

the **Outrigger**

October 1991



83rd Annual Luau Fun for All

By Mike Buck and Terry McKenney

August 17 was the date of our Club's 83rd birthday Luau, attended by approximately 300 members and guests. Even the weather cooperated and a hot, muggy day turned into a balmy trade wind evening.

The doors opened at 6 p.m. and everyone received a lei in front of Mapela's Lei Stand (Remember? It was outside the entrance to the "old" Club on Kalakaua Avenue.)

Once inside, we were serenaded by the local group Kualoa, complete with steel guitar and the real old-style "chang-a-lang" Hawaiian music welcomed everyone to their tables.

Before the food service buffet lines were opened, Club member Henry Ayau said a prayer and asked the food to be blessed.

Executive Chef Teruya once again outdid himself. The buffet was beautiful, the food delicious. Menu items included sweet potatoes, poi, lomi salmon, poke aku, mahimahi fillets, laulau, chicken long rice, barbecue meat, and of course, haupia and fruit. Need we say more?

The dinner show was performed by a Tahitian group called

"Te Vai Ura Nui," 15 highly skilled singers and dancers, even our own Club member Liko Brown. The show was a true tour of French Polynesia with songs and dances and the most incredible harmonies of voices.

There was even a little keiki wahine, she brought the house down. As is typical of these shows, some of our members were pressed into service and Dr. Freddie Fong, Rodman Muller and Norman Ho surprised us all.

After the show, Kualoa returned to play music for a well-stuffed audience, and several members were called up to perform. Mike Buck, our emcee, sang; Piilani Schneider danced a hula complete with her baby boy sharing the stage with mom, and Bonnie Eyre danced a hula too.

Chair Mahi Riley and the entire Entertainment Committee would like to thank Dr. Adrian and Mae Brash once again for their generous donation of plants and flowers, the placed looked great. We would also like to thank Mitzi Lee for the beautiful decor, she always goes way beyond the call. And finally, a big mahalo to general manager Ray Ludwig and his staff, they looked great in their aloha wear. 🍹



Club President John and Marilyn Goss enjoy the Luau.



Gloria Brooks, Jack Mattice, May and Peter Balding, Leslie Mattice, Wendell Brooks enjoy a drink before dinner.



Steve and Janet Foytich, Pat, Ruth and Robby Muller watch the sunset.



Kualoa provided pre-dinner entertainment.

Photos by Terry McKenney, Mary Machado, Kehau Kahi



Mike Buck was emcee and Henry Ayau gave the blessing.



Rod Muller goes for it.



Norm Ho shows his stuff.



Jim McMahon brought daughter, Macy, to her first Luau.



The entertainment was great according to Jeff Long, RADM Tom Long, Donna Riordan, Linda Long, Carol and Bob Vieira.



Dr. Adrian Brash, Ashby Fristoe and Mae Brash watch festivities.



The Luau brought together Rose Paea and Walter Chow, front; Maud Hee, Hiroshi Nakasone and Joyce Paea.

AS THE TERRACE TURNS

By Mary Machado

The Terrace was in full sing on August 9, Karaoke style, with our would-be Frank Sinatras, Doris Days, Michael Jacksons and Madonnas. Many of our members and guests had great voices. Others could use a little more practice in their showers at home.

The Karaoke system featured a TV picture along with the words of the song at the bottom of the screen. There were more than 1,000 songs to choose from, from old favorites to rock and roll.

Watch for our next Karaoke night on the Terrace. Announcements will be posted around the Club. Come and enjoy a fun time. Singers, get your voices in tune, and become a real "Terrace swinger".

Ken Brown Jr. and Stephanie Padilla said their wedding vows in the wedding chapel on board the Queen Mary in Long Beach, with the reception in the ship's ballroom. A seven-day honeymoon cruise on the MV Jubilee to Mexico was enjoyed by the newlyweds and their parents. **Ken and Bev Brown** are the parents of the groom. An Hawaiian celebration of the wedding was held at the Club on September 9. . .

Michael V. Paulin was awarded a Pacific Asia Travel Association Award of Merit at the organization's conference in Bali.

Christian Peterson hosted the Diamond Head-Koko Head Branch of the American Association of University Women at the Club in September. As new president, she would like to invite any recent university graduates to join

their group. Call her at 395-5580 for more information. . .

Karl Heyer IV is happy to be working on Oahu again after spending the past two years on Maui. He was so happy to be back here with girlfriend **Colleen Kelley**, that he presented his boss, **Mike McCormack**, with a sleek new four-man outrigger canoe crafted by **Walter Guild**. The canoe was christened "Palaeua Bay" for one of Mike's projects in Wailea.

If you're one of many who's been wondering what ever happened to **Nalani Blaisdell**, she reports all is great with her. She married **Bill Brennan** last year at St. Stephen's Church and gave birth to their son, **William Joseph Blaisdell Brennan**, on June 27. . .

Colonels **Bruce Matheson** and **Frank Walton** spent the first week of September with a dozen of their Black Sheep Squadron buddies at a reunion at a mountain retreat in Idaho. They gathered at a 160-acre spread owned by Black Sheep **Fred Losch**. Among the group are several of the Black Sheep aces, including Marine Col. **John Bolt**, the Marines' only prop/jet ace.

Reynolds Burkland reports that his family held a reunion in Winthrop, Washington in July. This was the first time the entire clan had been together in more than 10 years. His sons, **Peter**, **Tom** and **Albert**, all live on the Mainland but maintain their OCC ties. . .



Maile Van Orden and John Romanowski

Congratulations to **Maile Van Orden** and **John Romanowski** on their August wedding at St. Andrew's Cathedral. The reception was held at the Willows.

Don Machado Jr. was a member of the crew of *Perestroika*, the first Hawaii boat to finish the Transpac race on "corrected time" . . . Don was fortunate to witness the July eclipse 150 miles from Oahu while heading home to Hawaii. . .

Our own Winged "O" **Kimo Austin** will be inducted to the National Skeet



The Burkland family reunion has OCC ties.



Nalani Blaisdell and Bill Brennan

Shooting Association Hall of Fame on October 7 in San Antonio, Texas. He won 56 Hawaiian Territorial and state championships, won the world's Champions of Champion event in 1968, and was a six-time All-American.

He still holds the world record for the overall 250 target event. Kimo was the national 28-gauge high average leader in 1970 and was selected on the zone all-star team in 1976 and 1985.

Leon Devaney, a 1991 graduate of USC, has won an IBM Sports/Scholastic Athlete award. He graduated with a 3.7 grade point average and was a starter on the Trojan's 1990 NCAA championship volleyball team. . .

Another Club volleyball player, Trevor Schirmann, was home in September when the U.S. National Volleyball team, of which he is a member, played matches against the Japanese national team. Trevor was NCAA Player of the Year at UCLA in 1990.

Two Club members deserve recognition for their outstanding performances at the U.S. Masters Swimming National Long Course Championships in Kentucky in August. Aileen Soule won six gold medals in the 85-89 age group, and Jim Krueger placed second in three events in the 50-54 age group. Aileen is a former Olympic swimmer and diver.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Be sure to include your name and phone number in case additional information is needed. ☎



Ken Brown Jr. and wife, Stephanie.



Mike Paulin



Don Machado Jr. during Transpac '91.



Kimo Austin

New Members

Intermediate: Helena Barahal

Associate: Francine Davis, Jacquelyn Hansen, Patrick Perkins, Kevin Wong.

Junior: Taylor Farden, Nicholas Fowler, Keola Keahiolalo, Christopher Maurer, Theodore Maurer, Nicholas Torres.

Nonresident: Adrian Zecha.

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Paddlers Win at Distance Races

Outrigger paddlers prepared for the Molokai-to-Oahu distance races by competing in the Kaena Challenge, Duke Kahanamoku, Dad Center, Catalina and Queen Liliuokalani Races in August.

Kaena Challenge

The distance season started with the Kaena Challenge on August 11 from Haleiwa to Pokai Bay, a course of approximately 24-25 miles.

Outrigger's open crews skipped the race, but the masters crews competed and won their division.

The men finished sixth overall, first in masters, in 3:13:02. The winning masters crew was Bob Riley, Bill Bright, Bill Danford, John Finney, Mark Buck, Brant Ackerman, Greg Rudin, Tim Guard and Henry Ayau.

The senior masters were 12th overall, finishing in 3:31:18. Members of the crew were Bruce Ames, Ken Stehouwer, Hank Lass, Mike Town, Chris McKenzie, Tay Perry, Kent Giles, Kawika Grant and Scott May.

The race was won by Lanikai in 2:57:02.

In the women's race, Outrigger's masters completed the 6-mile course from Pokai Bay to Makaha and back in 1:04:56 to win their division. They were ninth overall. The race was won by Healani in :58:03.

The winning masters crew was Gerri Pedesky, Heidi Hemmings-Hall, Ann Cundall, Allene Richardson, Sharon Bintliff and Carol Wilcox.

Duke Kahanamoku Race

Outrigger's open men's crews finished first, third and fifth in the 26-mile Duke Kahanamoku Race from Magic Island to Kailua Beach on August 18. Four of the 26 canoes entered



Outrigger's masters crew in the Dad Center race was, front, Pam Zak and Heidi Hemmings-Hall. Back, Carol Wilcox, Sharon Bintliff, Sue May, Kathy Clifford, Diane Stowell, Gerri Pedesky, Allene Richardson and Coach Di Guild. Rear, Coach Scott May.

did not finish because of the choppy seas off Haunauma Bay and Sandy Beach.

The winning crew of Kainoa Downing, Chris Kincaid, Courtney Seto, Walter Guild, Bruce Black, Tom Conner, Bruce Eliashof, Rob Harrison and Geoff Graf, finished in 3:40:40, also winning the koa division in the Kaoloa.

The third place overall Outrigger crew (second in fiberglass), finished in 3:53:57. The fifth place crew (fourth in fiberglass) was timed in 4:02:51.

The masters crew won its division also, finishing eighth overall in 4:07:27. The winning crew was Bill Bright, Henry Ayau, Bill Danford, John Finney, Mark Buck, Brant Ackerman, Tim Guard, Jim Kincaid and Greg Rudin.

The senior masters finished 20th overall in 5:06:36. The crew included Bruce Ames, Ken Stehouwer, Norm Ho, Mike Town, Scott May, Kent Giles, Chris McKenzie, Tom Merrill and Tay Perry.

Outrigger's women's open crew did not compete in the 6-mile women's race from Kailua Beach to Mokulea Island and back. The race was won by Healani in :49:41.11.

Outrigger's masters paddlers won their division in :57:43.50, finishing 11th overall. The winning crew was Ann Cundall, Gerri Pedesky, Pam Zak, Sue May, Sharon Bintliff and Heidi Hemmings Hall.

A second masters crew finished 21st overall in 1:02:16. The crew included Diane Stowell, Allene Richardson, Carol Wilcox, Ruby Ifversen, Bee Cromwell and Keanuenue Rochlen.

Dad Center

Healani won the Dad Center long distance canoe race on August 25 from Kailua Beach Park to Outrigger Canoe Club in 3:21:46. The winning Healani crew was Sandy Combis, Laurie Seto, Lorey Bode, Linda Robb, Malissa Tongg, Luana Froiseth, Kelly Fey, Tracey Hewitt, Miki Hayes.



The women's open crews in the Dad Center were, front, Mary Smolenski, Cathy Ho, Terri Pynchon, Linda Peacock, Shawn Moynahan, Colleen Kelley, Michele St. John. Standing, Kisi Haine, Susan Rudin, Nicole Wilcox, Coach Tom McTigue, Sara Ackerman, Paula Crabb, Katie McCrary, Kaili Chun, Tiare Finney, Katy Bourne, Genie Kincaid and Jana Arakaki. Not pictured: Malia Kamisugi.

OCC open crews finished second and ninth overall, and second in both glass and koa divisions.

In the masters division, Waikiki Yacht Club was victorious in 3:43:27, with Outrigger second in 3:54:48.

Dad Center Results

1. Healani I	3:21:46	1st, G
(Sandy Combis, Laurie Seto, Lorey Bode, Linda Robb, Malissa Tong, Luana Froiseth, Kelly Fey, Tracey Hewitt, Miki Hayes)		
2. Outrigger I	3:29:45	2nd, G
(Mary Smolenski, Cathy Ho, Colleen Kelley, Sara Ackerman, Paula Crabb, Katie McCrary, Kaili Chun, Tiare Finney, Kisi Haine)		
3. Healani II	3:33:16	1st, K
4. Waikiki Yacht	3:34:29	3rd, G
5. Napili	3:39:18	4th, G
6. Healani III	3:41:14	5th, G
7. Waikiki Surf	3:41:36	6th, G
8. Lokahi I	3:42:55	7th, G
9. Outrigger II	3:43:27	2nd, K
(Shawn Moynahan, Terri Pynchon, Linda Peacock, Michele St. John, Susan Rudin, Jana Arakaki, Genie Kincaid, Katy Bourne, Malia Kamisugi)		
10. Kai Oni	3:49:10	8th, G
11. Waikiki Yacht	3:51:32	1st, M,G
12. Lokahi II	3:53:14	9th, G
13. Lanikai I	3:54:14	10th, G
14. Outrigger III	3:54:48	2nd, M,G
(Pam Zak, Heidi Hemmings-Hall, Carol Wilcox, Sharon Bintliff, Sue May, Kathy Clifford, Diane Stowell, Gerri Pedesky, Allene Richardson)		
15. Hui Nalu	4:07:19	11th, G
16. Lanikai II	4:12:41	3rd, M,K
17. Lokahi III	4:23:22	12th, G

Catalina Race

Outrigger's men won the 31-mile Catalina to Newport Beach Race on August 25 by a sizeable margin over San Diego Canoe Club and the Hawaii Canoe and Kayak Team. Their winning time was 4:09.

This was the first time since 1969 that OCC had won the race.



Outrigger's men are on their way to victory in Kona.



The OCC masters won their Kona race.

Members of the winning crew were Kainoa Downing, Geoff Graf, Tom Conner, Chris Kincaid, Walter Guild, Bruce Black, Courtney Seto, Bruce Eliashof and Rob Harrison.

Nalu Kukea was a member of the third place team.

Queen Liliuokalani Races

Outrigger won both the men's and women's divisions of the Queen Liliuokalani Long Distance Races on August 31 in record times. A total of 96 men's crews and 63 women's crews were entered.

The women's crew completed the 18-mile distance from Kailua Bay to Honaunau in a record 2:05. The crew was Mary Smolenski, Kaili Chun, Kisi Haine, Cathy Ho, Sara Ackerman, Paula Crabb, Nicole Wilcox, Katy Bourne and Malia Kamisugi.

A second women's crew of Terri Pynchon, Linda Peacock, Shawn Moynahan, Tiare Finney, Michele St. John, Susan Rudin, Katie McCrary, Genie Kincaid and Jana Arakaki, finished 11th overall in 2:19:51.

The master's women won their division in a time of 2:21:07. The crew was Pam Zak, Heidi Hemmings-Hall, Sharon Bintliff, Sue May, Kathy Clifford, Diane Stowell, Allene Richardson, Ann Cundall and Peggy Danford.

In the men's race from Honaunau to Kailua Bay, Outrigger covered the distance in sub-record time of 1:38:29. Boats got off to a false start and the race was restarted at a distance considerably beyond the usual starting line.

The crew was Kainoa Downing, Chris Kincaid, Courtney Seto, Walter Guild, Bruce Black, Tom Conner, Mark Sandvold, Wyatt Jones and Rob Harrison.

Two other OCC open crews finished second and sixth in glass in 1:44:05 and 1:48:11, respectively.

OCC's masters men finished 11th overall and won the masters non-koa division in 1:48:46 with a crew of Bob Riley, Bill Bright, Mark Buck, Bill Danford, John Finney, Brant Ackerman, Henry Ayau, Mike Clifford and Jim Kincaid.

The senior masters finished second in their division in 2:02:33.

The crew was Chris McKenzie, Tom Merrill, Tay Perry, Scott May, Jim Peterson, Bruce Ames, Hank Lass, Ken Stehouwer and Mike Town. 🍹



AROUND THE CLUB

By Raymond Ludwig, General Manager

Close to 300 members and guests joined us in celebrating the Club's 83rd birthday at our annual luau held August 17.

From the abundance of rare and beautiful flowers, donated by Dr. and Mrs. Adrian Brash; expertly arranged under the supervision of Mitzi Lee and her staff; to the spectacular entertainment and the outstanding array of traditional Hawaiian food, it was one of the best ever.

It was an evening that brought back memories of Old Hawaii.

Monday Night Football

Our Monday Night football is off to a good start. The good cheer, fellowship and high jinx, in addition to the best beef stew in town, and the largest hot carved roast beef and turkey sandwiches you have ever seen, make this a great night out.

That's every Monday night in the Bar Lounge. Check it out!

Employees of the Month

I want to acknowledge and congratulate our Employees of the Month for the first half of the current year. They are:
January--Evelyn Foronda (Business Office)

February--Terry Belanger (Hau Terrace waiter)

March--Marcelino Aris (Grounds Department)

April--Jim Benson (Front Desk)

May--Bill Pinacate (Bartender)

June--Marie Riede (Business Office)

They are all hardworking, loyal, dedicated and professional and we are indeed fortunate to have them as part of our ohana.

Dining Room Dress Code

Aloha wear is acceptable unless otherwise specified for special occasions. Gentlemen's attire must include closed footwear, long trousers and collared shirts. T-shirts, tank tops, athletic clothes and/or swimwear, beach sandals and rubber thongs are not acceptable.

The Hau Terrace is available for more informal dining and entertaining. Casual dress, including swimwear, is allowed on the Hau Terrace.

In our Cocktail Lounge, casual dress is permitted. T-shirts and athletic clothes may be worn. Upper torso clothing is required for ladies and gentlemen. Tank tops, wet clothing and swimwear are not allowed after 6 p.m. Footwear is required. Walking shorts are permitted.

Bylaw Violations

Occasionally it is management's unpleasant duty to call attention to incidental violations of the Club's Bylaws and House Rules. In recent months, there have been a rash of violations in two areas involving children.

The first area involves what seems to be the mistaken notion that children under the age of 10 years have the unrestricted run of the Club premises.

To correct this erroneous attitude, I must remind parents and other member hosts that under section 32 of the Club Bylaws all children under age 10, must

be in the company, and under the effective supervision, of an adult member.

Management has been directed to correct violations throughout the Club premises including Hau Terrace, surf canoe sand area and Lobby.

Management is somewhat embarrassed to bring up the second area which is in the Club Bar. In as much as the prohibition of minor's in the Club Bar goes back to the Bylaws adopted in 1939, the particular rule change adopted last year, besides clearly defining the boundaries of the Bar Room, also relaxed the age rule so that minors at least 8 years of age are now permitted in the Bar Room under two conditions:

- If they are in the accompany and effective supervision of an adult member.
- Only for the purpose of viewing sportscasts on TV.

Entry into the Bar Room by all other minors (under age 18) including tots and infants, remains prohibited. Your cooperation is appreciated.

Oktoberfest

Don't forget to make your reservations for our Oktoberfest, Saturday, October 26. ☎

Swimmers Log Those Miles

All you swimmers who log miles either at home or at the Club, get those miles posted in the Club logs by November 15. We will be giving mileage awards on December 1 at the Castle Swim and we need to know what's up with you, in order to prepare your mileage award for 1991.

If you are not planning on entering the Castle Swim, but expect to have a mileage award, sign up on the Castle Swim signup sheet at the Front Desk and indicate you are coming for a mileage trophy, and we'll be sure to order breakfast for you.

Remember, post your miles by November 15 so we can get your award ready.

Leave questions at the Front Desk for Gerry DeBenedetti. ☎


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Meet Your Board: Neal Ifversen

By Tom Sellers

It must have been quite a time for young Neal Prince Ifversen, track star at Stanford University. The oldest of three boys, Neal was raised in California by a baker from Denmark, and the daughter of a riverboat captain from Mississippi.

His track days were those of dirt tracks, leather shoes with three-quarter inch spikes, trowels for digging starting blocks, and bamboo pole vaults.

Neal ran the 440 and 880 yard races in pretty decent time for a skinny kid. Unfortunately, his track days were also the days of the great Depression. He left Stanford and California in search of a better place to live, an oasis, or paradise. He found it across the Pacific Ocean in Hawaii.

Today, it's hard to believe that Neal Ifversen isn't a keiki o ka aina, but there is no truer kamaaina this side of Kaena Point. You would think he was born with a ukulele in one hand and an outrigger canoe paddle in the other, but he had to get used to both items.

Canoe paddling has been one of his greatest Hawaiian pleasures. When he first started coming to Waikiki Beach, there was a grass shack on the ewa end called the Outrigger Canoe Club, where members could hose off after surfing.

The Club was small and one of Neal's early contributions was to go out on the street and beg people to join the Club for \$10. The response wasn't overwhelming, but the Club survived, grew and came to be the focal point of Waikiki Beach.

It was here that he learned to captain a canoe like a navy admiral, in old koa canoes like the Ka Moi. By putting sandbags in the front, he was able to catch waves by himself and live to tell about it—quite an accomplishment in a big koa log.

He used his skill paddling for the Outrigger's canoe racing team, and his crew never finished worse than second place, Hui Nalu being the only other Club to race in those days.

But by far his most generous contribution to the sport of canoeing is his willingness to take anyone wanting a canoe ride in the last 50 years out for a paddle, or even some waves.

One summer he posted a note offering canoe rides for anyone who wanted



Neal Ifversen

one. About 200 canoe rides later, he took the sign down, finding it hard to sit on anything firmer than a sofa.

Forty years later, strange ladies from Nebraska still stop to say hi. "Neal! Remember me? Gertrude Hefferwartz from Omaha; you took my mother and me canoeing in 1950!" Then, strangely, his okole starts to hurt again.

It was during his 30-year stint as a detective for the Honolulu Police Department that Neal learned to play the ukulele. His baritone Martin uke goes almost everywhere with him and has often been the life of the party.

His knowledge of Hawaiian music is extensive, since it stems back to the days of jamming on the old pier in front of the Moana Hotel with the original beach boys, and artists like Johnny Alameda.

A good time in those days was to gather some friends, rig two canoes together, put a couple of torches up front, and paddle around in front of Waikiki all night singing and playing ukulele, drinking from a pitcher of Ansai's Banzais.

If you know Neal, you know how easily he strikes up a conversation with anyone. In 1977, he did just that with a group of Peruvians who came all the way to Hawaii to learn about surfing.

Just being friendly, Neal showed them around, introduced them to people and made good friends with all of them. The Peruvians returned home, and used their influence there to appoint Neal the Honorary Consul of Peru.

This was news to Neal, who neither spoke Spanish, nor knew what a consul was supposed to do. But after more than 27 years at the position, the Peruvians think so highly of him, they invite him to Peru every year and the Hawaiian flag flies above the Club Waikiki in Lima the entire time he is there.

Neal's services to the Outrigger Canoe Club would be impossible to list. But they include serving on nearly every committee there ever was, many years on the Board of Directors, a lot of griping about things that weren't right to him, and having the utmost Aloha for the Club he helped to build.

He is a true old-timer, even though he plays like a youngster. "I've got more friends out there at 'Old Man's' than I do walking around on land!" is his way of dating himself, but watching him bring a canoe in past the wind sock on an "Old Man's" wave, it looks like he might outlast us all. ☺

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9th Annual OCC Photo Contest

By Carol Wilcox

Did you take a trip this year? Support the paddlers? Smell the roses? Hug your mo'opuna? Build a new home? Hang out? Good.

Better yet, did you take a picture?

It's not too late.

Don't be shy. Enter the 9th annual OCC Photo Contest. Join the legendary winners of the past. . .

7 Categories

Outrigger Canoe Club

People

Places

Things

Nature

Humorous

Black and White

Prizes

First, second and third place will be awarded in each category. As many winning pictures as possible will be published

in the January issue of the Outrigger magazine and will be displayed in the Club Lobby. First place winners will receive a \$50 Club credit.

Rules

- Entry must be a mounted print at least 8" x 10". Mat frame OK.
- Completed entry form must be attached to the back of each entry. You chose category.
- Entry must be received at Front Desk by noon, November 10, 1991, in envelope marked "Attn: Public Relations Committee, Photo Contest Entry."
- Each contestant is limited to seven entries.
- All OCC members and their families are eligible, except members of the Public Relations Committee, although their families may enter.

Judges will be selected from outside Club membership. They will eliminate any category deemed to have insufficient entries. ☺

1991 OCC Photo Contest Entry Form

Name		Membership #		
Address				
City		State	ZIP	
Category	<input type="checkbox"/> B&W	<input type="checkbox"/> People	<input type="checkbox"/> Things	<input type="checkbox"/> Humorous
	<input type="checkbox"/> Nature	<input type="checkbox"/> OCC	<input type="checkbox"/> Places	

Title of Entry

I understand the OCC and the Public Relations Committee cannot be held responsible for the damage or loss of any entry, and I enter with full knowledge of the contest rules.

Signature

Date

Order Your Christmas Tree Before Nov. 1

Special order forms are at the Front Desk now to reserve your fresh Douglas Fir Christmas trees. These trees are top quality sheared Douglas Firs grown on OCC member Sharon Simpson Carroll's farm in Oregon. All sales benefit the Outrigger Duke Kahanamoku Foundation. Sign up now. The deadline is November 1. ☺

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Golf Chips From The 19th Hole

By Frank E. Walton

Terri Lui and Don Cutting annexed low gross honors at the Club's August 14 outing at Kalakaua with scores of 85 and 83 respectively. Cyrena Bryan and Peter Balding took low net with a pair of 71s while Bruce Bolton won second low net with a 72.

Under Golf Chairman Jim Hammons' careful management and adherence to the Rules of Golf, we appear to have seen the end of the sandbagging rash of net scores in the 50s and 60s which have plagued us in the past.

Bill Wilson and James Gaddis were closest to the pin on the men's holes, while Joie Gopez salvaged closest to the pin for the women.

5th Stroke Play at Kaneohe

By the time you see this issue of the Outrigger, the fifth stroke-play tournament (scheduled for October 2 at Kaneohe) will have been completed.

Golf Committee to Include Three Standby Lists

Since the planned field of 36 golfers for none of the first four Stroke-Play tournaments was achieved, the Golf Committee is including three standby lists with the sign-up sheets for the two final tournaments of the year.

The alternative would have been to give up one or two hard-to-come-by tee times.

The standby lists, in order of priority, are for Outrigger Canoe Club Golfers, other Outrigger members, and guests of Outrigger members.

Outrigger members who fail to sign chits before the deadline will be replaced by golfers from the standby lists.

The final pairing sheet will replace the sign-up sheet in the Golf Folder within two days after the deadline.

Latest on the Match-Play Tourney

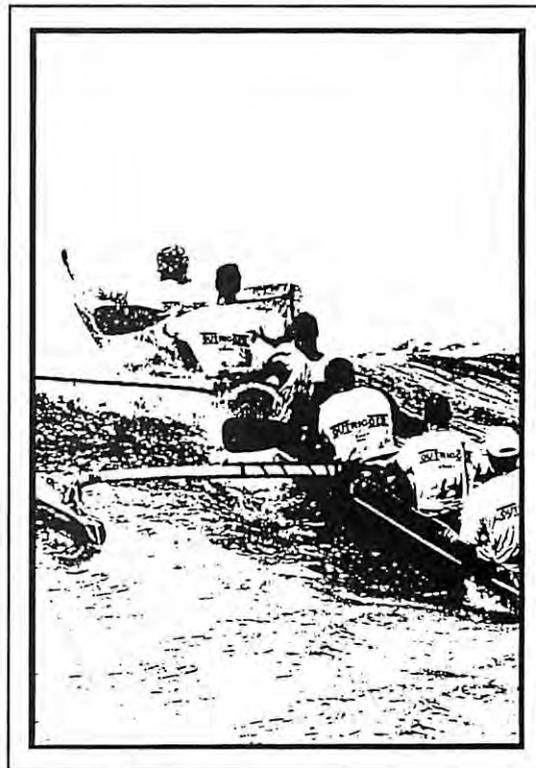
Quarter-final matches: Bobbye McDermott over Joie Gopez 2 and 1 at Kalakaua and Jim Hammons 4 and 2 over Scott Young at Hickam.

Three quarter-final matches (Terri Lui-Stephanie Dullum, Vic Hawthorne-Stan Brown and John Beaumont-James Gaddis) were to be completed not later than September 3 and the semi-finals must be completed no later than October 15.

Lui-Stoddard Lead in 'Best 72 Holes' Competition

Terri Lui, with an average of 89.7 leads Joie Gopez by 2 1/2 strokes in the "Best 72 Holes" competition while Terry Stoddard's 80.75 average is six strokes better than Richard Goh.

Golf Chairman Hammons arranged for six tournaments for Outrigger Golfers for the year and they can select their best four outings. With the October scores just completed to be added, golfers have one more chance to improve their average at Hickam on December 6. ☺



Kahala®

The Kama'aina Lifestyle

OCC Spotlight: Fitness Center

By Jon Bryan

If you have not been up in the Club's Fitness Center yet, take a peek. I think you'll be pleasantly surprised at what you'll see. In recent years, the Club's rarely used weight room has been transformed into a highly used Fitness Center.

The once popular "get big and buffed" era of the 80's has been replaced by the "healthy, fit and trim look" of the 90's. And the Outrigger has kept up with that change.

Not only is the Fitness Center a place to pump iron, there are also programs available to enhance one's physical, mental and spiritual fitness.

The Fitness Center has changed from purely "free weights" to ergometer, stair-master and biking machines. These changes were made possible by dedicated Club members and fitness instructors Adam James and Chad Los Banos.

Since joining the Club three years ago as the Fitness Director, Adam James has truly transformed our muscle

head weight room into a more well-rounded Fitness Center. Adam sincerely believes that the increased competition in activities which Club members engage in, such as canoe paddling and volleyball, have contributed to this transformation.

As Adam says, "Outrigger has some of the world's most gifted athletes. As competition gets better and better each year, it's our job as fitness instructors, to create programs which will keep our member athletes ahead of the competition."

Adam and Chad have met that challenge and have created fitness programs for paddlers, volleyball players, runners and for just general fitness lovers.

You may not be aware that we have two very resourceful instructors. Adam is a Punahou graduate and played football at Northwestern University on a full scholarship and is a black belt in karate.

Adam also teaches Kempo (a form of martial arts) at Kapiolani Park across from the Club every Saturday afternoon

at 5 p.m. It's free for all members and their guests. Adam is also planning to open up his own consulting company with emphasis on mental, physical and spiritual development.

Chad also participates in martial arts and has just received his degree in massage therapy. He began his apprenticeship at the Honolulu School of Massage in September so make an appointment.

Chad also competed in the Gold's Honolulu Natural Bodybuilding Competition in September. He took fifth place in the 1986 Junior Mr. Hawaii Competition.

Chad invites members to ask him for specific workout routines which he will tailor for each individual. He will also show you how to do various exercises correctly so that injuries can be minimized.

There are a lot of resources and changes at our Fitness Center. Take advantage of it. It's free. ♣

OCCs Best Chefs

By Gretchen Duplanty

Remember when you could walk into Canlis and order their special salad? If the thought makes you *ono*, you can try it at home.

Canlis Special Salad

2 heads Romaine
2 peeled tomatoes

Condiments

1/4 cup chopped green onion
1/2 cup fresh grated Romano cheese
1 pound rendered, finely chopped bacon
1 cup croutons

Dressing

3 ounces olive oil
Juice of two lemons
1/2 tsp. fresh ground pepper
1/4 tsp. chopped fresh mint
1/4 tsp. oregano
1 coddled egg

Into a large wooden bowl, pour approximately 2 tablespoons of good imported olive oil, sprinkle with salt, and rub firmly with a large clove of garlic. Remove garlic and in the bottom of the bowl, first place the tomatoes cut into

eighths, add Romaine, sliced in one-inch strips.

You may add other salad vegetables if you choose, but remember to put the heavy vegetables in first with Romaine on top. Add condiments.

Dressing: Into a bowl, pour the olive oil, lemon juice and seasoning. Add coddled egg and shake vigorously. When ready to serve, pour dressing over salad. Add croutons last. Toss generously.

Serves 4-6 persons. ♣

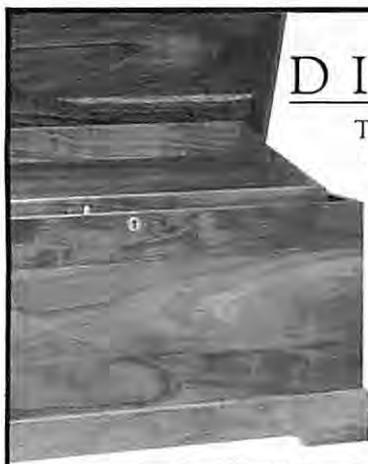
In Memoriam

Charles S. Offer
Deceased: July 10, 1991
Member: 33 years

Paul Leonard Minchin
Deceased: August 18, 1991
Member: 16 years

Gail Wayne
Deceased: August 21, 1991
Member: 18 years

David Henry Martin
Deceased: August 22, 1991
Member: 7 years



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JUNIOR 'RIGGERS

Nathan Stapleton, Stacy Stapleton and Chantal Carroll have moved with their parents to Oregon to spend the year. They will be working on their Christmas tree farm in the Eugene area.

Parker McLachlin won five weekly Hawaii junior golf tournaments this summer, including the 12 and under Oahu Match Play Championship and the 12 and under 54 hole Oahu Stroke Play Championship.

He was the number two qualifier in Hawaii to go to the Optimist Jr. World Golf Championships in San Diego in July. He finished seventh out of 120 golfers in the 12 year old division, shooting a one under par on a par 58 golf course.

Because of his finish in the World Championships, he won a free trip to Nagoya, Japan to compete in the Jr. World Japanese Cup. There were six competitors from Japan and six from the Jr. Worlds. Parker took 8th overall.

The highlight of the trip was meeting the Crown Prince of Japan who gave each of the golfers a gold watch.

Parker, usually a 16 handicapper, made his summer when he shot a 74 on the HICC championship course. This is one over par, which is something most adult Outrigger Golfers would love to shoot.

Way to go Parker!

Welcome to new Jr. 'Riggers Taylor Farden, Nicholas Fowler, Keola Keahiolalo, Christopher Maurer, Theodore Maurer and Nicholas Torres. . .

Kai Mowat did a great job in the King's Oceanfest in Waikiki in August. He finished 12th overall in the 1.75 mile run, 3.2 mile kayak, 1 mile swim and 1 mile paddleboard in 1 hour 7:56 minutes.

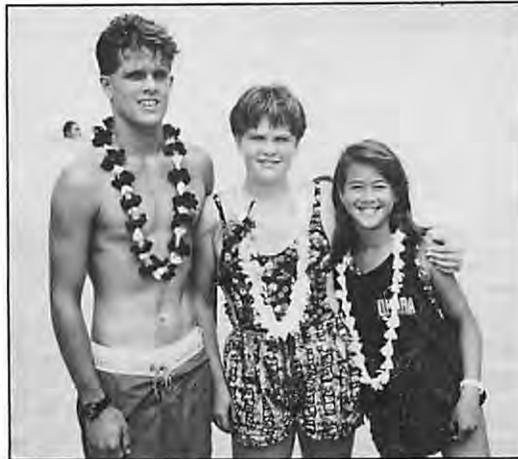
David Buck, Chuck Watanabe and Kai Mowat came home with lots of gold from the U.S. Canoe and Kayak Sprint National Championships in Indiana in August. David and Chuck won the K-2 500 and K-2 1000. Chuck won the K-1 500 and Kai won the K-4 1000. They also came home with a lot of other medals as well. . .

Chuck was selected to the Junior National team.

Jimmy Austin was the only Jr. 'Rigger in the Cline Mann Paddleboard Race in August. He finished third in his division. It was his first race.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Be sure to

include your name and phone number in case additional information is needed.



Nathan and Stacy Stapleton and Chantal Parker McLachlin Carroll.



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Tennis Anyone?

By Ann Martin

The Outrigger Canoe Club is currently negotiating with the Maunalua Bay Club for the use of their tennis facility. The MBC is a private tennis club located on the water across from the Aina Haina Shopping Center.

The proposal would be that OCC members would have use of the MBC during "non-peak" times. This would mean, Mondays-Fridays from 10 a.m. to 3 p.m. Weekends would be available during the months of August-January only from Noon to 3 p.m. Weekends would not be available during tennis league season, February-July.

OCC members would have the use of one tennis court with more courts negotiated at a later date. The court can be reserved one day in advance.

Also available would be the swimming pool, pro shop with a 10% discount, snack shop, locker rooms and parking.

The arrangement would be similar to the one we had with Waialae Iki V tennis facility. Those OCC members who sign up would be assessed a monthly fee

on their bill. If we can get at least 40 members who are interested, the monthly cost would be \$20. The more members that participate, the lower each person's monthly fee.

Once we determine how many members would participate, we can deter-

mine the feasibility of this proposal.

Please sign up at the Front Desk if you are interested in playing tennis at the MBC. For more information contact Ann Martin, 527-8320 (w) or 735-5038 (h).

Bankoh Molokai Hoe Slated October 13

Outrigger Canoe Club will defend its Bankoh Molokai Hoe title on Sunday, October 13, in the 40th annual 40.8 mile Molokai to Oahu men's outrigger canoe race.

Last year, OCC won the race in 5 hours 19 minutes 38 seconds in the koa canoe, the Kaoloa. A second Outrigger crew was fifth overall in 5:37:07.

OCC will enter four crews this year—two open crews and two masters crews.

OCC has won the race eight times in the past 12 years.

Listen to the race on KCCN radio beginning at 7 a.m. and then come on down to the finish line at around noon at Fort DeRussy and cheer our crews across the finish line. 🗣️

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5:00 - 6:00 p.m.

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6:00 - 8:00 p.m.

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Brendan Shea Wins Cline Mann Paddleboard

Brendan Shea swept the Outrigger's summer paddleboard races this year, winning the Summer Surf race in June and the 7th Annual Cline Mann 5K Paddleboard Race on August 10.

Brendan was timed in 32 minutes, 41 seconds, nearly three minutes off Chris Moore's 1987 record of :29:53.

However, the big race was for second place as Charlie Walker, Mark Rigg, Dale Hope and Edmund Pestana all finished within five seconds of each other.

A total of 38 paddleboarders entered the race. Weather and sea conditions were perfect.

The youngest paddler at age 11 was our own Jimmy Austin, who placed third in the boy's division.

The Paddleboard Committee wants to thank Don Isaacs and Ryan MacLaughlin for setting buoys and operating the boat; clerks, Marjorie Moore, Peg Danford and Jan Gordon; timer, Mark Jackola; awards, Ron Li; starter, Cline Mann; committee chairman, Mark Sandvold, and photographer, Di Guild.



Paddlers line the beach at the start of the race.



Jimmy Austin competed in his first race.



Dale Hope, right, presents Cline Mann perpetual trophy to winner, Brendan Shea.

7th Annual Cline Mann 5K Paddleboard Race August 10, 1991 Order of Finish

Overall	Name	Time	Place/Division/Board
1.	Brendan Shea	:32:41	1st, MP
2.	Charlie Walker	:33:50	2nd, MP
3.	Mark Rigg*	:33:53	3rd, MP
4.	Dale Hope*	:33:54	4th, MP
5.	Edmund Pestana	:33:55	5th, MP
6.	Rick Williams	:34:05	6th, MP
7.	Mike Takahashi	:35:07	1st, MMP
8.	Keone Downing*	:35:30	7th, MP
9.	Gavin Sutherland	:35:38	1st, BP
10.	Fred Fong*	:36:11	2nd, MMP
11.	Dennis Pang	:36:42	3rd, MMP
12.	Sean Ginella	:36:44	8th, MP
13.	Bob Fram	:37:41	9th, MP
14.	Jerry Miller	:40:32	1st, MLG
15.	Alfred Horner	:40:37	10th, MP
16.	William Ward	:40:42	4th, MMP
17.	Lowell Pang	:41:09	1st, MS
18.	Joshua Reece	:41:16	2nd, BP
19.	Ian Moore*	:41:22	11th, MP
20.	Matt Reynolds	:41:30	2nd, MS
21.	Duane Webster	:41:49	3rd, MS
22.	Helene Phillips	:41:59	1st, WP
23.	David Horner	:43:12	12th, MP
24.	Leighton Lam	:44:17	13th, MP
25.	Ed Slattery	:44:25	14th, MP
26.	Skip Wunderlich	:44:59	4th, MS
27.	Malia Luebbe	:45:51	2nd, WP
28.	Bill Lane	:46:43	1st, MMS
29.	Missy Mowatt*	:46:58	3rd, WP
30.	Ronald Barron	:51:12	15th, MP
31.	Ray Evans	:51:28	2nd, MMS
32.	Doug Bechert*	:52:13	3rd, MMS
33.	Jimmy Austin*	:57:38	3rd, BP
34.	Alan Masuda	:58:37	4th, MMS
35.	Kimo Cameron	1:09:01	5th, MS
DNF	David Loui		
DNF	John Orlando		
DNF	Larry Hagstrom		

*OCC member

P Paddleboard S Surfboard LG Life Guard Rescue Board



Missy Mowatt was third in the women's division, Helene Phillips won, and Malia Luebbe was second.

FOR THE RECORD

Running

Kilauea Hill 8-mile run
8/4/91 Kapiolani Park/Kahala
Emery Lucas 1:02:11
Carole Wilbur, 3rd women, 1:05:34

Koolau Cancer Classic
8/18/91 Hoomaluhia Botanic Garden,
Kaneohe
Emery Lucas :33:57

Leon's QEM Triathlon U.S. Age Group
Championships
Don Mueller 2:09:20

Old Pali Road 4-Mile Hill Run
9/1/91 Kaneohe
Emery Lucas :28:11

Swimming

U.S. Long Course Masters Swimming
Championships
8/16-18/91 Elizabeth Town, Kentucky
James Krueger, 2nd, 50-54, 50 Free, :29.32
James Krueger, 2nd, 50-54, 100 Free,
1:06.13

James Krueger, 2nd, 50-54, 200 Free,
2:27.96 (new Hawaii record)
Aileen Soule, 1st, 85-89, 50 Free
Aileen Soule, 1st, 85-89, 100 Free
Aileen Soule, 1st, 85-89, 200 Free
Aileen Soule, 1st, 85-89, 50 Back
Aileen Soule, 1st, 85-89, 100 Back
Aileen Soule, 1st, 85-89, 200 Back

Hawaiian Roughwater Swim
8/23/91 Makapuu
Diane Stowell, 1st, 50-90, :39:48

North Shore Challenge
7/14/91 2.5 miles
Don Eovino (no time given)

Waikiki Roughwater Swim
9/2/91 Sans Souci to Duke Kahanamoku
Beach 2.4 miles
Diane Stowell, 1st, 55-59, :59:08
Dawn Davenport 1:03
Kent Davenport 1:14
Arnold Lum 1:14

June Harrigan Lum 1:25

Canoe Sailing

Kauai Sailing Canoe Race
8/10/91 Oahu to Kauai
Maui Canoe Sailing Assn., 1st, 7:07
(Gaylord Wilcox, David and Hobie Beck,
Cappy Sheeley, Mike Spalding, Nick Beck)
Eye Catcher, 2nd, N.T. (Mike Muller)

Paddleboard

Kauai Aquanan Classic
8/25/91 Hanalei to Haena, 5 miles
Dale Hope, 1st, :45:37
Greg Moss, 3rd, :47:53

Aloha State Games

6/15/91 Ala Moana Beach Park
Greg Moss, 1st stock, 26-30, 500-m, 4:00
Greg Moss, 1st stock, 26-30, 1000-m, 6:55
Greg Moss, 1st stock, 26-30, 2000-m, 13:53
Dale Hope, 2nd stock, 36-40, 500-m, 3:47
Dale Hope, 2nd stock, 36-40, 1000-m, 6:36
Dale Hope, 2nd stock, 36-40, 2000-m,
13:24
Fred Fong, 1st stock, 41-45, 500-m, 3:46
Felipe Pomar, 1st stock, 46-50, 500-m, 3:58
Kym McKenzie, 1st stock, 18-30, 500-m,
Fred Fong, 2nd ultralite, open, 1000-m,
6:23

Duke Kahanamoku Championships

8/21/91 Maunaloa Bay to Sans Souci Beach
Greg Moss, 2nd, 30-34, 1:22:32
Mark Rigg, 1st, 35-39, 1:17:20
Dale Hope, 2nd, 35-39, 1:19:56
Keone Downing, 3rd, 35-39, 1:20:55
Fred Fong, 1st, 40+, 1:24:24

Charthouse Labor Day Race

9/2/91 Waimea Bay to Alii Beach, 4.6 miles
Kym McKenzie, 1st women,
1st paddleboard :53:30

Oceanfest

King's Race
8/25/91 Waikiki Beach 1.75 mile run, 3.2
mile kayak, 1 mile swim, 1 mile paddleboard
Kai Mowat, 12th men, 1:07:56
Missy Mowat, 2nd women, 1:14:55

Kayaking

U.S. Canoe/Kayak Sprint National
Championships
8/17-18/91 Eagle Creek, Indiana
Wyatt Jones, 6th, C-1 500, Sr 2:45.07
Wyatt Jones, 1st, C-1 1000 Sr., 4:16.60
Wyatt Jones, 1st, C-2 1000 Sr., 4:01.58
Wyatt Jones, 1st, C-2 500 Sr. N.T.
Wyatt Jones, 1st, C-4 1000 Sr., 3:43.16
Joanna Reinhardt, 2nd, K-1 500 Jr. 2:20.05
Joanna Reinhardt, 2nd, K-1 5000
Jr., 26:26.7
Joanna Reinhardt, 1st, K-2 500, Jr., 1:57.17
Joanna Reinhardt, 1st, K-4 500 Jr. 2:01.75
Joanna Reinhardt, 3rd, K-2 500 Sr. Mix.
1:48.44
Joanna Reinhardt, 1st, K-2 5000 Jr., N.T.
David Buck-Chuck Watanabe, 1st, K-2
500, Jr., 1:57.57
David Buck-Chuck Watanabe, 1st, K-2
1000 Jr., 3:40.94
David Buck-Chuck Watanabe, 3rd, K-4
1000 Jr., 3:09.77
David Buck-Chuck Watanabe, 2nd, K-4
500 Sr., N.T.
David Buck, 2nd, K-1 500 Jr.
David Buck, 6th, K-1 500 Jr. 2:10.52
David Buck, 4th, K-1 1000 Jr., 3:59.57
Chuck Watanabe, 5th, K-1 500 Jr. 2:08.83
Chuck Watanabe, 1st, K-1 500 Juv. 2:00.98
Chuck Watanabe, 3rd, K-1 1000 Jr, 3:52.73
Kai Mowat, 1st, K-4 1000, Jr. N.T.
Kai Mowat, 2nd, K-2 500, Juv. 2:00.85
Kai Mowat, 1st, K-2 500, Jr. N.T.
Kai Mowat, 7th, K-1 500 Jr. 2:11
Kai Mowat, 2nd, K-1 500 Juv., 2:01.12
Kai Mowat, 9th, K-1 1000 Jr. 4:32.44
Kai Mowat, 1st, K-4 500 Juv. N.T.
Kai Mowat, 1st, K-4 1000 Jr., 3:31.70
Kai Mowat, 3rd, K-2 1000 Jr., 3:48.60
Nalu Kukea, 7th, K-1 500, Sr. 2:01.76
Nalu Kukea, 6th, K-1 1000 Sr., 3:44.74
Nalu Kukea, 4th, K-1 10,000 Sr., 46:12.00
Nalu Kukea, 2nd, K-2 500, Sr. 1:48.02
Nalu Kukea, 1st, K-2 500 Sr. Mix, 1:47.83
Nalu Kukea, 2nd, K-2 1000, Sr., 3:26.59
Nalu Kukea, 2nd, K-4 1000, Sr., 3:09.77
Nalu Kukea, 1st, K-4 10,000 Sr. N.T.



June and Arnold Lum and Diane Stowell competed in the Waikiki Roughwater Swim.



Jim Anderson and Jake Updegrave swam the Roughwater.

Photos by Marilyn Kaiti

R FOR HEALTH

By John M. Corboy, M.D.

What's a Pterygium?

The answer to a tricky crossword puzzle question. Well, perhaps, but in Hawaii pterygium (ter-ig-eum) is one of the most common growths found on the eye.

Pterygium is an overgrowth of the loose mucous membrane which covers the exposed surface of the eye. It extends across the cornea, the clear window on the front of the eye, in a triangular wing shape. Usually blood vessels and swelling occur in its base.

Because it covers the cornea, pterygium can distort and blur your vision as well as be uncomfortable and unattractive.

What Causes Pterygium?

The ultraviolet (UV) rays in our sunlight are the culprits that cause pterygia. We see them most in fishermen, surfers, sailors, farmers, carpenters, lifeguards and others who work or play outdoors a lot.

These growths are particularly common in Hawaii and other places within a band around the earth's equator where the UV rays are most intense.

What Prevents Pterygium?

You can impede pterygium by wearing UV-blocking eyewear whenever you're outdoors. Your optician can apply UV blocker as a clear coating on your eyeglasses, or your sunglasses can contain the UV protection.

Should You Visit Your Eye Doctor?

If you see what you think is pterygium, particularly if it is red and irritated, you should see your medical eye doctor (ophthalmologist).

Usually, your eye specialist will measure the growth, get you into UV-blocking eyewear and perhaps a visor, and suggest some eyedrops to soothe your pterygium. Then within a year, it should be measured again. If the pterygium is growing despite your protection efforts, the doctor will probably suggest removing it.

Pterygia are also removed if they are blocking or distorting your vision or if they remain inflamed. Pterygium surgery is a simple office procedure done under a microscope with a local anesthetic. After removal, harmless radiation treatments and special eyedrops to prevent recurrence are given.

Of course, you must keep wearing your UV-blocking eyewear and visor

outdoors to prevent a new growth from starting. With proper treatment and careful follow-up, pterygium very seldom occurs.

The Hawaiian sun is very intense. To keep your eyes healthy and your vision clear, remember to always wear your UV-blocking eyewear outdoors. ☺



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Volleyball Teams Celebrate Victories

It was an incredible summer for Outrigger volleyball players, bringing home four national championships--the Boys 12 and 18 and the Masters 35 and Masters 40. To celebrate the victories, the teams held a Steak Fry and recognition ceremony on the volleyball courts on August 23. Standing over the hot grill to cook their steaks were (1) R. D. Gray and Ralph Smith. (2) Richard Reicker. (3) Tom Haine. (4) Coaches Kimo Brown and Kepa Cummings enjoy the evening. (5) Stephanie Merrack and Scott Rigg. (6) The Boys 18 team was joined by the 16s--Jon Haruguchi, Danny McNerny, Stein Metzger, Bill Fannemel, Mike Lambert, Brian Wells, J. J. Riley and Brian Kilcoyne. (7) Families were there to support their players. (8) Chris Crabb introduces the victorious Boys 12's--Jeff Lee, Nai'a Blankenfeld, Kaione Crabb, Dylan Fern, Tui McBraum. (9) Coach Kimo Brown introduces the masters crews--Dennis Berg, Charlie Jenkins, Jim Bukes, Randy Shaw, Tom Madison, Ralph Smith, Jon Andersen and Ilmar Tarikas.



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Women's Sand VB Champions

Marcie Nowack, left, and Diana McKibbin, right, teamed up to win the Women's State Volleyball Championships at Outrigger on August 17. They defeated Tyler Tavares and Debo Zabriskie for the sand title. Photos by Marilyn Kali. 📷



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Summer Volleyball Winds Up Season

The long, hot summer of sand volleyball wound up in August with the 4-Man Calcutta on August 10, and the Duke Kahanamoku Championships on August 24-25. The Calcutta was won by the team of Tom Madison, Kevin Wong, Ian Moore and Lamson Lam, who defeated Randy Shaw, Peter Balding Jr., R. D. Gray and Ryan Haneberg for the title. (1) The Duke title eventually went to Jon Andersen and Kirk Christman, left. Stevie Li and Kanoa Ostrem, right, came from the losers bracket to win the championship game 15-13. This forced a tie breaker which was won by Andersen-Christman, 15-5. Ralph Smith and R.D. Gray were third and Randy Shaw and Chris Crabb were fourth. Seeing lots of action were (2) Kirk Christman. (3) Jon Andersen and Kanoa Ostrem. (4) Stevie Li. (5) R. D. Gray and Chris Crabb. (6) Kanoa Ostrem. Photos by Marilyn Kali. 📷



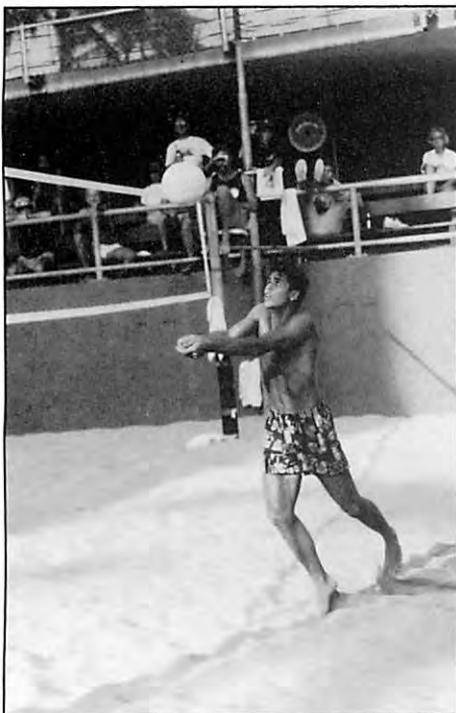
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Historical Committee Receives Books, Seeking More

By Chip Higgins

The OCC Historical Committee received a great response to its initial appeal for special books to add to its permanent collection.

The Committee is most appreciative of those who responded to our first request which produced copies of "Hawaiian Yesterdays," "Hawaii, a Pictorial History," "The Hawaiians," and "Saga of the Sandwich Islands."

Other books received were "Voyage," "The Vancouver Club," "Hawaii 1959-1989" and "Princess Kaiulani."

The Committee is still looking for copies of:

"The Hawaii Book, Story of Our Island Paradise," Ferguson Publishing Company Inc., 1961, and "Honolulu, Heart of Hawaii," by Scott C. S. Stone, Continental Heritage Press Inc., 1983.

These volumes are presently on loan from Margaret Young's personal collection and are available for reference in the Board Room by arrangement. They are due for return to her shortly.

If anyone has a copy of either of the

above books and would like to give them to the Club's Historical Library, please contact Chip Higgins at 373-4525. He will be happy to pick it up. Or you may leave the book at the OCC Front Desk addressed to Kehau Kea, chairperson of the Historical Committee.

The committee will recognize the gift by letter for income tax donation purposes if you will attach your name and address to your gift. ☺

OCC Softball Turnout is Fantastic

After a long absence, OCC softball is back in the news. Player participation is at an all-time high which suggests this exciting sport is here to stay.

OCC lost the league opener at Elks Field to Maharaja. Everyone played and had a great time. Shortstop Jim Cavanah and pitcher Jimmer Gaddis led the team with three hits apiece. Unfortunately, the game was riddled with dropped balls.

Second baseman Bill Lawson contributed three hits and Paki Vaughan crushed a three-run homer in game two. A record 20 players saw action including veterans Henry Ayau, Bill Kilcoyne

and Bob Riley. Errors, again, proved to be our downfall in a 9-4 loss to Imua.

Sixteen players took part in an 8-7 loss to the Makuli's. Jim Cavanah belted a two-run home run. Outfielders David Dyas, Wes Goodwin and Bill Kilcoyne each had two hits. Burt Heilbron contributed two RBI's while Larry Tavares turned in brilliant plays at third base.

Despite the losses, this team is confident, upbeat and determined to win the league crown. Catch next month's softball news for all the stats and facts. ☺

Oktoberfest at OCC

Put on your lederhosen and practice your polka steps. It's time to celebrate Oktoberfest on Saturday, October 26 at the OCC.

Come and enjoy Outrigger's own Haufbrau Haus featuring fine German foods, German beers and the umpapa band sounds of the Matterhorns. They will be playing polka and waltz music and good German beer drinking songs.

The Entertainment Committee asks you to reserve your table now by calling the Front Desk. It's only \$19.25 per person for this fun event. See you there. ☺

Weight Training Perspectives

If you're old enough to remember when weight training was thought to make you too tight or slow, then you are witness to a total turnaround in modern sports philosophy.

It was not long ago that many coaches and athletes avoided lifting weights because the presumption was that bigger muscles made you slower and clumsy.

Even athletes that were involved in strength sports tended to shun a regimented schedule of weight training. However, in the past 25 years a tremendous amount of research, information and education has revealed that weight training is an important part of everyone's life.

Think of weight training as a base from which to build. What you decide to build is up to you. Competitive athletes in any sport can derive benefits that will further enhance their perform-

ance.

Weight training is non-discriminatory. There are now many mature (over 65 years old) people who religiously subscribe to a weight training program, some even enter formal competitions.

It is never too late to begin some form of a fitness program. You may be limited to the amount you can begin with, but if you are diligent, you will always make gains.

The Outrigger has two expert Fitness Center instructors to assist you with your questions and needs. If you haven't been up to the Fitness Center come in and ask Adam James (director) to take you on a tour and set you up on a program for fitness.

You are only limited by your determination to get involved. All the tools for reaching your goals are there at

your disposal.

Gone are the days when people thought that weight training was only for bulked up carnival strong men. Today's health code recommends some form of weight training for longevity and better overall physical fitness.

In addition, physical activity also lowers stress and benefits your overall mental state. Once you begin, you can monitor your progress and really get involved in reshaping your overall image and feel for life.

The Fitness Center is now open from 6 a.m. to 8 p.m. on Monday, Wednesday and Friday, and from 9 a.m. to 5 p.m. on Sundays, in addition to its normal hours of operation.

Everyone is encouraged to utilize the facility during these extended hours. ☺

BOARD BRIEFS

Board Briefs is taken from the minutes of the Board of Directors meeting on July 25, 1991 and the Executive Committee meeting on August 15, 1991.

Treasurer's Report: A net loss of \$18,214 was reported for the period ending June 30, which is \$2,523 below budget and \$13,572 below June, 1990. . . Initiation fees collected were \$83,250 and building fund increase was \$18,109. Year-to-date increase in member's equity is \$640,635 which is \$159,030 below budget.

Vice President of Operations Report: The chairmen of all standing committees were asked to submit all policies, formal or informal, relating to committee function to the Executive Secretary. Coordinating directors are to submit all instructions, directives, informal policies, etc. to pass to the next director/chairman.

Secretary's Report: Six members were suspended for 15 days and two others had their memberships terminated for failing to pay their accounts on time.

Manager's Report: Preparation of construction documents to waterproof the volleyball courts is underway. . . After viewing four mock up columns for the Snack Shop area, the Board voted to abandon the Snack Shop trellis project. . . The Board viewed the "staked out" beach step area and recommended a reduction in the width of beach stairs. . . Food and beverage operations for June, had gross sales of \$273,373, which was 5% better than budget, and produced a net gain of 2.2% or \$6,000. . . The Board asked the Manager to find out why there is such a high employee turnover in the locker rooms. . . A notice has been posted informing members to keep valuables locked or with attendants in the locker rooms to prevent pilferage. . . The Board asked that the House Committee review guest member usage and to consider the possibility of extending usage to six weeks with restriction to Dining Room use. Currently, these members have usage up to four weeks.

Athletic Report: Extended hours were approved for the Fitness Center for a two-month trial period. Additional hours are Monday, Wednesday and Friday from 1-3 p.m. and Sundays from 9 a.m.-1 p.m. during the months of August and September. . . The Canoe Racing Committee requested \$8,759 in budgeted funds to send eight crews to the Queen Liliuokalani Races in Kona and \$4,992 was approved to send the men's crew to Catalina. . . Approval was given to purchase 2 covers, 1 ama and 1 set of iakos for the canoes.

House Report: Uniforms to You was selected to prepare estimates for

new uniforms for employees. . . The pension plan subcommittee is considering an additional plan that would impact long term employees.

Special Membership: A new special membership policy was adopted. The intent of the policy is, "A special member is a person who would make a special contribution to the Club (non-monetary) and who would otherwise not be available for membership to the Club." The Special Membership Policy is, "It is the policy of this Board not to grant special membership. In those cases where an individual may make a significant contribution to the Club as a whole, a special membership may be granted. Making a contribution to a specific athletic team or crew for a one year period is not sufficient contribution, in and of itself, to warrant a special membership." The policy is to be reaffirmed by the Board on an annual basis.

Bicycle Decal: Members owning bicycles or any two-wheel vehicle must obtain an OCC parking decal and have it affixed to their bikes.

Bylaw Committee: The President appointed the Bylaw Revision Committee for 1991-92, subject to individual's approval. Members are Col. M. Berenzweig, Robert Guild, Adrian Rosehill and Jim Peterson.

Playpen Policy: The Board has suspended the enforcement of a House rule now allowing strollers on the beach area until such time as the House Committee has had the opportunity to study the policy and make recommendations. There was no change on the playpen rule. ☺

COLONY HOTELS RESORTS

Attention Visitors

(Special rates and... we're steps from the Outrigger Canoe Club.)

Make your reservations at the Diamond Head Beach Hotel. You will enjoy deluxe accommodations, complimentary Continental breakfast and many other free services.

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Castle Swim Set for December 1

By Gerry DeBenedetti

The traditional Castle Swim, held the Sunday after Thanksgiving, is scheduled for December 1. Registration will begin on the Hau Terrace at 8 a.m.

This is a fun swim, young people, senior swimmers, all members are welcome. You must have your own membership number to be eligible. Spouse card holders are not eligible to enter.

The course is from the Outrigger Hotel to the Outrigger Canoe Club. After everyone has signed in, course instructions will be given and all swimmers will be transported to the starting line in OCC vehicles.

Please sign up at the Front Desk if you plan to enter.

Categories are in age groups for male and female in junior, 18-24, 25-29, 30-34, etc. in five year increments up though the oldest swimmer.

There are no entry blanks and no entry fees.

All swimmers are encouraged to bring an escort on a canoe or paddleboard to accompany them during the race.

A free breakfast will be served at the Club following the race to all swimmers and their escorts.

If you need information, contact Laura Miller, Chair of the Swimming Committee. ☺

October/November 1991 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 B&G Comm. Mtg. 11:30 a.m.	2 Food & Bev Comm. 5:15 p.m. Entertainment Comm. Mtg. 5:30 p.m. Golf Tournament Kaneohe Canoe Racing Mtg. 8:30 p.m.	3 Historical Mtg. 5 p.m.	4 SEAFOOD BUFFET 6 p.m. KARAOKE NIGHT 8:30-10:30 p.m. Bar	5 DUKE HEATHERLY 6:30-9:30 p.m.
6 Sunday Brunch 8:30 a.m. Prime Rib Buffet 6-9 p.m.	7 Bridge Noon MONDAY NIGHT FOOTBALL PARTY 6 p.m. Buffalo vs. KC	8 Public Relations Comm. Mtg. 5:30 p.m.	9 ODKF Comm. Mtg. 11:30 a.m. House Comm. Mtg. 11:30 a.m. Canoe Racing Comm. Mtg. 8:30 p.m. Long Range Plan. Comm. Mtg. 5:30 p.m.	10	11	12 DUKE HEATHERLY 6:30-9:30 p.m.
13 Sunday Brunch 8:30 a.m. Prime Rib Buffet 6-9 p.m. MOLOKAI HOE Molokai-Oahu	14 Bridge Noon MONDAY NIGHT FOOTBALL PARTY 6 p.m. Giants vs. Pitts.	15 A&M Comm. Mtg. 5 p.m.	16 Canoe Racing 8:30 p.m.	17 Exec. Committee 5:30 p.m.	18	19 DUKE HEATHERLY 6:30-9:30 p.m.
20 Sunday Brunch 8:30 a.m. Prime Rib Buffet 6-9 p.m.	21 Bridge Noon MONDAY NIGHT FOOTBALL PARTY 6 p.m. Cincinnati/Buffalo	22	23 Canoe Racing 7:30 p.m.	24	25	26 OKTOBERFEST 6 p.m.
27 Sunday Brunch 8:30 a.m. Prime Rib Buffet 6-9 p.m.	28 Bridge Noon MONDAY NIGHT FOOTBALL PARTY 6 p.m. Raiders vs. KC	29	30 Canoe Racing Comm. 7:30 p.m.	31 HALLOWEEN Board Meeting 5 p.m.	1 SEAFOOD BUFFET 6 p.m. DEADLINE FOR XMAS TREE ORDERS	2 DUKE HEATHERLY 6:30-9:30 p.m.

*October Beach Shop Special
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OKTOBERFEST

OUTRIGGER CANOE CLUB
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BEST FUN
ON THE PLANET
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BUFFET DINNER
6:30 PM

THE GERMAN FOOD
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Tom Sellers

the Outrigger

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On the Cover: Greeting guests at the OCC Luau were Nancy Muller, Terry McKenney, Ann Martin, Val Davis and Ken Brown. See pages 2-3 for Luau story and more photos. Photo by Marilyn Kali.

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