## **Team Hawaii Triathlon**

By Bill Danford

Three Outrigger triathlon relay teams brought home gold medals in the Team Hawaii Triathlon Series, June 27 at Kailua Beach Park.

The course covered a 1.2-mile swim in the waters of Kailua Bay around Flatrock Island, a 14-mile bike ride on the roadway to Makapuu and around Kaneohe, and a 4-mile run on the rural backroads of Kailua.

Our winning teams were: Men's Open Division and first place overall--Bob Atkinson, Steve Timpson and Mike Schwin, 1:26.20.

Masters Men Division and sixth place overall--Roger Cundall, Albert Lemes and Bill Danford, 1:32.42.

Masters Women Division--Diane Stowell, Jennifer Devenot and Carole Wilbur, 1:46.10. Thanks to Bruce Ames, coordinating director of athletics and the Board of Directors for supporting the Outrigger teams in the event. Thanks also to Joe Teipel for his recognition of Outrigger and the three teams. Joe has done a lot for sports in Hawaii besides being an expert commentator.

## EXCELLENCE