



NO SWEAT—Neither women's winner Connie Comiso nor men's winner Duncan Macdonald appear to have had much of a workout in yesterday's Great Aloha Run.—Star-Bulletin Photo by Dennis Oda.

11,000 Enjoy Great Aloha Fun Macdonald, Comiso Turn Race into Runaway

By Jack Wyatt
Star-Bulletin Writer

Yesterday's Great Aloha Run had a bit of the unexpected for Dr. Duncan Macdonald and Connie Comiso.

Neither thought winning the race would be so easy.

Men's winner Macdonald, of Kailua, used Hawaii's biggest resident footrace as an opportunity to stretch his legs after running the tough Manila marathon a couple weeks ago.

"I went right out and surprisingly, nobody came with me," said the 36-year-old anesthesiologist. Macdonald, who led the 7.5-mile race from the Aloha Tower start to the Aloha Stadium finish, appeared fresh at the end.

The three-time winner of the Honolulu Marathon turned the Nimitz Highway course in a fast 38 minutes and 11 seconds, a comfortable 20 seconds ahead of runnerup Chip Pierce of Schofield Barracks. "I should have pushed myself harder," the 24-year-old army sergeant said. Navy commander Phil Camp came in third in 38:50.

Comiso, of Manoa Valley, surprised herself in winning the women's division. "I didn't think I could beat Adrienne (pre-race favorite Adrienne Johnson). And

when I passed her after a mile, wow!" she said.

AFTER DISPOSING of Johnson, the 29-year-old public health nurse ran unchallenged and finished smiling. "Happy? You'd better believe it!" she added. Comiso (45:20) finished a minute ahead of runnerup Johnson. Ingrid Clancey placed third among women.

The run had its excitement. St. Louis High School runner Enrique Ryan staged a dramatic finish-line sprint to edge Seabury (Maui) Hall's Andy Libert for sixth place overall. "Good competition," said the winner. The day before at Punahou, Ryan won three track events.

Added Kamehameha Schools wahine runner Tracy Ching, "hopefully this race will help me this season in track." Ching was also a track winner last weekend. Jonathan Lyau, a former McKinley trackman, placed fifth overall.

Added "Doctor Sports" Jim Barahal, "Fun run? To me this was a race." The former collegiate runner placed a respectable 12th overall. Top 20 finisher Charley Woods said that the Salt Lake Boulevard downhill approach to the stadium finish made for a frantic surge. "A super course," he added.

COOL TEMPERATURES; a

strong tailwind, plus a relatively flat course resulted in ideal running conditions. Said wheelchair winner Frank Tolua, "I don't know about the runners, but this course is made for chairs."

But for most of the estimated 11,000 participants (11,800 entered the race), the Aloha Run was not a race but a happening. Honolulu boutique owner Karen Nomura Tom "ran" the course wearing an expensive gown, wide-brim hat and high heels. "My feet were bloody and sore," she said, "but I never once removed my shoes."

Punahou volleyball coach Chris McLachlin, who wore a tuxedo, said that he added a touch of class. McLachlin's wife Beth, a former volleyball-playing Olympian, ran wearing a full-length gown. She looked even classier. Cowman ran with horns, while other fun-runners carried balloons; wore funny hats and looked generally ridiculous.

THE RUN EVEN HAD a Lady Godiva on horseback. Said race promoter Carole Kai, "Mindy (the horse) brought up the rear and most fittingly, had 'The End' painted on her rump." The last runner finished in a yawning three hours.

Janis "Body by Janis" McDonald led a troupe of 30 of her fitness buffs. "We did aerobic

dances and exercise routines en route," she said. Added 70-year-old Janis trouper Anneliese Moore, "some fun." Several island military units marched the course counting cadence.

Tennis pro Howard Tacub laced up his running shoes and toured the course in 52 minutes. "Keeps me in shape for tennis," he said. Outrigger Canoe Club's Tommy Holmes ran the course barefoot in 46 minutes. "Ouch! The bike path was really rocky," he said.

Runners spent hours in post-race lines. There were long lines for complimentary bananas and pineapple juice; for race shirts; for free beer; for prizes and for use of restrooms.

The race start was so crowded, that, according to run coordinator Jack Scaff, it took nearly seven minutes for the last runner to cross the startline after the gun. A printout of official finishing times was not available yesterday.

Still, with all its confusion, the Aloha run was rated an overwhelming success. Said Mid-Pacific Road Runners Club president Carl Ellsworth, "Carole Kai makes things happen." More than \$50,000 in prizes, plus free Waikiki-quality entertainment brought cheers. The run raised \$164,118 for island charities.

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WEST HAWAII TODAY
MAR. 8 1985

New canoe club is born in Waikoloa

By ARLENE STEPHL

If you think Waikoloa is only good for golf balls and horses, you're wrong. Waikoloa is about to have its own canoe club, and residents from all parts of the island are welcome to join.

Headquarters will be Anae-ho'omalua Bay. For those whose paddling days have gone with the tide, social memberships are available. Judging from the Kawaihae Canoe Club parties, attended by hundreds, social memberships are a big part of the organization and very supportive, so don't hesitate to join up, even if you feel your wave has already crested.

Doug Carr, in his mid forties, is a local man who joined Oahu's prestigious Outrigger Canoe Club when he was twelve years old, was associated with the Kawaihae Canoe Club in its organizing stages, is the Kawaihae fireman, and runs a marine salvage business. He has been asked to be head coach.

Other organizers include Fred Yamashiro, Director of Administration with Transcontinental Development Corporation, originally from Oahu, but a Big Island resident since 1974,

and Masa Tamashiro, maintenance engineer at the Sheraton Royal Waikoloa Hotel and former member of Oahu's Kai Oni Canoe Club.

All three men are Waikoloa residents.

Three new fiberglass canoes are currently under construction and will be enroute to the Big Island by mid-March. A specially built koa racing canoe, from Honolulu, will be on a lease-use basis until the club either builds or purchases one. In other words, the club has the equipment needed and is ready to get off the ground.

The first organizational meeting will be held Sunday, March 10, at the Sheraton Royal Waikoloa Banquet room at 2 p.m. Refreshments will be served. Aloha attire.

Should you need any additional information, call Debbie Billings, 775-9712, Masa Tamashiro, 883-8070, Doug Carr, 882-7815, Fred Yamashiro, 883-9661, or George Kaluna at 885-6946.

COUNTRY FAIR DRAWS HUNDREDS

Despite a rather brisk breeze more than eight hundred people



WAIKOLOA RESIDENTS Masa Tamashiro, Fred Yamashiro and Doug Carr pose next to a canoe. They are the driving force behind the new canoe club forming at Waikoloa.—Photo by Arlene Stephl.

attended Waikoloa's first Country Fair, sponsored by the Waikoloa Imua, a service organization that has been very beneficial to this small community. This successful fair, held March 2, raised \$2500 for the benefit of

the Waikoloa children's park, located south of the swimming pool. Among the high points of the occasion were obedience demonstrations by Vicki Hooper, Hilo, with her Shetland sheep dog, and Robyn Ackroyd,

Kona, showing her Rottweiler, an unusual breed. The trainers and dogs put on a superb show. To get news of interest from Kawaihae to Kona in this column, call Arlene Stephl at 883-9978.

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HONOLULU ADVERTISER

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Organization of ship parade will be tall order

Compiled by Carol Hogan

On July 4, Hawaii will experience a first — a tallships parade from Kaneohe Bay to Pearl Harbor.

Tallships and historic sailing vessels throughout the world have been invited by Gov. George Ariyoshi to participate in the event, entitled "HIIT Parade."

Andrew Baker is coordinating the parade. The July 4 date was picked to celebrate the Japanese centennial and America's Independence Day. More than 100 sail vessels, motor-training vessels, and private ships belonging to different countries and maritime universities have been invited to participate.

Many of the vessels have been in other celebrations, including the 1976 Bicentennial Celebration in New York Harbor and the 1984 Olympic Tallship Parade last July 4 in Long Beach Harbor.

"Right now we are looking at about 20-plus vessels who have said they'd like to participate," Baker said. "We have met with a member of the board of directors of the Institute of Sea Training in Japan and are working with them to have the Nippon Maru (a Japanese maritime training ship) extend its



stay from its regular June visit to Hawaii."

Other vessels invited include the Kaiwo Maru, the other Japanese sail-training ship used by the Institute of Sea Training; Esmeralda from Chile; Sagres from Portugal; the U.S. Coast Guard training vessel Eagle; Danmark from Denmark; Cuauhtemoc from Mexico, and several privately owned vessels, including The Intrepid Dragon.

"The Intrepid Dragon is an 84-foot Chinese junk from Wilmington, California," Baker said. "By coming over here, she just has to make the trip from Hawaii back to Southeast Asia and she will have become the only Chinese junk in the world to circumnavigate the world."

Also expected to participate are some of the entries in June's Ancient Mariner's Race from Newport Beach, Calif. to Lahaina, Maui.

Honolulu people working on the project include harbor pilot Capt. David Lyman; members of the Coast Guard Auxiliary

Flotilla on Oahu; Mike Ratianni, a sailing instructor at Waikiki Yacht Club; Loren Lasher, a shipwright from Kaneohe, and Jack Gescheider, who will be in charge of all volunteer help.

Baker is looking for volunteers. He can be reached at 595-6326.

Waterlog

Plans for the Big Island Ocean Fair, to be held in April, include everything from Hawaiian crafts to snorkeling demonstrations. The fair will be held at such locations as Punaluu, Milolii, Kahaolu, Puuhonua o Honaunau National Historical Park, Kawaihae, Hawaii Natural Energy Lab (next to Keahole Airport), Lapakahi State Park, Hilo and Kalapana. . . . The Kailua Bay

Junior Windsurfing Club, now some 40 members strong, held its first slalom and course races of the season last week. Dave Forsyth won the senior division, Leon Devaney the 18-and-under division, and Sonja Evensen the women's division. . . . Ray Sanborn of Sea Trek Hawaii has drown-proofing classes scheduled for April 2. For information, call 235-6614. . . . Advanced sailing courses are being

offered to the public by the University of Hawaii Campus Center Board. For information, call Deb Patterson at 948-6469 or the information desk at 948-7325.

Float plan

March 16—Hawaii Hobie Cat Association races, Single Seasons Points and Pottuck. For information, call Jim Orisk (251-0289).
March 16—Prindle Catamaran Association National Points races in Kailua Bay. For information, call Dean Sinco (531-6824).
March 16-17—Banyan Trees Condominium/MSA Surfing contest at Banyan's, Kailua-Kona, surf permitting. For information, call 329-4140.
March 17—Windsurfing races in Kailua-Kona. For information, call Jerry Classon (329-4223).
March 17—Waikiki Yacht Club Ebuoro Regatta. For information, call 948-7141.
March 17—Kaneohe Yacht Club racing series. For information, call 247-4121.
March 17—Outrigger Second Annual Ocean Traction Championships: Run, Swim, Paddleboard, Kayak event. For information, call Ian Emberson (261-2271).
March 17—National Scholastic Surfing Association Kauai Meet at Mauna Bay. For information, call Red Inouye (671-6255).