

Kresser, Mowat Top OCC Tinman Triathlon Finishers

By Bill Danford

Every entrant in the Tinman Triathlon on July 17 fulfilled a personal or private goal. Some helped others to fulfill

Club Tennis Championships

You have until September 3 to sign up for the Club Tennis Championships at the Waialae Iki Ridge Courts.

Competition will be held in both singles and doubles for men, women and mixed teams on September 10-11 and 17-18, beginning at 9 a.m. each day.

For more information contact Susan Rose, 948-0227. ☎


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their goals.

Billy Bengston, who has completed many of the Tinman events, stepped aside so that a lady friend of his could participate and complete her first Tinman. Her helmet was disqualified as were many other entrants, that early Sunday morning, and Billy gave his helmet to her.

David Doty had orthoscopic surgery on his knee six weeks before the event and had a personal best during the race. This was David's last Tinman for a while until his lovely support crew Hannah Lowery Doty returns from graduate school.

Some weren't as lucky as David. Albert Lemes trained all year for this one event and just one week before, he severely sprained his ankle.

Brian Deer, in his first race, missed the turn at Hawaii Kai, otherwise his time would have been much better.

While many members set their sights on just finishing, others such as Missy Mowat (15-19 open women), Matt Kresser (20-24 open men) and Keoni Kino (20-24 open men) excelled.

Each one of these fine athletes proved to themselves during the various transitions that you have to dig deep to perform if you want to meet

high standards of competition. It's tough in the pits.

I remember yelling to Quentin Kawanakoa to push to the maximum. His slightly garbled voice replied, "I'm burnt." Not really Quentin, you still had to paddle at Kaneohe.

The race started at 5:45 a.m. at Ala Moana Beach Park and ended at Kapiolani Park with approximately 1,100 participants. It included an 800-meter swim, 25-mile bike ride (to Hawaii Kai and back) and 10-kilometer run (around Diamond Head).

Missy finished the swim in fourth place (11:12) overall, and was the first woman out of the water. She finished the Tinman seventh overall in the women's division.

Nicole Wilcox won the 15-19 age division in 2:19.33 and new Jr. 'Rigger Malia Richmond was third in 2:26.42.

The outstanding performance by a member was Matt Kresser, who finished in 1:52.14. He was 11th overall and second in his age bracket, 20-24.

For those of you who did finish and we did not list your time, congratulations, and next time, please write your time on the finish sheet in the locker room. ☎

Bud Light Tinman Triathlon Results

Name	Time	Place
Matt Kresser	1:52.14	2nd, 20-24; 11th overall
Peter Bourne	1:54.45	2nd, 35-39; 18th overall
Keoni Kino	1:56.00	21st overall
Quentin Kawanakoa	2:08.00	
Missy Mowat	2:09.20	7th overall, women
Brian Deer	2:12.00	
Nicole Wilcox	2:19.33	1st, 15-19
Malia Richmond	2:26.42	3rd, 15-19
John S. Kay	2:36.00	
David Doty	N.T.	
Jill Cheever	N.T.	