

Tinman Triathlon

By Bill Danford

A beautiful July sunrise, calm cool ocean, blue sky, 14 miles of rain swept asphalt highways, two hills that never seemed to have an end, a sun hanging overhead pulsating and radiating pure heat in double time and finally 1,200 competitive participants swimming, biking and running all at the same time.

Seven members from the OCC started that morning and finished with varying times. Jim Stahl recorded a personal best of 2:10, Emary Lucas took a break from the rigors of Marathons, Colleen Moore our only female finisher, Peter Bourne, Bill Danford, Dave Cheever and Bob Vieira were out on the course enjoying the "People's" race.

Peter Bourne placed third in the 35-39 age group with a time of

1:56:20. Bill Danford took a second in the 40-44 with a time of 2:02:35.

Peter then went on to travel to Minnesota for the Across the State Team Relay Triathlon. Pete and his partner biked, canoed and ran across Minnesota and ended up in seventh place

overall. Peter also competed in the Ironman in Kailua-Kona last month.

Matt Kresser finished his first Long Course Windward Triathlon just before returning to Pepperdine to school. Matt's time was 4:29, a super job on his part. 🏅

OCC Triathlon

By Jack Pedesky

All OCC Tri-athletes get ready for the 1st annual Outrigger Triathlon to be held on Sunday, November 30.

Open to individuals and teams, male and female, team relays, juniors, adults, masters and families. Anyone can enter.

T-shirts will be given to all participants as well as Sunday brunch fol-

Run — Around Diamond Head, 4.5 miles.

This event should prove to be an annual fun event. Awards will be given at the Sunday Marathon Brunch. Further details and entry blanks are at the Front Desk. Deadline to enter is November 15.

Individual participants under 15