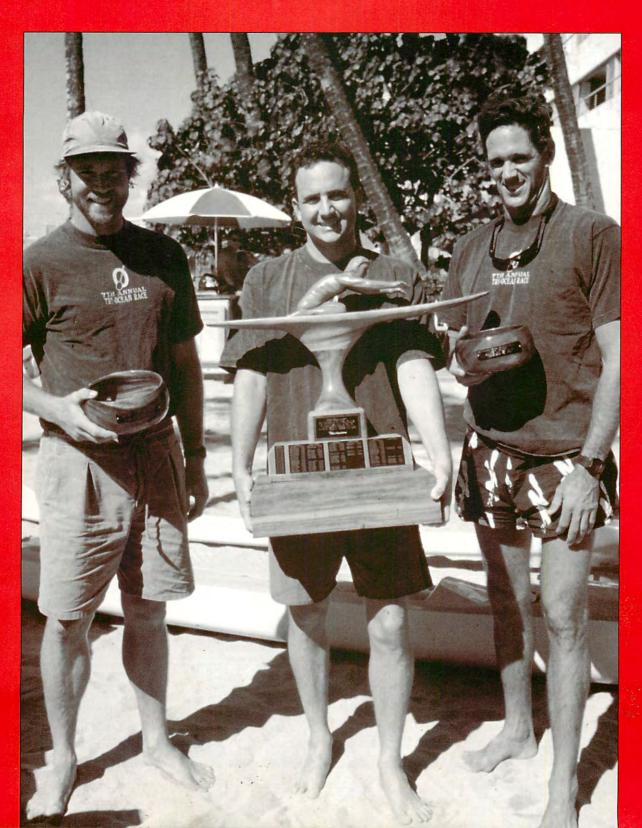
Tibe Company 1996



Tri Ocean Race Has Fast Finishes

Mark Rigg, Chris Moore and Stuart Gaessner won their divisions in the annual Tri- Ocean Races held on December 16 at the OCC.

Mark won the 8K One Person Canoe Race in :40:52, followed closely by Chris Kincaid, :41:45; Courtney Seto, :42:17; and Robbie Harrison, :42:36.

Chris won the 10K Paddleboard Race in 1:09:09.

Stuart won the 12K Surfski Race in :54:38. Mary Smolenski was the first woman finisher in 1:05:55.

A staggered start between each of the three races, adjusted for different speeds and the distances each vessel had to complete, created an exciting finish with the first place finishers of each division reaching the beach just seconds apart. Ø



Mark Rigg paddles to a first place finish in the one-person canoe.

Chris Moore

Winter 10K

Paddleboard Race from Club

Captain Greg

Moss.

receives the per-



Mary Smolenski was first and Mahealani Lum was third in the Women's Open Surfski.



Chris and Genie Kincaid finished second in the one-person canoe-Chris in masters,Genie in open.



In the Novice division of the Surfski race, Matt Kresser finished third and Cathy Whitford was first.



Robbie Harrison, Mark Rigg, and Courtney Seto were third, first and second in the Men's Senior Division of the One Person Canoe Race.

7th Annual Winter Tri-Ocean Races December 16, 1995

7tl	h Annual Winter	12K Surfski Race			
Ove	erall Name	Time	Place/Division		
1.	Stuart Gaessner	:54:38	1st, Men Open		
2.	Bob Rocheleau	:55:46	1st, Masters Men		
3.	Guy Pere	:56:20	2nd, Men Open		
4.	Harold Akeo	:57:03	2nd, Masters Men		
5.	David Buck*	:56:42	3rd, Men Open		
6.	Alfred Horner*	:57:18	4th, Men Open		
7.	David Horner*	:57:30	5th, Men Open		
8.	Bill Bright*	:58:13	3rd, Masters Men		
9.	Kenny Rust	:59:13	6th, Men Open		
10.	Jim Beaton*	:59:41	7th, Men Open		
11.	Eddie Horner	1:00:33	8th, Men Open		
12.	Bart Hopkins	1:00:51	9th, Men Open		
13.	Wyatt Jones*	1:01:20	10th, Men Open		
14.	Mark Buck*	1:01:48	4th, Masters Men		
15.	Daniel Beck	1:02:07	11th, Men Open		
16.	John Hoogsteden	1:02:16	12th, Men Open		
17.	Fred Delos Santos	1:03:46	5th, Masters Men		
18.	Eric Chun	1:03:47	1st, Novice Men		
19.	Butch Ukishima	1:04:31	6th, Masters Men		
20.	Miles Sakai	1:04:40	2nd, Novice Men		
21.	Mark Caldeira	1:04:51	13th, Men Open		
22.	Kenneth Bailey	1:05:03	7th, Masters Men		
23.	Mary Smolenski*	1:05:55	1st, Women Open		
24.	Clyde Hedlund	1:06:33	8th, Masters Men		
25.	Matt Kresser*	1:07:03	3rd, Novice Men		
26.	Matt Guard*	1:07:08	4th, Novice Men		
27.	John Walker	1:10:16	5th, Novice Men		
28.	Denise Darval-Chang	1:10:46	2nd, Women Open		
29.	Bill McRoberts	1:11:15	9th, Masters Men		
30.	Mahealani Lum*	1:14:09	3rd, Women Open		
31.	Teo Clemens	1:15:29	6th, Novice Men		
32.	Billy Whitford	1:16:05	10th, Masters Men		
33.	Cathy Whitford*	1:16:10	1st, Novice Women		
34.	Chris Laird	1:18:44	7th, Novice Men		
35.	Jackie Muller*	1:18:46	4th, Women Open		
36.	Sara Ackerman*	1:20:40	2nd, Novice Women		
37.	Stephen Elk	1:21:45	11th, Masters Men		
38.	Elizabeth Dolezal	1:37:15	3rd, Novice Women		

18th Annual Winter 10K Paddleboard Race

Ove	rall Name	Time	Place/Division
1.	Chris Moore*	1:09:09	1st, Senior Men
2.	Tim Corliss	1:10:39	2nd, Senior Men
3.	Kenny Goldman	1:12:03	3rd, Senior Men
4.	Edmund Pestana	1:12:54	1st, Masters Men
5.	Blair Thorndike	1:15:35	4th, Senior Men
6.	Kevin Allen	1:16:15	1st, Men
7.	Fred Fong*	1:18:43	2nd, Masters Men
8.	Victor Hemmy III*	1:23:28	2nd, Men
9.	Helene Phillips	1:23:53	1st, Masters Women
10.	Marc Rocheleau*	1:32:32	1st, Boys
11.	Jason Wooley	1:36:54	3rd, Men
12.	Trey Lacy	1:39:42	4th, Men
13.	Victor Hemmy Jr.*	1:43:12	3rd, Masters Men
14.	Carl Kawauchi	1:43:22	4th, Masters Men

7th Annual 8K One Person Canoe Race

Ove	erall Name	Time	Place/Division
1.	Mark Rigg*	:40:52	1st, Senior Men
2.	Chris Kincaid*	:41:45	1st, Masters Men
3.	Courtney Seto*	:42:17	2nd, Senior Men
4.	Robert Harrison*	:42:36	3rd, Senior Men
5.	Marc Haine*	:42:38	4th, Senior Men
6.	Todd Bradley*	:43:27	5th, Senior Men
7.	Tom Conner*	:43:35	2nd Masters Men
8.	Beanie Heen	:44:36	3rd, Masters Men
9.	Raven Aipa	:45:29	6th Senior Men
10.	Mike Fox*	:46:32	7th, Senior Men
11.	Eric Levora	:46:38	8th, Senior Men
12.	Jeff Metzger*	:46:48	4th, Masters Men
13.	Frank Snow	:47:49	5th, Masters Men
14.	Ralph Gray	:48:12	9th, Senior Men
15.	Michael Sheehan Jr.*	:49:23	1st, Under 30
16.	Dean Stowell*	:49:26	2nd, Under 30
17.	Tay Perry*	:49:30	6th, Masters Men
18.	Karl Heyer IV*	:49:43	10th, Senior Men
19.	Adrian Ho	:50:17	11th, Senior Men
20.	Gaylord Wilcox*	:50:43	7th, Masters Men
21.	Roger McKeague	:51:07	3rd, Under 30
22.	Gunner Schull*	:54:30	12th, Senior Men
23.	Melanie Bailey	:55:43	1st, Women Open
24.	Paula Crabb*	:56:38	1st, Masters Women
25.	Lance Hayashi	:59:20	13th, Senior Men
26.	Genie Kincaid*	1:02:28	2nd, Women Open
27.	Susan Tanaka	1:10:49	3rd, Women Open
*OC	C member		

Biggest, Longest, Hottest Honolulu Marathon

By Donald T. Eovino
he Outrigger Canoe Club
fielded the largest number
of runners participating
under its banner ever for the 1996
Honolulu Marathon. A record 31
runners finished the race, and
many more OCC members also
participated in some fashion.

Events leading up to the race were the creative dressing up of the Lobby Display Case by Laura Williams, which featured finisher T-shirts by ubiquitous Jim Stahl,

A first ever Carbo Loading Party was provided by the Club staff on Friday, December 8, and included all the pasta you could eat. Several non-marathon runners took advantage of the evening, including Tom German and his family, Jack and Carol Wilbur Sheehan and Francis Wright.

Top triathlete Whit Raymond, co-MC for the race with Joe Teipel, contributed stats to the hungry crowd of 29 eaters. Chariots of fire as background music stimulated the group as Don Eovino handed out the few remaining new uniforms to several runners.

Gina Shultz, Carolyn Corrigan and Gerry DeBenedetti staffed the OCC Marathon tent in Kapiolani Park, assisting finishing runners with fluids, munchies and towels. Ed Moore sacrificed his sleep to drive the van to the start at 4:30 a.m.

Clubhouse Manager David Kuh also drove the OCC truck transporting the excess runners. General Manager John Rader was bright-eyed also at 4 a.m. to salute the troops as they massed at the Club and departed for the race. Marilyn Kali stationed herself with Ed Moore at the last quartermile of the race to photograph the exhausted finishers.

Words of encouragement were heard from Don Figueira, Cline Mann, Kawika Grant, Danny Kali, Michele St. John, Ron Sorrell, Jack and Carol Wilbur Sheehan, and others too numerous to mention as runners raced on by them along the course.

The Running Committee provided post-race massages from the staff of the American Institute of Massage Therapy, souvenir OCC water bottles, post race snacks, photographs and Brunch at the Club afterwards.

The Club also participated above and beyond by contributing a surprise dessert treat to all finishers, artistically created with colorful confetti and tiny American flags by our new chef and planned by General Manager John Rader.



Suzanne and Steven Gee and family at Carbo Loading Party.

For the second straight year, the fastest OCC runner was Jamie Baker in 3:17:58. The fastest female was Katy Bourne in 3:27:09. Qualifying for the Boston Marathon in a time of 3:35 was Brigitte MacNaughton. Of the 33 finishers, one-third clocked in over five hours, showing a dedication to running in spite of their speed and age.

Regardless of their times, all the runners wore a badge of courage as this was indeed one of the hottest and most humid marathons ever. At the start of the marathon (5:30 a.m.), the temperature was more than 80 degrees and the humidity was dripping at 92%.

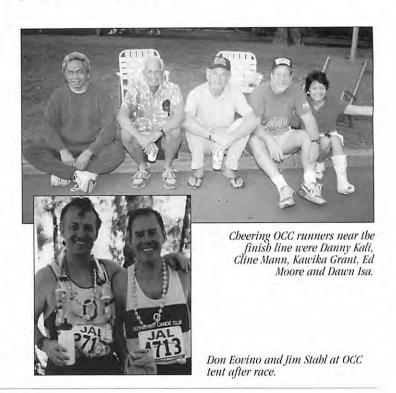
Even considering all the miserable conditions, fatigue, exhaustion, heat, etc., after the massage and breakfast, most runners stated they will probably be back again next year so they smiled ruefully and waddled out of the OCC. O



Meeting at the Club at 4 a.m. for the ride to the starting line were, front, Billy Balding, Matt Kresser, Dwight Yanaga, Cindy White-Yanaga, Suzanne Gee, Don Eovino, Cara Thoman. Standing, Bob Porter, Unknown Saranas, Jed Gaines, Arnold Lum, Norm Dunmire, Bruce Ames, Ron Scelza, Steven Gee, Brigitte MacNaughton.



Jed Gaines and Todd Duplanty attended the Carbo Loading Party before the Marathon.





Enjoying breakfast at the Club after the race were Hina Schramel, Laura Williams and Ruth Munro.



Cindy and Dwight Yanaga finished marathon.



Jamie Baker

Emery Lucas



Billy Balding



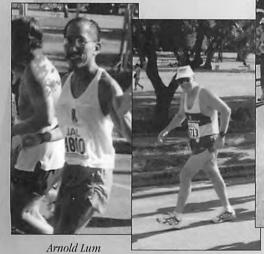
Hina Schramel



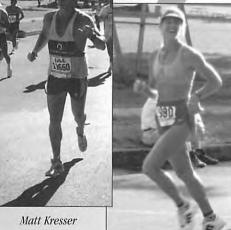
Don Eovino

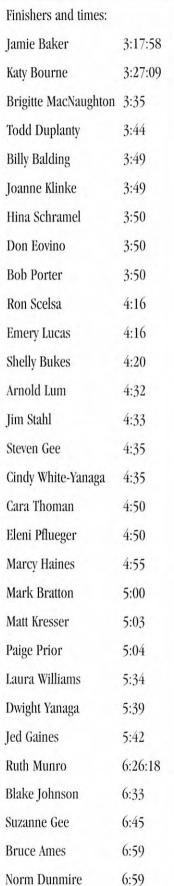


Katy Bourne



Jim Stahl





As the Terrace Turns

Richard Berry is again off on a railfan month in Europe, this time commencing with the Eurostar from London through the chunnel to Paris. He will sample a variety of new high-speed rail services between Spain and Sweden. Then an excursion east will circle from Berlin through Poland, Slovakia, Hungary, Croatia and Slovenia en-route to Venice and Florence.

Tina Berg was hostess for 25 at a surprise birthday party for her mother, Gertrude Berger. Lured to the Club thinking she was coming to a "little tennis lunch" for her birthday, she was surprised by her brother Richard Furtado from Hilo, and sisters Libana Crabb and

Phoebe Gedge. Another sister, Dolores Martin was unable to attend. No ages are being revealed since Gertrude is the "baby sister".

Marcy Haines had a surprise birthday party for her young 70-yearold mom, Aiko Kawasaki. About 25 family and friends Marcy has known all her life gathered for the celebration dinner.

At the Princess Kaiulani Fashion Show on December 2, "DA BOSS", **Joan Andersen** of Princess Kaiulani also hosted her 23 employees at two tables for Christmas lunch—office party and fashion show all in one. Her employees have never been to one of her fashion shows, and have usually gone to dinner (elsewhere) but this year, decided to have a festive lunch at OCC.

Modeling in the show were Leslie Muirhead, Jill Cullinan and Judy Harrison, otherwise the staff just ohed and ahed over seeing their work on display. What a nice treat for all

George Puder, currently a Nonresident member, is in Gabon (Central Africa, a former French Colony) with the Peace Corps. The following are excerpts from his letter to OCC:

"I'm writing to you from Ranch Miassa, a little hideaway tucked in the Savanna. It is beautiful here, without a doubt. I am on the road to the Congo building a school and two teachers houses ...My French is improving slowly and I am currently learning the local language. I am some distance from the beach at Mayumba but I've already been there the last two weekends... I wanted to write to all the pals at the OCC and

say Aloha from Gabon. If anyone wants to come and visit...and practice their French, share a little culture or help me build a school they are more than welcome to come...I have a truck and mountain bikes and lots of space to stay...I've discovered a left that is one of the longest I have ever surfed.

Write to: George Puder, B. P. 368, Tchibanga, Gabon, Central Africa. **9**

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Items may also be faxed to 833-1591 or sent by email to OCCMag@aol.com. Be sure to include your name and phone number in case additional information is needed.



Helping their sister Gertrude Berger (second from left) celebrate her birthday were Phoebe Gedge, left, and Libana Crabb and Richard Furtado, right.



Gerry DeBenedetti bosted her mother, Pauline DeBenedetti, for Christmas this year.

Membership Roster

Why don't we have a Membership Roster is a question many of you have asked. We are happy to announce that we are working on this project. You will soon be receiving a questionnaire requesting information on your correct address and telephone number. Your cooperation is important. 9



Bob Lynn, Tiare Finney, Tom McTigue and Robert Farrow bad a great time riding in the Toys for Tots motorcycle ride. They ended up at the OCC with a few friends.

OCC Goes Hollywood!

By Christian Peterson Entertainment Committee

20th CENTURY OUTRIGGER MOVIE STUDIO INVITES YOU TO REPORT ON LOCATION

FOR A GRAND PRODUCTION AT THE CLUB LOT SATURDAY, MARCH 9, 1996

ACTION WILL START PROMPTLY AT 6:30 P.M.

FOR A GALA EVENING OF FILMING, AWARDS, AND MOVIE STAR TYPE ACTIVITIES

PLEASE APPEAR DRESSED FOR THE ROLE OF THE MOVIE STAR YOU MOST ADMIRE OR RESEMBLE

CALL THE DIRECTOR (AT FRONT DESK) TO CONFIRM YOUR AVAILABILITY AS NUMBER IN THE CAST OF THIS PRODUCTION IS LIMITED.

fter making your hand print at Mann's Chinese area, the Commissary will provide luxurious mouth-watering food for all stars and extras from Prince Romanoffs, The Brown Derby, Dave Chasens and LaMaison as well as RyKrisp and diet food for those under contract.

Some of the cast will be made-up by Max Factor and some will have their fortunes told, handwriting analyzed or names examined as to future star potential.

There will be a charge for registering with the Screen Stars Guild and you will be able to see several movie stars and enjoy their talent. You won't want to miss this once in a lifetime evening.

For more information call 395-5580. **9**



Beach Service

Daily, 8:30 a.m.-5 p.m.

Bridge

Monday, Noon, Dining Room

Business Office

Monday-Friday, 8 a.m.-4:30 p.m. Closed Saturday and Sunday

Dancing

Saturday, 6:30-8:30 p.m., Dining room (Summer excluded)

Executive Office

Monday-Saturday, 8 a.m.-5:30 p.m. Closed Sunday

Fitness Center

Monday, Wednesday, Friday, 6 a.m.-8 p.m. Tuesday, Thursday, 6 a.m.-1 p.m. and 3-8 p.m. Saturday, 9 a.m.-5 p.m. Sunday, 1-5 p.m.

Front Desk

Daily, 7 a.m.-10:30 p.m.

Locker Rooms

Senior: Daily, 7 a.m.-9 p.m. Junior: Daily, 8 a.m.-6 p.m.

Logo Shop

Daily, 10 a.m.-5 p.m.

Parking Garage

Daily, 6 a.m.-Midnight

Volleyball Courts

Daily, 8 a.m.-7 p.m.

Snack Shop

Daily, 7 a.m.-5 p.m. Summer 7 a.m.-6 p.m.

Main Dining Room

Breakfast Buffet: Sunday, 8:30 a.m.-1 p.m.
Brunch: Sunday, 8:30 a.m.-2 p.m.
Lunch: Tuesday-Friday, Noon to 2 p.m.
Dinner: Tuesday-Friday, 6-9:30 p.m.
Prime Rib Buffet: Sunday, 6-9:30 p.m.
International Buffet: 1st Friday each month, 6-9:30 p.m.
Lobster Night: Last Thursday each month, 6-9:30 p.m.
Closed Monday

Hau Terrace

Breakfast Buffet: Sunday, 8:30 a.m.-1 p.m.
Brunch: Sunday, 8:30 a.m.-2 p.m.
Lunch: Tuesday-Saturday, 11:30 a.m.2:30 p.m.
Light Lunch: Monday, 11:30 a.m.-2:30 p.m.
Light Menu—Tuesday-Saturday, 2-5 p.m.
Sunday Lunch—Noon-5 p.m.
Dinner: Tuesday-Saturday, 6-9:30 p.m.
Surf Cart: Monday, 6-9 p.m.
Steak Fry: Last Saturday each month,
6-9 p.m.
During summer, every Saturday, 6-9 p.m.
Major holidays, 6-9 p.m.

Cocktail Lounge and Bar Room

Sunday, 10 a.m.-11 p.m. Monday, 11:30 a.m.-10 p.m. Tuesday-Thursday, 11:30 a.m.-11 p.m. Friday-Saturday, 11:30 a.m.-Midnight

OCC Hours

Jr. Riggers

Jr. Riggers have been busy with school sports. Playing water polo this year at Punahou were Nick Bright, David Pietsch, and Andrew Richardson, intermediate; Connor Lowrey and Brandt Puana, JV; and Sam Chillingworth, Will Estes, Tim Fagan and Michael Pietsch, varsity

Soccer players included Laurel Turbin, Marissa Rueter and Siana Lowrey, intermediate; Molly Pietsch, Devin Otagaki, Bridget Dwyer, JV. Running cross country were Meleana Blaich, Anale'a Crittenden, Brady Jencks, Tiffany Lee, Siana Lowrey, Brooke Nasser, Isabella Prack, Markus Speidel, and Suling Yee.

Carrying tennis rackets for the Puns were Bianca Dohmen-Ramirez and Julia Fiedler.

Catherine Goldsmith was on the bowling team, and Brian Pyles, Ryan Markham and Andrew Estes were on the intermediate football team. Kayakers included McKibbin Mist and Erik Williamson.

Members of the Puns volleyball

teams were Cobey Shoji, Lindsey Berg, Tasha Wong, Momi Kaaihue, Mekia

Ostrem, Dominic Griffin, Kainoa Trotter, Koa Ostrem, Craig Gamble, Parker McLachlin, Scott Wong and Kaione Crabb. Playing jayvee VB were Meleana Blaich, Amy Gamble, Lesley Johnson, Annie Rosa, Aaron Ackerman, Zach Payne, Duff Janus, Lucas Rigg, Jimmy Austin, Christopher Johnstone, Kai Young and Nathan Jim.

Playing on the intermediate teams were Kaione Scott, John Roth, Koa Avery, Trevor Yee, Doug Johnstone and Nick Fowler.

Playing volleyball at other schools were Mahealani Lum, Naia Blankenfeld and Ikaika Anderson, Kamehameha; Blake Cherry, University Lab School; Lindsey Breeden and Kevin Crabb, Academy of the Pacific; Heirama Fearon, Hawaii Prep, and Taylor Bechert, Kristin Crabb and Megan Carney, La Pietra.

Milo Haneberg was named Player of the Year in volleyball on Kauai. He attends Kapaa High School. Named ILH Players of the Year

were Koa Ostrem, a senior at Punahou, and Lindsey Berg, a sophomore at Punahou. Selected to the ILH all-star teams were Lindsey Berg, Koa Ostrem, Scott Wong and Derek Christensen,

first team; Kaione Crabb, Parker McLachlin, Momi Kaaihue, second team; and Naia Blankenfield, honorable mention.

Koa was also selected All State Player of the Year. Also named to the first team all-state were **Scott Wong**, **Kaione Crabb** and **Lindsey Berg**. Second team honors went to **Parker McLachlin**.

Honorable mention was accorded to Craig Gamble, Derek Christensen.

Selected for ILH honors in kayaking were **Eric Williamson**, **Tia Blankenfeld** and **Mahealani Lum**.

Receiving ILH honors in water



Koa Ostrem is congratulated by his parents, Maile and Doug Ostrem, after being named State Player of the Year in Volleyball.

polo were Sam Chillingworth and Michael Pietsch, first team; and Kainoa Cundall, second team.

Named to the ILH cross country team was Mele Blaich, first team. Lindsey Berg played on the Asics Rainbow Junior Girls Volleyball team which placed 10th among 124 teams in the Kaepa Holiday Class in Los Angeles after Christmas.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Be sure to include your name and address in case additional information is needed.

Update on Membership Survey

By Jim Peterson, Coordinating Director

At the September Long Range Planning Committee meeting, it was determined that the best strategy to insure the implementation of the recommendations of the membership contained in the survey, was to disseminate it directly to the various committees. The intent would be that the committees use the survey in establishing their goals and strategies.

The survey was quite detailed and brought to the forefront all the areas that the membership would like to see improved. The members' desires must now be evaluated as to their financial impact on the Club and integrated into each committee's short and long term goals and strategies.

Many of the concerns voiced by the membership through the survey, deal with areas that can be addressed directly by Club management. The survey has already been given to John Rader, OCC's new General Manager. John has been directed to move on those areas that deal with management and service, while the committees proceed with their evaluation and implementation program. Θ

In Memorium

Durward Howes III Deceased: September 27, 1995 Member: 11 years

Clarence R. McMicken Deceased: October 17, 1995 Member: 14 years

Charles H. Bogdahn Sr. Deceased: August 23, 1995 Member: 12 years

Lois Klebahn Deceased: November 3, 1995 Member: 6 years

Jim Corey Deceased: November 27, 1995 Member: 25 years

New Members

Regular Keith Fernandez, Thomas Malone.

> Associate Margaret Worrall.

> > Junior

Robert Biven, Andrew Fernandez, Eric Grebe, Kiana Henry, Mina Hemmy, Bucky Jencks, Hanako Omori, Samantha Perske.

> Nonresident (Junior) Wayne Richardson.

Nonresident Rhicke Jennings, Robert Lyle.

Be Sure to Vote in Club Election

You will be receiving your ballot for the Club's Board of Directors in the mail in early February. The ballot is time dated, so please don't ignore it.

Club members will be asked to vote for six Board members to serve two-year terms.

The people you vote for will be in charge of guiding the Club, choosing the management, approving the activities we fund and directing the long range policies of the Club.

When your ballot arrives, it will have information about the candidates and voting instructions on it.

The final date to vote is Sunday, February 25 at 6 p.m.

Vote as soon as you get your ballot, then mail it or drop it off at the Club.

All Senior, Regular, Intermediate and Life members of the Club in good standing are eligible to vote. Your vote counts. Please vote. 9

Search on for Winged "O" Candidates

The Winged "O" Committee once again is opening nominations for qualified candidates. Any Club member may nominate a member who:

- Has been a Club member for a minimum of 10 years.
- Has represented the Club either as an above average athlete or has made a major contribution towards the OCC athletic program.

If you feel such a member meets the above, please leave the individual's name and a brief resume at the Front Desk, attention Ron Sorrell, or to the attention of any Winged "O" member. Θ

Volleyball Update by Steven Li The 1996 indoor volleyball season is underway with Outrigger teams competing in weekend tournaments starting this month. Teams are gearing up for the Haili

We're also planning a full schedule of summer beach tournaments.

Tournament in Hilo on March 28-

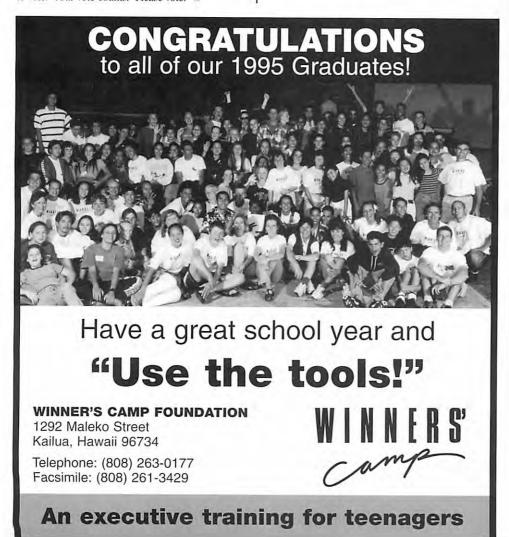
30, followed by the nationals in

Dallas at the end of May.

The Girls 16s team, coached by Kisi Haine, will travel to Las Vegas in February for a tournament, then to the Haili and probably the Davis tournament in June.

For updates/information on teams, practices or HSG contact Stevie Li for the Juniors (14, 16, 18), Men's A and Open teams at 571-0640. For men's masters crews, contact Marc Haine or Randy Shaw.

Outrigger members are playing on the following teams—Mike Lambert, U.S. National team; Stein Metzger and Brian Wells, UCLA; Brant Chillingworth, Alika Williams, UCSB; Troy Hotz, Rick Tune, UH with Sean Scott, assistant grad coach; Stewart Chong, Stanford; and J.J. Riley, Pepperdine. 9



Know Your OCC Standing Committees

very year at this time, the Club mails out small cards asking the membership to complete and return them, indicating their interest in working on an OCC committee. We are printing a mini-description of each committee responsibility/scope of activity in the hope this will help you make a wise choice.

The major consideration is that you choose, become involved in working at the Club, and have fun meeting other members and getting to know what a lot of work goes into a smoothly running operation.

The newly appointed chairpersons of each committee will call you to discuss your interest and to determine how you can contribute to the work of the committee.

ADMISSIONS & MEMBERSHIP COMMITTEE

The purpose of the Admissions & Membership Committee is:

- To review and process all matters pertaining to the admission of new members or changes in membership status.
- To screen membership applications, interview sponsors and candidates, evaluate qualifications and recommend acceptance or rejections of applicants to the Board.
- To formulate and recommend to the Board procedures and regulations designed to insure the most effective and equitable processing of applicants and handling of other matters pertaining to membership.
- To insure adherence to Club Bylaws and regulations pertain-

- ing to membership, and to be responsive to members' desires regarding acceptance of applicants for membership.
- To maintain a close working relationship with the Club management staff on all routine membership matters and to keep the Board regularly apprised of its actions and decisions.
- The committee meets twice a month.

BUILDING & GROUNDS COMMITTEE

- The purpose of the Building & Grounds Committee is:
- To determine the condition and requirements of the Club building, grounds and related equipment and services.
- To work closely with the House Committee, Manager and Board on all projects involving additions and repairs to, or maintenance of, Club facilities and property.
- To carry out special studies and make recommendations to the Board on major capital improvements.
- To assist the Manager and architects or specialists performing work for the Club as required.

ENTERTAINMENT COMMITTEE

- The purpose of the Entertainment Committee is:
- To plan and coordinate all social events and special entertainment programs of the Club.
- To determine the number and type of social activities desired by the membership.
- To schedule and develop budgets for each event.
- · To provide appropriate notice to

members of social events and arrange for distribution and sale of tickets, decoration of the Club premises and coordination with Management of all food, beverage and service requirements.

HISTORICAL COMMITTEE

- The purpose of the Historical Committee is:
- To care for all materials specified as Club archives, including photographs, slides, tapes, trophies, books, records, scrapbooks, oral histories, etc.
- To restore and catalog trophies, photos and other memorabilia.
- To prepare a written history of the Club.
- To implement the Club's oral history program.
- To recommend, provide materials for and cooperate with other standing committees in the development and implementation of programs of historical value to the Club's membership.
- To undertake special programs, as may be assigned by the Board of Directors, i.e. recommendations for honorary life memberships, etc.

HOUSE COMMITTEE

- The purpose of the House Committee is:
- To assume overall responsibility for the Clubhouse and its contents.
- To oversee the operations of its facilities and services.
- To coordinate its use with the activities of all other committees.
- To propose regulations concerning the use of the Club, market the Club facilities and programs to membership and monitor membership service.

- To recommend hours of service, food and beverage price structures, menus, locker room and other fees for the use of Clubhouse facilities.
- To recommend to the Board any insurance coverages or changes therein pertaining to the portion of the Club under its jurisdiction.

LONG RANGE PLANNING COMMITTEE

- The purpose of the Long Range Planning Committee is:
- To review the long term goals of the Club and plan ahead for the OCC future.
- Members with legal, investment and special project experience assist the Board with determining the steps necessary to have funds and planning aligned with future OCC development and security.

PUBLIC RELATIONS COMMITTEE

- The purpose of the Public Relations Committee is:
- To market to the membership what the Club has to offer members in activities, facilities, programs and service.
- To develop among members and in the community a positive and accurate image of the Club and its history, functions and objectives.
- To publicize the achievements of Club teams and members in sports and other competitive or community activities.
- To provide counsel to the Manager, Officers, Board and relative committee chairpersons on matters relating to or affecting the Club's relationships or community standing.
- To direct the publication of the Club's house organ and any other publications undertaken.

1996 Golf Program

The 1996 Golf Program is now firm and will afford active members of the Outrigger Canoe Club Golfers the opportunity to enjoy both Match-Play and Stroke-Play tournaments in strict conformance with the Rules of Golf. Flyers and Sign-up Sheets will be placed in the Golf Folder at the Club Front Desk one month before each scheduled event.

OCCG members who failed to sign chits for their fees by the December 29 deadline will be deleted from our OCCG and GHIN rosters. Reinstatement is possible upon receipt of membership fees.

Other important dates:

JANUARY 24 Annual Meeting and Awards Banquet 6 p.m. OCC Dining Rooms A-D (OCCG Members)

FEBRUARY 7 First Stroke-Play Tournament (Check-In 7:15 a.m.) Navy-Marine Golf Course (28 OCCG Members)

APRIL 18: Second Stroke-Play Tournament (Check-In 8 a.m.) Mamala Bay Golf Course, Hickam AFB (28 OCCG Members)

JUNE 5 Third Stroke-Play Tournament (Check-In 7:45 a.m.) Kalakaua Golf Course (28 OCCG Members)

JULY 1-NOV.20 ANNUAL MATCH-PLAY CHAMPIONSHIPS

AUGUST 7 Fourth Stroke-Play Tournament
(Check-In 7:45 am) Leilehua Golf Course
(28 OCCG Members)

SEPTEMBER MEMBER GUEST TOURNAMENT - TBA
OCTOBER 18 Fifth Stroke-Play Tournament

(Check-in 11 a.m.) Kaneohe Klipper Golf Course (28 OCCG Members)

DECEMBER TBA

Officers for 1996 are:

President/Chairperson: Joie Gopez 395-5933
Vice-President/Handicap Chair: Jim Hammons 922-3482
Secretary: Paula Faulkner 923-4390
Colf Committee Mambors: Paun Dillingham, James Caddie

Golf Committee Members: Pam Dillingham, James Gaddis, Larry Langley. Ø

Hau Terrace, Menu Improvements Noted by Manager

By John Rader, General Manager

The Board has provided me with a copy of the recent OCC Survey which has been circulated to the various committees. The Board has asked me, as a first order of business, to study the survey and take action on those items that can be addressed by management directly.

The survey clearly indicates that service on the Hau Terrace is a primary concern to the membership. To address this concern, we have increased our training classes to weekly with a pre-meal shift meeting every day.

We are now critiquing and reviewing each server on a weekly basis to insure that the service standards will be improved.

When you visit the Hau Terrace, you will notice that the menu selections have been improved. We have added more entrees and appetizers, priced them accordingly so that we have a wide range, and made many of the selections for child's portions.

The membership has also requested that the Dining Room menu be expanded. We have hired Manfred Pirscher as our new chef. Commencing in January, the menu will be expanded to offer a wider variety of items, taking in more of the island flavor. The new menu will also reflect more awareness of the pricing. I'm sure you will find this a more pleasing menu.

Other items mentioned in the survey will be addressed by management through the standing committees. 9

Outrigger Deadlines

The Public Relations Committee invites all Club committees and members to submit articles for the Outrigger magazine.

Deadlines for the Outrigger are the 25th of the month for the issue five weeks in the future. For example, February 25 is the deadline for the April issue.

The Board of Directors has a policy that all Club events that receive funding from the Board must submit a report on the activity for the magazine or jeopardize future funding.

Stories and photos may be left at the Front Desk for the Editor, may be faxed to 833-1591 or sent by email to OCCMag@aol.com.



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For the Record

Paddling

Kalakaua Regatta 11/1/95 Magic Island to Honolulu Harbor Chris Moore, 1st Men's 10K Paddleboard, 1, 13-02

Fred Fong, 1st, Masters Men 10K Paddleboard, 1: 13:38 Jim Kincaid, 1st, Masters Men 15K Surfski,

1:22:55 Mary Smolenski, 1st, Women's 10K Surfski, 1:00:42

Mark Rigg, 1st, Men's 10K One-Person Canoe, 1:01:35

Courtney Seto, 2nd, Men's 10K One-Person Canoe, 1:01:38

Tom Conner, 1st, Masters Men 10K One-Person Canoe, 1:04:52

Surfing

Hawaii Amateur Surfing Championships 11/11/95 Maili Point Nick Fowler, 3rd, Boys 1A Keith Kandell, 1st, Jr. Men's 1A Robin Johnston, 3rd, Men's 2A Robin Johnston, 1st, Open Men

Kayaking

ILH Meet 250 meters

11/11/95 Ala Wai Mahealani Lum, 1st, Girls, 1:06.32 11/19/95 Ala Wai Mahealani Lum, 1st, Sprint Race, 1:03:55 Mahealani Lum, 1st, Sprint Series, Tia Blankenfeld, 2nd, Distance Race, 11:46.96 Tia Blankenfeld, 2nd, Distance Series

Running

10K Race For Your Life 11/11/95 Hawaii Kai Don Eovino, 4th, 45-49

10th Annual MADD Dash 5K 11/19/95 Downtown Emery Lucas :24:33

Diamond Head 8K Run 11/26/95 5.1 miles Ruth Munro, 1st, age group, :53:41

Sam's 5K 12/3/95 3.11 miles Ruth Munro, 1st, age group, :31:44

Triathlon

Kualoa Ranch Mountain Man Triathlon Cindi White, 2nd, 35-39, 1:37:44

Swimming

2K Turkey Swim 11/18/95 Ala Moana Bonnie Eyre, 1st, 60-64, :41:17 Ted Sheppard, 1st, 45-49, :27:39 Roger Cundall, 1st, 50-54, :28:13 Jonathan Steiner, 3rd, 30-34, :28:40

Hawaii Christmas Invitational Loooong Distance Roughwater Swim 12/17/95 Kaimana Beach to Hilton and return Mike Miller, 1st, 40-44, 1:50:28 Ted Sheppard, 2nd, 45-49, 2:00:41 Jim Anderson, 2nd, 60-64, 2:45:35

Biathlon

Christmas Biathlon

12/16/95 Ala Moana Park
2.5 mile run, 800-meter swim
Bob Thornburg/Roger Cundall, 1st, 100-199
:28:26
Britta Bourne/Kai Bourne 2nd, under 25,
:36:32
Katie Bourne/Pete Schlegel, 2nd, 80-99,
:28:04
Joanne Klinke/Uli Klinke, 3rd, 80-99, :28:59
Will Burgess/Diane Stowell, 1st, Over 120,
:31:35

Parking Decals

When your vehicle is sold or disposed of, and a new decal is needed for your new vehicle, the old decal must be removed and submitted to the Front Desk.

Any future replacement requires that the old decal be turned in. Failure to do so will result in a \$25 fee.





Running Logs

The Running Logs in the Men's and Women's Locker Rooms will be updated very soon. The revised logs will add reminders and participation records for runs throughout the year to the current, regular, monthly-miles record.

The Locker Room staff will now be posting the monthly miles and events-run on the master log using the information which you enter, just as before, into the personal log book.

If you're currently listed on the Running Log, please let us know if you still wish to be listed. If you would like to be added to the Running Log, please let us know. Our new format will now accommodate approximately 30 runners in each Locker Room. However, we must allocate the listings on a first-come, first-served basis. Our graphic service's deadline is February 15, so please call ASAP.

Contact Don Eovino, Running Committee Chair, at 735-3066 with your maintenance, deletion or addition request. If you get the voice mail, be sure to leave your phone number, so we can verify your cumulative miles and events record.



1222 Kaumualii St. Ph. 847-4806 Monday to Saturday 9-5

Historical Committee Seeks OCC Photos

The Photo Subcommittee of the Historical Committee would appreciate receiving any photographs relating to Club activities, members, the building and grounds, etc. for inclusion in the archival photo collection. Any photos given will become the property of the Club and might be used in displays or illustrations. Please leave photos in the Executive Office addressed to the Historical Committee.

Members It Pays To Know

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Christmas Party for Members





Enjoying the Christmas Day party for members were 1) Howard and Tia Donnelly and Evelyn Hammons. 2) Bob and Christian Peterson. 3) Tim Guard and Jeanne Anderson, and OCC President Wendell Brooks. 4) Hunter and Rita Parker and Don Machado. 5) Tay Perry, Bruce Ames and Norm Dunmire. 6) Michele St. John and Kawika Grant. 9

Photos by Ken Brown.









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*All rates are based on double occupancy. All room rates are subject to 4.17% State tax and 6% Hotel tax. Discounts subject to availability.

The Keiki Christmas Party on December 18 drew hundreds of members and their keikis for an evening of dinner, magic, Santa and presents. 1) Beau Pickering, 5, hugs Rudolph. 2) Enjoying a family evening were Zachary Guss, 5, Racquel Guss, 7, Taylor Yonehiro, 3, and Madison Guss, 4. They came to the party with moms, Dede Guss, Dorie Guss and Kathy Yonehiro. 3) J.J. the Clown makes a balloon animal for Larissa Schienle, 6, and her mom, Lisa. 4) Enjoying the activities were Austin Kino, 7, Thurston Kino, 4, and Kaiwi Crabb, 4, with mom and dad, Keoni and Vaune Kino. 5) After dinner, J.J. entertained the children with a magic show. 6) Unidentified child receives present from Santa. 9

Photos by Marilyn Kali



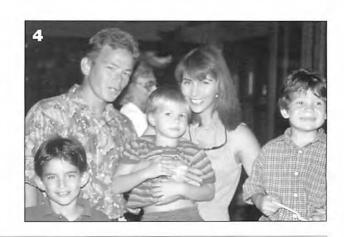












TIPS Trainer

By Sherry Gannaway, Founder Body By You!



Lateral Raises



Chest Flies



Shoulder Press



Seated Rows

Weight Training Part 2

Are we strong and solid yet? We have only just begun, the year is young. In this month's issue of Tips we will cover Part 2 of this two part weight lifting program, for building solid bones and strong muscles.

Friendly Reminders

- Become ambidextrous to balance your body. We lift weight at the gym the same in each hand, but our day to day activities are not performed equal. Challenge yourself.
- After all moderate to stressful workouts take 5 to 10 minutes to ice joints for pain and inflammation management.
- Repeat joint isolations as often as possible: at work, sitting at a stop light, in the shower. This keeps the body loose.

Weight lifting Guidelines

- Always stand, sit or move in Neutral Spine Position.
- Power Breathe exhale when you lift. Squeeze your abdomen.
- Always follow the Natural Range of Motion of the working Joint.

Let's get to the gym: Total run-

ning time 75 minutes
Start with a good 15 to
30 minute warm-up on
the stairmaster or bike.
Always peddle or step in
neutral—feet hip width
and parallel, knees
slightly bent, abdomen
pulled in and chest up.
When finished with the
machine of choice take a

moment and walk around the room and drink water.

Return to Neutral Strong Stance. Slowly tilt pelvis forward and back, roll shoulders forward and back, finish with neck isolations. Return to Neutral and take five deep breaths. Focus on squeezing your abdomen.

First Move Lateral Raises for the deltoid muscle (top of the shoulder).

Position: Begin in the Neutral Strong Stance, with arms by your side holding on to five to eight pound free weights, chest up. Take a deep breath in. As you exhale, raise your arms out, parallel to the floor, following the shoulder's natural range of motion by turning thumbs up at the top. Return to the neutral position. Repeat this exercise three sets of 12 repetitions going two to three pounds of weight each set.

Example: First set, pair of eight pound weights. Second set, pair of 10 pound weights. Third set pair of 12 pound weights.

Second Move Incline Chest Flies for the pectorals muscles.

Position: The incline bench is set at approximately 45 degrees. The starting point is thumbs facing each other, arms straight out over chest, with your elbows slightly bent. As you slowly move the arms out parallel to the floor, inhale. The arms naturally want to open. As you exhale, return arms to the starting point. Repeat this exercise three sets of 12 repetitions going two to four pounds of weight each set.

Example: First set, pair of eight pound weights. Second set, pair of 12 pound weights. Third set, pair of 15 pound weights.

Third Move **Shoulder Press** for the upper muscles of the shoulder.

Position: Sitting in Neutral Spine position—feet flat and parallel, knees square, abdominals in on the exhale, and chest up. Start with the hands up at shoulder level and palms facing the shoulder. Slowly extend your arms up toward to ceiling, while

turning the hands away from your body. Repeat this exercise three sets of 12 repetitions, going two to four pounds of weight each set.

Example: First set, pair of 10 pound weights. Second set, pair of 15 pound weights. Third set, pair of 20 pound weights.

Fourth Move **Seated Rows** for the back and shoulder rotators.

Position: Seated in a Neutral Spine position with legs out in-front of you, parallel and hip width apart. Note: Do not go too far forward with your body. It puts strain on the back. Reach arms out fully extended, then slowly, on the exhale of the breath, pull the weight back. Chest up, abs in and elbows back. Repeat this exercise three sets of 12 repetitions going one to three plates of weight each set.

Example: First set, 60 pounds weight. Second set, 70 pounds weight. Third set, 90 pounds weight.

The Cool-down. Go through a complete round of Joint Isolations from feet to head. Then go to the floor and do a round of lower, upper and side abdominals. I would recommend one set of 25 to 30 in each position.

Note: Refer to the March 1995 issue of Tips to see photo of this cross-over leg and backstretch. Return to neutral—knees up, feet flat and spine aligned. Slowly bring one knee toward your chest, breathe. Take that same leg across your body and look over the opposite shoulder. Breathe. Return to neutral and repeat other leg. Hold your stretch for 45 to 90 seconds each side. Slowly roll to one side and stand up. Return to Neutral Strong Stance and take three deep power breaths.

NOTE: The weights may vary based on your personal condition. If you are not sure of where to begin ask a trainer on staff or consult a professional trainer or doctor of your choice. Hang in there!!

Backward Glances

By Joan C. Pratt, Historical Committee

46 Years Ago-1950

The Club received a beautiful trophy inscribed: "Ehrlich Trophy, perpetually awarded to Six Paddle Outrigger Canoe Club Crew of Boys 16 years and under by Mr. and Mrs. Philip S. Ehrlich, Walter Macfarlane Memorial Canoe Races."

31 Years Ago-1965

The Outrigger "Bridge Hui is the only Outrigger activity that is self-supporting." A benefit bridge or card game was held on February 3. The proceeds of \$105.00 went to the Club's Athletic fund. Previously, the Hui donated \$50 to the Club's Olympic fund and \$50 to the Crippled Children's Fund.

26 Years Ago-1970

Dinner for the Athletic Awards Banquet on February 9 was only \$1.95. Winners of the Winged "O" were Peter Balding and the late Dad Center.

21 Years Ago-1975

In February, 1975 the Athletic Award Dinner cost \$2.95. No Winged "O" was given. Evie Black was congratulated in Jr. Riggers for being named 1974 Hawaii State Surfing Champion, Women's Division, a title she also won in 1971 and 1972. She was second in 1973.

The Outrigger Canoe Club's Bridge Club's special event was February 3 and resulted in a donation of \$257.50 for the Hawaii Cancer Unit.

11 Years Ago-1985

At the February 17 Keauhou-Kona Triathlon, "Outrigger Triathlon Committee chairman Roger Cundall (13th out of 161 swimmers) joined with Tommy Holmes (22nd in the 130-mile run) to lead their team to a 12th place overall finish in the elite competition."



Winners of the Outrigger Canoe Club Duplicate Bridge Club Christmas Party in December were Dottie Darrow, Billie Baird, Iris Chung and Barbara Linn. The Bridge Club meets every Monday at Noon and welcomes new members. Bring a partner and join the fun. Any questions, call Kai Ostrem, chair at 737-1190.

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F E B R U A R Y

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Two Steak Frys February 19 and 24 CLUB BUFFET FIRST FRIDAY OF EVERY MONTH				Regular Lunch	3 Hau Terrace Lunch
			and billion service	Dining Room 6pm	Regular Dinner Service
					Dancing 6:30 pm
5 Noon Bridge		7 Regular Lunch and Dinner Service	8 Regular Lunch and Dinner Service	Regular Lunch and Dinner Service	10 Hau Terrace Lunch
Surf Cart 6-9 pm					Regular Dinner Service
					Dancing 6:30 pm
12 Noon Bridge	13 Regular Lunch and Dinner Service	14 Regular Lunch and Dinner Service and VALENTINE'S SPECIALS	15 Regular Lunch and Dinner Service	16 Regular Lunch and Dinner Service	17 Hau Terrace Lunch
Surf Cart 6-9pm					Regular Dinner Service Dancing 6:30 pm
19 Holiday	20 Regular Lunch	21 Regular Lunch and Dinner Service	22 Regular Lunch and Dinner Service	23 Regular Lunch and Dinner Service	24 Hau Terrace Lunch
Noon Bridge Hau Terrace Lunch Steak Fry 6-9pm	and Dinner Service				Regular Dinner Service Dancing 6:30 pm Steak Fry 6 pm
26 Noon Bridge		Regular Lünch	29 Regular Lunch	6 PM IN MA	PARTY ON MARCH 9 IN DINING ROOM
Surf Cart - 6-9 pm ANNUAL MEETING 5 PM	und Diffiler Service	und Dilliner Service	LIVE MAINE LOBSTER Reserv. Dining Rm	COME AS YOUR FAVORITE STAR OR CHARACTER	
	ary 19 and 24 ner Specials owl at OCC FEBRUA 5 Noon Bridge Hau Terrace Lunch Surf Cart 6-9 pm 12 Noon Bridge Hau Terrace Lunch Surf Cart 6-9pm 19 Holiday Noon Bridge Hau Terrace Lunch Steak Fry 6-9pm 26 Noon Bridge Hau Terrace Lunch Steak Fry 6-9pm	ary 19 and 24 ner Specials will at OCC FEBRUARY 2 - SOUTH AMERICAN TEBRUARY 2 - SOUTH AMERICAN TEBRU	ary 19 and 24 ner Specials owl at OCC FEBRUARY 2 - SOUTH AMERICAN 5 Noon Bridge Hau Terrace Lunch Surf Cart 6-9 pm 13 Regular Lunch and Dinner Service 14 Regular Lunch and Dinner Service 15 Regular Lunch and Dinner Service 16 Regular Lunch and Dinner Service 17 Regular Lunch and Dinner Service 18 Regular Lunch and Dinner Service 19 Holiday Noon Bridge Hau Terrace Lunch Surf Cart 6-9 pm 20 Regular Lunch and Dinner Service 21 Regular Lunch and Dinner Service 22 Regular Lunch and Dinner Service 23 Regular Lunch and Dinner Service 24 Regular Lunch and Dinner Service 25 Regular Lunch and Dinner Service 26 Regular Lunch and Dinner Service 27 Regular Lunch and Dinner Service 28 Regular Lunch and Dinner Service and Dinner Service	ary 19 and 24 ner Specials owl at OCC FEBRUARY 2 - SOUTH AMERICAN FEBRUARY 1 - ITALIAN THE Regular Lunch and Dinner Service THE REGULARY 1 - ITALIAN THE REGULAR LUNCH and Dinner Service THE REGULARY 1 - ITALIAN THE REGULAR LUNCH and Dinner Service THE REGULAR LUNC	ary 19 and 24 mer Specials The Regular Lunch and Dinner Service The Regular Lunc

M A R C H

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 BRUNCH 8:30 am	Canor Paddlers Get Ready, registration is in April!!!! March 1 Italian Buffet at the Club • Kuhio Day Hawaiian Food VERY BIG SPECIAL HOLLYWOOD PARTY. MARCH 9 IN HAU TERRACE AND DINING ROOM. COSTUMES, ENTERTAINMENT, DANCING, RESERVATIONS PLEASE				1 Regular Lünch	2 Hau Terrace Lunch
Prime Rib Buffet- Dining Room 6 pm					CLUB BUFFET Dining Room 6pm	Regular Dinner Service Dancing 6:30 pm
3 BRUNCH 8:30 am	4 Noon Bridge Hau Terrace Lunch Surf Cart 6-9 pm	5 Regular Lunch and Dinner Service 6 Regular Lunch and Dinner Service	7 Regular Lunch	8 Regular Lunch	9 Hau Terrace Lunch	
Prime Rib Buffet- Dining Room 6 pm			and Dinner Service	nner Service and Dinner Service	and Dinner Service	Hollywood Party Main Dining Room 6pm Reservations
10 BRUNCH 8:30 am	11 Noon Bridge Hau Terrace Lunch Surf Cart 12-9 pm	Regular Lunch Reg	13 Regular Lunch	14 Regular Lunch and Dinner Service	15 Regular Lunch and Dinner Service	16 Hau Terrace Lunch
Prime Rib Buffet Dining Room 6 pm			and Dinner Service			Regular Dinner Service Dancing 6:30 pm
17 Brunch 8:30 am	18 Noon Bridge Hau Terrace Lunch Surf Cart - 6-9 pm	19 Regular Lunch	20 Regular Lunch	21 Regular Lunch and Dinner Service	22 Kuhio day holiday	23 Hau Terrace Lunch
Prime Rib Buffet Dining Room 6 pm		and Dinner Service and	and Dinner Service		Regular Lunch and Dinner Service	Regular Dinner Service Dancing 6:30 pm
24 Brunch 8:30 am	2.5 Noon Bridge Hau Terrace Lunch Surf Cart - 6-9 pm		Regular Lunch	28 Regular Lunch	29 Regular Lunch and Dinner Service	30 Hau Terrace Lunch
Prime Rib Buffet Dining Room 6 pm			and Dinner Service	LIVE MAINE LOBSTER Reserv. Dining Rm 6pm		Steak Fry 6 pm Regular Dinner Service Dancing 6:30 pm

Board Briefs

Board Briefs is taken from the minutes of the Board of Directors meeting of November 30, 1995 and Executive Committee meeting of December 14, 1995.

Treasurer's Report-The Budget Committee advised the Board that the proposed budget meets the goal of having the combined Food and Beverage operations break even with the inclusion of the unspent mini charge. The proposed budget does not meet the goal of having the dues plus operating fund investment income cover unallocated cost, fixed cost and depreciation. However, by budgeting for only \$250,000 in capital expenditures for 1996, the budget provides sufficient cash flow to maintain the Club's financial strength. . . The proposed budget increases Regular member dues by \$3, from \$88 to \$91, and increases the dues for other membership categories proportionately. . . The proposed budget for 1996 was unanimously approved and includes membership dues increase, locker fees increase, \$45,000 allowance for management incentive program and \$4,000 for the Marketing Adhoc Committee.

Vice-President of
Activities—The Board approved
the study continue on a Club
Membership Roster by the PR
Committee.

Secretary's Report—Five members were suspended for 15 days for being three times delinquent. . . Two members were terminated for being four times delinquent.

Athletic Report—The Board approved \$1,268 for improvements to the workout equipment in the Men's Locker Room and the Fitness Center.

Building & Grounds
Report—The Board approved a solution to the sound problem in the Dining Room by installing 1" fiberglass insulation, covered by thermoveil fabric to eight low bays at the front of the Dining Room at a cost of \$18,400.

Long Range Planning
Report—The committee recommends two items be addressed immediately. 1) Marketing of all reciprocal clubs with an introductory letter and promotional photo. 2) Due to the shortage of applications being filed for membership, we need to encourage members to sponsor candidates for membership.

Nominating Committee— Vik Watumull will serve as chair of the Nominating Committee for 1996 elections. Other members are Michael Clifford, Greg Moss, Tay Perry and Sue Tetmeyer.

Admissions/Membership
—The Committee was asked to review an admissions procedure in reference to applicants disapproved for membership. The procedure of keeping files of rejected applicants will be investigated. A clear policy on maintaining these files will be recommended and strictly administered.

by Gretchen Duplanty

If you like garlic, you'll love this Roasted Garlic and Wild Mushroom Risotto. And it's easy to make.

- 2 large heads of garlic
- 1 tablespoon olive oil
- 3/4 lb. dried porcini mushrooms
- 3/4 lb. wild mushrooms (shiitake or crimini)
- 1-1/2 cup arborio rice
- 1 cup shallots
- 2 tablespoons chopped fresh thyme or 2 teaspoons dried thyme
- 1/2 cup white wine
- 3-1/2 cups low salt chicken broth 2 cups sliced spinach
- 1/3 cup grated Parmesan cheese

Combine garlic and oil in baking dish and bake for about 50 minutes at 400 degrees. Cool and chop to about 1/2 cup.

Put hot water over dried mushrooms. Soak, drain and chop.

Heat 1 Tablespoon oil, add mushroom and saute. Add Porcini, then set aside.

Heat 1 tablespoon oil, add shallots and thyme, saute. Add rice, wine and broth and bring to a boil. Cook until mixture is creamy (20 minutes). Add spinach, mushrooms then cheese. Serve.

Start Membership Process Now to Paddle in 1996

If you are the parent of a child approaching 10, or a spouse card holder without your own associate membership, and you want to paddle this year, now's the time to take action. In order to paddle, you will need to go through the membership process.

Ask two members to be your sponsors and pick up a membership application from the Executive Office. They will advise you about the process and the information you need to provide. It will take several months to get your

Employee of the Month

ur Employee of the Month is a former Baylor, Texas volleyball scholar. Andrea Andrus, Hau Terrace waitperson was the Employee of the Month in December and immediately blasted her award money on Christmas. Alright, Andrea. She has been at OCC six months, coming from the Liberty House Deli-bakery, and other waithelp jobs.

Born in Hawaii, she attended Pearl City High School and received a volleyball scholarship to Baylor, but after two years she had to come home to Hawaii. Still interested in education, she is currently at Kapiolani Community College in preeducation, preparing to attend UH to become a teacher.

Andrea enjoys OCC.
She thinks the members are pleasant. She also enjoys our new Chef, and likes working with him. She is currently cross training to work in the Main Dining Room.

OURIGGER CANOE CLUB ANNUAL MEETING

Monday, February 26 5:30 p.m.

Hear 1995 Committee Reports and meet the new members of the Board of Directors

Light refreshments to follow

Surf Cart also available



On the Cover—Winning their events in the 7th Annual Winter Tri-Ocean Races at the Club in December were Stu Gaessner, 12K Surfski; Chris Moore, 10K Paddleboard; and Mark Rigg, 8K One-Person Canoe. Story and photos on pages 2-3. Photo by Marilyn Kali.

Pütrigger

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