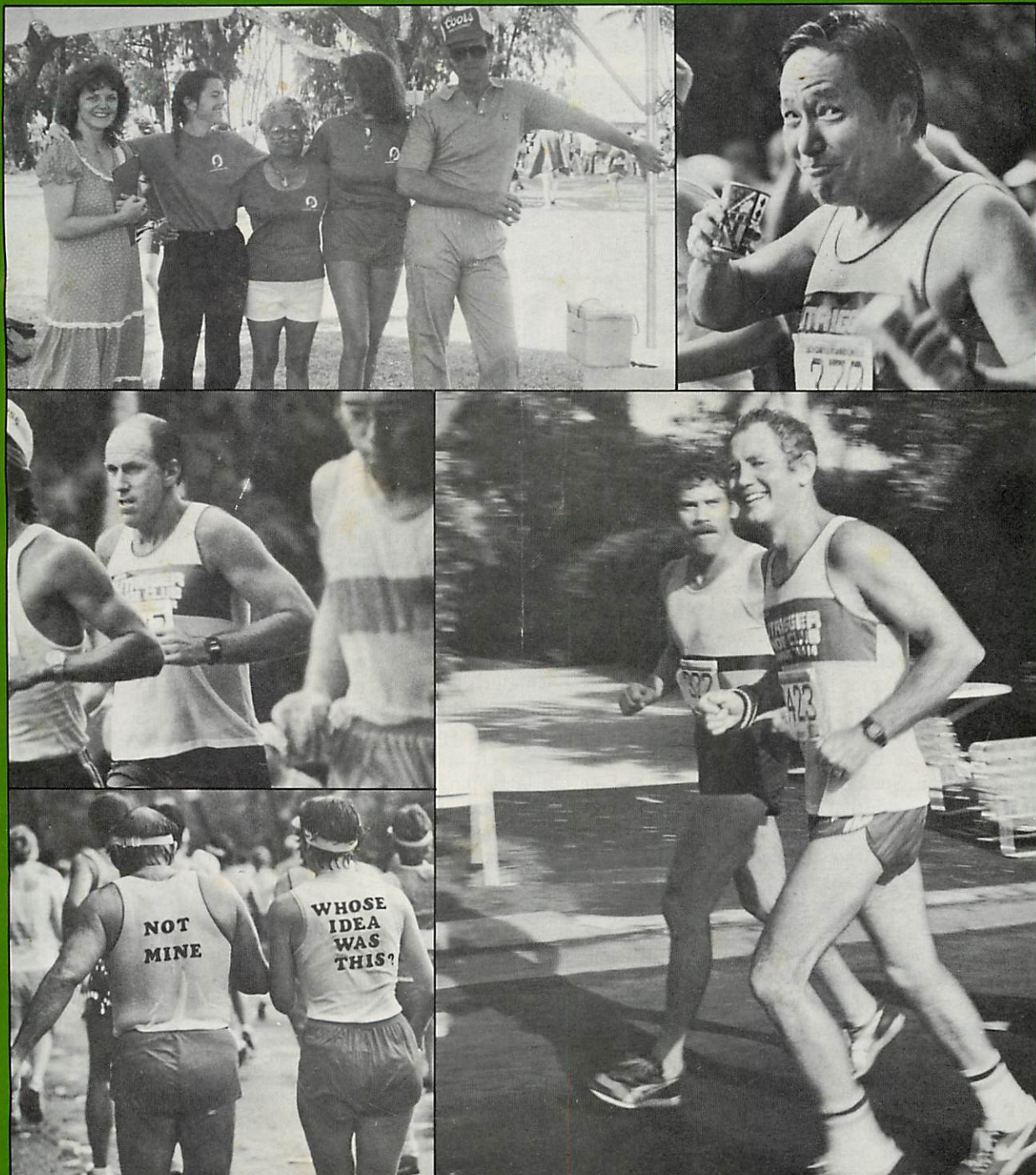
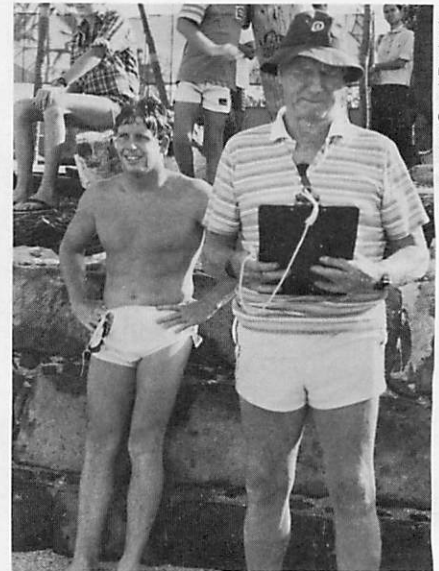
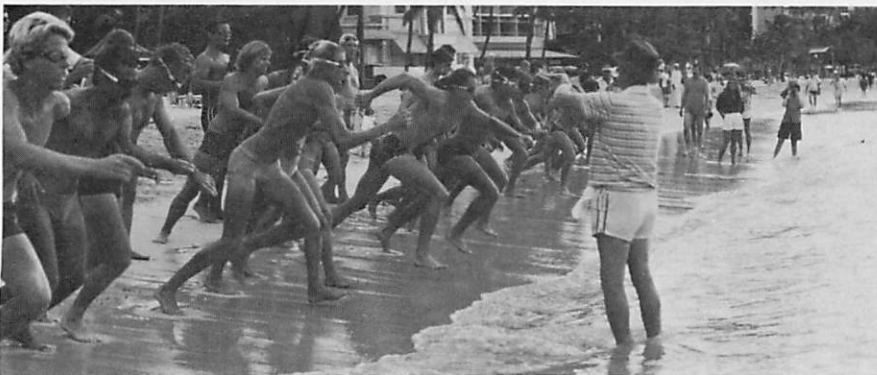


the Outrigger

January 1983



Published by the Outrigger Canoe Club for Members and Guests at Home and Abroad.



Photos by Gerri Pedesky

Above: Jimmy Dean, first to finish with a record setting time of 27:47, with race director Frank Walton.

Top left: At the start.

Left: Meet Director Frank Walton (back to camera) gives the go signal to Castle swimmers.

Castle Swim

By Gerry DeBenedetti

Hurricane Iwa notwithstanding, the Castle Swim goes on! Thirty-four stalwarts appeared at the Hau Terrace the Sunday after Thanksgiving, for the 9th annual revival of the Castle Swim. The large crowd was reflective of a surge of swimming popularity after recent publicity (in *The Outrigger*) stated that swimming makes you strong and gorgeous. Looking at Lloyd Osborne (M70) and Aileen Soule (W75), one could hardly argue with that premise.

Seas were calm, times were fast, and Jimmy Dean made his fastest winning time yet: 27:47. His previous best time was in 1979: 29:17, so this was not only a win-again for Jimmy, but a course record. Maybe there is truth to the rumor that he walks on water! We do know that Jimmy swims faster than his escort paddler, who had to shortcut into the course in order to stay with him.

Thanks go to the many helpers who assist the swimmers every year. Cline Mann and Wayne Faulkner, course layout; Frank Walton and Clair Folsome, timing and scoring; and what seemed like a cast of thousands in paddleboards, canoes, kayaks. It was won-

derful to have all of that support, and even though everyone gets breakfast afterwards, we know it takes more than that to get all those gremmies, friends and relatives out for that 1½-mile paddle.

One of the wonderful aspects of Outrigger participation is that there are always helpers from one sport to another. We encourage all of the swimmers to help out in running, paddling and other events to show your appreciation to those who support *you* in the Castle and other swims.

One additional comment: after several swims with no entries in the younger age groups, it was terrific to see 10 young people under age 25 entered this year, and 9 of those were newcomers. Please keep up your training and join us in 1983 for another swim season.

Results of 1982 Castle Swim

*Age Group Winners		Time	Overall Place
*Boys	Chris Duplanty	31:40	4
Boys	Dawson Jones	31:41	5
Boys	Loch Eggers	35:21	16
*Girls	Malia Snyder	41:31	25
*M18-24	Grady Howe	30:08	3

M18-24	Paul Manaut	32:03	8
*M18-24	Pat Caldwell	33:20	10
M18-24	Karl Heyer	35:26	17
*W18-24	Heidi Schuman	38:26	19
W18-24	Di Guild	40:33	23
*M25-29	Billy Foytich	34:41	15
M25-29	Tom Henke	40:19	21
M25-29	Lee Carroll	43:38	27
M30-34	Jimmy Dean	27:47	1
	(overall winner)		
*M30-34	Ian Emberson	29:24	2
*W30-34	Suzy Johnston	50:23	29
M30-34	Mahi Riley	51:41	32
*M35-39	Roger Cundall	31:42	6
M35-39	Mike Spalding	32:08	9
M35-39	Fred Hemmings	36:51	18
M35-39	Mike Buck	51:41	31
*M40-44	Richard Sylva	31:58	7
M40-44	Bruce Plasch	34:20	12
M40-44	Jim Peterson	40:00	20
M40-44	Doug Kilpatrick	41:26	24
M40-44	Jon Haig	47:29	28
*W40-44	Gerry DeBenedetti	52:38	33
*M45-49	Kimo Austin	33:16	11
M45-49	Jim Anderson	34:37	14
M45-49	Norm Dunmire	43:07	26
*W45-49	Diane Stowell	34:34	13
*M50-54	George Crandlemire	50:30	30
*M70-74	Lloyd Osborne	40:23	22
*W75-79	Aileen Soule	59:25	34

Note: No entries in the following categories—W25-29, W35-39, W50-54, M55-59, W55-59, M60-64, W60-64, M65-69, W65-69, W70-74, M75-79.

Outrigger Neighbors

By Leighton Taylor

Plenty of our club members love to fish, and most are not shy about telling friends and family of their successful catches. Some of our actively fishing Outrigger neighbors are less garrulous about their activities even though they fish daily on the reef in front of the Hau Terrace. These "Reef Anglerfish" (*Antennarius commersonii*) are among the most interesting and bizarre "fishermen" in Hawaii. They are small (3 inches to 8 inches) and are very successful at looking like rocks. You may have swum over one or more specimens without realizing it. Their skin in places closely resembles seaweed, and occasionally there *is* actually limu growing on the surface of the animal.

Unlike most fishes, the anglerfish hides its gill slits behind its pectoral fins and could almost be described as breathing through its armpits. The fins are jointed and allow the fish to creep along the reef surface. The color of anglerfish varies depending on the background on which it lives. It cannot change its color rapidly like many other kinds of fishes (such as halibut and sole), but rather it develops pigment over a period of time to match its surroundings. The color might vary from light yellow to dark red or sometimes the drab brown of limu.

The reason for all this camouflage is its mode of feeding. The first spine of the fin on its back is modified into a tiny fishing pole with a fleshy growth resembling a small worm on the end. The anglerfish sits on the reef, looks like a rock, and casts about with this little fishing rod. Smaller fish swim up to eat the dangling worm and, gulp—the rock opens its mouth (quite large for the size of the animal) and quickly swallows the fish. Rather than tell its friends and neighbors about its successful angling adventure, however, the fish continues to look like a rock until the next likely meal swims past.

The only guaranteed opportunity to see such a fish is down the street from the Club at the Waikiki Aquarium. But the next time you go snorkeling off our beach, take a careful look at that rock—it might really be a fish fishing.

PR Committee Scores Again

At their meetings over the past few months, members of the Club's PR Committee have been having a bit of bubbly. First came a meeting that fell on Emary Lucas' birthday, and out came the champagne. The next meeting fell on Joe Mrantz' birthday—more bubbly. Then, at the November PR meeting, the real surprise: the announcement . . . served with champagne . . . of Gerry DeBenedetti's engagement to Dr. Clair E. Folsome of the UH microbiology department. They have set June 20 as their wedding date, reception to be held at the Club, accompanied by . . . champagne, what else?

Gerry made a similar announcement to her Pi Beta Phi sorority members. On a business trip to Denver and Washington, D.C., she stopped in Reno, where daughter Cassie Senner is a Pi Phi at the University of Nevada. Gerry's arrival coincided (there are no accidents!) with a Pi Beta Phi Mother/



Gerry DeBenedetti (right) with daughter Cassie Senner.

Daughter lunch, and Gerry observed an old sorority custom of passing a candle adorned with flowers and ribbons and a Hawaiian wedding band as a way of announcing her engagement. Was Cassie surprised! And everyone thrilled to have a Pi Phi mother getting married.

The candle-passing ceremony was repeated in Honolulu at the Pi Phi Gold Service Luncheon held at the Sheraton Waikiki and hosted by OCC member Pat Offer. Needless to say, the brightest gold at the elegant luncheon was that of the Hawaiian gold wedding bands.

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As the Terrace Turns

The Terrace *literally* turned with the momentum of Hurricane Iwa. Hard work by members and staff prevented much damage, but it was a shock to see the beach gone and with it Wayne Faulkner's office (it ended up at San Souci Beach). Many Hobie Cats were broken up but the P-Cat owned by **Norm Dunmire** and **Tom Reiner** survived, thanks to the quick installation of four anchors . . .

Our Club runs smoothly, thanks in large part to the behind-the-scenes crew in Ray Ludwig's office. **Su Zan Brundell** has left the Club for a new career in public relations. She's been a great help in the production of *The Outrigger* and we wish her good luck and thanks. **Jon Lee Hop** has moved to Su Zan's desk and is assisted by new staff member **Patti Leong** . . .

Robert Machan and his wife **Mariann** (he is Hungary's top professional tennis player) brunchted at the Club as guests of **Larry Haneberg**. The Machans were en route to California after a visit in Japan . . . **Paul Friese** is justly proud of daughter **Heidi's** being named a 1982 National High School Track All-America winner. She was one of 393 winners chosen for their performances in state championship meets (some 975,000 boys and girls representing 15,000 high schools were eligible). While at Punahou, Heidi, who now attends UCLA, won the 100-meter hurdles event three consecutive years,



Auntie Eva Pomroy was serenaded on her 78th birthday.

setting a state record with a 14.1 . . .

Honors, too, to **Richard Davi**, recently named the first recipient of the University of Portland's distinguished alumnus award. Now president and chief executive officer of Kapiolani Children's Medical Center, he was a 1952 graduate in business administration . . .

New arrivals: **Mrs. Ted Crocker** welcomed her first grandson, **Patrick Bradford Crocker**, who weighed in at 8 pounds, 9 ounces on Sept. 29 in San Jose, California. Happy parents are **Gail** and **John Crocker** . . . A hurricane baby was **Christopher Keith Sassone**, who was born on Kauai during the height of the big blow to **Mark** and **Kim Heyer Sassone**. Can't wait to

hear his Hawaiian name, which should be awesome . . . **Timothy Emberson** is **Coco** and **Ian Emberson's** pride and joy. The babe was born Sept. 2, a few days before Ian became the first local adult to complete the Waikiki Rough-water Swim . . .

Photographer par excellence **Monty Costa** back from a shoot at Ulapalakula Ranch on Maui. Look for her photos when they appear in an upcoming issue of Time Magazine . . . **Kissy Haine** home for a weekend with 14 of her Stanford wahine volleyball team members, who played the UH Wahines . . . Longtime friends and paddlers from the '40s through the '80s gathered in the Club dining room to help **Auntie Eva Pomroy** celebrate her 78th birthday. **Joan Kaaua** was instrumental in arranging the festivities, which began with an inspirational grace by **Di Guild**. Hawaiian tunes were sung by **Jonah Cummings** and **Mike Buck**, which prompted **Alice Guild**, **Marshall Rosa's** mother **Sara** and **Sara MacFarlane** to favor the crowd with their hulas. **Aaron** and **Connie Young** gifted Eva with a beautiful koa jewelry box and tucked inside was a gift from 66 of Eva's friends . . . Among the '40s paddlers reminiscing about regattas were **Bonnie Eyre** and **Mary E. Ciacci**, who were members of the same OCC junior women's crew. **Brownie Williams** recalled what fun it was in the old days to challenge the waves in small canoes, although she added that usually she was scared to death! . . .

Guests at the Club during Marathon time were a large contingent from Australia, including **Keith "Blue" Bell** and **Ted Langfield**, who have been enjoying guest memberships during annual visits since 1977. Also here, from Colorado, **Padraic Ivins**, and from Washington, D.C., **Robert Rubock**, world-famous mountain climber trying for his first marathon . . .

While on the Mainland (see story on Page 4), **Gerry DeBenedetti** enjoyed reciprocal arrangements at the Denver Athletic Club and The Reno Supreme Court. Gerry reports that both clubs

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have good raquetball courts, and that Denver has everything—Jacuzzi, lockers, restaurants, etc. She highly recommends it to traveling 'Riggers.

Nice to see **Jane Wylie** back at the club once again. She has retired from her nursing career and hopes to devote more time to making her beautiful Early American quilts . . . Congratulations to newlyweds **Kristy Muller** and **Mike Holmes**, who had to forego their honeymoon on Kauai because of Iwa. Their lovely reception was managed with a rented power generator . . . Thanks to **Ben Cassidy** and the Board of Directors, the ladies' locker room has a nice new and accurate scale . . .

The name of this publication will remain *The Outrigger*. That was the preference of the numerous members who responded to our query in the November issue. Only one, in fact, indicated that he (or she) favored returning to the original name, *The Forecast*. So *The Outrigger* it is . . . The same Santa Claus arrived by outrigger canoe to make his 17th appearance at the Keiki's Christmas party. Some of those first keikis had their own keikis at this year's event . . .

The only topic of conversation all day Sunday, November 14, was the



Entertainment Committee chairman James Stackhouse and his wife enjoy the Club dinner-dance.

dinner dance of the night before. "The food was wonderful, the music great." "The people were dressed to kill; the service was marvelous."

Dining Room Manager **Marty Kelly** and his staff provided superb service, and **Chef Teruya** outdid himself with the elegant cuisine . . .

The annual Oktoberfest was another outstanding celebration as hundreds of festive 'Riggers spread out through the dining room, adjoining party rooms, Hau Terrace and bar. Traditional fare ranged from knockwurst and sauerkraut to German chocolate cake, and the lively music of the "oompah" band kept the sell-out crowd dancing until the wee hours.

Garage Landscaping

By Joe Teipel

According to general manager Ray Ludwig, the Club has recently been blessed with the most enthusiastic and ambitious Building and Grounds Committee in years. The improvement to the landscaping fronting our parking garage is merely one phase of an overall design project being developed by the landscaping architectural design firm, Belt and Collins.

Sid Snyder, Building and Grounds Committee Chairman, says the firm, authorized by the Board and his committee, will soon finish a complete proposal report on the overall care and development of our club landscaping and architectural coordination.

As to the bareness of the rimmed Versailles plants, Snyder assures us it will be replaced by fullness and a more aesthetic garage cover in about a year, since twenty new plants will thicken the growth. The old set of Versailles had grown over the garage, and this will be corrected by the new landscaping action. Please bear with us.

Members It Pays to Know



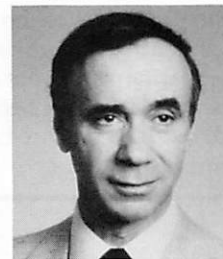
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After the Storm

By Tom Reiner

Hurricane Iwa was a good exercise in showing how poorly prepared the State is for a major emergency and this was not a major emergency for Oahu, which was 200 miles from the center of the storm.

Civil Defense said; listen to the radio, stay off the telephone, the lines are overloaded. We need them for real emergencies. Then all the radio stations except KAIM, which had an emergency generator, went off the air. That station made a few announcements and played religious music and prayers—there just might be a message somewhere there.

The Air Force sent a special CW-130 weather plane from Mississippi to track the eye of the storm. They were up from 7 a.m. to 7 p.m. on November 23, and should have given hourly reports, but no reports were given. It was the best-kept secret of the day or year.

The weather bureau also was conspicuous for saying nothing. They should have issued hourly reports but never even issued a high-wind warning.

Water is a basic. There should have been emergency generators at the pumps for the water supply of the Island.

A major disaster *can* happen here. That might mean no power for two or three weeks, no food, no water, looting in the stores, no police, no fire department, and no communications. I'm painting a grim picture but that is what it will be, if and when it happens, and it can. We *must* be prepared. We live in cardboard houses.



THE MORNING AFTER: Frank Walton's photograph vividly recalls the devastation to the Club beach as seen the morning after Hurricane Iwa struck.

Checklist for disaster planning

Disaster planning begins in the home, and even a simple emergency, such as a power outage, should be anticipated.

- Each home or apartment should have at least two or three gallons of drinking water stored.
- Have a battery radio and spare batteries. Turn it on for news and instructions.
- Keep a supply of candles, big and little, or even storm lanterns.
- Don't forget some canned foods and a non-electric can opener.
- If yours is an all-electric kitchen, even a portable gas-powered burner, available in any sporting goods store, will be heaven-sent. If you have both

gas and electricity, count your blessings. Usually one or the other goes—but not both.

- Buy now and store several rolls of 1-inch adhesive tape or masking tape. This is for large windows to prevent flying glass.

You are now ready for any natural storm or disaster. Please read pages 14A and 15A in the front of your telephone directory for further disaster advice, which we hope won't be needed.

Thanks for your Kokua!

The management and staff wish to acknowledge the tremendous efforts expended by our Outrigger Ohana. Because of these efforts, the clean-up of the Club following Hurricane Iwa was accomplished with few interruptions of Club activities.

I especially want to thank those younger members who turned their energies into productive endeavors.

It is reassuring to know that when an emergency such as this arises, we have members we can rely on to pitch in and help.

Mahalo Nui Loa,
Raymond P. Ludwig
General Manager



A Woman's Place...In the Gym

By Ed She

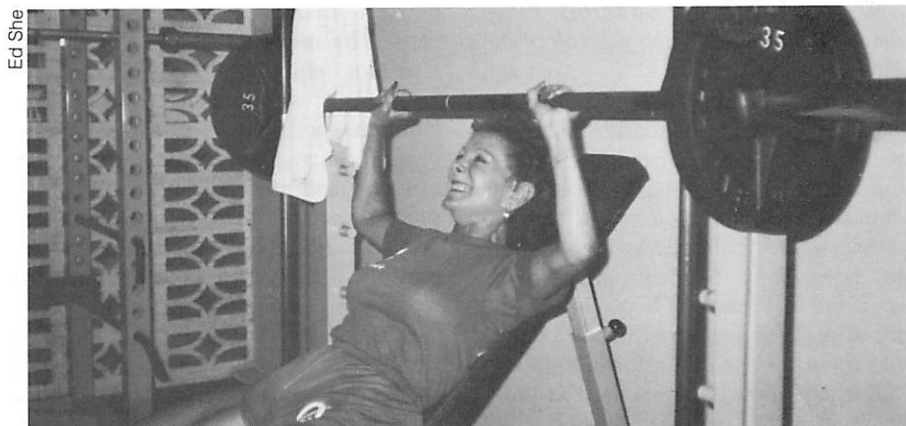
In a previous article in *The Outrigger*, Rick Golt shared his amusing experience at what he called "the OCC Pony Farm"—the Outrigger aerobic exercise class. It was evident from his experience that women can easily be superior to men. In most cases, women who are physically fit display enough endurance to put most men to shame. They are particularly well-suited to long-distance, endurance events and it will not be long before women, with proper training, will be leading the pack.

Men, on the other hand, are best noted in athletics for brute strength, speed and muscle bulk. When we think of gyms or weight rooms, it invokes names like Charles Atlas, Joe Weider and Arnold Swarzenegger. Because of specialized hormones, males tend to build big, bulky muscles from working out; this is where we derive the term, "body building." Because of this association, many women avoid weightlifting and gym exercise; they do not want to look like Arnold. Fortunately, they don't have to; women don't have enough of the right hormones to build big muscles.

This does not mean a woman cannot become stronger; weight training is as useful for women as it is for men, but in different ways. It is possible for women to increase their strength with only a relatively small change in muscle size, which is quickly offset by a loss of fat and sagging flesh, producing an attractive, healthy-looking body.

Weight training is especially important for women in sports, but it is not limited to sports conditioning. Working with weights, affectionately called "Pumping Iron," is good for muscle toning, general health, cardiovascular conditioning, sports conditioning, losing weight and trimming fat. In the Outrigger Gym, we have weights light enough for the newest of beginners and exercises to achieve every conceivable goal.

Weight training is a shortcut to losing weight. Work burns calories. The more work, the more weight you can lose. With weightlifting, you can accomplish in a half-hour or less, the same amount



Nancy Kelley pumping iron in the Outrigger Gym. Neal McHenry is the new Weight Room manager.

of work you produce in an hour or more of aerobic-type exercises. Big muscles? Not as long as you use light weights and do many repetitions quickly. As an added benefit you'll get stronger, have more endurance and you'll be healthier. You'll perform better in all sports, have less risk of injury and have more fun.

The trainers in the gym can guide you in achieving your goals. They'll fill out a work-out card and show you easy exercises to increase flexibility, tone sagging muscles, lose weight and build strength. They can also create specialized exercises to avoid injury if you have a disability that prevents you from exercising.

The gym was built to serve all members from 15 to 95 years old but is limited to members; no guests, guest members or associated members are allowed to use these facilities.

So, ladies, grab your athletic shoes and gym shorts, go up to the second level parking garage (makai side) and get in the act . . . in the gym.

Decal Thefts

It has been brought to the attention of the Board of Directors that parking decals are being stolen. This is a serious offense. Anyone caught using a stolen decal is subject to termination.

Your safety check, auto registration decal and Outrigger decal should be sliced with a razor blade vertically and horizontally after being applied. If anyone tries to peel it off, they will get only little pieces. This is for your protection.

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The Ubiquitous Urushiols

By Norman Goldstein, M.D.

U-ru-shi-ol (oo, roo'shiol)—From the Japanese word, from the sap of the lacquer tree.

The Hawaiian Islands are blessed with a pleasant climate, peaceful vistas of ocean, exotic birds, trees and flowers, and the absence of poison ivy, oak and sumac which often causes a rash in people who are allergic to them. Mango, however, is abundant here—with good and bad seasons. If you know you are allergic to these poisonous plants, watch out for the other poisons!

Each of these Ubiquitous Urushiols belongs to the same family, the *Anacardiaceae*, and each has a similar allergic substance in its sap or fruit. This substance is responsible for more allergic contact dermatitis in the United States than all other allergic substances combined! The ubiquitous nature of this group of plants can be best appreciated by the following composite case.

A 25-year-old traveling salesman, noted an itchy, blistery rash on his hands, forearms and around his mouth after picking and eating mangos while vacationing in Hawaii. His past history is repetitive of recurrent episodes of rashes. As a youngster living on a farm on Pennsylvania, severe blisters on the hands developed after milking cows. As a teenager, a similar rash developed on his knees, legs and forearms after playing in the grass.

During his travels, he developed blisters on his hands and feet while playing golf in Georgia, and after changing his attire in California. While in San Francisco, he purchased a Mah-Jongg set, and soon found out that he was allergic to the case. Our hapless hero recalled other episodes of similar rashes.

Hoping to get away from his multiple allergies, he came to Hawaii for a vacation. After sitting at a bar, he noted a rash on his elbows. A waiter sprinkled pink peppercorns on his gourmet salad; next day he developed an itching okole. Finally, he picked and ate the "king of fruits."

Troubles of our traveler may seem somewhat bizarre and far removed from a simple case of mango dermatitis. The apparently unrelated episodes

of skin rashes, however, were all caused by members of the Ubiquitous Urushiol family.

The first rash was an indirect one; sap from the poison ivy on the Pennsylvania farm was transferred to the udder of a cow and then to Paul's hands. The second encounter was more direct. It was actually contact of poison ivy while playing in the grass. Poison sumac in the woods of a Georgia golf course, and western poison oak on the roadside of a California highway were no diagnostic problems for our traveler. He also soon realized it was the lacquer finish on the Mah-Jongg case to which he was allergic. The lacquer bar table was responsible for the rash on his elbows. The itching on the back of his neck was puzzling, but most perplexing of all was the encircling rash on his buttock. A black laundry mark on his shirt caused the contact allergy on the back of his neck, the lacquer finish on a hotel toilet seat explained his ringed rash. He was not aware of the association of pink peppercorns and his itching "okole" until he read an article in the Wall Street Journal in December 1981. Finally, eating the "king of fruits in Hawaii" almost ruined his vacation.

MANGO

When unripe, the mango is green. It turns yellow, orange or red as it ripens. Deposits of shiny, varnish-like substance may be seen on the rind and stem. Since the fruit itself is usually free from urushiol, people allergic to mango can usually eat the fruit if it is peeled by someone else. At least two cases of shock from eating mango are known to me—but this is rare. The rash from the mango, as with each of the Ubiquitous Urushiols, will vary with the nature of the contact.

CASHEW NUT TREE

This tree grows throughout the tropics. Its tiny pink flowers develop a kidney-shaped seed that is edible when roasted. The hulls of the nut contain cardol oil, one of the urushiols. Fortunately, the cashew nut oil is destroyed by heat, so that eating the roasted nut rarely causes difficulty. Resins, mucilages, and printer's ink made from the

cashew nut shell oil, "swizzle sticks" and voodoo dolls made from cashew nuts and wood may cause an urushiol allergy.

JAPANESE LACQUER TREE

The lacquer finish on furniture and wooden articles have sensitized people for more than a thousand years! The "do-it-yourself" woodworker may develop a rash from the lacquer in his workshop, while his wife may be familiar with the rash from a lacquer bracelet or ornamental box.

POISON IVY, OAK AND SUMAC

Rhus rash from such related "poison plants" is the most common cause of contact dermatitis. The characteristics of the plants are well known to Boy Scouts and campers. While direct contact with the leaves is the most frequent means of getting "poisoned," contacts such as vapor from burning leaves, and touching dogs exposed to the plant, have caused hives and other rashes.

PINK PEPPERCORN

The latest addition to the Ubiquitous Urushiols is the pink peppercorn, also called the Brazilian pepper. In Hawaii, it is known as the Christmas berry tree. The same bush or tree is found in Florida, known as "Florida holly." The pink peppercorn usually causes no difficulty with contact, but if it is ground and sprinkled on a salad, some people—especially if they are allergic to the Ubiquitous Urushiols—can wind up with a swollen, itchy "okole" from it.

How do you treat the rash? Most importantly, avoid coming in contact with the Ubiquitous Urushiols if you know or suspect you are allergic to one or more of the plants. Once you come in contact with the sap or leaf, wash it off immediately. Frequent applications of cold water and mild hydrocortisone, over-the-counter creams usually suffice for mild rashes. For more severe rashes, oral antihistamines and cortisone pills or injections may be required. Watch out for the Ubiquitous Urushiols!

This medical article originally appeared in CUTIS Magazine, and won the First Prize in the Manuscript Contest in 1968.

January Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 NEW YEAR'S DAY Special Dinner Menu Dancing 7-11 p.m.
2 Sunday Brunch 8:30 a.m. Music by Makai Strings 5-9 p.m. Buffet Dinner 6-9:30 p.m.	3 Aerobics 8 a.m. Noon Bridge Monday Night Football—Bar Lanai	4	5 Aerobics 8 a.m. Admissions & Membership Meeting 5 p.m. Entertainment Committee 5 p.m.	6 Historical Committee Meeting 5 p.m. Executive Committee Meeting 5 p.m.	7 Aerobics 8 a.m.	8 Dancing 7-11 p.m.
9 Sunday Brunch 8:30 a.m. Music by Makai Strings 5-9 p.m. Buffet Dinner 6-9:30 p.m.	10 Aerobics 8 a.m. Noon Bridge Monday Night Football	11	12 Aerobics 8 a.m. House Committee Meeting 11:30 a.m.	13	14 Aerobics 8 a.m. Building & Grounds Committee Noon	15 Dancing 7-11 p.m.
16 Sunday Brunch 8:30 a.m. Music by Makai Strings 5-9 p.m. Buffet Dinner 6-9:30 p.m.	17 Aerobics 8 a.m. Noon Bridge Public Relations Meeting 5:15 p.m. Monday Night Football	18	19 Aerobics 8 a.m. Admissions & Membership Meeting 5 p.m.	20	21 Aerobics 8 a.m.	22 Dancing 7-11 p.m.
23/30 Sunday Brunch 8:30 a.m. Music by Makai Strings 5-9 p.m. Buffet Dinner 6-9:30 p.m.	24/31 Aerobics 8 a.m. Noon Bridge Monday Night Football	25	26 Aerobics 8 a.m.	27 Board of Directors Meeting 5 p.m.	28 Aerobics 8 a.m.	29 Dancing 7-11 p.m.

Giving a Party?

Mary Horikami is our new party coordinator (just another service for our members and guests). Mary is available for party arrangements Tuesday through Saturday from 10-11:30 a.m. and 2:30-4:30 p.m. As Mary has other duties, observing these hours will guarantee her giving complete attention to your party concerns.

As a general rule, set menus for parties of 10 or more are requested. You will be asked to choose *one* entree (plus appetizer, dessert, wine and beverages). This will allow Chef Teruya and staff to coordinate their time to better service your party "on the floor." Any deviation might not guarantee the

timely service to which you have become accustomed at the Outrigger.

Marty Kelly, new dining room manager, suggests that the money saved by dining at the Club would pay your monthly dues! For comparable cuisine and service, one entree item would average at:

Kahala Hilton	
(Maile Room)	\$20-\$30
John Dominis	\$25-\$40
Cavalier Restaurant	\$15-\$25
Outrigger Canoe Club	!!!\$10!!!

Such a deal! It may be that it is less costly to eat at the Outrigger than it is at home!

In Memoriam

R. Anthony Du Bay

Deceased: October 18, 1982
Regular Member: 15 years

G. W. Harold Millican

Deceased: October 1982
Non-resident Member: 22 years

Photo Contest #12



Who are these stalwarts and when and why were they photographed? The first correct answer earns a buffet dinner for two. Mark your entry with the date and time you submit it at the front desk, addressed to the PR Committee.

CONTEST WINNER: Valerie Davis was the winner of photo contest #11. She recognized the keiki with Santa Claus as her daughter Pam in the photo taken at the Keiki Christmas Party of December 1975.



the Outrigger

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Cover photos of the 1982 Honolulu
Marathon by Leighton Taylor and Monte
Costa. Story will appear in February.

The Outrigger Canoe Club

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