

Outrigger Wins Molokai Hoe Race



By Steve Scott

The Kaoloa is escorted past Kahala on way to finish line at Ft. DeRussy.

To most canoe paddlers, the mention of the Molokai to Oahu canoe race evokes thoughts and dreams of one day competing in outrigger canoeing's ultimate challenge.

For most crews, it's a goal to just finish the race, but for only a few is there a legitimate opportunity to finish first. Consider that over the last 10 years there are about 50 paddlers that have met the challenge and understand what it takes to be a winner in the Molokai to Oahu canoe race. During that time period, the Outrigger Canoe Club has won six races.

The 1990 Men's Molokai to Oahu Canoe Race would be the true character test for the Outrigger Canoe Club, after last year's disappointing seventh place finish.

The sign of a winner is not how he handles winning, but rather how he accepts losing. Winners bounce back with even more determination, and boy, did the Outrigger bounce back.

Going into the Molokai to Oahu canoe race, Outrigger had placed first in all but one distance race, setting records in two races, and the second crew had done well beating most other club's first crews.

With that type of competition at practice, each crew pushing the other, Outrigger would be ready for everyone they faced on the starting line at Hale O

Lono Harbor on October 7.

Outrigger's first crew raced in the Kaoloa, its koa racing canoe, and after the first few minutes of the race had paddled into the lead.

The starting crew of Kainoa Downing, Walter Guild, Bruce Black, Mark Rigg, Courtney Seto and Tom Conner held that lead of five boat lengths to the first change.

The change was made just past Laau Point, with Mark Sandvold, Chris Kincaid and Geoff Graf getting in the Kaoloa, and the race was on with a battle for first place with Outrigger Australia

For an hour and a half, each crew pressed the other. After a bad drop for a change with Outrigger, the Australian crew was able to gain an advantage of a few boats. Outrigger came back up, when all of a sudden the Australian canoe took off on a swell traveling perpendicular to the course, sitting in front of the Outrigger.

As they passed, the Kaoloa hit the back manu of the Australian canoe, and with their crew leaning away from the impact, they flipped over. Surprisingly, they righted the canoe quickly and were back in the race within a minute, but they would no longer challenge the Outrigger.

With our course set for Black Point, we paddled hard into the outgoing tide on Oahu. While the crew had hoped for an ocean where we could do some surfing, it was more like a washing machine with no clear swell direction.

We just wanted to get past Koko Head and surf towards Diamond Head. With our competition south of us, they would have a harder time than we did getting close to Oahu, and we were secure knowing we had the race won as long as we didn't let up.



The Rigg family had a big welcome back for Mark.



Outrigger's winning crew with their trophy. Front, Bruce Black. Standing, Todd Sandvold, Kainoa Downing, Mark Rigg, Geoff Graf, Walter Guild, Tom Conner, Courtney Seto, Coach Steve Scott, Chris Kincaid.



Canoe Racing Chairman Chris Kincaid is welcomed home by wife, Genie.



Courtney Seto won his first Molokai race.



Steersman Tom Conner is interviewed.

This is where the dedication of this crew showed, because they pushed the rest of the way to the finish line at Ft. DeRussy.

The Outrigger Canoe Club had won the 40.8 mile event in 5:19:38, but the exclamation point to our victory came with OCC's second crew finishing fifth overall in 5:37:07.

With the level of competition from international and select crews, this was a substantial accomplishment from Wyatt Jones, Tom McTigue, John Eveleth, Todd Payes, Grady Bintliff, Todd Bradley Bruce Eliashof, Tom Harrer and Matt Kresser.

This was a true team effort for the open crews. For some, it was vindica-

tion for last year's finish. For three (Seto, Sandvold and Graf) it was their first win. And for everyone who had paddled for the open crews at the Outrigger Canoe Club, it was finding out what it takes to win the Molokai to Oahu Canoe Race.

OCC Crews Dominate Molokai Hoe

By Kristen & Todd Bradley

Along with other family members and friends of paddlers, I spent the morning of October 7 listening to KCCN Hawaiian music radio station. The station kept tabs on the Molokai race, listing current standings throughout the morning.

I was happy to hear that the first crew had a firm hold on first place, but as they listed up to 10th place, I wondered where the second crew was.

I arrived at the beach in time to witness the glorious finish of Outrigger's first crew, and then prepared for what I thought might be a long wait. Offshore finished second, Hamilton Island was third and Lanikai came in fourth.

As the fifth place boat came into view, I strained to identify it even though the announcer said it was Tahiti. It approached the beach and I knew I recognized the steersman wearing a white hat as my husband.

As the realization electrified the OCC crowd on the beach, no one even heard the announcer stumble over the identity of the crew: she said Tahiti and then Hamilton Island, and finally with surprise, Outrigger No. 2.

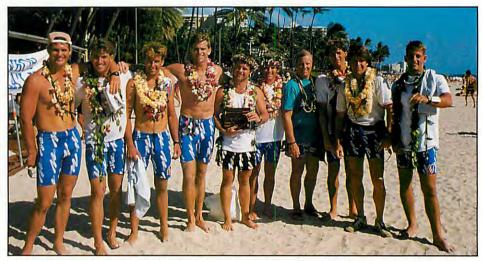
OCC's second crew, comprised mostly of novice paddlers, finished an incredible fifth. What follows is Todd's account.

After a great showing in the Pokai Bay Race against crews like Hui Nalu and Lanikai, we knew we had a shot at doing well in Molokai. Steve Scott continued to ride us hard both physically and mentally. It was tough to make either open crew and the second crew was cut to its final nine one week before Molokai.

The crew was Grady Bintliff, Todd Bradley, Bruce Eliashof, John Eveleth, Tom Harrer, Wyatt Jones, Matt Kresser, Tom McTigue and Todd Payes.

Our crew would be racing in the fiberglass canoe Iwalani and we were excited about having this boat, the best of its class. We knew it was now up to us.

The weather forecast for Sunday was 15-25 knot winds and 8-10 foot



Finishing fifth in the Molokai Hoe Race were Tom McTigue, Todd Payes, Wyatt Jones, Tom Harrer, Todd Bradley, Grady Bintliff, Coach Steve Scott, Bruce Eliashof, Matt Kresser and John Eveleth.

seas. This was the final ingredient we needed to do our job because we knew we had the ability to surf in rough seas.

Sunday at 4 a.m. I woke up the boys with a tribal yell and team cheer. After forcing down breakfast, we were in the van on our way to Hale O Lono Harbor. A pre-race check and a prayer and we were out to the starting line, accompanied by Dale Hope and Howard Word in our escort boat.

The Molokai Hoe starts are always exciting and never start officially. We lined up close to the first crew in koa and the ritual of inching the line began. Before the starter boat had a chance to get up front, the starting frenzy began and the race was on.

Our goal was to be part of the top five boats at Laau Point with a straight line course to Black Point. We reached Laau seventh and the boats in front of us split south and north leaving us on our own line all alone.

The sea was calmer than we hoped but we made do. I kept a straight course for Black Point and began to push the boys. With no competitors in sight, it's difficult to keep up the motivation. I kept reminding the boys to make every stroke and every change our best.

Ten miles off Koko Head, we saw

the Australian XXXX crew about 1/2 mile ahead of us. We kept our line and they moved south to cover us. We converged 15 minutes later and were even with them. After catching a couple of short waves, we left them behind us.

Five miles off Koko Head, we approached Kai Opua, the Tahitians, Hui Nalu and Lanikai. Kai Opua was 1/4 mile ahead of us and north and the other three were about a mile ahead and south.

I knew the current would be working against everyone at Black Point and Diamond Head and wanted to avoid being stuck outside where the current was worse.

We passed Kai Opua at Portlock and then hit "the river" the strong line of current that comes around the corner from Diamond Head. The pack with Tahiti, Hui Nalu and Lanikai was now 3/4 of a mile ahead and south and I knew we had them beat if they stayed south. At Niu Valley, I made my move inside across the current. The pack was pulling ahead but I was confident that once they hit Black Point, they'd hit bad water.

Lanikai, ahead and south 3/4 mile, saw us and moved to cover. The oth-

Masters Claim Molokai Victory

By John Finney

Dateline Tangier-

While aboard the QE II somewhere off the coast of Morocco, I have really had time to reflect upon and write my thoughts on the recent victory of the OCC Masters in the Molokai to Oahu canoe race held October 7.

This victory in the highly competitive masters men division (35 years and older) establishes another solid precedent to our claim of being the world's best masters canoe crew. It also represents the fourth victory for the OCC Masters since this division was created in 1984.

The crew, which is known within our Club as the "Dinosaurs" consists of an impressive number of former Molokai champions and journeymen paddlers.

Our line up for the race included Bill Bright, Bob Riley, Jack Feher, John Finney, Mark Buck, Brant Ackerman, Tim Guard, Henry Ayau and Greg "New Boy" Rudin.

Other members of the Dinosaurs include Mike Clifford and Steve Van Lier Ribbink who could not participate in the final race because of personal business.

The race was dramatic with difficult ocean conditions. Of course, veteran Molokai steersman Brant Ackerman did a masterful job of using the ocean and our fiberglass canoe the Holomalie to our advantage. We established an early lead in our division and held on to it.

We were in 10th place overall for most of the race. We finished 14th in 5:49:58 with only three minutes separating our crew from the ninth place finisher.

Bill, Bob and Tim served as principal strokers although Mark Buck and I ended up in the "hot seat" at critical stages. The "engine room" was ably powered by Greg, Jack, Henry and I.

The superb effort put in by the entire crew meant the difference between victory and disappointing defeat since the Marina del Rey Masters all-stars finished 16 seconds behind us in 5:50:14.

The OCC Masters Crew has established a winning "mind set" which has taken us to the top all year. Victories include the masters championships in



Outrigger's Masters Crew included Mark Buck, Greg Rudin, Bob Riley, John Finney, Brant Ackerman, Tim Guard and Bill Bright. Not pictured: Henry Ayau and Jack Feher.

the state regatta championship, the Queen Liliuokalani Race, the Skippy Kamakawiwoole title and finally the Molokai title.

We believe we have added another proud chapter to the OCC paddling legend.

I'd like to thank our support crew for the final race which included Jackie Maguire, escort boat; Cline Mann and David Buck, tactical advisors, and Mahi Riley, mothering and massage. Without their help, this effort would not have proven victorious.

Winter 10K Paddleboard Race Set, December 29

The 13th annual Winter 10K Paddle-board Race will be held on Saturday, December 29 at 10:30 a.m. at the Club. In addition, an 8K One Man Canoe race and an 11.5K Kayak race will be held.

The race is open to the public. Some Club paddleboards are available for use by members.

The paddleboard race is twice around a 5K course, thus allowing spectators at the Club to follow the race from the start, the halfway point and the finish.

Registration will be accepted on the

Terrace before the race, beginning at 9:30 a.m. An awards ceremony and luncheon will follow the race.

Heath Hemmings is the defending paddleboard champion, finishing one second ahead of Aaron Napoleon and two seconds ahead of two-time defending champion Chris Moore last year in a very exciting race.

Kevin Olds won the one-man canoe race last year and Geoff Graf won the kayak race.

OCC Life Member: Albert E. "Toots" Minvielle

By Ray Suganuma

Albert E. Minvielle, the father of the Molokai Canoe Race, better known as "Toots", became a junior member of the Outrigger Canoe Club in June, 1917.

He recalls that his monthly dues were 50-cents at the time and senior members paid 75-cents.

He and his friends cooked their own lunches because there was no snack bar. A questionable dish made of pork and beans, sausage and spaghetti was dubbed 'Sampan Grub' aka "Outrigger Surprise'. It was the carbo loading dish of 1917. Yes, things were different then.

Toots was an avid swimmer and canoe paddler. In 1920, he raced Duke Kahanamoku in a canoe race for the first time and won. The informal race developed as the two crews were leisurely returning to the Club from Honolulu Harbor.

"Duke decided to steer his canoe into the surfing area which was breaking at the time. The maneuver proved costly and we won," recalls Toots.

He remembers competing against the Yale University Swim Team in 1921. They challenged OCC to a six man relay race. Each team member had to swim 100 yards.

Toots had already established himself as a noted swimmer by winning the Castle Swim several times. True to form in the relay, with Yale ahead, he contributed to the OCC victory by regaining the lead swimming number four.

Toots was an entrepreneur as well as an athlete. By 1934 enterprising beach boys were capitalizing on the tourist trade at Waikiki Beach by providing canoe rides, surfing lessons and other beach services.

Toots drafted a beach services concession plan for OCC and was certain the Club would profit from the venture. The Board, however, vetoed his proposal. Undaunted, he channeled his energy into other areas.

By 1948, he had started his own business. Educated as a structural engineer and land surveyor, his company provided extensive engineering services for a Molokai water project. He married Florence Mildred Tummonds the same year.

Recognized as the father of the Molokai Canoe Race, he experienced a



multitude of problems sanctioning the race. The OCC Board initially considered crossing the Kaiwi Channel "too dangerous."

Two Molokai race seasons later, OCC eagerly entered the race. As the race gradually gained acceptance, Toots searched for new racing challenges. The idea of organizing a Hawaiian canoe race in California fascinated Toots. The purpose of the race and the staging of future races beyond Hawaiian waters was to introduce the sport of Hawaiian outrigger canoe racing to other cultures, promote the aloha spirit and provide paddlers an opportunity to experience a cultural exchange.

Winning was always secondary to these goals for Toots.

A fellow member vividly recalls serving with Toots on the Board of Directors.

"You just knew when Toots had that gleam in his eyes, absolutely nothing could keep him from speaking his mind on any topic. He had very definite ideas regarding the future direction of canoe racing.

"He may not have won the battles, but you had to admire his loyalty to his own convictions. Toots is a unique, one of a kind person, who is highly regarded and well respected in our sports community."

The Board awarded Toots with Life Membership in 1977.

ODKF Donations

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AS THE TERRACE TURNS



By Mary Machado

Anita Carlisle entertained her friends Tom and Phillis Christensen and their son from Newport Beach at dinner at the Club in October.

Congratulations to Dr. George Starbuck on being named Physician of the Year by the Hawaii Medical Association. . .

Enjoying Sunday Brunch on the Lanai were Maggi Parker with Tahitian friends Sandra Zarzi and Natalie Ehrhart who are currently studying in the islands.

Pat and Ruth Muller, vacationing in Cabo San Lucas, Mexico, were staying at Hotel Melia Cabo Real when they ran into Karl and Kuulei Heyer, who were also staying at the same hotel. "The Heyers took us to a wonderful restaurant, Da Giogio, in the hills overlooking the peninsula. This is a real must if you're staying in Cabo," said Ruth.

Pamela Andelin, formerly lived on Lanai. Her artwork, numerous Lanai scenes, can be found in the guest rooms at Koele Lodge. . .

Mark Campbell is enjoying his senior year at Idaho State where he's leading the Bengals on the football field. He's been named defensive player of the game twice this season and was awarded the John Vesser Trophy for being the top defensive player in the homecoming game against Nevada-Reno. Mark



Newlyweds Vicki Langeliers and Ray Suganuma were married August 25 at Kawaiahao Church.

would like to play pro football and has been contacted by a team in Italy about playing in the new World League of American Football.

Outrigger is still home to the Honorary Consul of Italy for Hawaii. Louis J. Finamore has succeeded Guido Salmaggi in the job.

Snow in the mountains and 69 degree water didn't prevent James Krueger from breaking his third World Senior Games swimming record and collecting his fourth gold medal at the games. He won the 50, 100, 200 and 500 freestyle events, setting records in the first three. Congratulations!

"Make mine strawberry." That was Allen Johnson's response to his orthopedic physician when asked what color plastic cast he preferred to patch up his broken ankle. Allen, enjoying Sunday

Maybe the terms first crew and second crew are on their way to becoming misnomers. There are just two open

It takes two good crews to push each other to be their best; and both crews agree, that it was the efforts of each crew that helped us both to achieve our victories. If we again pool the OCC's talent, I believe that next year both open crews will be on top.

The crew is very grateful to our primary helper Dale Hope and our boat driver Howard Word for their valuable help and inspiration during the race.

Brunch on the Terrace, commented that a previous patient chose the UH Rainbow motif on his cast.

Fitness Center attendant Adam James invites all senior women to become better acquainted with the equipment in the Fitness Center. He's happy to demonstrate and answer questions. Stop by and ask for details.

Contributions to this column are always welcome. Leave items for the

Editor at the Front Desk. Be sure to include a phone number in case additional information is needed.

OCC Crews Dominate. . .

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ers stayed south and as we reached Black Point, we passed them. We caught a great wave at the Lighthouse which put us right behind Lanikai. We took turns catching waves but at the OCC, we still hadn't been able to pass them. We ended up finishing fifth, just behind Lanikai in 5:37:07.

We had pushed ourselves to the limit and I feel my crew performed to the best of their ability. I would not hesitate to cross the Molokai Channel again with this crew.



Photo by Marilyn Kali

Senior Masters Finish 2nd

By Bruce Ames

On Friday, October 5, half of the members of the Outrigger Canoe Club's Senior Masters long distance canoe racing team flew to Molokai to prepare their fiberglass canoe, the Kilakila for Sunday's Molokai Channel Crossing.

Tay Perry, Ken Stehouwer, Scott May, Roger Cundall and Bruce Ames, with the cooperation of Jerome Kalama, were able to pick up the Kilakila from Kalama's house in Kaunakakai, ferry it down to Hale O Lono and rig it, thereby avoiding the always frantic rigging scene which takes place at the harbor on Saturday's before the Molokai race.

On Saturday the 6th, Mike Town, Kent Giles, Tom Merrill, Hank Lass and Kawika Grant joined the Senior Masters on Molokai. Saturday was spent lounging around the hotel drinking carboflex and indulging in true story enhancement. Scott and Tay both hit personal food consumption highs to the delight of all.

New additions to the Senior Masters for the 1990 Molokai included rookie Giles, Cundall and Perry. Kawika was the team's alternate and change-chart organizer. Cundall's fishing boat, the Pahiki, was the team's official escort boat skippered by OCC member Bill Andrews. Special thanks to Roger for the use of his boat, Andrews for driving and Grant for coaching.

1988 and 1989 saw relatively calm oceans for the Molokai race; however, this year, the conditions were more like what makes the Molokai Channel famous.

Twenty-five knot winds and 12 to 14 foot ground swells made the crossing exciting and exhilarating. Although were was a lot of bailing, the crew managed to keep the boat upright the whole way, crossing the finish line in 6:15:53 to ultimately end up in 33rd place out of 51 entries and second in the senior masters division.

Senior Masters must be 45 years of age or older. The range of age in OCC's crew was from 45 (Giles) to 64 (Lass). All members of the team performed outstandingly well and were strong at the finish.

Throughout 1990, the Kailua Senior Masters crew has defeated the OCC Senior Masters in some races by seconds and others by minutes. Unfortu-



OCC Senior Masters Scott May, Roger Cundall, Tay Perry, Hank Lass, Mike Town, Tom Merrill, Bruce Ames, Ken Stehouwer. Not pictured: Kent Giles.

nately, OCC came in second to Kailua in this year's race but only by six minutes.

Tay Perry, out-doing Lenny Bruce, entertained the paddlers with his rye wit and humor, all of which cannot be included here though some of the material is being used by "2-Live Crew" and the AGR (Association of Gerbil Ranchers).

The members of the crew would like to thank the Canoe Racing Committee, Coach Tom McTigue, Coach Jody D'Enbeau, Chris Kincaid, Coach Kawika Grant, Walter Guild, Jerome Kalama and Steve Scott for all of their support and assistance in making this once again a successful year for the Senior Masters.

New Members

Regular: Howard Greer, David Kerr, Cynthia Mahoney, Robert Reed, Claire Rienzi, Susan Rudin, Richard Towill.

Junior: Laya Clark, Joelle Doo, Tyler Forrest, Catherine Goldsmith, Charles Mattson Jr., Sean Rostron.





AROUND THE CLUB

By Raymond Lugwig, General Manager

By the time you read this, the holiday parties will be in full swing. We've planned a number of holiday activities for your enjoyment this holiday season. So be sure to mark your calendar so as not to be left out.

On Friday, December 7 we'll present our annual Christmas Fashion Show in the Main Dining Room. The show starts at 12:30 p.m. The holiday fashions will be presented by Princess Kaiulani. This show is sure to be a sell out so I'd suggest that you make your reservations early.

Keiki Christmas Party

Monday, December 17 is the date for our annual Keiki Christmas Party. Reservations are being taken in the Main Dining Room. We will feature a special keiki buffet at 5 p.m., J. J. the Clown and the Rudolph the Red Nose Reindeer will entertain the kids and mom and dad. Santa will arrive via outrigger canoe at around 6:30 p.m. and distribute gifts and candy to all the children. This is sure to be a fun night for the whole family.

Christmas Music at Lunch

During Christmas week, the 18th through 22nd, we have arranged to have pianist Pat Silva entertain during lunch in the Main Dining Room from 12 to 2 p.m. He will be playing all your Christmas favorites.

And on Friday, Dec. 21st, joining Pat will be the Sounds of Aloha barbershop quartet with their very special rendering of holiday favorites.

Christmas Eve Buffet

Christmas Eve falls on a Monday this year so we will feature a special Buffet in the Main Dining Room. Seating starts at 4:30 and goes until 9 p.m.

Christmas Party for Members

Christmas Day will feature our traditional party for members only. Please join us for the party on the Hau Terrace from 12-3 p.m.

This party is for members and their immediate family only. No nonresident B's or C's and no guests.

Christmas Day Buffet

Dinner on Christmas night will feature a very special Christmas Buffet with seatings at 4:30, 5, 6:30, 7, 8, 8:30 and 9 p.m. I strongly recommend that you make reservations as early as possible.

New Year's Eve Dinner Dance

On New Year's Eve, Monday, December 31, welcome in the New Year at a special Dinner Dance in the Main Dining Room from 9 p.m. to 1 a.m. Cost per person is \$42.50 This includes a complete gourmet dinner, lots of New Year's favors, champagne and the music of Duke Heatherly and his Orchestra. Reservations are a must and are limited to the first 200 persons.

Beach Shop Discount

Don't forget to take advantage of our 20% discount for all purchases in our Beach Shop through December 15. Also a good and useful gift is our Outrigger Canoe Club Gift Certificate available at the Front Desk in denominations of \$25 per.

Mahalo

I would like to thank Barbara Sharp, who almost single handedly put together all the Christmas decorations seen throughout the Club.

Smoking Banned in Restrooms

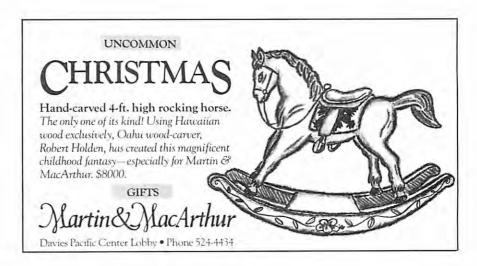
One bit of business, the Board at the October 26 meeting designated both men's and women's restrooms as non-smoking areas. The appropriate signs have been ordered and will be posted within the month.

New Wine Supply

Wine lovers will be happy to learn that we have obtained a limited supply of 1990 Beaujolais Nouveau which is now available in the Main Dining Room. Check with our wine sommelier for other special offerings.

Holiday Greetings

From the entire management staff we wish you a Merry Christmas, a safe healthy and Happy New Year.



ODKF Launches Fundraising Campaign

Year end is the period when most people seek to obtain all possible tax advantages and deductions, so it is also the time when they make the majority of their charitable contributions.

Not surprisingly, therefore, not-forprofit institutions mount a special effort during the fourth quarter to secure the financial resources they need to fulfill their missions.

The Outrigger Duke Kahanamoku Foundation is no exception. All OCC members are being asked to support the ODKF before 1990 comes to an end.

The ODKF's Board of Directors has embarked upon a focused and structured development program. The objective is to build the endowment to the \$1 million level.

As President Tom Lalakea notes, "The ODKF is a unique and especially deserving recipient of our charitable dollars. Over the years, we have supported many outstanding athletes and, in the process, have helped call nationwide attention to sports that are of special interest to Hawaii.



"But," he added, "we want to do much more. We would like to triple the number of grants awarded each year. The only way we can do this is to increase our endowment significantly. Hence our expanded effort to seek the help of OCC members."

ODKF Vice President Elia Long heads the Development Committee. He reports that all OCC members are being contacted by mail, and that many are being telephoned by volunteers.

He emphasizes that members can authorize the Club to add whatever amount they wish to their monthly statements as a gift to the ODKF. (This can be a one-time contribution, or a pledge extending over a period of months.)

In addition, a new organization, the Duke's Gold Medalists, has been formed to seek and recognize donors of \$1,000 or more to the Foundation. The program is chaired by Rab Guild.

Guild indicates that the Directors already are calling on several prospective Gold Medalists, and that the program of personal solicitation will extend through mid-1991.

"But it is impossible for us to contact every OCC member personally," he observed. "We hope that many will be interested enough in the concept to contact Elia Long or me for more information."

OCC members who are so inclined may use the coupon on this page to send their gift; all can anticipate hearing further from the ODKF during the next few weeks.

Yes, I/We want to support	the Outrigger Duk	se Kahanamoku Foundation!
() My/our gift in the amou	unt of \$ is e	enclosed.
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Christmas Eve

Make your reservations early for the Christmas Eve Buffet in the Main Dining Room, 4:30 to 9 p.m.

Christmas Day Buffet

Dinner on Christmas night will feature a very special buffet with seatings from 4:30 to 9 p.m. in the Main Dining Room.

Early Reservations Suggested 921-1444

R FOR HEALTH

By Martin T. Nweeia, DDS

It began back in the 1950s. Life magazine covered a story on the "toothless" Notre Dame football team. American families concerned with the fate of their children's teeth when playing football then began to actively support the American Dental Association's campaign for protective mouthguard use in contact sports.

This year, the issue was again revived as the NCAA set down strict guidelines for mouthguard use. Football players can now be suspended from a game if they are not wearing a mouthguard. They must also be brightly colored so officials can easily detect players not wearing the protective guard.

In addition to their use in football, mouthguards prevent accidents and injuries in other sports including volleyball, soccer, squash, racquetball, martial arts, boxing, lacrosse, field hockey, ice hockey and basketball.

There are three types of mouthguard: stock-type, mouth-formed and custom-made. I would recommend seeing your dentist for a custom-made guard, which most dentists feel provides the best protection.

Motorcycle News

By Matt Kresser

After a raging weekend called the "smoke out-moke out" at the Opaeula Lodge, the OCC Motorcycle Team has developed competition in its ranks with the older riders (Walter Guild, Brant Ackerman and Kala Judd) demanding their independence from the younger and faster riders (Mike Sheehan, Mark Sandvold and Matt Kresser).

"Team Medicare" was heard saying that they would whip the pants off the "Yung Leones" at next year's Mauna Kea 200 Enduro.

Al "I love Mo" Serafin was also threatening to put together a flash B team with the likes of none other than Tiare "Mama Moto" Finney and Mark "More Throttle" Kennedy. Stay tuned for developments and be ready to place your bets!

The stock-type, usually found at sporting goods stores, consists of a rubber or plastic shell in the form of a dental arch. It does not adapt to the teeth and therefore fits loosely. Because it is held by biting pressure, breathing is often restricted. It costs about \$1.

Mouth formed protectors are made of a softer material and thus can adapt somewhat to the teeth. The material, however, eventually breaks down and causes the guard to loosen. It may also be bulky, depending upon the brand. Some of the newer mouth-formed protectors, which cost about \$5, would be an adequate second choice when cost is a factor.

Custom made mouthguards meet all standards of safety and are the only type recommended by the dental profession. Your dentist will make an impression of the teeth to make a plaster model. The plastic guard is made from this model and later fitted to the teeth. Although more expensive, at about \$85, a custom-made mouthpiece is the most comfortable and can be worn for longer periods.



LONGNECKS TO GO!





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Golf Chips From the 19th Hole

By Frank E. Walton

Sign up now for the final 1990 stroke play tournament. Signup sheet for the Tuesday, December 11 outing at Hickam is at the Front Desk.

Van Kleeck Putter Competition

Competition for the \$125 Van Kleeck putter is coming to an end with only one more game to play. Don Cutting is leading with 84 putts (30+25+29), followed by James Gaddis (28+33+28=89), Bill Walden (27+33+30=90) and Peter Balding and Adney Smith tied with 92 putts each.

1990 Match Play Tournament

At press time, Jim Gaddis and Archie Kaaua were to play for the Club Match Play Championship in late November. Gaddis beat Stan Brown 4 and 3 while Archie outscored Bruce Bolton 5 and 3 to earn their way to the finals.

In the Wahines tournament, Joie Gopez was scheduled to play Pam Dill-

Golfers Have Great Day at Kaneohe

By Frank E. Walton

Weather and the condition of the course made for a fine day of golf for Outrigger members on their October 15 stroke play tournament at Kaneohe Marine Corps Air Station, Following are the results:

Kanes

Low Gross (Overall) Terry Stoddard 79

Low Net (Overall) James Gaddis 85-21-6

2nd Low Net Peter Balding 91-22-69

3rd Low Net Don Cutting 82-13-69

Closest to the Pin:
Hole No. 11 Peter Balding
Hole No. 18 Donny Mailer

Wahines

Low Gross (Overall) Terri Lui 91
Low Net (Overall) Dicey Brinck 91-23-68
2nd Low Net Cyrena Bryan 103-29-7
Closest to the Pin:

Hole No. 4 Joie Gopez
Hole No. 6 Dicey Brinck

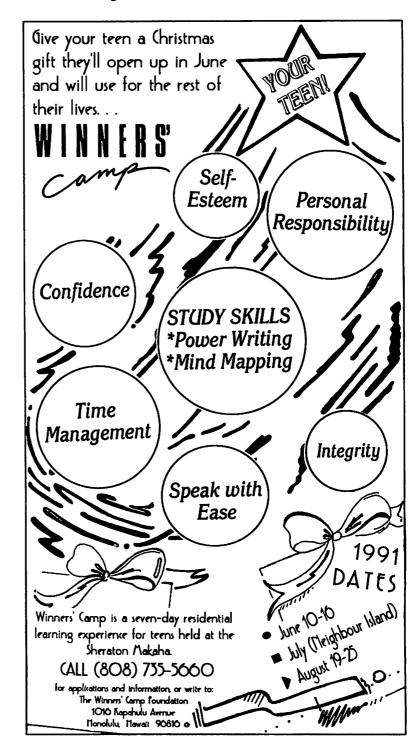
ingham for the ladies title by the end of November.

1991 Golf Schedule

The January issue of the Outrigger will contain the 1991 Stroke Play and Match Play schedules (whatever is firm at press time), and information about the 2nd Annual Meeting of the Outrig-

ger Canoe Club Golfers which must be held in January.

All golfing members are reminded that their 1991 individual HSGA membership fees will be due not later than January 15. Check the Golf folder in late December to see if there has been a change in fees.



OCC Running News

By Andrea Lehman

Outrigger members who are running in the 18th annual Honolulu Marathon on Sunday, December 9, are encouraged to sign up at the Front Desk.

The Running Committee has a Marathon sign-up sheet in the running file where you can tell us your singlet size, whether you'd like a van ride to the start of the race and a Marathon Buffet Breakfast back at the Club after the race.

Singlets will be left at the Front Desk on Saturday, December 8, or you can pick them up on Marathon morning if you ride from the Club.

The OCC van will leave the Outrigger at approximately 4:45 a.m. for a 5:30 a.m. start. An Outrigger group photo will be taken before departure so please arrive in plenty of time.

After your run on race day, please come join us at the Outrigger's hospitality tent located in Kapiolani Park.

We'll have fruit, muffins and refreshments. Ticket stubs for the Outrigger Buffet Breakfast to follow will also be available at the tent.

For further details you may call Andrea Lehman at 947-1756.

Bud Light Relays

Two Outrigger running teams competed in the Bud Light 30-mile relay race on October 21. The race started and ended in Kapiolani Park. Each runner on the five-person team ran a sixmile leg up Monsarrat Avenue, through Kahala to finish outside Outrigger's front door.

Outrigger's mixed open team included Hilary Lambert, Andrea Lehman, Billy Balding, Steve Dunn and Twain Newhart. They finished second in 3:32:46.

Outrigger's mixed masters team placed first in 3:52:04. Those running

in the masters division were Carole Wilbur, Don Eovino, Tom German, Gina Schultz and Steve Zak.

Hana Relays

For the fourth consecutive year, OCC competed in the Hana Relays on September 22. A total of 70 teams and 420 runners competed in the race from Kahului Airport along the scenic Hana Highway to Hana.

Outrigger's second place finish was a personal team best.

Outrigger Gold Team No. 1 consisted of Russell Allen, Tanya Watumull, Joanna Reinhardt, Emery Lucas, Dr. Bob Atkinson and Joe Teipel.

Team II included Hilary Lambert, Andrea Lehman, Carole Wilbur, Steve Zak, Tom German and Fred Hemmings.

Special thanks go to Jim King at Aloha Airlines, Russell Allen and Tom German for their donations.



Competing for OCC at the Bud Light Relays were, Steve Dunn, Andrea Lehman, Twain Newhart, Carole Wilbur, Tom German, Hilary Lambert and Steve Zak.



Outrigger runners at the Hana Relays were, front, Gina Schultz, Tanya Watumull, Carole Wilbur, Andrea Lehman, Hilary Lambert and Joanna Reinhardt. Back, Russell Allen, Dr. Bob Atkinson, unidentified, Tom German, Steve Zak, Fred Hemmings Jr., and Emery Lucas.



Na Wahine O Ke Kai

By Genie Kincaid

The Na Wahine O Ke Kai Race from Molokai to Oahu was held on Sunday, September 30. Twenty-eight crews including clubs from Australia and Canada participated in the race which saw its largst field ever in 11 years.

Although reknowned for its outstanding water sports athletes, Offshore Canoe Club of California might now be better known for its record business. That is, the business of setting records.

The club from Newport Beach won its record fifth title in a row in a record time of 5:44:13, eclipsing their own 1989 record by a staggering 15 minutes.

Healani Canoe Club, coached by Marshall Rosa, closely followed Offshore into DeRussy Beach in a time of 5:49:40. Outrigger was the third crew to finish under six hours in 5:59:51.

Offshore and Healani maintained a course further south from Outrigger's line, allowing them to run with the wind and swells. Outrigger persisted on a relatively more northerly course in hopes of making a slingshot move as it approached Oahu.

Coach Walter Guild summed up the race for Outrigger, "We zigged when we should've zagged."

Although a third place finish in the

Molokai race was not the desired result for the Outrigger, there were some good lessons to be learned.

The Na Wahine O Ke Kai is not the same race it was a few years ago. Off-shore's success has clearly raised the standard of competition. If Outrigger is to be competitive against future Off-shores, it must be committed to a year-round program rather than one that begins with regatta season.

The program started by Walter Guild two years ago, is beginning to bear fruit. 1990 is the first year the Club came under the six hour threshold which for many years seemed unattainable.

Overall, 1990 was a great year for the women's program, including a rousing win in the Dad Center and respectable second place finishes at Kona and Pokai.

This year's Molokai crew included Katy Bourne, Kaili Chun, Paula Crabb, Tiare Finney, Kisi Haine, Cathy Ho, Genie Kincaid, Katie McCrary, Liz Perry-Dugan, Sarah Reilly, Jenny Scafe and Mary Smolenski.

No program can be of any success without a strong supporting crew. Heartfelt thanks go to Wayne Faulkner who generously donated his time maintaining and driving the crew's escort boat.

Crew alternates Pam Zak and Shawn Moynahan were invaluable assistants. And many thanks to the Canoe Racing Committee for coordinating crew provisions and handling the burdensome task of getting our equipment in the right spots at the right times and in cherry condition.

And finally, big boola thank you's to family and friends of the Outrigger Canoe Club who supported the women's program throughout this 1990 season.

FITNESS CENTER HOURS

Monday-Friday 6 a.m.-1 p.m. 3p.m.-8 p.m.

Saturday 9 a.m.- 5 p.m.

Sunday Closed



Outrigger's open and masters women's distance crews included front, Kisi Haine, Maureen Kilcoyne, Peggy Danford, Tiare Finney, Jenny Scafe, Cathy Ho and Katy Bourne. Standing, Genie Kincaid, Kaili Chun, Sara Reilly, Carolyn Lass, Liz Perry-Dugan, Sue May, Carol Wilcox, Sharon Bintliff, Allene Richardson, Ann Cundall, Kris Smith, Paula Crabb, Diane Stowell, Kathy Clifford, Darcy Ames, Jeanne Jenkins, Mary Smolenski, Gerri Pedesky and Masters Coach Tay Perry. Not pictured: Katy McCrary and Open Coach Walter Guild.



MERRY CHRISTMAS
Pretty and feminine
styles for the Holidays

Outrigger Holiday Fashion Show December 7th, 12:00

1222 Kaumualii St., Ph. 847-4806 Monday to Saturday 9-5

We Need Your Help at the Outrigger Aid Station for the Honolulu Marathon

By Cline Mann

Set your alarm extra early on Sunday, December 9 so you can get up and help at the OCC Aid Station for the Honolulu Marathon.

Our Aid Station is located on Kahala Avenue at the foot of Hunakai Street.

This is the 16th year we've sponsored an Aid Station for the Marathon which draws nearly 10,000 competitors for the 26 mile, 385-yard event.

We need at least 125 helpers to pass out cold sponges and water to runners starting at 5:30 a.m. when preparation begins.

We fell down very badly last year when, in spite of perfect weather conditions, only 75 people showed up.

You'll be finished around 11 a.m. when most of the runners have passed on their return to the finish line at Kapiolani Park.

In 1975, the first year of the Club's Aid Station, our entire record-breaking crew in the Molokai Race two months earlier turned out to help. This was a great gesture which we hope will inspire our recent paddling crews, regatta and distance, male and female, and volleyball teams also, to follow suit and turn out.

If it's your first time to work at the Aid Station, park on Hunakai or Koloa streets in Kahala. Dress in shorts or clothes you don't mind getting wet or sticky. Since you'll be standing most of the time, wear comfortable shoes or slippers that you can get wet. It's dark when we start, but it does get sunny and warm later in the morning.

The first 125 people to arrive to work at the Aid Station will receive



Working at the Club's Marathon Aid Station is lots of fun.

the Club's Marathon T-shirt which we want you to wear while you're working.

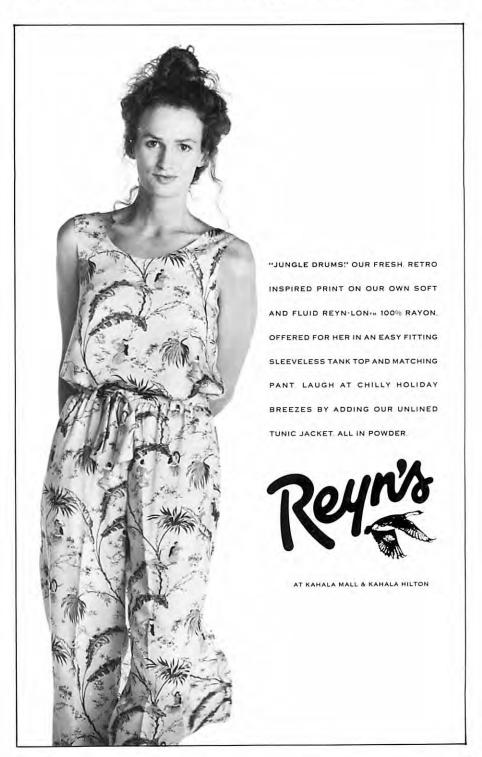
Bring a snack if you want, but we'll serve juice, donuts and pastry to the volunteers throughout the morning.

Watching the world-class runners

race through the Aid Station is a thrill. Cheering and encouraging the slower runners is very rewarding.

Please sign up at the Front Desk if you're planning to help.

Young and old, we need your help! Bring your friends and have some fun.



FOR THE RECORD

Running

19th Annual Portland Marathon Downtown Portland, Oregon Emery Lucas 3:48:40

Operation Warmheart 10K Run Wheeler AFB 10/6/90 Emery Lucas, 4th, 40-49, :45:03

Ford Island Run-Bike-Run 9/29/90 Donald Eovino, 4th, 40-49, 1:10:26

Kolekole Half Marathon 8/25/90 Donald Eovino 1:43:28

Honolulu City Lights Ultra Marathon 50K 10/27/90 Emery Lucas 6:28:30

4th Annual McGruff 8K Run Kapiolani Park 10/14/90 Emery Lucas :35:21

Hawaii State RRCA 30K Championship



Kapiolani Park to Hawaii Kai and return 10/21/90 Emery Lucas 2:40:30

Hawaii State Championship 5K 11/4/90 Kapiolani Park Russell Allen, 1st, 60-64, :19:27 Hilary Lambert, 1st, 20-24, :20:45 Emery Lucas, 6th, Age Group, :21:07 Steve Zak :21:18 Andrea Lehman, 3rd, 35-39, :21:33 Carole Wilbur, 2nd, 45-50, :24:15

Bud Light 30K 10/21/90 Kapiolani Park Russell Allen, 1st, 60-64, 2:22.09 OCC Mixed Masters, 1st, 3:52.04

Swimming

Senior World Games St. George Utah, Oct. 1990 James Krueger 1st, 50 Free, 50-54, :26.87 (record) 1st, 100 Free, 50-54, :58.80 (record) 1st, 200 Free, 50-54, 2:15.11 (record) 1st, 500 Free, 50-54, 6:31.38

Kayaks

ILH Race 10/20/90 Ala Wai Matt Corboy, 1st, A, 1:02.88 David Buck, 3rd, A, 1:04.76 J. P. Canlis, 1st, B, 1:07.53 Nathan Wilbur, 2nd, C, 1:14.20 Lindsey Cassiday, 2nd, B, 1:20.11 Susan Taylor, 1st, E, 1:30.28

ILH Race 10/27/90 Ala Wai

Matt Corboy, 1st, A, :59.53 Sage Spalding, 2nd, A, 1:00.26 David Buck, 3rd, A, 1:00.47 Joanna Reinhardt, 3rd, A, 1:13.41 Sky Reynolds, 3rd, C, 1:19.07 Joan Taylor, 3rd, D, 1:23.22

ILH Meet 11/3/90 Ala Wai Canal Joanna Reinhart, 2nd, 1500M, 10:04.86 Joan Taylor, 2nd, 1000M, 7:15.22 David Buck, 1st, 1500M, 8:45.01 Sage Spalding, 2nd, 1500M, 8:49.67 Robert Riecker, 2nd, 1000M, 6:39.05

Steinlager Canoe & Kayak Championships 10/14/90 Ala Wai Tom Conner, 2nd, O1, 1:10.17 Tom Conner, 3rd, Surf Ski, 1:00.13 Marshall Rosa, 1st, Surf Ski, :55.46 Marshall Rosa, 1st, K1, :56.09 Sage Spaulding, 2nd, Jr. O1, 1:07.59 Matt Corboy, 3rd, Jr. O1, 1:11.98 David Buck, 2nd, Jr. Surfski, :53.99 David Buck, 2nd, Jr. K1, :55.53 Sage Spalding, 3rd, Jr. K1, :57.84 Sharon Bintliff, 3rd, O1, 1:29.62 OCC, 1st, 6-woman Outrigger, 1:10.73 Eliza Wilcox, 1st, Jr. O1, 1:24.07

Skimboarding

Hawaiian Isle Skimboard Association Series No. 1 11/3/90 Sandy Beach Kirk Snyder, 1st, Advance



Kayakers line up at start of Steinlager race.





Christmas Party for Members

Join your fellow Outrigger members at the annual Christmas Party for Members and their immediate families only, Christmas Day, December 25, from noon to 3 p.m. on the Hau Terrace.



Enjoy Chef Teruya's

- Special Christmas Pupus
- Anzai's Banzai
- OCC Egg Nog



No Nonresident B or C members or guests, please

Members It Pays to Know

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BOARD BRIEFS

By Gerry DeBenedetti

Tom Lalakea, ODKF President, presented a status report on the Outrigger Duke Kahanamoku Foundation. Foundation has received \$378,000, of which \$20,000 has been issued for grants this year and possibly \$30,000 will be granted next year. Plans are being worked out for a capital fund drive to provide sufficient funds for the next three years to enable grants of \$75,000.

Three new non-OCC members have been added to the Foundation--Christina Kemmer, Lex Brodie and Oswald K. Stender. Four new OCC members have also been added to the Board--Bill Morris, Art Reinwald, Gulab Watumull and Fred Hemmings Jr.

Eleven members were suspended for 15 days due to failure to pay their accounts on time.

The manager reported that the new Club computer has been put on line and training for the office staff has been completed.

Commendations were made to both the men's and women's Molokai crews for a strong and outstanding showing for the Club in the Molokai race.

The Canoe Racing Committee and paddlers thanked the Board of Directors and membership for their support in the development of the Kaoloa and other canoe racing projects.

Gifts were received of a special boomerang, Hamilton plaque and flag from the Hamilton Island, Australia Outrigger canoe race.

A shoreline hearing is mandatory on the beach erosion project and sets back the project by 60 days. Approval was given to complete the project, contingent upon DLU approval.

The Board has approved a 20% discount on Beach Shop merchandise

through December 15.

A final draft of the 5 Year Long Range Plan has been submitted to management for review and comments. The Long Range Planning Committee is planning a meeting with management and all standing committee chairpersons to discuss the plan.

Board Briefs is taken from the minutes of the October 25 Board meeting, subject to correction.



Attention Visitors

(Special rates and... we're steps from the Outrigger Canoe Club.)

Make your reservations at the Diamond Head Beach Hotel. You will enjoy deluxe accommodations, complimentary Continental breakfast and many other free services.



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Rates valid through 12/21/90.

Historical Committee Seeking More Books

The Historical Committee is looking for unusual books on Hawaii to add to its library. Their preference is for books with an emphasis on Waikiki and that relate to the Outrigger Canoe Club.

The library currently has 11 books that are available to members. They include Na Himeni, The Echo of Our Song (Pukui & Horn), Hawaiian Prophet (Ford), The View From Diamond Head (Hebbard), The Golden Years of Hawaiian Entertainment (Todaro), Princess Kaiulani (Zambucka), Hawaiian Language (Judd), Spoken Hawaiian (Ebert), Hawaiian-English Dictionary (Pukui), History of OCC 1908-1971 (Yost) and Hawaiian Journey (Mullens).

Donated books should be in good condition.

For more information on donating books, please call Chip Higgins at 373-4525 or Genie McMahon at 923-1243.

In Memoriam

Stanley A. Zur

Deceased: September 11, 1990

Member: 12 years

Michael P. Roddenberry

Deceased: September 19, 1990

Member: 16 years

James K. Dowling

Deceased: September 23, 1990

Member: 20 years

Chester O'Brien

Deceased: October 1, 1990

Member: 60 years

Robert J. McKenzie

Deceased: October 9, 1990

Member: 29 years

William F. Harrison

Deceased: November 2, 1990

Member: 18 years

December 1990 / January 1991 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 KAYAK CLINIC 9 a.m. OCC Beach
						DUKE HEATHERLY ORCHESTRA 7-10 p.m.
2 Sunday Brunch 8:30 a.m.	3 Aerobics 8 a.m.	4 B&G Comm. Mtg. 11:30 a.m.	5 Ent. Comm. Mtg. 5:30 p.m.	6 Historical Comm. Mtg. 5 p.m.	7 Water Aerobics 8 a.m.	8 DUKE HEATHERLY ORCHESTRA 7-10 p.m.
Sunday Buffet 6-9 p.m.	Bridge Noon	A&M Comm. Mtg. 5 p.m.	Aerobics 8 a.m.		SEAFOOD BUFFET 6-9 p.m.	Pick Up ODKF
	Monday Night Football Party 6 p.m. Bar	PR Comm. Mtg. 5:30 p.m.			Christmas Trees 5339 Kalanianaole Hwy 9 a.m1 p.m.	
9 Sunday Brunch B:30 a.m.	10 Aerobics 8 a.m.	11	12 Aerobics 8 a.m.	13 Exec. Mtg. 5:30 p.m.	14 Water Aerobics 8 a.m.	15 DUKE HEATHERLY ORCHESTRA
Sunday Buffet 8-9 p.m.	Bridge Noon		Long Range Planning Comm. 5:30 p.m.		House Comm. 11:30 a.m.	7-10 p.m.
HONOLULU Employees MARATHON Christmas Party 5:30 a.m. Monday Night Football Party 6 p.m. Bar			ODKF Comm. Mtg.			
	Football Party		11:30 a.m.			
16 Sunday Brunch 8:30 a.m.	17 Aerobics 8 a.m.	18 A&M Comm. Mtg. 5 p.m.	19 Aerobics 8 a.m.	20	21 Water Aerobics 8 a.m.	22 DUKE HEATHERLY ORCHESTRA 7-10 p.m.
6-9 p.m.	Bridge Noon					, 10 p
	KEIKI XMAS PARTY 5-8:30 p.m.					
	Monday Night Football Party 6 p.m. Bar					
23 Sunday Brunch 8:30 a.m. Sunday Buffet 6-9 p.m.	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26 Aerobics	27 Board Mtg.	28 Water Aerobics	29 WINTER 10K PADDLEBOARD RACE
	DINNER BUFFET MEMBERS' PARTY 4:30-9 p.m. 12-3 p.m.	8 a.m.	5 p.m.	8 a.m.	10:30 a.m.	
		CHRISTMAS DINNE 4:30-9 p.m.	R			DUKE HEATHERLY ORCHESTRA 7-10 p.m.
						STEAK FRY 6-9 p.m.
30 Sunday Brunch 8:30 a.m.	DINNER DANCE 9 p.m.	8 a.r BOWL GAMES IN BAR ALL DAY Enter Com	_	3 Historical Comm. 5 p.m.	4 Water Aerobics 8 a.m.	5 DUKE HEATHERLY ORCHESTRA
Sunday Buffet 6-9 p.m.			Entertainment Comm. Mtg. 5:30 p.m.		SEAFOOD BUFFET 6-9 p.m.	7-10 p.m.



On the Cover: Outrigger's 1990 Molokai Hoe Champions. From left, front, Mark Sandvold, Chris Kincaid, Walter Guild, Mark Rigg. Back, Coach Steve Scott, Tom Conner, Bruce Black, Geoff Graf, Courtney Seto and Kainoa Downing. Photo by Marilyn Kali.

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