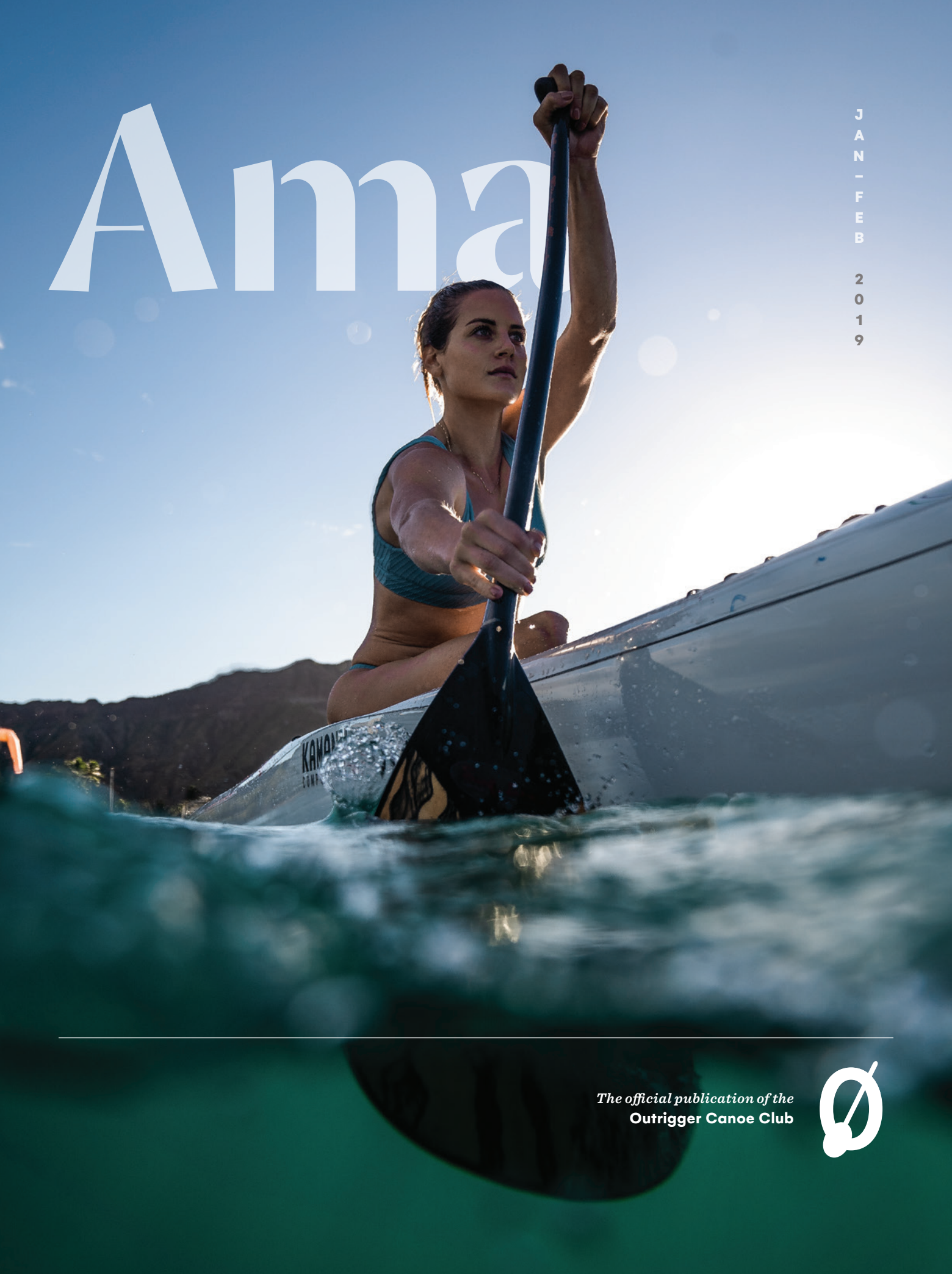


Ama


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The official publication of the
Outrigger Canoe Club



An aerial photograph of a person in a red outrigger canoe navigating through clear, turquoise water. The water reveals a complex coral reef structure with various shades of green and brown. The canoe is positioned diagonally across the frame, moving from the lower left towards the upper right. The person is wearing a red life vest and is visible in the center of the canoe. The overall scene is vibrant and captures the beauty of a tropical marine environment.

Many indigenous cultures used the canoe for transportation, but the Polynesians innovated this watercraft with the outrigger. In 'Olelo Hawai'i, the canoe's outrigger is known as the "Ama," a fitting title for the Outrigger Canoe Club's publication that celebrates its lineage.

Ama

THE OFFICIAL PUBLICATION OF THE
Outrigger Canoe Club

JANUARY / FEBRUARY 2019

CONTENTS

The LOBBY

Congratulations Hunter!
ISA World Prone Distance Champ
p.7

Calendar
Exploring our culture
p.8

Five Tips
By F&B Director Rede Eder
p.10

FEATURES

Photo Finish
Members' photography contest impresses.
See if your photo made the cut
p.14

OCC Dreams of Sushi
Master sushi chef Suda cuts it up
p.28

CANOE ALLEY

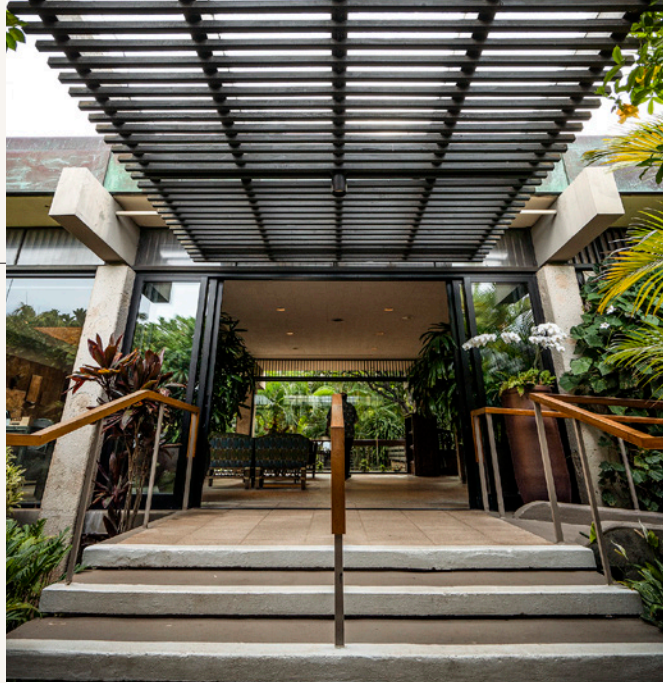
Sports Results
Athletic achievement from our members
p.31

Employees of the Month
Three employees defining the Outrigger experience
p.34

ON THE COVER

Jenna Bleu Forti is the daughter of Pua and Heather Rochlen, and has been an OCC member since she was a teenager. "Paddling is very significant in our family," says Jenna. Her tūtū, Keanuenue Rochlen, was a *Winged O* and was steering canoes until she passed away at the age of 92. Today, Jenna works as marketing & creative contributor for Surf Line Hawai'i and Jam's World.

Cover and Contents page photos by
Matt Heriakui



How Cool Is This New Magazine?!

THERE WERE MANY HOURS that have gone into the re-imagined Outrigger Canoe Club magazine that we now affectionately refer to as *Ama*. It was close to four years ago that a short list of us came together to discuss what has now manifested into this beautiful publication. Earning most of the credit, long-time marketer and club member, Jon Bryan, fought tirelessly with the board over those years to gain the support for this initiative. With the help of Keely Bruns, Joe Bock, Lissa Guild Eveleth, Dianne Vicheinrut, Tom McTigue, Autumn Woods and Acting-General Manager Tyler Roukema, a masterpiece has emerged.

By going to a bi-monthly format, it gives the editorial team more time to dig deeper into historical and current club content. This will produce richer stories, more vibrant narratives on the many great members and extensive lore of this hallowed Club.



Like so many things, this re-launch could not have been possible without the amazing foundation held together over the years by Marilyn Kali and Pam Davis. A sincere and heartfelt thank you goes to Marilyn and Pam for their tireless work. And lastly, to our advertising partners, whose financial support makes this all possible – mahalo.

The collaboration behind this project has been a community effort amongst members, very fitting with our new publishers' name: *Hau Tree Collective*.

Aloha,

Dustin Sellers,
Outrigger Canoe Club President

KŌ'ŪLA



A Sculpture Rising From a Garden

Register your interest at [KoulaWardVillage.com](https://www.KoulaWardVillage.com)

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It's hard to believe that it's already 2019, where does the time go?

I would like to start off by saying, "THANK YOU!" Thank you for welcoming me into your family and making me feel so at home. The Outrigger Canoe Club is truly a one of a kind place and I feel fortunate to be able to be a small part of it. This is such an exciting time for the Club, I'd like to take a moment to reflect on some of the recent changes and share some of the future projects for 2019.

Food and Beverage

In the last couple of months, we have brought on a new Food and Beverage Director, Rede Eder; a new Assistant Food and Beverage Director in charge of Catering, Wayne Larrow; and promoted Mark Gedeon to Executive Chef. This amazing group of culinarians is taking the Club by storm. If you have been to one of our recent events, I am sure you will agree that they are doing some really remarkable things. With the support of an experienced crew and some new faces in the mix, we look forward to continuing the momentum in 2019.

Locker Room Recap

All I can say is WOW! What a great job by all. From concept to completion, this was a total win for the Club. I think everyone would agree that every detail and consideration was taken into account in making

this a great new place to hang your towel and store your paddle. Next time you are enjoying the nice AC in the locker room, make sure to tip your swim cap to those involved.

Seawall Update

We are just around the corner from starting a major Seawall renovation. This project will take several months to complete, but it is much needed. A tremendous amount of thought has gone into minimizing the impact on our members. When this is done, it will help to secure our footprint for the next 50 years. Please pardon our interruption as we move through this process.

Parking Decals

It's that time again. We will be issuing new parking decals to all members starting Monday, Jan. 14. In an effort to help make this a smooth transition we are setting up a table in the lobby Jan. 14 - 18, from 10

a.m.-6 p.m. Decals will be available at the Front Desk after January 14 and we kindly ask that you have your new parking decals in place by March 1.

Online Logo Shop

I am sure that all of you have had a chance to get your OCC gear from our Logo Shop at the Club, but have you checked out our new online shop? What a great deal! Communication Director Autumn Woods and Logo Shop Manager James Kent have been working around the clock to build out this site and make online ordering easier than ever. If you haven't visited the online Logo Shop, it's easily accessed through the OCC website.

Thirsty Thursdays

If you haven't yet been to a Thirsty Thursday, then you are missing out. Last Thursday we hosted our very first Sushi and Sake night. How much fun was that? Thank you to those that attended. Did you know that we have a master Sushi Chef on staff? If you missed out on Thursday, don't worry, Suda San is here five days a week creating wonderful sushi for all to enjoy. Make sure to mark your calendars to attend our next Thirsty Thursday event Feb. 7: "Taste of the Mediterranean."

New Music

The BOD approved a Club-wide overhaul of our sound system. By the time you are reading this, music will be able to be enjoyed throughout the Club. Sound and PA requirements for meetings and private bookings will also be easy to accommodate. Thank you to all of those involved in making this happen. It sounds amazing!

Thanks Again,



Tyler Roukema,
Acting General Manager



WE ARE A PLATFORM FOR TRAVEL

Redefining media for the
visitor industry.

IN HAWAIIAN CULTURE names are a big deal. Nā kūpuna (the ancestors) believed that a keiki (child) would grow into the characteristics of their name. If a baby boy was named, Nalu (Wave), his temperament would be wild and unpredictable like the surf. In contrast, if a little girl was given a name like, Mālie (Calm), she would mature to eventually be a peaceful person with a calming effect on others. So with all of this cultural knowledge there was a lengthy process and discovery phase to give this new magazine in your hands a name that had a purpose. We chose the name *Ama* with the intention to honor Outrigger Canoe Club's Hawaiian lineage, pay homage to this publication's past and create a magazine that will be coveted like a good book.

The outrigger of a canoe is called an *Ama* in 'Ōlelo Hawai'i (Hawaiian Language). It was a nautical innovation that allowed the Polynesians to efficiently navigate the rough waters of the Pacific. The *Ama* is also the port hull of a double-hulled canoe, which is the vehicle that brought the Hawaiians to these beautiful subtropical islands. *Ama* felt right from the first time we said it out loud, and we hope you, the reader, will feel our intention with this inoa (name) as you flip through the pages.

Just like *Ama*, the name of the publishing company, Hau Tree Collective, was intentionally selected to honor place, more specifically, the grounds of the Outrigger Canoe Club. OCC members know where the Hau tree is located on the property because it serves as an iconic landmark and the namesake of the Terrace. Perhaps, a lesser-known fact about Hau (*Hibiscus tiliaceus*) is that its lumber was used to make the *Ama* of the canoes in Ancient Hawai'i because the wood was light and durable.

The inaugural issue of *Ama* is an introduction to the new aesthetic and design of this membership magazine. Always acknowledging sense of place, we call the beginning of this publication, "The Lobby," because this is the room that first greets guests of the Outrigger Canoe Club. This section of *Ama* is the latest happenings of the Club, events calendar, highlight members' achievements and suggestions of how to make full-use

of the Club's numerous amenities and facilities.

When you exit "The Lobby" of *Ama* you will be welcomed by the stunning images of the latest Outrigger Canoe Club Photo Contest (p. 14). Finally, we profile new Sushi Chef Eiji Suda on p. 28.

The Outrigger Canoe Club's Board and the Hau Tree Collective are over-the-moon to share these stories and photos with you. We're looking forward to collaborating with more of you in the future.

Me ka ha'aha'a (With humility),

Daniel Ikaika Ito
Editor-in Chief



The LOBBY *This Way In* ➡

CLUB HAPPENINGS, CELEBRATIONS & EVENTS



Championship Form

Hunter Pflueger crowned International Surfing Association Prone Distance World Champion

PHOTO COURTESY:
SEAN EVANS/INTERNATIONAL
SURFING ASSOCIATION

HUNTER PFLEUGER PROUDLY represented the Outrigger Canoe Club on Team USA alongside Maui SUP athletes Conner Baxter and Ryan Funk at the ISA World SUP and Paddleboard Championships in beautiful Hainan, China. After a hard-fought silver medal in the prone technical race, Hunter was hungry for gold in the 18km distance event. With the course covering three laps there was a lot of race strategy involved with no one wanting to lead the pack and pull the other competitors. Hunter knew that in order to defeat defending world champion,

Lachie Lansdown of Australia, he would have to challenge him on the course well before the finish. After two conservative laps with the Australian, South African, New Zealand and French athletes bunched together, Hunter made his move on buoy one of the last lap. Amazingly he broke the group and won by a substantial two-minute margin! Team USA went on to win silver in the team relay and finished second behind defending powerhouse Australia. The camaraderie shared between the countries was amazing as host China held an excellent event.

Calendar

Jan. 26	Saturday	Athletics Banquet (Close-Out Event)
Jan. 28	Mon. 5:30 p.m.	'Stew and Rice'
Jan. 31	Thursday	Board of Directors Meeting
Feb. 2	Friday 10 a.m.	Riggers Book Club
Feb. 3	Sunday	Super Bowl Fiesta
Feb. 7	Thursday 5:30–7:30 p.m.	Thirsty Thursday Taste of the Mediterranean
Feb. 8:	Friday 5 p.m.	Election Deadline
Feb. 11:	Monday 5:30 p.m.	Annual Meeting
Feb. 14:	Thursday	Valentine's Day Dinner
Feb. 17:	Sunday	Family Bingo Night
Feb. 28	Thursday	Board of Directors Meeting
March 1	Friday 10 a.m.	Riggers Book Club
March 4	Monday	Annual Committee Dinner "Mahalo Party"
March 7	Thursday	Thirsty Thursday
March 30	Saturday	Cribbage Tournament

Exploring the Polynesian Triangle

An Evening With Archaeologist Aki Sinoto

DATE: Monday, Jan. 28

TIME: Check-in at 5:30 p.m., dinner at 6 p.m. & program starts at 7 p.m.

COST: \$25 per person

➡ If the recent news of Hikianalia's round trip voyage to California has piqued your interest in traditional voyaging canoes, then you must attend the 'Stew and Rice' with Archaeologist Aki Sinoto on Monday, Jan. 28 at 5:30 p.m. on the Koa Lanai. The Historic Committee has arranged an enlightening evening for members of all ages to learn about the fascinating seafaring peoples of Polynesia that shaped the culture of Hawai'i.

The presentation by Aki Sinoto will feature a summary of the migration of seafaring peoples throughout Polynesia, the largest cultural region in the Pacific Ocean. The migration theory is the result



Polynesian Steering Paddle

A twelve-foot long steering paddle found from an inundated coastal site in Fa'ahia Huahine Island, Society Islands, French Polynesia

We Are the Champions, My Friends

Inaugural Outrigger Canoe Club Athletic Banquet

DATE: Saturday, Jan. 26

TIME: 5:30 p.m.

COST: Dinner is \$20 for adults and complimentary for junior members that are under 18

➡ Celebrate outstanding athletic achievement with us on the evening of Saturday, January 26 at the inaugural OCC Athletic Banquet. This new event is an opportunity for the Club's athletic committees, athletes, coaches, volunteers and members to come together to recognize the sports stars of 2018. A big mahalo is extended from the Entertainment Committee to the Athletic Committee and Subcommittees that worked diligently to prepare an entertaining and energetic evening. In addition to honoring our 2018 athletes, we will also be celebrating our athletic traditions with a feature presentation on one of the 11 current sports that make up the rich heritage of the Outrigger Canoe Club. Every year the Athletic Banquet will reveal the highlighted sport of the year, and a different sport will be featured each year. Be sure to attend the Athletic Banquet to find out first what the highlighted sport of 2019 will be!

Make your reservations to attend the Athletic Banquet through the Front Desk or call (808)923-1585. Please note: Club operations will close at 3 p.m. on January 26 to accommodate the Athletic Banquet.

of almost a century of archaeological research from the 1920s through 2017, conducted by Dr. Kenneth Emory and Aki's father, Dr. Yosihiko Sinoto, from the Bernice Pauahi Bishop Museum in Honolulu.

Attendees can look forward to a brief overview of the current knowledge of the chronology of the various waves of human migration initially into this cultural region from southeast Asia and how the peoples dispersed within it. Dr. Aki is an informative and engaging speaker and there will be a Q&A at the end of his lecture.



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Locker Room Talk

The stunning features of the recently renovated men's locker room almost makes you want to kick off your shower slippers and strut around barefoot just to enjoy the new tile.

➡ Although, this is not recommended by the Club. From the Herringbone inspired tile work to the magnificent showerheads, the Club now boasts a top-notch space to wash up after a grueling workout or freshen up after a day in the sun. With lockers built to stand the test of time, and large enough for your paddles and 'iako, we hope that you'll enjoy this upgrade to your facilities.

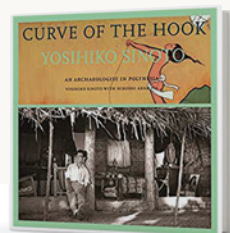


Reading Riggers Get Hooked

READING RIGGERS
BOOK CLUB:

The Curve of the Hook
by Dr. Yoshi Sinoto

Left to right: Leilani Maguire, Gerry DeBenedeti, Shoko Hisayama (presenter), Peg Garland, Gerri Pedesky and Dr. Aki Sinoto (presenter)





Hail to the Chief(s)

Past Presidential Christmas Luncheon

From Left to Right: Mark Buck, Wendell Brooks, Jeff Dinsmore, Greg Moss, Jimmy McMahon, Glenn Perry, Alan Lau, Vik Watumull, Dustin Sellers, Hal Henderson, Walter Guild, Mary Philpotts, Jon Whittington, Geoff Graf, Brent Ackerman,

Tim McTigue, Robert Anderson, Tim Guard, Marc Haime, Peter Balding, Sr. and Bob Moore. Not pictured, but in attendance: Barbara Stehouwer and Karl Heyer.

How You Know:

Keanuenue Rochlen

[Jan. 29, 1928 - Jan. 28, 2010]



➡ Cover Model Jenna Bleu Forti comes from a canoe paddling lineage. Most notably, her grandmother, **Keanuenue Rochlen**, was a **legendary steers-woman** and was elected a **Winged "O"** in 2005. She joined the Club in 1955, and represented OCC in canoe racing, volleyball, baseball and tennis. It's said that Keanuenue probably won more gold medals for paddling than any other female paddler in Hawai'i. During her lifetime, she competed in every single state championship since the Hawaiian Canoe Racing Association was founded in 1952, and won numerous races and championships.

Five Tips To Selecting A Great Wine For You and Your Guests

“Don’t be afraid of
wines with a ‘screw cap’.”

My name is Rede Eder, and I am the new Food & Beverage Director for the Outrigger Canoe Club. After years of serving guests in both fine dining and casual dining, right here in Hawai'i, I believe my responsibility is to share with guests and this membership everything having to do with the food we create and the beverages that we offer.



I know there are members of Outrigger Canoe Club who have great knowledge about wines, this article is not for them. This is for those members who are new to wine or would like to learn more about wine. Outrigger Canoe Club has a wonderful selection of wine in its cellar. What? Wait, we have a cellar? Yes, we have a beautiful cellar in the "dark caverns" below the Club filled with a variety of old and new world wines.

What kind of wine is the right choice? How do you pick a wine if you are entertaining? Where does one start? Well, a couple of my favorites from our cellar are the Jordan Alexander Valley Cabernet Sauvignon and the Chassange Montrachet from Cote de Beaune, a wonderful white Burgundy (Chardonnay) from France. Perhaps these wines are not what you're looking for so I want to share tips on how to choose a wine suited to you.

1.

Keep It Light

If you are new to wine, start with a white or rose.

These wines tend to be lighter and more palatable for the new connoisseur.

2.

Personal Preference

A good wine is what tastes good to you. Don't get caught up on pricing. Lots of great wines can be found that will not break the bank.

3.

No Be Scared

Don't be afraid of wines with a "screw cap." These wines are designed to be enjoyed during the year of their release and a twist off cap can offer an equal if not better seal on your wine. Check your next bottle of Ferrari Carano Fume Blanc. They have had a twist off cap for decades.

4.

Flavor Of Love

Think about the flavors you already like. For

example, do you prefer apples to grapefruits? If so, you may prefer a sweeter wine over a drier wine to start with. Do you drink black coffee or prefer the softer flavor of a Latte? If you prefer your coffee black, you might be predisposed to old world styles of wine as opposed to those latte drinkers who will find new world wines more to their liking. Old world wines are wines that comes from places where wine originated, France, Italy and Spain are examples of old world wines. New world wines come from "newer" growing areas such as California, Australia and South Africa.

5.

Occasionally Correct

Consider the occasion. If you are entertaining friends and you are trying to match a variety of likes more than pairing with food, consider a bottle of red and a bottle of white. If you are more interested in the food pairing of wine, then consider the general rule of thumb, reds are for heavier foods like steaks and lamb. For lighter foods such as chicken or fish, enjoy a white wine. Want to swim against the current? You should consider having a Pinot Noir (lighter, red Burgundy style wine) with salmon.



GRAND PRIZE WINNER



Big Island
Kobey Damon

JUDGES' NOTES: Strong composition with limited color pallet — golds, browns and extreme blue. Wonderful light across the top, hardness of rocks contrasted with feathery grasses. It invites you in, down into the path of the sculptured rocks.

2018 OUTRIGGER CANOE CLUB PHOTO CONTEST

➡ **THE OUTRIGGER CANOE CLUB HAS** several advantages in photography. We have members who travel widely and like to share their most memorable visual experiences and those who appreciate the wonders of nature in the ocean as well as on land. At home, there's the ocean with activities throughout the year, its peaceful views and gorgeous sunsets, the ambiance of the Club and families having fun together. Club members who have been enthusiastic photographers for years – perhaps using expensive DSLR cameras – are now using their handy smart phones to capture the moment.

The Outrigger Canoe Club's annual photo contest, sponsored by the Member Relations Committee, completed another successful competition. A judging panel of professional photographers were thrilled by the excellence of the photos. The Member Relations Committee wants to thank Cindy Turner and Hugo DeVries, of Turner & DeVries, a company specializing in web design, photography and print design, for serving as judges for this year's photo contest. Their expertise inspires our confidence in the results of the contest.

We also would like to thank Marilyn Kali for arranging and handling the online and the magazine portions of the contest and Mary Caywood for handling printed photos and paper-work items.

This year, the contest received more than 80 entries from 24 participants including several on the mainland. Travel and nature were the most popular categories, but for all categories the number of excellent photos exceeds the three available winning places. For the first time in the Club's history we are happy to showcase all of the winners in the following pages. We hope you enjoy this photo gallery as much as the judges did! —*Mary Caywood*



It tells the story of competition.

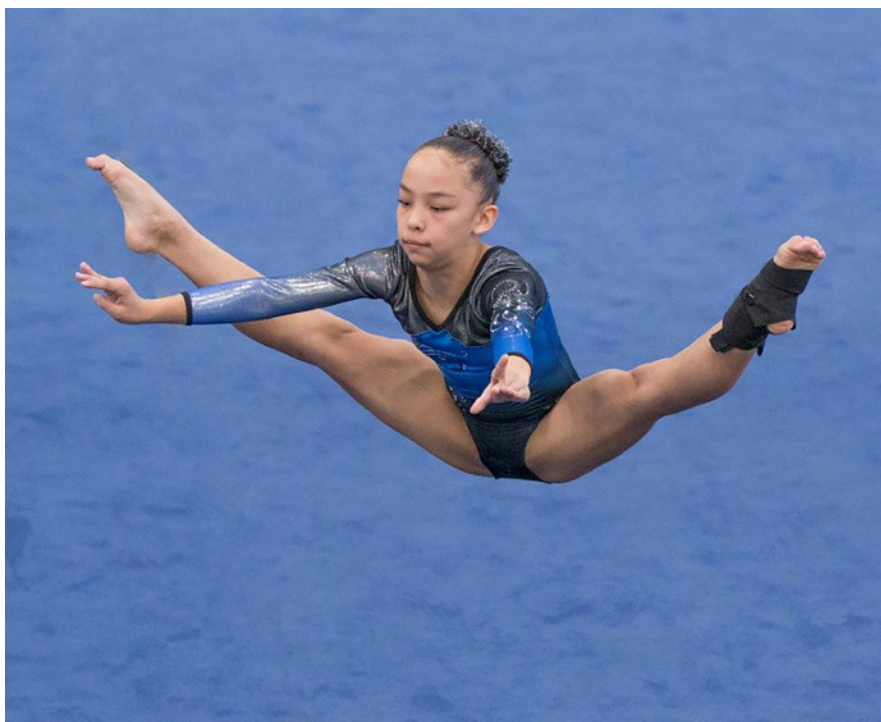


Close Moloka'i Hoe Finish

Jan Newhart

JUDGES' NOTES:

Love the color and action, a wave breaking at the top, and a good feel for the symmetry of paddles. It tells the story of competition.



2ND PLACE

Split Leap
Kent Davenport

JUDGES' NOTES:
Capturing action in
mid-air in sharp focus.
Intensity of action.

3RD PLACE

Da Hui Body Surfing
Jan Newhart



So much going on in still-life.



Maldives Sunset

John York

JUDGES' NOTES:

Color of sunset combined with turquoise shallow water, almost silhouetted pier, so much going on in still-life.

2ND PLACE

Rainbow Sails the Ocean

Jan Newhart

JUDGES' NOTES:

End of biggest rainbow
ever seen, vastness of
ocean, small boat trying
to outrun rainbow.



3RD PLACE

Paradise (Antarctica)

James Kearsey

Wonderful Club scene.

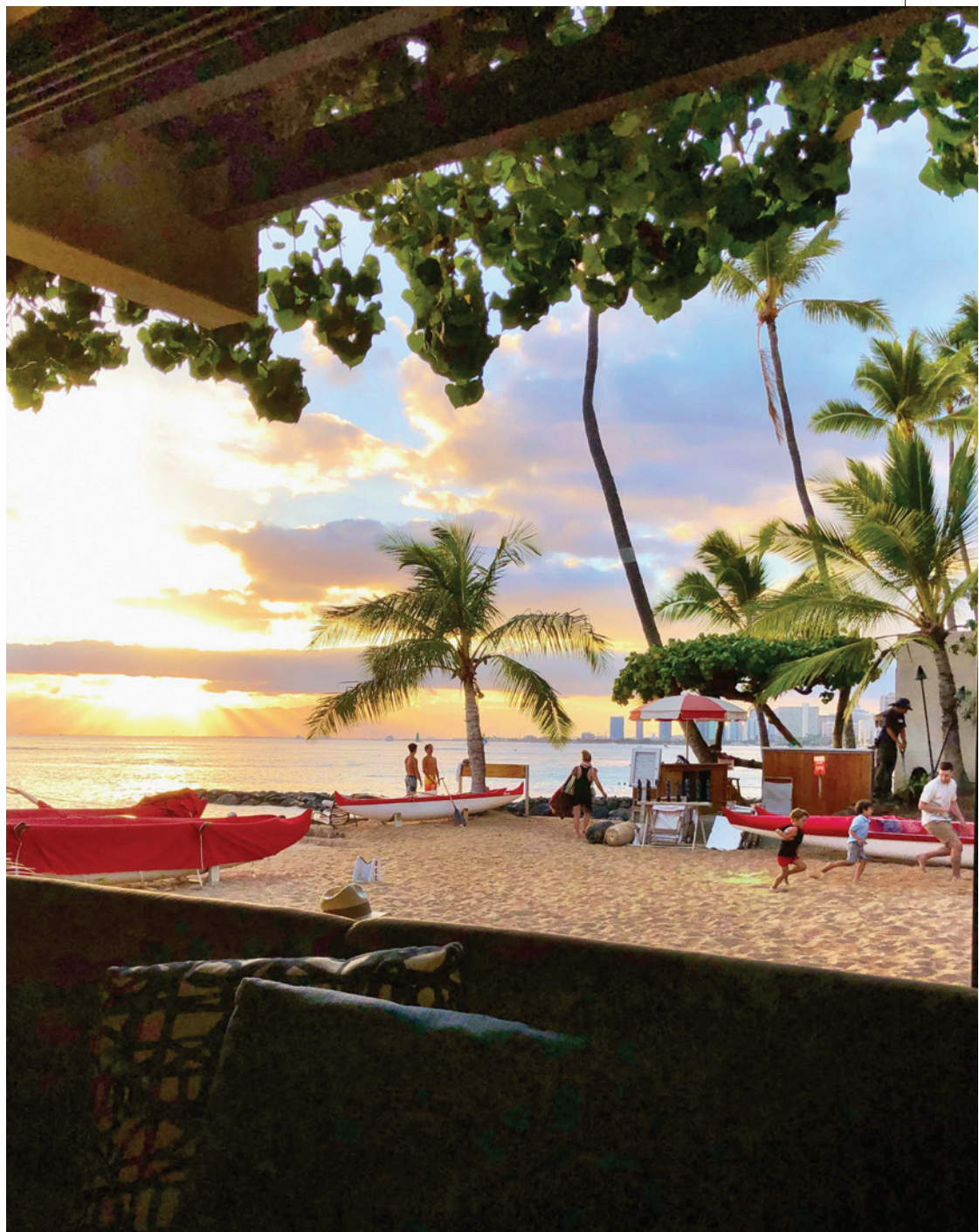


Happy Hour Views at the Club

John York

JUDGES' NOTES:

Wonderful Club scene, shows the essence of the Club, sunset, children playing, heading to surf. Frame of hau leaves at the top makes it nice.





2ND PLACE

Decorating Christmas Cookies

Jan Newhart

JUDGES' NOTES:
Beautiful light and color. Concentration of girls on their project.

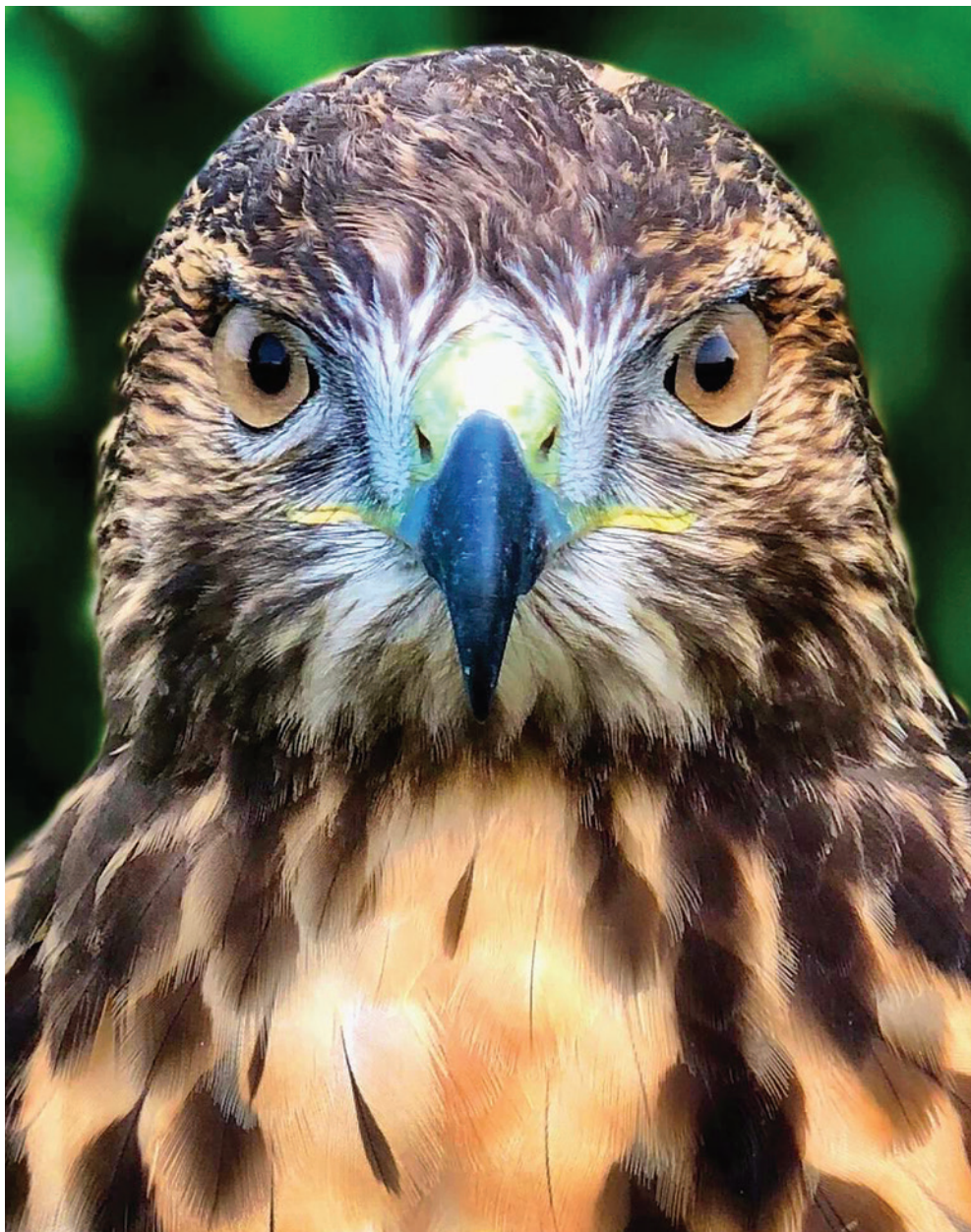


3RD PLACE

Pure Joy

Maria Lowder

Focus on eyes.



Hawk Eyes (Red-Tailed Hawk)

John York

JUDGES' NOTES:

Gaze of bird, focus on eyes, beautiful color of feathers, nicely framed.

2ND PLACE

Summer's
End
Wakefield Ward

JUDGES' NOTES:
Lovely composition,
color and clarity.
Water drops make
the picture.



3RD PLACE

Tentacular
(Octopus)

**C.A. Nora
Meijide-Gentry**

JUDGES' NOTES:
Enchanted by spiral-
ing tentacles in upper
half of photo. Can
feel movement.



*It's everything you think
about French countryside.*



Headed Home

Marcia Cooke Duff

JUDGES' NOTES:

Love warmth of the scene, it's late afternoon light, iconic Mont Saint Michel, France. It's everything you think about French countryside.



2ND PLACE

Antarctica Blue Ice

James Kearsey

JUDGES' NOTES:
Love composition, delightful penguins with so much personality. The striated wall of ice is better background than sky would be.

3RD PLACE

Quiet Repose on the Ganges

Wakefield Ward



1. Wailea Ward Village
Bedroom Suite
2. Anaha Ward Village
Living Room
3. INspiration Designer
Kitchen Studio
4. Designer Outdoor
Furniture
5. INspiration at
Pearlridge Center

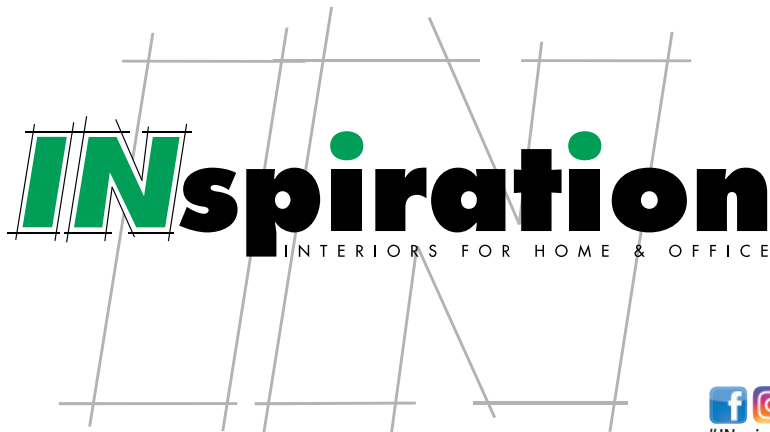


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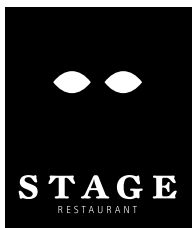


1., 2. Stage Restaurant 3. Signature Cocktails 4., 5. Amuse Bar 6., 7. Cupola Gallery

Reimagined, Remodeled and Refreshed...

Introducing the Award

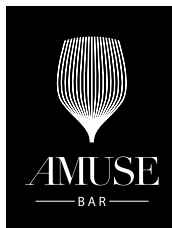
Winning Stage Restaurant. We anticipate an opportunity to serve and captivate you as our valued audience as we raise the curtain to an exciting new culinary season.



A Notable Honolulu Hotspot

Imagine 80+ selected wine labels at unique self-serve

kiosks, signature cocktails, craft beers, appetizers made to order and live music nightly. A perfect launching point for a night on the town. We invite you to "Amuse" with your friends soon.



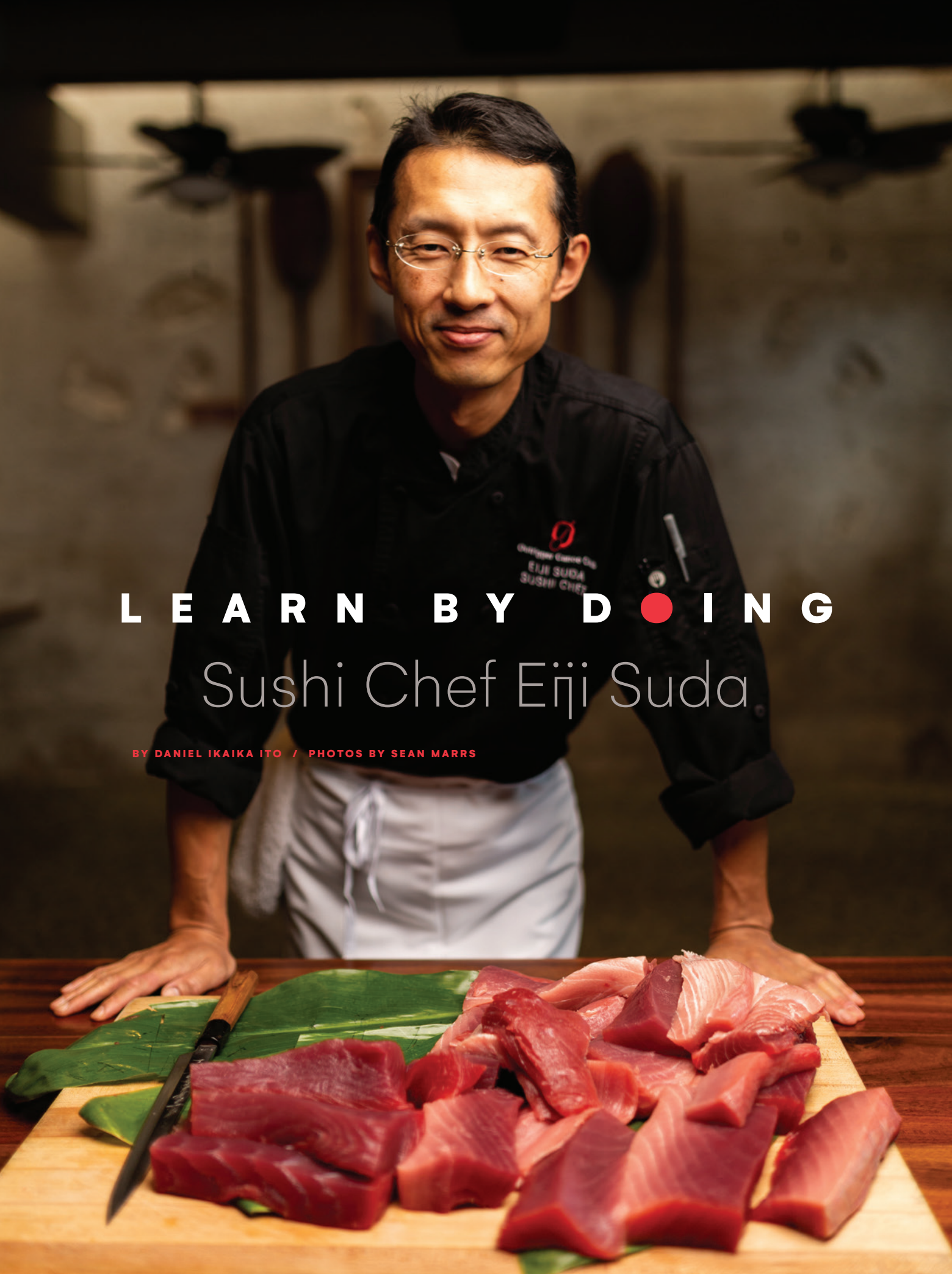
[f](#) [i](#) [#StageRestaurantHawaii](#)

An Intimate Venue with Impeccable Taste

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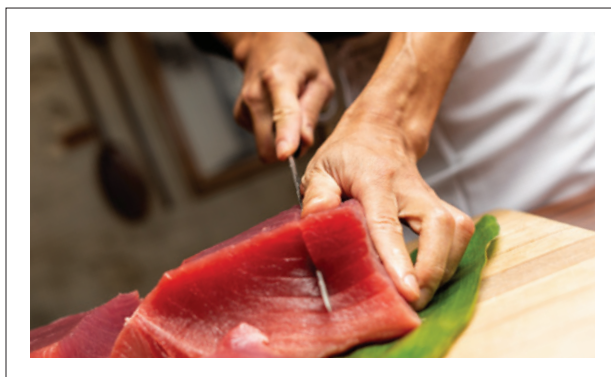




L E A R N B Y D ● I N G

Sushi Chef Eiji Suda

BY DANIEL IKAICA ITO / PHOTOS BY SEAN MARRS



THERE IS AN ‘ŌLELO NO‘EAU (HAWAIIAN PROVERB) that says, “ma ka hana ka ‘ike,” or “learn by doing,” and this perfectly describes the career path of the Outrigger Canoe Club’s new sushi chef, Eiji Suda. Suda San is a soft-spoken man, who admits his English is not very good, but when you taste the food he creates with his hands it speaks loudly of his culinary talent.

Suda San is 44-years-old and lives on O‘ahu with his wife and dog. He first moved to Hawai‘i from New York in 2010, but he is originally from Osaka, Japan. From the beginning of his career, Chef Suda followed his passion and immersed himself in his chosen profession.

“After graduating high school, I went to sushi restaurants to start working,” explains Chef Suda, “I didn’t go to culinary school I learned [to make sushi] from senior chefs and master chefs.”

This “hands-on” experience allowed Suda San to develop his craft in a very old-school way, much like an apprentice learning from a master. Watch. Be silent. Clean. Learn. Watch some more. Clean some more. And then, you master making the rice before even touching the knife to cut fish.

In a society where every young cook wants to be a celebrity chef these days, you have to appreciate those that worked their way from the bottom to the top like Chef Suda. He worked in four prestigious sushi restaurants before coming to the Outrigger Canoe Club: two in Osaka Japan, one in New York and Morimoto Waikiki.

Chef Suda’s favorite sushi to make is Futomaki which literally means “big roll” in Japanese. This style of sushi is characterized by a long cylinder of rice with various vegetables, Sakura Denbu (sweet dried fish) and Tamagoyaki (sweet egg) rolled with nori on the outside and then thinly sliced. The chef suggests a nice dry sake to pair perfectly with Futomaki.

When Suda San is off the clock and he goes to a sushi restaurant he likes to first start with raw

(Continued on page 30)

Chef Suda

(Continued from page 29)

fish and then move onto sushi that is cooked.

"My style when I go to sushi restaurant is sashimi first then after go to sushi, something cooked like octopus or shrimp," he says.

"[Sushi is] just cool," says Chef Suda when asked about why he loves making the handmade dish for a living.

And he's right. Today, this traditional Japanese slow food has become an internationally recognized delicacy that is fresh and attractive. Sushi is inherently sexy and has evolved a long way from its humble beginnings as a way of preserving fish in fermented rice. It was first developed in Southeast Asia and eventually made its way to China before sushi took hold in Japan sometime during the 8th century. One of the earliest forms of sushi was called Narezushi, which was salted, gutted fish that was stored in fermented rice for months in order to preserve the food. The rice would keep the fish from spoiling, and the rice was eventually discarded and only certain parts of the fish was consumed.



Back in the day, it used to take months to make sushi because of this preservation process. Today, you can just put your order in to one of the friendly servers at the Club and Chef Suda will have it ready for you before you can finish a beer. There is nothing like fresh sushi when it is made from highly-skilled and experience hands like Chef Suda's. ■



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CANOE ALLEY

SPORTS RESULTS, EMPLOYEES OF MONTH & BOARD BRIEFS



Castle Swim

BY BEN KOMER

➤ **Beautiful temperatures, sun** and little-to-no wind greeted the participants at the 101st Castle Swim. Such a beautiful day must have been the reason for the larger than normal turn out of swimmers (28) that made the swim from Duke's in Waikīkī, site of the Old Club, for the one-way swim back to the Outrigger Beach. The men's and women's champions are familiar with the top of the podium. Overall winner Ethan Bosworth came in at a red-hot time of 32:00 beating his 2016 winning time by :30 seconds. Women's winner Sandy Easton came in with a screaming time of 32:30.

The usual suspects were racing and winning their respective age groups again. Dolan Eversole, Stefan Reinke, Uli Klinke and Ward Saunders all took 1st in their respective age groups. Sue Stein-

mann won the 55-59 age group, and Valisa Saunders and Anne Perry ran up the beach arm in arm to win their age group. Liloa Stowell

(Continued on page 32)



(Continued from page 31)

was the youngest swimmer at 13 years old and managed to give the top five swimmers a run for their money, finishing in 6th place with a time of 37:02.

A super special shout out to two swimmers who swim in holy water: Blake Johnson for placing 1st in the men's 80-84 year-old division and Ron Haworth for finishing 1st in the men's 75-79 year-old age group. These swimmers are an inspiration to us all and prove once again swimmers can do it longer than any other athlete.

A big mahalo needs to go out to my right hands for this event: Todd Iacovelli without him this would not have been as smooth as it was and to Candes Gentry who was a t-shirt selling machine. And, as always mahalo to Shannon Pelkey and the staff at the Outrigger Canoe Club, who were professional and fast with the logistics. Thanks to all the participants in this fast and memorable swim. Keep swimming and we'll see you in the water!

Top Five Finishers

1. Ethan Bosworth	M	18	16-20	1	32:00:00
2. Sandy Easton	F	49	45-49	2	32:30:00
3. Elsa Kronen	F	17	16-20	3	33:49:00
4. Stefan Reinke	M	60	60-64	4	34:38:00
5. Dolan Eversole	M	48	45-49	5	35:21:00

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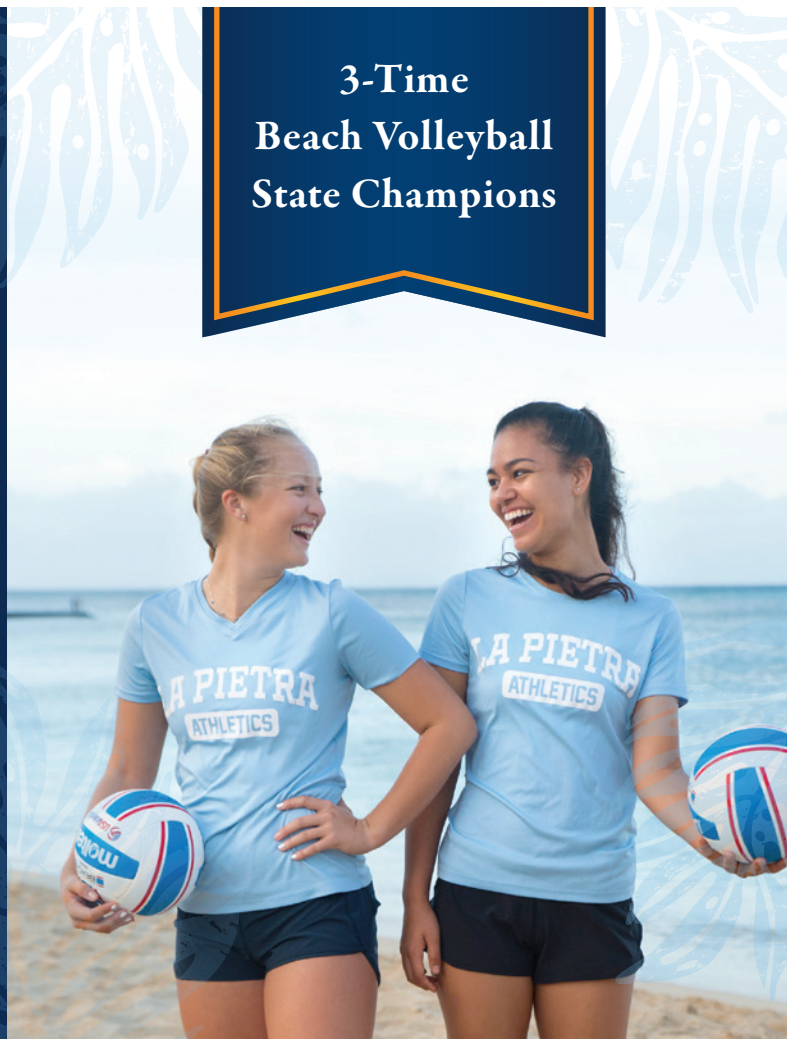
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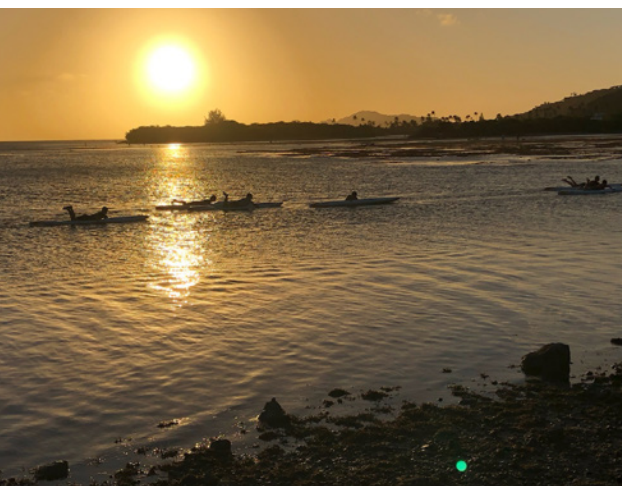
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6th Annual Ka Iwi Coast Run

DISTANCE: 4 miles
DATE: Nov. 18, 2018

Don Eovino	2:50 (2nd M 70)
Deb Deshais	1:09
Kim Heyer	1:09
Gerry DeBenedetti	1:15 1st (W 80)
Lori McCarney	1:18
Cassie Senner	1:19
Colleen Heyer	1:20



Epic OKLK
winter training,
prone paddle
boards in
Hawai'i Kai!

PHOTO: ROBERT DURKIN



Xterra Trail Run

LOCATION: Kualoa Ranch
DATE: Dec. 2, 2018

▲ Photo: Landon, Orion, Dean & Monica Salter and Steve Shropshire, Nautica Gentry-Balding, Poet Gentry, Candes Meijide Gentry and Condesa Nora Meijide-Gentry

Adventure walk
Monica & Orion Salter

5K	
Landon Salter	33:04
(2nd AG 1-9)	
Deans Salter 3	3:05
Shawna Altfeld	47:30
David Altfeld	52:27
Poet Gentry	55:46
Nautica Gentry-Balding	55:46
Koa Watson	59:08

Condesa Nora
Meijide-Gentry (3rd AG) 1:04

21K World Championship	
Marcy Fleming	3:07
Candes Gentry	2:05
(1st AG 40-44)	
Steve Shropshire	3:21
(3rd world age group title)	



PHOTO COURTESY: MPI OCC GIRLS REV

Congratulations to the Mid Pacific Girls Varsity Volleyball team for winning the ILH DII Championship!

► Alyssa Muraoka and Kamalani Kekoolani Mid Pac Volley Ball Champs and Junior players on the Outrigger Canoe Club Beach Volley Ball Team.

Employee of the Month

➡ **Deroy Lupica started with OCC** in 2011 and brings high energy to the Beach Services Department. He has very strong water skills and is one of the most experienced canoe surfers and canoe sailors on the beach staff. You'll see him giving steering clinics, canoe surfing rides and canoe sailing rides to members. He is a good teacher in these areas for both members and staff, and also organizes the Club's kids' programs for our junior members to learn these skills. When he is not working at the Club, he is working at Bellows Beach as a Federal Lifeguard, responding to emergencies and training on the JetSki. Deroy uses his lifeguarding expertise and knowledge during medical emergencies and he consistently handles these situations professionally and confidently. His skills add tremendous value to our Beach Services. Deroy grew up in the Waikiki-Kapahulu area, spending his free time surfing at Kaiser Bowls. Fast forward to now, he has two boys and enjoys competitive canoe racing and training as a Jiu Jitsu practitioner.



PHOTO: MATT HERIAKUJI

Employee of the Month

OCTOBER 2018

Deroy Lupica

Beach Services



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**Employee of the Month****NOVEMBER 2018****Duc Pham**

Kitchen

**Employee of the Month****DECEMBER 2018****Ken Wong**

Kitchen

➡➡ **After years of performing** tasks no one else wants to do — cleaning nasty messes, taking out trash, polishing chafing dishes — the unsung heroes of the kitchen might be finally getting their due. The Employees of the Month for November and December are Duc Pham and Ken Wong.

“Everyone in the restaurant depends on you,” says Chef Mark to Pham and Wong. “If there are no glasses, drinks don’t get served. If there is no silverware, tables can’t get set. If there are no pots or pans, food doesn’t get cooked.”

Duc has been with Outrigger for 16 years and was last honored in March 2009 while Ken has been with us since February 2013, and was honored in October 2013.

In the immortal words of the famous Chef Thomas Keller: “You can’t have a successful service in a restaurant without a great dishwasher, bad ones will bring the ship down.”

We are thankful that we have a pair of dedicated men to support our service. *Congratulations to this dynamic duo – Duc & Ken!*

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Board Briefs

The following is taken from the minutes of the Board of Directors on November 15, 2018. Complete Minutes with committee reports are on the OCC website: outriggercanoeclub.com.

Membership Count: The Membership Count was 4922 as of October 31, 2018.

Athletics: BOD Policies and Procedures were amended regarding waiting list. See updated BOD P&P 2.2.4.1 on the website.

Buildings & Grounds: Approved Dana Bergeman to serve for the remainder of the calendar year.

Finance: The Board approved the recommendation from the Finance Committee to continue in 2019 the Club's 401(k) years of service match contribution, using the same percentages as 2018 and continue the 401(k)-employer match of 100% of employee's pre-tax contributions up to 3% of the employee's pay. The Board deferred approval (one week) of the 2019 Operating and Capital Budget.

Nominating Committee: The Board approved the proposed candidates for the 2019 Board of Directors' elections: incumbents Lissa Guild Eveleth, Rick L. Humphreys, Alice Lunt, William Meheula, III, Rick Piper and candidates Wendell Brooks, Jr, Curtis DeWeese, Kevin Greenwell, and Arthur Mallet.

Treasurer: Director Foster presented the financials for October, which are off for the month and YTD, primarily due to F&B.

General Managers Report: Rede Eder, new F&B Director is meeting members and working with staff. Wayne Larrow accepted Asst. F&B position - Catering & Dining Room management. House

Committee proposed a subcommittee of members with restaurant management experience to drill down on F&B issues. Good response on email surveys... Website has Monthly BOD minutes and links to committee minutes... Online Logo shop goes live by Black Friday... New parking decals ordered, will distribute January-February, enforced in March... Panic buttons with HPD contact will be distributed to stations and Managers in January... Music System for Dining Room being bid out, roll-out in January... Thirsty Thursday Whiskey & BBQ - great event - well attended... Locker Room Status: Women's should be complete, minus mirror and furniture by Thanksgiving; Men's pushed to December 5th.

Building and Grounds: Director Meheula reported that the Snack Bar is budgeted for Research, Design and Member Review and Input process for 2019, renovation pushed to 2020.

House: Director Humphreys reported that the committee is suggesting a Logo Shop subcommittee to provide direction for upscale items and fulfillment.

Athletics: Director Chuckovich reported progress for canoe racing moving into 2019. Cline Mann date set. Sailing committee met, plan to have canoe rigged in December and introduce Sailing group at Athletic Banquet. Scanner system being implemented for Watercraft and Surfboards. Director Luxton reported that Girls Beach Volleyball is starting and Boys Indoor Volleyball starts in January.

Entertainment: Director Piper reported exciting events in January: Sushi & Sake and Athletic Banquet. No Thirsty Thursday in December - focus on Holiday events: Breakfast with Santa December 1st, Member Open House Monday, December 17. Need to socialize date in ENews and December mailer. Family Bingo night scheduled for February 2019.

Member Relations: Director Guild Eveleth reported that Joe Bock and Cassidy Tepper are leading group with energized focus on digital communication. New magazine in progress - launching January 15.

Historical: Director Lunt reported that it was suggested that Historical committee take a role in coordinating the annual MacFarlane sale. Discussion by Board members suggested that the House Logo Shop subcommittee could act as coordinator. ■

IN MEMORIAM

Shirley Wetzel

NOVEMBER 8, 2018

Member 61 Years

Keith J. Steiner

NOVEMBER 5, 2018

Member 34 Years

Polly Steiner

DECEMBER 2, 2018

Wife of deceased member
Keith Steiner

Jonathan Sutherland

NOVEMBER 29, 2018

Member 60 years

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Rick Piper, *Assistant Treasurer*, Entertainment
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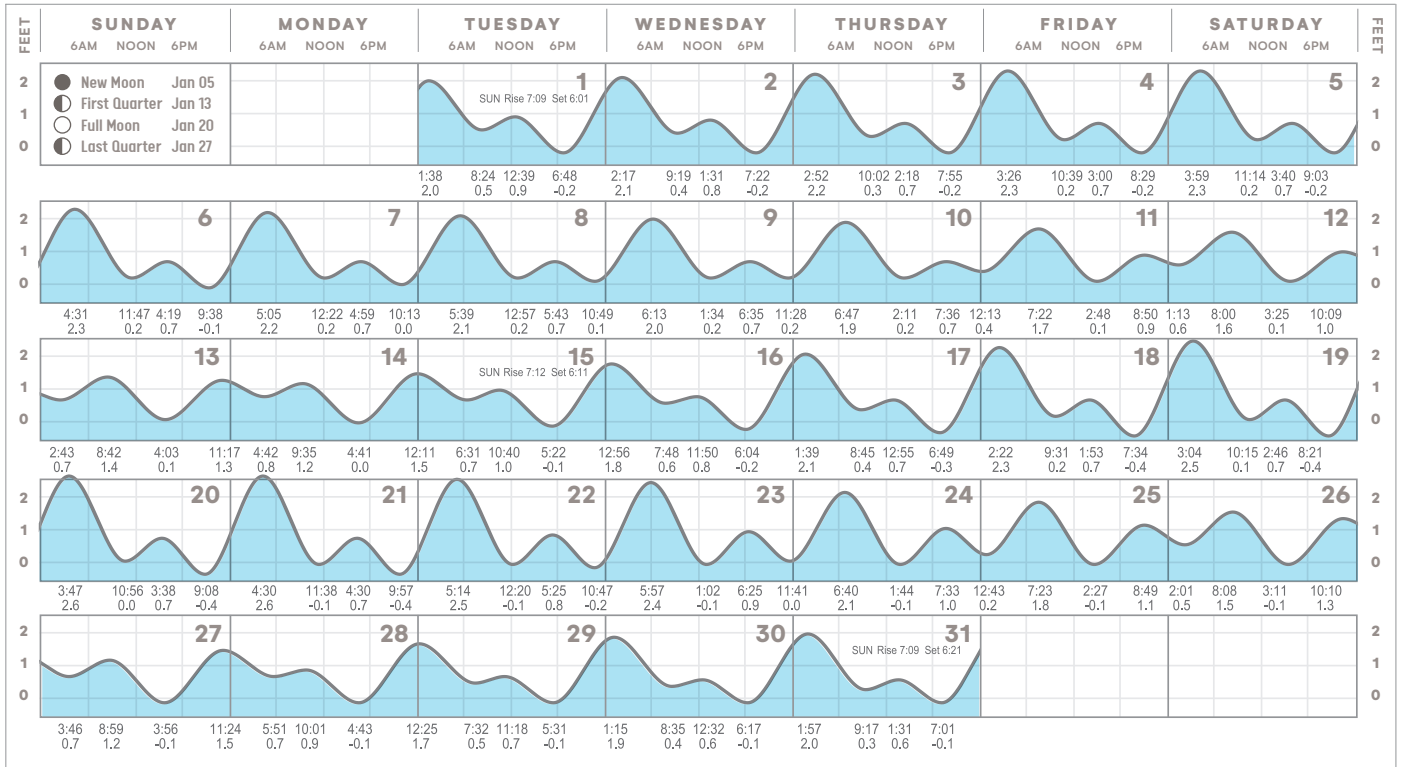
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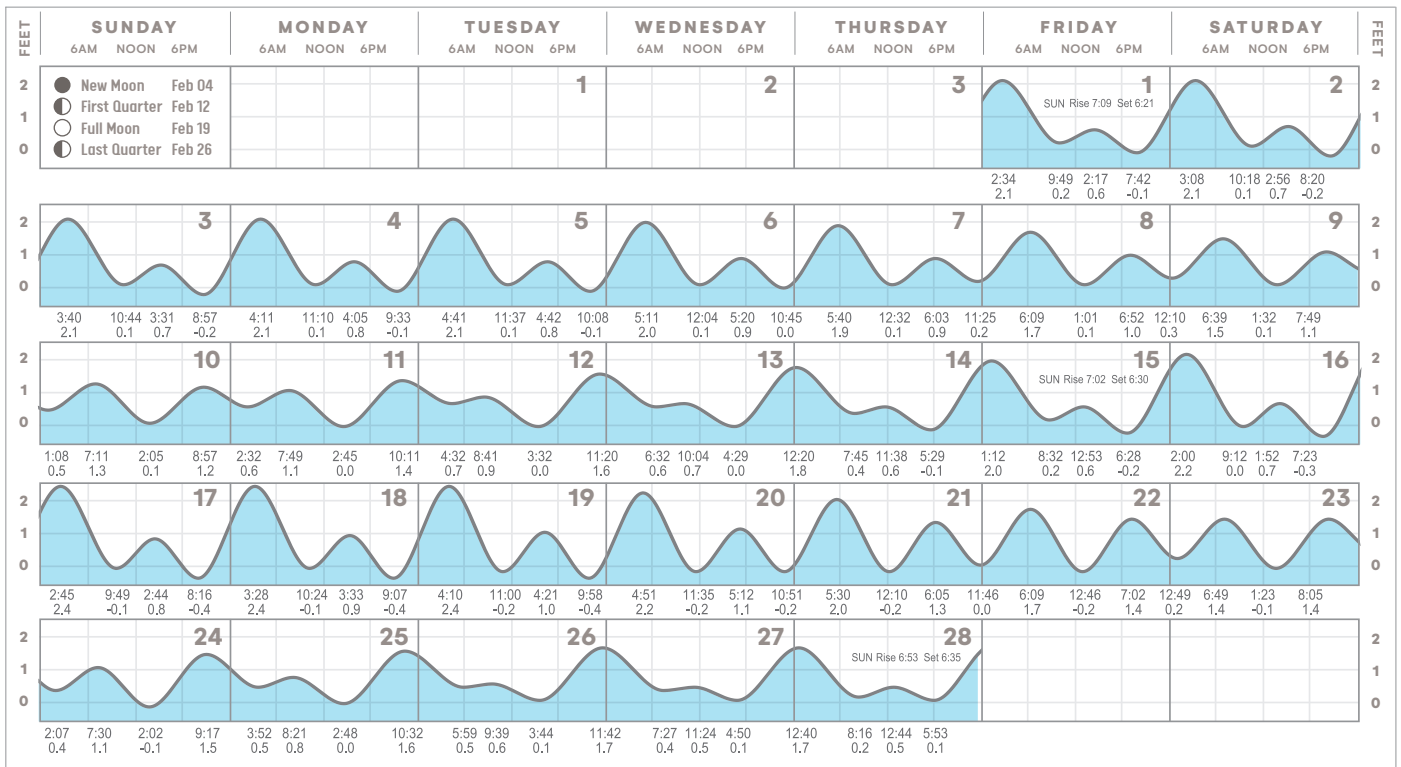
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January 2019

OCC Tide Calendar



February 2019



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