

Board and Committee Members Celebrate at Annual Aloha Party







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lub members who serve on various standing committees and members of the Board of Directors and staff gathered at the Club on February 8 for the annual Aloha Party. Enjoying the evening of camaraderie and delicious pupus were 1) Mark Buck, Al and Connie Serafin, Scrappy and Jensen Lipton. 2) Myrna Murdock and Norm Dunmire. 3) Kathy Faraday, Patricia Zell and Cindy Mahoney, seated; Norm Ho, Richard Ferguson and Tay Perry. 4) Marian Arnott, Kent Giles, Thad Ekstrand, Tom Arnott and Borgy Giese. 5) Tiare Finney, Tom and Sherri Sellers. 6) Phyllis and Ev Fox and Helen Sheehan. 7) Bob and Sue Moore. 8) Ruby Ifversen and Dustin Sellers. 9) Gerri Pedesky, Bunny and George Cook, and Jack Pedesky. 10) Jeanne and Yabo Taylor, Cline Mann. 11) Kala Judd, Stephanie Ackerman, Bob Moore and Ken Brown. 12) Gretchen Duplanty and Wendell Brooks. 13) Jim Peterson, Janet Callaway, Steve and Joyce Timpson. 14) Robby Ostrem, Tony Crabb and Dennis Berg. 15) Barbara Giles and Tommy Thomas. 16) Lillian and Joe Miccio and John Goss. 17) Geoff Graf, Dean Maeva, Mark Sandvold and Keahi Robins. 18) Ken Stehouwer and Marilyn Haine. 19) Anita Brightman and Bruce Ames. Photos by Marilyn Kali.











AS THE TERRACE TURNS



By Helen Sheehan

They tell us this is a year of change. We know of one local change. Martha Ting, after 14 years of managing the Logo Shop, is retiring. Martha recalls how the shop originally handled only items for men, and not much variety. Now, you'll find clothing for babies, children, women's and men's shorts, shirts, jackets, bags, pareaus, aloha shirts and many other items. We wish you the best Martha. We hope you will miss us as much as we will miss you. . .

When you see Mary Machado

When you see Mary Machado and Ginny Lloyd putting their heads together, you know it's about Muumuu Mania. They are planning for the big day, Sunday, March 28 at the Royal Hawaiian Hotel. The event is sponsored by the Honolulu Symphony Association and features a fashion auction, fashion show and fun evening.

If you saw Dr. Harry Huffaker hosting a group of 50 young ladies, you were right. What you saw was the University of Michigan Swim Team in Hawaii for the Rainbow Aquatic Festival. Dr. Huffaker, famous for all his accomplishments, is a graduate of the University and was a member of the swim team. . .

At another Sunday brunch, a real Hawaiian celebration sponsored by Dennis O'Connor Jr. and organized by his wife, Kaohua, and Sharon Odom for members of their hula halau. Kumu Hula Leinaala Heine, well known entertainer with the Brothers Cazimero, led the group in dance and song.

Monday may be a quiet day at the Club, but one event goes on-Duplicate Bridge. Play starts at 12:30 p.m. sharp. Any bridge playing members interested in playing should contact Kai Ostrem, new chairman, or any of the other officers: Rosene Jacoby, vice chair; Angela Gorrell, treasurer; Kay Albrecht, secretary; Jay Warren, hospitality; and Billie Baird, tournaments. You can also leave a note at



Riggers playing for various college volleyball teams this year are, from left, Brian Wells, Stevie Li, Ricky Humphries, Deke Kilpatrick, Wayne Seligson and Ryan Gilbert.



Fifteen former Club presidents gathered in December for lunch. Seated, Tommy Thomas, Yabo Taylor, Bob Moore and Cline Mann. Standing, from left, Dan Williamson, Peter Balding, John Goss, Mark Buck, Roy Kesner, Thad Ekstrand, Tom Arnott, Ward Russell, Ben Cassiday, Tom Haine and Ron Sorrell.



Celebrating birthdays were, front, Laurinda Hadsell, Jim Richards, Helen and Doug Schramel, Aphrodite Banks and Ralph Klous; standing Lionel Banks, Barb Norfleet and Bill Tackaberry.



Home visiting over the holidays were Carl and Lynne Franceschi, with son Michael, and parents Patty and Bill Child

the Front Desk for any of the officers with your name and phone number. . .

Tracy and Dan Ayers announce the arrival of Susan Malia on December 21. She weighed in at 8 pounds and was 20 inches long.

Nonresident member Gina Palminteri won the grand prize in a Southern California radio contest and won a 7-day cruise on the "Love Boat" to the Mexican Riviera.

She had a great time. . .

In a private sunrise ceremony at Old Man's, Tom Reiner's two daughters Shea Balika and Keani Schot fulfilled their father's last wish by scattering the ashes of their mother, Donna Reiner, with his. Joining them were Heather Darrow and Devon Darrow Guard, daughters of Donna's lifelong friend, Doris Darrow. The four girls had grown up as sisters.

John Finney's son Eric, a sophomore at Georgetown University, has been named to the 1993 USA Rugby-East Collegiate All-Star team as a running back. He will play with the East All-Stars in the Battle of New Orleans which is the premier collegiate rugby tournament in the U.S. John says that Eric's goal is to reach the U.S. national team, the Eagles, before he finishes his college career.

Nonresident member Lionel Banks and his wife Aphrodite, celebrated their birthdays and the New Year at the Club. Lionel brought some of his Stags' Leap Winery's Petite Syrah to share with friends at dinner. Lionel says good food, drink and company made for a successful 60th birthday party.

Coordinating Director Ron Li reports it was an OCC reunion at the 29th annual UC Santa Barbara Col-

legiate Invitational Volleyball Tournament in January. With 24 teams playing, there were a record 13 players from Outrigger. The tournament was won by UCLA which has OCC members Stein Metzger, Brian Wells and Kevin Wong on the court. Playing for runnerup UCSB was Brant Chillingworth. Lee LeGrande played for third place Pepperdine, and Mike Lambert was on the fourth place Stanford team. Also participating were Ryan Gilbert, Ricky Humphries, Deke Kilpatrick and Wayne Seligson, for Loyola Marymount; Stevie Li, USC; Bill Fannemel, Menlo; and Mitchell Yap, UC San Diego.

The Paul Dolan family reunioned at Cedar Flat in Lake Tahoe for the New Year's Week, surviving two record-breaking storms. When the sun finally returned, all were on

the slopes skiing with powder abundant.

Past Club President and Winged "O" recipient Ron Sorrell has returned to Honolulu, following four years in the mauka areas of Utah. Ron spent his free time skiing in the winter (averaged 50 days a season), riding his mountain bike in the summer and fishing and hunting in the spring and fall. Welcome back.

Ron Gerald Allison, who was part of the Outrigger Canoe Club architectural team, was honored recently with the Designers West/Designers CWorld/Ray Bradbury Creativity Award. He was honored for his contribution to the advancement of tourism and commitment to the

Continued on page 15



Rob and Erin Reikow with new son, Chase Ka'iana Reikow, born November 28. He weighed 6 pounds, 7 ounces and was 20 inches long. Proud grandparents are Robby and Cathy Ostrem, and great grandparents are Bob and Kai Ostrem.



At the Dolan skiing reunion were, front, Sandy and Ben Sampson, Gail holding lan Paul and Paul. Back, Peter and Michelle with Lindsay Kate; Jeff Dolan and Celeste Akeo; Andrea Dolan Owen and husband, Ray.



Enjoying dinner at the Club were Jay Braierle, Susie Hearst, Dick Grimm and Steve Bond.



Bob Butler, Lois Thompson, Emy Butler and Clay Thompson enjoy Saturday night music.



AROUND THE CLUB

By Raymond Ludwig, General Manager

I was very pleased to see so many of our voting members in attendance at our February 22 Annual Meeting. It is reassuring to know that so many of our members are willing to take time and get involved in the decision making process.

Again this year the response shown by the membership with respect to the committee preference cards was phenomenal. The number of members who care, and are interested enough in the Club to be willing to give the time that it takes to serve on a committee, is typical of the let's get involved attitude of our membership. You are to be congratulated.

DEMPloyees of the Month

Y I would like to acknowledge our employees of the month for the year just completed: Karen Tatum,



Virgilio Yasay, Geoffrey Fagaragan, Velma Tanaka, Paula Grivas, Enden McNierney, Dwight Young, Curtis Cachero, Christopher Huber, Evelyn Foronda, Victor Cadiz.

They are one and all dedicated, hard working, loyal and committed employees and we are fortunate indeed to be able to count them in our numbers. They, together with the other 140 Outrigger employees, are an important part of what the Outrigger is.

March Happenings

On Monday, March 15, our Historical Committee will be presenting a slide presentation titled, "Travelogue," together with our ono beef stew and rice plate. Reservations are a must and may be made at the Front Desk.

On St. Patrick's Day, March 17, we will be featuring some very special Irish treats. Our menu on that evening will feature some special Irish fare. For your entertainment, we have again this year arranged for the Honolulu Police Pipe Band to help bring out the Irish. They will be performing in authentic Highland attire on the Hau Terrace, 7:30 to 9 p.m. If you've never seen them perform, you're in for a real St. Patrick's Day treat.

Our first fashion show of the new year, scheduled for Friday, March 19, features fashions by Casual Corner. You can make your reservations in the Dining Room.

Our Maine Lobster Night, is Thursday, March 25. Reservations are a must because this is always a sellout.

On Saturday, the 27th, we'll be holding our Concert By the Sea with the Peter Moon Band. Make your reservations early as this is sure to be an early sellout with limited seating.

Snack Shop Closed

A reminder, the Snack Shop will be closed for renovation, from March 8-19 and reopen on Saturday, March 20.

Ballroom Dance Lessons Back

By Christian Peterson

As a result of requests and interest, the Entertainment Committee has decided to sponsor another session of ballroom dance lessons.

There will be five lessons for \$50 and the dances will be those that the majority wish to learn.

Ed Nix, who was so popular in previous sessions, will again be the teacher. Guests are welcome. Sign up now at the Front Desk. Dress is informal.

The dates are March 8, 15, 22, 27 and April 5, all Monday evenings, from 7:30 to 9 p.m.

For more information call Christian Peterson, 395-5580.

FOR THE RECORD

Running

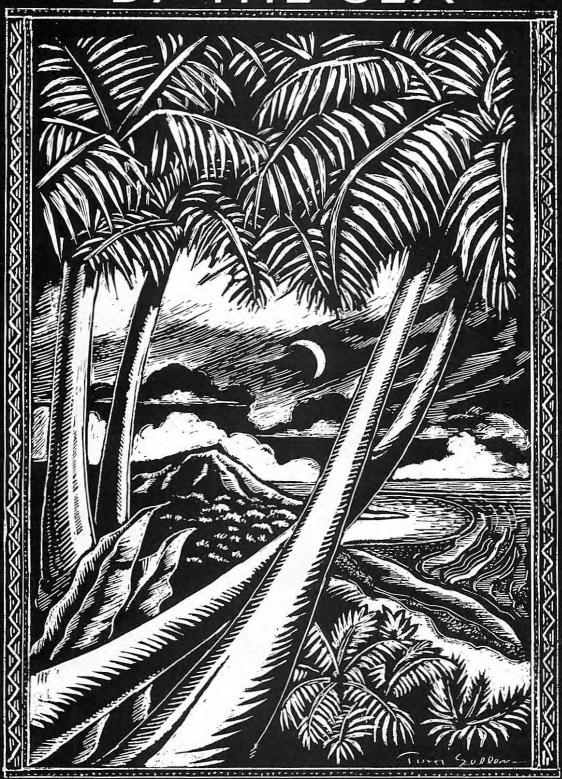
1st Annual Sam Martz Memorial 10K Racewalk 1/17/93 Iolani School Track Gerry DeBenedetti, 2nd, Women 50-54, 1:17:52

Honolulu Zoo Fun Run 2 1/24/93 Kapiolani Park 3 miles Emery Lucas 20:43 41st Cherry Blossom Run 2/7/93 4 miles Hilary Lambert,2nd overall, :27:03

Biathlon

21st Annual Magic Island Biathlon 2.5 mile run, 800-meter swim Gerry DeBenedetti :53:35 Hilary Lambert, 1st 25-29, :27:54 OUTRIGGER CANOE CLUB

CONCERT BY THE SEA



FEATURING

PETER MOON BAND

SATURDAY MARCH 27TH 1993 6:00 PM \$21.50 DELICIOUS OUTRIGGER BUFFET

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Kissner and Bradley Win Winter Kayak Race

By Geoff Graf

The annual OCC Winter Kayak Race, sponsored by the OCC in conjunction with Kanaka Ikaika, was held on January 23, from Hawaii Kai to OCC. There was a record turnout of 108 participants.

One-person canoes and surfski/kayaks paddled the 9-mile course under extremely calm condi-

tions.

On kayaks, Georg Kissner and Geoff Graf dueled it out for first place with Georg crossing the finish line first, seconds ahead of Geoff, with a time of 1:06:56.

The first place women's kayaker was Lesline Conner with a time of

1:18:55.

Paddling the first place one-person canoe was Todd Bradley with a time of 1:12:23. The first place women's one-person canoe was paddled by Eva Bush in 1:32:59.

The race was conducted safely and enjoyed by all; especially the post race celebration at the Club.

Results

Kayak/Surfski

Men's Open--1. Georg Kissner 1:06:56. 2. Geoff Graf 1:07:02*. 3. Mark Sandvold 1:07:18*.

Men 30-39--1. Bruce Campbell 1:10:00. 2. Wes Luke 1:10:29. 3. Steve Blythe 1:10:58.

Men 40-49--1. Bob Rocheleau 1:07:53. 2. Harold Akeo 1:08:49. 3. Kala Kukea 1:20:36.

Men 50+-1. Keith Keillor 1:17:32. 2. Dale Adams 1:18:59*. 3. Tim Guard 1:20:36*.

Men Novice A.-1. Ed Mitchell 1:13:23. 2. Mark Huetter 1:13:34. 3. Ramses Rosa 1:15:07*.

Men Novice B--1. Billy Mowat 1:08:54*. 2. Paul Gay 1:17:23. 3. Dean Maeya 1:18:42*.

Women 30-39--1. Lesline Conner 1:18:55*. 2. Denise Darval 1:19:31. 3. Kathy Erwin 1:19:52.

Women Novice A--1. Luana Froiseth 1:23:15. 2. Jenny Fisher 1:24:35. 3. Miki Hayes 1:24:42.

Women Novice B--1. Laurie Matsuda 1:17:50. 2. Tatum Darval 1:23:27. 3. Nina Pacelsick 1:23:32.

One Person Canoes

Men's Open--1. Todd Bradley 1:12:23*. 2. Jim Foti 1:14:19. 3. Walter Guild 1:15:16*.

Men's Novice--1. Richard Lambert 1:23:08. 2. Edwin Fraser 1:24:03. 3. Eric Lenora 1:25:24.

Men Masters--1. Jeff Metzger 1:14:34. 2. Mike Cushnie 1:16:39. 3. Jay Ford 1:20:39.

Women's Open--1. Eva Bush 1:32:59. 2. Nancy Perry 1:36:43. 3. Paula Crabb 1:41:19*.

*OCC Member



Courtney Seto



Mark Sandvold



Tom McTigue



Bill Danford



Paula Crabb



Mark Buck



Lesline Conner

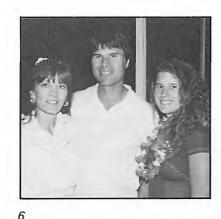
Runners Celebrate '92 Successes

Outrigger runners were honored at the 1992 Honolulu Marathon and Running Awards Presentation and Social on February 6 at the Club. 1) Keoni Kino received an award as the first 'Rigger to finish the Marathon. 2) Katy and Peter Bourne ran the whole Marathon together and finished second of all Club members who ran. 3) The Mixed Masters won their division in the Hana Relays--Russell Allen, Ed Moore, Carole Wilbur, Jim Stahl, Andrea Lehman and Don Eovino. 4) Katie McCrary and Nalu Kukea ran on the OCC Mixed Open team in the Hana Relays. 5) Winning age group awards for the Marathon were Ruth Munro, Emery Lucas, Paula Jenkins and Jim Stahl. Enjoying the party were 6) Patti, Bill and Missy Mowat, 7) Danny Kali, June and Arnold Lum and Happy Chapman, and 8) Billy Balding and Joe Teipel. Photos by Marilyn Kali.

















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ODKF Elects New Officers, New Board

By Gerry DeBenedetti

At his first meeting of the new year, newly elected Outrigger Duke Kahanamoku Foundation president, W. C. Bill Morris, welcomed two new members to the board.

They are Diane Stowell, OCC member, and Stuart Ho, community member. The board is comprised of 15 members, five of whom represent the community at large.

Diane Stowell is vice-president of activities on the Outrigger Canoe Club Board of Directors. She is the only female member of the Winged "O" and a local running and swimming champion in her age group events. Ms. Stowell has been a member of OCC since 1953 after her swimming years at Punahou School. She has a masters in psychology and is a teacher at Punahou.

Besides her swimming and running activity, Ms. Stowell is also a masters women's canoe paddling champion, a member of the crew for six senior masters state championships. She was a member of the winning Senior Masters crew in Na Wahine O Ke Kai in 1991.

Stuart Ho, chairman of the board and president of Capital Investment of Hawaii, has a long history of community involvement. He is a graduate of Punahou, an attorney, has served in city government, was a member of the House of Representatives from 1966-70, and a member of the University of Hawaii Board of Regents from 1971-74.

He is also on the board of direc-

tors of many local groups.

His father, Chinn Ho, was a member of the Outrigger Foundation Board of Directors, predecessor of the ODKF, at its inception in 1962.

Serving with Morris on the ODKF Board of Directors are:
Vice President -Development:

Christina Kennner
Vice President-Operations:

Gerri Pedesky

Secretary:

John Goss

Treasurer:

Gulab Watumull

Other board members are Lex Brodie, Arthur Reinwald, Elia A. Long, Tom Lalakea, Oswald Stender, Rudy Choy, Marilyn Kali and Dr. Donnis Thompson.

The Foundation begins this year with \$500,000 in total assets. President Morris felt this was a great milestone for the Foundation, thanking both the members of the Outrigger and the community donors who have helped the Foundation with their generosity.

1992 was an Olympic year, and reaching the \$500,000 mark was clear evidence that Hawaii's people

want to support the athletes in achieving Olympic greatness.

The Foundation is unique, committed to developing athletic achievement in Hawaii. There are no restrictions on age or sport. This year ODKF will give \$10,000 in scholarships to Hawaii students with some athletic background who seek higher education and need financial assistance, and \$25,000 in athletic grants to qualified athletes who apply for a specific athletic goal or event. Funds are also available to help teams participate in competition.

For further information on the Foundation, please contact the

ODKF through the OCC.

Applications for scholarships or athletic grants are available at the Outrigger Canoe Club.

Live Maine Lobster Night



Thursday, March 25 6-9 p.m. Dining Room & Han Terrace

Reservation required by Tuesday,
March 23. Please tell hostess how
many lobster dinners your party will
be ordering when you make your
reservation. If dining on the Terrace,
indicate that they will be served on
the Terrace.



ODKF Board members are, seated, Christina Kemmer, Bill Morris, Elia Long and John Goss. Standing, Lex Brodie, Marilyn Kali, Tom Lalakea, Diane Stowell, Gerri Pedesky, Stuart Ho, Rudy Choy and Arthur Reinwald. Not pictured Gulab Watumull, Oswald Stender and Dr. Donnis Thompson.

Peter Moon Concert By the Sea March 27

By Mike Buck & Robyn Shaw

Get out your calendar now, the date has finally been set for the OCC Concert by the Sea with the Peter Moon Band. It's Saturday, March 27, right here at the Club.

There'll be plenty of chicken skin for everyone as barbecued chicken, along with stew and rice, salad and all the fixin's will be the buffet bill of fare before the chicken skin concert.

Many of you will remember the good old days when Peter Moon and his band were musical guests on balmy summer Friday evenings from time to time, then stardom whisked them away seemingly never to return.

Well, the Entertainment Committee has persuaded them to come back and perform for our members and their guests in a concert all of our own.

The Peter Moon Band concerts annually at the Waikiki Shell at the "Blue Hawaiian Moonlight" concert and at "Kanikapila" at Andrews Amphitheater are always a sellout, and we anticipate ours will be too, so make your reservations ASAP.

A special added feature prior to the concert will be a presentation by the Winged "O" Committee of awards for OCC athletes who have been nationally and internationally recognized for their efforts, and also the presentation of the Winged "O" if there is to be one this year, as you know, this is our Club's highest honor.

Because it is a special event, we are also working on trying to have

SNACK SHOP CLOSED FOR RENOVATIONS

March 8-19

★ Reopens ★ Saturday, March 20

available a limited-edition OCC T-shirt adorned with member-artist Tom Sellers' outstanding poster art. Keep your fingers crossed.

Now, here's the good part. You get a fabulous chicken skin buffet dinner, a chicken skin awards presentation, and a massive chicken

skin Peter Moon Band concert all for only \$21.50.

I told you that seating is limited, right? So, what're you waiting for? Doors open at 6 p.m. on Saturday, March 27 for OCC Concert by the Sea with the Peter Moon Band. See all of you there.



OCC Spotlight: Gardeners

By Myra Fisher

no you ever walk into the Club? You'll agree that there is a feeling of harmony present. Tall sturdy coco palm fronds bow to tender slim raphis palms and startling white thumbergia cascade from an arbor.

A broad zig-zag walk is strewn sweet smelling velvety plumeria blossoms, making all feel

very special.

Quiet. Unpretentious. Uniquely sub-tropical. Perhaps more than the choice of plants created this peaceful welcoming garden. I suspect it is because of the father-son team, their gentle relationship and kokua effort.

Chris Aris came to OCC in 1973 when the club site was still quite new. During his nearly 10 years as head gardener, plants matured and took on their distance, one to an-

other, as he pruned them.

Sometimes his son, Marcelino
Aris, would work with his fatherholding ladders, clipping the many mock orange hedges. Chris retired in 1982. Marcelino became head gardener. Now, it is his father who comes parttime to help. It's definitely a family affair.

When asked how they keep the vegetation so green at this beach location, they look at each other and in unison reveal they fertilize every 2-3 months with a 10-30-10 com-

pound.

When questioned how they keep mosquitos from breeding in the bromilia, they tell how they wash the plants every day so no standing water remains long.



Bougainvillea and its strong branches at the garage, salty napaka at beach, flamboyant torch ginger in the inner court, all a giant Hawaiian arrangement, planted where each will grow most successfully.

Some days between 10 and 1,

both father and son are in attendance. Other hours are staggered to keep a gardener on the job seven days a week.

When you go to the Club to have food, to swim or to meet friends, take another look. want to personally thank Marcelino and Chris for their quiet, very efficient groundskeeping. Their pride makes us proud.

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What parents say:

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A Non-Profit Educational Foundation

Magic Night Was Magical

By Valerie Davis & Christian Peterson

sellout crowd of more than 300 were indeed Spellbound by the Night A of Magic on January 30. The doors opened at 6 p.m. to reveal colorful

booths where palm readers, graphologists, tarot card readers and a psychometrist were waiting to reveal all to the OCC members and their guests.

A giant chart showed the showtimes and schedule for the entire evening. At 7:30, the three headline magicians were ready to begin.

Well known Bobby Acoba, Curtis Kam and John Kealoha rotated between three different stages set up in the Main Dining Room, Duke and Koko Head Rooms, and amazed people with their magical wizardry.

They performed more than a half hour in each area, giving everyone an apportunity to see them if they wished

opportunity to see them if they wished.

Many guests took advantage of the pictures that were available for purchase--a giant caricature of a rabbit and magician had been created by Tom Sellers for people to stand behind and put their faces through.

Many took it next to an arch of vibrant balloons that had been created

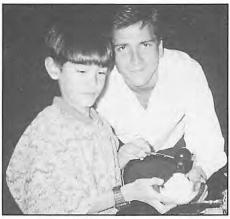
for the evening.

Chef Teruya had done an outstanding job on the food tables set up on the Hau Terrace and before, during and in between shows, people made a vanishing act of Presto Pasta, Abracadabra Caesar Salad, Ribs, Fried Shrimp, Pesto Lamb and the very popular "Open Sesame" Sundaes.

All too soon, Hocus Pocus and the night had disappeared.



Evie Black has her tarot cards read by Vicki Lyn Soule.



Bryce Word make a sundae with help from waiter Jack.



Enjoying dinner were Bob, Kai, Kathy

and Robbie Ostrem.



Mike O'Connor and Loren Uy pose for photos.



Psychometrist Pamela and Bill Swope.



Magician Bobby Acoba amazes his audience.

Backward Glances

By Joan C. Pratt, Historical Committee

40 Years Ago -- 1953 Coco Palm Lodge at Wailua, Kauai, has been leased by Outrigger members Bill Mullahey and Bill Newport. Along with Phil Fiske, they have laid out plans for the future development of the site. Miss Grace Buscher will be the manager.

25 Years Ago -- 1968

On March 2nd at Church College in Laie, two Outrigger volleyball teams battled for the tournament championship. Outrigger A with Alstrom, Chock, Holmes, Lemes, McGown, MacLaughlin, and Velasco came from behind to win 3-2 from Outrigger B with Haine, Hen-

drickson, McFarland, McMahon, Parker, Sarantos and Stanley.

20 Years Ago -- 1973

Mailed in March to all members were the "new permanent plastic membership cards designed especially to work into the club's electrical data processing system, handled

10 Years Ago -- 1983

In March, the Outrigger Canoe Club competed for the first time in the Carole Kai International Bed Race. Gina Jenkins was selected Bed Race Queen, and the team placed second in their heat.

In Memoriam

Ruth J. Wade Deceased: January 16, 1993

Member: 7 years

Tim F. McCallin Deceased: January 21, 1993

Member: 26 years

Paul H. Anderson

Deceased: January 23, 1993

Member: 42 years

Mary Nickel James

Deceased: January 15, 1993

Member: 29 years

Marti Natacia Brennan Deceased: January 26, 1993

Member: 25 years

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OCC's Best Chefs

By Gretchen Duplanty

A bit of the blarney. Helen Price enjoyed a wonderful trip to Ireland last summer and what better way to remember and celebrate St. Patrick's Day than to make "Eejit Proof" Brown bread.

Anna O'Kelly's Eejit Proof Brown Bread

1 1/2 cups whole wheat flour

1/2 cup white flour

(or use 2 cups whole wheat flour)

1 teaspoon salt

1 teaspoon baking soda

2 teaspoons baking powder

1 tablespoon wheat germ

2 tablespoons bran

1 large egg

1 1/2 cups buttermilk

Mix dry ingredients together. Beat egg; add to buttermilk. Make well in dry ingredients. Add liquid all at once. Mix.

Lightly grease (spray OK) a 2 pound (medium size) loaf pan. Bake 40 minutes in a preheated 400 degree oven. At end of 40 minutes, remove, invert loaf, thump for hollow sound. If no hollow sound, bake 3-5 minutes longer.

Healthy, with no preservatives, this bread makes a good hostess gift in place of the usual sweet offerings. If not used within a day or two, freeze. This is usually not a problem.

Ballroom Dancing Ken Alford Dixie Cats every Saturday Night Dining Room 6:30 - 9:30 p.m.

Help Design Canoe Racing T-Shirt

By Elaine Hazzard

The 1993 canoe racing season is on its way.

Entries are being sought for the design of the Club's 1993 Canoe Racing Regatta T-shirt. The winner will receive dinner for two (up to \$50) at the Outrigger.

Deadline to enter is Monday, March 22. Entries should be left at the Front Desk, attention Terri Pyn-

Newcomers to the Club and to outrigger canoe racing are welcome to participate. We encourage young members to join and learn to paddle. Adults who have never paddled have a special novice classification, in which they may paddle for up to three years before joining an upper division crew.

Paddling is a great way to get in shape, especially if you run or swim to cross train.

The Canoe Racing Committee is seeking the names of all who are

willing to coach a crew or be Head Coach, and all those interested in becoming a member of the commit-

Registration for paddling will be held on Saturday, April 24, from 9 a.m. to 1 p.m. in the Board room.

The registration fee for paddlers will be \$40 for Regatta season. This fee includes a T-shirt, two tickets to the Oahu Hawaiian Canoe Racing Association-sponsored Blue Hawaiian Moonlight Concert (worth \$24), OHCRA registration fee and insur-

Practice will start in mid-April and will be in full swing by May. This year's state race is on Maui.

In doing our part to help keep costs down, sandwiches will not be provided to paddlers this year. Paddlers are encouraged to get together and picnic with their crew.

We look forward to getting the boats back in the water as soon as possible, an early start to a season of many medals and victories, and challenges for every paddler. Don't let the boat leave without you.

1993 Regatta Schedule

June 6	Waimanalo	Waimanalo Beach Park		
June 13	Kamehameha	Kailua Beach Park		
June 20	Leeward Kai	Keehi Lagoon		
June 27	Clem Paiaina	Keehi Lagoon		
July 4	Walter J. Macfarlane	Waikiki Beach		
July 11	John D. Kaupiko	Kaneohe MCAS		
July 25	Oahu Championships	Keehi Lagoon		
August 7	State Championships	Maui		

Members It Pays To Know

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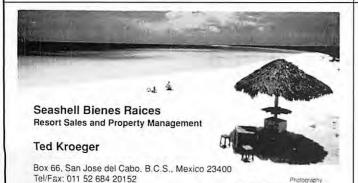
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> For Advertising in the Outrigger

Hawaii--the Way It Was, 1934

By Mazeppa Costa

Bishop Museum archivist DeSoto Brown and theater historian Lowell Angell will present four short films featuring Hawaii--the way it was in 1934--on Monday, March 15 at the OCC Historical Committee's next stew-rice supper.

Important to note: These are not contemporary documentaries about times past. Rather, they are very early color films, visual treasures not seen for the last 50 years.

Angell, film collector and educational specialist in the American Studies Department at the University of Hawaii, came into possession of the delicate films in the early 1960s. He later donated them (and others) to Bishop Museum, whichthrough the support of the State Foundation on Culture and the Arts-had new film and video copies made. Thus, rare historic film was preserved and, through the museum, made accessible.

About the Films

In the early 1930s, the Hawaii Tourist Bureau (now, HVB) commissioned the Miller-Nagel Company of Hollywood, to produce a series of promotional movies on Hawaii. The commission resulted in "Song of the Islands" (a 45-minute production with narrative) and four 10-minute travelogues, one each on the islands of Kauai, Oahu, Maui and Hawaii.

It is the travelogues that will be shown March 15.

Products of the early "talkies", they are narrated in flowery terms by poet/artist Don Blanding as he describes island attractions and plugs the sugar and pineapple industries.

Seen as a group, the four films provide a marvelous glimpse of how Hawaii looked before high rises, gridlock and bedroom communities. Quite interestingly, they also reveal a lot about marketing of the islands at that time. And marketed it was, as evidence suggests that these movies were shown in literally thousands of mainland theaters, as well as on ships traveling to the islands.

For reservations to the film showing and stew-rice dinner, call the Front Desk at 923-1585. No host cocktails begin at 5:30 p.m. The buffet supper is set for 6 p.m., and the show begins at 7 p.m.

Cost is \$10.25. The menu includes stew and rice, fruit salad, green salad, rolls and butter, and a choice of desserts.

Reserve early for an authentic, nostalgic glimpse of the way it was in 1934. Remember—there aren't enough hotels to handle thousands.





R FOR HEALTH As The Terrace Turns.

From page 5

You've heard of the "Dirty Dozen." Now get to know the "Clean Dozen"--that is, 12 American Heart Association suggestions to trim fat from your diet.

You can raise your blood cholesterol level by eating too much food rich in saturated fatty acids such as animal fat and palm, palm kernel and coconut oils. High cholesterol can cause a fatty build-up in the inner lining of blood vessels and eventually block the blood flow. The block can lead to a heart attack.

Thus, the AHA suggests you limit total fat intake to less than 30 percent of your daily calories and saturated fatty acids to less than 10 percent.

These 12 tips will help:

Switch from whole milk to milk that's 1 percent fat or less.

Read labels on food, noting the grams and kinds of fat.

- Switch from butter to margarine with no more than two grams of saturated fat per tablespoon and use butter-flavored granules.
- Switch to low-fat salad dressing and low-fat mayonnaise.
- Avoid fried foods.
- Eat five or more fruits or fruit juices and vegetables a day.
- Switch to low-fat or fat-free cheeses.
- Eat only lean cuts of red meat, remove the skin from poultry before it's cooked and eat fish
- Eat more bread, cereal, rice and pasta.
- Eat low-fat breakfast items such as cereal, English muffins, bagels and whole grain bread rolls.
- Eat low-fat ice cream, sherbet and other low-fat desserts.
- Switch to polyunsaturated and monounsaturated oils such as canola, corn, safflower, sesame, soybean, sunflower and olive oil, and use non-stick vegetable cooking spray.

Trying all 12 tips at once is not the best way for everybody. The AHA suggests taking a step at a time so that the new habits can more easily become permanent.

environment. He was also elected to the College of Fellows, American Institute of Architects and the Royal of British Architects. Among the numerous resort projects designed under his direction are the Coco Palms and Kona Hilton Hotels, and the Disneyland Hotel at Euro Disneyland.

Through the kind donation by Waltah Clarke, a limited number of tapes of "Beach Boy Party", recorded on the Hau Terrace at the Old Outrigger Canoe Club by the "real" beach boys--"Chick" Daniels, Splash Panama, Jimmy Hakaole, Kalakaua, Squeeze, Duke Kahanamoku, and others, are for sale in the Logo Shop for \$5 each. Proceeds benefit the Junior Boys Volleyball teams. Get yours today.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk.



Eric Finney

Life in KAMUELA

Come Home To Hawaii's Best

nce upon a time, there was the best of all possible places to live. In this magical place ... Kamuela ... you were able to buy land, or a charming country house. Well, are city streets getting you down? Do you find yourself wondering if you'll ever have that country home in the clean mountain air? Is it ever going to happen for you? It can, you know ... many are looking to their future in Kamuela, and we are helping them make it happen ... What about you?

William N. Jardine (R)

P.O. Box 1599 Kamuela, HI 96743 Phone 885-6061 fax 885-6063

Come Home With Hawaii's Best



P.O. Box 1785 Kamuela, HI 96743

March 1993 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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	į į				SEA HARVEST	
			Sunset Buffet		BUFFET	Ken Alford DixieCats
	Surf Cart 6-9 PM		Dining Rm & Terrace		Dining Rm 6 Pm	Dining Room 6:30PM
7	Snack Shop 8	9	_10	11		2 13
Brunch 8:30 AM	Closed for		Special			
	Renovations		OCC Lunch Buffet		ĺ	i
	Duplicate Bridge Noon					
Prime Rib Buffet]		Sunset Buffet			Ken Alford DixieCats
Dining Rm	Surf Cart 6-9 PM		Dining Rm & Terrace			Dining Room 6:30 PM
14	-	16	St. Patrick's Day 17	18	<u> </u>	9 Snack Shop 20
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Brunch 8:30 AM		ł	Green Special		Fashion Show Noor	n
	Historical Committee	<u>₽</u>	St. Patrick's Day		Casual Corner	
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Dining Rm	Buffet 6 PM Reserva		Dining Rm & Terrace		KILLIO DAY	Dining Room 6:30 PM
21	. —	23	_24	25	KUHIO DAY 2	20 27
Brunch 8:30 AM	Duplicate Bridge Noon			'SPECIAL'	Lunch & Dinner	*SPECIAL*
				LIVE MAINE LOBSTE	•	Concert By the Sea
Prime Rib Buffet			Sunset Buffet	Reservations Require	• •	PETER MOON BAND
	Surf Cart 6-9 PM		Dining Rm & Terrace		3U 	Reservations \$21.50
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April 1993 Calendar

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MAKE YOUR				APRIL.	3	
RESERVATIONS FOR				FOOLS DAY		ì
LIVE MAINE LOBSTER					SEA HARVEST	
	TODAY			Surprise Dinners	BUFFET	Ken Alford DixieCats
				Dining Rm & Terrace	Dining Rm 6 PM	Dining Room 6:30 PM
Palm Sunday 4	5	6	7	8	9	10
Brunch 8:30 AM	Duplicate Bridge Noon		· -		<u> </u>]
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Prime Rib Buffet			Sunset Buffet			Ken Alford DixieCats
Dining Rm	Surf Cart 6-9 PM		Dining Rm & Terrace			Dining Room 6:30 PM
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BRUNCH 8:30 AM	Duplicate Bridge		Special		i _	1 -
			OCC Lunch Buffet			1
EASTER HOLIDAY				Poor Man's Dinner		1
BUFFET 6 PM		· ·	Sunset Buffet	Soup and Bread		Ken Alford DixieCats
Reservation Required	Surf Cart 6-9 PM		Dining Rm & Terrace	Dining Rm & Terrac	•	Dining Rm 6:30 PM
18		20	21	22		
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BOARD BRIEFS

Board Briefs is taken from the minutes of the Board of Directors meeting on December 17, 1992 and the Executive Committee meeting on January 14, 1993.

Vice President of Operations Report: The Marketing Adhoc Committee will continue to consist of the Coordinating Directors of Entertainment, House, Public Relations and representatives from management, chaired by the VP of Operations. The purpose of the committee is to assist and support management in marketing concepts, strategies for short and long term promotions/plans.

1st Annual Golf Tournament

Sponsored by Outrigger Canoe Club Paddlers

Friday, April 16, 1993

Hickam Air Force Base Course

Tee-off 12:30 p.m., Shotgun Start

4-person Teams
Great Prizes
Open to all members and
their guests
Entry Form at the Desk

Benefits ODKF and Paddling Program

For more information, please contact Steve Scott at 533-2921 or Kisi Haine at 521-1888.

Manager's Report: As of December 14th, there were 10 projects in process with an approved funding of \$227,100 of which \$66,527 has been expended, leaving the balance of funds committed at \$160,573.

Athletic Report: The Board approved the purchase of a laptop computer for club use.

Building & Grounds Report: The Board requested the B&G Committee study the fitness area in the Men's Locker Room.

Membership Report: As of November 30, 1992, the membership count was 4,208.

GET IN SHAPE at the OCC FITNESS CENTER

Monday, Wednesday, Friday 6 a.m. - 8 p.m. Tuesday, Thursday 6 a.m. - 1 p.m. & 3 - 8 p.m. Saturday 9 a.m. - 5 p.m. Sunday 1 - 5 p.m.

Vacation Rental

(Short term okay)

Beach Frontage Kahala 3-Bedroom Kamaaina House

> For details call: Lyman Blank 734-2665

OCC Food Specials

By Helen Sheehan

Monday--Surf Cart, 6-9 p.m., Bar Tuesday--Table d'Hote dinner (soup to dessert and everything in between including wine and Caesar Salad), 6-9 p.m., Dining Room

Wednesday (second Wednesday of month)--International Buffet, 12-1:30 p.m., Dining Room, Terrace; also--International Buffet, 6-9 p.m., Dining Room, Terrace, Bar

Thursday (last Thursday of month)--Live Maine Lobster, 6-9 p.m., Dining Room, Terrace

Friday (first Friday of month)— Seafood Special Buffet, 6-9 p.m. Dining Room

Saturday (last Saturday of month)--Steak Fry (during summer, every Saturday), 6-9 p.m. Terrace

Sunday--Prime Rib Buffet, 6-9 p.m., Dining Room

As you know, luncheon menus are the same in the Dining Room and on the Terrace.

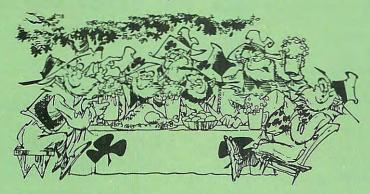
However, the dinner menus are different. Chef's specials for lunch offer a wide variety--a different soup each day such as Portuguese Bean, Caribbean Seafood Chowder, Curried Mushroom, Thai Spicy to name a few.

Also new entrees, Fresh Spring Rolls with Shrimp, Thai Panang Curry, Stir-Fried Chicken and Eggplant, Hot Turkey Sandwich along with Kamaaina favorites.

Dinner menu offers exciting new dishes--Blackened Giant Tiger Prawns, Hawaiian Mahimahi, Cajun Style Prime Ribs and lots more.

Try the specials and enjoy your Club. @

St. Patrick's Day Wednesday, March 17



Celebrate with the IRISH

Special Green Buffet 6-9 p.m. Dining Room & Terrace

Honolulu Police Department Pipe Band 7:30-9 p.m. Terrace

Don't miss the fun!

On the Cover: Outrigger's beach is always inviting. Photo by Marilyn Kali.

The Outrigger Canoe Club 2909 Kalakaua Avenue Honolulu, Hawaii 96815

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Published by the Outrigger Canoe Club

2909 Kalakaua Avenue at Diamond Head Honolulu, Hawaii 96815 Phone: 923-1585, 921-1485 Dining Room: 921-1444 Beach Attendants: 921-1460 Beach Shop: 921-1432 FAX: 921-1414

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Charles Swanson, Vice President,
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Diane Stowell, Vice-President, Activities
Bruce Ames, Treasurer
Walter Guild, Secretary/Entertainment
Wendell Brooks, Ass't Treasurer, Building
& Grounds
Scrappy Lipton, Ass't Secretary/House
Ken Brown, Public Relations
George Cook, Historical
Tim Guard, Long Range Planning
Jaren Hancock, Admissions & Membership
Neal Ifversen, Membership Liaison/
Special Projects
Ron Li, Athletics

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Jeff Kissel, Admissions & Membership
Liz Perry-Dugan, Athletics

Lloyd Jones, Building & Grounds Val Davis, Entertainment Barbara Del Piano, Historical Joyce Timpson, House

Jason Oliver, Long Range Planning Evarts Fox, Public Relations

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Patti Higuchi, Executive Secretary Linda Salmaggi, Secretary

Outrigger Staff Marilyn Kali, Editor FAX: 833-1591 Gerry DeBenedetti, Assistant Editor Gretchen Duplanty, Advertising Phone: 737-5505

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