

OCC Masters Win Molokai Championship

By John Finney & Bill Danford

Outrigger's reputation for fielding the world's finest masters canoe team remains in tact. OCC's veteran masters crew led by steersman Brant Ackerman fought off local and international competition to regain the Bankoh Molokai Hoe crown on October 11.

After a devastating second place finish in this 40.8 mile race last year, Outrigger's masters men regrouped late in the season to win both the Kona race (non-koa) and the Molokai Hoe in the highly competitive Masters Division (age 35 years and older) in 5:57:54.

The members of the crew included Mark Buck, Bill Danford, Bill Bright, Brant Ackerman, Jim Kincaid, Tom McTigue, Mike Batungbacal, John Finney and Mike Schwinn.

At the start of the race, as our Masters crew approached Laau Point, a dramatic change in weather



conditions greeted us. No one expected three to four foot northerly swells and steady northerly winds.

The swells and winds made it extremely difficult for even a seasoned steersman to hold a straight line.

A decision had to be made early as to whether we would run with the swell pushing south and possibly pay the price going back to Oahu with a rising tide, or run north of our line (a straight line from Laau Point to Diamond Head) which would put us about two miles off of Koko Head.

Brant Ackerman, Geoff Graf and

Kala Judd decided to take the second option. Hopefully, we would benefit from our approach at about the four hour mark.

Four hours into the crossing, we were physically paying for running North but at that point we knew our position was pretty much secure. The course that had been decided on was now working to our advantage.

Jackie Maguire reported that we were 13th overall and the first masters crew when we reached Kahala.

At the end, the crew was exhausted but happy, finishing 13th overall and as masters champions.

No other masters crew challenged the OCC crew after Portlock, due to the torrid pace our team maintained.

Without exception, this year's masters crew showed how deep a crew can go. Brant steered an extremely difficult crossing, never loosing his ability to get everyone to give 100% of themselves.

Our escort team of Kala Judd and Geoff Graf, Tiare and Thomas Finney and Randy Weir and his son, never let us get down or lose our intensity.

Without the support of the entire Board of Directors, the OCC management and staff, and membership, our success could not have been a reality.

Our special thanks to Mike Clifford, Henry Ayau, Tim Guard, Randy Shibuya, Tom Conner, Bob Riley and Steve Zak for holding the program together. Mahalo from all of us.



The winning OCC Masters crew is, front, Brant Ackerman, Jimmy Kincaid, Mike Batungbacal and Bill Bright. Standing, Mike Schwinn, John Finney, Bill Danford, Mark Buck and Tom McTigue.

Senior Masters Finish 4th

By Kawika Grant

The 1992 OCC Senior Masters crew consisting of Bruce Ames, Jody D'Enbeau, Norman Dunmire, Kent Giles, Kawika Grant, Norman Ho, Tay Perry, George Prey and Michael Town, supported by Greg Moss and Poki'i Vaughan and paddling the Holomalie, crossed the finish line of the 41st Molokai Hoe fourth out of a field of seven entries in their division.

Of the nine Senior Masters crew members, six were Molokai Hoe veterans with a combined total of 42 Kaiwi Channel crossings. The others--Norm Dunmire, three Kawika Grant and George Preywere first time rookies.

quinquagenarians--average age 52--had a finishing time of 6:49:53.



The Senior Masters are Bruce Ames, Kawika Grant, Kent Giles, Norm Ho, George Prey, Tay Perry, Mike Town, Jody D'enbeau and Norm Dunmire.





AS THE TERRACE TURNS



By Helen Sheehan

Alan Emberson and bride Roberta were married in Hermosa Beach, California on May 30. Alan's been working at Universal Studios since he left Hawaii in 1987. Presently he's working on the CBS show, "Major Dad." Roberta is a surgical nurse working at Long Beach Memorial Hospital. They spent their honeymoon in Cancun, Mexico. . .

Anne Wildrick hosted a birthday bash for family members Meade Wildrick, Lindsay Dodge, Lori Wildrick and old friends, Kimo and Betsy McVay, all born in September.

Chris Pablo is playing football at Kemper Military College in Missouri. He is playing free safety for the Yellow Jackets this season. . .

Jacquelyn Clemans may not remember her first birthday on October 3 but all the guests will. A



Jacquelyn Clemans celebrates her first birthday with mom, Holly Clemons.

great time was had by all.

We had a series of surprise birthdays at the Club and all gave the Dining Room staff credit for making everything come out perfectly and making each surprise birthday a special event.

Ernest Morgado and sons and daughter-in-laws planned the surprise for Fay Morgado's birthday. Sons Jaren Hancock and Brent Hancock and their wives and grandchildren joined 50 friends in helping Fay enjoy her latest birthday.

Neal Ifversen thought his wife Ruby was taking him to the Club for dinner and Saturday night dancing to celebrate his 80th birthday. He was really surprised to find 26 close friends waiting for him. The biggest surprise was son Tommy flew over from Portland for the big event. They hadn't seen each other for more than a year and a half. The best surprise was that Neal was completely surprised. There wasn't a dry eye in the house. . .

Debra Balfour hosted a birthday luncheon for Hattie Whitaker's





Fay Morgado, seated, was honored on her birthday by Jaren, Jeremiah and Sharon Hancock; Ernie Morgado, Jesse, Dorothy and Brent Hancock.

27,393 happy days on earth. Everyone knows that is what amounts to a 75th birthday. Twenty-five guests enjoyed the buffet luncheon.

Farewell parties--we hate to see friends leave. Jen Fleming, who has been a member for 35 years is moving to California. Kai and Bob Ostrem hosted a cocktail party for Jen. . .

The 20th annual Honolulu Marathon will mark Emery Lucas' 40th marathon since running his first in 1982. He figures that his accumu-



Betsy Hammes, Tommy Ifversen, and Margaret Blom help Neal Ifversen celebrate his 80th birthday.



Roberta and Alan Emberson.

lated training mileage since 1982 is more than 35,000 miles.

Tom Selleck and visited the family Club last month. Many Club members commented on how much they liked his "Mr. Baseball" movie. He managed to get in some time on the volleyball courts with his former OCC masters teammates. . .

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Be sure to include your name and phone number in case additional information is needed.



Sharing Hattie Whitaker's (center) 75th birthday were Carole Wasnich, Marilyn Goss, Juanita Ewing and Judy Cochran.



Wishing aloha to Jen Fleming, right, were Floye Adams, Emmy Williams and Bill Lemke.



Dinner Dancing at the Outrigger

By Ken Brown

The Outrigger Canoe Club features dinner dancing in the Main Dining Room from 6:30 to 9:30 p.m. every Saturday night until the start of summer.

Music is provided by Ken Alford and his Dixie Cats. They play all kinds of music. If it's danceable, the band will play it. Our Saturday night dancing is a favorite by many of our members of all ages.

Ken Alford is the leader of the musical group that started performing at the Club in the 1950s at the old Club's location on Waikiki Beach next to the Moana Hotel.

In 1960, Ken's group recorded their first album. It was largely an Outrigger production, complete with beachboys Rabbit Kekai, Blackout and an outrigger canoe on the cover.

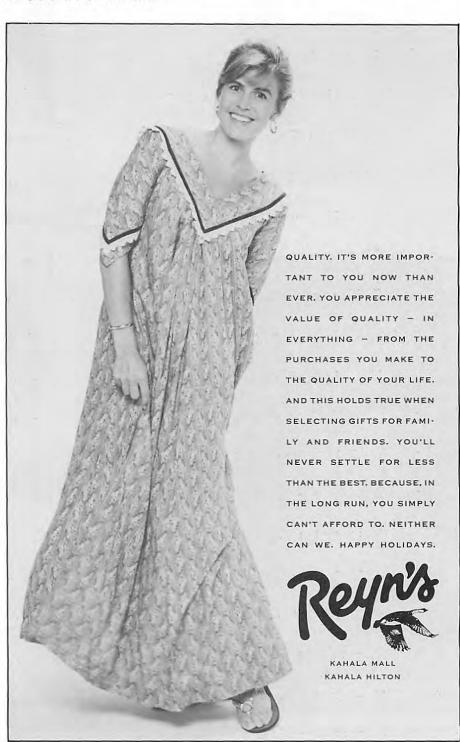
As part of the history, Werner Stoy of Camera Hawaii took the accompanying photograph of the band at the Outrigger Canoe Club. This photo was used by Liberty Records as the album cover.

Long time member R. Alex (Andy) Anderson helped in the production of the album. In 1959, the group was the official band for the huge Statehood Celebration in the old Honolulu Stadium. Today, the Dixie Cats play for many social events throughout the state.

For your enjoyment, the Dixie Cats will provide the music for our gala New Year's Eve Dinner Party. Plan ahead now and make reservations for New Year's Eve at the Outrigger Canoe Club. Do not be left out.



Ken Alford and the Dixie Cats.



Red Lobsters

By Ken Brown

On Thursday, October 29, the Outrigger Canoe Club was invaded with a huge number of live Maine lobsters all waiting to become the special event of the evening.

Much to everyone's delight, Chef Teruya and his kitchen staff did an outstanding job in preparing over 260 lobsters.

Our Food and Beverage manager, Don Figueira had the Dining Room and Hau Terrace teams all set and primed for the large turnout of hungry lobster lovers.

The special lobster bibs, claw crackers and finger bowls were standing by and ready. What a great dinner for only \$23.50.

The Club's General Manager, Ray Ludwig, reported receiving many compliments on the Live Maine Lobster Night. He believes that it was a tremendous success and everyone had a great evening.

Therefore, because of the success and the interest shown by the membership, we are planning to have a Live Maine Lobster Night on the last Thursday of every month starting on January 28, 1993.

Mark your calendars now and watch for the announcements in our Social Calendar.

Remember reservations are required two days prior to the lobster night to insure that adequate numbers of lobsters are available.

Magic Night

By Christian Peterson

Do you want to know if you find a chest of gold, become famous, or fly around the world in 1993????

Come to the Night of Magic, January 30th where six fortune tellers will give readings.

Also, not one, not two, but three professional magicians will perform in three different areas of the Club. All this and wonderful food to eat with ice cream sundaes for dessert at a very reasonable price, so save the date and bring your friends.



Chef Teruya offers Maine lobsters.



Diners wore special lobster bibs.



Logo Shop Fashion Show

By Mahi Riley

Getting ready for Christmas, our very own Logo Shop displayed their many clothes lines at a fashion show on October 30. 1) Bozo Pualoa wraps a pareau on Helen Sheehan. This is a new item in the Logo Shop and each colorful print has a different story behind it. 2) Models included Vraunwyn and Sorin Wilcox, Pam Zak, Kelly, Macy and Jim McMahon, Nalani Blaisdell and William Brennan Jr. and Neal Ifversen. 3) Enjoying the show were Betty Perry, Kathryn Murray, Ruth Rittmeister and Baroness Von Stalkelbery.









3

New Members

Regular: John Cieply, Eric Crispin, Carolyn Krushelnisky, Jack Larsen, Darryll Wong.

Intermediate: Christopher Moore, Richard Saunders, Richard Thompson, Bradley Totherow.

Associate: John Farley.

Junior: Ane Bakutis, George Gutierrez, Marc Hee, Melialani James, Nathan Jim, Jacob Lowder, Kevin McFadden, C. Kimo Smigielski, Padraic Tune, Ryan Williamson.



Early Reservations Suggested 921-1444

Honolulu Marathon

By Andrea Lehman

This year's Honolulu Marathon marks the 20th annual and is geared up to what could be the largest marathon ever held in the world on Sunday, December 13.

Application fees for local entries are rolled back to Honolulu's first marathon price of 20 years ago-\$2.

Outrigger runners who would like a van ride to the start--the new location of Ala Moana park--should sign up at the Front Desk. The finish of the race is the usual Kapiolani Park Bandstand. A description of the new race route is located in the OCC tunnel.

The OCC Running Committee will again host a hospitality tent in the park, providing refreshments and snacks for runners and helpers. Brunch buffet is offered to all OCC Marathon finishers back at the Club at 11 a.m.

Please indicate on the sign up sheet if you plan to stay for the brunch. Brunch tickets will be

In Memoriam

Violet P. Beerman Deceased: June 1, 1992 Member: 23 years

A. Donald Lauder Deceased: August 31, 1992 Member: 22 years

Mrs. Jean Fitzgerald Deceased: September 6, 1992 Meinber: 6 years

Florence Agnes Tudor Deceased: September 23, 1992 Member: 9 years given out to OCC runners at the Outrigger tent in Kapiolani Park on race day.

Running singlets will be distributed at the Front Desk, as available, for those entered on the sign up sheet. Singlets will be left under individual runners names on Saturday, the day before the race.

Please plan to arrive at the Club by 4:30 a.m. on race day for a group marathon photo. The van to the start will leave shortly thereafter.

Hauoli Makahiki Hou

A Message from the Winners' Camp Foundation

And a woman who has a babe against her bosom said,
Speak to us of Children.
And He said:

Your children are not your children.

They are the sons and daughters of Life's longing for itself

They come through you but not from you,

And though they are with you yet they belong not to you.

You may give them your love but not your thoughts,
For they have their own thoughts.
You may house their bodies but not their souls,
For their souls dwell in the house of tomorrow,
Which you cannot visit, not even in your dreams.
You may strive to be like them, but seek not to make them like you.
For life goes not backwards nor tarries with yesterday.
You are the bows from which your children as living arrows are sent forth

The archer sees the mark upon the path of the infinite,
And He bends you with His might that His arrows may go swift and far
Let your bending in the Archer's hand be for gladness;
For even as He loves the arrow that flies, so He loves also the bow
that is stable.

WINNERS

Kahil Gibran

Making a difference in young people's lives

Call (808) 735-5660 1016 Kapahulu Avenue Honolulu, Hawaii 96816 A Non-Profit Educational Foundation

Open Crew Finishes 4th in Molokai Race

By Steve Scott

For the Outrigger Canoe Club, this year's Molokai to Oahu Canoe Race could best be described as a beginning, rather than the last race of the year.

During the long distance season, the men's crew had struggled to find its identity, trying to mesh ex-

perience with new blood.

Going into the Bankoh Molokai Hoe on October 11, the Outrigger had not won a single distance race all season. We had finished second in the Lanikai, Kona and Skippy races, and third in Catalina.

While this would be respectable for most crews, it was foreign to OCC which is used to dominating the distance season. With each race we had shown progress, though, and by Molokai I thought we were ready to compete with the best.

The competition in the men's Molokai race has been very intense the past few years, with no crew dominating from beginning to end. A handful of crews were capable of winning each year, and 1992 would be no different.

This year there would be only one open crew from Outrigger, so the competition to make that crew was intense. Credit is due the 11 paddlers who competed for those nine seats, because without their efforts the Outrigger would not have had as good a crew as we did.

There were three veterans on the crew this year, that go back to the 1986 winning crew--Tom Conner, Walter Guild and Chris Kincaid. Their experience was key in this year's effort. Mark Sandvold and Courtney Seto were on the 1990 winning crew, and Wyatt Jones was back from 1991.

The remaining three paddlers, Tom Harrer, Todd Harrison and Todd Payes, were on Outrigger's first crew for the first time. Two other paddlers with this crew from the beginning of the season that were not in the final nine, were Tommy Damon and Dean Maeva.

For the 1992 Molokai race, the Outrigger would be racing the fiberglass racing canoe Iwalani. After rigging the canoe on Saturday, the crew spent the rest of the day relaxing and mentally preparing for



The open crew takes on the Molokai channel.

what they knew would be a demanding race the next day.

Race morning was met with the usual level of anxiety, anticipation and some confusion, but the crew was ready for the start of the race. This year there would only be 47 crews, the lowest number in many years.

We knew, however, that the competition at the front of the race would not be any less intense. We were counting on the two Australian teams, Outrigger Australia and Panamuna, to be the ones to beat, and Lanikai Canoe Club to be up there with them. Our challenge would be to beat these crews and any others that might compete for the lead.

The race officials started the race in their usual fashion: the starting line bowed in the middle by a boat and a half, a distinct advantage if you were in the middle, and five minutes early (have you ever seen a major race in any sport start early?).

The Outrigger did not have the type of start we would have liked, but at Laau Point, we were in sixth place for the first change. This is definitely the most dangerous part of the race: the first change. It's

only time before a paddler is injured in the mayhem at Laau Point with 125 assorted canoes, escort and official boats, spectators and helicopters converging at a single point in the ocean.

One hour into the race, there were four crews vying for the lead: Outrigger Australia to the south, Panamuna and Hawaii Canoe and Kayak (HCKT) to the north, and Outrigger in the middle.

For the next two hours, it didn't seem that either of these crews could gain the advantage. At about 3 1/2 hours into the race, Panamuna and HCKT made a strong surge, crossing in front of Outrigger and heading for Diamond Head.

HCKT didn't follow Panamuna, but instead, broke off and went for the inside line from Koko Head to Diamond Head, banking on the incoming current and swells to help This was the their momentum. same course the Outrigger was taking, about a 1/4 mile behind HCKT.

As Outrigger neared Diamond Head, the current was with us but the swells we counted on to ride Outrigger Australia, were not. which had committed to Diamond Head very early, snuck in front of

Continued on page 16

OUTRIGGER DUKE KAHANAMOKU



ANNUAL REPORT

OCTOBER 1, 1991 - SEPTEMBER 30, 1992

ODKF Grantees Express Their Thanks

"This is my first opportunity to thank the Outrigger Duke Kahanamoku Foundation for its outstanding and essential grant for my Olympic quest. The news of your contribution could not have come to me at a better time. . . I was at wits end as to how I was going to make it. Keeping this campaign on its feet requires an enormous amount of both moral and monetary support. Because of all of you, my Olympic bid for the 1992 U.S. Olympic team came very close to tasting total success."

Sam Kerner

(Received \$2,500 to train and compete in Finn sailing.)

"I would like to take this opportunity to thank you for your consideration and generosity in granting me athletic funds through the. . . Foundation. This international competition gave me experience and knowledge that will be useful to me in years to come. I was very proud to have been a part of this international competition and thankful that your committee made it possible for me to bring home a silver medal."

Kamuela Lau

(Received \$500 to attend World Sprint Canoe Championship in Sacramento, CA.)



Finn sailor Sam Kerner

"I'm writing to thank you for your continued support. . . This past semester at Cornell brought many challenges. . . I completed 19 credit hours. . . with a GPA of 3.85. . . I participated on Cornell's Varsity rowing team."

Nathan Tan

(Sophomore majoring in physics at Cornell)

"We appreciate what your foundation has done to promote sports in the state of Hawaii and especially the promotion of soccer for women."

Beverly Tom

Representative for Ke Koa Soccer Club

(\$1000 for team to attend regional tournament in San Francisco)

"I wish to thank you very much for the scholarship I received last year, it has helped my family as well as me. . . UCLA is a wonderful school, offering me the best program in water polo, as well as my. . . educational interest. I will take full advantage of it, that is a promise I make to you as well as myself."

Thomas Wong

(Sophomore at UCLA)

"To everyone at the Foundation, thank you very much for the athletic grant awarded me so I could participate in the 1992 Junior Elite Camp. Without your financial support I would not have had the opportunity to train and compete with the finest junior volleyball players in the U.S. My experience at Colorado Springs was a tremendous learning event."

Mike Lambert

(\$500 to attend Junior Olympic training Volleyball Camp in Colorado Springs)

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Mailing Address Outrigger Duke Kahanamoku Foundation 2909 Kalakaua Avenue Honolulu HI 96815

(808) 923-1585

President's Message

Certainly the Olympic Games in Barcelona in the summer of 1992 were a culmination of the support and interest of the Outrigger Duke Kahanamoku Foundation. Five of the Hawaii athletes who participated in the 1992 Olympics had been assisted by donations from our Foundation. There were many others we assisted who trained but who did not qualify.

Many of them hope and plan to try again. We (ODKF) need to be ready with support for those who will represent the United States as its top athletes in Atlanta, Georgia in 1996. While that may seem somewhat distant, it is not too soon to plan financially.

Please remember our Foundation and its scholastic and athletic goals as you plan your annual year end gifts. We would like to know which sports you are most interested in. If you identify with certain sports let us know.

The Foundation did quite well in fund raising this past year considering the down turn in the business climate. The net worth of the endowment is \$477,428 which is an increase of \$37,488.

The major source of growth came from Gold Medalists (those who donate \$1000 or more) and pledges, income from investments and fund-raising programs.

We disbursed \$36,500 to athletes and students who applied for financial help and who we felt were in need of our support. These funds were only a portion of our income and we hope to increase this amount as our incomes increases.

We appreciate your past support and hope to steadily increase and strengthen our endowment to provide more financial aid each year to deserving students, athletes and teams.

The Board of Directors and I thank you for your generosity and support and urge you to encourage your friends to join us.

With best wishes,

Elia A. Long President



ODKF Proud of 1992 Olympians

The Outrigger Duke Kahanamoku Foundation is proud to have assisted five of Hawaii's athletes who realized their dream by making the 1992 U.S. Olympic team and several others who made it to the Olympic tryouts.

Duke Paoa Kahanamoku, for whom Foundation named, won Olympic Gold medals in swimming in 1912 and 1920 and was a member of the U.S. water polo team in 1932.

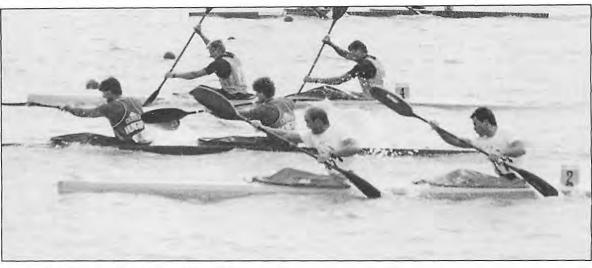
Chris Duplanty, who won a silver medal in the 1988 Olympics, again played the position of goalie on the USA Water Polo team. This year's water polo team finished in



Wyatt Jones



Chris Duplanty



Peter Newton and Mike Harbold (boat 2)

fourth place.

Four canoe-kayakers competed in Barcelona as well. Wyatt Jones competed in the C2 1000 meter. Peter Newton and Mike Harbold kayaked in the K2 500 meter, and Traci Phillips placed 7th in the K4 500

In addition, canoe-kayaker Nalu Kukea and Finn sailor Sam Kerner made it to the finals of the Olympic trials in their events.

The Outrigger Duke Kahanamoku Foundation contributed \$7,500 to Olympic caliber athletes this year, and similar amounts in previous years to these young men and woman of Hawaii who trained, sacrificed, and worked hard toward their Olympic goals.

The ODKF is proud to have



Traci Phillips

helped these Hawaii athletes emulate the remarkable accomplishments of the late Duke Kahanamoku.

Your continuing support of the ODKF will make it possible for these athletes and others to train for and compete in the 1996 Olympics in Atlanta, Georgia.

ODKF Volunteers

The ODKF could not exist without the volunteer hours donated to the Foundation. Our volunteers--honestly, too numerous to mention--are honored every year at a luncheon at which time they are introduced and acknowledged for the activity in which they participated.

They are involved in the sale of T-shirts, Christmas trees, books. The planning of the Duke Sprints and the Duke Ball, require hours of volunteer time in planning, execution and oversight for the success of the events.

We have many committees which support the Board in the review of grant and scholarship applications, publicity and finances. Many sup-

port us with donations of time or goods.

The loyalty of the Community and the members of the Outrigger Canoe Club who support ODKF are appreciated by all of our grantees.

We thank all of our volunteers

for their contribution.

Meet the 1991-92 ODKF Scholars and Athletes

KATHY-LYN ALLEN

Kathy-Lyn Allen is a second year scholarship recipient. She attends Auburn University in Alabama where she is majoring in Marine Biology. She placed 16th in the 200 Butterfly at the Olympic Swimming trials and 12th in the 400 IM in the NCAA championships, setting a new school record.

RALEN CHANG

Ralen Chang has received both athletic grants and scholarship grants the past three years to continue his kayak training. He is in his third year as a civil engineering major at the University of California-Irvine. In California he trains with the Off Shore Canoe Club and in Hawaii he trains with the Hawaii Canoe/Kayak Team.

CLIFFORD CHEN

In his second year at Harvard University, Clifford Chen continues to play on the varsity water polo team. Majoring in government and economics, he will pursue a career in international relations. This summer he played on the Boys 18 team in the 24th Hawaiian Invitational Water Polo Tournament.

IENNI GROFF

Jenni Groff received a scholarship for two years to attend George Washington University in Washington D.C. where her major is physical therapy with an emphasis on treating athletes. During her freshmen year she was on the novice women's crew, but this year is concentrating on kayaking, training with the Washington Canoe Club.

MIKE HARBOLD

Mike was one of five Hawaii athletes named to the 1992 Olympic team.



Jason Hokaj



Jenni Groff

Mike and his fellow ODKF grantee and partner, Peter Newton, finished 8th in the men's 500 meter doubles. The pair were 5th in the world championships in Paris in 1991 in the K-2 1000 meters.

Mike was a member of the Seoul Olympic team in the K-4. He was nominated by the U.S. Olympic Committee for the Olympic Spirit award as the athlete who best upholds the ideals of fair play and sportsmanship.

JASON HOKAJ

Jason Hokaj is a freshman at the University of Washington where he is on the crew and majoring in aeronautical engineering. At Punahou School he paddled and was a member of the Hawaii Canoe/Kayak Team. This summer Jason competed in various kayak and outrigger canoe races in California.

CELESTE JACROUX

Celeste Jacroux, now attending Ohio State, left Hawaii at the end of summer with a "splash." Celeste finished fifth for women overall in the Labor Day Roughwater Swim, winning her age group, 15-19, in 1:01:06. Celeste's athletic grant enabled her to attend her fifth Western Short Course Junior Nationals in Dallas, Texas. She also competes for the Ohio State swim team.

WYATT JONES

Now in his sophomore year at the University of Hawaii-Manoa, Wyatt Jones was one of our Foundation athletes who competed in the 1992 Olympics. In Barcelona, he placed seventh in the C-2, 1,000-meter event. During his summer trial competition, he placed first with his partner in the C-2, 1,000 meter event.

KEONE KALI

Keone Kali has been assisted with an ODKF scholarship for three years. He is majoring in Geography at UCLA. His long range plans are to enter the UCLA graduate school in Architecture and Urban Planning. He is a freestyle sprinter on the UCLA varsity swimming team which finished third in the NCAA last year.

HAWAII CANOE/KAYAK TEAM Beginning in 1988, the Hawaii Canoe/Kayak Team laid the groundwork to bring flatwater racing to Hawaii. HCKT conducts year-round training on the Ala Wai Canal and their competitive representation at national events, Olympic trials and sports festivals is impressive. The HCKT is now considered the model junior program in the country.

SAM KERNER

Sam Kerner trained for two years out of the back of his van, with his Finn sailboat strapped on the roof. He crisscrossed the U.S. traveling to competitions. At the Finn Olympic Trials, Sam finished sixth out of 41 finalists. This was his first attempt at the Olympics, and he vows his goal is the 1996 games in Atlanta.

NALU KUKEA

This is the third year ODKF has assisted Nalu Kukea, and for the second time, given him both an athletic grant and a scholarship in the same year. This year Nalu has been competing in both kayaking and outrigger canoe races. In July he just missed qualifying for the Olympic kayak team. Nalu paddled on the Hawaii Canoe/Kayak outrigger canoe entry which finished second in the Molokai Hoe.

MICHAEL LAMBERT

Michael Lambert was awarded a grant to attend the 1992 Junior Elite volley-ball camp at the Olympic Training Center in Colorado Springs. He was then one of 12 selected to be on the national team, playing against Canada in August 1992. He won a gold medal. Mike is in his first year at



Clifford Chen

Stanford where he will play volley-ball.

LANIKAI CANOE CLUB

The Foundation gave the Lanikai Canoe Club a grant to compete in the Hamilton Cup International Outrigger Race in Hamilton Island, Australia. Lanikai won most of their travel funds for the trip by being the first non-Australian crew to finish the Molokai Hoe in 1991. Lanikai finished fourth behind three Australian crews.

KAMUELA LAU

Kamuela Lau received a grant to attend the International World Sprint Canoe Championships in Sacramento in August 1992. In the 500 meters he stoked his crew of six to second place. He also stoked the double hull 19-and-under 500 meters, finishing fourth.

PETER NEWTON

Peter Newton's goal of representing the United States in the 1992 Olympics was realized this summer. Peter and his fellow ODKF grantee and partner, Mike Harbold, finished 8th in the men's 500 meter doubles. Peter participated in many European competitions, the Pan American games as well as constant competition at the Lake Placid Olympic Training Center. He now plans to return to college at Western Washington University in Bellingham, WA.

JEREMY NICHOLS

Jeremy Nichols is in his first year at the University of Colorado and a first time scholarship recipient from Kailua High School. His major is undecided, but his interests are physics and calculus. He was a member of Aulea Swim Club, and is now on the University swimming team.

TRACI PHILLIPS

Traci Phillips IS moving water. Traci represented the U.S. in two Olympics, 1988 in Korea where she placed 6th and 1992 in Spain where she ad-



Mike Lambert



Carie Sumida



Nalu Kukea & Ralen Chang.

vanced to the semi-finals and finished 7th in the women's 500 meter fours. She was eliminated in the semi-finals of the 500 meter doubles (K2).

DUKE KAHANAMOKU PADDLE-BOARD RACE

The Foundation provided a grant to the Seahorse Ocean Sports Association, sponsors of the 6th annual Duke Kahanamoku World Championship Paddleboard Race from Maunalua Bay to Sans Souci Beach, which was held in July 1992. The race provides more challenges for local athletes to develop their skills before they attempt mainland and college competitions.

KE KOA SOCCER CLUB

In May 1992 the Women's Ke Koa Soccer Club received a grant to enable their team to attend the USSF Western Regionals held in San Francisco. Upon their return to Honolulu, they finished first in the winter Makule League of the Women's Island Soccer Association and participated in the WISA Tournament.

DUKE KAHANAMOKU ALA WAI SPRINTS

Now known as the Duke Kahanamoku Ala Wai Sprints, the Foundation is continuing an event dedicated to the development of Hawaii's athletes. In 1991 teams came from Tahiti, Australia, Italy, Sweden, Canada, New Zealand and all over the United States to participate in the two-day Olympic kayak and open ocean kayak and one and six person outrigger canoe races.

CARIE SUMIDA

Our first neighbor island scholarship winner is Carie Sumida of Hilo. She participated in competitive swimming at Waiakea High School, graduating in 1992. She is attending the University of Hawaii-Manoa. Long active in

local Red Cross Swimming programs, she received the state's highest 4-H award in safety.

WORLD AMATEUR SURFING CHAMPIONSHIPS

The Foundation gave grants to eight local surfers to attend the World Amateur Surfing Championships in Lacanau, France. All are professional surfers, winning contests locally and internationally. Of 33 teams competing, the Hawaii team placed fifth. Of the eight sponsored by ODKF, Brian Pacheco missed becoming the world champion by a 1/2 point in the junior men's division.

NATHAN TAN

Nathan Tan of Kailua is a junior physics major at Cornell University and the ODKF continues to provide scholarship support to him. He is on varsity crew and continues to paddle outrigger canoes for Hui Nalu Canoe Club during the summer. He maintains a 3.85 GPA and spent his summer working at Queen's Medical Center cardiac research lab.

OCC BOYS 12 VOLLEYBALL TEAM The Outrigger Canoe Club Boys 12

Volleyball team received a grant to attend the AAU National Championships on the mainland. In 1990 and 1991 they were the AAU National Champions in that age group. In 1992 they placed third and two of the boys were named All-American.

TOMMY WONG

Tommy Wong is in his second year at UCLA, and playing on the water polo team. This is his second year on an ODKF scholarship. In August he was a member of the U.S. Junior National Team and traveled to the Pan American games in Mexico. His team finished in second place.

Outrigger Duke Kahanamoku Foundation Donors

October 1, 1991 - September 30, 1992

GOLD MEDALIST Donors of \$1,000 or more

ANONYMOUS JOHN AUSTIN BANK OF HAWAII LEX BRODIE ZADOC BROWN SANDRA CHAPMAN **EDWARD DOTY** MURIEL FLANDERS LOUIS GOWANS JR JAMES GROWNEY ROBERT & ALICE GUILD MRS. DAVID HEARST EDWARD KAWANANAKOA CHRISTINA KEMMER SHELAGH KRESSER ELIA LONG JACK MAGOON JR KAPIOLANI MARIGNOLI EDMOND MCCARTHY WINIFRED MCCLELLAN LENORE O'BRIEN BOB SHORT OSWALD STENDER JOHN WAGENAAR J. WATUMULL FUND

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Donors are listed by total gifts given. The giving levels do not include on-going pledges or gifts-in-kind.

Every effort was made to be accurate; however, errors may have inadvertently occurred. We apologize for any errors or omissions, and respectfully request that you bring them to our attention by letter or telephone.

Mahalo.

Financial Statement

The Outrigger Duke Kahanamoku Foundation's total fund balance is \$477.428.

Income to the Foundation comes from donations, pledges and fund raising. A special group of donors are our Gold Medalists who make contributions of \$1,000 or more.

Our fund raisers in 1991-92 included the sale of T-shirts at the annual 4th of July Macfarlane Regatta in Waikiki, the Duke's Ball held in November, and the on-going portion of the royalties from the sale of the book, Waikiki Beach Boys.

Scholarships for the year totaled \$10,000. Athletic Grants for the year

totaled	\$26,500.
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Some funds are donated for a specific sport, and we encourage anyone who particularly wants to take advantage of the tax savings of supporting your favorite sport to investigate this gift giving option.

Additional financial information is available from any member of the Board of Directors.

Income

Donation	\$13,830
Pledges	8 <i>,7</i> 50
Gold Medalists	21,450
Investment Income	13,903
Fund Raisers	28,100

Total Income	\$86,033
Expenses	
Scholarships & Grant	\$36,500
Operational Expenses	\$12,044
Total Expenses	\$48,544
Fund Balance	
Balance start of year	\$439,940
Net income for year	37,488

Fund Balance

History of a Unique Foundation

The Outrigger Canoe Club is headquarters of one of the nation's most unique and special philanthropic institutions: The Outrigger Duke Kahanamoku Foundation.

The ODKF is the successor organization of two other foundations. The Duke Kahanamoku Foundation was founded in 1963, during the latter years of Duke's life. A group of his friends sought to honor his many contributions to the Hawaiian Islands by establishing a foundation for awarding scholarships to deserving students who demonstrated proficiency in sports of traditional interest to the islands.

In 1980, The Outrigger Canoe Club

Foundation was created to formalize a program of grants for participants in sports. Representatives of the two foundations met in 1986 to explore means by which both could do a more effective job of fulfilling their respective missions. The result was a merger, and the creation of the ODKF.

The Foundation now regularly awards scholarships and grants to enable scholar/athletes to continue their training, to compete nationally, and to prepare for international competition.

There is no other organization that supports Hawaii scholar-athletes in the manner we do. All residents of the State are eligible to apply for as-

sistance. The Board, the Athletic Grants Committee and the Scholarship Committee all take their responsibilities very seriously.

\$477,428

Any individual or team, of any age or any sport, is encouraged to apply if they believe that financial support from the ODKF can enhance their ability and bring recognition to all the athletes of Hawaii.

Applications may be obtained at the Outrigger Canoe Club mailing address. Please call for more information. Brochures are available for those who would like to know more about the unique Outrigger Duke Kahanamoku Foundation.

1991-92 ODKF Grantees

Athletic Grant*	Amount	Sport	Athletic Grant*	Amount	Sport		
Individuals			Teams		1		
Eric Barton Ralen K. Chang Mark Dale Chad Delgado Jason Gantz Michael E. Harbold Celeste Jacroux Wyatt Jones	\$ 500 500 500 500 500 1,000 500 1,000	Surfing Kayak Surfing Surfing Surfing Kayak Swimming Kayak	Duke Kahanamoku Ala Wai Sprints I-lawaii Canoe/Kayak Team Ke Koa Soccer Club Lanikai Canoe Club Outrigger Masters Men Outrigger Volleyball 12'S Seahorse Ocean Sports	\$ 5,000 \$ 500 1,000 1,000 4,000 1,000 500	Kayak Kayak Soccer Canoeing Canoeing Volleyball Paddleboard		
Sam Kerner Nalu Kukea	2,500 1,000	Sailing Kayak	Scholarship Recipients*				
Michael Lambert	500	Volleyball	Name	Amount	College		
Kamuela Lau	500	Canoeing	Kathy-Lyn Allen	\$ 1,000	Auburn University		
Peter Newton	1,000	Kayak	Clifford H. Chen	1,000	Harvard University		
Brian Pacheco	500	Surfing	Jennifer K. Groff	1,000	George Washington University		
Traci Phillips	1,000	Kayak	Jason Hokaj	1,000	University of Washington		
Shawn Sutton	500	Surfing	Keone Kali	1,000	Univ. California-Los Angeles		
Timmy Tanaka	500	Surfing	Nalu Kukea	1,000	University of Hawaii		
Christopher Woo	500	Surfing	Jeremy Nichols Carie Sumida	1,000 1,000	University of Colorado University of Hawaii		
			Nathan Tan Thomas Wong	1,000 1,000	Comell University Univ. California-Los Angeles		
*Fiscal year October 1	1001_Contombar 3	20 1002	- 0				

^{*}Fiscal year October 1, 1991-September 30, 1992

Applications for Assistance

There are two types of grants made by the Foundation--Athletic Grants which are usually for a specific purpose or specific competition. These monies may be applied for at any time and may be granted to an individual or to a team.

Scholarship Grants are usually given only once a year. Applications are submitted in January and February, and grantees are notified of their awards in March. The scholarship money is sent directly to the school the grantee is attending for the next school year, and is accepted by the school to be applied to the student's account.

If a grantee continues in school with satisfactory grades, they are given preference in their reapplication for succeeding years.

Scholarship and Grant Requirements

To qualify an applicant must:

- Be a resident of Hawaii and an American citizen.
- Have participated in competitive sports.
- Demonstrate financial need.
- Submit a personal letter of intentions.
- Submit a list of competitive sports, awards.
- Submit a letter from an athletic coach or trainer.
- Submit federal tax return (parent's if being claimed as a dependent).
- Submit a recent photo, preferably action.

In addition, Scholarship applicants must:

- Plan to attend an accredited college as a full time student in any major, or plan to major in law enforcement, political science or international relations.
- Submit a transcript of grades.
- · Provide two letters of reference.

In addition, Athletic Grant applicants must:

- Describe their training program
- · Rate themselves competitively
- List previous competition and results of that competition
- Give records and times
- . Any changes made in their training
- Their personal history in this event

Planned Giving to the ODKF

There are many advantages to planned giving for ODKF donors. A bequest, for example, costs the donor nothing. It is deducted from the estate of the donor, lowering the amount of estate tax that will be owed.

Many forms of planned giving go into effect during the donor's life-time and can either pay the donor or save the donor money during his or her lifetime as well as lowering estate taxes or, in the case of irrevocable trusts, avoiding probate altogether.

Planned giving allows a donor to help ensure that what he or she stands for and believes in and contributes to will continue. People who have supported an organization for years and years have a chance, at least at no cost to themselves, to see that the organization continues to be supported.

Anyone can make a bequest. All that is required is that you make a

I/We accept the invitation:

OCC #_____

Canoeing, Volleyball, etc.

will, and that you own something you want to give the Foundation.

Many donors think that bequests are only for wealthy people. In fact, if all you own is a car, you can leave that to the ODKF, and it can be sold for the value of the car. Most people have more "hard assets" than liquid assets.

You should, of course, consult your financial or legal advisor, but the simplest bequest can be made by simply stating "I give and bequeath to the Outrigger Duke Kahanamoku Foundation the sum of \$_____ (or a specific piece of property) to be used as the Board of Directors directs."

For more information, please contact any member of the ODKF Board or consult with your own advisors who may contact a Board member.

Mahalo.

Outrigger Duke Kahanamoku Foundation

The Board of Directors of the Outrigger Duke Kahanamoku Foundation cordially invites YOU to become a donor to the OUTRIGGER DUKE KAHANAMOKU FOUNDATION. You can help ensure that this and future generations of the best athletes in Hawaii receive the means with which to fulfill their potential, and to emulate the outstanding personal qualities evidenced by Duke Paoa Kahanamoku.

() My/Our gift of \$______ is enclosed.
() My/Our gift will be sent in the month of______
() I am a member of the Outrigger Canoe Club. Please use this pledge to deduct \$_____ per month from my OCC statement to the ODKF.

Signature ____ Address ____ Please indicate if you have a special interest in a particular sport such as Swimming,

Mail to: Outrigger Duke Kahanamoku Foundation, 2909 Kalakaua Avenue, Honolulu, HI 96815.

On the Road Again . . . to Hana

By Andrea Lehman

On October 3, the 21st annual Hana Relay was finally under

After being postponed twice, initially from the weekend of Hurricane Iniki, the original 82 teams (of six runners total) were reduced to 50 This did not become a running team's advantage, however, because even with confusion and uncertainty, the die hards would still show. And in that event, our race became even more competitive and harder to win.

For the first time, Outrigger fielded three mixed teams of males and at least two females. In previous years, Outrigger's running teams have always had difficulty fielding women due to the Oahu to Molokai canoe race.

Vacation Rental

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This year, howwith ever, women's channel race behind, the Running Committee was able to support seven of OCC's top wahine athletes--even

one more than our requirement.

First time wahine Hana runners Katie Bourne, Katie McCrary, Paula Jenkins, Missy Mowat and Kela Asam showed enthusiasm and stamina, and were welcome answers to our running prayers.

Experienced Hana runners Matt Kresser, Don Eovino, Steve Dunn and Russell Allen did their usual full on rock'n 'n rolling over the hilly and challenging 54 mile course, giving our teams strength and confidence.

OCC runners proved as persistent as ever as the masters team battled with The Young & The Restless Gold II team. Master machine runner Don Eovino belted out his will on Hana's toughest leg #13.

"I want you" echoed through the valley as Don chased Newhart through the hills to the next handoff.

Don's success became the beginning of the master's challenge and conquest to take on OCC's younger

Rookie relay runner Nalu Kukea

showed what he was about as he handed off and handled hills with confidence and control. Nalu enlightened his team with his competitive edge, expertise and team support.

All of the runners enjoyed a champagne musical award ceremony at the finish. Congratulations to the lays as follows:



Ed Moore, Don Eovino, Carole Wilbur, Jim Stahl and Andrea Lehman won the Golden Mixed Masters in 6:16:02. Not pictured: Russell Allen.

Gold I Mixed Open

3rd Place, Mixed Open Division Time: 5:42:21

Matt Kresser Billy Balding Bob Coble Paula Jenkins Katie Bourne Missy Mowat

Gold II Mixed Open

11th Place, Mixed Open Division Time: 6:16:21

Katie McCrary Kela Asam Nalu Kukea Steve Dunn Mike Fisher Twain Newhart

Golden Mixed Masters

1st Place, Mixed Masters Division Time: 6:16:02

Andrea Lehman Carole Wilbur Russell Allen Don Eovino Iim Stahl Ed Moore



participating runners of the Hana Maui Re- Running at Hana Relays were Katie McCrary, Twain Newhart, Steve Dunn, Carole Wilbur and Don Eovino.

Golf Chips From the 19th Hole

By Frank E. Walton

The Kaneohe Klipper Club trotted out an absolutely perfect day for the Outrigger Golf Tourney on Monday, October 5. Twenty-one Outrigger members, along with five guests, made a field of 26 golfers for the 28 reservations made by Golf Chairman Jim Hammons a year earlier.

The weather was terrific, the course was in great shape (The CO must be a golfer) and pro Chuck Larson and his staff were their usual cooperative selves.

Don Cutting and Terri Lui won the Low Gross awards with scores of 80 and 83, while most of the field struggled to keep their eyes on the ball instead of the beautiful scenery.

Bobbye McDermott and Vic Hawthorne captured Wahine and Kane Low Net honors with scores of 66 and 67. Cyrena Bryan didn't score as well as she had expected, but made her drives count on the Closest to the Pin holes, winning both. Jim Gaddis and Don Cutting were closest to the pin on the Kane holes.

Performance Awards

Outrigger golfers have one more tournament to improve their standings for Low Gross and Low Net awards for their best 72 holes of the year. Don Cutting and Terri Lui are leading in the Low Gross competition with 762 hole scores of 325 and 344. Cutting and Vic Hawthrone are tied at 276 for Low Net, while Terri Lui, with a Low Net of 291, appears to have a lock on the Wahine award.

December Stroke Play

The final 1992 Stroke Play Tournament will be held at Hickam AFB on Tuesday, December 8. The signup sheet has been in the Golf Folder at the Front Desk since November 8.

Those Outrigger golfers who failed to sign up should enter their names on the standby list and call Chairman Jim Hammons at 922-3481 to check on cancellations.

Check-in time at Hickam is 7:45

a.m. This is one hour earlier than originally scheduled. Keep in mind that it is approximately a sleeper jump to get to the golf course from the gate at Hickam, so allow plenty of time.

Club Match Play

The 1992 Match Play Champion should have been decided before you receive this issue of the Outrigger. Terri Lui, with a one up win over Stan Brown at Hawaii Kai, and Jim Gaddis, two and one over Stan Markle at Oahu, were the finalists and were to complete their match not later than November 20.

1993 Membership Fees

OCC chits for 1993 HSGA membership fees (\$8 per person) are now in the Golf Folder at the Front Desk. All current members of the Outrigger Canoe Club Golfers and those desiring to join them in 1993 are encouraged to sign their chits this month.

Chits must be signed before January 31, 1993. Members who fail to do so will be deleted from our USGA GHIN Club Rosters to preclude OCCG being charged for the 1993 fees.

Annual Meeting & Awards Banquet

The Outrigger Canoe Club Golfers Annual Meeting and Awards Banquet will be held at the Club on Wednesday, January 20. The meeting will be held in Dining Rooms C and D at 6 p.m. Dinner will be served in Dining Rooms A and B at 7 p.m.

All members of the OCC Golfers will receive a Notice of Meeting with Proxy and Dinner choice forms in the mail. Any member who has not received a notice by December 20 should call Golf Chairman Jim Hammons at 922-3481.

Be sure to return your proxy and dinner selection form by January 10 because a sign-up sheet will not be used.

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Ghost, Goblins and Ghouls Haunt the OCC

By Carol Vieira

Ghost, Goblins and Ghouls appeared in droves on a blustery and rainy night at Outrigger's Halloween Costume Party and Steak Fry. 1) Mike Wood, with wife Joanne, was the emcee and the musical score was "Monster Mash." 2) Terry Pynchon ("the Ghost"), with husband, Jay, won Most Scary prize. 3) J. P. Muller ("Spot") and family won Most Original Costume, while Ann Martin ("the Rat") won second in the most scary contest. 4) Dean Stowell ("the Squid") was second in most original. 5) Val and Rick Davis. 6) Hau Terrace employees wore costumes as well. Murphy ("the Spotted Woman") won Best Employee costume.



2





4





FOR THE RECORD

Running

Bud Light 30K Race 10/18/92 Kapiolani Park to Hawaii Kai & back Emery Lucas 2:34

Honolulu City Lights Ultra-Marathon 10/24/92 31 miles Downtown Loop Emery Lucas 5:01:34

Sodetani Fun Run 10/25/92 3 miles Ruth Munro, 1st, 60-69, :29:28

Moanalua/Salt Lake 10K 11/1/92 Ruth Munro, 1st, 60-70, 1:07:33

Bud Light 30/30 Relays 10/18/92

OCC Mixed Masters (Andrea Lehman, Carole Wilbur, Don Eovino, Ed Moore, Dr. Bob Atkinson), 1st, Mixed Masters 3:47

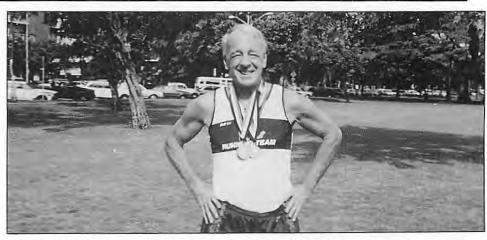
Tantalus 10-inile Run 10/4/92 Mt. Tantalus Emery Lucas 1:23:51

6th Annual McGruff 5 Mile Run 10/11/92 Kapiolani Park/ Diamond Head Emery Lucas :36:54 Ruby Ifversen, 1st, 50-59, :45:22 Russell Allen, 1st, 60+, :34:36

1992 World Senior Games
10/21-23/92 St. George, Utah
Russell Allen, 1st, 60-64, 800
meters, :02:44
Russell Allen, 1st, 60-64, 1500
meters, :05:49
Russell Allen, 1st, 60-64, 10K,
:43:18 (new meet record)
Russell Allen, 2nd, 60-64, 5K,
:20:33

Swimming

Waikiki Roughwater Swim
9/7/92 2.3 miles
Chris Moore, 3rd overall, :55:30
Mike Miller, 11th, 35-39, 1:07:56
Hilary Lambert, 9th, 25-29, 1:15:13
Richard Sylva, 4th, 50-54, 1:21:47
Diane Stowell, 1st, 55-59, 1:24:49
Dawn Davenport, 1:28:40
Joe Teipel, 1:42:10
Randy Grune 1:50:29
Anna Maria Grune 1:50:30



Russell Allen shows off medals he won at 1992 World Senior Games.

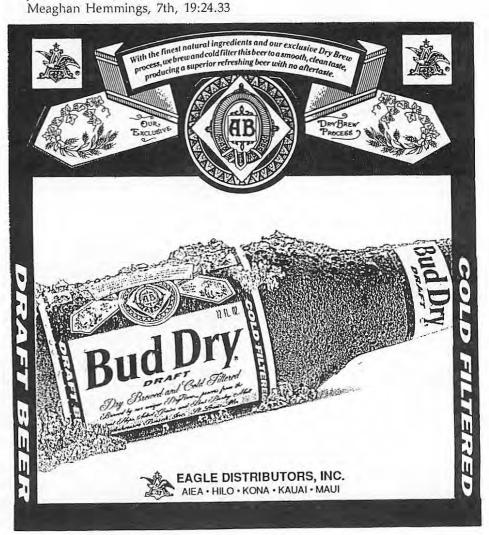
Arnold Lum 2:19:55 Kent Davenport 2:24:40 Bonnie Eyre, 1st, 60-64, 2:28:15

Kayaking ILH

10/25/92 Ala Wai Canal 2,500 meters Josh O'Connor, 9th, 16:51.68

One Man Canoes

Eric Poohaina One-Man Canoe Race Chris Kincaid, 1st, Junior Masters



Softball News

After enjoying success again in league action, the OCC softball team entered the playoffs with high hopes. A shocking loss in extra innings of the first playoff game sent the OCC team into the loser's bracket.

With five regular starters missing due to injuries and other obligations, the team was eliminated in game two.

There are plans to enter a tournament or two but only if a solid commitment can be made. Anyone who knows local softball realizes the talent OCC enjoys.

A team composed of current and former OCC players will challenge former Kahala Hilton players next year. A few OCC players including coaches Jim Gaddis and Henry Ayau, played for the great Kahala Hilton teams that dominated the local softball scene in the 70s.

Awards for the 1992 season go to the following players: Most Valuable Players were Bill Kilcoyne and Chris Siegfried. Most Inspirational Players were Pokii Vaughan and Paki Vaughan. Most Improved Players are Jon Bryan and Byron Ho.

Thanks for your support.

Junior VB Clinics

On Saturday mornings, December 5, 12 and 19, the Outrigger Junior Volleyball coaching staff will conduct clinics for beginners, intermediate and advanced junior boys and girls. The clinics will be held from 9 a.m. to noon. The site is to be determined.

Please sign up at the Front Desk and check the bulletin board in the tunnel for site and updates. If you have questions, call Dennis Berg at 943-0228.

Members It Pays To Know





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Winter Tri-Ocean Race Dec. 26

By Greg Moss

With the bulk of the '92 paddleboard season well behind us, the last OCC sponsored race of the year is right around the corner.

The 4th annual Winter Tri-Ocean Race will take place on Saturday, December 26 in the waters just outside the Outrigger Canoe Club, and will feature paddleboards, surf ski's and one-man canoes.

The paddleboard portion will actually be the 15th annual 10K race which was inaugurated in 1978.

With all contestants starting and ending at the OCC beach, it's sure to be an exciting event to watch. Registration is at 9 a.m. The entry fee is \$10 and the race is open to the public.

The Paddleboard Committee would like to thank the Board of Directors and the Club Captain for supporting our interest in purchasing new paddleboards to satisfy the increasing interest and participation paddleboarding has experienced.

Our members, some of whom place in the top 10 throughout the racing season, now have six new state-of-the-art paddleboards to train on. We would like to ask all who use them to sign them in and out with the beach attendants and treat them with the respect they deserve. As in the past, they are not designed for surfing, and should be used for legitimate training only. Happy paddling.

Open Crew Finishes...

Continued from page 10

us from the outside and we would finish fourth in 5:38:19. Panamuna was first to finish in 5:30:57, with HCKT close behind in 5:33:22.

The 1992 race was the most competitive Molokai in a long time, with four crews side by side for so long. Outrigger paddled a very good race with no major mistakes or break downs, a credit to everyone in the crew.

We were able to beat a good Lanikai crew, one of our goals, and competed heads up with select crews from Australia and Hawaii. The future for the Outrigger is bright, given the quality of the younger paddlers coming into the program.

They have what it takes to win, they only need to realize the key is with them and how they apply their efforts.

Over the years, I have been remiss in thanking those people who have made the Molokai race so successful, and my job so much easier.

Randy Shibuya, being a paddler himself, understands the stress of paddling Molokai, and has helped many a paddler before and during the race so that the Outrigger could go on to win. His help is the difference between winning and losing.

And to Jackie and Hilary, who

understand that a winning crew does not compete on an empty stomach, and has for years taken care of the open crews, many thanks from all the paddlers. Hilary's Gorilla Balls, energy bars and killer desserts have fueled the best. It is their support I value the most.

To say that it takes a lot of effort

to compete with the very best in the Molokai race, much less win, is an understatement. The paddlers who competed this year for the Outrigger Canoe Club put their heart and soul into the race and for that they have my respect. In the years to come, this effort will win many races.



Letter to the Editor

Dear Editor,

In response to the article (Rx for Health) entitled "In staying fit and healthy, is diet or exercise more important?", the authors indicate that they would "go out on a limb" and choose diet over exercise.

Unfortunately, this flies in the face of current medical thinking.

There is nothing, for example, to show that sedentary people who eat an optimal diet (and maintain an ideal body weight) would live as long as active people who eat whatever they want and maintain an ideal body weight.

Ralph Paffenbarger, M.D. Chairman of the Department of Epidemi-Stanford University, has demonstrated beyond doubt in a publication in the New England Journal of Medicine that if an individual dies prematurely of cardiovascular disease (by definition before the age of 65, since all of us die of something at sometime, death after the age of 75 being more consonant with old age, no matter what the cause), 85% of the time premature death could be associated with inappropriate lifestyles consisting of:

- 1) Cigarette smoking
- 2) Hypertension
- 3) Lack of exercise

You will note that diet isn't even mentioned. Without going into detail (and rest assured, I can) I thought you might appreciate a copy of the Honolulu Advertiser's somewhat dated article (11/3/88) entitled: "Heart study favors exercise over diet."

Best wishes,

Jack H. Scaff Jr., M.D., F.A.C.S.M.

OCC's Best Chefs

Rushed for time over the holidays? Need a good main dish fast? Try this one. Thank you member Cynthia.

5 pounds chicken thighs 1 package onion soup mix 1 oz. jar apricot jam 1 bottle Kraft Russian dressing with honey

Put the defrosted chicken thighs in a baking dish. Mix all other ingredients and pour over chicken. Cover with foil and bake at 325 degrees for 1 to 1 1/2 hours. Remove foil during the last 15 minutes. Serve with rice and salad.

Do you have some recipes you'd like to share? Leave them at the Front Desk.

Kayak Clinic

There will be a kayak and oneman canoe clinic at the Outrigger Beach on Saturday, December 12, at 9:30 a.m. We will have instructors who are members of the Hawaii Canoe and Kayak team.

The Clinic will focus on intermediate and advanced paddlers preparing for the upcoming racing season, but is open to all interested members.

From Beach Shop to Logo Shop

Your Logo Shop, formerly known as the Beach Shop is now offering a whole new merchandising approach. We encourage all of you to check your Christmas list and take advantage of the 20% discount that ends December 15. Lots of new and different items.

Presuming this new approach is embraced by the membership, future merchandising will be expanded as well as possible expansion of the shop.

Your response will guide us and help us to give the membership what it wants.



Martha Ting shows Logo Shop merchandise to Helen Sheehan.

December 1992 Calendar

Sunday Monday				Tuesday Wednesday				Thursday Friday				Saturday		
HAPPY HOLIDAYS		Complete COURMET DINI Dining Room	1 NER	Sunset Buffet 6 p Dining Rm & Ter			3	Seafood Buffet Dining Room 6 p.m.	4	Jr. Volleyball Clinic 9 a.m. Ken Alford Dixie Dining Room 6:3				
Brunch 8:30 a.m. Prime Rib Buffet Dining Room	6	Duplicate Bridge N MNF Chic @ Hou Surf Cart 6-9 p.m	1	Complete COURMET DINN Dining Room Golf Tourney Hickam	8 NER	Sunset Buffet 6 p Dining Rm & Ter			10	Fashion Show Princess Kaiulani Dining Room No		Kayak Clinic 9:30 Jr. Volleyball Clinic 9 a.m. Ken Alford Dixie Dining Room 6:3	Cats	
Honolulu Marathon 5:30 a.m. Brunch 8:30 a.m. Prime Rib Buffet Dining Room		Complete COURMET DINN Dining Room	15 NER	Sunset Buffet 6 p Dining Rm & Ter			17		18	Jr. Volleyball Clinic 9 a.m. Ken Alford Dixie Dining Room 6:3				
Brunch 8:30 a.m. Prime Rib Buffet Dining Room	20	Keiki Christmas Party 5.p.m MNF Dallas @ At Surf Cart 6-9 p.m			22	Sunset Buffet 6 p Dining Rm & Ter		CHRISTMAS EV Special Buffer 6 p Dining Room		CHRISTMAS Members Only Party Noon-2 p. r HOLIDAY BUFF Reservations Rec		Winter Tri-Ocean Race 9 a.m. STEAK FRY 6-9 p.m. Terrace Ken Alford Dixio Dining Room 6-9	2 Cats	
Brunch 8:30 a.m. Prime Rib Buffet Dining Room	27	Duplicate Bridge N MNF Det @ S.F. Surf Cart 6-9 p.m.			29	Sunset Buffet 6 p Dining Rm & Ter		NEW YEARS EV Reservations Requi Special Dinner Pa Dinling Room 9 p.	red rty					

January 1993 Calendar

				Jani	lai	<u>y 1993 C</u>	<u>aı</u>	enuar				,	
Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday	
										NEW YEARS	1		2
			HA	PPY NEW 	AR				DAY		Ken Alford Dixie Ca Dining Room 6:30 p		
	3		4		5		6		7		8		9
Brunch 8:30 a.m.		Duplicate Bridge	Noon			Sunset Bullet 6 p.π	n.					Ken Alford Dixie	
Prime Rib Buffet Dining Room		Surf Cart 6-9 p.m				Dining Rm & Terrae	ce					Dining Room 6:30	, p.m
	10		11		12	1	13		14		15		16
Brunch 8:30 a.m. Prime Rib Buffet		Duplicate Bridge I		oon		Special OCC Lunch Buffet						Ken Alford Dixie Cats Dining Room 6:30 p.m	
Dining Room						Sunset Buffet 6 p.m Dining Rm & Terra	n. ce						
	17		18		19	2	20		21		22		23
Brunch 8:30 a.m. Prime Rib Buffet Dining Room Duplicate Bridge Noon Surf Cart 6-9 p.m.		Duplicate Bridge	Noon	Complete		Sunset Buffet 6 p.m.		•				Ken Alford Dixie	
			GOURMET DINNER Dining Room		OCC Golfers Mtg & Awards 6 p.m.						Dining Room 6:30 p.m.		
_	24		25		26	2	27		28		29		30
Brunch 8:30 a.m. Prime Rib Buffet Dining Room		Duplicate Bridge l Surf Cart 6-9 p.m				Sunset Buffet 6 p.m. Dining Rm & Terrace		SPECIAL LIVE Maine Lobster Reservations Req.				Club Party MAGIC NIGHT At Outrigger 6 p.m. Reservations Req.	
SUPER BOWL	31							Dining Room 6 p.s	n.				

BOARD BRIEFS

Board Briefs is taken from the minutes of the September 24, 1992 Board Meeting and the October 15 Executive Committee meeting.

Manager's Report: The Colony Surf is working on obtaining a permit for the groin repair. . . Dining Room and Lounge carpet has been replaced. . . The mirror in the Fitness Center has been installed. . . Total funds approved by the Board for the 10 capital improvement projects as of September 21 is \$139,501. . . Unused mini charge income year-to-date at \$26,796 is currently running at 12% of the total amount assessed. . . Procedures on preparation for disasters will be prepared and documented. . . The proposed amendment to the Charter of Incorporation was approved at a special membership meeting on September 21. The Manager will be filing the appropriate articles of amendment with the Department of Commerce and Consumer Affairs and our claim for real property tax exemption with the City and County of Honolulu for the tax year 1993.

Athletics Report: It was requested that the Manager prepare a policy guideline for equipment usage and scope of responsibility which would allow members providing nonowned Club vehicles and equipment to be covered by the Club's insurance.

Building & Grounds Report: The Board recommended that the conflict of interest policy be suspended pending a written recommendation on the proper verbiage; a section encouraging bidding by all qualified members was recommended. . . Approval was given to proceed with perimeter flashing of the Volleyball Court structure for amount not to exceed \$54,000.

Entertainment Report: A suggestion was made to consider holding

the Luau every other year.

Public Relations Report: The Board approved the hiring of an assistant editor of the Outrigger magazine.

Budget Committee: The president appointed the 1993 Budget Committee consisting of the Executive Committee, Wendell Brooks, Scrappy Lipton and Tim Guard.

Dress Code: The dress code for the Dining Room will now permit women to wear dress shorts and dress sandals in the Dining Room for lunch only. No athletic shorts will be allowed. The dress code for men (closed footwear, long trousers and collared shirts) will remain the same.

Logo Shop Discount: The Board approved a 20% discount on Logo Shop merchandise from November 15 to December 15, 1992.

Winged "O": The President has appointed the Vice President of Activities to coordinate any future requests of the Winged "O", pending Board approval.

Backward Glances

By Cobey Black, Historical Committee

60 Years Ago

1932--Fill from the recently dredged Ala Wai Canal was creating hotel and house lots all the way to Kalakaua Avenue, but with the Depression, real estate was slow moving. Equally bogged down was the economy of the Club. Leslie A. Hicks, of Hawaiian Electric, and Thomas A. Singlehurst, of Bishop Trust, were called on as Club officers to help keep the foundering Outrigger afloat.

40 Years Ago

1952--By the end of the year, the Club was debt-free with \$213,500 in the Building Fund. . . Board member Bill Mullahey resigned due to time-consuming business pressure with busy Pan American Airways. .

Ancient christening rites were revived to bless the canoe, Waikiki. Launchers included Duke Kahanamoku, Dick Silva, Rev. Henry P. Judd, Gay Harris, Splash Lyons, Dad Center, John Kaupiko, Panama

Dave and Louise Suggs, honorary launcher and national women's golf champion.

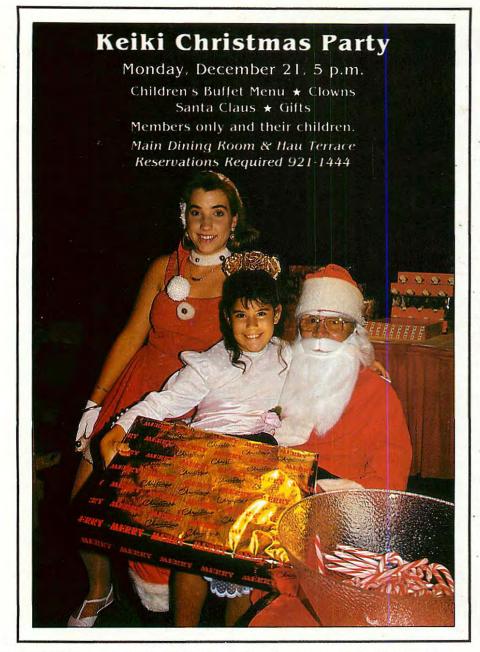
20 Years Ago

1972--OCC's Scorpion sailors scored again as winners of the 5th Kauai Classic. Despite driving rain, unpredictable gusts, strong currents and hazardous hospitality, Brant Ackerman, Bobby Anderson, Mike Holmes and Cline Mann outpointed their Garden Isle hosts.

10 Years Ago

1982--Thirty-four stalwarts competed in the Club's December 19th Castle Swim. Jimmy Dean set an open ocean course record, swimming faster than his escort paddler. Ian Emberson came in second and Grady Howe, third. Chris Duplanty was fourth and Dawson Jones, fifth. Ten of the competitors were under 25, but Lloyd Osborne (Men 70+) and Aileen Soule (Women 75+) shone in the golden age group.





On the Cover: Jr. and Mini 'Riggers wish all members of the Outrigger Canoe Club a happy holiday season. Photo by Marilyn Kali.

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Published by the Outrigger Canoe Club

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