

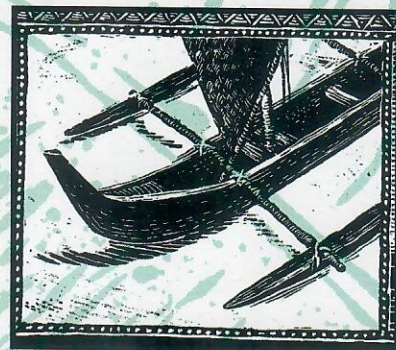
# the **Outrigger**

AUGUST 1995

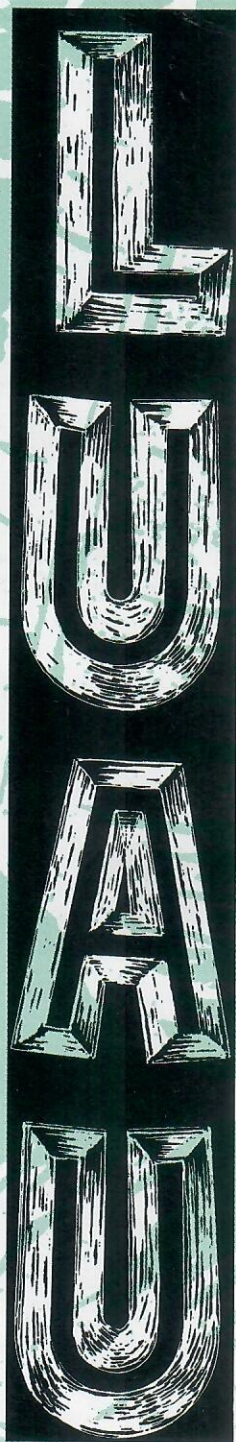
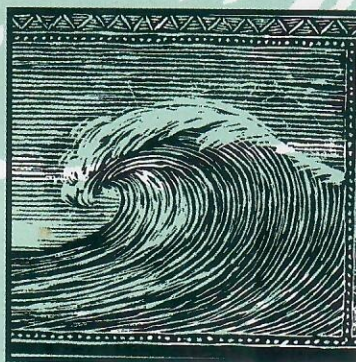
## OUTRIGGER CANOE CLUB

*Hele Mai To Our "Old Time Backyard Luau"*

WATCH FOR SPECIAL SCHEDULE OF EVENTS FOR THE DAY OF THE LUAU



MUSIC BY:  
GARY HALEMAU  
& PANDANAS CLUB



# Outrigger Wins July 4 Macfarlane Regatta

By Marilyn Kali

Outrigger Canoe Club's undefeated masters men won the last event of the day to ensure victory in the 53rd annual Walter J. Macfarlane Regatta on the 4th of July at Waikiki Beach.

After Outrigger catapulted to an early lead by capturing the first four events of the day, the lead changed hands many times throughout the day with Lanikai matching OCC gold for gold, and silver for silver. In 17 of the 32 races, the two clubs finished 1-2. Outrigger won a total of 14 events, while Lanikai won 15, leaving two victories for Hui Nalu and one for Kailua.

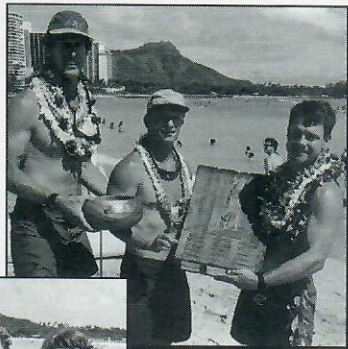
Outrigger eventually pulled ahead for good when the mixed men and women and the masters men won two of the final three races of the day. Outrigger scored 111 points to Lanikai's 101. Kailua finished a distant third with 47 points, followed by Hui Nalu with 35 and Waikiki Surf Club with 16 in the AA Division. Anuenue won the A Division with 13 points.

One to two-foot waves were prevalent throughout the day, adding much excitement to the event. Many races had four or five boats on the same wave coming across the finish line. Winners were hard to determine from the beach with just tenths of a second separating them.

Outrigger's open steersmen—Walter Guild, Todd Bradley, Billy Balding, Kalani Schrader, Tom Conner, Grady Bintliff, Bruce Ames, Kisi Haine and Brant Ackerman—had

a great day, using their backyard advantage to catch every bump and wave they could find to provide a thrilling ride for the crew and great excitement for spectators on the beach.

Photos by Marilyn Kali



Walter Guild, representing the Macfarlane family, presents winning trophies to Head Coach Kalani Schrader and Canoe Racing Chairman Todd Bradley.



OCC President Wendell Brooks Jr. welcomed paddlers to the Macfarlane Regatta.



Barbara Bryan, Patsy Sheehan, Suzy Hemmings, Ann Cundall and Maureen Kilcoyne won the Senior Masters Women event. Their steersman was Walter Guild.

Ikaika Anderson gets a bug from his grandmother, Hannie Anderson, after winning the Boys 16 race.



Guido Salmaggi sang the National Anthem.



Paddling for the Freshman Women were Jennifer Lowe, Pamela Clifford, Heidi Friese, Pam Davis, Shawn Dudgeon and Billy Balding.



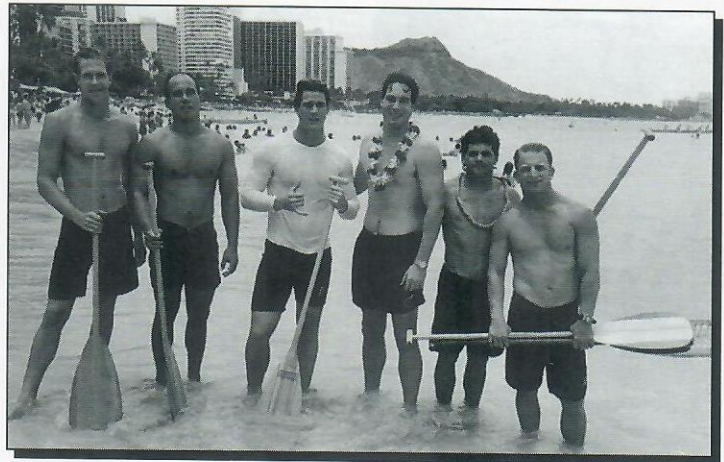
The winning Sophomore Women were Donna Kabakui, Diana Clifford, Nicole Wilcox, Lisa Livingston, Mary Smolenski and Todd Bradley.



Selling Macfarlane Regatta T-shirts were Ruby Ifversen, Vicki Williams, Diane Stowell, Gerri Pedesky, Pam Zak, Peggy Danford, Patty Mowat, Keanuenue Rochlen, Maureen Kilcoyne and Gerry DeBenedetti.



The Sophomore Men lineup was Andrew Glatzel, Mike Fox, Clayton Chee, Todd Payes, Tommy Damon and Billy Balding.



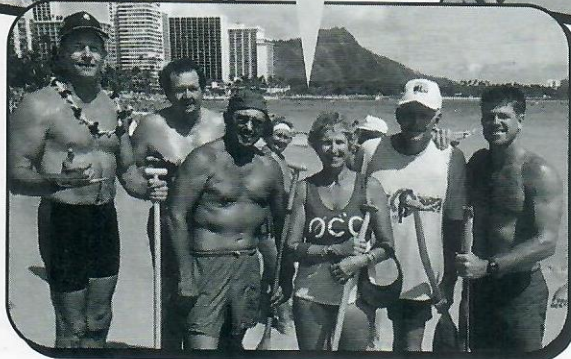
David Potter, Byron Ho, Ryan Foster, Daniel Knoke, Remy Moranba and Kalani Schrader paddled on the Freshman Men crew.



Winning the Makule Race this year were Tim Guard, Jon Haig, Norm Dunmire, Gerry DeBenedetti, John Beaumont and Marc Haine.



Paddling to victory in the Golden Masters race were Bruce Ames, Tay Perry, Tom Merrill, Kawika Grant, Mike Town and Scott May.



The undefeated Masters Men are Bill Mowat, Mark Buck, Karl Heyer IV, Bill Bright, Keabi Robins and Brant Ackerman.

# Walter J. Macfarlane Regatta, July 4, 1995

- AA Division**—1. Outrigger 111. 2. Lanikai 101. 3. Kailua 47. 4. Hui Nalu 35. 5. Waikiki Surf Club 16.
- A Division**—1. Anuenue 13. 2. Koolau 7. 3. Hui Lanakila 6. 4. (tie) Honolulu and Leeward Kai 5. 6. Healani 4. 7. Keahiakahoe 2. 8. (tie) Kai Oni, Makaha, Waimanalo 0.
- Mixed 12 (1/4 mile)**—1. Outrigger (Adam Dreher, Aka Beaumont, Chelsea Muirhead, Brooke Perry, Briana Ackerman, Walter Guild) 1:36.33. 2. Lanikai 1:37.13. 3. Koolau 1:37.97. 4. Kailua 1:53.42.
- Girls 12 (1/4 mile)**—1. Outrigger (Morgan Janus, Jessica Isaacs, Kimberly Cundall, Micah Iaukea, Crystal Thornburg, Marc Haine) 1:41.60. 2. Lanikai 1:45.66. 3. Kailua 1:56.70. 4. Honolulu 2:01.21.
- Boys 12 (1/4 mile)**—1. Outrigger (Keegan Edwards, David Pietsch, Brandon Stahl, Doug Hiller Jr., Aaron Kandell, Walter Guild) 1:42.12. 2. Lanikai 1:47.46. 3. Leeward Kai 1:48.00. 4. Hui Nalu 1:48.39.
- Girls 13 (1/4 mile)**—1. Outrigger (Marissa Reuter, Starr Sutherland, Nani Naish, Kristin Tesman, Kacie Almeida, Marc Haine) 1:58.20. 2. Lanikai 1:59.42. 3. Koolau 2:08.60. 4. Kailua 2:11.96.
- Boys 13 (1/4 mile)**—1. Hui Nalu (Noah Gibson, Nathan Lacno, Kekoa Tai, Daniel Robinson, Beau Blair, Darryl Hara) 1:34.41. 2. Outrigger (Nick Fowler, Nick Bright, Pono Kaimulua, Keoni Williams, Sean Madinger, Todd Bradley) 1:35:05. 3. Lanikai 1:35.27. 4. Kailua 1:41.08.
- Girls 14 (1/4 mile)**—1. Lanikai (Makena Coffman, Roya Elison, Vitto Camille, Joyanna Giannasio, Melissa Hodges, Jim Foti) 1:51.53. 2. Outrigger (Molly Pietsch, Megan Larsen, Tiffany Lee, Taylor Bechert, Kristin Freeburg, Marc Haine) 1:51.92. 3. Hui Nalu 1:52.87. 4. Kailua 1:53.13.
- Boys 14 (1/4 mile)**—1. Outrigger (Aaron Ackerman, Bryan Turner-Gerlach, Duff Janus, Patrick Mason, Peter Stams, Billy Balding) 1:35.07. 2. Hui Nalu 1:38.34. 3. Honolulu 1:39.80. 4. Kailua 1:41.55.
- Women Novice B (1/4 mile)**—1. Hui Nalu (Michelle Carr, Amy Evan, Carol Peters, Pamela Wall, Kim Aviero, Kala Kukea) 1:46.95. 2. Anuenue 1:47.89. 3. Healani 1:51.47. 4. Hui Lanakila 1:52.27.
- Men Novice B (1/2 mile)**—1. Lanikai (Kahl Aspelund, Mark Easton, Bill Lagemann, Darrell Orme, Stan Roth, Jim Foti) 3:30.94. 2. Outrigger (Keith Marrack, William Lawson, Sean Satterfield, Randall Schoch, Patrick O'Neill, Marc Haine) 3:39.66. 3. Anuenue 3:47.29. 4. Kailua 3:47.55.
- Girls 16 (1/2 mile)**—1. Lanikai (Kim Cannon, Kristy Reilly, Jen Tamaye, Christina Turney, Tyler Zienklewicz, John Foti) 4:02.36. 2. Outrigger (Mahealani Lum, Melissa Gibson, Annie Rosa, Tiare Larsen, Sandra Dunn, Todd Bradley) 4:08.00. 3. Kailua 4:18.62. 4. Hui Nalu 4:27.64.
- Boys 16 (1/2 mile)**—1. Outrigger (Will Estes, Craig Gamble, Ikaika Anderson, Koa Ostrem, Kevin Anderson, Billy Balding) 3:32.28. 2. Lanikai 3:51.93. 3. Honolulu 3:56.96. 4. Kailua 3:57.74.
- Girls 18 (1/2 mile)**—1. Lanikai (Leila Chatti, Jodi Jackson, Marlowe Penfold, Kristy Stoddard, Kimberly Tice, John Foti) 3:42.56. 2. Outrigger (Candes Gentry, Taina Marshall, Tiffany Sutherland, Bonnie Pietsch, Kristin Lee, Marc Haine) 3:56.58. 3. Kailua 4:06.40. 4. Keahiakahoe 4:13.27.
- Boys 18 (1 mile)**—1. Lanikai (B.J. Birdsall, Mike Lavielle, Shawn Lopes, Dan Davis, Mark Benghiat, Jim Foti) 7:03.73. 2. Kailua 7:05.83. 3. Outrigger (Kaiea Mowat, Joshua O'Connor, Brandt Pyles, Blake Cherry, Eric Polivka, Walter Guild) 7:35.70. 4. Keahiakahoe 7:51.46.
- Women Novice A (1/2 mile)**—1. Outrigger (Kendra Jenkins, Nancy Muller, Barbara Muller, Laura Williams, Leah Kilpatrick, Marc Haine) 3:48.70. 2. Lanikai 3:49.13. 3. Kailua 4:00.82. 4. Anuenue 4:01.34.
- Men Novice A (1 mile)**—1. Outrigger (William Pratt, Dave Stackhouse, Brad Pearson, Steve Corbelli, Kanoe Winchester, Todd Bradley) 7:04.74. 2. Waikiki Surf Club 7:06.13. 3. Hui Lanakila 7:27.90. 4. Kailua 7:42.34.
- Freshman Women (1 mile)**—1. Lanikai (Libby Fulk, Melanie Bailey, Lee Ann Anderson, Megan Clark, Ann Farrell, Jim Foti) 7:56.93. 2. Outrigger (Jennifer Lowe, Pamela Clifford, Heidi Friese, Pamela Davis, Shawn Dudgeon, Billy Balding) 8:06.17. 3. Healani 8:18.44. 4. Hui Nalu 8:18.84.
- Freshmen Men (1 mile)**—1. Lanikai (Chris Sharrer, Bo Estabrooks, Wade Chandler, James Clapp, Ira Fujisaki, John Foti) 7:10.83. 2. Kailua 7:11.07. 3. Outrigger (David Potter, Byron Ho, Ryan Foster, Daniel Knoke, Robert Moranha, Kalani Schrader) 7:19.68. 4. Hui Lanakila 7:20.19.
- Sophomore Women (1 mile)**—1. Outrigger (Nicole Wilcox, Donna Kahakui, Lisa Livingston, Diana Clifford, Mary Smolenski, Todd Bradley) 7:42.35. 2. Kailua 7:43.93. 3. Waikiki Surf Club 7:57.51. 4. Hui Nalu 8:22.99.
- Sophomore Men (1 mile)**—1. Lanikai (Giovanni Camuso, Jim Foti, John Foti, Kalani Irvine, Cory Mehau, Bobby Nottage) 6:51.38. 2. Waikiki Surf Club 7:06.89. 3. Outrigger (Andrew Glatzel, Michael Fox, Clayton Chee, Todd Paves, Tommy Damon, Billy Balding) 7:14.67. 4. Hui Nalu 7:29.60.
- Junior Women (1 mile)**—1. Kailua (Vivian Griffin Ho, Kathy Colin, Crystal Hogue, Peggie Tester, Cheryl Tester, Vincent Olds) 8:15.35. 2. Leeward Kai 8:36.01. 3. Hui Nalu 8:37.13. 4. Lanikai 8:40.18. OCC (Genie Kincaid, Jennifer Thayer, Tracy Selling, Valerie Kauahi, Shannon Dudgeon, Tom Conner) DQ for interference.
- Junior Men (1 1/2 miles)**—1. Lanikai (Claude Butcher, Phil Carolio, Scott Freitas, Alan Lipp, Mike Pederson, Pete Roney) 11:04.70. 2. Waikiki Surf Club 11:42.41. 3. Hui Nalu 12:03.86. 4. Kailua 12:10.20. 5. Outrigger (John Eveleth, Dean Maeva, Tom McTigue, Scott Rigg, Casey Teixeira, Grady Bintliff) 12:31.54.
- Senior Women (1 1/2 miles)**—1. Lanikai (Libby Fulk, Rachael Smith, Ann Farrell, Melanie Bailey, Lee Ann Anderson, Jim Foti) 11:34.62. 2. Kailua 12:11.80. 3. Outrigger (Sara Ackerman, Donna Kahakui, Lisa Livingston, Diana Clifford, Kaili Chun, Billy Balding) 12:34.88. 4. Waikiki Surf Club 12:42.30.
- Senior Men (2 miles)**—1. Lanikai (Mike Pederson, John Foti, Kalani Irvine, Rich Lambert, Bobby Nottage, Jim Foti) 13:59.67. 2. Outrigger (Courtney Seto, Marc Haine, Walter Guild, Todd Hart, Bruce Black, Todd Bradley) 14:12.76. 3. Waikiki Surf Club 14:12.28. 4. Hui Nalu 14:48.22.
- Golden Masters Women (1/2 mile)**—1. Lanikai (Casey Beck, Georgia Mitchell, Jane Lipp, Keene Ress, Weezie Wooden, Alan Lipp) 4:10.98. 2. Outrigger (Diane Stowell, Gerri Pedesky, Vicki Williams, Ruby Iversen, Peggy Danford, Marc Haine) 4:17.74. 3. Anuenue 4:24.88. 4. Hui Nalu 4:33.12.
- Golden Masters Men (1/2 mile)**—1. Outrigger (Tom Merrill, Mike Town, Tay Perry, Charles May, Kawika Grant, Bruce Ames) 3:46.02. 2. Kailua 3:46.36. 3. Anuenue 3:47.12. 4. Lanikai 3:54.77.
- Senior Masters Women (1/2 mile)**—1. Outrigger (Ann Cundall, Suzy Hemmings, Patsy Sheehan, Maureen Kilcoyne, Barbara Bryan, Walter Guild) 4:15.93. 2. Lanikai 4:16.29. 3. Hui Nalu 4:26.95. 4. Kailua 4:30.66.
- Senior Masters Men (1/2 mile)**—1. Outrigger (Henry Ayau, Jeff Metzger, James Kincaid, John Finney, Pokii Vaughan, Tom Conner) 3:52.23. 2. Anuenue 3:58.86. 3. Kailua 4:08.74. 4. Lanikai 4:09.36.
- Women Open 4 (1/2 mile)**—1. Lanikai (Jenny Erwin, Cathy Haring, Tara Beyer, Jim Foti) 4:08.53. 2. Outrigger (Sara Ackerman, Kaili Chun, Tiare Richert-Finney, Marc Haine) 4:18.94. 3. Hui Nalu 4:21.02. 4. Waikiki Surf Club 4:30.34.
- Men Open 4 (1/2 mile)**—1. Lanikai (Millie Smith, Jim Foti, Rocky Owens, John Foti) 3:36.45. 2. Outrigger (Courtney Seto, Todd Hart, Mark Sandvold, Todd Bradley) 3:36.71. 3. Hui Lanakila 3:37.17. 4. Kailua 3:37.58.
- Mixed Men & Women (1/2 mile)**—1. Outrigger (Bruce Black, Michael Fine, Paul Friese, Janna Arakaki, Leslie Muirhead, Kisi Haine) 3:41.19. 2. Koolau 3:42.50. 3. Kailua 3:43.41. 4. Hui Nalu 3:45.93.
- Women Masters (1 mile)**—1. Lanikai (Lyn Sorenson, Ann Dewey, Laurie Broad, Debbie Follett, Stephanie Jenkins, John Foti) 8:10.60. 2. Outrigger (Pam Zak, Michele St. John, Jeanne Jenkins, Kailu Downing, Bee Henderson, Walter Guild) 8:11.59. 3. Hui Nalu 8:31.45. 4. Kailua 9:18.54.
- Men Masters (1 mile)**—1. Outrigger (Karl Heyer IV, Bill Bright, Keahi Robins, Mark Buck, Bill Mowat, Brant Ackerman) 7:06.29. 2. Kailua 7:16.46. 3. Hui Nalu 7:40.88. 4. Waikiki Surf Club 7:41.57.
- Makule (1/4 mile)**—1. Outrigger (Norm Dunmire, Jon Haig, John Beaumont, Gerry DeBenedetti, Tim Guard, Marc Haine) N.T. ☐

# Guaranteed 20 Minute Lunch Service In Dining Room or No Charge

By Valerie Davis, House Committee



Many of you in the business community want to have a nice lunch but can't take an hour and a half to do it. Your time is limited and valuable.

OCC has the answer. The Club has initiated a new program to guarantee that you and your guests can enjoy lunch in the Dining Room and

still be able to be back in your offices in good time.

Here's how the program works. The concept is simply that the food will be on the table 20 minutes after you place the order. When you arrive, notify the host/hostess and your waitperson that you would like the "20 Minute Menu".

The waitperson then writes the time that the order was taken on the check, repeats that time to you, the member, and announces the time

that you will be served the item(s). An example would be "it's now 12:15 p.m., therefore you will have your meal by 12:35 p.m."

A red table tent will be put on your table to identify it as a "20 Minute Table".

Here's the important part. If you are not served your meal within the 20 minute time frame, those items will not be charged to your bill!

This program began in July—which means it will already have been in effect by the time you read this article. It will only be applicable in the Main Dining Room—not on the Hau Terrace. If you have only a limited amount of time for lunch, come try out this new innovation that the Club has designed especially for you, the business person. ☺



## The Twenty Minute Menu

Food is on your table in twenty minutes or it's on us!

### SALADS

FRESH ISLAND FRUITS 6.50

Blueberry Yoghurt  
Seasonal Fruits with Low Fat  
Cottage Cheese or Sorbet

CURRIED CHICKEN SALAD 8.95

In a Ripe Puna Papaya with Mango Chutney

COBB SALAD 8.75

Chopped Turkey, Bacon, Avocado  
Hard Boiled Eggs and Tomatoes

CAESAR SALAD 6.50

With Roasted Walnuts and Feta Cheese

MIXED GREEN SALAD 2.95

With Baby Shrimp 5.00

### SANDWICHES & BURGERS

TUNA, SPROUTS AND CARROTS 5.25

Pasta Salad

ROAST BEEF AND MAUI ONIONS 6.95

Potato Salad

### HAU TERRACE BURGER

With French Fries 5.25

With Cheese 5.50

### GARDEN BURGER WITH

POTATO SALAD 5.75

### MAHIMAHI BURGER, 5.50

Coleslaw or French Fries

### KAMAAINA FAVORITES

Tuesday

CURRIED CHICKEN Risi Bisi Rice 8.25

Wednesday

BRAISED OXTAILS Fresh Vegetables 6.95

Thursday

CHICKEN CREPES Macadamia Nuts 6.95

Friday

SEAFOOD FOO YONG Fried Rice 6.50

### OCC SPECIALTIES

GRILLED AHI WITH CAJUN SPICES

Over Caesar Salad 9.50

SAUTEED MAHIMAHI WITH ROASTED  
ALMONDS 8.25

Chef's Daily Vegetables and Steamed White Rice

## Princess Kaiulani

Summer  
Breeze



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Monday to Saturday 9-5

# As the Terrace Turns

**S**hirleigh and Rush Clark are back from daughter **Barony's** graduation from the University of Rhode Island. While they were in Rhode Island, they found time to sail in Naragansett Bay. Barony is now living in Boston and has joined a Fortune 500 company as a management trainee. Her degree was in communications. . .

**Jan Newhart** reports that she and daughter **Tracy** spent the month of May camping, hiking, cycling and photographing 10 Western U.S. national parks and several state parks. Jan says they covered more than 5,000 miles in Tracy's 4-wheel drive loaded with tent, sleeping bags, camp stove, bicycles and lots of warm clothes.



*Bruce and Laurie Sloan vacationed in The Hague, Netherlands recently. They met two Dutch gentlemen in Flims, Switzerland and were invited to visit their country. Also visited Dusseldorf, Germany, and Paris, France.*

They camped in temperatures from 102 degrees in Death Valley to 27 degrees in Grand Canyon.

"Tracy cooked dinner beside an ice-covered lake in Grand Teton National Park and I washed dishes in ice water. We hiked at elevations 280 feet below sea level in Death Valley to above 8000 feet at Bryce. For Mother's Day, Tracy took me in a two-woman kayak down the Colorado River and I bounced into 50 degree water at the third rapids. In spite of my uncontrollable shivers, we both giggled over my swim in the Colorado River. The whole trip was a great experience and I would be happy to answer any questions members may have about Western National Parks."

With **Bob Hogan's** article on polo from the June issue of the Outrigger in mind, **Babe Wollett** is off again to Royal Windsor Park to attend his 22nd Coronation Cup to be played this year between England and Argentina. Babe says he won't be playing ("far too dangerous") but he loves to watch. He'll be watching the action from his favorite seat—right next to the Royal Box. Anyone for a pot of tea?



**Al and Connie Serafin** celebrated their 25th wedding anniversary this past May with a party for family and friends at the Outrigger. . .

**June Wright** hosted 14 members of Chapter E at the Club on June 24 to celebrate their PEO birthday party. Jan says it was an ideal time to be together before vacations began and business was conducted while everyone enjoyed a delicious lunch.

On June 13 **Joan Osborne** hosted a luncheon for 12 in honor of her cousin, Gretchen Nott Gould of Seattle, WA. It was 50th year Punahou reunion time and the nostalgia was deep, exchanging memories of the "old days" at the Niumalu Hotel. The group had a wonderful time, and their pleasure was enhanced by the excellent service from Fel, their waiter, whom they especially wanted to praise. . .

OCC was the site of **Richard Wood** and **Judith Ann Boyle's** wedding rehearsal dinner.

The couple was married on June 16 at Atherton Chapel at Central Union.

**Lou Brinn** has the nicest things to say about her husband, Harvey. Seems he—by himself—planned her 82nd birthday lunch. There were 14 guests, and Harvey planned the party, from the guest list and the menu, right down to the special carrot cake for Lou's birthday. She thinks he's great. At 82, OCC thinks she's great too. ☺

*Contributions to this column are always welcome. Leave items for the Editor at the Front Desk. Be sure to include your name and phone number in case additional information is needed. Articles may also be faxed to 833-1591.*



*Al and Connie Serafin celebrated 25th anniversary.*

*Rush and Shirleigh Clark at daughter Barony's graduation.*

*Outrigger's women gather at Hamilton Island, Australia, for the Hamilton Cup races held in early June. Kneeling, Jennifer Thayer and Lisa Livingston. Standing, Jennifer Lowe, Jackie Muller, Shannon Dudgeon, Sara Ackerman, Robin Nonaka, Katie McCrary, Vanessa Lowe and Pam Clifford. Not pictured: Coach Steve Scott, Mary Smolenski and Nicole Wilcox. The women finished 3rd in the 2000-meter sprint race, 4th and 10th in the 10 mile ironwoman race, and 4th in the 26-mile distance race.*

# Too Hot to Cook?

## Try OCC Take Out

Many times throughout the year you may find yourself "too busy" or "too tired" to cook, and in the summertime you can add "too hot".



If you ever fit into any one of these categories, then try using the Take-Out service from the Dining Room or Hau Terrace.

Possibly you only thought this could be done at the Snack Shop, and may think this is something new. But in fact, many of your fellow members have been taking advantage of this feature for quite a while.

Just come on down, relax for a few minutes with your favorite cool drink and wait for your dinner to come out all boxed and ready to go. Or, keep a menu at home and call in ahead for your choice. Then come to the Dining Room podium and your order will be held for you in the kitchen.

Your Club's Food and Beverage staff are here to help you with whatever you need; whether it be a party, meeting, luncheon, any kind of special occasion—or just such a day to day service as this Take-Out feature.

If you haven't already done so, or even if you have, call tonight for your favorite OCC meal and take it home for everyone to enjoy. ☺



# Membership Survey Being Reviewed

By Dick Grimm

Your Long Range Planning Committee has been presented with the completed membership survey.

Approximately 3,000 questionnaires were sent out to resident and nonresident members. By the cut off date, 1,300 had been returned and more came in after that date. By any type of measurement, this is far above the normal response. Thanks to all those who participated.

The survey covered three areas: membership and club use, organization and management issues, and food and beverage.

The survey was presented to the Board during its June meeting and work will begin to respond to the membership's requests.

Included in the summary are 60 pages of individual comments that will help in the decision making process.

As soon as the Board digests all the information we will be publishing the results of the survey. ☺

# 13th Annual Photo Contest

It's that time again. Start thinking about entering the 13th annual Outrigger Canoe Club Photo Contest. Deadline is October 31. There are four categories—People, Places, Outrigger Theme, and Black and White. Get out the camera and also look through your photos. Contest details will be featured in the September Outrigger magazine. ☺

# KAMUELA

## Are you ready for the country?

Mauna Kea Fairways  
Anekona Estates  
Kohala Ranch  
Nani Paniau  
Mokuloa



Sandalwood at Waimea  
Mauna Lani Resort  
Puu Lani Ranch  
Waikii Ranch  
Maliu Ridge

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# ODKF Annual Mahalo Luncheon

By Gerry DeBenedetti

On June 14, the Annual Outrigger Duke Kahanamoku Luncheon honoring the 1994 volunteers, all Gold Medalists, and the new 1995 athletic and scholarship grantees was held at the Club. Awards and introductions were made by President Stuart Ho, and Vice Presidents Jeanne Anderson and Gulab Watumull.

Gold Medal awards were made to John and Louise Stevenson, Dean Eyre, Bank of

Hawaii (represented by Pauline Warsham), John and Marilyn Goss, Dolores Martin (represented by her son Watters O. Martin Jr.), Fern Pietsch, Clint and Mimi Basler, and Hunter and Rita Parker. These are donors who have given substantial gifts of \$1000 or more to the Foundation.

Honored guests were Muriel and Walter Flanders. Mrs. Flanders has long been a mentor to the ODKF, and made a generous donation of \$32,000 at the luncheon to Stuart Ho, President of the Foundation. Her total giving to the Muriel Macfarlane

Flanders endowment fund of the Foundation is now \$100,000.

This endowment fund was established to honor the kama'aina name of Macfarlane, a truly distinguished part-Hawaiian family, as well as to honor Mrs. Flanders' interest in sports, particularly for women. She has donated the Overall Winners trophy, the Senior Women's trophy, and the Junior and Senior Masters trophies for the 4th of July Macfarlane Canoe Regatta, named for her brother, Walter Macfarlane, a former president of the OCC.

Marilyn Haine, another honoree, spoke to the gathering about the volleyball honors and events that have come to the family in memory of her late husband, Tom Haine, who died last September.

Another endowment fund, the Tom "Daddy" Haine fund, has been established by the Foundation. Donations continue to come to this fund from friends and volleyball enthusiasts.

Among the speakers at the luncheon was Wendell Brooks Jr., President of the OCC. He described the Foundation as a significant program, helping competitors in a variety of water and non-traditional sports.

"The Outrigger Canoe Club is proud to be associated with the ODKF," he said, "and wants to thank their Board and other volunteers that give of their time..."

Those OCC athletes that were honored were Traci Phillips, Mahealani Lum, David Buck and Chuck Watanabe.

Information about the Foundation, its endowment programs, memorial giving, Gold Medalist awards and applications for funds can be obtained by leaving a message for ODKF at the OCC Front Desk. ☐



Athletic grantees and scholarship winners present were, front, Brandy Mamizuka, Mabealani Lum, Punua Souza, Kim Adler, Meghan Atwood, Kalani Robb, Robyn Jobb; back, Paul Tan, Carl Larsen, Douglas Cole.



Dean Eyre, Gulab Watumull and Gladys Brandt



OCC President Wendell Brooks Jr.



ODKF President Stuart Ho with Muriel and Walter Flanders





## Extra Innings Play Ball!



1995 OCC Softball staff includes Henry Ayau, assistant coach; Paki Vaughan, team captain; Jim Gaddis, head coach; and Bill Kilcoyne, assistant coach.

The OCC Softball team is committed to reaching new heights in league and tournament play for 1995, following a fun-filled successful 1994 season.

Head Coach Jim Gaddis has assigned assistant Bill Kilcoyne full coaching duties for batting and infield practice. Henry Ayau will coach each player personally and will assist Jim and Bill in making the lineups and coaching from the boxes.

Henry will also help expand OCC Softball in intra-state tournaments, national tournament play and fund raising.

Gaddis named Paki Vaughan team captain for 1995. Paki earned MVP honors last year and has vowed to take his leadership role seriously.

New faces under Paki's guidance include Scott Rolles, Randy Schoch, Jon Whittington, Jim Maynard, Greg Nichols, Kekoa Kilcoyne and Alika Williams. These players will join 15 returnees.

All Leahi League games are played on Tuesdays at 5 p.m. across the street from the Club in Kapiolani Park. Come and support your team. Scores and highlights from games played in July can be found in next month's Extra Innings article. ☺



## News from the CLUBHOUSE

By Jim Gaddis



Nearest-to-the-pin winners were Strat Whiting, Pam Dillingham, Jon Haig and Tad Sewell.

It was a beautiful June morning with perfect conditions on one of Hawaii's most magnificent golf courses. The heavily wooded Leilehua Golf Course appeared to be as defenseless as one might ever hope to find it.

Twenty OCC golfers brought their clubs with them but forgot to bring their game. For the first time anyone can remember, no one was able to break par on their net score. In fact, only two golfers, Don Cutting (86) and Stan Brown (89) were able to break 90.

Cutting took Men's Low Gross honors while Jim Gaddis took Low Net honors with an even par 72. Joie Gopez shot a 93 to win Ladies Low Gross. Cyrena Bryan's net 79 gave her Ladies Low Net honors.

Nearest-to-the-pin winners were Pam Dillingham, Jon Haig, Strat Whiting and Tad Sewell. Pam's winning shot raced through a sand trap before stopping

near the hole. Jon and Strat knocked their winning shots to within six feet of the pin on extremely long par three holes.

A new team format introduced by Larry Langley had five teams competing against one another using their handicaps on each hole. Firing a 16-under par 56 was the team of Bob Hogan, Haig, Whiting and Gaddis. Four net eagles sparked the team.

1995 OCC Match Play began last month. Results can be found in next month's Clubhouse news.

The August tournament will be played at Kalakaua Golf Course on the 21st. Sign up now at the Front Desk. Jim Hammons is tournament chair.

Keep turning in your scores to update your USGA handicap and remember we need all OCC golfers to be involved and take part in organizing our events. ☺

### In Memoriam

Fred William Dailey  
Deceased: June 1, 1995  
Member: 30 years

Richard Clark Latham Jr.  
Deceased: May 6, 1995  
Member: 24 years

### Secluded Palehua Retreat

2.9 wooded acres in Waianae Mts.  
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# 87th Annual OCC Luau in Our Own Backyard

By Liz Perry, Chair  
Entertainment Committee

It is always such a special treat to enjoy Hawaii and things Hawaiian. I always look forward to the beginning of a great Outrigger summer of paddling, surfing and Hau Terrace sunsets.

But it's the end of summer that is really special because it is then that we are blessed with the opportunity to really enjoy our backyard.

For 87 years, the Club has come together at our Luau to revel in our unique Hawaiian history.

We are lucky to have Henry Ayau and Conne Sutherland captaining this event for the Entertainment Committee. Their special feeling for Hawaii will surely shine through and make this luau like no other.

Already their plans include a day of events, starting with digging our own beachside imu and cooking the pig on-site.

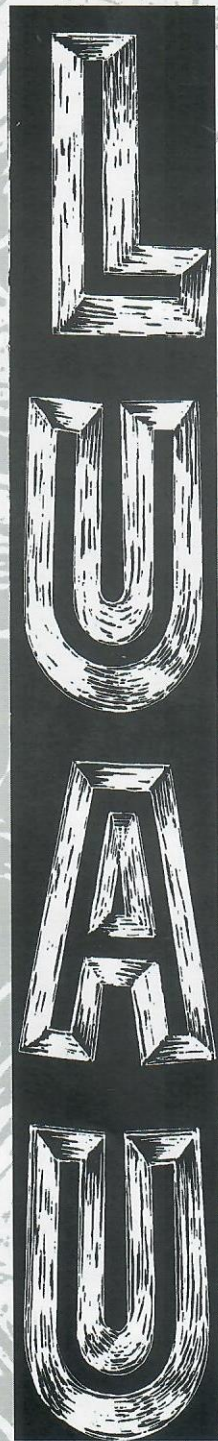
Bring your ukuleles, your beach mats and surfboards and spend Saturday, September 16 with us preparing for the Luau.

Families and friends are invited to "throw net" with Brother Henele and Keahi Robins, and join in the traditional opening of the imu.

The music will be headlined by Hoku award winners Gary Haleamau and Pandanus Club. Guaranteed to be a beautiful concert by the sea. Henry and Conne promise many guest stars in traditional kanekapila style.

It shall be a grand old time feast. Come share it with your friends.

Look for a listing of events and times in the OCC Lobby. Make your reservations early. It's sure to be a sellout. ☺



## OUTRIGGER CANOE CLUB

Hele Mai To Our "Old Time Backyard Luau"



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SEPTEMBER 16<sup>TH</sup>**

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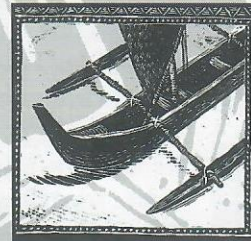
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AT: 6:00 PM  
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# Jr. 'Riggers

Congratulations to **Meaghan Hemmings** on being selected Female Athlete of the Year in Paddling at Punahou. . .

Selected as ILH Track & Field All-Stars were **Kaione Crabb** in the shot put and discus; and **Erik Williamson** in the pole vault.

**Blake Letman** was one of 60-students chosen to attend this year's Aha Opio O OHA week-long Hawaiian Youth Legislature leadership conference. ☐

*Contributions to this column are welcome. Please leave items for the Editor at the Front Desk or fax to 833-1591. Be sure to include your name and phone number in case additional information is needed.*



*Aaron Ackerman, Bryan Turner-Gerlach, Duff Janus, Patrick Mason, Peter Stams and steersman Billy Balding won the Boys 14 race at the Macfarlane.*



*Winning their Macfarlane Regatta race were the Girls 13s with steersman Marc Haine—Marissa Reuter, Starr Sutherland, Nani Naish, Kristin Tesman, Kacie Almeida.*

*Paddling on the Boys 13s at the Macfarlane were Nick Fowler, Nick Bright, Pono Kaimuloa, Keoni Williams, Sean Madinger and steersman Todd Bradley.*



*The Girls 14s finished second in the Macfarlane—Molly Pietsch, Megan Larsen, Tiffany Lee, Taylor Bechert, Kristin Freeburg and steersman Marc Haine.*

## Meet Ignacio, a Winners' Camp graduate.

Before Ignacio went to Winners' Camp, he was making the grade in school -- just:  
*When I was a sophomore in high school, I had a C average.  
 I didn't know what I wanted out of life.*

*Then I went to Winners' Camp. I learned how to set goals for myself and how to achieve those goals. My grade point average went from a 2.0 to a 3.5.  
 I set a goal to win in my sport -- wrestling -- and I made the Hawaii Junior National Freestyle Team.  
 I learned that whatever I commit myself to I can achieve.*

Ignacio is currently serving in the National Civilian Community Corps.  
 He knows what he wants -- to go to law school.

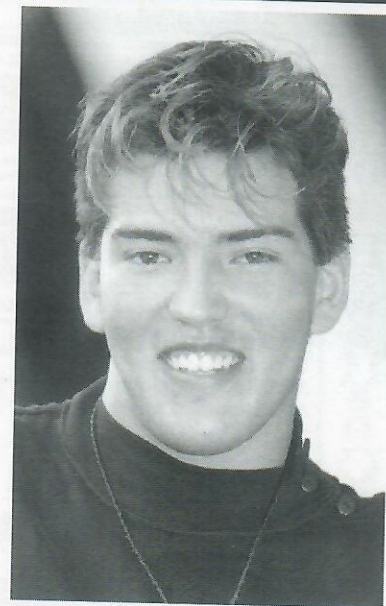
*My aspirations are very high. And I know I will achieve my goal because, thanks to Winners' Camp, I'm doing what it takes to get there.*

You can find out what it takes to get to Winners' Camp by calling 263-6909.  
 Enrollment is limited, so reserve your space now!

**Space is still available at our Oahu program August 14-20!**

Tuition of \$980 includes seven days' and six nights' accommodation, all meals and snacks, educational materials, course room supplies, a Parent Day Seminar and integration, and ground transportation from a central location to Camp.

Winners' Camp is a Non-Profit Educational Foundation.



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# Summer Volleyball at the Outrigger

## Men's A Tournament

June 10, 1995

1st—David Stackhouse and Andrew Canon

2nd—Josh Helbling and Nate Smith

## Men's AA Tournament

June 24, 1995

1st—Alika Williams & Nate Smith

2nd—Stevie Li & Ray Heitzman

3rd—Adam Lockwood & TC Gray

4th—Kanoa Ostrem & Jeff Stevens

# USVBA Celebrates 100th Anniversary of Volleyball

By Stevie Li

The USVBA National Volleyball Tournament celebrated the 100th anniversary of the sport in Springfield, Massachusetts.

It was a special trip for all of the OCC teams because they honored the late Tom "Daddy" Haine at the Volleyball Hall of Fame in Mt. Holyoke, Massachusetts with Marilyn and Marc Haine participating in the special ceremony.

Marc led the 35's team to a second place finish after losing 16-14 in a double final to a talented team from Brazil. Alan Lau joined Haine on the second all-America team with Jon Stanley and Jon Andersen being awarded first team all-America honors.

Other members of the team were Chris Crabb, Tim Walston, Ralph Smith, Charlie Jenkins, Scott Rigg and John Zabriskie.

The 40's team finished third with Charlie Jenkins and Jon Stanley making the first team all-America honors. Tom Madison was a second team selection, and Randy Shaw was named to the third team.



Members of the 40's team were front, Darryll Wong, Tom Madison, Charlie Jenkins, Randy Shaw, and Coach Kimo Brown. Back row, Bill Lawson, Jon Stanley, T.C. Gray, Bill Johnson and Ilmar Tarikas.

Other members of the team were Bill Lawson, T. C. Gray, Ilmar Tarikas, Darryll Wong and Bill Johnson.

The Open Division was dominated by foreign teams as OCC lost to the eventual champions—Team Ukraine. The Open team finished seventh. Team members included Alika Williams, Stevie Li, Danny McNerny, Tony McNerny, Darryn Holt, Adam Lockwood, Troy Hotz and Sean Scott. ☐

Royal Hawaiian Center 3rd floor

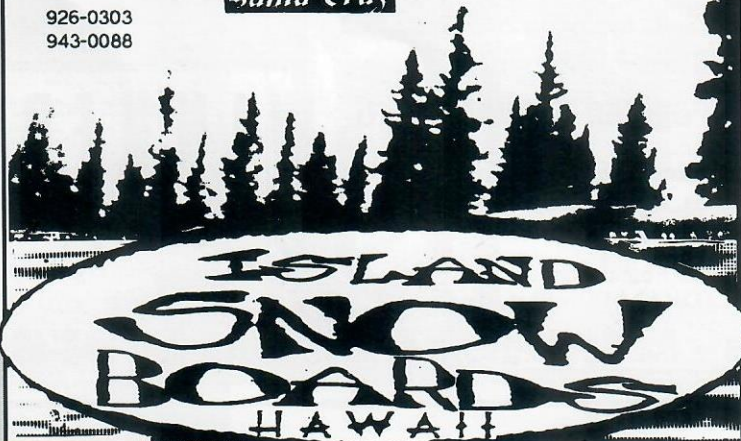
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## From the Green Room

By Bob Coble

The summer surf season has been great with some epic south swells. Most notable was the giant surf at Castles during Kamehameha Day with the Downings, Ricky Grigg, Karl Heyer IV and a lot of other Club members out in force. Some 15 surfboards were broken.

The other notable surf was at the entrance to Honolulu Harbor with wave faces reaching 30 feet high. Todd Payes said it was spectacular.

The amateur surf season begins in September so August is the time to join the surf team. We would like junior members to sign up for the Body Board, Surfboard and Long Board divisions, both boys and girls. You may do so at the Front Desk or call Mark Jackola at 596-7666. ☐

# Backward Glances

By Paul A. Dolan  
Historical Committee

## 40 Years Ago

1955—Parking Fees Increased. Effective August 1, 1955, the monthly parking fee will be increased to \$3.50 monthly, an increase of but 50 cents. All day parking fee will be increased from \$10 to \$15 per month.

## 30 Years Ago

1965—Volleyball (Excerpt)—Last weekend was the women's doubles championships with Keanue Rochlen and May Balding winning over Marilyn Haine and Billie Baird. Third place was taken by Miki Briggs and Gay McGee.

## 20 Years Ago

1975—OCC Women Win

Dad Center Race; Set New Record of 1 Hour 10 Minutes 19 Seconds. On

August 17, the winning crew, coached by Tom Conner, included Jill Anderson, Maile Morgan, Julie Morgan, Ann Nichol, Connie Maguire, Heidi Hemmings, Kristy Muller, Jay McGee and Tracy Haworth.

## 10 Years Ago

1985—Our Junior 'Riggers who competed in the United

States Amateur Surfing Championships in California in August were Paul Friese, Heath Hemmings, Nathan Wilbur and Robby Farrow. All had a great time surfing those California waves, but lost in the early rounds of the competition. They learned a lot about California surfing and hope to compete again next year. ☺

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# 15th Annual Paddleboard Surf Races

After the biggest south swell of the summer hit Waikiki all week, threatening to cancel the 15th Annual Paddleboard Surf Race, Dolan Eversole caught the only wave of the day to win the June 17 event at the Outrigger Canoe Club.

"It was big surf all week," said Club Captain Greg Moss, "and we thought we might have to cancel the race. However on race day, it was really flat, and everyone was wishing for some small waves to ride."

Forty-eight paddlers entered this year's event. The course started at the beach, and went out through the channel to a buoy. Men and boys raced the course three times, while the women made two passes.

On the way to the beach on his first lap, Eversole was the only person to catch the small wave, giving him an advantage that the others couldn't match. Dawson Jones was second, followed by Garrett McNamara.

Kelly Fey won the women's event, followed by Jackie Muller.

The next paddleboard event of the season is the Cline Mann 5K Race, scheduled for Saturday, August 19. The event is open to the public. ☎

# Results:

## 15th Annual Paddleboard Surf Races

### Boys & Men

Overall Name	Place/Division/Class
1. Dolan Eversole	1st, PM
2. Dawson Jones*	2nd, PM
3. Garrett McNamara	3rd, PM
4. Guy Pere	4th, PM
5. Chris Moore*	1st, PSM
6. Mike Takahashi	1st, PMM
7. Dale Hope*	2nd, PMM
8. Thomas Allen	5th, PM
9. Karl Heyer IV*	2nd, PSM
10. Charlie Walker	3rd, PMM
11. Kevin Allen	6th, PM
12. Brian Bills	4th, PMM
13. Mark Cunningham	3rd, PSM
14. Mike Fox*	4th, PSM
15. Kenny Rush	5th, PSM
16. Blair Thorndike	6th, PSM
17. Rick Williams	7th, PSM

18. Victor Hemmy III*	7th, PM
19. George Ramos	5th, PMM
20. Fred Fong*	6th, PMM
21. Blair Norris*	8th, PSM
22. Bodo Vanderleeden	7th, PMM
23. Brad Kane	8th, PM
24. Duane Webster	9th, PSM
25. Jason Dameron	9th, PM
26. Doug Lock	1st, SM
27. Jon Kepoo	10th, PM
28. Marc Rocheleau*	1st, PB
29. Chris Baker	11th, PM
30. Lowell Pang	1st, SMM
31. Bob Rocheleau	8th, PMM
32. Ken Bailey	9th, PMM
33. Wakey Mist*	2nd, PB
34. Jimmy Austin*	3rd, PB
35. Doug LeGrande	2nd, SMM
36. Clyde Hedlund	1st, PGM
37. Peter Lum	3rd, SMM

38. Tom Jenny	2nd, SM
39. David Yee	1st, SB
40. Steven Keitzer	12th, PM
41. Bob Fram	13th, PM
42. Victor Hemmy Jr.*	4th, SMM
43. Jakob Vaughan*	2nd, SB
44. Vic Hemmy Sr.*	5th, SMM
45. Bryan Hurov	2nd, SM

### Girls & Women

1. Kelly Fey	1st, PW
2. Jackie Muller*	2nd, PW
3. Sophie Twigg-Smith	3rd, PW

\*OCC member  
 P—Paddleboard, S—Surfboard, M—Men,  
 B—Boys, SM—Senior Men, MM—Masters  
 Men, GM—Grand Masters.



Winners in the Boys Paddleboard Division were Marc Rocheleau, Wakey Mist and Jimmy Austin.



Jakob Vaughan was second in the Boys Surfboard Division.



Winning the surf race were Dolan Eversole, Dawson Jones and Garrett McNamara.



Club Captain Greg Moss presents trophies to winners of women's paddleboard division, Jackie Muller, second, and Kelly Fey, first.

# Outrigger Wins Leeward, Waimanalo Regattas

Outrigger paddlers moved toward the 1995 regatta championship by winning the Leeward Kai Regatta on June 18 at Nanakuli Beach and the Waimanalo Regatta on June 25 at Waimanalo Beach Park.

OCC scored 90 points to Kailua's 75 and Lanikai's 57 in the Leeward Kai Regatta. In winning the Waimanalo Regatta, Outrigger crews scored 77 points to Lanikai's 67 and Kailua's 61.

The Masters Men remained undefeated for the season, winning their third and fourth straight races.

The State championships will be held on August 5 at Hanalei Bay on Kauai. ☉

## Leeward Kai Regatta

June 18, 1995

### Nanakuli Beach

#### Winning OCC Crews

**Girls 14 (1/4 mile)**— Molly Pietsch, Lindsey Berg, Amy Gamble, Megan Larsen, Kia Ostrem, Taylor Bechert, 2:10.88.

**Girls 16 (1/2 mile)**— Mahealani Lum, Meleana Blaich, Annie Rosa, Sandy Dunn, Jennifer Hill, Nanea Tannehill, 4:29.23.

**Men Novice A (1 mile)**— William Pratt, Dave Stackhouse, Jeff Stevens, Steve Corbelli, Kanoe Winchester, William Montgomery, 8:12.71.

**Freshmen Men (1 mile)**— David Potter, Byron Ho, Ryan Foster, Michael Fine, Robert Moranha, Kalani Schrader, 7:28.05.

**Junior Women (1 mile)**— Genie Kincaid, Tiare Richert-Finney, Shannon Dudgeon, Jennifer Thayer, Tracy Selling, Robin Nonaka, 8:50.85.

#### Open 4 Men (1/2 mile)

John Eveleth, Dean Maeva, Mike Fox, Todd Bradley, 3:56.65.

#### Mixed Open (1/2 mile)

Andrew Glatzel, Todd Hart, Shawn Dudgeon, Janna Arakaki, Pamela Davis, Kendall Bintliff, 4:02.08.

**Masters Men (1 mile)**— Karl Heyer IV, Brad Wagenaar, Keahi Robins, Jeff Metzger, Bill Mowat, Mark Buck, 7:49.99.

**Golden Masters (1/2 mile)**— Tom Merrill, Mike Town, Tay Perry, Charles May, Kawika Grant, Bruce Ames, 4:12.57.

## Waimanalo Regatta

June 25, 1995

### Waimanalo Beach Park

#### Winning OCC Crews

**Boys 12 (1/4 mile)**— Keegan Edwards, David Pietsch, Andy Cavanah, Aka Beaumont, Aaron Kandell, Billy Lawson, 2:13.08.

**Freshman Women (1 mile)**— Jennifer Lowe, Jackie Muller, Heidi Friese, Pamela Clifford, Shawn Dudgeon, Vanessa Nichols, 8:50.47.

#### Sophomore Women (1 mile)

Mary Smolenski, Sara Ackerman, Lisa Livingston, Diana Clifford, Kaili Chun, Nicole Wilcox, 8:31.29.

**Junior Women (1 mile)**— Jennifer Thayer, Tracy Selling, Shannon Dudgeon, Valerie Kauahi, Genie Kincaid, Robin Nonaka, 9:04.32.

**Men Open 4 (1/2 mile)**— Andrew Glatzel, Marc Haine, Todd Payes, Paul Friese, 3:46.67.

**Masters Men (1 mile)**— Karl Heyer IV, Brad Wagenaar, Keahi Robins, Mark Buck, Bill Mowat, Brant Ackerman, 8:00.19.

**Senior Masters Women (1/2 mile)**— Pam Zak, Michele St. John, Ann Cundall, Jeanne Jenkins, Maureen Kilcoyne, Patricia Mowat, 4:32.01.

*Celebrating Father's Day at the Leeward Regatta were John Finney, Dalaney Fox, Elizabeth Finney and Mike Fox.*



# TIPS

## from the Trainer

By Sherry Gannaway, Founder  
Body By You!®



Skipping

August ends another successful Regatta season. Congratulations to everyone and for those of you continuing on, long distance season has arrived. I would like to express the importance of cross training with low impact cardiovascular programs to increase your ability to paddle long distances without fatigue.

Do your program twice a week for 30 to 60 minutes at your personal maximum heart rate. Workouts such as biking, stairmaster, running up hill on a treadmill and sand training are really good tools.

Sand training, a high-resistance, low impact cardiovascular workout, is the focus of this issue.

### Rules of Sand Training

All moves are done in the flat soft sand.

Do all drills in the Neutral Spine Form.

Remember to pull in your abdominal, on the exhale of breathing.

Shoes are an option.

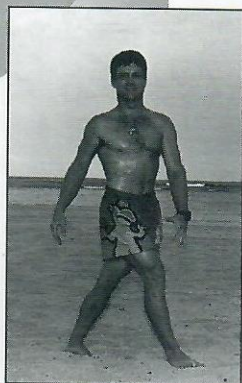
Bring a towel for the warm-up and cool-down.

### Start With a Warm-up

Begin Neutral Strong Walking for 5 to 8 minutes, then return to Neutral Strong Stance. Do pelvic tilts forward and back, side to side, and circle equal number of times. Roll your shoulders forward and back, up and down.

Now lie down on your back on a towel. Raise your knees up and keep your feet flat. Now do a complete round of

abdominal. Start with the lower abdominal, then the upper, then side



Step Crosses

to side. Do 10 to 25 repetitions in each position.

By exercising the muscles of the abdomen, this will help

to stabilize and support your back during the training drills. Slowly, stand up and take three deep power breaths.

Position: Line up facing your strip of training sand.

### Skipping

Start slow, focus on a high knee and always be in good form. Begin to add a slight hop and a skip. This move will strengthen the hip flexors which helps to maintain the natural curve in the lower spine. It is important to pull in your lower abdomen on the exhale of the breath. Also make sure you are landing on the ground lightly. Touch opposite hand to knee. Jog backwards back to the starting line.

### Deep Walking Lunges

In the lunge position, you must follow the Neutral Strong Principles, i.e. do not let your knee go past your toes. Keep your abdomen in, chest up and eyes lifted. Do this drill the full length of the sand. Jog backwards back to the start.

Position: Turn, face the ocean and stand in Neutral Strong Stance.

### Step Crosses

Start moving sideways slowly crossing one leg in front and then one leg in back. Pick it up to a good pace, not too fast, so as to lose form. The drill goes all the way to the end of your sand area. Then stay facing the ocean and return exercising the other side.

Position: Now line up and prepare to sprint.

### Sprints

Six times total up the beach: two at 50% of your maximum, two at 80% of your maximum, one at 100% of your maximum and one at 90% of your maximum. Jog slowly up and backwards three times to return your heart to resting rate.

### The Cool-down with Joint Isolations

Position: Return to Neutral Strong Stance and face the ocean.

Start at the feet. Lift one heel at a time 4 to 8 reps, then toe lifts one at a time (keep your knees bent) 4 to 8 reps. Hips go forward and back, then side to side, now circling equal number of times in both directions. Take three deep power breaths and squeeze your abdomen. Finish with a full body contraction. Reach your hands over your head, then slowly with a bent knee touch the sand, breathe and return to Neutral Stance.

### Friendly Reminder

Summer is here. Please remember to drink water and electrolyte replacement drinks every day. Take your vitamins and keep your body cool by icing regularly. I recommend keeping ice towels available wherever needed, at work or outdoor sports.

A big thanks to our Sand Training Team, and lots of luck in the upcoming long distance canoe paddling season. Keep up the hard work.



Walking Lunges



Team Sprints



# For the Record

## Aloha State Games

6/95

### Beach Volleyball—Coed

Alika Williams/Kilia Harrison, 1st  
Kanoa Ostrem/Renee Akiona, 2nd  
Men's Open Advanced  
Stevie Li-Kanoa Ostrem, 1st

### Equestrian

Pam Dillingham, 2nd, Open Western Pleasure  
Pam Dillingham, 3rd, Western Pleasure, Novice Rider  
Pam Dillingham, 1st, Stock Seat Equitation, Novice Rider  
Pam Dillingham, 1st, Stock Seat Equitation, Adult  
Pam Dillingham, Champion, Novice Rider Overall

### Swimming

Diane Stowell, 1st, 60-64, 100 Free, 1:20.35

### Racquet Ball

Al Serafin/Art Andres, 1st, Golden Masters

## Running

Kailua Beach 4.8 miles  
5/28/95  
Ruth Munro, 1st, 70+, :31:08

### Hard Rock Cafe 10K

6/18/95  
Vik Watumull :38:41  
Tanya Watumull, 1st, 30-34, :41:21  
Don Eovino :44:37  
Ruth Munro, 1st, 70+, 1:11:05  
Laura Williams N.A.

## Sailing Canoes

No'omana'o Challenge  
5/28/95 Maui to Oahu, 73 miles  
Eyecatcher 1—1st. 6-Person Canoe Category,  
Mike Stirling-Field, Jim Beaton, Dale Hope,  
Mike Judd, Thiebert Lussia, Tim Twigg-Smith,  
6:54:00.

## Hawaiian Catamaran

1st, 3-Person Canoe Category—  
Matt Buckman, Kaau McKenney, John  
McCandless, 8:19:00.

## Swimming

### Popoia Swim

5/23/95 Kailua Beach 1.7 miles  
Diane Stowell, 1st, 60-64, :37:30  
Ian Emberson, 1st, 40-44, :34:18  
Uli Klinke, 2nd, 50-54, :36:30  
Jim Anderson, 2nd, 55-59, :40:23

### North Shore Roughwater Swim

2.5 miles  
Laurie Sloan 1:40

## Duathlon

Strongman Duathlon  
6/3/95 Ala Moana Park  
Diane Stowell, 1st, 60-64, 1:19:47

## Triathlon

Tinman Triathlon  
Laurie Sloan 2:50

## Racquetball

5/21/95  
Hawaii State Singles Championship  
Al Serafin, 1st, Senior Masters, 105 pts

## Surfing

### Surf Into Summer

Kuhio Beach  
Keith Kandell, 1st, Junior Men  
Paul Friese, 1st, Senior Men  
Dave Wassell, 6th, Senior Men  
Robin Johnston, 4th, Men

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## New Members

**Regular**—Victor Hemmy Jr.  
**Associate**—Cori Kekina, Sally Marrack,  
Sean Satterfield, Rachel Shapland, Vicki  
Williams.  
**Junior**—Patrick Bowlen III, Justin  
Chalker, Taja Chalker, Cole Farden, Sabrina  
Hall, Erin Larsen, Matthew Moore, Kai Young.  
**Nonresident**—Carl Ottiger.

# AUGUST

CALENDAR OF EVENTS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Every Saturday Night at the Hau Terrace Steak Fry BBQ with entertainment and sunsets. SURF MOVIES in the Dining Room August 7 Guest Chef August 9 <b>Photo Contest Begins, Deadline Oct 31</b>		<b>1</b> Regular Lunch and Dinner Service	<b>2</b> Regular Lunch and Dinner Service	<b>3</b> Regular Lunch and Dinner Service	<b>4</b> Regular Lunch Sea Harvest Buffet Dining Room 6pm	<b>5</b> State Canoe Race Kauai Hau Terrace Lunch STEAK FRY 6 pm Just Two Entertains Regular Dinner Service
<b>6</b> BRUNCH 8:30 am Prime Rib Buffet-Dining Room 6 pm	<b>7</b> Noon Bridge Hau Terrace Lunch Surf Cart - 6-9 pm SURF MOVIES Dining Room	<b>8</b> Regular Lunch and Dinner Service	<b>9</b> Regular Lunch Guest Chef Tonight Indigo Restaurant Glenn Chu	<b>10</b> Regular Lunch and Dinner Service	<b>11</b> Regular Lunch and Dinner Service	<b>12</b> Paddle Board Races Hau Terrace Lunch Steak Fry 6 pm Kuipo Kumukahi Entertains Regular Dinner Service
<b>13</b> BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	<b>14</b> Noon Bridge Hau Terrace Lunch Surf Cart 6-9pm	<b>15</b> Regular Lunch and Dinner Service	<b>16</b> Regular Lunch and Dinner Service Sunset Buffet Adventures in Swiss Cooking Bar Lanai	<b>17</b> Regular Lunch and Dinner Service	<b>18</b> HOLIDAY Regular Lunch and Dinner Service	<b>19</b> Hau Terrace Lunch Steak Fry 6 pm Kevin Mau Entertains Regular Dinner Service
<b>20</b> Lanikai Duke Kahanamoku Distance Race Brunch 8:30 am Prime Rib Buffet Dining Room 6 pm	<b>21</b> Noon Bridge Hau Terrace Lunch Surf Cart - 6-9 pm	<b>22</b> Regular Lunch and Dinner Service	<b>23</b> Regular Lunch and Dinner Service	<b>24</b> Regular Lunch and Dinner Service	<b>25</b> Regular Lunch and Dinner Service	<b>26</b> Hau Terrace Lunch Steak Fry 6 pm Kuipo Kumukahi Entertains Regular Dinner Service
<b>27</b> Dad Center Canoe Race Brunch 8:30 am Prime Rib Buffet Dining Room 6 pm	<b>28</b> Noon Bridge Hau Terrace Lunch Surf Cart - 6-9 pm	<b>29</b> Regular Lunch and Dinner Service	<b>30</b> Regular Lunch and Dinner Service	<b>31</b> Regular Lunch LIVE MAINE LOBSTER Reserv. Dining Rm 6pm	Distance Races this month in Paddleboard and Canoe. Exciting Finishes at OCC Beach.	

# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Annual Club Luau, September 16 – Music, Flowers Kaukau. Early Reservations a Must Club Dining Room available on Mondays for special parties. See Liz (Your Christmas Holiday parties should be reserved now) ENTER OCC PHOTO CONTEST – Deadline Oct 31st					<b>1</b> Regular Lunch Service Sea Harvest Buffet Dining Room 6 pm	<b>2</b> Hau Terrace Lunch STEAK FRY 6 pm Jay Larin Entertains Regular Dinner Service
<b>3</b> BRUNCH 8:30 am Prime Rib Buffet Dining Room 6 pm	<b>4</b> LABOR DAY Noon Bridge Roughwater Swim Hau Terrace Lunch Monday Night Football Holiday Steak Fry 6-9 pm	<b>5</b> Regular Lunch and Dinner Service	<b>6</b> Regular Lunch and Dinner Service	<b>7</b> Regular Lunch and Dinner Service	<b>8</b> Regular Lunch and Dinner Service	<b>9</b> Hau Terrace Lunch Regular Dinner Service
<b>10</b> Brunch 8:30 am Prime Rib Buffet Dining Room 6 pm	<b>11</b> Noon Bridge Hau Terrace Lunch Monday Night Football Surf Cart 6-9 pm	<b>12</b> Regular Lunch and Dinner Service	<b>13</b> Regular Lunch and Dinner Service	<b>14</b> Regular Lunch and Dinner Service	<b>15</b> Regular Lunch and Dinner Service	<b>16</b> Hau Terrace Lunch CLUB LUAU
<b>17</b> Brunch 8:30 am Prime Rib Buffet Dining Room 6 pm	<b>18</b> Noon Bridge Hau Terrace Lunch Monday Night Football Surf Cart - 6-9 pm	<b>19</b> Regular Lunch and Dinner Service	<b>20</b> Regular Lunch and Dinner Service	<b>21</b> Regular Lunch and Dinner Service	<b>22</b> Regular Lunch and Dinner Service	<b>23</b> Hau Terrace Lunch Regular Dinner Service
<b>24</b> Brunch 8:30 am Na Wahine O Ke Kai Prime Rib Buffet Dining Room 6 pm	<b>25</b> Noon Bridge Hau Terrace Lunch Surf Cart - 6-9 pm Monday Night Football	<b>26</b> Regular Lunch and Dinner Service	<b>27</b> Regular Lunch and Dinner Service	<b>28</b> Regular Lunch LIVE MAINE LOBSTER Reserv. Dining Rm 6pm	<b>29</b> Regular Lunch and Dinner Service	<b>30</b> Hau Terrace Lunch Regular Dinner Service Steak Fry 6 pm

# Board Briefs

Briefs is taken from the minutes of the Board of Directors meeting on May 26, 1995 and the Executive Committee meeting on June 15, 1995.

**Insurance**—The Club's insurance agent reviewed the Club's insurance program. He summarized the policies and coverages, and answered questions pertaining to workers' compensation, equipment, umbrella policy, ocean marine liability, etc. The agent received a quote from Lloyd's of London for hurricane insurance for \$5 million coverage, 5% deductible. The annual premium is \$25,000. The Long Range Planning Committee will address the need for hurricane insurance. Also discussed was the possible exposure of OCC teams when traveling and if our coverage is sufficient. The agent will check into rental car insurance and auto insurance. The House Committee is reviewing the employees' group life insurance.

**Vice President of Operations Report**—Complaints were received about non-sanctioned athletic events. Prior arrangements were not made with management. The "post-race" celebration at the Outrigger created

many problems and management was not prepared for the clean up. A letter will be sent to those responsible.

**Secretary's Report**—Eleven members were suspended for 15 days due to failure to pay their accounts on time. Two members were terminated for being four times delinquent.

**Manager's Report**—The four incomplete items within the Dining Room project were discussed. The Hau Terrace stair railing system was dry fitted and expected to be installed soon. . . The remaining three items (Hau Terrace service stand, teak podium and bus stations, and three point of sale cabinets) are being re-designed to be built within the funds remaining in the budget. . . The mockup of the recommended acoustical ceiling treatment was approved by the Executive Committee. Four custom panels are being manufactured in Colorado. Installation was planned for the first week of June. . . Snack Shop hours will be extended to 8 p.m. on Friday evenings to alleviate congestion and

disturbance of children on the Hau Terrace.

**Athletic Report**—The new regulation by the Coast Guard requiring all vessels to have flotation devices for each passenger will be checked for updated information and clarification.

The T-shirt designs for the Masters Women crew, the Non-Run Fun Run, the summer surf contest T-shirt and the Macfarlane Regatta T-shirt were approved. . . Two new ergometers for the Fitness Center were approved at a cost of \$1,667. . . Due to the resignation of Buster Chapman, the Board approved Stevie Li as the new chairman of the Volleyball Committee. . . The Board approved Lyman Lacro to coach the Boys 18 volleyball team. . . The Non-Run Fun Run was approved for July 24. . . Clarification was requested on the current policy that only members can participate in Club activities including athletics. In the past, guest members were considered a class of membership making them eligible to participate and compete as part of the Outrigger team. To be considered are participation in activities and use of Club facilities, i.e. Fitness Center.

**Building & Grounds Report**—Proposed plans for construction of a utility ramp were referred to the Architectural Review Committee. . . Athletics suggested B&G re-address the lighting in the Volleyball Court. . . It was requested that B&G add to the 5 Year Plan improvements to the freight elevator. . . Hank Rees Architects will be hired to design the Bar and Lounge renovation at a cost of \$17,000. . . The volleyball court fence

could not be installed as originally planned due to structural problems. The contractor will be attaching the post by drilling holes through the wall and using stainless steel bolts. This will cost an additional \$3,386 bringing the project total to \$17,334 which is \$2,334 over the budget. The additional payment was approved.

**Historical Report**—The committee will present more definite guidelines to follow in selecting nominees for Life Membership. . . The Club will pay \$300 to Susan Weinik to settle her claim of copyright infringement for the use of her picture honoring Dr. Kanahele.

**Admissions & Membership Report**—The Admissions Committee recommended a Bylaw amendment regarding Surviving Spouses of Senior members. Spouses assuming their deceased Senior spouse's membership would also assume Senior status should they meet the age requirement of 65 years or older. The concern on financial impact and setting of criteria was addressed and referred to the Club Comptroller for statistics. The subject will also be referred to the Bylaw committee. . . The membership count as of April 30 was 4,249.

**Other**—Based on its history of being a non-political Club, the Board voted not to approve honorary memberships for elected officials. . . The Acting Manager was instructed to enforce the rule on "No Outside Alcohol" being consumed on Club premises and to inform the Club Captain and Canoe Racing Committee that this rule will be strictly enforced. ☐

## Employee of the Month

Geoffrey Fagaragan is our Employee of the Month.

When asked about the origins of his name, he laughed and said it was Filipino, but... O.K. Geoff, whatever, just keep being the great bartender that you are.

Management says Geoff was chosen because he is "really good" at his station, managing big events like Mother's Day and Easter with ease, and gets the job done.

He was trained at OCC, coming here 10 years ago as a "bar back" or a porter for the bartenders. They taught him all he knows, and he now works days from 8:30 to 4:30 pm as a bartender with his own bar back.

Geoff has a wife who works in the office at the Rehab Hospital, and two children, ages 10 and 6, who attend Momilani Elementary in Pearl City.

Geoff was "surprised" to get the award. He likes to work at Outrigger. He says the members are nice to him, and listen to him.

His favorite drink—and the most popular with members—is the Henry Special. ☐

## Friends & Relatives Visiting?

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## the Outrigger

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### Directors

Wendell Brooks, *President*  
Tim Guard, *Vice President of Operations*  
Robert Moore, *Vice President of Activities*  
Brant Ackerman, *Treasurer/Finance*  
Scrappy Lipton, *Secretary*  
Ken Brown, *Assistant Secretary, Public Relations*  
Bill Bright, *Assistant Treasurer/Athletics*  
Jimmy McMahon, *Admission and Membership*  
Michele St. John, *Entertainment*  
Peter Nottage, *Building and Grounds*  
Mary Philpott-McGrath, *House*  
Jason Oliver, *Historical*  
Jim Peterson, *Long Range Planning*

### Standing Committees

Tom Merrill, *Admissions & Membership*  
Greg Moss, *Athletics*  
Bill Sewell, *Building & Grounds*,  
Liz Perry, *Entertainment*,  
Gregg Robertson, *Finance*  
Chip Higgins, *Historical*  
Al Serafin, *House*  
Randy Grune, *Long Range Planning*  
Bob Hogan, *Public Relations*

### Management Staff

Gordon Smith, *Acting General Manager, Comptroller*  
Donald Figueira, *Food & Beverage*  
David Kuh, *Clubhouse Manager*  
Patti Higuchi, *Executive Secretary*  
Lauren Laporga, *Secretary*

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*On the Cover: The 87th annual Outrigger Canoe Club luau will be held on Saturday, September 16 at the Club. Make your reservations early.*

The Outrigger Canoe Club  
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