

Tinman Triathlon

By Steve Bobko

This year's Tinman Triathlon was a fun event as well as a challenge to those who had trained long and hard for it. The 800-meter swim, 25-mile bike ride and 10-kilometer run were short enough that most anyone could complete the

race with some training. Jill Cheever had a lot of fun in this her first triathlon but said she chalked this year's effort up as a learning experience. "I learned a lot. I need more swimming and running training." In running her first triathlon,

Jan Newhart felt that the Tinman was a "delightful change" from road racing. Jan finished second in her age group.

For those who train for the Tinman and other triathlons, this event provided more than enough of a challenge. Roger Cundall turned in a respectable time of 2 hours, 4½ minutes. This placed him 65th overall out of a field of 958 finishers.

"This race has gotten so fast," he said. "With that time I would have won this event in its first running three years ago." Roger also noted that 28 competitors finished in under two hours this year compared with 13 last year.

"Organization and support for the event was superb," commented David Cheever. "There were so many police officers, you didn't have to stop for any traffic signals." In addition to the 40 or so police officers on the course, there were many more volunteers directing competitors, handling bikes, and cooling off runners at the aid stations.

The Tinman Triathlon may appear to be a grueling event. It can be, but it can also be a lot of fun. For those who get bored by running all year around or swimming all year around, a triathlon may be the answer. It involves three sports that can be broken up through the training year. For those that would like to get more training in this area, keep your eyes open for events and clinics sponsored by the Bicycling/Triathlon Committee.

Congratulations to all the Outrigger members who participated in this year's event:

	Time	Overall Place	Div	Place
White, Bill	2:00:46	32	M40	1
Cundall, Roger	2:04:38	65	M35	7
Hixson, Jr., Murray	2:09:13	104	M30	22
Newhart, Twain	2:13:48	167	M20	17
Detor, Nick	2:16:02	202	M25	48
Bengston, Billy	2:19:48	261	M50	5
Burson, Mike	2:25:24	367	M30	70
Breeden, William	2:26:38	387	MOpen	34
Dudgeon, Peter	2:34:40	539	M35	68
Cheever, Jill	2:38:08	600	F20	9
Newhart, Tracy	2:38:26	608	F20	11
Gaines, Jed	2:40:18	633	M35	79
Kilpatrick, Douglas	2:40:27	638	M45	18
Boyd, Richard	2:40:27	639	M50	11
Moore, Colleen	2:42:25	668	F30	21
Boyd, Stafford	2:42:27	669	M30	112
Newhart, Jan	2:45:00	704	F50	2
Cheever, David	2:50:05	775	M45	26
Vieira, Robert	2:50:06	776	M45	27
McCrary, Kevin	2:20:00	Not Available		

Aquarium's Fun Biathlon Back by Popular Demand

Runners, swimmers, armchair marathons and fish lovers are invited to take part in the Waikiki Aquarium's second annual Geothalassion on Sunday morning, September 16.

"Run like an animal, swim like a fish" is the theme of the fun biathlon. And fun is the key word, as many will remember from last year. The whole family can take part in this event. Everyone is welcome, from Iron Man to the Pillsbury Doughboy.

The race begins at 7:30. The course consists of a two-mile run around Kapiolani Park and a 100-yard swim across Sans Souci Beach. Or a two-mile stroll around the park and a 100-yard boogie-board ride across the beach.

Come dressed as a sea creature, or

wear your marathon clothes. Last year's entrants included a gorilla, an opihii and even Santa Claus. Whatever you wear, animals and mermaids will cheer you on. A continental breakfast, free T-shirt and door prizes await you when you finish.

Entry fees are \$12 before September 4 and \$25 cash the day of the race. All proceeds will support the Aquarium's education program. Entry forms are available now at the Aquarium and community outlets, including the Outrigger Front Desk.

Last year more than 350 fun-loving souls took part, and this year we hope to double that number. OCC volunteers wanted as swim course paddlers. Call 923-9741 for more information.



KING KONG HEADS FOR THE FINISH LINE: Costumed runners are wanted for the Waikiki Aquarium's annual fun biathlon, Sunday morning, September 16. Applications now available at the OCC front desk.