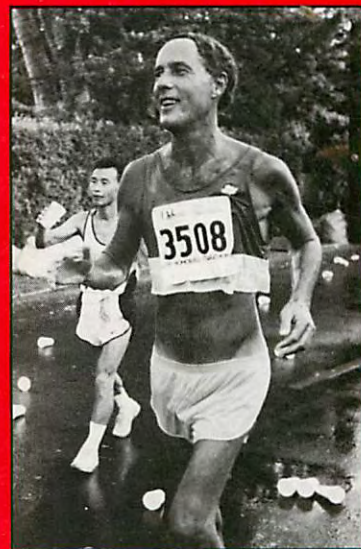


# the Outrigger

January 1991



# We Sponged, Watered and Exceeded at Honolulu Marathon Aid Station

By Marilyn Kali

The 18th annual Honolulu Marathon will go down in memory as one of the biggest and best, and the nearly 150 OCC members and their friends who worked in the OCC Aid Station on Kahala Avenue will probably long remember:

- The Japanese runner who reached in his fanny pack and pulled out 10,000 yen for a cup of water.
- The pair clad in black outfits including black pointy shoes on the way out, who never returned.

The elderly corporate president from Japan who annually offers Salonpas to all Aid Station workers.

- How the running Naali brothers were side by side on their way to Hawaii Kai and still side by side on their way to the finish line an hour later as they ran through the Aid Station at 1:57.
- The happy faces, the tired faces, the pained faces of the runners.
- The "Thanks Outrigger, you're the greatest" from weary runners enjoying the encouragement and drinks from our Aid Station.
- The pre-dawn hour when Lei Rigg got so excited everytime a runner would take a cold sponge from her.
- The OCC trio who made a list of "mosts"--most colorful, most tired, most matching, most unlikely to finish, most purple, etc. as the runners went by.
- Keoni Kino taking a photo of a Japanese runner bride.
- Mark Rigg wondering why the male runners wouldn't take a sponge from him.
- The snow-like appearance of the 30,000-plus white cups that littered the Aid Station from the water and Exceed.
- The drizzle and wind that kept things on the cool side.
- Cathy Ho bundled up like a snow bunny. How many layers did she really have on?
- The Kahala Avenue residents who turned on their sprinklers in the middle of an Exceed station, in spite of the fact it was drizzling, and then

said they didn't know how to turn them off!

- The icy, cold hands of the volunteers who kept the water, sponges and Exceed icy for the runners.
- The wind that seemed to blow the cups to the opposite side of the street as soon as they'd been swept to the other and were ready for bagging.
- The runner who collapsed by the Ice Cole Spunj and had to be taken away in an ambulance.
- We missed the Japanese marathoner who usually runs the course in wooden sandals.

This year, we had a great turnout of volunteers to help at the Aid Station, including many from the Molokai paddling crews, and a lot of Jr. 'Riggers from the paddling and volleyball programs.

Special thanks to the Saturday/Sunday crew, led by Cline Mann, who got everything together for the Aid Station. They included David and Mark Buck, Bill Danford, Jimmy Dean, Richard Ferguson, Kawika Grant, Don Machado Jr., Brad Martin, Tay Perry and Buck Schmuck.

A big mahalo also to those helpers who stayed to the end to serve the stragglers, then to give Kahala Avenue a final sweep and return all equipment to headquarters 🍌



Buck Schmuck ices sponges.



The Freeburgs, Kristen, Robert and Erik, were dressed for the rain while waiting for mom to run by.



Serving Exceed were Lisa Siggers-Conway, Michele St. John, Mitch Allara, Gerri Pedesky and Peg Danford.

Photos by Marilyn Kali



*Fred Fong attacks a sea of cups.*



*Samantha and Susan Rudin clean up cups along Kahala Avenue.*



*Thad Ekstrand collects sponges.*



*Waiting for a two-pointer are J. J. Riley (right) and friend.*



*Rod Muller kept up lively chatter at the Aid Station.*



*Marathoners hit the Aid Station at 6:10 a.m. and a steady stream of runners on their way to Hawaii Kai followed until nearly 9 a.m.*



*Kim Thompson catches sponges from runners.*

# Kresser Leads OCC Marathoners

By Emery Lucas

For the 18 OCC marathoner finishers, the running of the 18th annual Honolulu Marathon on December 9 is always a story within the story of the marathon itself.

Every second Sunday in December, thousands upon thousands of runners from around the world descend upon Oahu and this year was no different. A record 13,268 entered the 26.2 mile foot race.

The big story was, however, the weather. Wind and rain kept the elite racing pace slower with last year's men's winner Simon Naali repeating again for this year's win in 2:17 or six minutes off his time of '89.

Carla Beurskens, in her 5th Honolulu win, managed a time of 2:33 or two minutes slower than her 2:31 of last year.

OCC fielded a good number of entrants with Matt Kresser, well rested and in smooth running form, first OCCer to finish in 3:09, a minute faster than his last Honolulu Marathon in 1987.

Tracy Smith ran the '87 Marathon in 3:31 and was first female OCCer to finish. She repeated this year as first OCC female to finish in 3:34.

Tommy Holmes was fighting the flu bug all the way. In fact, the day before



*OCC runners gathered at the Club at 4:30 a.m. for a ride to the start of the race. Front, Andrea Lehman, Tracy Smith, Hilary Lambert, Ruth Munro, Billy Balding. Standing, Ed Moore, Don Eovino, Emery Lucas, Russell Allen, Ken Brown, Dick Johnson, Jack Feher.*

the race, Tommy had some serious doubts as to even running. No problem, he was across the line in a quick 3:33 and the second OCC male to finish.

First time marathoner Billy Balding showed us his stuff with a neat 3:36 finish, followed closely behind by Jack Feher who competed for the first time in 10 years in 3:38.

Frequent middle distance club road-runner and age group champ, Russell

Allen, completed his third (and last, so he says) Honolulu Marathon in 3:41, excellent time in the 60-64 age group.

Punahou School history teacher Ed Moore last ran in 1985 and came back to heat up the roads in a 3:51 finish.

Emery Lucas, who upon completing his 33rd marathon, is headed for retirement and perhaps a new sport as injuries from running eight marathons in 1990 alone have taken their toll. He finished in 3:52.

Dick Johnson rounded out the under-four hour group with a 3:54 finish.

Mary Smolenski and her mother, Bonnie, the first OCC mother/daughter team, finished in 4:07. They could be a real double threat next

year.

Mike Miller, Lloyd Jones, Don Eovino and Blake Johnson rounded out the four-hour group with Ken Brown, the running banker, and Bruce Ames, the running judge, finishing in the low 5's.

Ruth Munro took first in her age group, 65-70, with a 5:40.

Until next year, keep running. 🏃



*Billy Balding*



*Russell Allen*



*Ed Moore*

# 18th Annual Honolulu Marathon December 9, 1990

## OCC Results

Matt Kresser	3:09
Tommy Holmes	3:33
Tracy Smith	3:34
Billy Balding	3:36
Jack Feher	3:38
Russell Allen	3:41
Ed Moore	3:51
Emery Lucas	3:52
Dick Johnson	3:54
Mary Smolenski	4:07
Bonnie Smolenski	4:07
Mike Miller	4:19
Lloyd Jones	4:42
Don Eovino	4:50
Blake Johnson	4:56
Ken Brown	5:01
Bruce Ames	5:24
Ruth Munro	5:40



Ken Brown



Bruce Ames



Mary Smolenski



Emery Lucas



Jack Feher



Blake Johnson



Don Eovino



Dick Johnson

## Marathon Aid Station Helpers

Brant Ackerman  
Ryan Adams  
Mitch Allara  
Jimmy Austin  
Siana Austin  
John Beaumont  
Bruce Black  
Laurie Breeden-Starn  
Barbara Brodhead  
Christie Brunton  
David Buck  
Mark Buck  
Rick Budar  
Dr. Alex Burso  
Alike Burso  
G. Burtcher  
Trevor Cabell  
Brooke Cassiday  
Lindsey Cassiday  
Buster Chapman  
Daniel Chong  
Rush Clark  
Shirleigh Clark  
Kaione Crabb

Wendy Crabb  
Kepa Cummings  
Myrna Cundy  
Bill Danford  
Peg Danford  
Jimmy Dean  
Denise Devaney  
Lissa Dunford  
Gretchen Duplanty  
Thad Ekstrand  
Bill Fannemel  
Richard Ferguson  
Fred Fong  
Eric Freeburg  
Kristen Freeburg  
Robert Freeburg  
Lou Fulton  
Annemarie Goldsmith  
Cathi Goldsmith  
Jan Gordon  
Geoff Graf  
Kawika Grant  
Di Guild  
Walter Guild

Mark Guptil  
Rita Guptil  
Jon Haig  
John Hamaguchi  
Greg Hara  
Fred Hemmings Sr.  
Cathy Ho  
Norm Ho  
Dale Hope  
Jesse Hunt  
Sheila James  
Avril Jenkins  
Sue Johnson  
Brett Jones  
Bonnie Judd  
Marilyn Kali  
Kehau Kea  
Brian Kilcoyne  
Keala Kilcoyne  
Maureen Kilcoyne  
Doug Kilpatrick  
Ronnie Kilpatrick  
Allen King  
Keoni Kino

Daniel Knoke  
Mike Lambert  
Jessica Langley  
Cindy Lawrence  
Kristin Lee  
Conner Lowrey  
Fred Lowrey  
Shannon Lowrey  
Siana Lowrey  
Don Machado Jr.  
Samantha Maguire  
Cindy Mahoney  
Cline Mann  
Bob Marchant  
Jean Marchant  
Ann Martin  
Brad Martin  
John McCandless  
Rev. Julia McKenna-Ritchie  
Bekka McLachlin  
Leslie Anne McLean  
Stein Metzger  
David Monahan  
Bob Moore

Nancy Muller  
Rodman Muller  
John Oakley  
Jimmy Olds  
Annemarie Paulin  
Gerri Pedesky  
Tay Perry  
Liz Perry-Dugan  
Ginger Plasch  
Richard Riecker  
Hank Rigg  
Lei Rigg  
Luke Rigg  
Mark Rigg  
J. J. Riley  
Susan Rose  
Samantha Rudin  
Susan Rudin  
Michele St. John  
Buck Schmuck  
Marla Schreck  
Katie Scott  
Becky Sharp  
Kathy Sharp

Carolyn Skinner  
Lisa Siggers-Conway  
Mindy Starn  
Peter Starn  
Starr Sutherland  
Tiffany Sutherland  
Jeff Taylor  
Joan Taylor  
Kristy Taylor  
Susan Taylor  
Kimbal Thompson  
Nicki Thompson  
Jake Updegrove  
Ruth Updegrove  
Cindy White  
Mead Wildrick  
Alike Williams  
Bill Wilson  
Keoki Young  
Tsulan Young



# AROUND THE CLUB

By Raymond Ludwig, General Manager

The holiday season is a lot of fun. We have a chance to see and be with friends and family, attend many more parties than we have time for, eat and drink more than we should and generally have a great time.

And now, all too soon, it's the first week of January and we have to get back to the day in and day out routine of daily life. But as I said, the holidays were fun and we'll have the memories of all the good times for a long time to come.

And now back to reality.

## Hawaiian Open

The 26th annual Hawaiian Open will take place the week of January 14-20. The members of the Outrigger have been granted clubhouse privileges at Waialae during the week of the open.

In order to obtain admission to the clubhouse, you need only present your

OCC membership card. Waialae Country Club will be extending cash privileges for goods and services during the open.

## Membership Survey

During the month of January, we will be conducting a membership survey to assess the degree of member satisfaction with various services and operations that the Club provides.

Rather than ask you to fill out a long, all encompassing survey, we felt it more productive to prepare a simple one-page to-the-point survey specifically designed for certain departments in the Club.

The survey forms will be available during the entire month of January in the following departments: Dining Room, Lounge, Hau Terrace, Snack Shop, Beach Services, Beach Shop, Locker Rooms, Front Desk-Lobby, Business Office and Parking Lot.

Upon completion of the survey you can either return it to the Club by mail, or simply deposit it in the mail slot located in the Front Lobby.

Your written comments and suggestions are especially welcome and will be reviewed carefully. We, together with the House Committee, will correlate the survey results the first part of February and I will report back to you the results, along with a planned course of action, with respect to the membership's wishes.

This is an opportunity to let us know how your use and enjoyment of the Club can be enhanced. Please take a

few minutes to complete and return the survey.

## Caribbean Carnivale

Mark your calendar for Saturday, January 26. The Outrigger will be transformed into a Caribbean island for our Carnivale Caribbean party. This is a new theme we have added to our special parties and I'm sure you'll enjoy it. Reservations are being taken at the Front Desk. If I were you, I'd reserve my table now.

## Bylaw Reminder

One final note, I've been asked by a number of members to please remind members of the Bylaw pertaining to minors in the Bar or Lounge. Club Bylaw Section 45 defines the Club barroom as the carpeted room of the Club where the Bar, hanging canoe and television set are located.

Infants and other minors under 8 years of age, are not permitted in the Club Bar room at any time. Minors 8 years of age or older may be permitted in the Club Bar room at appropriate times to watch sportscasts on television or other special telecasts as may be deemed permissible by the general manager.

But in all cases, minors must be in the company and under the actual, effective and responsible supervision of an adult member. Under no circumstances will any minor be permitted to stand or be seated at the Bar.

I will remind you that this Bylaw will be strictly enforced.

**Princess Kaiulani**

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New Year



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# AS THE TERRACE TURNS

By Mary Machado

Becky Whitford and **Brad Thiessen** were married September 1 on the Mainland. They honeymooned in Oregon. . .

Congratulations to **Chris Duplanty**. He was selected to the U.S. National Water Polo team that competed in the 1990 Tungsram Cup competition in Hungary in November and in the World Championships in Australia this month. Chris was a member of the 1988 Olympic team.

What a sight! The seagulls tell us that **Arden Moore** can be seen every morning around 5:30 a.m. doing a strange jig while walking at Pacific Beach, near San Diego. No, she isn't crazy. She's just trying to pop kelp pods with her heels as she walks!

**David and Hannelore Doty** enjoyed OCC Sunday Brunch at Thanksgiving with children, Anthony, almost 2, and



*Mitchell Laurance, second from left, of LA Law, Matlock and Airplane I, enjoyed dinner at the Outrigger in October after a week stay at Bodil and Dave Anderson's Plantation Spa. Joining them was Melanie Greene, center right.*

Lauren, 5 months. They're visiting from their home in Minneapolis.

A recent entrant into the three-oh (30) club is **Jill Cheever**, who celebrated her birthday with family and friends on the Makai Lanai recently.

Walk, work, walk! Such a schedule for **Karen Tatum** who swims, rides her bike and walks 10 miles a day. She gets

in six miles before work and 4 miles after work.

**Debbie Balfour** celebrated a very special birthday at brunch on the Dining Terrace on November 18. Celebrating with her were Carol Wasnich, Cecil Allison, Suzanne Gilbert, Barbara Ho, Libby Sturges, Molly Strode, Maureen Price, Debra Balfour and hostess **Hattie Whitaker**.

Congratulations to **Di-anne Ackerman** and **Gerry DeBenedetti** for paddling in the first (and only) mas-

ters women's crew in the 6th annual Chick Ho Memorial race from Koko Head to Ala Wai Boat House. Their crew set the course record at 1:55.

Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Be sure to include your name and phone number in case additional information is needed. 7

## Know Your Committee



### Historical Committee

*Committee members include, front, Barbara Del Piano, Josephine Garner, Kehau Kea, chair; Genie McMahon, Marjorie Moore; standing, Bill Kea, Doug Jocelyn, Keith Steiner, Don Machado Sr., Ken Pratt, Ward Russell, Joe Mrantz and Chip Higgins. Not pictured: Coordinating Director Bruce Ames.*

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# Golf Chips From the 19th Hole

By Frank E. Walton

Pam Dillingham and James Gaddis are the 1990 Club Match-Play Golf Champions, Pam having defeated Joie Gopez 5 and 3 and Jim winning from Archie Kaaua 4 and 2.

The winners names will be inscribed on the perpetual match-play trophy which is displayed in the club trophy case. Joie Gopez and John Beaumont were the 1989 winners.

## HSGA Membership Fees Due

The 1991 individual HSGA membership fees for the Outrigger Canoe Club Golfers are due no later than January 15. OCC chits are now available in the Golf folder at the Front desk for current members to sign.

Other Outrigger members who wish to join the OCC Golfers may do so by submitting an application for membership along with an OCC chit for the 1991 individual HSGA membership fee. Forms are available in the Golf folder.

Golf Chairman Jim Hammons wants to remind all Outrigger members that membership in the OCC Golfers and the HSGA is a requirement for participation in the Club's 1991 golf tournaments.

## OCC Golfers Annual Meeting

The 2nd Annual OCC Golfers meeting and awards banquet will be held at the Club on Tuesday, January 22. The meeting will convene in Dining Rooms C and D promptly at 6 p.m. Dinner will follow at 6:30 p.m. in Dining Rooms A and B.

A quorum of 50% of the OCC Golfers, in person or by proxy, is required to elect officers for 1991 and to conduct other business. Flyers, proxy forms and a sign-up sheet are available in the Golf folder.

## Stroke Play Schedule

Golf Chairman Jim Hammons has scheduled six stroke-play tournaments for 1991 and has increased the number of playing slots to 36. Flyers and sign-up sheets will be placed in the Golf folder one month in advance of each tournament.

Following is the 1991 schedule:

Friday, Feb. 8 (7:56-8:52 a.m.)--Navy Marine

Wednesday, April 10 (7:56-8:52 a.m.)--Hawaii Kai

June (Approval pending)--Leilehua

August (Approval pending)--Kalakaua

October (Approval pending)--Kaneohe MCAS

December (Approval pending)--Hickam AFB

## 1991 Match-Play Championship

The 1991 Match-Play Championship will be conducted during the period May through November with about six weeks allowed for the completion of each match.

A draft notice to competitors and sign-up sheet will be placed in the Golf folder during the period February 9 through March 9.

All OCC golfers whose schedule will permit them to be available for the competition are encouraged to participate. All players will play with their full handicaps, so that a 20 or 30 handicapper has as much chance to win as does a scratch player. ⑦

## New Members

Regular: Cedric Baldwin, Bruce Christensen, Carol Kimble, Kimberly Manaut, Joan Pratt, Patricia Stanford, Theodore Tesman, Laura Wahlbrink.

Intermediate: Marion Philpotts-Miller, Carol Shea.

Junior: Douglas Anderson, Jean-Claude Bisch, Lindsey Breeden, Michael D'Enbeau, James Krueger, Tucker Siegfried

Nonresident: Richard Haben, Timothy Lyon, Virginia Rowan.



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# Your Job as a Sponsor

By Gerri Pedesky and Gerry DeBenedetti

Sooner or later, it happens to all of us. . .

Someone you know or a friend's friend says, "Would you sponsor me for membership in the Outrigger Canoe Club?"

You may not realize it, but saying YES is the first step to a lifetime commitment to this nominee. True! If a Club member messes up or gets in trouble or embarrasses the Club, what is the first question that comes up? "Who was Flubber's sponsor?"

We realize this is a sensitive issue because you may be pressured at work to sponsor your boss who seems to think that if OCC would have you as a member, they surely would want him/her.

Your first obligation is to yourself as a member of the Outrigger Canoe Club. This is the place you go to run away from "out there," to go for a swim, to decompress, to hit a volleyball instead of somebody or something else.

You come to eat delicious, reasonably priced food in an atmosphere and setting that make you appreciate why we are here in Hawaii, working hard to pay our bills at the Outrigger.

Ask yourself if this person will be good for Outrigger. Will he/she contribute time to the Club, time for sports, time for committee work, their professional talent or expertise in making the Club operate successfully.

We don't need users, we need givers and doers.

This is a family club. Will that person contribute to our "family" by helping to coach crews and teams, serving as a role model on the premises and at Club functions? If any impressionable child/youth sees your candidate grinding cigarettes out on the Hau Terrace floor, what does that mean about caring for our Club and respecting property?

If you have decided that the candidate really is somebody you want to associate with for the rest of your life, sit beside at canoe races, share the next bar stool with, work with on a committee, then your job as a sponsor is to "pick up the papers" at the Executive Office. Thus begins the process that commits you to guiding this person through the OCC Admissions and Membership process.

Each candidate needs two sponsors who are considered of equal importance. The sponsor should know and approve of the other person sponsoring the candidate.

Be considerate and keep your address and phone numbers up to date in the office. The office needs your current information to process "the paper," schedule the interview(s) and to contact you if any questions come up.

You will be responsible for contacting the candidate when it is time to meet the A&M Committee. When you come to the interview, both you and the candidate should dress appropriately. Informality is OK, but shorts or sweats

are not proper dress for a serious evening meeting in the Board Room. Remember, this is for the rest of your life.

Married candidates must always bring their spouses. Junior candidates, whose parents are nonmembers, must always bring their parents, regardless of the parents' marital status, unless a parent is not a resident.

These are the kinds of arrangements that will be handled between you and the office while your candidate is being considered for membership.

Future articles will deal with subjects such as:

"Why do I forget my name when A&M asks me who I am?"

"Does anybody read those letters of endorsement? Does anybody write any?"

"What happens after A&M approves or disapproves?"

"Who tells the candidate?"

## Update Your Records

Do your new OCC computer a favor . . . cut out this coupon and put both your

Home phone \_\_\_\_\_

Work phone \_\_\_\_\_

Name \_\_\_\_\_

OCC Member No. \_\_\_\_\_

and drop it in the mail slot in the Lobby.


Do this for every member of your family who has a membership number.

We find the phone numbers we have for members are out of date and it is hopeless to try and call anyone. Please kokua.

Mahalo.

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# Ian Emberson Wins Castle Swim

Ian Emberson won his fifth Castle Swim on November 25, just ahead of Jr. 'Rigger Joanna Reinhardt. Ian's winning time was 30 minutes, 15 seconds with Joanna close behind in 31 minutes, 11 seconds.

This was one of the largest fields in recent years, with 32 swimmers entered. The sky was clear and the water a bit cold, but otherwise conditions were perfect for the 17th annual event.

The race begins at the Outrigger hotel in Waikiki and finishes at the Club beach, a distance of about 1 1/4 miles.

Gerry DeBenedetti kept her record alive—she has been in all 17 Castle Swims. She won her 50-54 age division.

The Castle Swim is brought to you by the Swimming Committee, chaired by Pam Zak. Steve Zak provided the course start and timing.

Thanks also to Don Isaacs in the whaler, Cline Mann for setting the course and all the escorts who accompanied the swimmers.

After the last swimmer finished, everyone enjoyed the Sunday Brunch and awards ceremony.

## 17th Annual Castle Swim Results

Overall	Name	Time	Place/Division
1.	Ian Emberson	:30:15	1st, Men, Elite
2.	Joanna Reinhardt	:31:11	1st, Women, Elite
3.	Dale Hope	:32:50	2nd, Men, Elite
4.	Bruce Gordon	:33:29	3rd, Men, Elite
5.	Keoni Kino	:34:27	4th, Men, Elite
6.	Kisi Haine	:34:31	2nd, Women, Elite
7.	Diane Stowell	:34:44	3rd, Women, Elite
8.	Lee Carroll	:36:25	1st, Men, 35-39
9.	Jim Anderson	:36:28	1st, Men, 55-59
10.	Kimo Austin	:36:33	1st, Men, 50-54
11.	Rod Muller	:36:38	1st, Men, 30-34
12.	Twain Newhart	:37:58	2nd, Men, 30-34
13.	Dave Puder	:38:04	1st, Men, 45-49
14.	Bill Bright	:41:10	1st, Men, 40-44
15.	Bill Breeden	:41:37	2nd, Men, 40-44
16.	Norma Santiago	:43:10	1st, Women, 25-29
17.	Nancy Muller	:43:47	2nd, Women, 30-34
18.	Susan Taylor	:44:05	1st, Women, 19 Under
19.	Billy Bengston	:44:29	2nd, Men, 55-59
20.	Doug Kilpatrick	:44:34	2nd, Men, 50-54
21.	Tom Haine	:44:42	3rd, Men, 55-59
22.	Andrea Dolan/Owen	:45:06	3rd, Women, 25-29
23.	George McPheeters	:46:43	2nd, Men, 35-39
24.	Bruce Buckman	:47:50	4th, Men, 55-59
25.	Kent Davenport	:50:08	3rd, Men, 40-44
26.	Hank Rigg	:52:18	5th, Men, 55-59
27.	Jon Haig	:53:38	3rd, Men, 50-54
28.	George Crandlemire	:58:40	1st, Men, 60-69
29.	Gerry DeBenedetti	:58:58	1st, Women, 50-54
30.	Jan Newhart	:1:01:32	1st, Women, 60-69
31.	Jake Updegrove	:1:02:25	1st, Men, 70-79
32.	Michael King	:1:04:08	6th, Men, 55-59



Swimmers gathered on the beach at the start of the swim.



First finishers Ian Emberson and Joanna Reinhardt.



Jim Anderson received a Transpac Award for swimming 2,500 miles, the equivalent of swimming from Hawaii to the Mainland, at the Awards Ceremony. Mileage awards were also given to Aileen Soule, 1000 miles; Elizabeth Lacey, 750 miles; Laura Miller, 250 miles; and Nancy Peacock, 100 miles. Presenting the award is Gerry DeBenedetti.



Dale Hope receives his towel trophy from Pam Zak.

# JUNIOR 'RIGGERS

Congratulations to Age Ellis for being selected to the ILH all-star first team in football. Age was a defensive back for Kamehameha. He's a senior. . .

Matt Corboy and Chris Woo were selected to the ILH all-star second team in water polo. They're seniors at Punahou.

Congrats also to Kai Mowat. He took fourth place in the three-mile OIA varsity championships after winning that event in the jayvee championships. Kai's a freshman at Kaiser High School. He was also named to the OIA All-Star cross country team.

Stein Metzger was named ILH and state Player of the Year in volleyball. He was named to the first team for both ILH and all-state all-star teams along with Brian Wells of Punahou. Laya Clark of Iolani was named to the first team ILH and second team all-state. Brant Chillingworth of Punahou was named to the second team ILH and was given honorable mention all state.

David Buck won the ILH kayaking championship. Also placing in the finals were Sage Spalding and Lindsey Cassidy. . .

## Winning Photos Featured in February

By Becky Collins

Winners of the annual OCC Photo Contest will be featured in the Outrigger magazine in February and displayed in the lobby display case from Sunday, January 27 through Saturday, March 2.

There will be an awards program for all contest participants on Tuesday, March 5 at 6 p.m. in the Duke Kahanamoku Room. The pictures may be picked up at the conclusion of the program or starting Sunday, March 5, they will be available at the Front Desk.

Guest speaker at the photo awards program on March 5 will be Don Sakamoto from Eastman Kodak Company who will discuss the merit of the individual pictures and offer suggestions to keep in mind for next year's contest. ☺

First woman to finish in the Castle Swim was Joanna Reinhardt. Also swimming was Susan Taylor.

Contributions to this column are always welcome. Leave items for the

Editor at the Front Desk. Be sure to include your name and phone number in case additional information is needed. ☺

Give your teen a Christmas gift they'll open up in June and will use for the rest of their lives. . .

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# R FOR HEALTH

By Norman Goldstein, M.D., F.A.C.P

Locals call it "kane", but it occurs on wahine skin just as often as on men! Samoans call it "tane." Visitors may hear the term "sunspots" or "haole rot."

Doctors call it the "TV" infection--not TeleVision but Tinea Versicolor--fungus of varied colors.

This very superficial fungus or "ringworm" infection, is the cause of white or red or tan or brown scaly spots ("versicolor"--many colors) usually seen on the arms and front and back of the chest. It usually doesn't itch, sting, burn or bother the person at all--except for the unsightly appearance.

But this fungus likes Hawaii, suntan lotions and other oils. So it can occur on any part of the skin, even armpits.

Most people know when they have the T.V. fungus, but if you aren't sure, you can scrape it with your fingernail (it doesn't grow under the nails though other ringworm infections can) or better still, with a Q-tip or toothpick. If there is a very fine scale, that is usually "kane." If there is no scale, it may be another white spotted condition called vitiligo.

This fungus thrives on oil, so acne-prone or oily people tend to get more. And if you use an oil-base sunscreen or coconut oil or kukui nut oil, you actually feed your fungus.

## How to Treat Your TV Fungus

Dry your skin! Ironical as it seems, you have a dry, scaly condition and you must dry it more? Yes, because the fungus likes oil, no oily products on the skin. No moisturizers, no lubricants, etc.

Use an acne-type soap or wash. There are many non-prescription over-the-counter products that contain benzoyl peroxide, sulfur or salicylic acid.

Gentle abrasion with a "bufpuf" or abrasive grains. The bufpuf has a handle to wash the back.

Tanning and sunning in moderation! Yes, sun in moderation will dry and peel the skin.

Anti-dandruff shampoos, used either as a liquid soap or as a lotion, left on the skin for a few hours or overnight, and then washed off, will kill some of the organisms.

Nizoral or ketoconazole cream or


tablets (by prescription only) may be necessary for resistant or widespread infections.

## How Is It Spread?

We're not really sure, but probably skin-to-skin contact is the most common way to get it.

The TV fungus is not serious, is dif-

ficult to spread to other people, never becomes cancerous and never goes inside, but it can look unsightly. Keep it dry, try some of the simple but effective over-the-counter treatments, and enjoy the beach, the board or the boat and the Club, but don't overdo the sun exposure. ☺



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# Best Chefs

By Kathy Merrill

Here are two great pupu recipes brought back to Hawaii by Nina Rohr after her year long stay with her aunt in Shaber Heights, Ohio.

Nina went to Hathaway Brown School while in Ohio. The school put together a classic little cookbook as a fundraiser, and Nina has chosen the following as her favorites to serve her friends at a party. They're both quick and easy.

**Peached Brie in Phyllo**  
2 tablespoons peach jam  
1/4 pound phyllo dough  
9-10 ounces Brie cheese  
1/4 cup butter, melted

Spread jam on top of Brie. Wrap Brie in one phyllo dough sheet at a time, brushing each with melted butter. Turn cheese over after each phyllo sheet addition. Chill or freeze. Bake in pre-

heated 425 degree oven for 8-12 minutes in a shallow baking pan. Let stand 10 minutes before serving.

Serves 8-10.

**Gouda Basket**  
1 1-pound Gouda cheese at room temperature  
Dijon mustard  
1 tube unbaked crescent rolls  
1 egg

Remove loax from cheese and brush with Dijon mustard. Carefully unroll dough. Lay on flat surface and with fingers pinch together holes, creating a continuous sheet. Be sure all holes are sealed or cheese will seep out during cooking.

Place cheese in middle of dough and bring edges up over cheese, creating a bag-like effect with a fluted top. Secure with a twist tie or string. ☺

# Carnivale Caribbean

By Valerie Davis

Hey Mon! Let the Carnivale begin! This much anticipated night will be the first Outrigger party of 1991, and a fantastic evening is planned.

On Saturday, January 26, steel drums will play, the aroma of West Indian spices will be in the air, and the Club will become its own island in the Caribbean.

You can enjoy exotic drinks such as "Yellow Bird," "Blackbeard's Cooler" and a wild concoction known as "Pussar's Pain Killer" from the renowned Pussar's Pub in Tortola, British Virgin Islands.

You will be able to feast on the likes of Fish Creole, Rum Glazed Ribs, West Indian Shrimp Curry, Jamaican Coconut Chicken, Key Lime Pie and other such Caribee favorites.

Come listen to the beautiful sounds of calypso and reggae performed by Frank Leto and his band "Pandemonium." You might even want to try the

limbo! Wear your most colorful clothes and head on down to join the fun.

Early reservations are a must for this event and tickets are on sale now at the Front Desk for just \$18.95. The Pub opens at 6 p.m. so gather all your friends and plan to be there to get into the spirit of Carnivale Caribbean. ☺

## In Memoriam

Carl P. Miller  
Deceased: August 30, 1990  
Member: 17 years

Fritz B. Herman  
Deceased: November 12, 1990  
Member: 31 years

Valdemar Knudsen  
Deceased: November 17, 1990  
Member: 51 years



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# FOR THE RECORD

## Running

Make-A-Wish Run '90, 4 Miler

11/12/90 Manoa Valley

Emery Lucas, 7th overall, 1st age group, :25:48

Patty Smith Memorial 5 Mile Run

11/18/90 Ala Moana Park

Emery Lucas, 2nd 40-49, :35:41

RRCA 5K Hawaii Championship

11/18/90 Kapiolani Park

Russell Allen, 1st, 60-64, :19:40

Jack in the Box Zoo 5K Road Race

11/24/90 Kapiolani Park

Russell Allen, 1st, 60-69, :19:33

Emery Lucas :21:34

Ruth Munro, 1st, 60-69, :29:30

Gina Schultz, 5th, 45-49, :24:53

Carol Vieira :39:30

Bob Vieira :29:39

Diamond Head 8K Run

12/2/90 Diamond Head/Kapiolani Park

Emery Lucas :36:02

## Kayaking

ILH Meet

11/10/90 Ala Wai 250 yards

Matt Corboy, 1st, A Division, :59:20

David Buck, 3rd, A Division 1:02:09

Nathan Wilbur, 2nd, C Division 1:04:02

Robert Reicker, 3rd, C Division 1:04:36

Daniel Knoke, 2nd, D Division, 1:07:26

Joanna Reinhardt, 3rd, A Division 1:12:67

Kelsey Muller, 3rd, C Division 1:17:65

Sky Reynolds, 2nd, D Division 1:19:67

Susan Taylor, 2nd, E Division 1:21:81

## ILH Meet

11/17/90 Ala Wai 250 yards

Joanna Reinhardt, 3rd, A Division 1:08:65

David Buck, 1st, A Division, :57:65

J. P. Canlis, 2nd, A Division, :58:50

Robert Reicker, 3rd, C Division 1:07:17

## ILH Championships

11/24/90 Ala Wai 250 Yards

Lindsey Cassidy, 1st, B Division 1:18:13

David Buck, 1st, A Division :59:83

Sage Spalding, 2nd, A Division 1:00:64

## Swimming

Nuuanu YMCA Turkey Swim

11/17/90 Ala Moana Park

Jim Anderson, 1st, 55-59, :31:51

## Body Boarding

Makapuu Morey Boogie Bodyboard Contest

11/11/90

Pat Caldwell, 3rd, Expert Open

## Kalakaua Regatta

11/18/90 Ala Wai Harbor to Honolulu Harbor

One Man Canoe

Mark Rigg, 1st, Open, :58:31

Todd Bradley, 2nd, Open, 1:00:14

Grady Bintliff, 3rd, Open, 1:01:46

Easton Manson, 1st, Junior, 1:00:35

Tom Conner, 1st, Masters, :58:19

Tay Perry, 3rd, Masters, 1:05:38

Cathy Ho, 2nd, Women, 1:18:23

Surf Ski Kayak

David Buck, 2nd, Intermediate, 1:15:23

Jody D'Enbeau 3rd, Novice, 1:06:40

Mark Buck, 2nd, Masters, 1:11:09

Lesline Conner, 2nd, Women Open, :58:27

## Hydrofest Triathlon

11/11/90 40K Bike, 1500 Swim, 10K Run

Don Eovino 2:56:18

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# January/February 1991 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NEW YEAR'S DAY  Bowl Games in Bar All Day	2 Aerobics 8 a.m.	3 Historical Comm. Mtg. 5 p.m.	4 Water Aerobics 8 a.m.  SEAFOOD BUFFET 6 p.m.	5 DUKE HEATHERLY ORCHESTRA 7-10 p.m.
6 Sunday Brunch 8:30 a.m.  Sunday Buffet 6 p.m.	7 Aerobics 8 a.m.  Bridge Noon	8 A&M Comm. Mtg. 5 p.m.  B&G Comm. Mtg. 11:30 a.m.	9 Aerobics 8 a.m.  Entertainment Comm. Mtg. 5:30 p.m.  ODKF Board Mtg. 11:30 a.m.  Long Range Planning Comm. Mtg. 5:30 p.m.	10 Executive Comm. Mtg. 5 p.m.	11 Water Aerobics 8 a.m.  House Comm. Mtg. 11:30 a.m.	12 DUKE HEATHERLY ORCHESTRA 7-10 p.m.
13 Sunday Brunch 8:30 a.m.  Sunday Buffet 5-9 p.m.	14 Aerobics 8 a.m.  Bridge Noon	15 A&M Comm. Mtg. 5 p.m.	16 Aerobics 8 a.m.	17	18 Water Aerobics 8 a.m.	19 DUKE HEATHERLY ORCHESTRA 7-10 p.m.
20 Sunday Brunch 8:30 a.m.  Sunday Buffet 5-9 p.m.	21 Aerobics 8 a.m.  Bridge Noon	22 OCC Golfers Annual Meeting 6 p.m.	23 Aerobics 8 a.m.	24	25 Water Aerobics 8 a.m.  Board Meeting	26 Kayak Race 10 a.m.  CARNIVALE CARIBBEAN 6 p.m.
27 Sunday Brunch 8:30 a.m.  Sunday Buffet 5-9 p.m.	28 Aerobics 8 a.m.  Bridge Noon	29	30 Aerobics 8 a.m.	31	1 Water Aerobics 8 a.m.  SEAFOOD BUFFET 6-9 p.m.	2 DUKE HEATHERLY ORCHESTRA 7-10 p.m.

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- Poached Fish Cubes in Lime Mayonnaise
- Creole & French Food

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On the Cover: Nearly 150 Outrigger members helped at the OCC Honolulu Marathon Aid Station on December 9. The Club's top finishers in the Marathon were Matt Kresser, Tracy Smith and Tommy Holmes. Photos by Marilyn Kali.

## the Outrigger

Published monthly by the  
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2909 Kalakaua Avenue at Diamond Head  
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Phone: 923-1585, 921-1485  
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