Donna Kahakui, Lisa Livingston, Sara Ackerman, Pamela Clifford, Kisi Haine, 13:21.91.

Women Open Four (1/2 mile)—Jennifer Thayer, Norma Santiago, Patricia Nagatani, Na'u Kamalii, 4:51.86.

Mixed Masters (1/2 mile)—Mark Buck, John Finney, Tiare Finney, Bill Danford, Katherine Bechert, Heidi Hemmings-Hall, 4:06.13.

Men Golden Masters (1/2 mile)—Tom Merrill, Michael Clifford, Charles May, Tay Perry, Mike Town, Bruce Ames, 4:02.03.

Second Place Crews

Boys 14 (1/4 mile)—Noah Gibson, Nick Bright, Keoni Williams, Sean Madinger, Andrew Estes, Wakey Mist, 1:51.87.

Girls 16 (1/2 mile)—Sandy Dunn, Annie Rosa, Amy Gamble, Marisa Whalen, Meleana Blaich, Taylor Bechert, 4:17.52.

Women Novice A (1/2 mile)—Kendra Jenkins, Ann Marie Kavanagh, Erin Worsham, Nola

Donahue, Barbara Muller, Tisha Love, 4:24.90.

Senior Men (2 miles)—Courtney Seto, Mark Rigg, Marc Haine, Walter Guild, Chris Kincaid, Todd Bradley, 15:28.17.

Women Golden Masters (1/2 mile)—Ululani Friese, Gerri Pedesky, Ruby Iversen, Barbara Bryan, Peggy Danford, Keanuenue Rochlen, 5:00.51.

Third Place Crews

Girls 12 (1/4 mile)—Erin Larsen, Jessica Hancock, Nani Loui, Jessica Isaacs, Chelsea Stanley-Muir, Briana Ackerman, 2:10.23.

Freshman Men (1 mile)—William Pratt, Byron Ho, Ralph Gray, Stewart Kawakami, Chris Hochuli, Kalani Schrader, 7:39.13.

Women Masters (1 mile)—Paula Grabb, Katy Bourne, Kaiulu Downing, Deborah Peck, Ann Martin, Gary Ann Mattson, 9:31.00.

Fourth Place Crews

Girls 18 (1/2 mile)—Bonnie Pietsch, Melissa Gibson, Candace Gentry, Melialani James, Kaleinani Kowalski, Nanea Tannehill, 4:20.75.

Men's Novice A (1 mile)—Dave Stackhouse, Steve Corbelli, Dean Stowell, Rob Farrow, Chris Dey, Bill Montgomery, 7:59.55.

Men Masters (1 mile)—Keahi Robins, Bill Bright, Henry Ayau, Jeff Metzger, Mike Batungbacal, Brant Ackerman, 7:59.83.

Fifth Place Crews

Junior Women (1 mile)—Mary Smolenski, Diana Clifford, Kaili Chun, Starr Dawson, Genie

Kincaid, Vanessa Lowe, 9:09.17.

Sixth Place Crews

Freshman Women (1 mile)—Dione Wilbur, Stefanie Smart, Jackie Muller, Heidi Friese, Shawn Dudgeon, Kim Everett, 9:09.6.

Seventh Place Crews

Boys 12 (1/4 mile)—Aka Beaumont, William Dornbush, Thomas Finney, Andy Cavanah, Billy Lawson, Scott Bright, 2:18.13.

Junior Men (1 1/2 miles)—Bill Pratt, Byron Ho, Clayton Chee, John Eveleth, Scott Stevenson, Casey Teixeira, 12:10.62.

Senior Masters Women (1/2 mile)—Pam Zak, Maureen Kilcoyne, Jeanne Jenkins, Ann Cundall, Michele St. John, Patricia Mowat, 5:07.52.

Eighth Place Crews

Girls 13 (1/4 mile)—Crystal Thornburg, Marissa Rueter, Kelli James, Morgan Janus, Kim Cundall, Briana Ackerman, 2:21.91.

Eleventh Place Crews

Boys 13 (1/4 mile)—Brandon Stahl, Jordan Kandell, Grant Allison, Josh Komer, Aaron Kandell, Keegan Edwards, 2:09.66.

Twelfth Place Crews

Mixed 12 (1/4 mile)—Matthew Moore, Joseph Udell, Elizabeth Miller, Max DeWolff, Taja Chalker, Brook Perry, 2:35.47.



Winning the Women's Open 4 were Patricia Nagatani, Na'u Kamalii, Jennifer Thayer and Norma Santiago.



Finishing first in the Mixed Masters were Bill Danford, Mark Buck, Tiare Finney, John Finney, Katherine Bechert and Heidi Hemmings-Hall.

OUTRIGGER CANOE CLUB NEW DINING ROOM DINNER ENTREES

*All Entrees include your choice of The Chefs Fresh Vegetables
or Ratatouille and Fresh Rolls and Butter.*

FRESH MAHIMAHI STEAMED WHITE RICE 22.50

Choice of the following preparation:

Canton Style with Red Bell Pepper Julienne and Chinese Black Beans

Sauteed with Butter, Capers and Lime Segments

Broiled and served with Sauce Remoulade

MACADAMIA NUT CRUSTED CHICKEN BREAST 14.25

Roasted Red Bell Pepper Sauce and Steamed White Rice

SEARED FRESH OPAKAPAKA WITH TOBIKO CAVIAR 23.75

Lemon Grass Broth and Steamed White Rice

PETIT FILET MIGNON 17.50

Dried Cherry-Green Peppercorn Sauce and Buttermilk Mashed Potatoes

PAN ROASTED LAMB SIRLOIN 16.50

Whole Grain Mustard Mousseline and Buttermilk Mashed Potatoes

BROILED NEW YORK STEAK 17.50

With Sautéed Wild Mushrooms and Porcini Jus with Baked Potato

SEARED SALMON FILET 15.00

Mild Yellow Curry-Papaya-Coconut Milk Sauce and Steamed White Rice

SAFFRON COUSCOUS WITH CILANTRO PESTO 13.00

Sun Dried Tomatoes, Wild Mushrooms and Artichokes

GARLIC SAUTEED JUMBO PRAWNS 21.50

Roasted Corn Salsa and Rice Pilaf

CHEF'S SPECIAL CREATION

Your server will describe tonight's creation

CLUB FAVORITES

SAUTEED MAHIMAHI OCC STYLE 10.95

Steamed White Rice and Chef's Fresh Vegetables

Broiled available upon request

ROASTED PRIME RIB OF BEEF, THYME JUS 14.25

PADDLERS CUT (12 OUNCES) 16.25

Baked Potato

OCC Luau September 21

"He Ho'olaule'a Ka Wa Kahiko" (Ancient Celebrations)

Nostalgia prevails as we go back in time and celebrate Outrigger Canoe Club's 88th Annual Luau in the real Old Hawaiian Style.

Come early for a whole day of fun-filled events. Sit around on lauhala mats and make leis, talk story and kani ka pila (play music) or join Keahi Robins on the beach as he shows us hana upena kiloi (how to throw net).

Watch the traditional opening of the imu (underground oven) as the pa'ina (party) gets into full swing at sunset. It will be an evening of food, beverage, music and fun.

The luau buffet will feature Hawaiian food—Kalua pig, Lau Lau, Poi, Lomi Lomi Salmon, Sweet Potatoes, Poke, Chicken Long Rice, as well as other local favorites such as Teriyaki Steak, Haupia, Desserts and Fresh Fruit . . . until you can't eat any more!

Upon arrival, The Danny Lopes Duo will greet and welcome guests with their music. Miki'ala Ayau will begin the evening with an opening Oli (chant) and Pule (prayer). The music will be performed by the Na Hoku Hanohano Award Winning Musical Group Ho'okena.

More entertainment is offered by other exciting guest performers Keith & Kanoe Cockett, Stew Kawakami, Aukai, Paki Vaughan and Kamaki Worthington. Our own Halau OCC led by Cathy Ostrem will surprise us with their hula. To add to the memorable event, Hoe Wa'a Muller will perform his fire dance.

Who could ask for anything more? So join us on Saturday, September 21st for a luau in the real old Hawaiian style. ☺



Ho'okena will entertain at Luau.

Kamuela

Are you ready for the country? Because it's time to go!

Mauna Kea Fairways
Anekona Estates
Kohala Ranch
Nani Paniau
Mokuloa

Sandalwood at Waimea
Mauna Lani Resort
Puu Lani Ranch
Waikii Ranch
Maliu Ridge



William N. Jardine Realtor

Keiki o ka 'āina • Buyer's Representative • Waimea resident since 1957.

Phone: 808 / 885-6061 ~ P.O. Box 1599 ~ FAX: 808 / 885-6063
Kamuela, HI 96743

AS THE *Terrace* TURNS...

By Gerry DeBenedetti

The Outrigger Canoe Club was the setting for a surprise 80th birthday party for **Ernie Albrecht** on July 7. Albrecht was the regional manager for Pan American World Airways from 1950 until the airline shut down in 1991, the longest tenure for any airline executive in Hawaii.

His community contributions included president of Honolulu Rotary and official greeter for the City replacing the late Duke Kahanamoku.

Attending the party were 17 old timers from the travel industry all of

whom have played a part in the growth and development of Hawaii tourism.

Norman Ho had a party for his mom's 85th birthday, all four "kids" got together for a friends and family celebration of 60 people.

And happy 40th to **Lo Kaimuloo**, a surprise planned by husband **Clyde**. There were 20 close friends for dinner, and Lo's parents **Bunny and Rip Riddle**. Lo said it was "so special", a birthday to remember.

June Wright hosted the annual birthday party of her PEO chapter in June. It was their off for the summer party and the 18 members and guests "just had a good time".

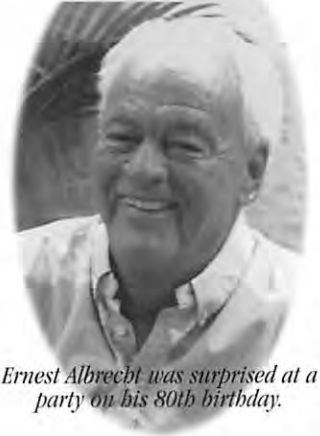
Surprise farewell party held at the Club for friends of **Amy and Scott McCormack**, and **Jean and Tom Fraser**. They enjoyed the Koko Terrace with all the greenery and outdoor atmosphere.

Marilyn Haine has been informed that her late husband, Tom "Daddy" Haine, is being honored again. The Board of Directors of the U.S. Volleyball Association has renamed the Men's All-Time Great Volleyball Award in honor of Tommy. The award will now be known as the "Tom Haine All-Time Great (Male) Volleyball Player Award."

Tommy received the award in

1990 and was inducted into the Volleyball Hall of Fame in Holyoke, MA in 1991. The All-Time Great Player recognition is reserved for a special few volleyball players and it's quite an honor for the Haine family.

Tom was a member of the 1968 Olympic team,



Ernest Albrecht was surprised at a party on his 80th birthday.



Attending the surprise farewell party hosted by Scott and Amy McCormack were, front, Bobbi Dwoksbak, Cathy Brock, Carol Coprivnicar, Jean Fraser and Amy McCormack. Back, Gary Dwoksbak, Bill Brock, Frank Coprivnicar, Tom Fraser and Scott McCormack.

David Buck, center, celebrated his June graduation from UC Irvine with his parents, Linda Snyder and Mark Buck.



Reunited at the 4th of July party at the Club were folks who "go way back"—Todd Payes, Henry Ayau, Bob Apisa, John Rader and Jim Gaddis.



Kamakana Kaimuloo celebrates his Punahou graduation with his grandparents, Bunny and Rip Riddle.



Carolyn Craig hosted a party for newlyweds Lois and John Bihary.



Clyde Kaimulua hosted a surprise birthday party for his wife, Lo.

participated in the U.S. VBA Championships for more than 30 years and twice won the AAU Men's National Championships in each of the four decades he played. He was acclaimed an All-American player many times and was a role model for many OCC athletes over the years.

Carolyn Craig hosted cocktails and dinner at the Club on July 6 in honor of the marriage of John and Lois Bihary of Pasadena, California. The party of 19 wished John and Lois bon voyage for their honeymoon trip around the world.

Virginia (Nia) Graumann was graduated from High Mowing School in Wilton, New Jersey in June 1995 and has just completed her freshman year at Santa Clara University.

Ron Sorrell has been drumming up a lot of publicity about the homeless living at Diamond Head—in Honolulu Magazine and the dailies.

In mid-April, OCC members **Diana and Sid Snyder**, and **Meridith and Dick Libbey** met Betty and Laurie Gordon in Beijing, China. Traveling by plane, van, train, river boat and canal boat, a month and 13 cities later, they exited China from Shanghai.

Kamakana Kaimulua has decided to play football at the University of Montana this year on a full scholarship. He is a June graduate of Punahou and will major in business.

Happy birthday **Carin Rapson** who celebrated the 19th anniversary of her 21st birthday with about 40 friends at a late June brunch. . .

Mike Kometani is a member of a father-son group, sort of an off-shoot of the Y Indian Guides, who meet once a month in outdoor activities. Two of the sons achieved the ripe old age of 8th grade, and were given an Aloha luncheon in July.

Sally Mack put on a special party for husband Preston's 80th birthday. Preston said "small party", and it was just that, with their three daughters, grandchildren, and special guest Masato Doi, who shares grandfather duties with Preston. The Doi son-in-law danced the hula for the family when the OCC trio came to play. The three generations had a lovely evening. Happy Birthday Preston, and MANY more!

Oh happy day for **Dr. Ron Thoman** who became board certified in oral surgery. He had a great

ODKF Party Postponed

The Outrigger Duke Kahanamoku Foundation has postponed the Post Olympic Party scheduled for September 9. An event will be rescheduled at another time. The Foundation wishes to thank its many friends and supporters in the Outrigger Canoe Club for their interest. Mahalo. ☺

Na Wahine Specials

Members are invited to the Club on Sunday, September 29 for drink and pupu specials in honor of the Na Wahine O Ke Kai long distance canoe race from Molokai to Oahu. Outrigger will have four women's crews in the 41-mile race.

Join us at the finish line at the Hilton Hawaiian Village to welcome our women home. And then stop at the Club for a little cheer and support for our OCC crews. ☺

party of 50 people for cocktails and an evening celebration on the Dining Room Lanai.

Barney Robinson hosted 50 for cocktails and pupu as the Hawaii Chevron Association met with their ad agency and vendors.

Jo Roschill, Marilyn Goss and Betty Gallagher had a very special remembrance lunch for their 91 year old friend, the late Harriet Brennan who lived in the Colony Surf. It was a very touching gathering as 14

friends met to honor and say Aloha Harriet.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk, fax to 833-1591 or email to OCCMag@aol.com. ☺

Sid and Diana Snyder, Betty and Laurie Gordon and Meridith and Dick Libbey visited China in April.



Fred Hemmings' 3rd Annual Maunawili Trail Run

"The Flume Through the Dark Tunnel"

Photo by Keoni Kino

Recovering from knee surgery, Fred Hemmings took time to trace out a trail run through the old part of Maunawili, past Olomana and exiting into Waimanalo. These were trails many have heard about but few have ever run.

Years ago, while running with Kent Bien, they stumbled upon the old water flume—a man-made state-maintained irrigation ditch carved through the mountain to bring water from Nuuanu Pali through Olomana into Waimanalo.

This ditch trail, legend has it, was built by engineers right after the turn of the century—over 90 years ago. At that time Kailua was all swamp and had no fresh water. Waimanalo needed water for agriculture, hence the necessity of the water flume. The flume is about 4 feet wide by 2 feet deep and winds its way around the mountain ridges, working by gravity, to funnel the water several miles into Waimanalo.

An adventurous crew of runners gathered together at 7 a.m. Sunday, June 23 at Fred's home to begin this wondrous experience. To avoid losing the group, Don Eovino and Dawn Isa reconnoitered the trail from Fred's map the night before to see if it was achievable and fortunately stumbled their way through before dark befell them.

Braced with confidence, Don led a group of vigorous runners including Katy Bourne, Paula Jenkins, Norma Santiago, Thea Von Appen and a visiting friend from San Francisco, Kathy Phillips (who so desperately wanted to run trails in Hawaii she told Paula she would pay her for some interesting runs. Little did she know what was in store for her).

Rounding out the group was OCC member Keoni Kino.

They had been warned that the trail was impeded by a tunnel cut through the mountain, so a couple of flashlights were brought along.

The trails Fred found were not well traveled and his map proved quite accurate. It was interesting to note that Fred named landmarks similar to how he and his surfing cronies had nicknamed hot surfing spots. So on the map was the open area known as utilities (in a clearing of utility wires).

After climbing for about one and a half miles up the ridge, the intrepid runners found themselves running like mountain goats straddling the ridge literally between Olomana and Waimanalo.

One foot would be placed on the left side of the trail and you could see all of Waimanalo and Bellows. The right foot would be placed on the right of the ridge and you could see Mt. Olomana.

From that we traversed the mountain, ran past "utilities" and began a short descent until we reached the water flume. Running alongside the flume for about 500 yards, we came upon the tunnel cut through the rock and only about 4-feet high.

At this point Fred and Don scared us with stories about the human-eating Kimodo Dragon who lived in the recesses of the 100-year old cave and trapped unsuspecting explorers, blood sucking leeches, and screaming wombats that also inhabited the tunnel.

So with a whoop and a holler, all runners jumped into the flume, treaded water and precariously entered the tunnel, with flashlights flickering. Amidst laughing, splashing and screaming we plundered ahead bumping, stumbling and stooping for

several hundred yards.

At mid point, to experience the effects of total darkness we temporarily shut off all the flashlights and the eerie darkness was too hard to take for most of the group—on went the lights! With yells of "hurry up" the group plunged ahead until the tunnel opened up to a 6-foot ceiling where all could finally straighten up. Now, at this point-of-no return, the runners felt a little more at ease and finally exited the tunnel a hundred yards further.

One half hour later all of the group was back at Hemmings' cleaning up, enjoying refreshments and talking about what they went through. Fred wrestled around in his chair and started working on a new map for next year. ☺



Making the flume run were Thea Von Appen, Paula Jenkins, Katy Bourne, Kathy Phillips, Don Eovino, and Norma Santiago.

Northern Exposures
Introduces our
New Pencil Post Bed
with Pineapple Finials
the "Hala Kabiki"



We also carry armoires,
dressers, tables,
nightstands & more.

Call to view our showroom
NORTHERN EXPOSURES
CARRIE CHRISTMAN, OWNER
373-9243

CLUB CAPTAIN'S Corner

By Ron Li

It's that time of year again. We are searching for a new volunteer Club Captain and Chairman of the Athletic Committee. In this exciting role, you act as a coordinator, coach, watch dog of the athletic funds, and help 13 subcommittees grow their programs.

The two biggest committees are Canoe Racing, with Tay Perry as Chair, and a strong support group of administrators and coaches caring for 350 paddlers entered in 32 regatta races.

The next is Volleyball, chaired by Stevie Li, and a committee of masters players/coaches. This program has grown during the past 10 years, and the paperwork involved is more than all of the other athletic subcommittees combined.

After I retire as Club Captain for the second time, I'll continue to help Stevie.

This is also the case with other recently retired Club Captains. Liz Perry is

now Coordinating Director of Athletics. Bill Bright was the same and is now working on our Athletic Long Range Plan. Greg Moss has continued to work on a solution to address the demands for more kayak/one-man canoe racks. Paula Crabb handles the annual computerized task of registering our 350 paddlers for the Club and OHCRA.

Our athletic programs touch the lives of more than 1,000 athletes in the Club.

The other athletic subcommittees and their chairs are:

One-Man Canoe/Kayak	Chris Kincaid
Fitness	Byron Ho
Golf	Joie Gopez
Motorcycle	Alan Pflueger
Paddleboard	Chris Moore
Running	Don Eovino
Softball	Jim Gaddis
Surfing	Mark Jackola
Swimming	Arnold Lum
Tennis	Gloria Keller
Water Polo	Robert Gifford

Interested? Please call me or talk to any one of the past Club Captains. Candidates will be submitted to the Board of Directors for final selection in September. ☺

Summer Volleyball Heats Up

The Jose Cuervo National Tour stopped in Honolulu at Fort DeRussy Beach on June 29-30. The top two teams of the tournament automatically receive an invitation to compete in the Jose Cuervo in Florida on October 5-6 to compete for \$30,000, with the winning team receiving an all expense paid trip.

Stevie Li and Sean Scott defeated Jon Andersen and Adam Lockwood, 15-12, in one semifinal. In the other semifinal Kanoa Ostrem and Jason Hodell defeated Erik Pichel and R. D. Gray, 15-10.

In the final, Li and Scott defeated Ostrem and Hodell, 15-11. Both teams will represent Hawaii in the national tournament in October.

In the Jose Cuervo qualifier in Manhattan Beach California, Kevin Wong and Jon Anselmo defeated Wayne Seligson-Mark Paaluhi in the final.

OCC players traveling to Fort Lauderdale, Florida for the national tournament include Kevin Wong, Wayne Seligson, Stevie Li, Sean Scott, and Kanoa Ostrem.

Wong and Li Representing USA

Kevin Wong and Stevie Li will be wearing red, white, and blue representing the USA along with teammates Mike Diehl and Duane Cameron in Hong Kong from August 15-18. The team is fully sponsored and was chosen by the U.S. Olympic Committee and will be coached by Gary Sato (long-time U.S. National Men's Assistant Coach) and Scott Sato.

There are eight teams in the field of competition which consist of Australia, Brazil (the 3-time defending champion), China, Hong Kong, Indonesia, Philippines, Japan, and the USA. The four-man beach teams will compete for \$30,000 in prize money.

OCC Dominates Kona

The annual Keauhou Open in Kona attracted many of the best players throughout the State. Even though the tournament was in Kona, it was an all OCC final as Alike Williams and Stevie Li won the tournament by beating Jon Andersen and Adam Lockwood, 11-2. ☺



Jose Cuervo winners Stevie Li and Sean Scott.

OCC Results:

Kane-Wahine at OCC July 20

- 1st Marc Haine-Kisi Haine
- 2nd Adam Lockwood-Nalani Yamashita
- 3rd Alike Williams-Lindsey Berg
- 4th Sean Scott-Erin Berg
- 5th Kanoa Ostrem-Renee Akiona
- 5th Bob Jenkins-Chastity Nobriga

Jose Cuervo at Fort DeRussy June 29

- 1st Stevie Li-Sean Scott
- 2nd Kanoa Ostrem-Jason Hodell
- 3rd R. D. Gray-Erik Pichel
- 3rd Jon Andersen-Adam Lockwood
- 5th Danny Alvarez-Bob Jenkins
- 5th Marc Haine-Dean Hirahara
- 5th Walt Quitan-Nikolas Berger
- 5th Masui Allen- Ala
- 9th Kirk Christman-Josh Helbling
- 9th Danny McNerny- Tony McNerny
- 9th Jeff Poppinga-Guy Kaniho
- 9th Tim Walston- Watt Throngkul

Keauhou Open at Kona July 6-7

- 1st Stevie Li-Sean Scott
- 2nd Jon Andersen-Adam Lockwood
- 3rd Kahinu Lee-Masui Allen
- 4th Danny Alvarez-Erik Pichel
- 5th Tony McNerny-Andrew Canon
- 5th John McDermott-Hargon Holland

Outrigger 18's Volleyball Takes San Jose by Storm Win Silver Medals at Junior Olympics

By Scott Rigg

January

I received a call from Doug Ostrem informing me that the OCC Boys' 18's volleyball team had been approved for funding to travel and compete in the Junior Olympics in San Jose, Calif. in early July.

He named off a number of talented, enthusiastic, young players, all of whom have been raised on the OCC "baby courts." As the conversation progresses, the reason for the call becomes evident—they are coachless. I accept the offer.

February/April

The team trains one night a week, entering local tournaments on weekends. We are very big at the net, yet lack focus, ball control and consistency. By the end of April we are still a far cry from being even a top 20 team in the highly competitive 18 and under division.

May/June

We increase training to three nights a week. By the end of June we are starting to jell. The boys are beginning to realize what it will take in order to be competitive at the

Junior Olympics. We decide our short term goal will be to reach the Gold division in San Jose.

July 4 - 7

Junior Olympics at San Jose Convention Center. . . 96 teams . . . one pool per day. . . must place 1st or 2nd in each pool in order to have an opportunity to qualify for Gold division (top 7) . . . teams are all huge and very talented. . . most favored teams contain 2-3 top college recruits . . . time to "step up to the line."

Day 1

The boys have come ready to play, dismantling all teams in pool 1 . . . advance to day 2 with undefeated record . . . middle attackers Clay Stanley and Koa Ostrem are unstoppable . . . our passing is excellent. . . we look very focused. . . great start.

Day 2

Another undefeated day in the gym. . . Outrigger "hammers" an excellent Nike team from San Jose, silencing many boisterous local fans in the process . . . our intensity and confidence are on the rise. . . we are turning some heads . . . on to the final 14.

Day 3

Our opponents begin to "key" on Clay and Koa . . . setter Dylan Fern wisely chooses to "go to the poles" and begins to set outside hitters Milo Haneberg, Scott Wong, Craig Gamble, and Dominic Griffin . . . with "one on one" situations on the outside, our offense continues to roll. . . we arrive undefeated to our gold qualification match against an all-star team from Manitoba . . . OCC is "on fire" against the Canadians . . . the match is not even close. . . on to the final seven. . . the word is out Outrigger is the team to beat.

Day 4

The final day sees us entered in a seven team double elimination tournament. . . we win our first match handily. . . we now face Sports Performance, the "Cadillac" of Midwest volleyball . . . game one is a disaster. . . a new line-up and incredible efforts by Chris Johnstone, Nate Jim, and Lindsey Breeden result in "nail-biter" wins in games two and three . . . an unbelievable comeback. . . on to face Balboa Bay Club, the Southern California "powerhouse". . .

another three game thriller won by OCC . . . on to the finals against a very "stacked" Los Angeles Athletic Club team . . . the boys from Hawaii play with heart but fall in straight sets. . . LAAC is too much for us . . . Scott Wong makes first team and Dylan Fern second team All-American. . . OCC leaves the gym on "cloud nine", . . . these kids are second in the nation and have blown away many of the tournament favorites, finishing with a 24-6 record. . . everybody starts thinking tradewinds . . . lucky we live Hawaii . . . let's go home.

Despite all-star selections, the success of the OCC 18's was surely a ten man effort. . . no "weak links" on or off the court. I can't say enough about this group's heart . . . they were truly awesome, and a class act, too.

Mahalo to the Outrigger Canoe Club and team parents for all your support. A special thanks to Ralph Smith for coming over from Santa Cruz to help coach and scout. We would not have gone as far without his efforts. Keep your eyes open for these junior players in years to come. ☺



The OCC Boys 18 volleyball team won Silver Medals at the Junior Olympics. Front, Dylan Fern and Chris Johnstone with the trophy. Standing, Craig Gamble, Dominic Griffin, Scott Wong, Clay Stanley, Koa Ostrem, Milo Haneberg, Lindsey Breeden, Nate Jim, and Coach Scott Rigg.

Duke VolleyBall

Don't forget to sign up
for the

**Duke Kahanamoku State
Volleyball**

Championships
at the Club

on September 7-8.

OCC Girls Win State Championship

By Bill Johnson

The OCC girls volleyball team recently won the USAV State 16s Championship at McKinley High School. Competing against 10 other teams statewide, they lost only one game en route to the playoffs where they beat the Asics Rainbow volleyball team in the final match two games to none.

After two weeks of intensive training, the girls departed for Northern California where they competed in the Kaepa Volleyball Festival, the largest women's sporting event in America consisting of 800 teams and more than 8,000 girls between the ages of 12 and 18.

Participating in the largest division, the girls 16s, the OCC team competed for five days, playing at least three matches per day. They played a total of 16 matches, winning 13 and losing only three. They finished 21st out of 340 teams.

Their most exciting match was against a huge Nevada Jr.'s team (four girls over 6'1"), the 10th seed of the tournament, where we took them to a double final. Matching our ball handling against their hitting and blocking provided a spirited competition of six games where the Nevada team eked out a win in the double final.

Our successful trip to California capped a wonderful inaugural season highlighted by a high finish at the Las Vegas Invitational in February, a second place finish in the Women's B at the Haili Tournament in March and winning the State's in June.

This group of hard working athletes included Kia Ostrem, setter; Lesley Johnson, Brandy Mailer, Annie Rosa, middle blockers; Mahealani Lum, Marisa Whalen, Amy Gamble, Kiana Henry, outside hitters; and BJ Yoshino and Reiko Schoenfeld, opposite hitters.

The team was guided patiently and effectively throughout the long season by Coach Kisi Haine who had to sacrifice many paddling and personal activities for the volleyball court.

We want to extend a big mahalo to team moms Rosie Lum who watched over the girls and gave them late night massages in the dorms at the Kaepa tournament and Maile Ostrem who washed and washed team uniforms late into the night, and Team Dad Bill Johnson who chauffeured the team around

the greater Sacramento area and only got lost three times.

We also want to thank the other family members for their season long support with fundraising, potlucks and cheering at the games.

And finally, all the girls and their families would like to thank the Club for their financial support and especially thank the following individuals who continuously supported us all season long—John Rader, Stevie and Ron Li, Doug Ostrem and godfather Dennis Berg. ☺

Photo by Maile Ostrem

The Girls 16s waiting to enter opening ceremonies at Davis Festival—Amy Gamble, Brandy Mailer, Mekia Ostrem, Annie Rosa, Mabealani Lum, Lesley Johnson, Marisa Whalen, BJ Yoshino, Bill Johnson and Kisi Haine.



international buffets



Friday, September 6
Western Paniolo (BBQ)



Friday, October 4
Oktoberfest



Friday, November 1
Flavors of Thailand & Malaysia



Friday, December 6 French &
Spanish Cuisine

Reservations
923-1585

Boys 16 Volleyball

By Paul Johnstone

The OCC Boys 16 participated in the Junior Olympics in San Jose, California, July 4-8. The JO's represented a learning experience for most of the boys who were coached by Kanoa Ostrem.

A serious ankle injury to 6'5" middle block, team captain, Keoni Kowalski, prevented the team from advancing in the final day's single elimination

tournament though they kept siding out and scoring before falling to Spokane in a pressure packed rally scoring third game, 18-20.

Playing on the 16s were Keoni Kowalski, Keoni Williams, P.J. Malin, Doug Johnstone, Duff Janus, Aaron Ackerman, Brenden Watumull, Matt Carr, Alan Rohter and Luke Rigg. ☺

Non Run Fun Festival

Members had a great time at the 3rd Annual Non-Run Fun Festival, July 15th at the Club. 1) Fred Hemmings reads the proclamation to start the run. 2) Guido Salmaggi sang the National Anthem. 3) Jack Scaff gets ready to shoot

off the Honolulu Marathon cannon. 4) Food stations included OCC, Gordon Biersch, Compadres, Big Island Steak House, Harpo's, Hoku's, Hooter's, Indigo, Scott's Seafood Grill & Bar, Sunset Grill and Trilussa. 5) Members enjoyed the food and beverage,

and music by Rolando Sanchez (Salsa Hawaii). Later in the evening, more than \$10,000 in items were auctioned. If you missed it, you missed a great summer party. ☺



1996 Olympics Games

Outrigger's three Olympians all had a great time in Atlanta but none were able to bring home a medal from the 1996 Summer Games.

Chris Duplanty, goalie and captain of the U.S. water polo team, competed in his third Olympics. The water polo team finished in seventh place in the competition, after losing to Gold medalist Spain in the quarter finals.

Although Mike Lambert played very well in his first Olympic appearance, the U.S. volleyball team

didn't make it to the final rounds, either. The U.S. team was eliminated from medal contention by the combination of its loss to Bulgaria and Brazil's victory over Cuba. The Netherlands won the Gold.

Traci Phillips, in her third attempt for Gold, competed in the K1 500-meter kayak race but finished last in her semi-final heat and didn't make the finals. She says she will retire from Olympic competition. ☺

The Risk Management Group, Inc.

900 Fort Street-Suite 1210
Honolulu, Hawaii 96813
Phone (808) 521-8074
Fax (808) 531-8341

**Independent Risk
Management
Consultants
since 1980**

**Specializing in all areas of
Insurance Analysis and Planning**

Auto, Property,
Workers Compensation, D&O,
EPL, Professional Liability,
Safety & Loss Control,
Employee Manuals, etc...

14th Annual OCC Amateur Photo Contest

By Robin Nonaka

OK all you OCC shutterbugs, it's time to get serious and start gathering your ideas for the perfect shot or sorting through your negatives for your winning entry in this year's Photo Contest. The Public Relations Committee promises another great contest for all you yet-to-be-discovered photographers. Entries are now being accepted at the Front Desk.

Categories

- Outrigger Canoe Club Theme
- Hawaii
- Keiki (children)
- Junior Photographers—18 years old and under
- Photos can be either color or black and white

Prizes

A grand prize winner will be selected from all entries and will grace the cover of the January 1997 issue of *The Outrigger* magazine. In addition, awards will be given to first, second and third place for each category. In the event of insufficient

entries in any of the above categories, the judges reserve the right to eliminate such category and apply the prizes to one of the other remaining divisions.

Winning entries will be published in the January 1997 issue of *The Outrigger* and displayed in the Club Lobby display case. Negatives or slides of winning entries must be provided to the Public Relations Committee by November 10, 1996.

Who May Enter

All OCC members and their immediate families are eligible. Public Relations Committee members are excluded, however, their family members may enter.

Contest Rules

All photos must be 8" x 10" (at a minimum).

All photos must be dry mounted on foamcore or posterboard. Matte frames are optional.

Pictures must be taken by the

person submitting the entry.

No more than five (5) entries per photographer.

All entries must be placed in a protective envelope.

For those wishing their entries returned by mail please include a self-addressed stamped envelope with protective backing along with your entries. Please remember that OCC will not be responsible for returning entries without the proper amount of pre-paid postage.

All other entries and awards must be picked up at the Front Desk between February 3-5, 1997. If you are unable to pick up your entries during these dates please provide a self-addressed stamped envelope. All entries not returned by mail due to insufficient postage and/or not picked up during this period shall become property of OCC and donated.

All entries which do not meet these specifications will be disqualified.

How to Enter

Either complete the entry form provided (also available at the Front Desk) and tape it to the back of each entry, or print your name, address, daytime telephone number and category entered on the back of each entry.

All entries must be delivered to the Front Desk of the Club by 5 p.m. on Wednesday, October 30, 1996, or mailed to: Outrigger Photo Contest, c/o Public Relations Committee, 2909 Kalakaua Avenue, Honolulu, Hawaii 96815 and postmarked by October 30, 1996. ☐



1996 OCC AMATEUR PHOTO CONTEST ENTRY FORM

NAME _____ MEMBERSHIP NO. _____

STREET ADDRESS _____

STATE _____ ZIP CODE _____

DAY PHONE NO. _____ NAME OF CATEGORY _____

I understand the OCC and the Public Relations Committee will not be held responsible for the damage or loss of any entry, and I enter with the full knowledge of the contest rules.



Princess Kaiulani



1222 Kaumualii St. Ph. 847-4806
Monday to Saturday 9-5

Outrigger Wins Kaupiko Regatta and Oahu Championship

Outrigger Canoe Club paddlers came on strong at the end of the season to win the John D. Kaupiko Regatta on July 14 at Marine Base Hawaii-Kaneohe Bay, and the

Oahu Hawaiian Canoe Racing Association Championship, July 21 at Keahi Lagoon.

In the Kaupiko, OCC scored 91 points to Hui Nalu's 66, Kailua's 58

and Lanikai's 56.

Outrigger won 12 events.

In the OHCRA Championships, OCC again scored 91 points, followed by Kailua with 68, Hui Nalu with 67,

and Lanikai with 64.

OCC has now won 10 of the last 12 OHCRA championships.

Outrigger won 13 events. ☐

John D. Kaupiko Regatta July 15, 1996 at Kaneohe Bay Winning OCC Crews

Boys 12 (1/4 mile)—Andy Cavanah, William Dornbush, Joseph Udall, Brian Cohrt, Matthew Moore, Billy Lawson, 2:22.80.

Girls 13 (1/4 mile)—Crystal Thornburg, Marissa Rueter, Kelli James, Morgan Janus, Kimberly Cundall, Nani Naish, 2:21.11.

Boys 14 (1/4 mile)—Nick Fowler, Nick Bright, Keoni Williams, Sean Madinger, Justin Chalker, Wakey Mist, 1:59.98.

Boys 16 (1/2 mile)—Will Estes, Brady Jencks, Peter Stams, Patrick Mason, Alexander Turner-Gerlach, Zach Payne, 3:56.53.

Novice A Women (1/2 mile)—Kendra Jenkins, Ann Marie Kavanagh, Alison Guard, Nola Donahue, Erin Worsham, Tisha Love, 4:32.64.

Freshman Women (1 mile)—Dione Wilbur, Stefanie Smart, Jackie Muller, Heidi Friese, Kristen Spengler, Kim Everett, 8:31.00.

Junior Women (1 mile)—Jennifer Thayer, Genie Kincaid,

Norma Santiago, Na'u Kamalii, Tracy Selling, Carolyn Hall, 8:32.42.

Junior Men (1 1/2 miles)—Brad Wagenaar, Kimo Brown, John Eveleth, Scott Stevenson, Casey Teixeira, 11:25.58.

Senior Women (1 1/2 miles)—Nicole Wilcox, Donna Kahakui, Sara Ackerman, Lisa Livingston, Pam Clifford, Kisi Haine, 12:28.89.

Open 4 Women (1/2 mile)—Susan Ireland, Lisa Livingston, Tricia Nagatani, Kisi Haine, 4:45.68.

Senior Masters Men (1/2 mile)—Bill Bright, Mark Buck, Bill Danford, John Finney, Jeff Metzger, Brant Ackerman, 3:53.81.

Golden Masters Women (1/2 mile)—Diane Stowell, Ulu Friese, Ruby Ifversen, Barbara Bryan, Gerri Pedesky, Keanuenue Rochlen, 4:50.99.

OHCRA Championships July 21, 1996 Keahi Lagoon Winning OCC Crews

Mixed 12 (1/4 mile)—Makena Carr, Joseph Udell, Taja Chalker, Max DeWolff, Lindsey Young, Briana Ackerman, 2:31.88.

Boys 12 (1/4 mile)—Aka Beaumont, William Dornbush, Billy Lawson, Andy Cavanah, Thomas Finney, Scott Bright, 2:20.14.

Boys 14 (1/4 mile)—Nick Fowler, Nick Bright, Keoni Williams, Andrew Estes, Sean Madinger, Wakey Mist, 2:01.27.

Boys 16 (1/2 mile)—Will Estes, Brady Jencks, Alexander Turner-Gerlach, Patrick Mason, Peter Stams, Zach Payne, 3:50.78.

Novice A Women (1/2 mile)—Kendra Jenkins, Ann Marie Kavanagh, Allison Guard, Nola Donahue, Barbara Muller, Melanie Behm, 4:26.26.

Junior Women (1 mile)—Genie Kincaid, Norma Santiago, Na'u Kamalii, Tiare Richert-Finney, Tracy Selling, Vanessa Lowe, 8:32.19.

Junior Men (1 1/2 miles)—Clayton Chee, Todd Hart, Brad

Wagenaar, John Eveleth, Scott Stevenson, Casey Teixeira, 11:26.27.

Senior Women (1 1/2 miles)—Nicole Wilcox, Donna Kahakui, Jackie Muller, Lisa Livingston, Pam Clifford, Kisi Haine, 12:54.49.

Open 4 Women (1/2 mile)—Jennifer Thayer, Patricia Nagatani, Kaili Chun, Kisi Haine, 4:37.08.

Masters Women (1 mile)—Paula Crabb, Katy Bourne, Kaiulu Downing, Deborah Peck, Ann Martin, Gay Ann Matson, 8:59.75.

Masters Men (1 mile)—Chris Kincaid, Courtney Seto, Marc Haine, Walter Guild, Henry Ayau, Brant Ackerman, 7:10.35.

Golden Masters Women (1/2 mile)—Diane Stowell, Ulu Friese, Ruby Ifversen, Gerri Pedesky, Peggy Danford, Keanuenue Rochlen, 4:49.13.

Golden Masters Men (1/2 mile)—Mike Clifford, Fred Lowrey, Tom Merrill, Charles May, Norm Dunmire, Bruce Ames, 4:08.69.



Winning the Mixed 12's event in the OHCRA Championships were Lindsey Young, Briana Ackerman, Taja Chalker, Joseph Udell, Max DeWolff and Makena Carr.

Club BBQ's

Enjoy the last days of summer at Club BBQ's which will be held on Labor Day, Monday, September 2, and Saturday, September 28, from 6-9 on the Hau Terrace. Grill your favorite New York or Filet Mignon Steak, Chicken Breast or Mahimahi. Salad Bar, beans and rice and garlic bread complete the menu.

Reciprocal Clubs Reviewed

By Valerie Davis

As you are aware, OCC has reciprocal agreements with private clubs around the world—45 in fact. Many of these clubs have members who use the Outrigger frequently, and we enjoy having them use our facilities. The majority of these visiting members come from West Coast clubs. There are also clubs that haven't had any one visit us in a long time.

The House Committee is planning to implement a clean up of this list, and we would like to request your assistance.

If you have any reciprocal clubs that you especially enjoy visiting, we would like to ask that you write this on a note stating your reasons and leave it at the Front Desk for John Rader. By the same token, if you have visited one that you do not feel

lives up to our standards, then please leave that information also.

This will help us greatly when we look at cleaning up the list. There is a list of reciprocal clubs available at the Front Desk. We would also appreciate it if you would write up a short article on the facilities of a reciprocal club that you may visit. Bring it back, possibly with a picture of yourself taken at that particular club, and we will try and run that information in The Outrigger.

We would also like to request that when you travel, either on business or leisure, if you find a club you believe would qualify for our list, then please bring the information back with you, and we will take a look at trying to enter into an agreement with them.

Some of the things we look for in reciprocal

clubs are that they are prestigious and in a good location, have good dining facilities, work out facilities, such as a gym, pool, beach, tennis, volleyball, basketball, racquetball courts, etc. Hotel room space can be desirable as well.

We also like to have their members visit OCC, assuming they have the similar membership to ours. Your opinion on this would be valuable.

We are continually getting requests from many clubs for reciprocity and are constantly working on this. We hope to increase our international clubs. We have recently added the American Club in Hong Kong and the Yacht Club of Monaco—both of which are outstanding facilities. We hope our members will take advantage of these clubs, and that their members will be interested in using OCC.

Thank you all in advance for your kokua. ☺

Club Has New Sous Chef

By Gerry DeBenedetti

Welcome Kelley Heldt, sous chef in the kitchen. This is an "underchef" position to our Executive Chef, Manfred Pirscher. Kelley denies being hired because he has a German sounding name. It is actually Latvian, and he grew up in the San Francisco area, where he attended cooking school at San Francisco City College.

He says he became interested in cooking when he was 15 and his father remodeled the family kitchen. He has been in Hawaii for three years,

working formerly at the Manoa Fresh Market.

An avid cyclist, Kelley bikes to work from his home in Makiki, and regularly trains on the Tantalus Loop. He recently participated in the 134 mile around Oahu perimeter bike race.

He is 26 and single. First cook Lang Huyhn is his number one fan, saying "Kelley is very good!" If you know Lang, then you know how quickly Kelley has fit in with our OCC family. ☺



Our Food and Beverage staff are Chef Manfred Pirscher, Dining Room Manager Liz Ventura, Sous Chef Kelley Heldt, and Food and Beverage Manager Don Figueira.

Na Wahine O Ke Kai September 29

By Genie Kincaid

The 18th Annual Na Wahine O Ke Kai is set for Sunday, September 29, and Outrigger will be there in force. With the number of upper division women racing for Outrigger, it appears there will be three crews in the Open Division, and one crew in the Masters Division.

That the Outrigger women's program always focuses upon the Molokai race as its prime objective is not lost on the competition, and consequently, makes them a contender that can not be

underestimated.

Most of Outrigger's women paddlers race simply because Molokai's at the end. Long distance canoe racing has a most compelling allure. A chance to surf swells on the Pacific blue, to challenge oneself to push beyond personal boundaries, to work hard, harder, and hardest with five other crewmates in a canoe to sprint over miles of open ocean. Distance paddling is its own reward.

Only four distance races precede the Na Wahine O Ke

Kai—Dad Center and the Queen Liliuokalani (Kona) in August, Catalina on September 7 and Pokai on September 15. But the 41-mile Molokai race is the definitive race for all paddlers.

At Outrigger, the object is not just to do the Molokai race, but to win it. It takes years of training, personal sacrifice and real commitment to meet this goal, and all of Outrigger's women stand prepared. ☺

Outrigger Deadlines

All members are invited to submit articles or photos to appear in The Outrigger. Articles should focus on social or athletic activities of members, or other articles that would be of general interest to the membership.

The deadline to submit articles is five weeks prior to publication. The deadline for the November issue of The Outrigger is September 25.

Leave items for the Editor at the Front Desk, fax to 833-1591 or send e-mail to OCCMag@aol.com. ☺

Open Men Paddlers Making the Transition

By Genie Kincaid

Outrigger's upper division men's canoe racing program is decidedly lean this year, and the strength of Outrigger's competition from other local clubs confounds the men's own aspirations for success this year. But coach Mike Mason isn't pushing any panic buttons.

"This year, we're working hard and having more fun than last year. The guys who are here want to be here. The numbers aren't good but the energy is way higher."

As regatta season got underway, the paltry numbers revealed an exodus of Outrigger's younger talent. But Mason, seeing the cup half full, not half empty, is nonchalant. "We have a fine group of younger guys coming from our freshmen and novice groups." In fact, the Club could depend on these crews for points in OHCRA's six regattas this summer. "And I've never seen a senior crew put in as much time with the younger guys as this year's senior men."

That senior group of paddlers Mason relies upon has 17 Molokai Hoe wins among them. With that comes years of valuable experience and knowing what it takes to win the big races. Mason doesn't hesitate to utilize his resources and defends his practice of coaching by committee. "The senior paddlers have lots of knowledge. It's good to get input. Besides it's better than one mind trying to run everything. Why not use the resources?"

Though 1996 is a lean year, Mason's goals for the men are no different from any other Outrigger coach—win Molokai. "If you set as a goal anything lower than winning Molokai, why even bother?" True, but are the men's chances of winning realistic, "You have to go with what you got. If I get a couple bonus

babies (translation, ringers) to add to the mix, great. But I can't depend on that. Right now, I'm looking to fine tune the elite paddlers, and get the nine fastest guys for Molokai."

The men have been experimenting with different ideas to improve themselves. Most notable of these is incorporating one-man canoe work outs into the training regimen. Lanikai's success notwithstanding, Mason was already a believer in the benefits of training on the one-man.

"From a strength and conditioning aspect, the one-man keeps you in unreal shape. And if you're not effective in a one-man, it shows. It teaches you efficiency in the water, and how to read the ocean."

The pay off is the conditioning of his paddlers is excellent. Just in time to execute during the distance season which begins after the HCRA State Championships.

Mason would like to see the men enter three open crews for Molokai, including a competitive koa crew and a younger group of paddlers, "just to keep the younger guys excited. As a young paddler, guys like me used to put up with the regatta grind just to paddle distance."

He recognizes that the men's program is in transition, but with quiet determination, embraces the challenge

to move the men's place in paddling history to the next chapter. A difficult course to navigate, but as Mason puts it, "I'm definitely a rough water sailor."

He is aware that comparisons to previous coaches and their successes are inevitable, but doesn't feel he has to match up. With all due respect to

all other men's coaches in Outrigger's history, his job today is turn the men's program around. It is his personal goal, and his temperament is suited to the task. ☐

Outrigger's Upper Division Men—Marc Haine, Todd Bradley, Mark Rigg, Courtney Seto, Walter Guild, Coach Mike Mason and Chris Kincaid.



Now two locations to serve you.

For your convenience you can make an appointment at

either the Beretania / McCully location or the Kahala Mandarin

Oriental Hotel. Kamaaina rates – facials, hair, nail and body care.

Parking validated at the Kahala centre.

McCully 947.9777 Kahala 739.1919



connie gayle beauty centre

"Power is Pleasure" In Women's Canoe Racing

By Genie Kincaid

It is the mantra of Outrigger's upper division women. "Power is pleasure." It is supposed to refer to the mechanics of the paddling stroke. That the proper application of power results in speed through the water, greater utility of effort and therefore, pleasure on the part of the paddlers.

But it also aptly describes the results of the open women's effort, for all summer long, they have consistently placed in the point standings for the five OHCR regattas. Except for the Waimanalo Regatta, the women would account for at least two first place finishes out of a possible five events, and place second or third in the rest.

At the Oahu Championships, the open women won the Junior, Senior and Open 4 events, and placed a strong second in the competitive Freshmen and Sophomore events. At States, they won the Sophomore, Senior and Open 4 races. This kind of depth not only gives Coach Steve Scott more options in putting together combinations, but also ensures the strongest crew will emerge.

What explains the success of the women's program? If numbers have anything to do with it, 1996 is a bountiful year. Nearly 40 women registered for the upper division, which does not include the women in the

novice and masters divisions.

Many point to fifth year coach Scott, and his unequivocal reputation for winning as the reason for the women's success. As senior steersman, Kisi Haine, summarizes, "Steve's got a program. He cares. He's there. He puts in tremendous time and effort."

But the coach himself points to other reasons. "For one thing, no one's quitting. People keep coming back year after year. Another thing is the novice program and what Liz (Perry) and Conne (Sutherland) have been doing with the girls there."

Exactly what they have been doing over the last three years with the Novice A program is simply phenomenal.

Continuing the achievements of the 1995 crew, this year's Novice A crew has won every race this season except two. But although Perry's and Sutherland's emphasis is to see that their novice charges have fun by winning, the true goal is to prepare for the ultimate paddling challenge, the women's Molokai race. As Perry puts it, "From day one, we have Molokai on the mind."



This whole mind set dovetails perfectly with Coach Scott's plans, for as he sets incremental goals for the women to achieve-throughout the regatta season, the process is building toward the final goal which is to win the women's Molokai race.

And therein lies the reason for the success of the women's program. The women who participate in Scott's program understand how much work and sacrifice go into attaining the level where power is pleasure, and are dedicated enough to do what it takes to live the mantra. ☺

Coach Steve Scott takes roll before practice.

Kaluakoi Hotel & Golf Club

Room Rates
STARTING AS LOW AS \$70

Outrigger Canoe Club members receive a
25% DISCOUNT
from our published room rates &
all activities at Fun Hogs Hawaii.

Come relax and enjoy the friendliness and beauty that is Colony's Kaluakoi Hotel & Golf Club.

Kaluakoi boasts one of the most spectacular ocean front golf courses in all of Hawaii. For safe and fun outdoor adventures, Fun Hogs Hawaii specialize in Kayaking, Snorkeling, Mountain Biking and Catamaran Excursions.

For reservations, please call the resort direct at (808) 552-2555 or Toll free (800) 435-7208 (Hawaii only)

Geoff Graf, General Manager
Colony's Kaluakoi Hotel & Golf Club

Mike & Maria Holmes
Fun Hogs Hawaii

*All rates are based on double occupancy. All room rates are subject to 4.17% State tax and 6% Hotel tax. Discounts subject to availability.

In Memoriam

Donald C. O'Nasch

Deceased: June 19, 1996

Member: 6 years

Windsor Gregory Hackler

Deceased: June 26, 1996

Member: 30 years

TIPS

from the Trainer



Side Bends A



Side Bends B



Bench Lunge



Seated Spinal Twist



On the Floor Hamstring Stretch

Sport Specific Stretching for Paddling Canoes

Part One

September is here and the canoe season is well on its way to its grand finale race, the crossing of the Kaiwi Channel. This race of approximately 41 miles from Molokai to Oahu is this season's most challenging event.

As it approaches and the workouts in the canoe get tougher, we become prone to straining the neck and shoulder muscles, locking up the lower back, and injuring any tight muscles that begin to breakdown. Maintaining flexibility is crucial for effective and safe paddling.

In this month's issue of Tips, I cover four stretches that target areas that tighten up after paddling a distance workout or race. Side bends focus on the latissimus dorsi and its lower friend the quadratus lumborum. Deep Bench Lunges target the iliopsoas (the hip flexors). The Seated Spinal Twist stretches the hip rotators and lower spine. The lying down Hamstring Stretch uses a towel to maintain Neutral Spine Position and elongates the back of your thigh to remove pressure from the lower back.

Let's stretch!!

Warm-Up Time: 10 minutes

Start on a cardiovascular machine if you are at the gym, or walk in place and step together if you are training at home. Move your

By Sherry Gannaway Founder, Body by You!

arms out together, reach and pull. Raise arms above your head and drop back down. Breathe. After 7 to 8 minutes, return to Neutral Strong Stance. Repeat hip, shoulder and neck isolations. Finish with a full body contraction, i.e., reach your hands above your head, breathe. Slowly, with a bent knee, touch toes. Exhale slowly and return to neutral.

Program Time: 20 minutes Stretch #1 Side Bend (latissimus dorsi & quadratus lumborum)

Position: Stand in Neutral Strong Stance with your hands down at your sides. Bend your knees a little more than normal. Bend your body to the side while breathing and squeezing in your abdomen. Now add your arms reaching up and over. Remember to breathe and squeeze in the abdomen. (see photo #1 A and B)

Repeat the move two times on each side and hold each position for 30 to 45 seconds. Return to Neutral Strong Stance and circle your shoulders forward and back.

Stretch #2 Bench Lunge (iliopsoas)

Position: Place one leg on the flat bench, the other leg is on the floor with your knee at a 90 degree angle. Do not let the bent knee go past your toe. Keep both legs in alignment. Breathe while pressing the hips forward and down toward the bench. Keep your chest lifted and abdomen pulled in. Repeat two to four sets of 30 to 45 seconds for each leg.

Return to the Neutral Strong Standing Position and do pelvic tilts forward and back, side to side, then do pelvic circles a few times in each direction.

Stretch #3 Seated Spinal Twist (hip rotators & lower spine)

Position: Sit on the floor with both legs in front of you. Pull your spine up into a Neutral Position. Take two deep power breaths and

squeeze in your abdomen. Bend one leg and cross it over the other thigh. Reach your arm around the opposite knee and begin to twist your torso. Pull your chest up, breathe and pull your knee in toward the chest looking behind you. Breathe. You should feel this stretch in the hip of the bent leg. Repeat two to four sets of 30 to 45 seconds for each leg. Return to a Neutral Strong Lying Position with both knees bent and the feet flat on the floor. Slowly tilt your pelvis forward and back then side to side.

Stretch #4 Hamstring Stretch (back of thigh)

Position: Start in Neutral Lying Position with both knees bent and feet on the floor. Bring one knee in toward your chest and hook the towel around the ball of your foot. Extend both legs out slowly, keeping the leg on the floor toward the wall and the lifted leg toward the ceiling. Breathe and pull in your abdomen while doing this motion.

NOTE: Keep your hips/butt on the floor to maintain a Neutral Spine Position. Protect your back. Repeat two to four sets of 30 to 45 seconds for each leg. Return to a Neutral Strong Lying Position with both knees bent and feet flat on the floor. Slowly do pelvic tilts forward and back, then side to side.

Cool- Down Time 10 minutes

Position: Return to Neutral Strong Stance. Review all of the joint isolations. Start at the feet with heel and toe lifts. Slowly go to knees, hips, spine, shoulder and neck. Finish with two to four full body contractions. Breathe and return to neutral.

In closing, stretching combined with heavy canoe paddling may cause slight micro tears as you elongate the muscle fiber. Remember to ice for three to five minutes when initial soreness sets in. When you stretch, always go slowly and take deep full breaths. As you exhale, tighten the abdomen to protect your back.

Good luck and paddle safe! ☺



Tennis Team Gives Their All

By Gloria Keller

The USTA Women's Summer League completed its season on Saturday, July 13 with the Outrigger team playing at the UH tennis courts. We did not have a winning season, but believe me we played nine weeks of early Saturday morning matches and the OCC Women's 3.5 members gave it their all. Eight of us assembled early on Saturday mornings to meet our challengers,



Members of the OCC Tennis team were Laurie Siegfried, Sara Dudgeon, Gloria Keller, Carole Sheehan, Ann Martin, Mary Nurse, Susan Ireland, and Gertrude Berger.

two singles and three doubles games were played each week and most of the games went the full three sets ending in a tiebreaker. The end results do not reflect how close it was.

The team wore their palaka shorts with the OCC tennis socks and visors so everyone knew we were from the Outrigger Canoe Club. To top it off, the OCC Banner was displayed at all the matches.

The Tennis Committee will be meeting in the near future to finalize plans for the Club Challenge. We hope to attract all levels of players from the Club and our target date will be early Fall. I encourage anyone with ideas or suggestions to please leave me a note at the Front Desk, with your name and phone number. Also check the Bulletin Board near the Logo Shop for all updates on the tennis news.

My personal thanks to the OCC Women's Tennis Team: Gertrude Berger, Lucy Black, Sara Dudgeon, Susan Ireland, Gloria Keller, Capt. Ann Martin, Robin Martin, Mary Nurse, Patsy Sheehan, Laurie Siegfried, Terry Wells, and Carole Wilbur-Sheehan. ☺



Extra Innings

The OCC Softball team won its biggest game in years, defeating the four-time League Champion Dream Team. OCC is now tied for first place in Leahi League action. The 12-5 victory was one of the best played games in the past 10 years according to veterans Jim Gaddis, Bill Kilcoyne and Henry Ayau.

There were no throwing errors, no base running blunders and no mental lapses. Everyone was focused. The coaches told the players they would need to play their very best to stay in the game with the Dream Team.

And play their best they did. Team Captain Paki Vaughan, Jim Cavanah and Kilcoyne had three hits each. Jon Whittington had two hits and knocked in two runs. Rick Piper, Brian Hoernig, Keith Letman, Clayton Chee and Jim McAluney also contributed timely hits and runs batted in. Reid Scelza and Ralph DeWitt made nice plays in the field.

Ayau missed a grand slam by inches down the left field line. Head Coach Gaddis and back up pitcher Ron Scelza sat the game out with leg injuries. 1995 MVP Scott Rolles was away on business.

The real key to the win was flawless defensive play. Outfielders consistently hit their cutoff man, ground balls were swept up like a vacuum and every throw was on the mark.

A week earlier OCC's seven errors led to their lone loss of the year, an 11-8 defeat at the hands of the Row Bar. Cavanah and McAluney led OCC with three hits each. Whittington, Letman and Jake Vaughan had two hits each.

Cavanah leads OCC in nearly ever offensive category including a .733 batting average and two homeruns. He is also having his best year ever at short-stop. ☺



News From the Clubhouse

By Jim Gaddis

The 4th Annual Stroke Play Tournament at the Leilehua Golf Course was a huge success. Twenty-eight OCC golfers enjoyed the cool, narrow, woody environment that reminds most of a classic New England layout. Results and highlights from this popular event can be found in next month's issue of the Outrigger.

1996 Match-Play action is currently underway. First round match-ups include Bill Head vs. Meade Wildrick, Strat Whiting vs. Jack Mattice, Jim Hammons vs. Bruce Bolton, Bob Maguire vs. Vic Hawthorne, Cyrena Bryan vs. Nani Polivka and Pam Dillingham vs. Judy Maguire.

Semi-finals will conclude on October 20 with champions to be crowned by November 21. Wish your favorite competitor their best and check this column each month for results.

Sign up now for October's Stroke-Play Tournament at the beautiful ocean-side course, Kaneohe Klipper. ☺

Parker McLachlin Wins

Parker McLachlin won the individual title and led Hawaii to the team championship in the 24th Junior America's Cup golf tournament in Vancouver, B.C. on August 1. He completed the 54 holes at even-par 216 at the 7,100-yard Swan-e-set Resort and Country Club.

Earlier this year, he won the state high school individual championship. He is a senior at Punahou. ☺

For the Record**Triathlon
Tinman Triathlon**
7/14/96

800-meter swim, 40K bike ride, 10K run
 Peter Bourne, 2nd, 45-49, 1:58:08
 Katy Bourne, 1st, 40-44, 2:15:19
 Twain Newhart 2:14:19
 Cindi White-Yanaga 2:20:51
 David Kerr 2:21:54

Peter Caldwell, 2nd, 55-59, 2:26:08
 Dwight Yanaga 2:29:52
 Jan Newhart, 1st, 65-69, 3:12:32

Swimming
Reverse Bay to Lani's
 7/21/96 2.4 miles
 Bruce Sloan, 1st, 45-49, :54:10
Summer Sprint Swim Series
 6/30/96 1 mile
 Don Eovino Time NA

North Shore Challenge
 7/7/96 2.5 miles
 Don Eovino 1:26
World Masters Swimming Championships
 6/96 Sheffield, England
 James Krueger, 6th, 55-59, 50 Free, :32.13
 James Krueger, 100 Free, 1:05.41
 James Krueger, 4th, 55-59, 100 Fly, 1:17.79
 James Krueger, 50 Free, :28.31

Paddleboard
Johnny Wright Memorial
 7/14/96 Pokai Bay to Maili Beach Park & Return 4 miles
 Victory Hemmy III, 2nd, Men

Running
Rain Forest 5K
 7/7/96 Manoa Rec Center
 Ruth Munro, 1st, 70+, :32:03

Members It Pays To Know

HEGERDESIGNS

Custom residential and commercial
 projects; architecture and interiors

Milan I. Heger, AIA

401 Kamakee, Honolulu
 Hawaii 96814

596-8835

award winning and published projects



**TRADEWINDS
U-DRIVE, INC.**

TOLL FREE 1-888-388-RENT(7368)
 FROM CANADA/U.S. MAINLAND/HAWAII

L. PATRICK KIRLEY
 PRESIDENT

E. JOAN KIRLEY
 VICE PRESIDENT

DANA KIRLEY NEWBERRY
 V.P. OPERATIONS

DANIEL P. KIRLEY, ESQ.
 SPECIAL OUTRIGGER DISCOUNTS!

2875 A Koapaka Street
 Honolulu, Hawaii 96819
 Phone: (808) 834-1465
 Fax: (808) 839-6255



The Ultimate You

Designer Consignment Boutique

KELSEY SEARS

851 Pohukaina Street, C-4
 Honolulu, Hawaii 96813
 (808) 591-8388 Fax (808) 591-9389

KEA'S STUDIO-CUSTOM FRAMING

A Vast Range of Framing Options at Reasonable Prices

- Koa & European Mouldings
- Shadow Box Frames • Oval Mat Cutting
- Wet, Dry and Museum Mounting
- Contract Framing for Hotels and Condominiums

Kehaulani Kea, Owner
 3207 Martha St. Honolulu

737-9944

Concerned About What Stocks And Bonds Are Right For You Now?

Discuss your investment needs with Gregg Robertson
 at 523-9488. Gregg will help you to determine the
 appropriate investment strategy.

CADINHA & Co.

Pioneer Plaza / 900 Fort Street Mall, Suite 1240



**KAHALA
CONSTRUCTION**

License #BC16708

Dave Puder

545-7717

MERIT AWARD WINNER
 NATIONAL REMODELERS COUNCIL

KITCHEN SOURCE

FINE DESIGN AND CABINETRY

Marie Lail Blackburn, CKD
 Certified Kitchen Designer

758 KAPAHULU, SUITE 270 • HONOLULU, HI • 96816
 808-737-5446 • FAX 808-735-2079



RON LI

526-2914 - Direct
 948-0082 - Pager
 523-3449 - Fax



**NORTH AMERICAN
MORTGAGE COMPANY***
 1001 Bishop Street
 Pacific Tower, Ste 2400
 Honolulu, HI 96813

- PurchaseExpress®
- Rehab Express™
- Take advantage of today's
 low rates-refinance now!

Molokai Ranch Invitational Showcases Top One-Man Racers

By Genie Kincaid

Molokai Ranch invited the top six one-man canoe teams to race a 44 mile course along the spectacular and rugged northern coastline of Molokai on July 7. Racers qualified for this tandem relay event based upon their finish in the 1996 Kaiwi Challenge, the race from Molokai to Oahu, held May 5.

The exclusive format conceived by Billy Whitford of Molokai Ranch and Walter Guild was run in two legs, from Halawa Valley to Mokapu Island, and from Mokapu Island, just east of Kalaupapa to Kaluakoi Resort. None of the participants had ever paddled this course before.

As in the Kaiwi Challenge, teams made open ocean changes, taking turns paddling their canoes to the finish. In this inaugural event, however, no man was begging off the one-man. Conditions were absolutely ideal with following seas and trades gusting 15-20 mph, with clear and sunny skies.

Not only were the racers treated to long, swift rides on 3-6 foot ocean swells, but diverted by the pristine natural environment that personifies Molokai's north shore. As waterfalls crashed down 2000 foot cliffs into the sea, it was pleasantly distracting.

Nevertheless, being the true competitors they were, the top three teams finished within one and a half minutes of each other. The pace was relentless given the favorable conditions, and the lead changed too many times to count. In the end, Walter Guild and Mark Rigg finished one minute behind that team from Lanikai, and Chris Kincaid and Courtney Seto were 13 seconds behind Guild and Rigg. Not too far in 4th place was the team of Todd Bradley and Tim Twigg-Smith.

This was the first time this unique format was ever effected, and Molokai Ranch hopes to make this an annual event. Mahalo to Geoff Graf of the Kaluakoi Resort for arranging the accommodations for the racers.

By limiting the number of participants to the elite among one-man canoe paddlers, a number of logistical factors of nightmarish proportions is minimized to almost nothing. Also, the competition is far more captivating as the paddlers race in close proximity.

KHON-TV was able to videotape the entire race without having to go up and down the coastline looking for paddlers to film. But most importantly, the event organizers intended to limit the number of racers out of respect for the people of Halawa Valley.

There were no prizes offered for this invitational. None were needed. All of these paddlers raced for pride—and for a whole lotta fun. And as all of them want to have more fun at next year's classic, all of these paddlers are planning now to qualify for another invitation. ☺

- | | |
|---------------------------------|---------|
| 1. Jim and John Foti | 4:32:32 |
| 2. Mark Rigg/Walter Guild | 4:33:30 |
| 3. Chris Kincaid/Courtney Seto | 4:33:43 |
| 4. Todd Bradley/Tim Twigg-Smith | 4:40:40 |
| 5. Steve Cole/Pat Erwin | 4:42:05 |

Backward Glances

By Moana Tregaskis, Historical Committee

45 Years Ago—September 1951

Club President—Willford D. Godbold

A cocktail party and buffet dinner honored various volleyball tournament winners. Medals were distributed. As is the rule when volleyballers get together, challenges were made resulting in a 'big' game after the formal party.

To clarify a misunderstanding from the August 1951 magazine, dues for membership were published: Regular members, \$5 a month plus \$1 tax!

40 Years Ago—September 1956

Club President—Samuel M. Fuller

Fred Smith, chairman of the Honolulu Club of Elks received word that the lease of approximately one-half of the Elks property to the OCC had been approved by the trustees of the Grand Lodge of Elks in Chicago.

The lease runs for 99 years with a reappraisal after 50 years. The lease had been drawn, approved by the OCC Directors and awaited legal formalities to become an accomplished fact; OCC to take possession the first of October.

25 Years Ago—September 1971

Club President—Thad W. Ekstrand

The enormous five-year effort for the history of the Outrigger Canoe Club was in the final stages of production. With galley proofs handed in and final approval of the text and illustrations underway, delivery to members was scheduled for October.

Written by Harold H. Yost and designed by Tom Lee, "A History of the OCC 1908-1971" showcases historic photos dating from 1908. Are we approaching the time for a turn-of-the-century update, or a reprint?

15 Years Ago—

September 1981

Club President—C.E.

"Bud" Ackerman

Advertising in the Outrigger magazine—first in, then out, came back. Scheduled to go into effect with the November issue, advertising would be accepted from Club members only.

Outrigger swimmers were preparing for the annual Waikiki Rough Water Swim held on Labor Day. Long a co-sponsor of the event, the Club provided outrigger canoe escorts for swimmers, and a Club van at the finish line for those who chose to ride back to OCC after the awards presentations. To qualify for the feast on return, swimmers must have completed a swim from Sans Souci Beach to the Hilton Hawaiian Village, a distance of 2 1/4 miles. ☺

Colony Surf

**Luxury Rental
Apartments**
Next door to: OCC

Superb Extras

- Washer/Dryer
- Bose Music System
- Fax Machine
- Maid Service

*and totally newly
remodeled!*

Owner: OCC Member
Wendy Lazer
(408) 625-1011
Fax: (408) 625-0410

One month minimum

S E P T E M B E R

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	2 Holiday Noon Bridge Hau Terrace Lunch and Dinner / Club BBQ Monday Night FB Party Cowboys vs. Bears	3 Regular Lunch and Dinner Service	4 Regular Lunch and Dinner Service	5 Regular Lunch and Dinner Service	6 Regular Lunch PANIOLO CLUB BUFFET Dining Room 6pm	7 Hau Terrace Lunch Regular Dinner Service Dancing 6:30
8 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	9 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party Eagles vs. Packers	10 Regular Lunch and Dinner Service	11 Regular Lunch Guest Chef Kelly Degala Gordon Biersch	12 Regular Lunch and Dinner Service	13 Regular Lunch and Dinner Service	14 Hau Terrace Lunch Regular Dinner Service Dancing 6:30
15 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	16 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party Bills vs. Steelers	17 Regular Lunch and Dinner Service	18 Regular Lunch and Dinner Service	19 Regular Lunch and Dinner Service	20 Regular Lunch and Dinner Service	21 Hau Terrace Lunch CLUB LUAU No Regular Dinner
22 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	23 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party Dolphins vs. Colts	24 Regular Lunch and Dinner Service	25 Regular Lunch and Dinner Service	26 Regular Lunch LIVE MAINE LOBSTER Reserv. Dining Rm 6 pm	27 Regular Lunch and Dinner Service	28 Hau Terrace Lunch Regular Dinner Service Club BBQ 6 pm Dancing 6:30
29 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm Na Wahine O Ke Kai	30 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party Cowboys vs. Eagles	<ul style="list-style-type: none"> • Guest Chef On September 11 from Gordon Biersch Restaurant • Club Luau Sept. 21 honoring new Winged "O" Make your reservations early, ono kaukau Hawaiian Style at OCC 				

O C T O B E R

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<ul style="list-style-type: none"> • Watch for details of Guest Chef Night Historical Presentation • Two Club BBQ's this month, 14th & 26th • Octoberfest Buffet the 4th 		1 Regular Lunch and Dinner Service	2 Regular Lunch and Dinner Service	3 Regular Lunch and Dinner Service	4 Regular Lunch Octoberfest Club Buffet Dining Room 6pm	5 Hau Terrace Lunch Regular Dinner Service Dancing 6:30
6 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	7 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party	8 Regular Lunch and Dinner Service	9 Regular Lunch and Dinner Service	10 Regular Lunch and Dinner Service	11 Regular Lunch and Dinner Service	12 Hau Terrace Lunch Regular Dinner Service Dancing 6:30
13 Bankoh Molokai Hoe BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	14 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party	15 Regular Lunch and Dinner Service	16 Regular Lunch Guest Chef Night	17 Regular Lunch and Dinner Service	18 Regular Lunch and Dinner Service	19 Hau Terrace Lunch Regular Dinner Service Dancing 6:30
20 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	21 Noon Bridge Hau Terrace Lunch and Dinner Historical Program Monday Night FB Party	22 Regular Lunch and Dinner Service	23 Regular Lunch and Dinner Service	24 Regular Lunch and Dinner Service	25 Regular Lunch and Dinner Service	26 Hau Terrace Lunch Regular Dinner Service Club BBQ 6 pm
27 BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	28 Noon Bridge Hau Terrace Lunch and Dinner Monday Night FB Party	29 Regular Lunch and Dinner Service	30 Regular Lunch and Dinner Service	31 Regular Lunch LIVE MAINE LOBSTER Reserv. Dining Rm 6 pm HALLOWEEN	<ul style="list-style-type: none"> • HALLOWEEN BAR SPECIAL • Monday Night Football • Good Stuff in the Logo Shop, always new goodies, like women's biking shorts 	

Board Briefs

Board Briefs is taken from the minutes of the June 27 Board of Directors meeting and the July 11 Executive Committee meeting.

Treasurer's Report—Beck Kudlich and Swartman has been selected as the Club's new insurance agent.

Secretary's Report—Five members were suspended for 15 days due to failure to pay their accounts on time and to terminate their membership if the account is not paid in full by the end of the 15 day period.


Manager's Report—Beach attendant Karen Shimmin was commended for saving a baby from choking at the beach. . . Bids for the Bar and Lounge renovation went out in July.

House Report—The Royal Vancouver Yacht Club was approved as a reciprocal club.

Public Relations Report—The Board is receptive to the recommendation of a Club Directory and supports the efforts of the PR Committee. . . The President applauded all those involved with the displays in the Lobby case. They have been very attractive.

Historical Report—The Board

agreed that access to the Club Archives be permitted only with a committee member present. All locks will be changed.

A&M Report—The membership count was 4,283 as of May 31. . . The Board reviewed its admission policy and concurred to adhere to the policy approved by the Board on June 29, 1995, "No admissions matter will be considered by the Board except in a session with a quorum present." 

Employee of the Month

By Gerry DeBenedetti

Karen Lattanzi, formerly Shimmin, is our surprised Employee of the Month. She was surprised because she just came back from her honeymoon and received the good news. She was selected the Employee of the Month for her heroism in saving the life of a 10-month-old child on the beach.

Karen, trained in our OCC CPR classes, saw this young child choking on a piece of food, immediately upended the child and put into practice the "back blows" she learned, to dislodge the food and save the choking child.

She has been at OCC a year, previously at UH-Manoa obtaining a degree in English. She was married on July 13 at Oahu Country Club, and she and her husband traveled to Maine to meet the groom's family. Her husband is employed by Atlantis submarine as an underwater pilot.

Karen really preferred to talk about her sports activities, since she is a competitive windsurfer (Aloha State Games gold in the wave division, and 10th wahine in the Ocean Fest windsurf competitions) and an avid mountain biker (in March she was 1st place in an Expert Women event). She wants us all to know she is a conscientious trail biker who pays her dues in rebuilding trails.

For the past year, Karen and her husband have shared the work on a restoration project of a 50-foot ketch. Their goal is to take a 'round the Pacific cruise (which might take two years).

OCC is fortunate to have Karen working as beach attendant and in the Fitness Center.



New Members

Regular—Alan Lloyd.

Intermediate—Mark Lehman, Christina Roeschel.

Associate—Kimberly Holliday, Jean Kometani, Kale Kowalski, Debbie Tessman.

Junior—John Balfour Jr., Marion Mozley, Adam Rodrigues, Jonah Rodrigues.

Nonresident—James D. MacArthur, Thomas Tidball.

Congratulations to our



Christian Camp graduates!
Use the tools!

WINNERS'
Camp

★Respect ★Responsibility
★Resourcefulness ★Restraint

An Executive Training for Teenagers.
Call 263-0177 for your **free** brochure!

MONDAY NIGHT FOOTBALL IS BACK

IT'S TIME AGAIN FOR
MONDAY NIGHT FOOTBALL PARTIES
IN THE CLUB BAR AND LOUNGE.

WE'LL HAVE THE USUAL STEW AND RICE AND
CARVED SANDWICHES AVAILABLE, ALONG
WITH YOUR FAVORITE BEVERAGES,
BEGINNING AT 6:30 P.M.

THE SCHEDULE:

SEPTEMBER 2—COWBOYS VS BEARS
SEPTEMBER 9—EAGLES VS. PACKERS
SEPTEMBER 16—BILLS VS. STEALERS
SEPTEMBER 23—DOLPHINS VS. COLTS
SEPTEMBER 30—COWBOYS VS. EAGLES



On the Cover: Guests at the Outrigger Canoe Club's 88th Annual Luau will be treated to an old-style Hawaiian Luau complete with imu and Hawaiian entertainment on Saturday, September 21. See story on page 5.

the Outrigger

Published by the
Outrigger Canoe Club

2909 Kalakaua Avenue
Honolulu, Hawaii 96815
Phone: 923-1585/921-1485
Dining Room: 921-1444
Beach Attendants: 921-1460
Logo Shop: 921-1432
Fax: 921-1414

Directors

Tim Guard, *President*
Brant Ackerman, *Vice President of Operations*
Mary Philpotts-McGrath, *Vice President of Activities*
Peter Nottage, *Treasurer/Finance*
Mark Buck, *Secretary*
Wendell Brooks Jr., *Assistant Secretary/Long Range Planning*
Robert Moore, *Assistant Treasurer/Historical*
Jimmy McMahon, *Admissions & Membership*
Liz Perry, *Athletics*
Harold Henderson, *Building & Grounds*
Karl Heyer IV, *Entertainment*
Joyce Timpson, *House*
Michele St. John, *Public Relations*

Standing Committees

Tom Merrill, *Admissions & Membership*
Ron Li, *Athletics*
Kurt Mitchell, *Building & Grounds*
Laura Williams, *Entertainment*
Gregg Robertson, *Finance*
Chip Higgins, *Historical*
Conne Sutherland, *House*
Randy Grune, *Long Range Planning*
Al Serafin, *Public Relations*

Management Staff

John R. Rader Jr., *General Manager*
Gordon Smith, *Comptroller*
Donald Figueira, *Food & Beverage*
David Kuh, *Clubhouse Manager*
Patti Higuchi, *Executive Secretary*
Renee Humphrey, *Secretary*

Outrigger Staff

Marilyn Kali, *Editor*
Fax: 833-1591
email: OCCMag@aol.com
Gerry DeBenedetti, *Assistant Editor*
John Mounts, *Advertising*
Phone: 254-2723
Designed & Printed by Obun Hawaii, Inc.



PRINTED ON RECYCLED PAPER



The Outrigger Canoe Club
2909 Kalakaua Avenue
Honolulu, Hawaii 96815

Bulk Rate
US Postage
PAID
Permit No. 174
Honolulu, Hawaii

|||||
*****AUTO*****5-DIGIT 96816
ANITA BRIGHTMAN
3773 SIERRA DRIVE
HONOLULU HI 96816-3817