# the CITISSET December 1985



Published by the Outrigger Canoe Club for Members and Guests at Home and Abroad.



Outrigger's Graydon Woolaway, Ann Bodinson and Mike Apodaca present the Tom Reiner Outrigger Cup to Phil Drips and his Laser team from the Waikiki Yacht Club.

# Outrigger Cup HYRA Regatta

By Norm Dunmire

Clouds gathered the night before 30 worthy competitors were to meet and challenge one another for the honor of carrying off this year's Outrigger Cup.

Sailing Committee Chairman Norm Dunmire, flanked by Race Director Mike Apodaca, and assistant race director Graydon Woolaway, took their last sightings through a beck's bottle as the sun slowly sank amid the gray haze somewhere west of the Terrace. With the wind force low, they fortified themselves for what was to come.

The race began at high noon as the winds began to pick up. The Cal 20s proved to be very competitive with Frank Lippman beating out Mike Doyle and Steven Thomas for the title.

The J-24 had a great spinnaker drill as the last race of the day was a down-wind start. Steven Eder won the Cup in this division, followed by Rhonda Perry and Fuzz Foster.

The Club's new super Sunfish rig, sailed by Bruce Plasch, came in first followed closely by Jon Haig and Graydon Woolaway for a tie for first in the stock Sunfish class.



Steven Eder, Rhonda L. Perry and Fuzz Foster were the top three J-24's.



Mike Apodaca and Betty Rogers start the last race of the day aboard Doc Rice's Grand Banks committee boat.



Bruce Plasch sailed the Club's new Super Sunfish to victory.



Frank Lippman sails to victory in his Cal 20 followed closely by Mike Doyle.



Sailing Committee members (seated) Ginger Plasch, food and beverages; George Schulpt, protest chairman; Betty Rogers, assistant race director; (standing) Bruce Plasch, and Norm Dunmire, chairman, enjoy a rest after the 1985 Outrigger Cup HYRA race.

The competition was heaviest in the Lasers from the Waikiki Yacht Club. Phil Drips won the A Division, Mark Anderson the B Division, and Paul Strona and Terrence Latorre the Novice Division.

In the Multi-Hull Class, David Mcfaull won the A Division and Bill Meyer won the B Division in their Hobie 16's.

With the race finished, the boats and sails washed down, it was time to retire to the Club Terrace for beer, hot dogs and trophy presentations.

This year the Sailing Committee commissioned Claude and Suzi Horan to design an Outrigger Cup that would not only be an attractive trophy but functional. The finished product has been a success—a ceramic mug that holds a bottle of beer and that is also a work of art. There is a recessed portion for the Outrigger Gold Medal to be inset. An Outrigger Cup may be seen in the Lobby Showcase.

First place winners received the Outrigger Cup trophies, and second and third place winners received the Outrigger Silver and Bronze medals attached to a red, white and blue ribbon, similar to those used in the Olympics. Trophies were presented by Ann Bodinson who was in charge of the awards ceremony.

Waikiki Yacht Club once again won the Tom Reiner Outrigger Cup Perpetual Trophy with their boats outscoring all other clubs.

The Outrigger Cup was created in October, 1984 by then Sail Committee Chairman Michael Apodaca and Graydon Woolaway. While head of the Sailing Committee in 1983, Woolaway budgeted money in 1984 to create a perpetual trophy for OCC's annually sponsored Hawaii Yacht Racing Association Classboat Regatta.

In 1984, long time yacht racing enthusiast and OCC Board of Directors member, Tom Reiner died, so the committee decided to create the Outrigger Cup in Reiner's memory.

Woolaway designed the silver bowl and had it engraved. Apodaca designed and hand-carved the solid koa wood into its emerald shaped base, adding OCC medallions and sterling silver plates to this uniquely handsome trophy.

The Waikiki Yacht Club was the first winner of the Cup on Oct. 14, 1984. It was presented by Reiner's widow, Sharon.

#### **Outrigger Cup Results**

Hobie 18 (A)

1. Dave Mcfaull (1)

Hobie 16 (A)

1. Bill Myer (1)

· Sunfish (A)

1. Graydon Woolaway (1-1)\*
Sunfish (B)

1. Jon Haig (1-1)\*

Cal 20

1. Frank Lippman (1-1)

2. Mike Doyle (2-Inf)

J-14

1. Steven Eder (1-1)

2. Rhonda L. Perry (2-2)

3. Fuzz Foster (5-3)

4. Al Ching (4-Inf)

Laser (A)

1. Phil Drips

Laser (B)

1. Mark Anderson (1-1)

2. Sean Thornton (2-3)

3. Patrick Rowley (3-2)

4. David Hsu (4-4)

5. Marc Barrison (5-5)

6. Leanna Mix (6-6)

7. Brock Martin (7-7)

8. Jay Jascot (9-8)

9. Alex D. Honeycutt (8-Inf)\*

Laser (C)

1. Terrence H. Latorre (2-1)

2. Paul Strona (1-2)

3. Greg Brock (3-3)

Super Sunfish

1. Bruce Plasch (1)\*

\*OCC members

# The Man Behind the OCC Christmas Basket

By Lisa Siggers

For the past two Christmases, members of Outrigger Canoe Club have donated items to our Christmas Basket for the Institute for Human Services. This story is about the man behind the Institute, the Rev. Claude du Teil.

Father Claude started the Institute for Human Services seven years ago with a jar of peanut butter, some grape jelly, a loaf of bread and a jar of coffee. From this small beginning, he has served over one million meals.

The Institute, a converted bath house, is home for anywhere from 125 to 200 street people daily. Without the help of government fundings, Father Claude and his staff feed the street people, give them a place to sleep and bathe, and get them primary medical care.

He helps the people of the I.H.S. cash their checks and gives them an address to help them find jobs and let

their families contact them.

The Reverend is a graduate of Georgia Tech. During WW II, he served in Army Ordnance in Europe. Straight out of the Army he went to Seminary. Roberta, his wife, was a communications officer in the Navy. While on leave they married.

Hoping to go to China as missionaries after graduation from Virginia Theological Seminary in 1949, the du Teils instead ended up in Hawaii. In Hawaii, Father Claude served first as vicar of St. Stephen's in Wahiawa, then rector of the Church of the Good Shepherd in Wailuku, Maui, before a 20-year stand as the rector of St. Christopher's in Kailua.

After a severe bout of depression and alcoholism, Father Claude made that first p.b.&j. sandwich. Amazingly enough, while dealing with his own

inner turmoil, he completed the work for his degree of Doctor of Ministry from San Francisco Theological Seminary, and laid the groundwork for the Institute for Human Services.

The Institute will soon be changing locations . . . a lot behind the Salvation Army on Iwilei Road has been made available. The new facility will be built mostly with federal funds . . . no strings attached, which is the way Father Claude likes to run his show.

What can the members of the Outrigger Canoe Club do for Father Claude and his Institute? From the first of December on, a Christmas Basket will be at the front desk, just waiting to be filled. The most needed items are clothing, non-perishable foods and toiletry items. For more information, contact Lisa Siggers.

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# **Always Alert Security Guard**

By Frank E. Walton

Meet the newest member of your Club Security Force.

Most active at night when you are sleeping, this member is constantly on the prowl protecting your Club premises.

Best of all, this security guard works without pay and, except for occasional catnaps, works 24 hours a day!

Who is this paragon whose only reward is your appreciation and respect for the yeoman service performed?

It is "Hobie Cat," a strawberryblonde, Manx-plus female. All day and all night, Hobie Cat helps protect your Club property against invaders such as rats, mice and birds which would pollute and contaminate it.

With Hobie Cat on watch and her "Not welcome" sign out, these intruders tend to go to our neighbors. If you're a regular visitor to the Club you should have noticed that we are not plagued with as many birds as we were BHC (Before Hobie Cat).

Since Hobie Cat has been spayed, there will be no Hobie Cat Juniors to



Hobie Cat relaxes after a hard night of guarding Club property.

carry on after she goes to Cat Heaven, but for now she provides an invaluable service to you in assisting in protecting the Club and you from these diseasecarrying, unwelcome guests.

# Junior Riggers



Congratulations to Jr. 'Riggers Missy and Kai Mowat, our very own Ironkids!

Missy and Kai were among six Hawaii kids ages 7 to 14, who competed in the 1985 Colonial Ironkids Championships at the Polynesian Village at Disney World, Oct. 20.

But Missy and Kai didn't just compete, they won their divisions in the swim-bike-run competition that had 142 entrants from all over the U.S.

Kai competed in the Junior Division made up of 7 to 10 year olds, and Missy in the Senior Division, 11-14.

Kai finished fourth overall of 68 competitors and was first in the 9-year-old division. Missy was third overall of 74 competitors and won the 14-year-old division.

In the Junior Division, Ironkids swim 100-meters, bike three miles and run .7 miles. Kai was first out of the water in the swim, held the lead in the bike ride, and was finally passed by three 10-year-old boys at the end of the run. He was the first 9-year-old to finish. His time was 18 minutes and 16 seconds.

Competitors in the Senior Division, swim 200-meters, bike 6.2 miles and run 1.2 miles. The competition was really tight from the start with Missy in third place after the swim. She outtransitioned everyone (got into her biking clothes first), and was the first girl to finish the bike portion. She never looked back and held the lead in the run. She was the first girl to finish. Only two boys beat her, the California and Florida champions. She won her age group. Missy's time was :31:25.

Missy, a 9th grader at Kaiser High School, and Kai, a 4th grader at Hahaione School, got interested in competition two years ago when they started swimming for the Hawaii Kai Swim Team. They both have all their AA and AAA times in local meets.

In May, they learned from a friend about the Hawaii Ironkids Triathlon, a new event that was going to be held in Ala Moana Park. They started training two weeks before the Hawaii competition. Kai won the 9-year-old division, and Missy the 13-year-old.

But after getting a taste of the competition, both went into serious



Kai and Missy Mowat.

training. Now the kids go to swimming practice for about two hours every day after school. Then they get in some bike riding.

"Some days I do a long distance ride, about 10 miles, and on other days I go short distance but I try to ride on hills on those days," Missy explained.

After the biking, there's the running. They put in about three hours a day of training.

During the summer and fall, the kids have entered a number of local competitions including the Keiki Fun Run, the Roughwater Swim, the Century Bike Ride, the Queen's Biathlon, the Geothalassion (Missy was the first finisher) and numerous swim meets.

The kids just finished a successful water polo season for Hawaii Kai Swim Team with Missy being named outstanding offensive player. She was also named the outstanding senior girl swimmer and Kai was named outstanding junior boy swimmer.

What was it like to compete in a national competition?

"I was really nervous," Missy recalls. "You heard lots of people talking about how good the other kids were. They'd come up to you and ask about your bike. I just didn't know what to expect. I was really surprised that I won."

Kai, on the other hand, said he wasn't nervous at all. He knew he was

going to win and just did the best he could.

The hot, humid weather was hard on all the competitors, they said.

Although their parents wouldn't let them be tourists until after the competition, they managed to visit Disney World, Sea World and the Kennedy Space Center. They liked Epcot Center best, although River Country was a close second.

The awards ceremony for the Ironkids Championships was held at Disney World with all of the Disney characters there. All of the kids were interviewed for a TV special which will be shown on ESPN.

What about the future?

Both Kai and Missy plan to stay in training and continue to enter local swimming, running and biking competition. Both would like to enter next year's Hawaii Ironkids competition in May and then the one in California a month or so later.

Then Ironkids will be all over for Missy who will turn 15 and be too old. Kai intends to continue as long as he enjoys it. Missy is starting to think about the Tinman and when the time comes, may decide to try the longer distances.

Our congratulations to Missy and Kai on their dedication to their sports and their national-caliber performances. We'll be hearing more about these Jr. 'Riggers in the years to come.

# Letters

Dear Outrigger members, At this holiday season, and the time of New Year's resolutions, I would like to call your attention to the article about Outrigger member Bill Andrews. Bill was helped by other Outrigger members, as well as Club employees.

#### Half Marathon

Seven Outrigger members competed in the Val Nolasco Half Marathon on Oct.13.

Club member results:

	Time 1:38		
Jimmy Dean			
Emary Lucas	1:38:50		
Steve Dunn	1:44		
Bill Danford	1:45		
Ed Moore	1:46		
Sandy Cromwell	1:46		
Ken Brown	2:08		

At the time all of the assistance was being rendered, no one realized that this was "one of our own" who was being pulled from the sea and delivered in a safe condition to medical help.

How gratifying to know that those members who could help and those employees who responded as "part of their job," were in fact, helping someone who is a member of our wonderful Club.

While we are all used to helping at canoe races, running events and serving on committees, we don't realize that any level of helping contributes to the well-being of everyone else in the Club. The minor levels of helping, in fact, teach us to help in these emergencies when life may actually be in the balance, when the physical well-being of someone depends on you.

In Bill's case, the help he received may have meant the difference between walking and paralysis.

We need each other. These are

times of uncertainty, politically and economically, and families seem to be in crisis. How nice it is to know that we at Outrigger can help each other through a network of friendship, support and indeed, may even be able to save each other's lives.

I urge you to enter 1986 in the spirit of Aloha, with people everywhere, but especially right here at home where we know we make a difference.

Me Ke Aloha, Rab Guild President

### Marathon '85

By Ken Brown

The 13th annual Honolulu Marathon will be run on Sunday, Dec. 8. The race starts at 6 a.m. at Aloha Tower, proceeds down Ala Moana Boulevard to Waikiki, around Kapiolani Park, up Diamond Head, through Kahala and out to Hawaii Kai, around Hawaii Kai loop, back to Kahala and finishes at Kapiolani Park Bandstand.

More than 8,000 runners are expected to complete the 26.2 mile course.

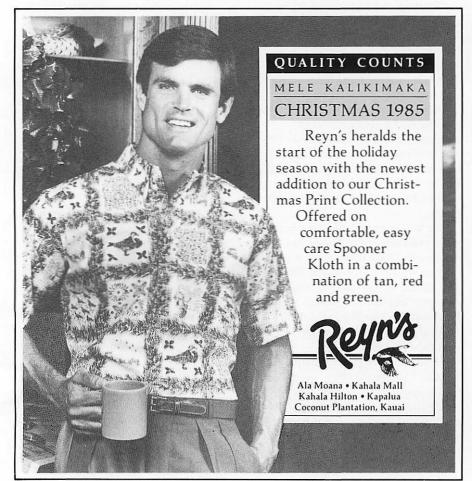
Outrigger Canoe Club participates in the Marathon in a variety of ways. The Club sponsors an Aid Station on Kahala Avenue at the intersection of Hunakai Street. Many of the Club's runners will also compete in the Marathon.

If you're a spectator, your help is needed at the Aid Station. The Club needs 120 volunteers to staff the Aid Station to pass out cold drinks, sponges and encouragement to the runners. All volunteers will receive special Outrigger T-shirts for their help. They will need to be at the Aid Station by 5:30 a.m.

If you can help, please sign up at the Front Desk. If you have questions, please call Cline Mann.

Our Club runners also need your support. Come down to the Club early and cheer on our marathoners.

The Honolulu Marathon is one of the world's best-known events because of its location, weather and the warm Aloha spirit. Won't you support the Club in this worthy activity?



# Saving a Life—A True Story

By Gerry DeBenedetti

This is a story of member helping member, one of those OCC human interest stories that is real drama, a matter of life and death that was played out right in front of the Club on July 25, 1985.

Bill Andrews, a Club member for 18 years, was surfing at Tonggs. There were the leftover waves of Hurricane Ignacio, and 30-year-old Bill, an experienced surfer, went out for some excitement.

"I was going through a wave when my board broke in half; how or why I don't know," Bill recalls. His 9-foot board hit him on the neck. The leash on his leg saved him by enabling his surfing companion, Pua Sigler, to find his body.

Bill describes himself as fading in and out of consciousness and knowing that his neck was broken. He felt the shock throughout his body, felt he was drowning and couldn't move. When Pua came to his rescue, he told her his neck was broken and she was able to act accordingly.

Paul Friese Jr. was in the water and he paddled in for help. Ed Li was on the beach with binoculars and saw "guys waving in the water." When Paul came in he said, "Some guy broke his neck." Ed took an OCC tanker out. Wayne Faulkner called the ambulance.

Karl Heyer IV, Matt Kresser and Mike DeMarco (employee) went out in a canoe. By this time, Bill was on a tanker board being held with his neck straight. The board was lifted onto the iako of the canoe. The iako is the two small pieces of wood that hold the ama (the outrigger) to the body of the canoe. For those who know canoes, this wasn't an easy task and it took an hour to bring Bill in.

Once on shore, Kevin Haggerty, OCC security guard, assisted the others with unloading the board from the canoe and bringing Bill through the lobby and to the waiting paramedics.

How did everyone know what to do? "I'm an Eagle Scout," said Li, "and I took Red Cross courses from Gray Woolaway who taught me water safety instruction (lifeguarding). Anyone who learns first aid knows 'don't move the neck.""

Ed is a psychology and business

major at Santa Clara College now, but he remains active in water and other sports, and advises anybody who plays around the water to know basic lifesaving and first aid procedures.

Gray Woolaway says he'll offer any course anytime anybody wants one, just ask him. Obviously, it paid off for Bill Andrews.

Bill says the members and beach attendants at OCC were tremendous. He was rushed to Straub by ambulance where he was on the critical list and in intensive care. He had three vertebraes crushed and multiple fractures.

He was sent home in a steel brace. After four days at home, he developed pneumonia. He is now in a neck brace. He can dress and feed himself, can move his arms and legs, is walking and talking and visiting the Club. He goes to therapy three times a week at Castle Hospital.

Bill says his right side is still weak, and he has to rest a lot, but he is cheerful and optimistic. Also thankful. He really appreciates that everyone knew what to do, saw the need for help and came to his rescue.

Bill says there were others who helped him whose names he did not get. He wants to express his gratitude to everyone for helping him come out of this ordeal without being paralyzed. If you were one who helped Bill, and your name isn't mentioned in this story, please tell us who you are.

For more information on spinal injuries, we asked Dr. Bob Smith, OCC member who is an orthopedic surgeon at the Honolulu Medical Group, for some technical advice.

When told about Bill's rescue, Dr. Smith praised those who were able to get a surfboard up on a canoe in high surf. He also recommended first aid classes.

"It is important to stabilize the neck because there is usually a fracture or dislocation in any neck injury," he said. "One literally 'breaks one's spine' and in that arc of the two joints where the spinal cord goes down, any instability creates the damage to the spinal cord.

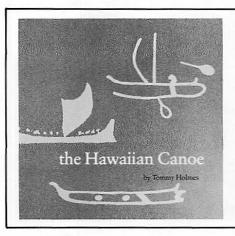
"The injured person should be face up, and not moved. The neck can be stabilized with sandbags or held to prevent the spinal cord from snapping because that's what creates the paralysis."

Moral of the story: Stay physically fit, take lifesaving classes, look out for those in trouble. All of those and more, helped our Outrigger members and staff help one of our own.

#### **New York Marathon**

Seven Outrigger members ran the New York Marathon on Oct. 27 and turned in good performances despite getting caught in a mob of 20,000 runners. They include:

	Time		
Reed Minuth	3:29.01		
Carol Wilbur	3:46		
Jimmy Dean	3:54		
Ben Cassiday III	NT		
Bill Strickland	4:42		
John Kelliher	4:41		
David Cheever	4:53:17		



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### **Pearl Harbor Remembered**

By Bill Capp

On December 7th, 1941 we had beautiful waves and I had to sneak away from my sleeping bride, "Chic," to go surfing. While parking on Kalakaua, anti-aircraft bursts over the Pearl Harbor area. Knowing that the Coast artillery did not fire at practice targets over the land I hastily drove back to the apartment.

I grabbed a rifle and a pocket of shells and drove to the airport in six minutes. Upon arriving, an Inter-island pilot said, "Here comes one," so we hid behind a telephone pole. It was a Zero strafing the flight line. The machinegun bullets were tearing up the pavement around us.

Suggested that the private plane operators remove propellers to render them useless to the enemy. Leaving the airport, I had the feeling that the clutch was failing. I could get out and run circles around the car, although by the speedometer we were going 80 mph. Got strafed twice by zeros, the tracers appeared to be coming in the right

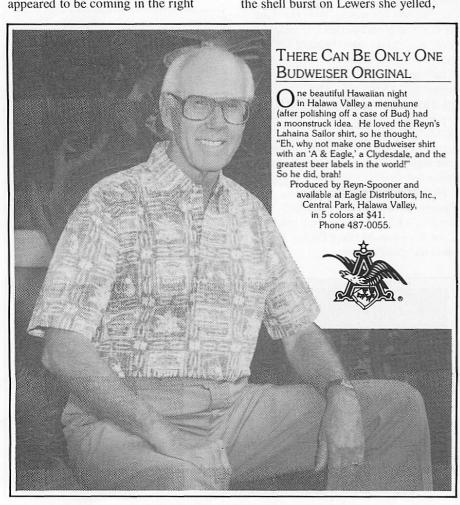
window and out the left. Only hit was on the front bumper; scares the hell out of you to say the least. Out on the highway the clutch was still slipping at 90 mph.

Going by Tripler Hospital a battery of anti-aircraft fired. I wound up hanging out the right window, got back in the driver's seat and decided to observe all traffic rules. Waited for a green light on School Street. Only by looking in the rear view mirror did I see a Packard get a direct hit by a shell or a bomb, several persons were killed. Going through the McCully area numerous small fires were burning. Most of the damage in town resulted from the Navy ships firing point blank at enemy aircraft. Just as I was entering Lewers a shell hit a few hundred feet away doing major damage to several buildings.

Upon entering our apartment I saw a neighbor was out cold on the floor and coffee dripping from the ceiling. When the shell burst on Lewers she yelled,

"Oh my god," and tossed her cup in the air. The place was packed with neighbors and Chic was feeding them toast, cookies, tea and coffee.

Checked in at the Outrigger Club and found Duke Kahanamoku (Sheriff) eating breakfast, unaware that an attack was in progress. He said, "I had too much to drink last night." Auwe! Suggested to the Club Manager that he ready all employees to fight possible fires—found that NO fire extinguishers were available. We placed all available tubs and buckets around the buildings and filled them with water and members' bath towels.



#### Swimming: U.S. Masters Swimming Long Course National Championships Aug. 17-20, 1985 Providence, R.I. Women 65-69 Joan Osborne 1st, 50-M Butterfly:55.6 2nd, 100-M Freestyle, 1:40.94 2nd, 200-M Freestyle, 3:41.11 2nd, 400-M Freestyle, 7:40.59 Men 75-79 Lloyd Osborne Ist, 200-M Ind.Medley 4:03.38 Ist, 400-M Ind.Medley, 9:27.50 3rd, 100-M Freestyle, 1:29.48 2nd, 200-M Freestyle, 3:22.12 1st, 400-M Freestyle, 7:03.16 1st, 1500-M Freestyle, 29:13.11 **Running-Swimming:** Geothalassion Oct.27 Waikiki Missy Mowat 1st, Overall, Women:12.19 Kai Mowat 4th, 12 & Under, N.T. Running: Pepsi 10K 9/22/85 Ed Moore :49:55.

# **Halloween Costume Party**



Majority rule, give that contestant a five say judges, from left, Rab Guild, two unidentified guests, Anita Brightman, Bob Fischer, Alika Burso, Judy Mounts, Cline Mann and Stephany Sofos.



Stephany Sofos was the Mouseketeer and Terry Pynchon, Ms. Piggy.

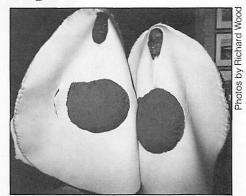


Sean McKibbin came dressed as the shiek, Ann Martin was the scarecrow, Tina McKellar was the cave woman, and Lisa Siggers was Ms. Froggie.



Michele St. John and Stopper Donehue show their true affection.





First place winners of the costume contest were Vik Watumull and Tanya Fennelly.



The couple of the evening were Jim Nicholson and Sue Oliver.



# Moloka'i Hoe



Bob Riley made sure his crew had the paddles.



Moloka'i Hoe '85 didn't turn out the way anyone had predicted. An upstart group of kayakers from Illinois, in an Outrigger racing canoe, covered the 41 mile course in 5:33:05.

Outrigger's first canoe, with a crew of Henry Ayau, Bill Bright, John Finney, Mike Fox, Walter Guild, Marc Haine, Aka Hemmings, Ed Pickering and Bob Riley, finished in seventh place overall in 5:42:02.2. They were second in the koa division.

A second crew included Tom Conner, Keahi Farden, Karl Heyer IV, Kala Judd, Chris Kincaid, Tom McTigue, Dana Rupey, Mark Sandvold and Steve Van Lier Ribbink. They finished eighth overall in 5:42:27.4. They completed in the fiberglass division.

Outrigger's Masters crew included Jeff Avery, Mark Buck, Mike Clifford, Bill Danford, Tim Guard, Mike Holmes, Scott May, Bill Mowat, and Steve Quinn. They finished 21st overall (of 48 entries) in 6:01:01.4. They were third in the Masters division.



Ed Pickering tapes up his hands for the long race.



Masters crew members Bill Mowat, Bill Danford, Tim Guard, Mark Buck and Steve Quinn make adjustments to their canoe before the race.



Before dawn, paddlers, coaches and supporters boarded the bus for the drive to Hale O Lono Harbor, start of the 41-mile race.



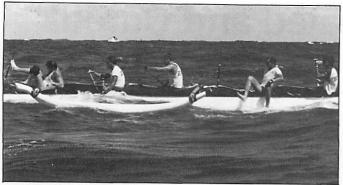
Bill Cook prepares hot dogs for hungry paddlers the night before the race on Molokai.



Outrigger paddlers Steve Quinn, Mike Fox, Henry Ayau, Brant Ackerman (rear) carry the Leilani down to the water for the start of the race.



Resting on the escort boat with coach Steve Scott were Dana Rupey, Chris Kincaid and Steve Van Lier Ribbink.



Steve Van Lier Ribbink (seat two) and Dana Rupey (seat five) jump into the boat during a paddler change, while teammates Keahi Farden, Tom McTigue and Tom Conner hold the course.



Outrigger's junior crew crossing the finish line at Fort DeRussy.



Jeff Avery greets son.



Henry Ayau paddled for the senior crew. In background are Mark Sandvold and Keahi Farden.



Tim Guard and Mike Holmes discuss masters crew finish.



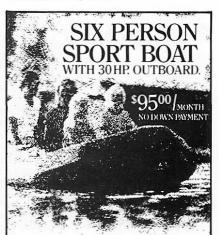
Carrying their boat onto the beach at the finish were Tom Conner, Dana Rupey and Marc Haine.



Sandra Stanley welcomes Marc Haine.



Kris Smith and Mike Fox treat Steve Quinn to a massage after the race.



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# Mid-Life Crisis—Treated and Cured!

By Sharon "Doc" Bintliff

Several years ago I departed Hawaii, explaining to my family and friends that I'd earned my mid-life crisis and I was going to have it. Well, have it I did!!!

So what was it like . . . leaving security and returning to a demanding training program in Emergency Medicine at Oakland, California's Highland Hospital Trauma Center? Well, it was challenging, exciting and damned difficult.

I immediately exprienced a free-fall drop in status, from full professor to junior resident. I mean the janitors had more seniority and respect. You don't know anything and it's painfully evident you don't know anything. If people didn't say it, you knew they were thinking it.

Remember now, I'd been around the block more than once, administered programs at Children's Hospital, Waimano Home and elsewhere (I'd even survived a term on the OCC Board of Directors).

I thought of myself as competent, worldly and together. All of a sudden, I felt like a fresh-out-of-medical school student who didn't always remember which end of the stethoscope to put in my ears. And night call, often every other night, was something designed only for the youthful.

I will never forget that sinking feeling my first day on duty in the ER when four victims of a drug war arrived at our door: two shot (close range shotguns) and two stabbed. At that point I realized that you do get a few extra points for maturity and age. Besides, I reminded myself how many seasons of long distance paddling with Coach T. C Conner I'd survived. This trauma stuff should be a cake-walk!!

Well, those kinds of days and patients became the ordinary (yawn!) and I almost forgot how to treat ingrown toenails and sore throats. Fortunately, after a couple of months,

in spite of the sudden demotion and acute feelings of stupidity, I was a seasoned traumatologist and enthused to confirm that "you can teach old dogs new tricks."

I am extremely grateful for the superb training program there. I feel prepared to manage everything that could appear in any ER where I might work.

So I'm now a card-carrying ER doc and on the front line working in sleepy Kona for a year. Although known for its "gold," Kona is nursery school compared to Oakland. It's really laid-back and slow; and yes I sorely miss my cool Tantalus home, Oahu surf and beaches, OCC and paddling.

I know that this adventure to a new career was more than just to earn another set of abbreviations after my name. I learned some very valuable lessons and I love my new work. I'm enjoying country life, reading best sellers, training on my surf ski and riding my bicycle.

This experience confirmed something I think we all intuitively know: that the leap in such life changes is not the fearful demon we imagine. The question was never "could I do it?," but rather, "do I dare risk such a change?"

As in most significant changes, the risk we take is only to reach something very special and important. This adventure has shown me my personal edge, and how close I am willing to live to it. I now have a passion for life like I've never known, and can't wait for the next 50 years.

Any of you out there still contemplating a mid-life crisis? GO FOR IT!

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#### **Paddleboard Race**

The Paddleboard Committee will hold its Ocean Paddleboard Race on Saturday, Dec. 28 at 10:30 a.m.

The race will be 10,000-meters and follow the same course used in the summer race, except it will be repeated, according to Karl Heyer IV, committee chairman.

The race is open to the public. There is no registration fee. Registration will be taken at the Terrace beginning at 9:30 a.m. An awards ceremony and luncheon will follow the race.



### As the Terrace Turns



Congratulations to Carolyn Corrigan who evidently took the right way to the "cattle call" for talent for the local shooting of "Blood and Orchids." She was one of a small group selected in September from hundreds of hopefuls, for a part in the movie about a famous happening in Honolulu history. Carolyn continued her quest for stardom by an appearance in a Magnum episode in October. . . .

Karl Heyer IV, Cindi White and a few other OCC members tested their "mind power" and completed the Firewalk, a personal power seminar conducted by Tony Robins . . .

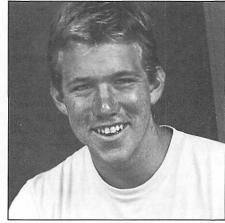
To start an exhausting day, Tiare Richert-Finney, Lisa Siggers and John Finney's cousin, Richard, ran in the Stroh's Run for Liberty, and then they picked up Traci Phillips and went out to Waialua Ranch to play cowboy . . .

That wonderful Halloween decorated window in the Club Lobby, was decorated by Pii Schneider, Ann Martin and Rod Muller of the Entertainment Committee, with able assistance from Sean McKibbin and Kekai Kealoha . . .

Guido Salmaggi, vice-consul of Italy, ran into Jose Ferrer at the Club Sunday Buffet. It was the first time they'd seen each other since 1960 when Guido, then general director of the Brooklyn Opera Company, presented Jose in the title role of Puccini's opera "Gianni Schicci." Jose directed as well as starred and Guido recalls it drew front-page raves from the New York Times . . .

Greetings from the British Virgin Islands from Cassie Senner. Cassie has been a non-resident member for 1½ years. She is now ship's cook on the yacht, Friendship. She started at Grenada and expects to be in Puerto Rico next spring . . . Scott Stevenson, who was Athlete of the Year at Punahou last year, is attending Cal Irvine this fall where he made the varsity and traveling water polo teams. This summer he played for the South team that won the Silver medal in the National Sports Festival.

Chris Duplanty is also playing



Chris Duplanty

varsity water polo this year at UC Irvine. Last year, Chris was named "Rookie of the Year" on the swimming team and set a school record in the breaststroke. Last summer he was a member of the U.S. National B water polo team and was named to the All Tournament Team in the Hawaiian International Water Polo Tournament. . . .

Midgi Brooks and her Suckers Unlimited, Inc. business partner were interviewed on KITV's Oct. 20 night news featurette, "Kai's People." Midgi is the supplier of the Club's Easter and Mother's Day chocolate treats.

Frank Walton spent most of October copy-readying the page proofs of, and preparing an index for, his book about his old Black Sheep Squadron mates. The book, titled "Once They Were Eagles," is scheduled to be out next May. It is being published by The University Press of Kentucky. . . .

Hugh and Marlene Murray have announced the birth of a son, Brett William on Oct. 10. Hugh is now doing his residency in podiatry at the VA Hospital in Palo Alto. Hugh graduated from the California College of Podiatric Medicine in May.

Descendants of James Campbell met at the Club last month for an interview with the Star-Bulletin's Lois Taylor. They included Campbell's daughter Beatrice Campbell Wrigley, granddaughters Lani Marty and Beatrice Keller, great granddaughters

Wendy Crabb and Cynthia Foster, and great great grandchildren Kaione and Kristin Crabb and Hugh and Ryan Foster. . . .

Marathon regulars from Australia are visiting again at OCC. The running families of **Keith "Blue" Bell, Ted Langfield** and **Alex Quintner,** are back again to enjoy the Honolulu Marathon, the Royal Hawaiian Hotel and the Club

Fred Rainey, art director for RSVP Magazine and Aloha the Magazine of Hawaii and the Pacific, was pleased to learn that one issue of each was selected for inclusion in the Print Magazine Regional Annual. The publications were selected for their design excellence and on the range of style exhibited by the two very different publications, executed by the same staff.

#### Contribute to the OCC Foundation Every Time You Travel

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# **Blue Angels Preview for OCC Golfers**

By Frank E. Walton

The 58 golfers who participated in the Outrigger golf tournament at Hickam AFB on Friday, Oct. 18, got an exciting preview of the Navy Blue Angels' fabulous show.

Those whose putting is disturbed

#### **Christmas Party**

The annual Christmas Party for the Outrigger Canoe Club permanent membership will be held from 2-4 p.m., Dec. 25. Dress is informal (no tank tops or swimwear, please).

As a reminder, the annual Christmas Party is for all classes of permanent members only. Traditionally the party is closed to Nonresident B and C members, and to *all* guests—other than spouses and escorts of authorized single members.

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by small boats racing about in the bay, had a REAL problem when one of the famous aerobatic team did a snap roll on takeoff, passing low enough overhead to have been reached with a chipping iron.

That exercise, along with hot, humid weather, managed to keep the scores high.

John Holm won A Flight Low Gross with an 82, followed by Jim Hirakawa at 84. First and Second Low Nets went to Bob Anderson and Roy Kesner with 70 and 71.

Bill Woodrum and Ian Emberson took B Flight Low Gross honors with 88 and 93 respectively, while Eric Emberson and Bob Kashare annexed the Low Net trophies at 68 and 70.

John Melim and Colin Chock took home the C Flight Low Gross and Low Net awards respectively with scores of 87 and 74.

Pam Dillingham won Ladies Low Gross with a 102 while Mildred Arnstein had the Low Net at 76.

This was the Club's last golf tournament of the year which saw a total of 223 players participating



Dick Millard, Rab Guild and Bob Anderson played the course.

(including 46 ladies) in the four tournaments that were held. Next tournament is to be in February 1986 at Hickam AFB.



Roy Kesner, Pat Olds, Robbie Ostrem and Jim Schutte.



Golf Committee members Bill Capp and Hal Mehlberg enjoyed play at Hickam.



Hal and Donna Mehlberg and Stephanie and Gen. Jim Landrum.

2535 Coyne Street

# Wine Tasting Party

By Marillyn Thompson

Twas another great wine party at the Outrigger Club Ray Ludwig and his staff were, of course, at the hub With 31 wines at 7 stations;

279 members and guests tasted the libations

Consumption was up from last year's party And at a bottle a person . . . Those OCC folks sure are hardy

And I heard it proclaimed, and I know, without fear . . . We really should have this function at least twice a year!!!!

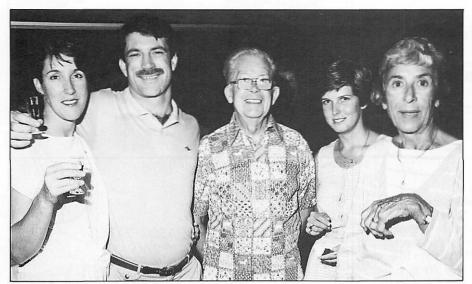


Cheryl Knox-Costa, Club sommelier, and OCC waiter Al Canopin, show off several labels to guests.



Above left: Anne Nicol, Michele St. John and Suzy Hemmings enjoyed the pupus and the wine.

Above right: Tom Vesey pours wine for Louise Peterson, Donna Eustace and an unidentified guest.



Several vendors provided a variety of red and white wines for sampling and comparing. These were enjoyed by Terri Frank, Eddie Frank, James Kelly, Beth Moorman and Enid Kelly.



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# **Outrigger Foundation (Tax) News Bulletin**

By Ron G. Sorrell

#### Tax Reform Bill

Washington (10-15-85)—The House Ways and Means Committee voted to permanently allow non-itemizing taxpayers to deduct charitable donations, but opted to pay for the idea by cutting the standard deduction most people would get under tax reform.

In its session yesterday, the panel voted 23-13 to permanently allow non-itemizing taxpayers to deduct charitable contributions with a minimum floor of \$100 per year.

#### **Charitable Donations: How To Profit From Giving**

Now's the time to act if you've been thinking of making a charitable donation to the Outrigger Foundation. If you give before the end of the year, you may gain the largest write-off available under the law. Starting next year the value of deductions for charitable contributions will decline—assuming President Reagan's sweeping new tax reform proposals become law.

#### **Accelerated Giving**

Currently, with the top income tax bracket at 50 percent, a donation to your favorite charity (hopefully the Outrigger Foundation) earns you a write-off of up to half of the fair market value of the gift. But next year with the top bracket sliced to 35% for the second half of the year, a similar gift will be worth 7½ percent less. And in 1987, with the top bracket at 35 percent for the whole year, the same gift will be worth only about a third of its market value as a tax deduction.

Important: Charitable donations, unlike most other write-offs can be prepaid. You can make (and deduct) gifts this year to satisfy future commitment. So you can adjust the timing of the gift to coincide with a period when you need the deduction most. For example, to offset a burst of income or to take advantage of higher write-off rates.

Quirk in the proposed new law: Under the proposal, with a 35 percent top income tax bracket and with the upper estate tax limit at 55 percent (50 percent after 1987), some philanthropic members may opt to put off their donations, let their estate make the gift and get the higher estate tax write-off.

#### **Donation Timing**

An individual may claim a charitable contribution equal to 50 percent of his/her annual adjusted gross income. If the donation consists of appreciated property, the limit is 30 percent of adjusted gross income.

Corporations, on the other hand, can give up to 10 percent of their net income. So while it's usually more advantageous for a corporation to make the gift (and thus the donated funds avoid double taxation) the limits on the size of donations (10 percent vs. 50 percent) may force a philanthropic business owner to make a personal rather than a business donation.

Caution: before that decision is made, consult a tax adviser. The laws are complex and it's easy to stumble.

#### **Best Gifts**

The best property to give is appreciated property. You get a deduction for the property's full fair market value at the time of the gift, and you don't pay capital gain tax on the increase in value.

Tax reform trap: Under the Reagan proposal, the increase in value of donated property would be a tax preference item subject to the alternative minimum tax. *This is another reason to give this year*, before the proposal become law.

My favorite is Trust giving

Many tax-wise and prudent people who would like to make a donation to our charitable Outrigger Foundation, but are worried about their need for security as they get older, opt for a plan called a "remainder trust." The property in such a trust can be income producing property or even a home.

How it works: Although the donor signs the title over to the Outrigger Foundation, he/she gets to keep all or part of the income the property produces during his/her lifetime. Or, if it's a house/apartment, he/she can remain in it until he and his family die.

Such a trust is usually a good deal for both the donor and the Outrigger Foundation. The donor is able to take a charitable deduction in the year the trust is drafted. The amount of the deduction is determined by the value that remains in the asset. The IRS uses the donor's life expectancy and actuarial tables to determine the value.

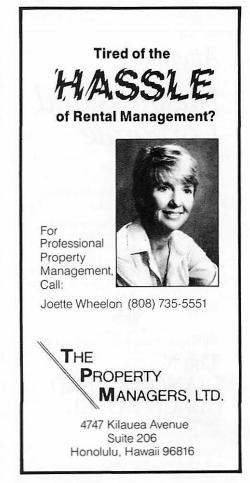
As a general rule, the older the donor, the larger a percentage of the asset's value can be taken as a deduction.

Remember: Before a decision is made, consult your tax adviser. The laws are complex.

#### Athlete's Fete

December 31 is the deadline for all committees to turn in their athletic awards and pictures for the Athletic Awards Party to be held in February.

The Public Relations Committee must have all of the results you want printed in a special issue of The Outrigger by Dec. 31 in order to meet printing schedules. If you want your sport to be in print, get the results in to PR as soon as possible. If you need help, ask your representative on the PR Committee or contact Lisa Siggers.



# **Board Briefs**

By Gerri Pedesky

Treasurer's Report: Members' Equity as of September was \$4,412,997, which represents a year-to-date increase of 18.2%. Delinquent List: 5 members were suspended for 15 days for being delinquent with their accounts and 1 member was terminated for being delinquent during his probationary period.

Manager's Report: The Food Summary indicated, on year-to-date sales of \$1,298,677, a net bottom line gain of \$18,433 was generated as compared to a net bottom line loss of \$858 for same period in 1984. This gain was accomplished without an increase to Club's price structure within the 12 month period. 282 people attended the Wine Tasting which was very well received.

Admissions and Membership: Board discussed recommendation that a Nonresident-A quota be established due to that category's ever increasing size.

Attention

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Membership Count as of September 30, 1985 was 3,864.

House Report: Motion was approved to change the employee's Group Annuity Contract from a Deposit Administration Contract to an Immediate Participation Guarantee Contract which will result in a substantial savings to the Club and increased benefits to the employees . . . The new, Sunday Brunch Buffet has been received with very favorable response . . . Committee was asked to find alternative space for paddles hereto-fore stored in the air-conditioning room in the men's locker room . . . Committee seeking guidelines regarding policy of who may attend Club's Annual Christmas Party.

Building & Grounds: Committee to look into having canoe above bar cleaned up and with some type of lighting installed to enhance display.
. . . Athletics: Levi Stanley was approved as new member of the Surfing Committee.

Entertainment Report: Committee working on upcoming functions with New Year's Eve, St. Patrick's Day and Winged "O" Athletic Banquet dates set and Captains selected. . . . Public Relations: Board approved funds for the 1985 Marathon Aid Station.

Historical Report: Committee continues with fine job of collecting oral histories and is currently researching awards given to Winged "O" recipients for a permanent report.

Special Projects: Adopt-A-Park project was discussed. Club hoping to participate with Department of Parks and Recreation in maintaining median strip across from Club between fountain and first turnaround. City to supply grass seeds, dirt and fertilizer and Club to supply manpower.

President's Comments: Manager was instructed to purchase a portable pump to use during heavy rains to relieve flooding (especially into Boardroom) . . . Funds were approved for Bridge Club's Annual Christmas luncheon.

New Business: Board approved use of Club's buoys and whaler for annual Looong Distance Swim . . . Funds were approved for a Xerox word

processing system for the Executive Office . . . It was moved and approved that Club usage by Nonresident-A members cannot exceed 26 weeks in a 12 month period. It will be considered one week's usage if a Nonresident-A member visits the Club anytime within a calendar week (Monday through Sunday).

Outrigger Foundation: The Board was informed that Junior member Missy Mowat won 1st place in her division and 3rd place overall at the Ironkids Competition at Disney World on October 10. Her brother, who is not yet old enough to be a member, also won his division in the national competition. The above briefs were taken from the Oct. 17 Executive Meeting and the Oct. 30 Board of Directors meeting minutes.



#### Limitations

Quotas may be established by the Board of Directors on the number of Nonresident-B and/or Nonresident-C Members and their guests authorized at any one time. Attendance at certain Club functions by Nonresident-B and -C Members and all guests—other than spouses and escorts of authorized single members —may be limited.

#### 1986 A Look Ahead

#### **January**

25 Asia Night Volcano Run

#### **February**

16 Women's 10K 17 Winged "O" Banquet

#### March

17 St. Patrick's Day Party

# **Duck Hunting at the Outrigger Canoe Club?**

By Doug Jocelyn

We all know about swimming and surfing and sailing and other such sports, but *duck hunting*, an Outrigger Canoe Club sport?

Yes, duck hunting. This is just one of the fascinating pieces of information which has been uncovered during the Club Historical Committee's Oral History interviews. Admiral Ronald Higgins, U.S. Navy (Ret.), a club member since 1911, told of a duck hunting incident during his interview with Kenneth J. Pratt.

"There used to be a stream between the old Outrigger Club and the Moana Hotel which went Mauka a considerable distance into duck ponds where Prince Kuhio kept his canoes. One Saturday morning, Don Hayselden and I decided to paddle up there and shoot a duck; he had a 16 gauge single barrel shotgun.

"We paddled up the stream—the bridge on Kalakaua Avenue just high enough to let our canoe through. We got to the head of the stream and sure enough there was a flock of ducks up

there, just swimming around. As I edged the canoe up to a mud bank with deep grass, Don climbed out to get close to the ducks. In doing so, the mud was so soft that he went up to his knees and as he did that, the muzzle of his gun went into the mud. He got one duck segregated from the flock; he raised his gun and fired. He got the duck alright but the whole front of the gun split wide open just like a piece of newspaper.

"We captured the dead duck and took off down stream as fast as we could so the Chinese duck keepers up there couldn't follow us or find out what was going on. On the way, we plucked that duck nice and clean and took it down to the Outrigger Canoe Club where we got old Sasaki to put him in the refrigerator for us. Home went the duck later with Don where his mother's cook roasted him for us, and a couple of days later, Don brought him back to the Outrigger and we had a nice luau."

This is a sample of the many

engrossing facets of Club lore which have been gathered during the Oral History Program.

#### In Memoriam

George A.W. Hart

Deceased: Oct. 27, 1985 Regular Member: 30 years

Ruth C. Truslow

Deceased: Oct. 24, 1985 Regular Member: 15 years

#### **New Members**

Regular: Vincent Brown, Ethel Bird, John Semenza, Lonnie Tiner, John McCandless.

Intermediate: Laurel Laine.
Junior: Heidi Emerson, Eliza
Leineweber, Amy Leineweber, Helene
Scatcherd.

Non-Resident: David Walters, John Ritchie, John Bernards, Kevin Shepard.

## December 1985/January 1986 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8 Honolulu Marathon Sunday Brunch 8:30 a.m. Buffet Dinner 6-9 p.m.	Aerobics 8 a.m. Noon Bridge Monday Night Football Party	Public Relations Mtg. 5:15 p.m.	Aerobics 8 a.m. House Mtg. 11:30 a.m.	12	Aerobics 8 a.m.	<b>14</b> Phillip Ingalls 6:30-10:30 p.m.
Sunday Brunch 8:30 a.m. Buffet Dinner 6-9 p.m. Looong Swim	Aerobics 8 a.m. Noon Bridge Employees Xmas Party Monday Night Football Party	17 Bridge Club Luncheon	Aerobics 8 a.m. Admissions & Membership Mtg. 5:00 p.m. Keiki Party 5 p.m.	19 Board of Directors Mtg. 5 p.m.	<b>20</b> Aerobics 8 a.m.	21 Phillip Ingalls 6:30-10:30 p.m.
Sunday Brunch 8:30 a.m. Buffet Dinner 6-9 p.m.	Aerobics 8 a.m. Noon Bridge Monday Night Football Party	24	25 Merry Christmas OCC Christmas Party 2-4 p.m. Christmas Dinner 5:30 p.m.	26	Aerobics 8 a.m.	Phillip Ingalls 6:30-10:30 p.m. Ocean Paddleboard Race 10:30 a.m.
Sunday Brunch 8:30 a.m. Buffet Dinner 6-9 p.m.	Aerobics 8 a.m. Noon Bridge	31 New Year's Eve Party 9 p.m.	1	<b>2</b> Building & Grounds Mtg. 12 Noon	Aerobics 8 a.m.	4 Phillip Ingalls 6:30-10:30 p.m.



#### **Annual Keiki Christmas Party**

The annual Keiki Christmas Party will be held on Wednesday, Dec. 18. Our Club youngsters, along with their parents or grandparents, are invited to enjoy a buffet dinner especially for the keikis which begins at 5 p.m., accompanied by exciting entertainment.

And then, just after sunset—Santa! In traditional Hawaiian fashion, Santa will arrive by outrigger canoe to thrill our keikis, giving each child a special Christmas gift. Plan to bring the youngsters and have some family fun at Christmas time.

(Note: This is an Outrigger family affair, so no guests please. And remember, the Dining Room will not be open for regular dinners this evening.)

#### **Christmas Day Party**

The Outrigger will welcome all of its members at a traditional Christmas Day party from 2 to 4 p.m. Plan to spend some time greeting your fellow mmbers with Yuletide cheer and Anzai's Banzais or Eggnog! And, as always, the pupus will be ono-licious!

#### **Christmas Dinner**

The Dining Room will be serving a special full-service Christmas Dinner on Dec. 25, so be sure to make your reservations early! Seating will begin at 5:30 p.m.

#### New Year's Eve Gala

A Gala Dinner Dance will welcome in the New Year at the Club on New Year's Eve. Phillip Ingalls' Orchestra will entertain from 9 p.m. at this festive affair. Come and greet the New Year with champagne and friendship at this special event.

# **Ø**ütrigger

Published monthly by the Outrigger Canoe Club

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#### Officers and Directors:

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#### **Outrigger Staff:**

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On the Cover: Santa Bill Capp will greet youngsters at Keiki Christmas Party. Photo by Jan Newhart.

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