

# OCC continues dominance with fourth state title

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tional television mobile, borrowed from Punahou School, was placed along the finish line to help settle disputes over lane violations and close finishes.

While the videotape machine solved several small problems, many clubs were still left wondering if there was anything that could be done to solve one universal dilemma: Outrigger's domination.

"Let's face it, nobody's going to beat Outrigger one on one," Hui Nalu's Kala Kukue said. "You need a lot of help from other clubs."

Said Kailua coach Scott Jacobs: "They're very solid. They can be beat, but not in the state regatta. They just seem to rally for the states better than us; better than anybody."

"They have a lot of numbers" — Outrigger qualified for 28 of the regatta's 31 races — "and a lot of depth."

Outrigger proved as much yesterday. After a slow start, the Waikiki-based club turned lava-hot.

Outrigger won the regatta's 10th race, the women's masters, to cut its deficit to 37-29, and then passed the Hawaiian Canoe Club with a victory in the next race, the senior women's masters.

Outrigger pulled away with victories in four of the next six races.

After that, the only drama remaining was in the men's junior and senior races.

The two-mile junior race matched Outrigger and the Big Island's Kamehameha, two crews that were unbeaten over the last two years. Outrigger retained many of its paddlers from its junior crew last year, while Kamehameha's crew was made up mostly from last year's unbeaten sophomore crew.

Outrigger broke to a quick lead and then went ahead by the length of two boats at the halfway point. It was smooth paddling after that, as Outrigger won in 15 minutes and 24.93 seconds.

Outrigger stroker Kainoa Downing said that after his crew grabbed the early lead, it tried to lengthen its strokes. That provided the crew with a smoother, but still powerful, ride.

"We were able to glide," Downing said.

Kamehameha's Steven Blyth, however, said his crew gave away too much after struggling around the first of the five turns.

"It's hard to come back, especially with the boat they have," Blyth said. "It's an expensive boat they have. It's not slow."

"My heart was burning trying to catch them."

The men's senior was just as suspenseful as Kauai's Hanalei Civic Canoe Club narrowly beat Outrigger over the 2½-mile course.

It was the second year in a row Hanalei beat the highly touted Outrigger crew in the senior race. What's more, Hanalei actually crossed the finish line ahead of Outrigger in the state race two years ago, but forfeited the victory because of a lane violation.

Hanalei appeared to be in for a rough time yesterday. At the buoy marking the half-mile point, Hanalei steersman Steve Cole, who serves as the rudder for the crew, broke his paddle

during a turn. "The boat just went crazy," Cole said. "Luckily I had another paddle, which I just grabbed. But I had to have the guys in the front pull us around the turn instead of me."

Hanalei fell behind during the mishap, but gradually closed the gap. On the final turn, which leads to the quarter-mile stretch, Hanalei and Outrigger came out dead even.

"On the last leg, I told everybody, 'Give it all you've got,'" Cole recalled.

Hanalei beat Outrigger by six seconds.

"They did the little things — a second here, a half stroke there — and the little things helped them," Outrigger coach Walter Guild said. "They're a very excellent crew."

Guild, obviously disappointed in the race's outcome, paused and then said: "But you have to remember, each one of these races is a battle in the big war. That's what we were concerned about, winning the war."

And, as in previous regattas, Outrigger proved to have more than enough ammunition. Although its younger crews struggled, Outrigger received strong efforts in the boys' 16 and women's 18 freshmen and novice races, as well as predictably high finishes in the upper divisions.

"We don't expect to win every race," Guild said, "but we like to consistently score points. That makes a difference. You can have a hot crew from the outer islands that is good in one race, and then its club isn't around for the next two races. If we're able to consistently score points, then we feel that will make the difference over the whole regatta."

It did yesterday.

**HAWAII CANOE RACING ASSOCIATION State Championship Regatta At Keel Lagoon**  
Final point standings  
AAA division: 1. Outrigger, 150 points; 2. Hui Nalu, 108; 3. Kailua, 100; 4. Healan, 88; 5. Hanalei, 78; 6. Hawaiian, 68; 7. Lokahi, 35; 8. A.A. 1, Hui Lanakila, 58; 2. Kai Ehitu, 41; 3. Kihuna, 29; 4. Lanikai, 24; 5. Waiani, 19; 6. Lahaina, 18; 7. Kai Opua, 17; 8. Manu O Ke Kai/Na Keel O Ka Moa, 16; A: 1. Kamehameha-Hilo, 28; 2. Na Kai Ewaku, 26; 3. Anuenue/Kawahae, 22; 4. Waikaula, 21; 5. Keaukaha, 19; 6. Waimanalo, 12; 7. Mahealani, 11; 8. Kamehameha-Oahu/Waikiki Beach Boys, 9; 9. Koa Kai/Leward Kai, 8; 10. Hoopili, 7; 11. Hawaiian Outrigger, 6; 12. Hawaiian Warrior/Waialeale/Surfports, 5; 13. Kaula, 4; 14. Kahana/Kai Ohi Windward Kai, 2.

**14-mile**  
Boys—12B: 1. Waikaula (Fafala Valanoc, Keone Mahoe, Gerald Gaudin, Averi Ippio, Damien Freitas, Jerome Tsukiyama), 2:14.90; 2. Keaukaha, 2:22.34; 3. Leward Kai, 2:25.88; 12A: 1. Outrigger (L.J. Riley, Bret Chudkovich, David Buck, Bryan Kicoyne, Carter Evans, Cullen Kamsup), 2:26.33; 2. Healan, 2:27.67; 3. Hawaiian, 2:28.59; 13: 1. Kaula (John Awa, Vernon Kanho, Nathan Awa, Jason Castillas, Livingston Diomua, Chad Awa), 2:07.30; 2. Waikaula, 2:12.20; 3. Kamehameha, 2:12.55; 14: 1. Kailua (Beau Kincaid, Chris Shneider, Ryan Nobriga, Shawn Gaudera, James Soong, Pono Letao), 1:59.90; 2. Kawahae, 2:03.91; 3. Waiani, 2:06.91; Girls—12: 1. Waiani (Melissa Awa, Chara Lindsey, Ngira Best, Akasia Keopuhua, Danya Spencer, Karl Kalo), 2:31.40; 2. Healan, 2:44.56; 3. Na Kai Ewaku, 2:48.41; 13: 1. Lanikai (Shelly Taylor, Stacy Harris, Julie Tharp, Shauna Leonard, Anueha Hawkins, Mia Kaira), 2:21.83; 2. Hui Nalu, 2:29.85; 3. Kailua, 2:30.83; 14: 1. Hui Nalu (Christina Johring, Nanea Shizu, Raynelle Shim, Kim Katsarsky, Tami Crawley, Nicole Sei), 2:19.93; 2. Outrigger, 2:20.20; 3. Anuenue, 2:23.83; Women Novice B: 1. Hanalei (Jackie Price, Leslie McPherson, Susan Williams, Katy Curtis, Mary Ellen Houston, Maria Stephens), 2:07.29; 2. Hawaiian, 2:12.34; 3. Lokahi, 2:23.97; Mixed 12: 1. Kamehameha-Hilo (Michael Nakata, Aurora Camacho, Chad Cabral, Vanessa Nathaniel, Conrad Kei, Jan Kekua), 2:28.53; 2. Waimanalo, 2:34.23; 3. Manu O Ke Kai, 2:44.84.

**1/2-mile**  
Boys—Novice B: 1. Hui Lanakila (Eric Fernandes, Wendell Perry, Lawrence Winkertower, Michael Dunne, David Baring, Ed Puchalski), 3:54.08; 2. Kailua, 3:54.59; 3. Hui Nalu, 4:01.54; Boys 18: 1. Outrigger (Wyatt Jones, Hunter Eggers, Greg Wood, Craig Campbell, Alka Weller, Heath Hemmings), 3:54.59; 2. Kailua, 4:01.46; 3. Healan, 4:05.97; Men's Masters: 1. Outrigger (Bob Riley, Mark Buck, John Finney, Mike Clifford, John Mouton, Fred Hemmings), 5:55.22; 2. Hui Nalu, 5:52.48; 3. Healan, 6:01.57; Men's Open 4: 1. Hanalei (David Beck, Ben Wingham, Mike Belcher, Nick Beck), 4:08.89; 2. Outrigger, 4:12.93; 3. Hui Lanakila, 4:14.21; Women's Masters: 1. Outrigger (Tara Finney, Susan Barron, Jonna Jenkins, Sandra Hama, Mahi Riley, Paula Carbone), 4:36.41; 2. Hawaiian, 4:47.79; 3. Kai Opua, 4:48.85; Senior Women Masters: 1. Outrigger (Liliani Davis, Gerri Pedesky, Marlyn Haine, Rudy Herson, Diane Stewart, Keaneun-ur Rochlen), 4:40.77; 2. Kailua, 4:42.53; 3. Lanikai, 4:57.11; Girls—18: 1. Outrigger (Cynthia Sheehan, Heidi Brissette, Pam Clifford, Laura Hind, Jesse Town, Jackie Miller), 4:31.53; 2. Hui Nalu, 4:38.27; 3. Kailua, 4:41.02; 18: 1. Healan (Yvonne Newaku, Arnette Kaili, Dana Ima, Lisa Hononaka, Donna Myasaki, Christine Pablanon), 4:38.12; 2. Na Kai Ewaku, 4:39.81; 3. Kailua, 4:40.42; Women's Novice A: 1. Outrigger (Norelle Shullis, Genie Kincaid, Robin Marka, Dede Sheffield, Fey Danford, Barbara Baring), 4:30.55; 2. Lanikai, 4:37.46; 3. Kai Ehitu, 4:43.08; Women's Open 4: 1. Na Kai Ewaku (Marge Messner, Michelle Romero, Marcia Wilmore, Kathy Longstaff), 5:03.29; 2. Hui Nalu, 5:06.92; 3. Kai Ehitu, 5:08.45; Mixed Open: 1. Healan (Paul Placera, Russell Akahine, Nalia May, William Loa, Susan May, Sandy Young), 4:14.93; 2. Hoopili, 4:17.34; 3. Outrigger, 4:21.66.

**3/4-mile**  
Men's Senior Masters: 1. Outrigger (Chris McKinnis, Tom Merril, Jim Peterson, Ken Stehower, Mike Town, Charles Martin), 4:02.44; 2. Healan, 4:06.39; 3. Kailua, 4:07.33; Men's Novice A: 1. Kai Ehitu (Samuel Kawano, Frank Hebekele, Leroy Jumper, David Galletta, Eliot Branch, Lorin Ching), 6:23.34; 2. Outrigger, 6:26.45; 3. Healan, 6:28.06; Women Freshman: 1. Hui Nalu (Kelly Marfi, Maki Kamaka, Johanna Hymne, Vicki Shambaugh, Lorrie Miller, Julie Williams), 6:35.94; 2. Hanalei, 6:36.60; 3. Hawaiian, 6:37.02.

**1-mile**  
Boys—18: 1. Hui Nalu (Brian Stimson, Lindsey McCleary, David Hui, Keon Wazman, Jude Parker, Nalu Kukua), 7:52.50; 2. Kihuna, 8:02.00; 3. Kawahae, 8:03.91; Men Freshman: 1. Hui Lanakila (Evelyn Kiam, Adrian Ho, Eddie Horner, Casey Kamaka, Beau Oliver, Kamea Hema), 6:12.46; 2. Outrigger, 6:18.75; 3. Anuenue, 6:19.85; Women's Sophomore: 1. Healan (Laura Seto, Lorey Bode, Patricia Vasquez, Carolyn Jean McKinnis, Melinda Welch, Robin Noraka), 6:38.09; 2. Hui Nalu, 6:50.10; 3. Outrigger, 6:56.98.

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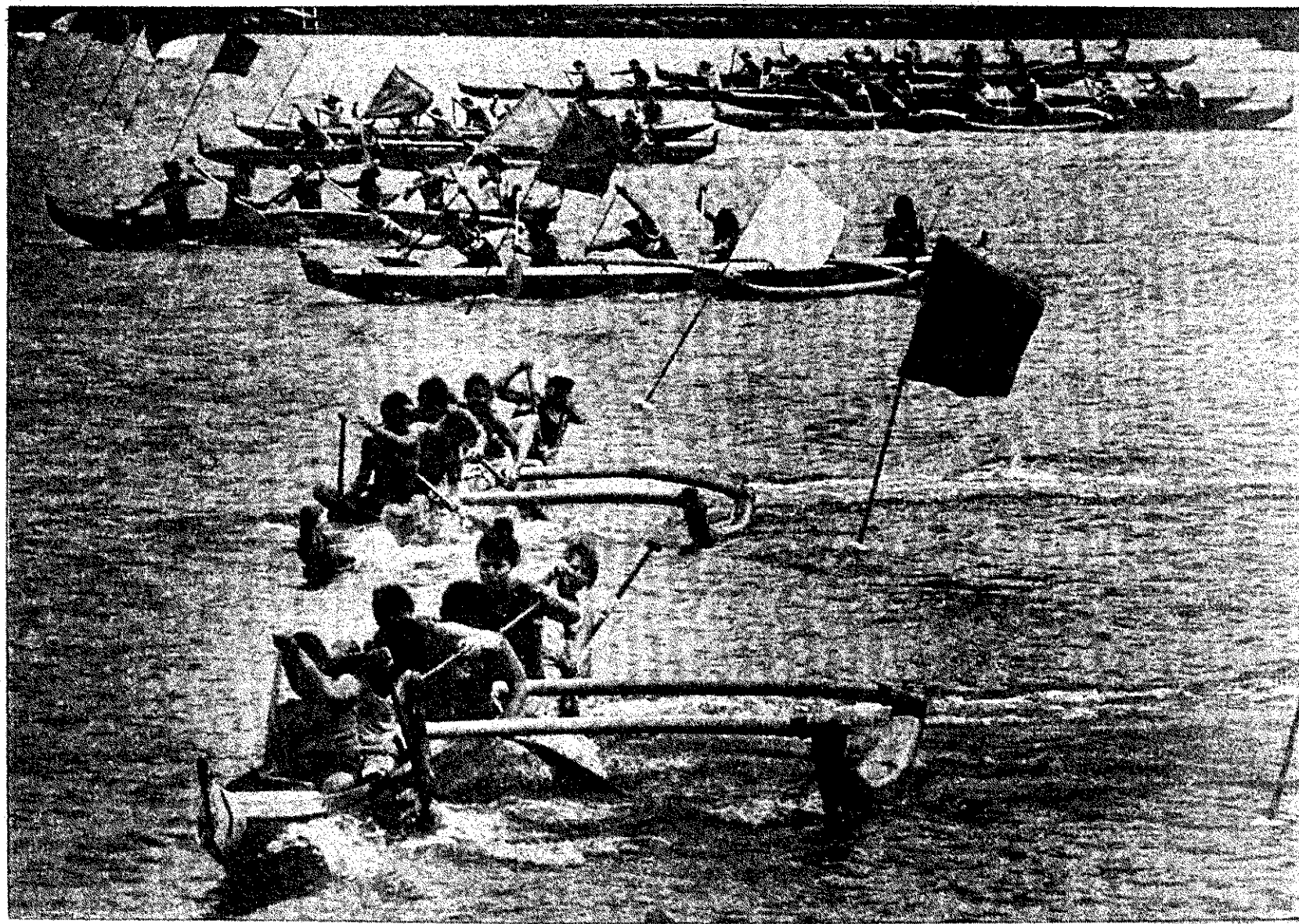
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**3-mile**  
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**4-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**5-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.



Advertiser photo by Bruce Asato

It's crowded in the freshmen women's race in the state canoe championship regatta as Kamehameha of Oahu (foreground) and Hanalei lead 14 canoes into the first turn. Following are, fore-

ground to background, Hawaiian, Outrigger, Kon Kai, Hui Nalu, Healan, Waimanalo, Kahana, Windward Kai, Kamehameha of Hilo, Kai Ehitu and Kailua. Waiani is not in photo. Hui Nalu won.

Kaneohe, 11; 8. Kamehameha-Oahu/Waikiki Beach Boys, 9; 9. Koa Kai/Leward Kai, 8; 10. Hoopili, 7; 11. Hawaiian Outrigger, 6; 12. Hawaiian Warrior/Waialeale/Surfports, 5; 13. Kaula, 4; 14. Kahana/Kai Ohi Windward Kai, 2.

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**4-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**5-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**6-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**7-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**8-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**9-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**10-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**11-mile**  
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**12-mile**  
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**13-mile**  
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**16-mile**  
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**17-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

**18-mile**  
Men's Senior: 1. Hanalei (Dan Sullivan, Earl Simpson, Mark Daniels, Holey Beck, Joe Morano, Steve Cole), 19:13.85; 2. Outrigger, 19:19.89; 3. Kailua, 19:53.66.

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HONOLULU ADVERTISER

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## Hanalei practices at its own pace

### Kauai's anonymous canoe club doesn't overtrain or follow trends

By Stephen Tsai  
Advertiser Staff Writer

A successful canoe club usually doesn't practice only three times a week. Or disdain scouting.

But, then, the Hanalei Canoe Club isn't your basic group of world beaters.

While many other clubs follow every move of such trendsetters as the Outrigger Canoe Club, Hanalei prepares at its own pace — in relative anonymity — on Kauai.

And the isolation has hardly been a drawback.

Since forming in 1973, Hanalei has won four state regatta championships, the last one in 1982. Two years ago, it won the AA state title for clubs that entered in seven to 14 races.

And last year, although finishing fifth in the state meet, Hanalei defeated then-unbeaten Outrigger in the men's senior race, considered to be the blue-ribbon event of a regatta.

"You know, I think Hanalei is one of the few clubs Outrigger fears," said Mike Cushnie, head coach of the Lokahi Canoe Club. "They come out of nowhere and do well every year."

Hanalei's success is rooted in shrewd strategy and sheer good fortune.

"We have a captive audience in Kauai," Hanalei coach Rex Burrell said. "There's not a whole lot to do athletically in our

town, so we get a lot of quality athletes turning to paddling."

Said Hanalei member Nick Beck: "There aren't a lot of distractions here. The community really supports the sport; things kind of focus on the canoe club."

Hanalei, however, doesn't pay much attention to the rest of the canoe world during the regular regatta season. Beck said Hanalei coaches don't compare their crews' times with those of Oahu's clubs because "it's almost impossible to duplicate the conditions they race in. There's no way you can do an accurate comparison."

Burrell also said Hanalei benefits from not having to race against top Oahu clubs every week. Although it is widely believed that competing against a stronger crew will make your crew better, Burrell said an opposite effect usually occurs.

"If a team beats you every week, sometimes you get the attitude that you can't beat them," Burrell said. "We don't want to get mentally and physically beat down."

That philosophy carries into Hanalei's workouts. Paddlers practice twice during the week, from 5 to 7 p.m., and once on weekends.

"We don't go out five or six days like a lot of other clubs," Burrell said. "What we do is quality, not quantity. If we have a good tough workout, we need a day or

two to heal. I think that's showing up in some of the studies on athletic training."

Beck said he hopes for a strong showing in tomorrow's state regatta, although he concedes that a championship is unlikely since Hanalei has a shortage of paddlers in several youth divisions.